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SEANCE MEMORANDA
FROM "THE INNER CIRCLE"
THROUGH MARK PROBERT, MEDIUM

TRANSCRIPTS OF SEANCES 1 THRU 7
APRIL, 1950 THRU FEBRUARY, 1951

YADA-MARK PROBERT

REVELATIONS, 1950-1966

YADA-M. PROBERT 1950 REVELATIONS-1
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TRANSCRIPT No. 1 -- April 6, 1950

"Professor Luntz," asked Meade Layne, "referring to the 'Discs,' would you care to tell us what may happen soon?"

"Sir," answered Prof. Lunta, "as you know, we do not like to make predictions, but I will say that very shortly there will be, not dozens, but hundreds of these discs in the air. So, if you are nervous, you had better crawl under the bed."

"Have they any idea of communicating with us?" asked M.L.

"If they do, I feel sure they will communicate with those who will be of aid to them. They have no desire to harm anyone, and they certainly do not want to destroy your world. They come to take note of your civilization, to see how far it has advanced in all directions."

"Would it be worth while to try wireless communication?"

"Have you the power of communicating with them?" asked another.

"My dear, I cannot answer that. I will say this: it is out of the Etheric world that all things come. When man goes through what is called 'death,' he does not return to the Etheric, his real home. He goes through many planes of consciousness, goes through a long process of learning before he learns who he really is. And he shall continue to enter into the various astral planes until he finds out the why and wherefore of life."

"Have these Etheric beings been on Earth and then returned to their Etheric home?"

"No, they have never been on Earth."

"Are those we call the Masters on the Etheric plane?"

"Yes, they."

"Has the radar beam any effect on the discs?"

"Yes, it has. These can be contacted and felt by the radar instrument long before they have solidified enough to be seen."

"Does the radar affect them?"

"Yes, it does -- not a detrimental effect, but a kind of stirring effect. A moderate amount of impression is made by a light beam against a wall; the wall feels the light ray -- that is, the particles of which the wall is made are put into different molecular motion. Light itself is but molecular motion, and when this form of motion is put against another form of motion, there is going to be change all the way through."

"Is there no detrimental effect on the etheric?" asked M.L.

"No, not at all. However, your atomic bomb has a most devastating effect on the etheric regions." replied Prof. Lants.

"Do you mean, when you say 'etheric,' what some people call the 'spiritual?'"

"Not exactly, my dear lady. You see many people think that we on this side are not living in a tangible world. We are. There are vast buildings, parks, all the things you have on your plane. This may sound ridiculous, but just consider this: when you have come over, you have merely changed into another plane of consciousness. So we beg you to become free of the feeling that you must belong to any certain church, any certain political party, that you must read a certain book, and so on. If you have a free mind, a really free mind, you have the opportunity of making for yourself a marvellous world over here -- but it is not the etheric."

"Would it be possible for us to make psychic contact with some of the Etherians who might materialize with us?"

"Sir, we suggested some little time ago that these beings be communicated with through the use of colored lights. I believe that would be better than symbols. We suggested also that your Government make no effort to harm any of these craft, for you will simply be knocked out of the sky. That has already happened."

"Are there some Etherians walking around among us?"

"Do you remember the little ditty about 'I have a little shadow who goes in and out with me, and what can be the use of him is more than I can see?' That is man's difficulty -- he has a little shadow -- the physical body -- and what can be the use of it is more than he can see. When he has learned to manipulate this physical body, he will be able to do as these Etherians do. They travel through galaxies with the speed of thought. As soon as we begin to realize that time is not space is not, then we will be able to see how these things can be."

"It takes no longer to think of a star than of a fingertip. They move as quickly as a thought form can be made?"

"You are right, sir. I wish I could go into greater detail in telling how these things are projected and brought into your 3 dimensional state. I will try, with the aid of the 'Inner Circle' to get this through the boy by talking to him. Friends, I want to say this; It is an extremely serious situation, no joke, no laughing matter. If the people are not made to understand in some way that these craft, these people mean no harm to anyone, it is going to cause such a panic as to cause the people to harm themselves."

"Would it be possible for a group such as this to contact these Etherians and cooperate with them in some without waiting for the slow Government action?"

"Well, sir," continued Prof. Luntz. "it may be possible that they can be contacted psychically or in other ways -- but suppose you do? I am afraid your intellectual people would put you away for it. Suppose one did appear and say, 'Aha! I am an Etherian! Here I am! He would be looked up for saying as much. It would be the same if your Master Christ came back to Earth and announced his return -- he would be torn apart by the churches claiming him, and what was left would be put in jail as a fraud."

"Could you tell us more of the kind of light signals that might be used to contact these Etherians?"

"I believe geometric symbols might be effective. You know, my friends, if nothing else, these 'flying discs' have become a point of interest that has saved the world from dying of boredom! Now I must go, but before leaving, let me ask you please, not to think of us as nonentities; and please do not think of us as the 'subconscious' of this boy -- at least not until you have made further study. Do not jump at conclusions; study things out. That is why man has a brain -- so he will not have to take his loving brother's word for it!"

THE CONTROLS CHANGE -- YADA DI SHI'ITE replaces Prof. Luntz.

"Good evening," said YADA, "it is my pleasure, my honor, to come from another state of consciousness to talk to you. There are so many things to say! Every one of you has ideas, and those ideas are just filled with questions. Some of you are wondering just what is going on here; perhaps to some of you we on my side of life do not actually exist. In your psychology, you are taught that such things -- if they do exist -- are not what they seem to be but that it is the sub-conscious mind in action. And others of you, if you are ardent religionists, are not too sure -- you may be talking to the Devil; others that you may be talking with great minds. Well, we do not know about the greatness, but we do know we are minds."

"If you, my friends, do not have an understanding of the continuity of life, of existence beyond the physical-chemical body, then how can you arrive at any conclusions concerning life? If among you tonight there is a materialist, one who believes only in matter and that all things cease to exist when 'death' takes place, I would like to hear from you. If you are not a materialist, and you do not believe in the continuity of life, what is your premise? On what do you base your ideas? Now, we do not want to argue, but we would like to know, we always want to know, on what you base your thinking?"

"Most of it, I'm afraid, is just 'wishful thinking.'"

"I know of the continuity of life," said another, "because I have actually seen those who have passed over."

"Now, my dear, as I am sure you know, you have in your present world what are called 'intellectuals.' These believe only what they wish to believe, and if what you state cannot be taken apart and

"looked at under a microscope," continued YADA, "you are in bad shape as far as proving it to them. But how can the existence of anything be proved? We have here a light, this lamp; but what is light? What is anything? Where comes the proof? Now, there are great arguments, pro and con, of the truth or other states of consciousness. And those who argue against it and uphold matter as being the source of all do not know where matter originated. If you were to tell them that matter originates from the mind, they would laugh you away. Yet they have no answer. Your scientists of today have no answer. A long time ago (not too long, though) your scientists made claim that they had discovered what holds matter together, but they do not know what this matter is; yet they claim they know what the stuff is that holds this unknown matter together. A little confusing, eh?"

"Now, if we are to come to any conclusion that we can live peacefully with, we shall have to set aside our orthodox beliefs and begin all over again. Then we shall see life as much, much greater than we had supposed; that it is not as simple as we thought when we tried to teach others who know less than we."

"Yada, what is your definition of proof?"

"You know, if I should give my definition, which I shall do in a moment, I shall be basing everything on my own opinion. That is proof-- your own opinion. Now, today your opinion may be good, may be logical (for want of a better word); tomorrow it may be something entirely different. There is no concrete, lasting proof of anything. We must come to that conclusion if we are going to expand our consciousness, to grow, to see the world around us in a truer and greater and more thrilling light.

"To you who have no understanding -- though I do not know that there is anyone here who does not know of the continuity of life and the possibility of making contact between the endless planes of consciousness -- to you I want to say, what is this thing called the life of an individual? In what way is the physical-chemical matter of your life different from that of this boy I speak through?"

"I suppose it is different in vibration?" replied some one.

"That sir, is as close as we can state it."

"While you are helping us on the physical plane, Yada, are you preparing for a higher plane of consciousness?"

"That is true, sir. On every plane of consciousness, those who have gone on to a higher state of understanding -- it is their duty, their rightful duty, to aid and abet those on the planes below them, no matter what they may want to do, even if it may be, in the eyes of some, an evil. And so it is, right down the scale of conscious living."

"May I ask what you mean by 'rightful duty?'"

"It is the inherent right, that which comes through understanding, the individual understanding of life. When one arrives at that state

"he will realize that in order to be in harmony with life, he must be of service."

"Did Hitler have psychic ability that enabled him to get aid from the "black magicians?"

"That individual," said Yada, "spent many years of his life studying magic. As you know, there is no difference between 'white' and 'black' magic except in the way it is used; and this man made many contacts with the dark side of the astral world. There will never be a time in life when one can make contact with the great destructive forces and not have them, as you say, boomerang on himself. Now, I do not want to get into a lengthy discussion of good and evil, so-called; these things have been discussed down through the ages by the most advanced minds. We of the 'Inner Circle', say good is what you feel is good; evil is what you feel is evil. Your God may be my Devil and my Devil may be your God. But your orthodox way of thinking is this: you have had a pattern cut out for you, and you have been told that this is this, and that is that, and there is no possible change; that these laws have been laid down by your church, or your state, and if you deviate from these laws, you will have to be locked up or excommunicated. Certain religions advocate what you call 'black magic,' and there are certain of your Christian churches that use black magic, and the chanting they do in excommunicating would make your blood run cold."

(At this time some one asks about a certain religious group.)

"My dear, I would not like to say that they are the greatest black magicians; there are others that are far beyond them. But these priests do know that there are certain forces of the body that can be used for evil to their fellowmen as well as good..... Some work through black magic, not only for individuals but nations as well, and stir up strife, wars and all manner of trouble."

"Can others, like ourselves, join the 'Inner Circle' if we progress?"

(YADA explains that the 'Inner Circle' he speaks of a group of sixteen who have undertaken to speak through the Medium as a special piece of service, an effort to make man more aware of his true greatness, his Godhood; they have been attracted to this boy because of his interests and his background; that each of those in the room has his or her own 'Inner Circle' -- persons on 'the other side' of like vibration -- individuals who have been attracted by similar tendencies and interests; that if one has murderous tendencies, someone of like tendencies in the astral plane will come to aid him, and will not only help but will improve upon his plans.)

"Are you upon the astral plane, Yada, or shouldn't I ask that?"

"Sir, it is my opinion that when you say 'astral' the word covers many states of consciousness. There are levels of consciousness in the astral and we each gravitate to the level best suited to us by

"training, by what we have done or failed to do in past experience. Many think that this which is called reincarnation, or re-embodiment, is not true. In fact, there are many on my side of life who disagree with it. They say: 'We know no one who has returned to the earth plane.' And yet, my friends, it is not only to the earth plane, but all planes of consciousness that man returns."

"Does one retain a memory of previous incarnation?" asked Man.

"It is not so much a matter of retention of these things that have happened to us in what we call the past, because in truth there is no such thing as the past or the future; there is only the present moment. 'Past' and 'future' are illusions. Time is not passing; you are passing. I have so often heard you say, 'I am killing time'-- no, time is killing you. Now, sir, I would not like to say that I am on the second, third, fourth, fifth, or seventh plane of consciousness because then someone might say, 'I am going to strive to climb up there and that gives an inferiority complex. When it is said 'He is a great person,' then you all look up to him. But what does that make you feel like? Like a worm. No, even if you feel that you know much more than another, you can help him much better if you do not allow him to know that you are wiser than he."

"How can we learn our mistakes so we can get off 'the wheel of life?'"

"Now," said YADA, "because this life is an eternal thing, it is best that the individual not be left alone, but yet not be pressed into learning certain things. There are no books, there is nothing written of what is called 'the true teaching' -- and by that I mean the inner teaching, because this is your world, your life, your private room. No one can tell you of it; you must find it out for yourself. Perhaps it may not be clear to you now, but it will at some time."

"How to get off the wheel of life? I can tell you this and this only: by proper meditation you can enter into a very high state of consciousness. There you shall learn what is for you; you shall learn how to get off the wheel of life; you shall learn how, while in the physical body, to hold your consciousness in whatever plane you consciously desire to life upon; you shall learn how to manipulate matter, this three-dimensional matter, so that you can disintegrate this physical-chemical matter of the body, so that you can, as you say, 'live' for as long as you wish, or forever. Man does not have to go through the stage of 'death.' Some of you may think I am wrong when I say that, and that is good. Because it will make you think, and you will understand life in its fullness."

"What is the cause of what we call death, Yada -- the separation from the physical body? Why do we die?"

"Not the cause, but the effect is why you die. The change from the physical body into the astral planes is brought about through lack of understanding that the mind built, designed and built your physical body. Not knowing this, man has been led to believe that he

"is dust of the ground. The Bible, your Christian Bible, is the teachings of the Hebrew people. Every race has its own teachings, its own bible, its own avatar, its own God; few if any of what may be called the orthodox religions explain why, because they themselves know not why. They know only that a god said this, a prophet said that. And they do not really know that; they have heard it.

"Now, the physical body cannot suffer, cannot decay, unless the mind knows not how to control it. And by controlling -- if we have not learned before, we must learn the proper things to eat. The body is chemical, and we must put the proper chemicals into it. When we have learned the art of supplying the physical-chemical body and we have the realization, the mental realisation, that we are the master, then nothing shall harm the physical-chemical body. Then we can go without eating, or eat anything, as we please. But first we must have an understanding of the chemistry of the body. Why is it that in this moment I am what is called young, and with the next breath I am old, and in the next breath what is called 'dead?' My friends, that is all. Is it not then worth studying whether you do have another chance to return and learn what is necessary?"

"Is it necessary for us to return? Cannot we learn these things as we go along?"

"Now, sir, you have taken energy and wasted it by allowing it to go through the stages of decay. The energy you wanted came from your mind. You have used it to build the physical body. Man made not only this little speck called 'the world' that he walks on, but all the other little specks in, shall I call it space? If it were not for mind these things could not exist."

"I think the questioner meant cannot we learn on the inner planes?"

"No -- because you must take with you your world when you go."

"Well, aren't you learning and progressing, Yada -- so why couldn't he?"

"It is not whether I am learning, but what I am learning. It may be that I will go on a thousand, ten thousand years of your time before I return again to the physical plane. I do not know yet; but when the time comes I shall know, because the desire will be so strong within me. Now, suppose you are here in space, and here is another point in space here: are you going from here to here, or from here to here?"

"We mean return to Earth."

"But it is not necessarily return to the Earth," replied Yada. "You will return as often as you think it is necessary to have a physical form. There is no plane of consciousness, right down to what you call normal sleep, or dreams, when you are not learning."

"Then why is it necessary to have a body?"

"things now, but wait till we are at the breakfast table and then get acid stomachs or something ---"

"Is it like radar?"

"You have heard of radar sound;" said Prof. Luntz, "this sound ~~can cause vomiting, or paralysis, or a number of other pleasant things.~~ You might be walking down the street and suddenly, for no apparent reason, develop a nose-bleed -- or topple over and not know what did it."

"Was it something like this that destroyed the walls of Jericho?"

"Yes. Sound can be used to build or to destroy. Every atom has its own octave of sound, and one can cause the destruction of another, provided it is of a higher and destructive vibration -- and by destruction. I mean change."

"How far advanced are our scientists in the use of sound?"

"Very, very far, lady. As you probably know, it is used now for a number of things: to mix oil and water, and to penetrate into depths of steel to find whether there may be faults or cracks in the metal, or to find the weaknesses that may lie in motors. Your country is far more advanced in the use of sound than any other nation.

"Of course, you are probably saying to yourselves, 'Thank Heavens, Russia hasn't got it!' Now, we of the 'Inner Circle' have sometimes heard it whispered -- not behind our backs, but behind the boy's back -- that we are Communists, and that there must be a Jew or two among us. And once or twice when we have had a somewhat dark-skinned gentleman with us, a person of high character, we have waited to hear someone say that the 'Inner Circle' allowed Negroes to come among them! My friends, there are no Negroes among us, no Jews, no Spanish, no French, no Hindus, no English, no Americans -- the only Americans would be Indians -- we are only people. The only question with us is,

'How do you arrive at your ideas?' That is all we want to know. And we think that from our present vantage-point, whatever that may be, we may be able to help you a little with some new ideas.

"But are we to get so blasted smug as to think that because we are over here, we know it all? That is the great trouble with spiritualism: those who have been called back have been worshipped as though they were wonderfully wise and good, even a God! Of course, in the essence of things they are God -- but they are not awakened. My friends, if your relatives or friends were so far from being enlightened that you would not have called them from across the street to ask how to make a dress or how to plant a bulb, then why should you try to call them back from here to answer your questions? If those you love have come over here and you wish to get in touch with them, by all means do so! But do not try to get information about your oil wells, or what your absent wife or husband is doing, and all that sort of thing. That is making them into watchdogs."

"What sort of things do you wish to help us with?" asked one.

"Anything that you are interested in learning."

"Could I attend some certain school to attain psychic development

"Sir," said Prof. Luntz, "we of the 'Inner Circle' would be extremely happy to do all that we possibly could do to aid you in that direction, both by impressing you from time to time, and if we can get through, speaking to you in an audible tone. If you turn your ear once in a while to us in your moments of meditation, and set your idea or problem before us, mentally or aloud, as you wish -- or write it -- and if you can spend a half-hour or an hour a day in meditation, we shall be honored to come to you and do what we can to aid you."

"Would you outline any special method of meditation?" asked one.

"For the beginner, the best thing would be to make a study of what you eat -- be careful of what you eat. Understand the chemicals or which the thing is made. Next, we feel that it is extremely helpful before you go into meditation, that you bathe and that you do not eat heavy food within a half-hour of the time. Also, it would be good -- whether you go into meditation or not -- for four months at least, to take internal baths. Also the proper clothes -- extremely light ones. If it is possible, wear nothing at all. You see, in meditation one must try to rise above any conscious awareness of the physical body. In order to do this, one must rid it of irritations.

"Have you ever tried to concentrate your attention on any particular subject for a minute or two? After you have been trying to do it for a short time you will find you begin to itch -- your nose, or your ear or your eyebrow. It is not that there is anything there to make you itch, but it is your nerves -- your nerves trying to make you aware of them. You are beginning to be unaware of your physical body, and what is called the physical body does not like you to be unaware of it.

"Friends, to be successful in what you do, put your mind on that and nothing else. I know this is not easy, for the human mind has not been trained to concentrate -- not in the Western world, at any rate, and while you are trying to concentrate, there are a thousand little things that intrude.

"Now I must go; my type of energy is running low. Someone else will take over."

THE CONTROLS CHANGE ----- PROF. LUNTZ is replaced by LAO-TSE.

"Good evening, friends," said Lao-tse. "I thought I would stand aside and listen to all the interesting conversation. Yes, indeed, I have been away for some time; now I am back and it is nice to hear that I have been missed. If one wishes to be missed by his relatives, he should stay away a long time!"

"Couldn't we be classed as your relatives?"

"Yes, indeed, and you are." Said Lao-tse. "A lady asked me if she would meet her relatives over here. I said, yes, but it would take up all her time to just say 'How do you do' or 'Ni-ha!' to all

of them. Why should the brother of this, your present life be any dearer than the brother of a thousand years ago? We must remind you -- as we often do -- that you are walking around in consciousness not time and space. Someone asked me once, 'Why do you come back and speak through this boy?' If you are really the person you say you are, you would not do this.' So I was obliged to conclude that the lady knew better than I what I would and would not do. It is rather distracting. 'The estimable Lao-tse' she called me. Which is the boy and which is I? You are you, and no man knows who you are but you"

"We know, but do we realize?"

"I am considering that question," said Lao-tse, "but I know that you are all clock-watchers and you cannot forget that you must get up at five or six or seven in the morning and be about making the sustenance for yourself. I should like to say this to you: man shall never advance in one lump sum; he did not come in one lump sum and he cannot advance that way."

"Can man advance beyond the slowest of us?"

"That is a very deep question; but before getting into it, I would like to speak of that which you were discussing earlier among yourselves -- capital punishment. My friends, when you put one of your fellowmen to death, you should know that you have put a little bit of yourself to death also, for that person is a part of the community. Once, in China, there was a great deal of pick-pocketing going on, so the Government decided to cut off the heads of all caught, and they invited the whole city to watch the executions. At the end of it, they discovered that twice as many pockets had been picked while they were watching the executions. So, what has man learned? It is a contemptible, mean thing to do, of course -- but people do not realize what they are doing when they thus set loose an ego who has not been trained, who is still lusting for material possessions. He is bound to draw to himself people of like desires, and there is a rash of similar crimes as soon as he is put out of the physical body. He should be taught that he is going into another world of consciousness to be given a chance to learn and progress. Instead of that, he is told that he is going, never to return, 'dust to dust,' and all that."

"I read of a course like that in ancient Mu or Atlantis."

"Yes," said Lao-tse, "it has been taught in the past. Now I must go."

CONTROL: YADA DI SHI'ITE ---- 8:15 p.m.

LOVE

"When we get to understand one another," said YADA, "we get to love one another. That is love. Love is not passion; love is understanding. When you have passion, you have passion and nothing else - no understanding, no realization."

"Couldn't you have both?" asked M.L.

"Not for the moment. After that moment you come back to realization and begin to live again. But that is the way of all life...But for the moment I should like to speak of this matter of the Moon Spirits of which Dr. Layne was speaking."

"Yes," said Layne, "this is a communication brought by O.R and which has to do with Elementals."

"Yes, I know. The lady who is at the moment on the threshold of the young man's psychic world is quite young." (This young lady, said to be about 22 years of age, is a constant companion of one of the seance group and communicates freely with him by means of the pendule. On one occasion she took control of Mark and talked with the group. She is very naive, somewhat pathetic, but fast developing.)

"When she left this physical chemical world, in an accident, I believe, she was not at all prepared to go. The accident also conditioned her mind. In other words she had very definite injuries to the physical brain, and carried over the belief in those conditions into the astral world; therefore she is under the tutelage of elementary beings. They are as toys to her in one respect, as they keep her amused and happy until she completely recuperates. Now she has momentary states of clear awareness.

"These nature spirits also bring energy and strength to the astral body of an individual who does not understand life to begin with. What attracts these little beings to flowers and plants and trees and rocks is the particular kind of light that these forms of nature exhibit from the astral side. Now, you see only the physical side of a plant, a tree, a flower - but it has its real counterpart in what is called the astral body. Now, you see only the physical side of a plant, a tree, a flower - but it has its real counterpart in what is called the astral body. And that is what attracts these beings. Seldom are they aware of the physical part of the flower or tree. When one sees these beings and makes an effort to approach them closer one seems to scare them away. But what happens is that the physical individual, in his moment of excitement, closes the psychic door or eye, and they seem to disappear. This too is the way of your DISCS or - what do you call them - 'flying saucers.'"

"Do you mean that the Discs do not really go away?" asked Layne.

"Not always. Sometimes you are not aware of them because they do not stay in your dimension of matter. They, too, may be what is called

"'excited' - some of them. I do not know how you manage to think concerning this kind of phenomenon," continued YADA, "but we have repeatedly said that the Discs come from, not the physical part of any terrestrial body, any physical part of the earth or planets in your solar system, but rather from what is called the Etheric, or Space; or perhaps you would better understand if I said the Fourth Dimension."

"We have studied seriously all that you of the Inner Circle have told us, and have compiled a booklet and many articles to spread this information to others. Do you think these phenomena are building up toward anything, or will these beings just withdraw?" asked Meade Layne.

* "No, they will be with you for some time yet, for their work is not done. Your civilization has reached its peak and you are now on the downward grade."

"Will they take part if war breaks out?" asked Meade.

"We most assuredly think so. During the early days of the first world war they made efforts to contact the pilots of your planes by what you call 'Foo-Fire,' but it seems that man is not yet capable of understanding types of phenomena that he has not been trained to understand. If anything happens that is different from his early orthodox training he immediately becomes lost or frightened."

"One of these discs has lately been describing a 'lazy eight' - figure 8 lying on its side - lomiscate - similar to our symbol for infinity. Do you think this could be meant as a signal to us?" asked Mb.

"Yes, indeed, and I think it would be a very wise thing to attempt to return these signals, with colored lights. I would get any of your people who will not feel foolish and that is why many do not say prayers."

"Before we lose sight of the subject of elementals, can you tell us about the so-called changelings -- human beings who seem really to belong to an elemental and non-human order of evolution but have somehow been drawn into incarnation in human bodies?" asked Meade.

"They are what is termed evolving out of the elemental world into the 'human world'; the evolution of some comes rather suddenly and they find themselves out of their sphere before they are ready. Instead of following the path of ever-becoming they have leaped over several planes of awareness, and so find themselves out of their sphere."

"Have we all come from the elementals?" asked someone.

"No, no, no! Nor from the anthropoids or apes either. Man has had many great civilizations on the earth - long, long before any recorded history in chronological time. Man has been taken completely of the earth plane five different times already. This earth on which you live has been cast into outer darkness for many, many years, has fallen off from its axial lien, and there have been such terrific activities of Nature - but human words are foolish - I cannot explain to you in words the kinds of activities. Take the case of what is called

"the Grand Canyon," continued YADA. "It is thought that all that great erosion, the wearing down of those great chasms, was caused by water..."

"Pardon me, but I noticed you had difficulty with the pronunciation of chasms, first mis-pronouncing it the way Mark does." Said Meade Layne.

"Yes, sir. You see, two minds are not better than one. We have the same difficulty in speaking to him clairaudently; when he does not understand a term we have to go back and use another word."

"But you speak words in a foreign tongue through him and he is able to articulate them" said Meade.

"Yes, because in the past he has had a very complete grasp of many languages. The mind of him can understand without what is called thinking. Now, when we work through him, we go thru almost the exact procedure that he would, or the personality of him who is occupying the physical body, if he was running his own machine."

"If you spoke to Mark in Latin would he be able to do that?"

"Yes."

"But I thought you said he would not understand and would therefore reject it?"

"He would not understand what we were trying to say - no. But he would understand the language, the tones; he would be able to repeat technical terms in whatever language was used, like a parrot. Some months ago he was given a mathematical formula for the smashing of the proton which he did not in the least understand - but he could see, so he could draw; and that was all that was needed. So we did not give it to him in words but in pictures."

"Friends, there are many ways of breaking the crust of understanding, and each of us should try to break that crust with the other. If we fail with one crust, try another. Somewhere there is a soft side; nothing is completely invulnerable."

"I have been reading about the five civilizations wiped out, and I found that those people of sufficient mind to understand what was coming and had tried to warn others, though they failed, were able to project themselves into the new civilization, to be builders of it." said JM.

"Every civilization climbs to a certain peak before it meets disaster, and in some of these the disaster was of such a nature as to change the structure of the body, bringing about a mutation. This was what brought about the resemblance to the ape, the Cro-Magnon. These changes were caused by gases and by tremendous rays from interstellar space."

"Did you say that the anthropoids were one of these mutations of man" asked M.L.

"No - but the Cro-Magnons and others were the bodies of those who had suffered very violent mutations of some kind."

"Were these on the way up - or out?" asked Meade Layne.

"On the way up. But they were driven down into savagery or bestiality. The anthropoids are a separate, distinct species apart from man, in spite of the resemblance in appearance. Now, of course, we do not suggest that you tell this to the university professors, the anthropologists etc, or they may make some changes in you that you would not find pleasant.

"The same kind of thing happened in the case of your Grand Canyon. That section of the earth was torn by great bodies from the sky. The different colors in the rocks were caused by the tremendous heat. As to whether "quickly" or not, depends on what you mean by the word. The storms came slowly and periodically as these bodies approached the earth. Wind, rain, and quaking earth - the earth being much loosened by the quakes. Now, we are not to suppose that the bodies of the comets struck the earth and tore great chasms and then roared off into space, but rather that the approach of these bodies, the tremendous pressure and the great heat melting everything as it came, turning everything into ashes" -- (produced the effects) "It is foolish to think that these bodies in the sky have no influence over man, for they do.

"Man brings his own downfall by being so sure of himself. He is really not sure of himself; he loses sight of his true inner workings of life and sees only the outer activity. While he is not aware of it, the inner starts to collapse, taking the outer with it. But to go back to the effects of the planets upon man. All of these bodies have some effect, the moon having the greatest upon the physical part of man. Some of you, I think, understand what I am talking about. The sun has a tremendous effect upon individuals: the intensity of the heat for some. And some feel certain rays from the sun that others do not. Those may cause great agitation in the individual --- You didn't do it, eh? (This to I.P. who was about to sneeze but kept from doing so). You didn't do it because you reached a peak and stayed there.

"Now we have gone in so many different directions that I hardly know where I was. But when each individual feels or senses the effects of any outer stimuli he does so in his own particular way, and no one else is capable of comprehending what that individual feels."

"Is it the different chemical make-up that causes that?" asked I.P.

"Exactly! There are very different chemical rays in each thing, human or animal bodies or plants or rocks. These rays have a definite activity of breaking down or building up. They may cause disease by breaking down. The sun is constantly affecting the physical body through heat (of which it is made). All suns are constantly attracting to themselves more or less solid matter that they take into themselves and change by exploding the kernel or nucleus of the matter. They explode the matter. The essence of matter is heat radiation or radiant heat.

"Also we must remember that the nucleus has an electronic field. One cannot say that the nucleus is something in itself, for it too is made up of parts, but they are so bound together, not necessarily in density but in structure, that the act of breaking up that structure creates and lets loose a tremendous power of energy of a type the first flash of which would cremate you."

"Is that theoretically possible for our science?" asked M.L.

"Yes, sir, it is" said YADA DI SHI'ITE, "but, sir, living itself is dangerous, so why speak of other dangers? But it is an extremely dangerous thing to do."

"Can you tell us of the Uranium atom, with regard to disintegrating the nucleus of other atoms? Is that possible?"

"Yes, it will - for Uranium on account of its weight carries a very high octave of sound. The pressure used to project it at another atom has to be much greater than other 'matter bullets'."

"It would have to be accelerated by something like a cyclotron - beyond what the present cyclotron can do?" asked M.L.

"Yes, you would have to go beyond what your cyclotrons can do now, but not what they will be able to do soon. Your scientists are on the verge of discovering the nature of all matter. In your holy book it is said, 'In my Father's house are many mansions.' and 'I go to prepare a place for you.' Out in space there are many mansions, and when man finds and settles, even to a small degree, another planet that is livable according to his capabilities, then and then only will your earth be destroyed completely."

"Are you speaking of man's doing this in his physical body?" asked Meade Layne.

"Yes - and I do mean another three-dimensional planet."

"You foresee such a thing?"

"Yes, I do - and we of the Inner Circle feel it is not too far distant, though we do not like to speak of time because the nature of our time is so different."

"Will there be a method of transportation between the earth and the other planet?" asked Dr. GC.

"There will, indeed, sir."

"The atomic-powered ship is already a reality," said J.M.

"If man is a reality, as I assume we all are, then everything is a reality."

YADA withdraws and 15 minutes later PROFESSOR LUNTZ TAKES OVER CONTROL.

"Good evening, everybody" said Prof. Luntz. "Do you know a very peculiar thing is happening here. An individual whose name was Cassius, a character in one of Shakespeare's plays, is here."

"Hath he 'a lean and hungry look?'" asked HPP.

"Yes, indeed. You know, now and then such a character pops up in

"a seance room and there is no accounting for them. They are supposed to be only imaginary creatures. But there they are. What do you think of it, sir?"

"Do these characters that are strong thought-forms over a long period of time become entities?" asked Meade Layne.

"Yes, sir," said Professor Luntz "that is what I was hoping you would say. That is something we have to be on guard against at all times - it is called thought-form impersonation. When an author sits down to write, unbeknown to him he is making thought-forms of a most tangible kind. 'Thoughts are things' - they are. Man created himself physically by thought, and all the worlds in what he calls space. Some of you understand that with the aid of the Kundalini force which is fire, the thought-world can be made into a three-dimensional world."

"What kind of life can such an entity have?" asked M.L.

"It has all the life and intelligence of action that the author has placed in it, and it continues to exist for some time."

"Does this help to explain the existence of the Gods?" asked ML.

"Yes sir, to a very great extent. Man, thru one form of imagery or another creates his Gods and devils; and after contemplating them for some time, if he knows not the inner workings, he believes that these have made him - making him either evil or good. I am well aware that what I am saying, to some of you, is not entirely pleasing, and I can only say, 'Try to find out more about yourself. Delve into life. Do not stand upon one belief; all beliefs must have a form of concreteness to them'

"It is said that your physical statistics can prove anything - so you have a wide margin for proving your own beliefs. But do not forget to at least try to prove the facts of another's beliefs, also. You will come to the startling conclusion that what both of you believe is true. Therefore you will have to arguments with each other. The idol-worship per and the one who worships what is called the one and only living God can go fishing together."

"It is taught in esoteric lore that a thought-form may become ensouled and really capable of answering prayer, etc. Is that true?"

"It is indeed, sir. As I said, man creates his own Gods and devils. And these are extremely real. Do not think for a moment that these are fantasies of the mind."

"If the worship of Ishtar, Thione, Freya, Aphrodite and others were revived today, would these deities again become living entities?"

"Yes, sir, they would. If man could only come to the realization that he is a creator. Unfortunately, he has been taught everything but that. He has been taught that he is a miserable sinner, that God is a petty individual extended somehow in time and space, wrathful and jealous ----- I know it is said that man has 'free will.'"

"To us the serious problem seems to be indeterminism. Is the appearance of indeterminism just ignorance of the laws, on our part?" asked M.L.

"I'm afraid it is, sir" said Prof. Luntz.

"Well, a law has no power; it is only a statement of a method of procedure. This affects our basic concepts in physics too" said ML

"That is like two or three balls being dropped from a height. We know they will bounce to a certain height but not the direction of the bounce."

"We cannot predict the behaviour of any separate individual, atom or man. But we do not understand the philosophic meaning of this" said ML.

"Who was it said that some can predict what may happen 1000 or 2000 years from now, but not what a dog will do if you pinch its tail?"

"Some one said in effect" said ML, "that if you gave a million apes a million typewriters and they were allowed to hammer on them long enough, they would turn out Paradise Lost (for example) by the laws of chance - I suppose, because the number of possible combinations is finite."

"If I were to predict the actions of a three-dimensional object, be it man or mouse, and its staying in one form of activity, I can only say that the nature of it lies in what is called the intelligence of the object. Many may suppose all he wishes, but it occurs to us of the Inner Circle that even the atom holds within it a form of intelligence. It knows what its motion is to be. All things think, whether they be animate or 'inanimate,' and their thoughts lie along the pattern of their individual nature."

"Our statistics appear to give accurate predictions for large numbers, but almost no information about any given individual."

"How are we to determine, and what is determinism. How am I going to answer when your probability sheets show that only a certain number of people can answer the question, and I may be just beyond that number: Yet the law of determinism or of indeterminism is primarily of decision."

Seance of May 25
1950: re Discs
Control: YADA

"So, you are having illusions, are you? Eye trouble, eh? Did none of you have eye trouble before the 'saucers' became common? These objects do not come from (visible) planets like your earth. They have been coming for untold centuries. If you must have a name for their place, call it Etheria. Right within this that you call empty space, which is teeming with life and intelligence! Out of this you have come, and all matter. In this exists a great civilization. Where do you suppose all the ideas of present and past civilizations come from? Out of thin air? Not out of, but IN. Not air, but substance. My saying this does not prove it, but you must

"try to understand matter and the causes of events, and go back to the very, very ancient teachings" said Prof. Luntz. "Then you will see what we mean by the Ether or Lokas.

"Speed? continued YADA -- "Speed of what? Little does man know what is in store for him. These Discs are driven by the laws of light-- light acting as pressure. You have learned that light has pressure. Imagine a machine capable of picking up light waves on a great reflector and having these light waves recast upon an object. That object would move with the speed of light. No? Do you want to debate me?. These things travel across whole solar systems. Their degree of solidity depends on the body they come into contact with. Yes, they can make their bodies as small as shown in the pictures you were looking at - for convenience sake. Other conditions, bigger bodies. You are solid only according to the solidity of the world you live in. In some worlds you would float around, in others you could not move.

"Yes, the pictures (from a German paper) are authentic - you did not get them in your papers because you have a free country - 'free' to listen when you are told what others think you should know ... In a way these people are Guardians of the earth ... There will soon be many more in your skies - do not fear them nor attack them."

EXCERPTS FROM MARK PROBERT SEANCE OF JULY 8, 1950: (PARTIAL QUOTATIONS.)

(Question: as to what each should do in the impending crisis.)

CONTROL: PROFESSOR LUNTZ: "We see that a great crisis is at hand coming events are not good. Russia, the United States, England, all the world are going to be at one another's throats ... the type of mind back of what is going to take place is so erratic that it is difficult for us to make time estimates but at the longest two years - the very longest we are inclined to believe that this war will become widespread and bloody in less than a year This war will be aided greatly by the Hierarchy of the R.C.Church in order to protect their own interests, because they believe this will be the end if they do not Communism in its true meaning is brotherhood, but as now used it is a brutal thing, selfish and materialistic, and crushes man's growth.... Yes, a dead Communist is really so, since he is not prepared for life on any save the material plans, and so is confused and lost - not permanently lost, of course

"It is easy for us on this side to say 'be not afraid' you are living in a most critical time... do not let yourselves be driven by fear; you should be helpers, teachers, guides. Teach as the Master did, love your fellow man, and not him only, but all things. All is a part of you. Hate not. If you must kill, do not kill in hatred. These young men who are 'made to hate' as part of their training are really killing in fear and as a way of self-protection. Yes, we see a great decimation of the race, and use of the atomic bomb in the last stages. This has to be. It is needed to clear the earth of the unknowing, the blind, the stupid and the greedy.

"I do not wish to state what percentage we believe will survive. If America does not win the world will suffer five to ten-thousand years of darkness; there will be no law or order anywhere." Man has

"failed all down the ages to create a Utopia, a material paradise, simply because each man thinks in a different way. The Etheric Guardians will do what they can to prevent the use of atomic power because that weapon breaks into their own world.....what is likely to take place is, that the Guardians may see that only by storms and earthquakes can this use be stopped. This quaking, however, can take place in the air or ether. A force can be brought to bear on the ether, which is a hundred thousand times denser than any matter you know -- the consequences would make your atom bomb look foolish by comparison. You have something like this in the weapon of sound, which at certain high rates can cause paralysis and insanity; it can be more devastating than any atomic bomb. Sound as a weapon is like bacteriological warfare in one respect, that it will not damage property (thus left intact for the victor.) There will be no place to hide from sound.

"I want to speak about the flying discs. In a few months a large number of these things will be seen. They are going to keep an eye on this war -- I admit I am most happy to be out of the physical body, but I hope you will all stay on the physical plane as long as you can; the longer you stay, the better your state will be when you come over here. You must try to teach people that there is nothing to be feared in physical death and that each will meet his loves ones out of the physical body. Consciousness is consciousness, no matter what body you may be in.

"Man's original home was the High Etheric - 'high' meaning full and complete. All mankind is struggling to get back to that state. Why do the discs and similar air phenomena seem so fantastic and incredible to you? All matter came out of that condition, the state of mind. Yes, the discs (Etherians) are going to help you. The democracies hold the last light on earth; if this goes out it will be a long sad night for earth. It happened in Yu, in Atlantis, in Mu. As soon as man builds a great civilization he holds his fellows in slavery. This is largely because the birth rate becomes too great - 'in time of plenty there shall be famine' says the Bible."

"Haven't those souls crowded in because of need for reincarnation?" asked HPF.

"That is a good question. But why should the door of physical-chemical matter be left open for those on the lower astral plane who have not yet learned anything of life, to swarm in? And they are the ones who will pour in, because their desire for physical life is greatest.

"Europe is a dying civilization. India and China also - but India has a far better opportunity; China is hopelessly lost. The suffering in China is unbelievable."

EXCERPT FROM SEANCE OF JULY 8, 1950 ---- CONTROL WAS YADA DI SHI'ITE

"All the occult Schools together cannot tell you what you will find on your Path, though they can give you many ideas and endless opinions. Too much has been said in trying to teach man, instead of allowing him to grow of his own volition. Schools of thought are often a barrier. Each School feels that it alone is right. The teachings of

"the East are not necessarily good for those of the West. The Eastern state of consciousness has come about through thousands of years of suffering - you of the West are not willing to suffer. China and India are in utmost decay. Truly there is no mystery to life; it is only that the observer cannot see back of the picture, back of the surface, and so thinks that it is beyond his ken.

"Black and white magic are all the same, all natural; it is the way the energy is used that determines black and white. Man is the creator of all things and of himself; he builds and destroys his own worlds.

"Yes, there is war among animals; strife and struggle from the most minute insect, on up. The surface of things is always what man has made it to be. If we knew that you and I are the same, no matter what walls of belief, language, race, we would be as brothers. It seems to me your Christian religion has failed to bring out such things. Man cannot expand under the fist of fear of other men."

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(YADA DI SHI'ITE is a title rather than a name; it means Honored Chief of the Shi'ite Clans. The language is said to be YU, of a Himalayan civilization dated back some 500,000 years, and the true parent language.)

TRANSCRIPT #3 -- Excerpts from Mark Probert seances
June 3th and July 6, 1950

LAOTSE IS THE CONTROL:

"Ni ha -- Goy how? I am fine; how are you? Good evening, friends, It is again the honor and pleasure for us of the 'Inner Circle' to be welcomed into your home -- a temple of learning; not a temple of set opinions, but of opinions, nevertheless, among man's many shocks, his greatest comes at birth. It is definitely a shock to the psyche to enter into the physical world; much more of one than going out. And in between the going and the coming there are endless shocks; and were it not for the insulation called the physical body, the self could not stand the tremendous pain.

"Man is very fortunate to have a physical-chemical body to defend him from these outer-seeming shocks. The physical world is not man's natural habitat, for from the time of his coming to build up a wall of resistance against the outer stimuli. This wall of resistance acts as both a good and an evil for his stay on the earth plane. The evil comes about by the individual building too strong a wall. When this wall becomes too rigid, the individual begins to suffer. Having no give, the stimuli bounce against it and create a terrific jar upon the self. These repeated jars begin to act as a disease upon the individual.

"Man must try not to make his wall so rigid. He must allow himself to be flexible, at all times prepared to change. Without this ability to change, your physical life will be shortened considerably, and made much more miserable while you are here. For when we come right down to it, to the understanding of life, we cannot help but come to the conclusion that we hold, for the largest part, within our grasp only opinions. Wherein can we find certainty? There cannot be certainty. Any time you find surety of anything being everlasting and changeless, you will know that that thing suffers from greater changes than anything else -- and so it comes to believe within itself that it is perpetual and everlasting. The illusion of same grows greater...

"Friends, let us flow with life; let us not fear what is called the unknown. Truthfully speaking, every moment of your life is the unknown, so you are fearing not that which is going to happen to you, but that which is happening to you. You assume that it is something in the future that is disturbing you, or something in the past; but no -- it is something that is happening to you right now.

"So the moral of my talk is only that we cast aside the illusion that something lies in the future and something lies in the past, and that we must worry about it. That brings nothing but suffering. So we say to you, do not do that! The quicker you can come to understand that all of your physical experience is nothing but mental activity, that it is no more tangible, no more concrete in its nature, no more everlasting the better will be your state of harmony with life."

"You speak of building a wall -- it seems that it is largely an automatic and instinctive procedure, not volitional." said M.L.

"Yes -- it is only natural that on entering into the physical world,

"man automatically builds these walls to defend himself against what you call physical living," continued LAO-TSE, which the self is not accustomed to and does not really understand. It takes many, many years for some, and many lifetimes for others, to even realize they have a wall -- and then more years or more lifetimes to break it down. So you must go through a process of first becoming aware of the fact that you have a wall, and then go through a process of learning to climb over it, or break it down.

"I suppose right techniques of early education would be practical solution of the matter. What would be the keynote of right education of children, from your standpoint, with regard to these 'walls'?" asked Meade Layne.

"First, to teach them that all they become cognizant of with their physical senses is not necessarily reality. Teach them that they must understand, or come to understand that that which the eyes see, and the nose smells, and the hand touches, is all pressure; and that that pressure can be better understood by understanding the mechanical activity and self-responsible. Teach them that to each one the wall is different, and that the difference lies in the individual child himself; and that he must find the solution to his own problems as he goes along, day by day; that the adult or the parent can take him only so far; that he must use his own senses, physical senses of awareness, to be able to see beyond the surface of that which he looks at, so that he may find a deeper sense of reality -- not the ultimately true sense of reality, but a shade of it beyond what now it appears to be from the surface.

"We have an educational center in this country where the children are taught always to say 'we' and not to speak of themselves as 'I'. Is that good?" asked M.L.

"It is good, because it lends an individual the feeling of being one with the world, and not just standing alone."

"The idea back of that is that the ego of the child is being taught to think of himself in terms of the Higher Self, and the subliminal self also" said M.L.

"There are many selves existing in the individual. Each one of these builds a particular body for the kind of plane he is going to enter into, the state of awareness that he is going to enter into. So when a person is taught to say 'we' he is taught to understand the changeability of this thing called 'I', the changeability brought about through the law of Necessity.... Friends, we can only approach reality; we cannot reach it. It is like the everlasting seeking or reaching out for the stars. We approach them at different speeds throughout the different years and different civilizations -- different states of advancement in scientific things; and yet the stars, as we approach them, seem to recede -- a will o' the wisp -- and yet it is not so, for you are the reality, the only reality. But can you prove to me that you exist, that the one sitting next to you exists also? How do you know that he exists? As far as the physical body goes, you are aware of that other person only through your physical senses, which means that his presence brings to bear pressure upon you. Now, smelling is pressure, hearing is pressure, seeing is pressure; all, as far as the physical body goes, is bound by the law of pressure."

"What about thought transference --- telepathy?" asked M.L.

"This form of activity," said LAOTSE, "which we prefer to call mental communication, is brought about by expansion of the mind of the consciousness. There is no energy wave going from my brain to your brain, or from your brain to someone else's brain. It is but an expansion of sense awareness. Again, you have a form of pressure, because this out here, as we have seen, is consciousness, and not space, as you seem to think it is. Let us take the word 'space' -- what is space? What is the definition of that word? Nobody goes forward excitedly desiring to tell me

"A form of reality that is not perceived by consciousness?" asked Meade Layne.

"A form of reality that the consciousness does not become cognizant of! That makes the porridge a little more dense, doesn't it? a little more difficult to get through to. So man is working in something he does not perceive or comprehend. 'space'

"Lao-Tse, I wonder if you would talk to us a little more about telepathy -- what is the basic difference between telepathy and clairvoyance?" asked M.L.

"The difference is somewhat like that between a kitten and a full-grown cat. They are one and the same thing, but in clairvoyance your sense of awareness is full and complete. In telepathy you are only getting a partial contact."

"There is no basic difference, then, between seeing the thought of a distant person and seeing a distant place?" asked M.L.

"No, except in clairvoyance a broader sense of awareness. In telepathy you have a sense of mental alertness without particular vision or without the awareness of the other organs becoming expanded."

"Will you speak to us of karma?" asked FFQ.

"Lady, karma means only mistakes, errors in judgment, possibly. Man can only work and learn through trial and error. Therefore, man cannot escape what is called karma -- or what is called in the Christian Church, 'sin.' They are one and the same thing. *

"But all karma is not necessarily bad, is it?"

"Most assuredly not. Neither is all sin bad. I know that many who are training in some occult beliefs feel that karma is sin, evil, and man must flee from it. Karma is not something to be fled from. His very fleeing is karma; his very fleeing is sin. Why? Because he is keeping himself from learning. It is like the parable in your Bible of the man with the one talent. He did not wish to make karma, or he buried his little talent. 'If I do not do anything with it, then I cannot lose it.' If you cannot learn through and by experience, you cannot learn.

"Evil, so-called, and good are not things in and of themselves -- they are considerations of the individual mind. A certain act may not

"be pleasing to one person", continued Lao-Tse, "because of his early training he considers it a sin -- not only for himself, but for others. So he proceeds to live another's life, and in so doing he loses his own. Those who have no business to mind will endeavor to find someone else's business to mind, which, as a rule, breeds an evil in itself for those two people.

"Your Christian theology teaches that your Master, the Christ, died for your sins; but if we open our eyes a little and look for ourselves, we find that the Master did not die for our sins; that we can suffer the consequences of your act -- except only as they may advise you, or enter into your life and try to live it. That is why we of the 'Inner Circle' do not like speaking of private, personal matters -- we do not wish to reap your karma; we have enough of our own to tend to."

"Will you re-embody on this Earth again?" asked I.C.

"I have; since my life in China, I have been back to the Earth several times. But one thing I did not learn until just a short time ago -- and this will amaze you -- I was told recently that I had a daughter in that life in China. It may seem a very peculiar thing that a father should deny his own child, but strange as it may appear to you, I remember no daughter. Why? Because all womankind is my daughter, and all mankind is my son -- is also my mother and my father. Did not your Master, the Christ, say, when his mother came looking for him, 'Why seekest thou me? I am about my Father's business.' Why? Was he rejecting his parents? Was he belittling them and embarrassing them before the crowd of people? No ---- but because he knew that these two individuals who called themselves his mother and father were no more so than any of the rest of the people that stood there; that, indeed, he was his own mother and father. But these things are deep, friends, and we must have a care for the younger minds here this evening. Heavens, Heavens! I call upon the Heavens, for there is nothing else to call upon, when I see the younger minds that have been mistaught by those who thought they were leading you aright! The blind alleys up which they have been led through the good intentions of their teachers. When an individual takes to leading others, and he walks off the cliff, the others walk off after him. It is too late for him to say, on the way down, 'I am sorry; I didn't mean to lead you off the cliff.' In all our dealings with one another, let us be careful how we express our thoughts to one another; for if we do not, we shall be guilty of leading each other over the cliff, Now I must go."

"

THE CONTROLS CHANGED ---- YADA DI SHI'ITE IS NOW IN CONTROL.

(After speaking in the ancient YU language and reciting a mantram:

"How do you do." said YADA, "I bring to you the blessings of KA, of your God and my God, and also the good will of the 'Inner Circle. We call upon KA to bless TA - man, you; and to bless KA-SA-YA, the house spirit, or spirit of the temple. I call to KA to protect the E-NA-DA, the desire body of the boy. I also call to KA to build a wall of protection, not only around him, but around each one of you. For, everywhere that you go, for everyone that you come in contact with, for everything that you come in contact with, there are endless

"I was reading through the Boy's eyes that now you are able to photograph heat radiations from the body." Continued YADA. "A great advance! And still, with that and the atomic bomb -- atomic energy -- and all the other useful things, man is suffering great agony with cancer, not only cancer of the physical body, but cancer of the little body -- for that is where cancer and all disease originates. It is not so difficult to find the cancer that it would have been had you caught it while it was still in the psychic.

"Now you will say -- I heard somebody say, 'But how can we find it when it is in the psychic?' If I were smart I could tell you. But let me say, you can find it. What puts it there? Fear -- fear -- fear. Fear is the greatest curse of man. Anxiety, uncertainty -- it breeds heart trouble, it breeds lung trouble, it breeds paralysis, it breeds arthritis, neuritis, it breeds bad teeth, it breeds -- ha -- it breeds! That is the beginning, the entrance, the open doorway. The e-na-da, the desire body as you call it -- is the open doorway through which it comes."

"Often we are not conscious of having such fears, and still we get these afflictions. Is the fear operating on other levels?" asked N.

"The fear certainly is operating on other levels, because the physical body is a foreign thing to the self, so upon entering into the physical world, the self -- not the High Self, no, but what is better termed 'the low self' -- immediately begins that kind of action called fear. It is like one working blindly; the low self sees only through the physical activity.

"Now, we have been asked, 'What about the little baby?' Some of you know our answer to that. The 'little baby' is a little baby only in body. The form is a baby, meaning 'new.' The life force that occupies that baby body is ageless, and it brings with it its endless fears, anxieties, and also its endless knowledge and understanding of life. Have you ever experimented with the effect of the mind upon the body by saying to an individual, 'You are looking pretty sick' have several others tell him the same thing, and if by the end of the day he is not very ill, it is amazing. This is the power of suggestion that you have over one another, and the reason you have it over one another is because you have it over yourself, your physical self -- all these, all these self-selves that you see around you, are your own expressions of your self. Friends, have you ever heard the term, 'ah-cha-ita'? It means 'in your high state of consciousness,' your High Self.

"How can we bring ourselves to that higher form of consciousness? How can we develop it?" asked FPW.

"I want to say this, lady -- that many things enter into making an understandable reply to that question, some of which are: What do you think? How do you think? What do you know of your past life or lives? What have you brought over with you consciously -- or, to use your term, subconsciously? On all of these things rests the question of whether or not you can successfully attain that inner world, that inner state called the High State of Bliss, or the Awakening to your own Reality.

"kinds of vibratory action that are unseen to the physical eyes -- and some can be very detrimental to you...." said YADA.

"If you walk through your marketplaces and come in contact with many, many people, you may feel, when you return home, that you are weary from your exertion, that you have this weariness from your struggle to get through the crowds. But it is not this. Your weariness is brought about by the unseen activity that is going on around you all of the time, but more rampantly and more dangerously so when you are mixing with one another in crowds. Some of these forces sap your energies. They are like vampires. These are the true vampires."

"So it is good, and it is valuable, and it is intelligent -- when you know the workings of the unseen worlds -- that, before you leave your home, you say a little mantram, a little prayer, to your God. We do not care who your God is -- say your prayer to Him in any way you wish, and ask for protection; and also make passes around yourself while you are asking for protection. This stimulates the awareness sense of the High Self, and in so becoming aware of the need of the low self, it will build a wall around the physical body. This, my friends, is good psychology, if nothing else. Only because man has not been taught to realize that there is much more going on than meets the physical eye, has he been caused to suffer."

"What about the Law of Attraction? Do we not attract only those of like vibration?" asked HFF.

"We do, indeed; and more! Each individual has within him certain peculiar and particular weaknesses of his own, and those in the unseen world observe those particular characteristics or inner workings of the mind, of the low self, and they will flock to that individual just exactly as when a shark in the water is bleeding, this bleed attracts more sharks."

"Is it certain vibrations around us that cause accidents to happen?" asked FFW.

"Yes, indeed," said YADA, "and your psychologists today are coming to realize that a man is responsible even for his accidents. He brings them about by certain states of awareness, by certain ways of thinking. One of these ways is called 'inner worrying' -- that is, putting their thoughts within to worry; and, besides not doing themselves any good, they become almost as though in a hypnotic state. They lose, to some degree, a broad sense of the outer activity that is going on, and then they walk into one of the dashing-around chariots in your city streets and do many other peculiar things that bring about their physical suffering. Then they say, 'Why did this happen to me?' I did not do anything. I have been a good person. What is the matter with God that He is not awake to my goodness? Then they will say, 'I'm sorry, God, I didn't mean that. It was the devil that did it.' Never once do they stop and think, 'It was my own fault; I was not awake -- I was slightly on the zombie side.' All mankind suffers from this at one time or another. So we are not to condemn anyone as being outstanding and beautiful in that field. You can be beautifully evil, as well as beautifully good, you know. Beauty lies in the direction in which you are looking for it!"

"What about diet? Should we eat only vegetables? Is it right that we should eat meat -- kill lesser forms for our diet?" asked FFW.

"Lady," said YADA, "for those that know not, it shall not be hurtful to the extent of what we call 'harm.' It will, naturally, to some extent, for the eating of meat puts into the individual the fear vibrations with which that animal died. For only that -- with the kind of death man has today -- or perhaps has not -- it is not advisable for the stomach extracts the juices from the meat and then leaves nothing but fibre left. There is little good, then, to the physical body from eating meat. Have you ever observed a bit of carcass under a high-powered magnifying glass, right after it was killed? Almost immediately decay sets in. A beautiful picture! Then do you not see why so many people have high blood pressure? It is not so much the meat, but the combination of all the things that go with it And you have what you call 'cake' and 'pie' and such things. You are catering to the taste buds that operate chemically, and thus create a pleasant stimulation; and therefore you are lulled into sleep over what is actually happening.

"But, friends, I want to say that neither pie, nor cake, nor meat, nor anything else will do you any harm if you understand how to use the forces that you have within your power to keep the physical body in good condition. Did not your Master, the Christ, say, 'Fear not what goes into the mouth, but what comes out of it?'"

"Now I must go, friends. Your God ever sends you Goodnight."

THE CONTROLS CHANGED --- PROF ALBERT LUNTZ TAKES OVER THE CONTROL

"Hello, hello!" said LUNTZ. "Do I sound like an American? You know, I love some of the terms you use -- your slang. Once I used the expression 'Okay' and one of my countrymen still in the physical body asked, 'I say, old boy, isn't that rather a peculiar term for you to be using -- you, an Englishman?' I said to him, 'When you mix with certain kinds of individuals, you pick up some of their terminologies. If you rub against a wall with dirt on it, you get dirt on yourself.' That, I think, pleased him -- to think that it was dirt. Now, has anyone special to talk about?"

"I have a question," said Meade Layne, "that was sent in by a friend of ours who will not rest until he finds out what happened to the Mayan civilization. I think many people have a great interest in this matter of what happened to the Mayans -- just as they have an interest in what will happen to our present culture."

"Sir," said LUNTZ, "for a moment, excuse me. I want to talk with some of the others on my side. (Brief interval of silence) There is something of a mystery also about the Ten Lost Tribes and many other races that have disappeared. The world has gone through many changes, and in the course of these changes -- the nature of them -- brought about, not complete annihilation, but a peculiar separation of certain classes of people from the physical plane in a comparatively sudden way. Should I say they have been 'lifted up'? If I say 'casted down' that will not truly answer your question.

"You see, I cannot say, 'do this' or 'do that', continued YADA, "because while we may be able to give you the best of technique, it may not work for you, or you, or you. All that we can say is that certain methods which we have found of worth, you can open the psych eye. Some of these would be: first, learning the art of breathing, (which, by the way, this boy -- our doorway -- does not sufficiently do; we cannot help that. For what he does not comprehend he becomes bored with -- which is what you will do with it after I tell you, then, learning correct posture, how to sit -- and it is not as I now have the haya's body. Sitting in certain positions leaves free the Kundalini forces to flow up the spine, or the brain channel. The breathing awakens and starts into high action the chakras of the body. The use of certain mantras, the making of certain passages -- with th you are mentally calling upon wonderful forces, wonderful intelligent beings, who will help you."

"For the average person of our Western world, what type of breathing should be used first?" asked M.L.

"I would suggest that you try to find something written by one of your most awakened scientific men or women that will speak about the many forms of activity of physical matter."

"There is a very large literature, but little agreement" said M.

"The agreement or disagreement comes about through the fact that those who are not capable of using it find that it is no good. If you set before a certain individual a way of making mathematical calculations that is foreign to him, he will say it is no good, it cannot work, it is foolish. -- 'Give me I and I'."

"Is the 'and' and 'rhythms' dangerous in any way for a beginner?" asked Meade Layne.

"Yes, sir, it is. It is very likely to create illusions of the worst kind."

"Is that kumbaka -- the 'moon breath' -- is it dangerous?"

"It is dangerous for those who do not know how to use it."

"For the beginner?" asked M.L.

"Yes -- these things are not for a beginner, and that is one of the reasons why, when we are speaking to an open class we are careful of what we say. We do not and will not knowingly allow the unready to walk into open traps."

"Isn't there any kind of simple breathing -- any simple training that you would be willing to recommend to the beginner?" asked M.L.

"I would recommend, first, the not smoking, the not drinking, the proper eating, the proper rest. First, the body should be free of irritations, because as long as the body keeps the self aware of its physical vehicle, it can not escape into more beautiful realms."

"the light in these underground caverns." continued LUNTZ.
But my friends, in telling you these things, we wish always to advise
you not to believe them just because we say them; go and find out
for yourselves."

"Is it possible that Bulver-Lytton, when he outlined some of
the things we would have in the future -- such as the force called
Vril, of which he wrote in 'Zanoni' -- is it possible that he had in
mind something of what you are telling?" asked CO.

"Sir, I cannot say for sure, but I can -- and pleasantly so --
dwell upon the thought as being quite possible."

"Not too long ago," said LINTZ, "we mentioned the facts in regard to the Earth's being cut off from the Sun, or sent whirling out into outer darkness, due to pressure from approaching bodies out of interstellar space. In such times whole nations were wiped out, but -- oddly enough -- their towns and villages and cities remained intact. Certain extremely poisonous gases removed them from the physical world and other forces that some call 'wind' removed the remains.

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"Let us see if this can be done here. Even in your country you have observed the peculiar actions of cyclones, of tornadoes. In your scientific minds these are nothing but winds. Now, sometimes we talk and that is called 'wind' too! But this fact remains -- some forms of activity of Nature, if you please to call it that, such as this called 'wind', have within them intelligence -- and this intelligence can cover a lot of ground and do what is called a lot of damage. Some forms of fire have within them intelligence. Some forms or activities of water have the same, but man -- being extremely clever -- feels that he is the only intelligent being on the face of the earth, the only intelligent thing.

"Now, sir, some races and some entire family groups, tribes of what not, from one time to another have found reasons and a purpose for disappearing off the physical world, or off the surface, and going underground in vast caverns. It is from these people that man got his first idea of the 'Devil' being underground. From time to time some of these people unintentionally came upon an opening to the surface of the earth and were seen by the superstitious people of certain sections of the world -- and, being so different in appearance, you can imagine the fright this created in those who saw them. Physical degeneration had led to their physical degeneration -- that always follows, doesn't it? Most of them were entirely hairless, their eyes had grown much smaller, and their skins were ghastly white or terrifically green or bluish (from lack of the ultra-violet rays of the sun, and the green due to absorption from minerals below the surface of the earth) -- not red like our modern pictures of 'the Old Boy'... Do you all like fairy stories? There is none that is more exciting than the fairy story of life."

"I have tried many times to get information about these underground people. A great deal has been told us, but I feel that we have touched the fringe of the knowledge there is to be had..." said

"You are entirely correct, sir. Your Earth is neither the body it seems to be, nor is there a well-tended fire by a Devil underneath. It is not entirely a molten mass of rock. There are and miles of underground caverns, some being down many, many hundreds of feet. Now, you may suppose there would be utter darkness there -- but that is not so. There is a light of a kind, due to certain forms of chemical activity of the earth brought about by what is known in science as the cosmic ray. These particles, or what is called the cosmic ray, can penetrate millions of miles of, not only earth but lead; so what do you suppose they can do to this porous spongelike growth called 'earth'/? These rays create, in their passing, terrific chemical charges in and on the earth. Some of these charges create

United Nations spent much time in wondering where they were going to have their home -- the building in which they would perform their actions of intelligence and mercy to the world at large. And in the meantime you had certain factions over in this country that kept rubbing in the idea that the Russians are a Godless nation. They pretended not to know how terribly the Russian people suffered under tyrannical rulers and the iron heel of the Greek Orthodox Church; they wanted to foist their God upon these Russian people who had already suffered so much under the tyranny of their Church.

"I suppose there are some who will say that I am in favor of Communism. Friends, we of the Inner Circle are not in favor of any 'ism'. We have always taught that the only thing necessary for man's peace of mind and true freedom and happiness is love, love for his fellow man and love for all things. Man cannot use the Communistic methods to bring wisdom and freedom to the world, at least, not the kind of Communism that exists in Russia.

"Friends, I beg of all of you, be not afraid! The war, whatever it may be (Korea), great or small, is not changing your natural destiny; but your action toward that which you have to do, will and does. There is only one way; hold within your heart love, and detachment from all that you do. Good evening."

YADA DI SHI'ITE ON HEALING, Seance of Aug. 15, 1950

"Friends, we have said many times that the physical body is an extension of the mind, the hand being the most notable example. From your hand flows a healing ray, or energy. If you will try to form the picture in your mind that what you are doing is fact, the energy will flow through the fingers to the body and make it well.

"You call first always on God -- or Ka, as I say -- and then center your thought on the place affected. Be sure to wash your hands afterward; for the hands are like magnets; and when you call out from another's body these bad energies, you may take them into yourself. So you must wash your hands. Rub them and scrub them. You are putting your consciousness of God through yourself to the person being healed. A state of detachment is very important. Work without putting your feeling on it.

"It is not the body that suffers. The body has no power to suffer. It is the mind that suffers. The body is only (an extension) of consciousness. But you do not need the physical-chemical body to extend your consciousness throughout all of what is called eternity. You can set this physical conglomeration aside by extending your consciousness. You have heard of telepathy. This extension of consciousness is not odd; it is natural, not supernatural."

The Yada withdraws and after a pause he is replaced by Control Sister Theresa Vandenberg.

"I still wear the veil because I feel a need for it, but when I lose that feeling I shall not wear it any longer. You know, over here we have

MARK PROBERT SEANCE TRANSCRIPT #4
Originally released November 1950

Seance of July 6, 1950. Control: Yada di Shi'ite

"Friends, in your present time, with things appearing as they are the world seems to be under ever greater and greater strain; in other words, falling deeper and deeper into the hypnotic spell of material beliefs and satisfactions -- which is what has brought the world into its great wars. We cannot say enough, nor often enough, that you are responsible for your wars. And when we say 'you' we mean the mind of each individual is carrying on a war within himself; and until the individual masters himself and conquers the war within himself, he is always going to have wars outside of himself."

"Has it ever been different, Yada?" asks Meade Layne.

"No. In human history, Man, on coming into the physical-chemical world, came into contact with what is called physical-chemical matter. In the beginning this was a foreign substance to Him; and immediately it created great irritation upon this 'Him'; and ever since He has been bound by matter, has become like this matter, violent in nature, violent in action. All things struggle in the physical world for existence, cause matter is always in a state of change. (Man cannot escape violence until he frees himself from the hypnotic belief that he is matter.) From the most minute insect or germ right on up to the great galaxies, there is a constant turmoil, struggle, fight, which in its true essence is only a form of change. You -- man -- have been taught to fear change, tradition you have come to love. This is a mistake. If tradition were a set law, change could not exist. It is better for you to try to understand the law of change, and the necessity for it.

"Friends, we do not want to disconcert or make anyone unhappy, and yet we do not desire that you should hold on to childish toys until they are blown out of your hand. You must come to the understanding that there is going to be a very definite and outwardly violent change in your world soon, unless! -- that word is a wonderful word, it sometimes saves whole civilizations -- unless this country you call Russia back down, sees the wrongness of her approach to man's peace of mind on earth. This is not too likely, because those that are the heads of that nation desire domination, rule -- world rule.

"Now, in part, your country, too, is to blame; for when the last war was over -- or before the fighting ended -- there should have been an understanding between your country and Russia. But this was played politics with, played religion with; and the men who had fought side by side and shoulder to shoulder with you in some cases now became your enemy. The ordinary man in Russia is no more desirous of war than the ordinary man here. There should have been, immediately, a very definite statement made that any country that tried, or made a motion toward aggression, would immediately be punished in one way or another. But y

were brought about by the approach of comets; others were brought about by the approach of a vast ice field."

"You mean that these withdrawals of the Mayans from the surface took place at different periods?" asked Meade.

"No, sir. I aim only to say that the changes that have come about on the earth, causing various races and tribes to disappear, came about in different ways. Once the earth was in darkness -- such darkness as you cannot comprehend. It was of one of these periods that it is written in the Christian Bible, 'Darkness was upon the deep.' It was not the original creation. I would have shuddered to have said that while in the physical body, when I wore my collar backward!"

"Did you hear our discussion of Velikovsky's book, 'Worlds In Collision'?"

"We of the Inner Circle well know and are enthusiastic about that book, and we should like to talk at greater length to you and others who are really interested in this particular book. We have much to say."

"Speaking of lost races," said another sitter, "will you tell us something about Atlantis and Mu?"

"The continent, or island as you assume it to be, called Atlantis -- contrary to some of your modern writings -- was destroyed some 200,000 years ago. Parts of it went down at a time, not all at once, although a few very great sections disappeared overnight. In time it will be discovered that much of your anthropology, while not wrong, is extremely lacking in true structure and detail. The evolution, the physical evolution of man, is not as closely related to the physical evolution of the animal as is supposed. Man has been destroyed or wiped off the face of the earth five times -- and he may be due for another wiping."

"Due to the atomic bomb? Will man be wiped out because of his use of it?"

"My dear, we do not like to make such rash statements. We can say this, however, that if man makes any extensive use of the atomic bomb for destructive purposes, he will be greatly interfered with by the Etheric Guardians of the earth. They will bring about a real calamity that will drive man together by force, if he will not come together through love. The use of the atomic bomb is very, very disrupting to those in the etheric world, and, if necessary, they will use force to wake man up. Your atomic experiments have already taken their effect on atmospheric conditions. Certain rates of vibration have been broken and this has allowed cosmic particles to break through to the earth that could not other wise have reached it. Friends, for the physical well-being of this boy, I think it would be best now to close this meeting; the energy is running low. But I would say to you, keep your eyes open, observe! The signs are here! You can read them. But, do you wish to? Good evening."

Professor Luntz withdraws and the meeting was closed.

schools, churches and clubs for those who need them, even cocktail parlors. In my day there was sawdust on the floor but today you have beautified such places. It was not long ago that saloons became drug stores. They used to be on corners. Now drug stores are on corners. That was their destiny, to stand on corners. There are some men who have the same destiny, apparently, to stand on corners.

"If I had not gone into the Church I would have ended my life -- on account of a love affair. I did not take my own life and I lived to be about 83 years old. In the last years of my life I began to ask myself, 'Is there not something more to life than the Catholic view?' 'God, and Jesus, and the blessed Mary -- were they all Catholics?' Then I began to learn something of the vastness and beauty of life. But I came only to give you my greeting. May the blessing of the One Self be upon you."

THE YADA ON WORLD PROBLEMS

"There is nothing to be done, nothing you can do. To do something is to create more churning of the troubled waters. That is the attitude of the Tibetans in this crisis. Nehru conferred with the High Lama, and was told to keep the attitude of passivity. This is not the first time Tibet has been overrun. To resist strife by active methods means to create greater strife. What is happening out there (gesturing away from the body) is not important; it is what is happening here (touching his heart) that matters. If we could but learn that! You are chasing a Will-o-the-Wisp." (The Yada withdraws.)

Note by Meade Layne: The Communicators are by no means of one mind on this Quietism expressed by the Yada. Some of them have definitely advocated the immediate use of the atomic bomb "if the white race is to survive the rising tides of Asiatic invasion." There is no occasion for our readers to feel shocked at this difference of attitude and opinion; no less reason for it than there is on this side in our physical world. And "on all planes one will find nothing but opinions". This is to deny that absolute, fixed and final "truth" exists for any human consciousness at any stage. It is a basic teaching of these Communicators, and one we would do well to assimilate thoroughly once and for all.

PROFESSOR LUNTZ ON THE MAYANS

"You have opened up a number of possibilities concerning the Mayan Professor," said Meade Layne. "Shall I say what our hypothesis is? We have conjectured that atmospheric conditions have forced the Mayans, and other people, to withdraw beneath the surface of the earth in order to survive."

"Sir," replied Professor Luntz, "I was hoping that you would read that between the lines of what I have said."

"One point. Were some of these occurrences, this condition of the atmosphere, brought about by planetary conditions, such as the approach of a comet?"

"In some instances, yes," replied Luntz. "Some of the occurrences

the common man, to whom a new thought is understandably most unsettling and distressing. The long series of phenomena, after being mocked at by fools and ignored or denied by our so-called intellectuals, are now widely accepted as factual realities. The next step, therefore, will inevitably be to label our strange sky-visitors as "inter-planetary" -- simply because, in the absence of all knowledge concerning the etheric regions, no other alternative exists. "These strange sky-craft exist; they are NOT of terrestrial manufacture; therefore, they come from some other planet." This simple logic has a wide popular appeal, and the masses of our people will almost certainly rest content with it. And yet it is basically wrong, since the visible planets of our solar system are not the homelands of these craft, but rather the intangible and invisible (but densely material) space-regions of Etheria. No physicist who deserves the name can deny this alternative at least being completely possible, and no metaphysician to whose mind naive materialism is not the "be-all and end-all here".

THE NOVEMBER 1950 EXPERIENCE OF GERALD (DR. KAPPA) LIGHT

1. Let us turn now to the case in hand, involving a gifted and highly educated occultist, a clairvoyant and clairaudient and well-known as a writer and lecturer. We shall call him Dr. Kappa for convenience. Dr. Kappa had been somewhat in ill health for a time, and on a recent night, about 4 a.m. (at Julian, California) he awakened "with a very peculiar feeling -- I cannot describe it other than to say that I felt as if I had no body at all. This in itself was not very unusual with me and caused me no particular alarm; but there was another aspect of the sensation. I felt, or seemed to know, that my body was being disintegrated -- that the cells were actually being shaken apart from each other. You can easily understand that such a sensation is almost indescribable in words. Yet that is exactly what I felt as I lay upon my bed and tried to get hold of 'myself' or whatever of me was available. I seemed to have no centralized focus of consciousness which we as normal individuals are accustomed to accept as 'self'.

2. "I realized almost at once, instinctively, I suppose, that this experience was not of a higher or occult character such as I have many times known in meditation and Yogic practices. There was distinctly a bestial or vicious quality to it which alarmed me to the point of getting out of bed immediately.

3. "As I stood on the concrete-and-tile floor I became aware of a fluid-like vibration moving through it. Fluid-like because that is the way it presented itself to me. Almost at the same moment I sensed this fluid pressure all around me; the room was saturated with it. Then I heard a pulsation similar to an air-plane engine high up in the atmosphere. That is, I heard it and didn't hear it. Perhaps I felt it -- but it was absolutely there and filling every inch of space around me. My hearing abilities have always been remarkable and a source of some distress to me, since I hear sounds which distract my attention and often make it difficult for me to get to sleep. I know now that a good bit of this supernatural hearing has been more of a psychic perception than just plain hearing in the ordinary meaning.

4. "This hearing is usually accompanied with a seeing which cannot

CONCERNING PSYCHIC CONTACT WITH ETHERIANS

(Following is Meade Layne's release 11-A-50, which he chose to combine with MPST #4. His reasons for doing so are in the text. Meade's wholehearted endorsement of Gerald Light (Dr. Kappa) in 1950 was undoubtedly sincere and well-intentioned, but subsequent events have proven this endorsement unwise. Our republication of this material now (1962) does not indicate acceptance of Mr. Light's interpretation of his experience nor approval of his teachings.)

The following communication, though brief, and perhaps familiar in substance to a number of our readers, seems to us of sufficient importance to justify its inclusion both Release 11-A-1 (to all BSRA) and Transcript No. IV (to all Transcript subscribers). One important reason for this, is that inquiries come to us concerning the feasibility of making psychic contact with the Etherians, expressing surprise that such communication has not been established, and sometimes indicating that these attempts are being made.

Though a knowledge of the Etherian worlds and peoples is an ancient possession of the race, it is singularly unfamiliar to Western culture even among members of Occult orders. Between the seven or eight ethers of occultists, the aether or ether of the physicists, the identification of ether with space and/or with the Lokas of Theosophy and Oriental cosmologies, the etheric doubles of persons and worlds and objects, the confusion with the Lower Astral, and so on, the confusion is almost hopeless; at any rate it can only be clarified by prolonged personal study of the subject. This is almost the best we can do, for the moment, for our friends who write to us in search of simplification. But there is a familiar tendency among Western dabblers in the occult, to go adventuring blindly on the inner planes, trusting to luck or good intentions or vestigial orthodoxy to bring them through, enlightened and unscathed.

More than this, several learned and gifted occultists of our acquaintance, who have lately been led into these studies by the current upsurge of etheric phenomena, Flying Saucers, etc., have also encountered unpleasant experiences. This is not meant as a reflection on them, nor as meaning that all etheric contacts are bad or dangerous. Our whole plane of existence has issued from the Etheric, and all its phenomena are rooted in the latter. The danger, of course, is in the lack of knowledge and experience which are almost unavoidable under our Western civilization. Moreover, the Western mind (so far as it turns to such subjects at all) has been preoccupied with astral rather than Etheric conditions, for the simple reason that it is the astral life we enter after death. We are individualists in the debased sense of the word, and each of us wants to know what is going to happen to himself, to "me". Hence, a fair-sized library-full of books concerning life on the various astral planes, and something about the higher levels also, but almost nothing concerning the great motherland of our world and race, the regions of Etheria.

Yet now the existence of Etheria and its peoples is being thrust upon us, willy-nilly. It will be denied by the last gasp of the expiring orthodoxies, both in science and religion, and ignored and evaded

into a sort of receiving station for the Etherians. . .

8. "The point of this long letter is this: Are any reports coming in from your members, similar to mine? If you have any light on such experiences I would greatly appreciate it. I am at present practically incapacitated by convulsions in my stomach, and by an intense heat that turns me into a torrent of perspiration regardless of room temperature. There are several other aspects of this abnormal situation but I shall not go into that now, but I am still hoping to visit you."

Perhaps the best way to continue this account, is to quote my own reply (Meade Layne) to Dr. Kappa (Gerald Light) -- since it, in turn consists almost entirely of the statement of the trance control, the Yada di Shi'ite:

Dear Dr. Kappa:

9. "I was distressed and somewhat alarmed by your letter of the 29th, and after some reflection decided to consult Mark Probert's Controls. I not entirely sure that this will meet with your approval, but it seems to me that it can do no harm, and that your own wide knowledge and experience will enable you to separate the chaff from the wheat, if we should be given an admixture of both. At any rate, here is the gist of the comments of Yada di Shi'ite. Only Mark, his wife Irene and myself were present:

COMMENTS OF THE YADA DI SHI'ITE

"I shall start talking English immediately and dispense with my usual preliminary exercise in my own tongue. I know that you understand that I indulge in the latter mainly to capture interest and attention of sitters who need such appeal.

"It is an unfortunate condition that the honorable Dr. Kappa has gotten into. It is not entirely a psychic condition, but partly physical also -- though of course in the last analysis all physical conditions are psychic.

"Psychical development invariably means hunger, of one kind or another, for food or for sex. The deeper one gets involved, the greater this hunger. A kind of fission takes place between the psychic and the physical. Dr. Kappa has always been psychic by nature, from birth. It is, in a way of speaking, part of his Karma. This psychism has increased through study and training, and the hunger has increased proportionately. The body has been unable to stand the strain of these excesses.

"Dr. Kappa went deep into Etheric studies and his body was not prepared for them. Etheric contacts play upon the physical body far more than do the contacts of the Astral plane. (Underscoring Meade's)

"The Etheric world is a world of energy which is constantly trying to express itself in the physical. It will avail itself of any open door.

"The feeling that came upon Dr. Kappa was more of an automatism than

be called ordinary sight. That is, I hear a sound which no one else seems to hear, and then I see a picture, color, symbol or line of force which would be meaningless to me had I not heard it in advance. Now, this pulsation or vibration of which I speak, which I could both hear and see, had a most unpleasant effect on my body. I felt that I was being separated from my skeleton -- that my organs and tissues were being separated in a most indescribable fashion. Feeling faint, I opened the door and stepped into the yard. The sky was overcast and nothing but dark gray mist was visible. But I could hear this engine or motor much better than while in my room. It seemed to be directly overhead but thousands of feet above the clouds. Then it was that I saw or perceived THE THING.

5. "I won't try here to give much description of it, since I am trying to keep this letter as short as possible, other than to say that it was spherical, highly luminous, and seemed to have bisecting axes (like a north-south and an east-west axis). This is hard to write clearly -- but the THING revolved on its two axes independently of each other. I was somewhat like a gyroscope such as children play with, except that the frame of the toy would have to revolve too, and in an opposite direction. Do you get what I mean? One gyroscope spinning around like a top east to west, and the other turning around the first, but going north to south. How big it was I couldn't say with any exactitude, since there was nothing with which to compare it, as it hung suspended there in the gray mist. But my feeling causes me to say that it was at least a mile in diameter. Huge indeed! But then, to some this will be a tall tale any way I tell it -- but if they had the symptoms which it has left behind with me!

6. "To dismiss the possibility that this was just a psychic experience, maybe this will help. There are two Scotty dogs in the apartment next to mine. The owner gets up around four or five each morning to let them out. This man -- about my own age and with a horoscope similar to mine -- has a violently sick stomach reaction. And the dogs! You should have seen them! At first the animals seemed bewildered and unable to control their bodies. They acted like drunken persons for several minutes, and then began running furiously around the yard in a sort of hysteria, finally dropping from exhaustion and seeming about to expire. My neighbor doesn't remember if he heard the engine, but he is positive he felt the vibration in his body, especially in the stomach -- or rather in the solar plexus. All this took place in less than five minutes -- the vibration growing less and less, as, apparently, the engine passed on overhead.

7. "Yesterday morning, Friday, at 4 a.m. this phenomenon repeated itself, and with much the same results, except that my physical condition or my illness became much worse. I have terrific pains in the stomach and chest, and a strange taste of metal in my mouth, together with excessive amounts of gas which make breathing difficult. This has nothing to do with psychic mediumship. I have been through that many times and know the angles as far as body reactions are concerned. And while I have heard the engine only twice, I have been conscious of the vibrations in my body every day, and especially at night. It is slowly growing more intense but I believe I am getting somewhat acclimated to it. The pains in my body are not so bad. I wonder, sometimes, if I am being turned

"Some of the Etheric machines can create a sound that can demagnetize a body or an object. Yes, this is what you call an ultra-sonic effect. Dr. Kappa was in the path or zone of an ultrasonic ray.

"We feel that the Doctor can get out of this condition. He does not really have a bad heart, but one suffering from tensions and the pressure of gasses. The body is full of cavities into which gasses can seep from the intestines. Many pains are caused by gas pressure which are attributed to other causes. Such pressure can cut off the flow of blood through the veins. A flow of gasses into the skull may cause paralytic strokes. A bubble bursts and causes a blood clot which blocks the flow of blood and cuts off the nourishment of the cells. I must go now. The peace of your God and of my God be with you."

MEADE LAYNE'S SUMMARY OF THE FACTS INVOLVED

We have here what is probably the first published account of the effect of a supersonic wave or ray on a human being. That is, we construe it as equivalent to the super or ultra-sonic vibration known to physicists and developed in part for use in warfare.

It is highly/probable that the ray was directed purposely upon Dr. Kappa, and we must note that he was not in normal physical condition, and that he is a psychic or sensitive. His neighbor also happened to be similarly constituted. It is likely that other and normal persons in the neighborhood were not affected, or only in a slight degree. Dogs kept inside might not have been greatly disturbed. Nevertheless, it is fair to assume that this wave or ray could be strengthened and directed onto any locality, and that all living things could be destroyed by it. This is in harmony with what is known of ultrasonic effects scientifically. Note the statement of the Yada, that the etheric forces "can disintegrate the physical body", and that this is in harmony with Dr. Kappa's own instinctive analysis of the effect on himself.

We probably have here a clue to what may be expected if supersonic weapons are used in warfare, or if the Etherians use them to intervene in our wars, or to protect themselves against attack by us. It may possibly be a clue, also, to the complete disappearance of etheric craft, either in the air or after a forced landing. What we have been calling their dematerialization may be effected by some type of supersonic apparatus.

Is it necessary to further underscore the criminal folly of firing upon these etheric craft? That only a few of our planes have so far been lost is sufficient evidence that the Etherians regard us as fools or children, not to be punished too severely for ignorant mischief making. The Controls have said heretofore that the Etherians possess the knowledge and power to disrupt our globe through demagnetizing it -- though the higher Powers would not actually permit this. Demagnetization can be produced by proper use of ultrasonic vibrations.

But one compelling reason for printing these pages is the interest being shown in some quarters in the attempt to make contact with the Etherians by psychic and/or telepathic means. With due consciousness of our ignorance but on the basis of such facts as we now possess, the BSR

any deliberate response by etheric beings. The Etherians have no particular designs on him. We move in certain directions thinking we recognize an object, but we may find the activity more than we can stand (Meade notes that some of the Yada's remarks here were in reply to his questions, but he didn't give the questions.)

"The feeling of evil (Para. 2, page 6) comes from certain forms of action on the physical body. The body is always seeking protection, survival, continuance, and it goes on guard. This causes a feeling of dread simply because it is an unknown quantity.

SHC "The Doctor has been a big eater in the past, and this has put too much pressure on the solar plexus, over many years. With much food and psychic tensions, gas is created. Lines of tension or stress are built up which work against the normal pressures of the body. We have forces working against each other. The Doctor has several times stirred up the Kundalini forces. This creates great heat in the body. The combination of psychic, nerve and physical tension makes him very open to what are called psychic sounds or psychic hearing.

"On coming into contact with the etheric world he became aware of that world. Now, when one sense is stirred up, that stirs up all the others also. This includes the sense of taste. It was natural that he should feel the effects of other forces also. And the etheric forces can disintegrate the physical body. They create heat, and the more heat the more likely the body is to disintegrate. Hence, the profuse sweating and feeling of heat.

"I suggest that the first taste experienced will be that of the element strongest in the body -- in his case, metal, iron.

"We suggest that Dr. Kappado stop more studying in that direction.

"We suggest that he cease to eat except to pacify -- not satisfy his hunger.

"We suggest that he train himself in relaxation without entering any particular state of consciousness other than that of normal sleep.

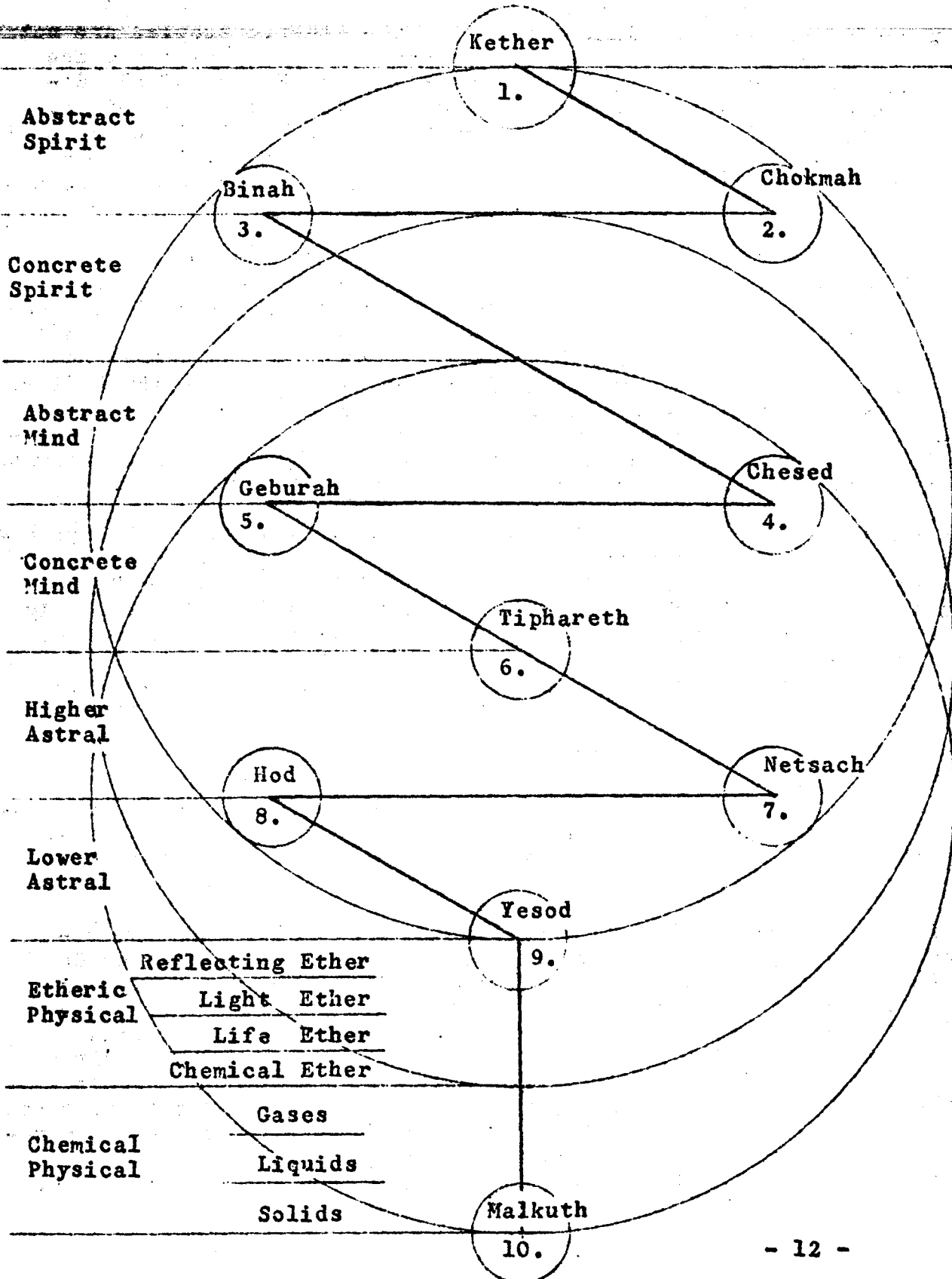
"He should never call on the Etherians.

"All results are more or less automatic. We cannot avoid the consequences of any act; yet we can never foresee all the consequences of an act. We pride ourselves on our will. How little we know when we use that term! And the results of not acting may be as great as those following action.

"Concerning the neighbor and the dogs. They came into that same field of radiation (of the Ether Ship, ml). And the neighbor was under the same astrological signs, as Dr. Kappa pointed out. Dogs sense what is going on within a person -- because people throw out an energy. And dogs have hearing beyond the range of the human ear. Also, the dogs could pick up the conditions from humans who were affected by them. (Again, these replies were in answer to Meade's questions.)

and-less important each fact appears to be. But Dr. Kappa's adventure and the comments of the Yada thereon seemed to me well worth setting down. Perhaps you will tell us here at Headquarters whether or no this is your opinion also.

Meade Layne



directors wish to utter the most grave warning against any such effort at psychic contact.

Influences from the etheric planes are more rapid and powerful than those from Astral regions. The etheric levels are vibrant with energy striving to flow into manifestation. They are the Powers of Netsach, vast Nature-forces emerging into form. And the Etheric peoples are incarnate humans; nor have they ever incarnated on our plane; nor are they all alike. Just as there is a multiplicity of Ethers of all degrees of density, so are there innumerable etheric planes and beings. Perhaps not all of them are greatly superior to us, but it is clear many of them are. People who can construct aircraft miles in length and fly rings around our rockets and guided missiles, have a science high to be mentioned in the same breath as our own.

And what might be called the pressure of the etheric worlds is increasing upon our globe. Instead of being too difficult, it is like that psychic and occult contacts will be all too easy. There is evidence that the Etherians are friendly, but that does not mean that our minds and bodies are prepared to withstand contact with them on mental and psychic levels. But when they appear in material and human-like bodies, our exchanges with them may be safe, normal and human. From them we gain incalculable knowledge, if we are wise enough to make the right approach. With their wisdom we might remake our world, but we must be strong enough ourselves to take the opportunity in the right ways.

The days of planetary isolation are ended. Of course, such a day never existed, except in our own dullness and blindness; so, what is ended is only this blindness, for a few, and this dullness, for "rare swimmers in the vasty deep". Yet there is no cause for panic, but only for an honest, consistent, passionate desire to learn -- and to serve.

I must not comment further on Dr. Kappa and the statements of the Yada. I can vouch for Dr. Kappa's knowledge and integrity and unusual powers; and I have reason, from several years of intercourse, to honor and respect the Chief of the Shi'ite Clans. But it is the earnest hope of your Directors, that all our Associates, and especially those who receive these Transcripts regularly, will reread at least all of Dr. Kappa's and the Yada's remarks with close attention, and reflect on their implications, bringing to bear whatever occult knowledge and data they possess.

It is true in all fields of knowledge, and especially in the so-called occult world, that meaning, worth, importance, significance do not lie in any fact or event per se, but only in the relationships of the fact. Therefore it is said occultly that the Truth of truth, the High and the Deep things are never written, because the limitations of words cannot encompass them. Therefore, again, he who reads rightly reads between and behind the lines, the words, the phrases. Therefore he takes each fact, small or great, into reflection and meditation, and they may distinguish and reveal themselves, as it were of their own movement, in the deeps of consciousness. Therefore, too, comment and explanation become a weariness and a false leading, except as they are seen and transmuted by the same process. And the more one knows, the more

23 MARCH 1950

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FURTHER COMMENT BY RILEY CRABB

The chart on page 12 is an attempt to combine several things. Through Mark Probert the Inner Circle gave Meade the idea of the three inter-locking circles as a way of diagramming the inter-dependence of the physical and etheric levels with the higher planes of the universe. I have super-imposed the three circles on the Kabalistic Tree of Life in its "lightning flash" aspect. This shows the descent of cosmic power from the Unmanifest down through the successive planes of consciousness or manifestation to the physical world. Meade refers to Netsach in his summary. You see it there as the seventh Sephirah of the ten Sephiroth.

Both the Eastern and the Western Mystery Traditions speak of the Seven Planes of Consciousness, but they also teach that there are seven sub levels to the physical plane. The three lowest levels are the world as we know it: solids, liquids and gases; but there are still four more sub-levels of physical matter, the ethers. Their Rosicrucian titles are given in the chart. Orthodox science is grudgingly admitting the existence of these invisible, intangible states of physical matter because this is the only way science can account for certain phenomena now showing up on its more sensitive instruments. The Inner Circle contends that Flying Saucers "emerge" from this invisible but very real etheric world, to the great consternation and disbelief of the material minded!

As for Gerald Light and his heart attack of October 1950. I agree with Meade Layne that this is a masterful interpretation by the Yada di Shi'ite and well worth intensive study by any metaphysical student who reads it. But to me the Yada's remarks do not confirm Mr. Light's experience as a Flying Saucer sighting! Furthermore, correspondence from Associates about Mr. Light, both before and since I took over as director of BSRA in 1959, gives no indication that Mr. Light followed or paid any attention to the Yada's advice: to stop his attempts to contact etheric beings, and to bring his vices under control.

Like many another would-be Flying Saucer contactee, Gerald Light had a consuming desire for contact with the Visitors from outer space. In my opinion he pressed too hard for personal experiences along a certain line of occult development. When he finally made a break-through he interpreted his subjective, psychic experience as an objective contact with a space ship! Then with Meade Layne's worshipful approval he was off and running! Consider his own interpretation of what happened.

"There was a distinctly bestial or vicious quality to it which alarmed me to the point of getting out of bed immediately," Gerald wrote to Meade. And near the end of his letter, "The vibration is slowly growing more intense but I believe I am getting somewhat acclimated to it. . . I wonder if I am being turned into a sort of receiving station for the Etherians. . ."

These revealing remarks, coupled with the Yada's warnings, should have alerted anyone who read them as to the dangerous course of action which this man had chosen.

* * *

"If we are creators, how is it we can create many material things but we cannot make a blade of grass, a tree or a mountain?"

"The mountain, tree, grass is all part of the universe. The grain of sand, your state of awareness has made it what it is. You have made that blade of grass.

"You have what is called five senses, that is what you assume you have - five senses. It is also assumed that man can know nothing apart from these five senses. The 'I' if you does not need to depend upon the physical whatsoever. As long as you do not know you have more than five senses, you do not have them. Today, Scientists have claimed to discover or come to the belief after many years of study, making application of what they have studied, that there is such a thing as telepathy. What is this telepathy; how does it work? Is it by any of the known five senses? No, it is not. Does thought travel in a wave from one brain to another brain? Is this energy force? It is not - though in future times it may be so measured as an energy, yet it is not. That is merely the three dimensional appearance. We have talked much upon what you call time and space, and we say there is no time and no space; that what you are existing in here is not space. It is consciousness.

"If you will study and make a comparison between your dream world and your (what you call) wakefulness to reality (hum, reality, I'll talk about that later). In your dream you have space, you have time, you have things, do you not? Isn't that so? Then how is this different than that. Now, if you call this space and time, have you anything to compare space and time with? No, it is consciousness. All that happens when you send a thought to another is that you expand your state of awareness.

"Friends, it is extremely difficult to put into any language, any spoken language, these great truths of life. Most of what the ordinary man hears concerning life is mumbo-jumbo, so that he shall not get the opportunity to understand. For the great religious teachers do not want you to know; for if you do, their day will come to an end. If you come to realize your own greatness, it will be the end of the priestcraft. They will build no more great temples, they will spend no more of your monies to build these vast temples where Christ is worshipped. No great teacher desires man to starve while temples are built for him. Man is rising up out of the dark ages. He is slowly coming into the light. He will continue on and all other things that are unnecessary for his growth shall surely come to an end. And only when it does, will man find his true freedom, his true paradise and his true nature. The blade of grass, the tree, the mountain - do you not see these blades of grass, these trees and these mountains in your dreams? What are they made of? Who made them? YOU! When man gets to understand this, then he will have his peace and paradise on earth and not before. Your Christian Bible tells you that you are your brother's keeper, and you are - but you cannot understand what a keeper means entirely until you understand yourself."

"Is that what Christ meant by His saying, 'I and my Father are One'?"

"Exactly, my dear lady: Of myself I do nothing, only through my Father which is in heaven do I do these things.

"Heaven! Father! Perhaps you wonder why there is so much suffering upon the earth. I can say many things concerning man in his religious aspect, but take him in his many aspects and you find much cruelty. What do you suppose brings this about? It is only because he does not understand himself that he stoops to that. Do you suppose if you truly love your brother you can harm him? And that is the

TRANSCRIPT #5

TRANCE LECTURE OF MARCH 23, 1950

CONTROL: Yada Di Shi'ite.

"Good evening, friends. I bring to you the love of the spirit world and the greatest respect of the 'Inner Circle'. I did for you, a few minutes ago, a mantram. A mantram is a prayer. Prayer is very necessary in man's life. It is much better if you know what prayer does; if you know the law of prayer. Man is forever seeking to understand his relationship with what is called God. Every race of man all down through the history of the world, has wanted to call upon a higher state of mind than himself. When I say 'higher than himself' I do not mean apart from himself, but I mean higher than the physical-being self. How many of you know of 'higher than yourself', your physical self? You understand that? It is necessary for man to understand that. That this 'I' of you is your God. In calling upon the God you are awakening your higher state of consciousness. You are not praying to a Being that is so many miles away from yourself; you are not calling upon a Being that is apart from you, but IS you. Man must waken to that understanding; otherwise he knows not what prayer is. He merely learns to mouth words, of which he knows nothing. But the religious history of man does not show that the priests of these various religions have made an attempt to enlighten man to the fact that he is God. Therefore, down to this time, he is still believing that this God is something that he must understand; that he must fear. All of his acts are accomplished upon the grounds that this God is watching him and will punish him for any mistake he may make.

"Is this the intelligent way to live? We of the Inner Circle do not think so. Godness and living in godness is merely living in wisdom. It is an intelligent way to live without expecting rewards for your acts. Every religion offers a reward for good and punishment for what is called evil. Such is the teaching of the priestcraft; it is not a fact. You receive your rewards for whatever your act may be. You receive it in that act. Man must waken to this. You, all of you, are absolutely responsible for everything that takes place in your life. You cannot have some other individual shoulder your mistakes, your responsibilities. This is the time when men must realize there is nothing in what is called 'atonement.' No great teacher ever came upon the face of the earth who could take upon his shoulder your mistakes, but man will not realize this until he comes to the understanding that he himself is a great being with a great heritage.

"Matter! What is matter? Whence does matter come? How does this matter take shape, form, design or whatever you wish? By whose will, by whose wanting? By yourself. You may think to yourself that these things are not true; that you could not possibly be the builders of this vast universe and the many universes in time and space, but believe me, friends, you definitely are. It is your consciousness; it is your state of awareness and by that state of awareness and by that state of consciousness you live, you create. But man, which includes myself (being on the plane of consciousness I am does not by any means exclude me from what is called man's being). Wherever we are - in different states of consciousness - we find ourselves building that world. Now I ask you, do you wish to debate anything I have said? Do you have any objections one way or another? You have a right to express yourself if you do. We do not say we know it all, because we happen to be out of the physical, chemical state of awareness. Not by any means. Man has a great way -- an endless way to go. Life is forever expanding. There is no beginning or end. You are the beginning and the end."

earth plane. If man is striving only to go from the earth plane to the astral and back again, it is alright. He has plenty of time and can go on as long as he desires to suffer like that. That is why great teachers like the Master Christ have come to the earth plane to teach man his great heritage, to save him from the terrible condition of going from the physical to the low astral and back to the physical, for there is just as much suffering here as on the physical plane. Don't think death frees you from suffering, for your suffering is not a physical thing at all. The physical-chemical body has no feeling whatsoever. It is matter. It is the same as this - (hitting the table). This (pointing to head) is where the suffering is. Perhaps some of you at one time or another in your lives have done something that your mind told you that you should not do. And it has caused you very great mental agony. The physical body isn't being hurt. No one is touching you. Why are you suffering? Because this is where the suffering is (pointing to his head). Even when the physical-chemical body is suffering, the pain lies not in matter but in the mind. Today you have drugs that you put yourself to sleep with so you will not feel pain. Do you apply these little pills to the part that hurts, so the place will stop aching? No - you put it into the nervous system that operates through the physical brain. It shuts off the channel to the 'I', the self, the mind, so you cannot suffer. Man is not a physical-chemical being; he has only taken unto himself this kind of form because he can be in rapport with physical-chemical matter.

"Now, I will not stay longer. There are others who wish to use the boy to speak through."

"I want to extend greetings from my friend, Miss Rose, who is almost in India now, and want to ask if you are looking after her," remarked a guest.

"Yes, we are and I was going to speak myself before you did. I feel sure we will make a contact with her in Bombay. We too shall be happy, we are looking forward to the experiment and you will please tell her that we send her greatest blessings of God."

"May I ask one more thing? You were going to find out if there is a channel in New York to come through. Sometime ago I asked you and you said you would find out if there is a channel for you to come through in New York," remarked the guest.

"There is a lady in New York that we have been experimenting with to see if we can get through her - a little grey-haired lady - and as soon as we have some assurance that we can use her we shall let you know who she is and where. And please do not forget to give our message to the lady in Bombay."

"Thank you. I am sure she is thinking of us. She will be there in three days. Thank you very much," said the guest.

"Just before I go I want to say that when I first came in I was calling on the God Ka. As many of you may know, he is known to your present day civilization as an Egyptian God, but it is the Self, the spiritual or High Self of the individual. I cross myself this way (crossing himself) and say 'E-NA-DA!' 'E-NA-DA' means the desire body. I ask for protection against every outward stimulation that would affect or impress the desire body too much. E-NA-DA also in the Yu language, means the death body. 'E' is the, 'NA' is force; 'DA' is death; but it is also life, because there is no death. I offer blessings upon the house, CA-SI-YA. It is one word. The last syllable 'YA' is spirit, so we have 'house-spirit'. Good evening!"

"Good evening, Yada, and thank you very much," respond all.

only sin man can commit, to harm his fellow man. If you don't learn to live right you are harming your fellow man when you harm yourself, for you are your fellowman. Be free. Feel free. Fear - man must cast this out of himself. What have you to fear? Just what? You talk today about your atomic war. You are threatening one country and another country is threatening you with destruction of the most terrible kind. Let me assure you that man cannot be destroyed from the face of the earth. There have been some of the greatest catastrophes that have rocked the earth from one end to the other, yet life continues. Life is the creative force and cannot be destroyed. Man is just now awakening to his greatness, coming into the path of light and understanding. Why should he fear he may be annihilated from the earth? This cannot be. And the loss of the physical body is by far not the worst thing that can happen to man. Sooner or later each of you shall not be on the earth plane. In what you call 'time' you shall make the change which you call death. What you fear so much is change - change to a greater state of awareness, a greater and more expanded consciousness. Your happiness lies right here; your unhappiness right here. You will take that when you leave, when you make the change; and by what you have done you shall live in this other state of consciousness in which I live. By what you think shall you make your laws. The greater grows the civilization the greater the strain. Man must learn to first relax his physical body. He must learn to go into what is called meditation, for only in that way shall he realize what heaven really is. Only then shall he know what paradise is. What have you to say about this?"

"Will it be necessary for mankind to go down into darkness and chaos before he reaches the light?"

"No, it is not necessary. The necessity of such taking place depends upon man's understanding. If the leaders of your nation and other nations have not understood and you, the people, sit idly by and attempt nothing to keep these wars from taking place, naturally you will reap the result of your non-action, for in non-action there is much action, believe me! Your new weapon which you call the hydrogen bomb - if this is dropped upon your earth it shall create a terrible tragedy upon your earth. It will burn up the atmosphere until it is a burning, glowing, mass; but that does not mean that the whole earth would be destroyed. That could take place in a part of the earth, and the continued action - or what you call the chain reaction - could be cut short. It does not mean it would eat up all the oxygen in the earth. No. If it is dropped near water - over one of your large oceans - it is likely to dry that ocean up. And if it is dropped on ground, it will send up vast clouds of dust which would in time settle down on the earth and these would result in radio-activity, and you can imagine the results. What is a nation to gain by using such weapons? They would not gain one bit. If your country dropped this terrible weapon on any other country, it would make that country so unfit it would be a detriment to your country and vice versa. When another war comes, believe me they will not use atomic bombs. They sink great fortunes in them, but they will use them. Your America alone today holds the light, and if this light goes out, it shall go out throughout the world, and it shall be not hundreds, but thousands of years before man finds his way back to his condition as it is today."

"How would such a catastrophe affect the spirit world where you are?"

"It would send into our world, as all wars have done, great hordes of unprepared souls. It would make our work almost impossible to carry on. It would take those who were sent into my world hundreds and thousands of years to awaken. They would be reborn back into the physical world again very rapidly, exactly as has happened today and happens after every war: there is a great influx of souls to you

"All knowledge is within; man knows everything. There is not need of knowledge, there is only need of awakening. Man needs quickening of his consciousness." D i

"Can we do anything to bring that about in ourselves?" asked a gentleman.

"Yes, you can bring it about by what Yada di Shi'ite spoke of - meditation; deep seated concentration; going within. Now there is not really a within or a without. It is merely an expression. It is only an expression for expanding your state of awareness. You need not go off to the hills to do this, you can become perfect in the practice of meditation by spending 15 to 20 minutes a day sitting quietly in contemplation or walking where it is quiet, away from the market-places of cities and towns. Meditate upon life, the wherefore of that, the why of this. How is it that a body can move here and there? Who and what is this 'you'? Once you get to understand and have your point of awareness or wakefulness or enlightenment come to you, you will surely understand the entirety of life. You will see why the suffering, why the laughter, why the tears, why the turmoil. Only when you understand these things can you be of true service to your fellow man for only then will you fear nothing. And when you fear nothing, you can walk into the darkness, foulest swamps of life, down into the dregs you can go, and come up clear, for you shall then be wearing the gown of wisdom. And the purpose of your going down into those conditions is to aid your fellow man. What are you thinking, Sir?" |

"I am just listening," answers a guest.

"Someone is thinking real strong. They are debating what is going on in their mind. How about you young man?"

"We are all thinking something," answered the young man.

"You are contemplating what is going on now; how much of it you can believe. That is interesting and we have a right to do that. That is what I want to hear from you. I want to know what you think. Of course, everyone contemplates because everyone is thinking all the time, every day and every hour of the day and night. There is no cessation from thought.

"I will leave you for now. There is another of the Inner Circle that will take the boy when I leave. We shall not bring him out of this condition you call 'trance' now. I am highly honored to be among you and we of the 'Inner Circle' ask only that you seek truth in life. Seek to understand yourself - that is important. Don't follow anyone's teachings, not even ours. Go and find the truth for yourself. Good evening." ←

Control: Professor Alfred Luntz:

"Let us have a bit of jolliness tonight. Everyone seems to be holding their breath. I was going to speak about your modern television. When the boy was at a television studio, someone wanted to put us on a weekly program. Wouldn't that be beastly? I cannot imagine myself being what you Americans call 'snappy'. I don't think the comedian there was very enthused about what we had to say. We of the 'Inner Circle', as we have said, realize the position you are in. We realize the financial difficulties you come up against. On the other hand you, I'm sure, understand our situation. We cannot sell this work for such a price."

"I'm certainly thankful you explained just what they could expect from you," said Irene.

Control: Lao-Tse:

"I am glad to be back among you. It has been a long time but I am happy to sit before you. I see many new faces and it makes me pleased. I know that our efforts are being rewarded. Many of you may doubt my being here, my personality overshadowing the boy. You may doubt the truth of it. Some may doubt it on the ground alone that such a personality as Lao-Tse would not stoop to come through an uncultured boy. He would not stoop to communicate with the physical-chemical world. 'Stoop', what a nasty word! Whether he be sage or whether he be peasant, how much greater is Lao-Tse than the one who calls himself 'Mark Probert,' who takes back his body after I depart from it, and from whom I take this body after he departs from it? What is this thing that departs? What is this thing that does not depart? What is the difference between the personality called 'Lao-Tse' and the personality called 'Mark Probert'? How can you tell who is who? Do you know? What do you base your theories upon? What is greatness? Do you classify greatness by what is done or by what is said? I was not known to have done anything, but if I said all that people said I did, I certainly said a lot! If you have read my saying, 'Those who speak know not,' then you must think I knew not. There is a great and constant controversy, not about the continuity of life so much as the ability to communicate from one state of consciousness to another. Why does man fight this? Especially is it true in what you call civilized man, because civilized man fights everything, mostly himself. That is why there is so much strain. He strives to grow. Did you ever see a flower striving to grow? A flower just grows, and it is most beautiful. Did you ever see a man trying to smile? Do you know what your face looks like when you try to smile? But if you just smile naturally it is beautiful. Let us just go along with life; let us not fight the stream. There is nothing that can happen to you that has not happened before to you. The thing you fear most is what you call the unknown. How can someone fear that which does not exist - the unknown? I have not come to stay long tonight for there are others that wish to talk too. I come to bring my greetings and love to you."

"It is always such a privilege to have you, Lao-Tse," remarked a guest.

"I do hope that another time I can stay longer, but I want to say to you I am at this moment listening for what you have to say to me. I'd like to hear from you."

"Don't we go along with the stream of life too much? Should we not make an effort and strive to learn to grow?" asked a gentleman.

"You have heard of the effortless effort. By that is meant a complete state of detachment from that which you do. Strive without strife. Don't live with what you are doing. If you don't become attached to things and ideas - even to my ideas - you will suffer less. Don't feel that what you are doing is so utterly important that you become lost in it. Don't look for results. Work for the work's sake; find the joy you get in the action, not for the results. Results will take care of themselves, believe me; and if you are attached when those results start to take place, hmh! hmh! That is man's mistake, and so he suffers. We come not to teach you anything, we come merely to awaken you to what you already know, and if we can say certain things in certain ways that will touch off the spark of knowing, you will come awake and say 'That is what I have been looking for; I knew it all the time but I wanted to make sure.'"

"Then is all knowledge within?"

ASTRAL ATOMS

thought for many years that an astral body or a ghost body is of such a light substance it can pass through your walls on account of its lightness and its lack of density. This is not true. The atomic structure of the astral body is much denser than your physical-chemical matter, much denser. The density of it comes about in this way: In the physical-chemical matter there is a radiation from the nucleus of the atom. This, in the last analysis, is heat radiation. It is the essence of the atom. Now, when the physical-chemical body gives off this essence in what is called death, the astral atom loses a great deal of heat. Therefore, its radiation is much less and the electronic field falls down toward the kernel of the atom, there by solidifying it to a greater degree, making it more compact. In this compactness it can pass through your physical-chemical matter by going through the electronic field; and it does not disturb the atom or the field whatsoever. Some of you here who are chemists or inclined to that sort-of thing, do you wish to debate any of those things with me?"

"Do you know what is true or what is fiction? Everything is debatable but what conclusion can you come to be debating, if any?" remarked a guest.

"Nothing but the exchange of opinions. You never know when you may find you can use an idea."

"The messenger boy in Homer or Plato covers 50 or 100 pages of discussion and neither of the parties achieved anything," remarked the guest.

"Now, may I ask you one question and I think you possibly already know it. What is there to achieve? A meeting of minds. Outside of that there is nothing to achieve. There is nothing to get and there is no place to go. You are already there. We always talk against what is called attachment, because one becomes lost in the belief that there must be some kind of reward or compensation for what we do or do not do. There seems to be always the desire to get, and there is nothing to get."

"Physical comforts make a road through life more endurable, more comfortable."

"Sir, a certain type of comfort is dependent upon the individual. What is important and a great comfort and joy to you may be a great burden to others."

"Continue please," remarked the guest.

"I do not know in which direction I may continue. If we have nothing to discuss, then I cannot discuss it with you - can I? You, I am aware, are quite modern in your thoughts. You see things in a better light than many."

"As you said, we are here today and possibly gone tonight or tomorrow - we do not know. Therefore, we try to live as best we can and do as much as we can. The environment in which we live is capitalistic. Therefore, it is right for us to get for ourselves the comforts to make ourselves a little less uncomfortable to go along the road of life. Shall we say more physical comfort such as an automobile, etc.," said the guest.

"Are those the real things in life?"

"How do we know, since what is there in life but comfort for ourselves?" asked the guest.

"Sometimes they call me the trouble-maker, I like to start things and then sit back and listen to others. The greatest love dies when it has nothing further to

"You know they wanted me to be more commercial; that we are living in a commercial world, and why could I not come down to their world and not be so blasted high-toned? We do not object to their commercializing everything, and they shall be paid in kind. But we cannot bring ourselves to become a party to it. We of the Inner Circle cannot deviate from our purpose. This work is of the utmost importance and we have used a great deal of not only the boy's energy but yours too, in the developing of his physical self for this kind of work, and we should only be playing false to our ideals and ideas in what we plan to do. So, if you don't mind we will avoid the television arena."

"And rightly so," remarked Irene.

(Addressing Harriet Foster): "We know how patient and loyal you have been; how hard you have worked these years to hold this work up to its high degree. Believe me, my dear, we are making effort in our work, but no less than you."

"I am happy and pleased to hear your kind words. I enjoy the work, but sometimes I'm afraid I may not get things exactly as they should be," remarked Harriet.

"You are a perfectionist. It is your nerves that make you a perfectionist. boomerangs on you, like all things that you put too much effort into. Shall I go speaking of similar things or listen to you? Sometimes I get a little bored listening to my own voice."

"I'd like to suggest a topic. Would you discuss life in your world instead of life in our world?" asked a lady guest.

"I'm afraid I may disappoint you. By that I mean I may show you that, even though you suppose my world is vastly different than yours, it is not. In my state of consciousness there is practically a duplicate of your world. We have vast hal of learning of all kinds. We have many different churches, we have an endless variety of clubs. How does this all come about? It comes about simply because that what man thinks on earth and he takes it with him and continues on that way. Do you know that the mental body that some call a ghost is just as solid for that state of mind or that rate of vibration as your world? (You are not going to meet up with something unusual, something strange or something awesome.) You will progress, but your progression will come about through understanding that these things are not necessary things for your growth. Just so long as you believe you have to have a special church, a special club, a special this and a special that, you shall have it. You can do precisely what you are doing in your physical-chemical world, in my world."

"Could we meet the 'Inner Circle' if we went over there today?" asked a guest.

"Well, my dear, on your side of life you have your own state of privacy when you want it, do you not? You can retire behind a wall, can you not? There are those on my side of life who know that what appears to be a wall is mental stuff, and when they know this, the wall is no more a barrier to them. However, in order for us to have privacy, we set up a mental vibration that acts as a wall against those who intrude upon us when we do not wish them. Now your walls - your physical-chemical walls - are no more solid than are the walls of the houses in my world. More than that, this wall that you look upon in this room, if you understood the laws of disintegration and reintegration of matter, and how to control it with mind, you could walk through your walls. Substance is not what you suppose it to be. It has been

was his untimely death; disintegration of his plane in the air. We advise you again not to do this. If I were one of them I should be afraid to come upon the earth. Friends, these craft come out of the condition called the Etheric world, When your scientists begin to understand better the laws of vibration of matter, they will then begin to see the possibility of such a civilization. This civilization has been known to many occult schools but it has not been given out to the people at large. ~~It has been known for thousands of years.~~ Every world, everybody within space which you call stars, planets, and all other things have an etheric body, right on down to the well (or unwell) known atom. Throughout all space there is a state called consciousness. There is no point in space that has not got intelligent thought in it. Now perhaps some of you have heard of the teaching which says your material atom or atoms do not touch one another. However, in the etheric world the atoms do touch. Their form of motion is quite different from the form of motion of your physical atom. Have some of you something to say?"

ETHERIC ATOMS

"In contacting these Etherians....how is this done?" asked a guest.

"These beings will allow themselves to become known to you in their own time; when they feel they will be safe."

"I wanted to ask, Prof. Luntz, could we get in touch with them through symbols?"

"It would be far better if you used a form of colored light signals and when these things are observed, to try to flash these lights upon them or toward them, At least it shall be a start so they will know that you are less to be feared. Your atomic bomb created more havoc than you can realize. It attracted more attention than any of your scientists know. It has attracted attention throughout many miles and miles of space. It has, to a degree, created a break in the ionized belt around your earth. Now this break can heal. Another one or two mistakes, however, of dropping these bombs upon your earth and the first thing you know this break will widen. It will let in upon your earth such terrible wind storms that man will rue the day bitterly that he ever set them off."

"That is what happened in the Yu civilization that Yada speaks of wasn't it?" asked Harriet.

"Yes. If you think for a moment this is idle talk, go talk with one of your highly scientific minds and see. I am not accomplishing that which I desired to do this evening; I was hoping I would stir up someone to talk with me.

"Friends, I do not want to hold on to the boy too long; it wears his body out; we have to take too much heat and energy from him; we do not like to do that, but before I go, I wish to say to you, whatever takes place upon your earth, whether in your personal and general immediate surroundings or in any other part of the earth, do not fear, do not become panicky, do not become worried; you shall find safety in this attitude."

"My daughter is having some trouble with pains in the back of her head and queer dizzy spells. I'd like you to look in on her."

"Will you please pardon me? I shall take a little 'walk' and see what is wrong with Irene's daughter. I shall be back in just a moment."---"Her blood pressure is quite low again; also she has some vertebra out in the spine. She is living under too much tension. She must learn to relax herself. She must learn to do this."

"I'll tell her, Professor. With three children it seems impossible to do this."

kindle it to keep it going. You may think when I say that I am referring to the physical world alone, but I'm not. One can carry a great love into the other realms of life and keep the flame burning, but it will burn gently and not with such destroying heat.

"Now so far as the person not knowing anything before he was born, I could debate that with you until the wee hours of the morning and the boy would get tired and so would you. What is this that gets tired and that knew then and does not know now?"

"You know there are a lot of things we do not know. I will say nothing rather than venture an opinion that may be considered foolish," remarked a guest.

"What is foolish and not foolish?"

"What in the eyes of the world does not agree with their opinions," answer the guest.

"If you believe in them they may be false to ten thousand others, but you are living your life, you are not living ten thousand other lives; then what you believe is absolutely true; there is no other truth."

"Nothing altered?" asked the guest.

"Then, Sir, you alter it yourself."

"What is truth today is not truth tomorrow," said the guest.

"Precisely, but this gets no one any place, because man could sit down and argue in a physical way and try to apply the overall picture in what he is saying, but he cannot do it because the overall picture covers many states and not only the physical one. Why, you may ask, do we come to talk of these things when we are quite aware of the fact that the greatest philosophers that ever lived upon the earth have debated such questions, and the unthinking will say they have gotten nowhere. But really they have. Each one has gotten exactly what he wanted, what he expected. The truth, whatever form it may take in your eyes, is the truth. You talk of your atoms in respect to matter. However, your scientists do not know where or how matter came about. More than that, they cannot see the particles that go to make up matter. They can observe the course, the motion that these particles have taken by the little streaks of light upon their sensitized plates. Man is a physical being only when he does not strive to understand more than that; all that he does know is that there is something moving; what that thing is that moves or who the mover is he has not the slightest notion, and he sits back in awe when something strange takes place. Speaking about strange things, what about your flying discs?"

"We have seen a lot of them, haven't we - they are becoming 'old stuff'," remarked a guest.

"It is not old stuff to the vast majority. Many people are indeed quite anxious, quite worried and some very fearful, and as this thing grows and these aircraft continue to appear, there is likely to be panic."

"In the beginning, somewhere around 1946, we mentioned that these aircraft should not be set upon, should not be chased down, for if you do you will bring trouble. However, one enterprising young man decided to chase one and the result

TRIANGULO BERMUDAS

CONTROL RAMOND NATALLI

"These stories you are hearing about abductions by the Etherians -- quite possible -- such things have taken place. Whole groups of people, crews and passengers of ships, more than that, whole races have been carried off into the Etheric, in times long past, when some great regulatory action became necessary in earth affairs. Individuals or groups carried off are provided for and taught; it is often a fine thing for them, at least for a few, and the others also progress. They live and die on the Etheric plane and reincarnate either on earth or on other levels; they do not, necessarily, enter the astral regions at all. The 'mysterious disappearances' are not always due to Etheric action. People sometimes blunder into atomic whirls in which the body disintegrates instantly. There's a fine way to rationalize this new dogma about the bodily translation of the Virgin. She was carried off by an Etherian or else stepped into an ether-whirl."

"About these abductions of whole races of people," said Meade, "is there anything in the teachings of the various Schools and Orders?"

"I believe there is something of this sort in the inner teachings of the Berbers," replied Natalli.

SEANCE OF DEC. 3, 1950

"The condition on this side of the victims of the atobombs is very bad," said Professor Luntz. "All explosions have an effect on the mind of the victims, but these atomic explosions seem to register more deeply. The consciousness of individuals has through years become accustomed, in a sense, to the idea and effect of ordinary explosions, but with the A-bomb there is a special type of radiation, and this has a mental effect over and beyond that of the explosion itself. The mechanics involved are very startling to the average individual."

"As above, so below," said Ramond Natalli. "There is much disturbance among the heavenly bodies and their etheric fields. The universe seems coming into some kind of vibratory action. And many strange things are coming from the sky in the next few months. Violent changes will take place in our solar system. Discs (Flying Saucers) and many other things will come from the sky. Is it not said, 'Watch for signs from the sky?' The ice falls are from the ether acting in conjunction with your atmosphere. The brick you spoke of was not ice; it was very smooth but not cold. Sometimes, as in the case of the Discs, the two worlds fall into each other. These things come from your low Etheric; it is the locale where the three dimensions of matter may be said to originate. . . Yes, these falls are adventitious, there is no special purpose or design in them; they have been going on from the beginning of time."

Yada di Shi'ite, head of the Inner Circle: "Within a months' time, friend, lies the answer that will either make or break the world's civilization. There is so much tied up in it -- so much that you do not know anything about. Were you to know it, it would sicken you beyond measure. You cannot imagine the festering greed that lies back of it.

CAIDAS

"I think there are times that she can lie down on the floor with her legs propped up and her arms crossed over her breast and relax for fifteen minutes a day. I would have her checked over by a competent medical man; I think he will find her blood pressure low and this causes dizziness.

"Friends, I do not think I shall talk further; I hope to see you all again some time. Before I leave now I say to you - the greatest thing in life is the pursuit of life. To understand this is to come into harmonious relation with the world you live in. God be with you."

* * *

THE GERALD LIGHT (DR. KAPPA) EPISODE

In Seance Transcript No. 4 Meade Layne turned aside from his original purpose of publishing only Inner Circle material, and began to include portions of the intriguing letters of Gerald Light. Judging from Light's letters, and from the Yada di Shi'ite's analysis of his Gerald (Dr. Kappa) Light brought a heart attack upon himself by his dabbling in occult practices. He then proceeded to color this experience with his own yearning for contact with the Etherians. Meade was eager for contact with the Etherians and apparently gave more credence to Light's experience than it deserved. At the same time Meade also apparently failed to note the direction Light's studies had taken. One paragraph from Light's lengthy letter in the original TR No. 5 will suffice:

"At present concentration is extremely difficult. My tendency to sit in something of a dreamy, remote state, as though I had no part in anything about me. This lethargy becomes so acute that I must struggle vigorously to shake myself out of it. It is not a meditative or contemplative state -- it is simply a kind of stupor, and very unlike my former nature. It seems to have come about as a result of a series of 'revelations' or 'illuminations' I have experienced recently, concerning the incredible bestiality and lunatic mentality of mankind.

How significant this becomes to one familiar with Goethe's "Faust" Remember the Devil's triumphant statement after he has left the presence of one of his prospective victims:

"Contempt your capacity to think,
Which is man's greatest power;
Welcome misty things and sorcery
And the spirit of illusion,
Then I shall get you surely enough."

There were eight pages in the original MPST No. 5, but only one contained any messages or discussion from the Inner Circle. These were excerpts from meetings which occurred at Mark's San Diego apartment in early December 1950. Meade also drew a few relevant quotes about Etheria from a conversation with Control Ramond Natalli on November 26, 1950. Remember, the Korean war was under way at this time.

At this time especially you must all hold on to yourselves and not permit fear to enter your minds; for the world is a living, vibrating mass of fear today. Man at large knows, if not consciously then subconsciously, that his civilization is coming to an end. The physical-chemical world is a world of violence. The very nature of chemistry is violent. It is your duty to aid those around you who know nothing of the inner working of life; for they will be filled with the fear of death. Yet five different times mankind, as a race, has been swept completely off the earth plane -- destroyed -- and yet he keeps returning; for you cannot destroy life. When you pass out of the physical body you go on to the greatest adventure you have ever dreamed of."

"Could you comment on the Koch treatment for Polio?"

"Yes, the Koch treatment is very good in cases of polio, but your medical world (prefers to see people die rather than give into any cure not authorized by them.) Polio starts in the mouth, or by way of the mouth. The Koch treatment is like a stimulant -- like the firing of a machine gun. It peppers the waste matter in the blood stream and causes it to explode. It is a combustion or oxidation, and this creates heat. As to meat eating; it is only those who indulge in constant meat eating who are seriously affected by the fear-vibrations of the animal. A little bit of everything and not too much of anything gives balance. My Asiatic colleagues are much opposed to meat eating, and if you feel the same way, then do not follow what I have said. If you feel that you are doing wrong -- in any act -- then you will suffer the consequences. It will give you a guilt complex and certainly help you out of the physical body." (This concluding paragraph was by Professor Luntz.)

(Meade Layne's footnote to the above paragraphs: At this writing, Dec. 12, 1950, the Controls have said there is some easing of the tension in international affairs and that definite outbreak of hostilities may be delayed until early spring -- though they still consider war inevitable, and indeed as already under way as most of us agree. All time predictions by the Controls have been tentative, as they repeatedly have pointed out.)

From the vantage point of March 1962, when the stencils for MPST No. 5 are being re-cut, we can easily see that the war clouds darkening the world horizon in December 1950 did not precipitate the world-wide conflict expected by the Inner Circle. This apparently was prevented by the Americans holding the line in Korea, and even more important by our not carrying the war on to the Asiatic mainland with our atomic bombs.

Not two weeks ago we had a private seance in San Diego in the apartment of Bryant and Helen Reeve. Mark Probert was there and the Yada came through to offer a few remarks. Among other things the Yada di Shi'ite made the flat statement: "There will be no atomic war!" This is most encouraging indeed and allows us to hope that the changes necessitated by the New Age may be accomplished with a minimum of destruction and bloodshed.

* * *

your light in their eyes it will blind them and give them more fear than before. Do not try to save the world. Do not make that your mission. Your mission is to awaken yourselves, so that you will become better teachers."

A change of controls and Professor Alfred Luntz takes over.

... a great light coming up from the ground floor to the 1st floor of a building. You have the same kind of consciousness. From the 1st floor one can tell what is going to happen on the 2nd floor away, and when, for a time, when first leaving the body, there is a small period of rest, a small blank or void. This is not always true, though. Some manage to make the transition in full consciousness. If the body has gone through a long period of illness, this break or void is a kind of rest period in which one is given the opportunity to more or less free one's self from the memory of that suffering.

"This may seem strange to you, but let us suppose I am still in my physical body. I could, on leaving my body, appear to practically any number of people simultaneously. They would see me and recognize me. Does this not point out to you something of the nature of consciousness? It is the ever-present present. I am not out here alone, as a single unit; I am the entire unit, all of it. People get confused when a discarnate being appears to several persons simultaneously; that is because they have been taught to believe that matter is a body, something apart. Were this true, telepathy and clairvoyance would be impossible. Everything is here, it is ever-present. One suited for such a thing could talk and see anyone who has ever lived on earth.

"Reincarnation. What is meant by that? What reincarnates? What returns? Nothing returns. It has never left! Only the belief has been suspended, that is all. This that you walk around here in, is consciousness, is existence and time. Perhaps we just have to decide what to believe in; then it exists, and becomes right and true and honest. Otherwise you could not believe in it. You would not know about it. That which you have consciousness of, exists; it is communicated to the brain from out of the Great Mind. Impossible? There are no impossibilities. It may be improbable but not impossible. Did somebody say something...?"

MARK PROBERT SEANCE TRANSCRIPT #6

January, 1951, the Tada di Shi'ite speaking:

"Anything can happen if you wish it strongly enough. That is right. What you think is what you are. You make your face and body from moment to moment. Every thought you think causes you to move in that direction. Smiles, brought on by something outside, make the muscles of the face; the skin becomes moulded to the action of the muscles. But when you get to understand life you will find it is unnecessary to cause the mind to work upon the muscles and your face will stay young, placid, calm. . .

"People that were sun worshippers did worship the physical sun but their teachers knew better and tried to point out the truths. Today you worship the physical man, Jesus, instead of the sun, Christ, wisdom & temple is as good only as the priests. If a temple is built only for money, one who goes there expecting nourishment for the soul receives only chaff. But it is your world, your life. We cannot tell you what to do about it. As long as you do not protest about this situation, it will last.

"In the time of Atlantis the people were put in chains, literally thousands upon thousands of them. They were put there because they were indifferent. Their feelings and protests lead them into slavery. The only way they could become free, they used; and that was by using mantras; by calling upon the elements to free them from their misery; by the destruction of their world.

"Look at your graveyards. Great, big, beautiful graveyards, while many of these still living may live in a very poor way. Great tracts of land are taken up to put a lot of chemicals in, so that some one can say 'there lies my loved one, I will come and bring some flowers'. There lies nothing! The loved one is standing by you -- and you are drowned in tears. A steel wall is put up by the ache in your heart; by your belief in a loss. . .

"Science! You have advanced marvellously in science but have taken almost no steps in wisdom. You marvel over intricate inventions, and labor long with mathematical problems to make the little bit of nothing called the atom capable of destroying you. Now, the atom has become a white elephant. You do not know what to do with it or without it. The real scientists are praying for some way to find out how not to use it. So sure as it is let loose upon your world, that world will fall apart. That which the bomb produces will split the ionized belt around your earth and let in some of the most dreadful storms the world has ever known. The Guardians of the earth, the Etherians, work constantly to keep you from using atomic power. The rest of you can only pray. . . Scientists knew of the dangers but do not publish them for fear of pain. The ionized belt is the magnetic or electronic field of the earth. . . it is somewhat like the thin skin of an egg that has been boiled. The earth is much like an egg in many respects. . . It is always best to let those who are sleepers awakened by their own efforts. If you shine

SPECIAL SEARCH FOR THE "OMEGA PROJECT"

At the home of Meade Layne, 3615 Alexia Place, San Diego, April 12, 1950
Present: Frank Edwards, Mike Wimany, Harriet Foster and Mark Fisher

"It is an honor to be here," said Professor Layne, "and I am particularly glad to have you here, a good friend of all of you. I am glad to see you at the home and in Professor Layne's dining room."

"Now we will begin with the questions," said Frank Edwards. "What kind of physical phenomena are spirit forces capable of manifesting without the use of developed mediums, or of persons who are not mediumistic?"

"Sir, in the case of mediums, as of those untrained or ignorant of mediumistic powers, a fully developed medium is one whose nervous system has become high strung, highly pitched, extremely sensitive, to be hair-triggered. Because of this the individual must have a good and understanding inner band; otherwise he becomes a psycho-neurotic, suffering with all kinds of obsessions. Now, one can be and often is born this way. It is due to some extent to the mother of the child, who she is carrying. Perhaps due to constant worry, but the nervous system and has affected her child, and this affects the child. He is constantly on the edge of things, and this expectancy brings on, sooner or later, a report of some kind of side effect. The child is born with a high degree of sensitivity."

"This mediumistic ability can be developed, but unless the nervous system can be brought up in its vibratory action, its extreme sensitivity mediumistic work will be impossible. For the entire body is kept here to only the normal rates of sensitivity."

"You will notice that some people can hold in their hands hotter things than others and drink hotter liquids than others. It is because their sensitivity is higher, not lower, and therefore it will take a greater amount of heat to burn or give the sensation of pain. Their sensitivity has risen above the three-dimensional sense of pain. This also gives a mental protection against the burning of the flesh. When the ancient Mahuns and others prepared themselves for fire-walking they did so with prayer. (They raised their sensitivity beyond the vibratory rate of fire.)"

"Is this a mental control of the tissues of the body?"

"It is a mental control, and this creates a heat within the body that produces through the outer heat a line of sweat, an oxygen-carrying substance, this protects the feet and hands from the fire."

"Is this a hardening of the auris envelope?"

"It is a form of that, but it is more a production of moisture that"

ALI BEN CASE ON THE SUBCONSCIOUS

"The subconscious reminds me of a spider crouching in a dark hole, silently and unobtrusively watching for the flies of suggestion to light on its web called the conscious mind, where it will instantly pounce on them, sting out their life called Reason and suck out all their body fluids called logic, to be turned by the process of digestion into a something made of inferences -- part of which will go to perpetuate the web of material consciousness, and part into its own world of imagination and dreams. The material consciousness, then in turn becomes the spider, and pounces -- with a great deal more caution -- on one or two piles of secretion called inferences caught on its web called the subconscious, and instead of killing it or them, as the case may be, it injects once more the exciting life of reason, and replaces its body fluids by bidding it to drink from the cup of logic, and thereby to become a bright and sparkling thing in the three dimensional world of man."

^{AUTOMATIC} ARAKASHI ON INDEPENDENT WRITING

"The substance used in independent writing is drawn from the body. It is a chemical. Now, as the person is wishing to receive an answer by writing, the entity desires to follow up what is asked of it, so it thinks, and as it thinks it draws this substance from the body, at the same time, a mental pencil is used, but it is not actually going through a writing motion. The substance is a form of ectoplasm but not the same substance. It is found in the kidneys and is very white and has a heavy density. It is a form of albumin. This is used in the writing on black paper -- and there is also some albumin. The mind of the entity thinks out what it is to be said and projects the entire substance of the conversation. That is why it is done so quickly, and also why you will note that there is no breaking up of the matter at the edges of the writing. It is particularly smooth. This you will not find in contact material writing. Have you observed that? That is one way of telling authentic independent writing."

→ This is a very acute observation by the Control, writes Meade. I have often examined black paper "precipitated" writing under magnification, and have noticed the appearance mentioned.

NATALIE ON THE COSMIC RAYS

"In my point of view the Cosmic Ray originates in the sun. But there are many suns, and many much larger than the one in your galaxy."

"The present opinion of scientists seems to be that these rays do not originate from the sun," said Meade.

"Well, I say that it does. It comes from all suns and spreads out through the entire universe. It has its good points and its very evil points. Harnessed and worked with, it can be used for both good and bad purposes. Some energies that make up the cosmic ray dry up the tissues of the body faster than the glands can secrete."

"When you speak of the ray, are you thinking of a flow of electron particles?" "Yes, that is what the ray consists of."

Psychic Points

if someone keeps working at it. I do not, however, have great belief in the possibility of this.

There have been instances in the electronic field," observed Meade, "sometimes speaking foreign and sometimes archaic tongues, picked up, voices apparently not coming from our plane."

They are not directly in your plane, however, but in the etheric plane, as it were, and are properly to be said to belong to the realm of the "psychic" rather than to that of "the memory of Nature."

Yes, in the low etheric plane, that is where these remain."

Such things have been foretold in one of our comic cartoons, "Alley Oop," where a time-projection machine is used," observed Frank.

"That, sir," replied Professor Luntz, "is not a facetious thing. The time will come on your earth when you will see a machine whereby you can project yourself back into the past, or forward into the future."

Professor Luntz," said Meade, "is your atmosphere our atmosphere? He said that this is so, and that our voices are heard in it. If this is so, then it seems that identification is possible."

Your atmosphere is not truly our atmosphere, for we have not the physical connection with the Earth consciousness unless we reach directly to it. We are not conscious, for instance, of the heat or heat of our sun, moon and stars. It is more like a dream, or a state of mind, in which we have no conscious connection with the world unless called upon or consciously sought. You will please excuse me now. I shall go so that Professor Luntz may come."

Professor Luntz withdraws from Mark's body and Harry LaVerne Twining comes in.

"I am really thrilled to get the opportunity to talk to you again, and it is a wonderful thing to be able to bridge the gap. I wish to express my gratitude to Mark both for the work he continues to do, and for giving me the opportunity to speak through him. As a young man I did a great deal of study along these lines. I experienced many contacts in different parts of the United States, and I witnessed and participated in many of these things, but none of them was actually going on. Now I find myself on this side of life and trying to communicate with you. What can I now say that will enlighten the endless quest?"

He spoke of the change of temperature in a seance room. Perhaps you know that for everything you do there is a change of temperature, which takes place either throughout the body or in parts of it. The flow stream in its activity of coursing through the veins produces a friction electricity, and this friction electricity throws out an elec-

... called heat. This that is called heat can be rapidly reduced to frigidities, extreme cold. For heat and cold are but one and the same thing, the changeover or change of motion of the molecular structure by this transference. I believe you mentioned the possibility of transferring the ability to withstand heat or cold -- this is a transference of the thought, which produces an equal amount of heat and therefore

... substance to... it is the action of the... that it is mind -- but what more can one say? I am afraid it will have to be gone into deeper to find out what is the character, the nature of mind, in order to understand these things better.

"May I not also make a comparison of the heat idea to that of an extremely small person lifting weights far beyond his normal capacity when the necessity arises? Is there not an observable connection there? It is the same that goes for the healing of our bodily ills, broken bones. Have you any other questions?"

"Is it essential that you have emanations from living matter to exert any sort of energy affecting physical matter?" asked Edwards.

"That is what we are really after. We want to know specifically if it is possible to establish instrumental communication between the mental and physical planes?" asked Meade. "That is, can people in any way affect matter without a human medium?"

"We are going to use a contact of our kind with your world. We have a living organism of some kind to work through. This is the case, or something like it, three dimensional -- we're into the picture. We have to be able to install or impress upon a here-living mind, so that it will be able to work on the brain cells of an individual and in this manner change the content of the glandular system to such a degree that it will produce heat energy in sufficient quantity for us to work through. We must be able to stir up a here-living mind to go into brain action."

"You can't use the energies of plants or animals?" asked Meade.

"We can use the energies of plants or animals, yes; but not until we have made and held some special preparation -- what might be called subconscious connection with a human being."

"Does that involve any kind of mechanical device unless the instrument is made sensitive on its own?"

"You could use it in experimental ways, yes; but it would not be able to become a large-scale thing, I do not think," replied Lunt.

"Do you yourself think communication through instrumental means hopeless?" asked Meade.

"We do not like to say that anything is hopeless, so that one might as well not try. And who knows, it may prove to be possible."

fact that these houses have been lived in has created sufficient physical conditions that have been left in the atmosphere of these houses, disseminate being to work in agitation, for one thing, etc. these create stresses in the atmosphere that you can use to our advantage, although many of us are not aware of not utilizing it.

any degree of potentialization be attained by the use of a device without recording personnel asked Meade.

"It would be very difficult to prove, because who is going to prove that it happened?"

"It could be proved by instrumental means," replied Meade.

"No, because the minute you set up an instrument you have set up a mental desire to prove it and left it there. Has it not often been shown that where a sheet of paper and a pencil were left in an empty house, writings were found on the paper? So, this shows that the bodily presence of a person, of a human being, is not required -- only the desire or conscious thought of what you were doing it for."

"Could a device like a Wheatstone bridge be used if the variations in temperature could be made rapidly enough to simulate the fluctuations of the human voice?" asked Frank.

"Yes, to some extent. I am using a device with a rotor in a bottle, not connected with any electrical source. Did you mean that?"

"Just the general experiments you have been working at. What I am thinking of is this: Is there any way that you can delicately adjust one of these recording machines so that it can be, by some chance, moved by one of us so that it will start operating when one of us speaks, so it could be recorded?"

"Yes, by thermostatic control, I believe," replied Frank Edwards.

"Then I would suggest that you start conditioning a small room to these things by talking a great deal about them in it. Then, at night, when your instrument is adjusted, close and lock up the room and keep it in darkness. Then we will try the experiment of speaking in that room to see if our voices will be recorded."

"Would the presence of living plants be helpful?"

"Flowers, yes, they would be very helpful. Set your vase of flowers in the room and have the temperature of the room somewhat above normal, using gas, electricity, any form of heat. Cold has a deterrent effect on psychic manifestation, even though we are not conscious of the temperature."

tronic field outside of the physical body. Did you know that? In all motion there is an electronic field produced, and when this magnetic matter is thrown outside of the body, it causes motion by itself, changing its motion. We reduce it from a high motion which gives heat to a low one which gives a cold breeze. It is a film of water, or hydrogen-oxygen particles. The physical body, of course, is about 70% water, and when you come into my plane of consciousness, you bring your astral body into the consciousness. The astral body is made of etheric matter, and you sense a softness and a gentleness. The astral body is 98% oxygen and hydrogen.

"The astral body is 98% oxygen and hydrogen?" asked Meade.

"Yes. This is the reason for that cold, blizzy feeling. And it is at a low rate of motion. Now, this is not necessarily the body that we live in constantly, but it is the one that we can make you feel without your seeing us. Temperatures are due almost entirely to friction, a high or low quality. An atom of matter that moves in your atmosphere has its own magnetic field, and it is produced by friction -- the rate of motion of the atom in your atmosphere. Without friction there can be no electronic field."

"In these conditions," asked Meade, "can you not produce an effect perceptible to some senses without the operation of the consciousness?"

"Always," answered the speaker, "as long as you are in my consciousness."

"Just as here," living consciousness, "we are not consciously aware of it?"

"No, you must have conscious awareness of it."

"I have thought of constructing an electrical device that would be in a state of equilibrium at room temperatures but would be unbalanced with temperature changes," said Frank Edwards. "Could you cause temperature changes to vary rapidly enough to simulate the fluctuations of the human voice?"

"You may have observed the fact that in the vicinity of a stove, room sound must be produced to get the heat reaching the ears. It is on the molecular motion called sound that we get our kind of physical phenomena. These are the things that you must know if you are going to learn more of what is going on. Heat and sound, they are the keynote of all psychic phenomena."

"What specific problem should be attacked in solving our problem of doing without a medium?"

"Meade, as far as I have been able to find out, this has been done. Now, you may doubt this, considering that you have quite a good understanding of what is called 'haunted houses', in which it appears as if a living individual is taking an active part; but this is not so. The

"Can you give us an idea of the amount of change of motion that would take place, so we can set a machine for it?" asked Mike Wiman.

"It is our wish to set the machine in motion by temperature changes, not mechanical means."

"But if we left the machine connected to a thermostat, you would not need to go through any actual operations, because the change of temperature would do that. What amount of change would be necessary?" asked Mike. "We want to know that so we can arrange the thermostat accordingly. I don't want time and effort wasted. I suppose you know how impatient I am."

"Yes, you are," replied Twining, "but you will be able to do a lot with this work if you will not allow yourself to become impatient. And watch your imagination! You are extremely sensitive and alert. Do not let it run away with you. Now, as to motion, the moving of the machine, I would rather you left that to us."

"We can have a very sensitive thermostat," said Neade.

"Yes."

"I should like to ask a question that has been long in my mind," said Mike. "We were speaking a little while ago of your communicating with an uninitiate on this side. How effective is the factor of high desire?"

"Now, don't put too much push into your desire, for it will throw up a block. Be relaxed. Don't expect any specific things; don't think of the product of your work, just work towards your ideal goal, quietly and without excitation. That which is rightfully ours comes to us, not by striving too much."

"You mean that desire has no effect if the uninitiate has not made himself worthy?" pressed Mike.

"Sir, it is not so much a worthiness, but a calmness to attain without setting a time for the attainment. Allow things to flow to you."

"I have had some experiences that have led me to think so," said Mike.

"Yes, Now I must go, but I wish to return and talk more and perhaps with greater effectiveness on these things. Before I go, I should like to send my greetings to Mrs. Probert. I remember when I was with you all once, and I, too, went under control!" Twining withdraws.

Two years earlier, while still in the flesh, Professor Twining had attended a Probert seance, and himself passed under the control of an Indian guide who talked for a few minutes. Twining was head of the Mathematics department of a large Polytechnical school and was also a highly competent chemist.

* * *

"about them until man knows more about what is called the Etheric" continued RAMA-KA-LAO. All things on your plane, all things on earth, even the earth itself, come out of the Etheric. I do not understand why it is so difficult for science to accept the fact that these flying objects, not only the saucers, but all of your strange craft, are brought into being spontaneously. Your bible says the world was made in six days; it does not say how it was made; it merely states it was.

"Do these craft come from the same place as the discs?"

"They do; their purpose is of good will. As long as they are not molested, they will not molest you, but as I have said too, in the past, and I see my saying so has done no good, that they should not be pursued, because in all cases, will destruction come to the pursuer. There is a famous saying among you which goes something like 'Fools rush in where angels fear to tread.' A child approaches a fire and touches it and becomes burned because he knows no better, Only through knowledge, through experience will we know. Sound is one of the causes for this sudden appearance of these objects - sound. You blast the ether with atomic energy, your radar streaming through the ether - opens the way for them.

"They create effects in the etheric levels?"

"Yes indeed."

"Is their appearance in unusual numbers in connection with any great impending event on our side?"

"Partly; and partly to the idea that your form of civilization is rapidly reaching a peak. All civilizations as well as all individuals, reach a peak and then go down; life is one continuous cycle."

"The point of contact is to study us and observe?"

"Yes, for future civilizations. You do not suppose that because your time vaults that you have buried in the east are made of steel and concrete that your destructive forces can not destroy them?"

"The release of nuclear energies?"

"Yes; so some history must be kept of mans present accomplishments, and it will be given back to him when the great disaster has come and gone."

"You said our civilization had about reached its peak?"

"Yes; with no intention of bringing unhappy thoughts to you, the one great and marvelous plan of life is that nothing can happen to life - only change. I go." (Control departs) *

TRANSCRIPT # 7

The notes are NOT verbatim, but are a summary of a an 8-10 minute discussion. Yada Di Shi'ite, the Rajah Natcha, and Professor Luntz all communicated on this occasion, but some confusion in my notes (ML) makes me hesitate to identify the "CONTROL" - and in this instance an ~~identification does not seem very important.~~

Concerning "timeless experience:" in addition to the hypothetical sound, one might mention the pressure of air on the body, the magnetism of the earth, the cosmic rays, and a number of other continuous but unperceived energy-factors in our environment. Light and darkness are experienced by brain consciousness only by means of their termini or modifications; space is not perceived at all, but is for us a postulated somewhat marked out by "objects." Magnetic and electrical fields, radio waves, innumerable emanations and radiations must be in incessant fluctuation; i.e., they are permanent factors of our environment, but by no means changeless. We do not perceive them because of the limitations of our sensory apparatus. They are "timeless" so far as our brain consciousness is concerned, but apparently Control would rate them as "experience" - and th^t argument from hypnosis sounds like a good one, IF hypnosis can indeed go as deep as this. It is not a question of recalling a forgotten experience, but of bringing into consciousness an "experience" which was never in brain-awareness at all

LINGFORD IS IN CONTROL:

"... Your Christian Churches speak of the evils of spiritualism, but there will come a day when the vast majority will understand that contacts made from our plane to yours are necessities of their existence. Then the door between the two worlds will be thrown open - death will not exist."

"We doubt that our culture will survive long enough to make that possible," said someone.

"I am afraid it will not. There will be such a calamity in the future that it will seem beyond any doubt the end of the earth. But it will not be so. It will be the beginning of a great and marvelous earth life for man."

"Will it be a man-made calamity?" asked one.

"A bit of both, because your minds will stir up various forms of destruction until the very earth will react to it. Man through his thinking governs even the elements. But I am getting philosophical, I had better stop."

RAMA-KA-LAO is now in Control --(Medium walking around when Control takes over)

"I'm sorry," said RAMA, "that I caught the young man on his feet but I will take care. I wish to talk about your so-called flying saucers. You know, these things will be back and forth into your world, and as I have said in the past, nothing will be discovered

"It may not be differentiated on the level of brain-consciousness, yet still be experience."

"Let us suppose a continuous sound - one that went on 'forever and ever' all one's life, and without fluctuation, always the same sound and never stopping. I suppose one would not be aware of that at all. ~~Would that be an example of what you mean?~~ I suppose one would become aware of the sound only when or if it stopped. Do you still call such a sound, an experience?"

"It is to be called experience, because it exists - and exists in consciousness, tho' not in consciousness at the brain-level-- and because under hypnosis a memory and knowledge of it could be revived. It is experience by a larger Self and is registered by that Self, but there is no change in it, hence nothing to distinguish it or to show a flow or motion in it, so the brain-consciousness is not aware of it.

The RAJAH NATCHA is now in CONTROL:

"In the past," said Natcha, "I have come into contact with the Ballards. They have a lot to pay for. They have caused a great many people to become obsessed by the ignorant use of Mantrams. If you do not know what the expression of words does, you are bringing a great deal of trouble to yourself. Mantrams have to be understood by the Ego and the Personality. They have to be put forth in a certain manner and cannot be used flippantly and by the ignorant. They will be like boomerangs and come back upon you.

"You must use Mantrams which are suited to you, and you must find them in your meditative hours. I cannot suggest to you what to use."

"Is there any connection with numerical values and vibratory rates?" asked someone.

"Yes, there is - certainly."

"Is there any advantage in using two or more words of the same vibratory rate, in a Mantram?"

"Yes, these things have been worked out by the Great Ones. The letters of all alphabets have their mystical equivalents. One number is more potent than another, depending on what you are using it for. One healing mantram will work better than another, depending upon the numerical values in the name, the date of birth, the things concerning the person for whom the work is being done."

"Is our (?) system correct?" asked Meade Layne.

"Yes" said Rajah Natcha.

"Should the mantram be made with respect to the numerical vibration of the patient?"

AT ANOTHER SEANCE:

"Consider the case of a man who has lived to a great age, so that what are called the lower desires of mind-and-body are dead in him - not thru any merit or effort or wish of his own, but simply because of the processes of age --"

"The reason such desires are," interrupted the CONTROL, "as you say, 'dead' is to be found in auto-and hetero-suggestion. The mind of man, that is, of the group, has indoctrinated the individual with the idea that certain desires and the power of the body to respond to them must die out with 'advancing years.' But desires never die out, unless and until they are displaced by a stronger desire - i.e., the greater desire to be rid of them."

"And when such an individual dies ----?"

"Every desire which has not been overcome by the greater desire I referred to, will continue to exist in the after-death life. Hope, fear, love, passion, greed, desire for power all continue. Death does not slay them. Only the desire to grow, to evolve, to transmute desires and forces can cause them to disappear. As to sex, it is one of the weaknesses of spiritualism that ignores and glosses over (as if indecent) the fact of the persistence of sex desires in the after-life. Sex force (the Kundalini force) is basic to all psychic energies; the problem is not to suppress or repress or destroy it, but to transmute it into other forms. This transmutation can be effected whenever the 'other forms' are seen to be more desirable - when the 'higher' desire and hence the will goes to work at the task."

"But, now, consider the case of, say, a drug addict. He may truly and passionately desire to escape the bonds of habit, but his body will not permit him. The suffering of the body is so great, when deprived of the drug, that the 'higher' desire is beaten down by it."

"The consciousness of each tiny cell of the body is dominated by the suggestion that the drug is necessary - that is, that it is a 'good,' and deprivation an 'evil.' Hence the revolt and the suffering. The physical body is lost at death, but the fixed idea is not lost, and the entity still has a body, and the hypnotic spell continues its sway."

* * * * *

AT ANOTHER SEANCE THE CONTROL SAID:

"Yes? What is it?" said the CONTROL.

"I said nothing - did you catch my thought? I was on the point of asking you, is there such a thing as a timeless experience?" asked someone in the group.

"Yes, there is" said the Control.

"But it seems to me that a timeless experience would be undifferentiated, and hence not an experience at all."

"Yes, because if not you will find that the numerical vibration will not be right. The same numerical vibration must be carried through. through..." said Rajah Natcha.

"What if you don't know the numerical vibration of the patient -- suppose you do not have the date as to name or birth date, etc."

"Then you must call upon your Higher Self for help, and use a mantram you know has worked before."

"Which is most important -- the Christian name or the family name?" asked E.P.

"The family name. For John Smith, for instance, use Smith."

"In the case of a woman -- which should be used, the maiden name, or the married name?"

"That involves a great deal of trouble, but if you have the time, it would be best to use the name under which the person had been born, whether it has been changed or not."

"Even if the person has been married a long time?" asked E.P.

"Even so, that is not the name she came into the world with. If you go into the study of Numbers, you will find that a great deal of your life's pattern is governed by numbers. Today a great many people, not knowing these things, call them superstition."

"Have you any word for us in connection with Dr. L's obsession case? Would the use of mantrams be indicated there?" asked M.L.

"A use of mantrams along with powerful suggestions, spoken suggestions. I do not know that this now will work, because this woman has caused her aura to be very badly torn, and unless passes are used along with it to heal the aura it may not help."

"What kind of passes?" asked M.L.

"That I do not know, because I do not know the personality; I do not know her state of mind. A lot depends upon her ability to understand -- the patient's ability. Now, this curing process could be worked away from the patient, but it would take a lot of patient meditation -- a lot of energy from the mind of whoever is acting as the healer."

"You do advise that Dr. L. use passes in healing this patient?"

"Yes, passes should be made and mantrams at the same time. I think, if you have the ability to do so, it would be well to formulate some of these mantrams and send them along to her."

"I will, as soon as I can get the patient's name. Would Latin translations be better?" asked M.L.

8-06

"Yes," replied Rajah Natcha, "in her case Latin would be best."

"Is there some special value in using the Latin or Hebrew?"

"Yes -- the old Hebrew is better understood by the self."

"In insulin shock cases -- is there any had effect on the aura?"

"There is no lasting effect on the aura; on the body, yes. The use of insulin has a strong tendency to form particles in the veins and to cause finally sclerosis of the arteries."

"But has it not been used successfully in obsession cases?"

"Yes -- you know what is known as 'truth serum.'"

"What of the effect of that?"

"In many cases it shuts off the small veins running into the brain. This causes convulsions that may wear off after one or two attacks, and may not. These attacks may continue over a period of time and eventually kill the patient."

"Aren't the doctors aware of this?"

"I should think they would be -- but, if so, why do they use it?"

"Is static electricity better?"

"That is the best."

"Is it important to have a medium present in obsession cases to take over the obsessing entity?"

"No, it is not. In fact, as I understand it, it would not be a good policy to have obsessing entities enter in a promiscuous manner the body of any medium -- even for the purpose of relieving an obsession."

(The Controls have, however, spoken approvingly of the well-known work of Dr. Wickland. It seems probable that Natcha is here generalizing, and prot acting himself by using the word promiscuous. The percentage of recovery, in cases of so-called insanity, under the Wickland procedure was very high; yet an inquiry made several years ago by one of our Associates showed that there was not a single 'mental hospital' in the State of California that would even consider obsession (by an incarnate entity) as among the possible causes of insanity -- to say nothing of employing a therapy based on that hypothesis. Yet obsession has been recognized from the dawn of history and is a truism of 'occult' knowledge among all races. But it is difficult to speak with restraint of the criminal smugness, ignorance and bigotry of contemporary psychiatry as touching this subject).