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Irene: This is September 24, 1958 in the home of Mr. and Mrs. F. P., Parma, Ohio. We are holding a lecture for a small number of people tonight. I think that is all that I need to say. Yada is the only one of the teachers that usually places his hands in the lotus blossom position. Yada always speaks in his language first before speaking in English.

Yada: Senas et Senahas ena Yada de Shi'ite.

Irene: Good evening, Yada.

Yada: A notchi.

Irene: We have a few people here tonight that haven't heard you speak before. I want to tell them that when you say Senas it means ladies; Senaha is gentlemen. So he is introducing himself. He is saying, "Ladies and gentlemen, I am Yada de Shi'ite." That was the language that was spoken in the Himalayan Mountains 500,000 years ago. Yada lived in that civilization in a city called Keote.

Yada: Speaks in his language. E grati ya.

Irene: He is thanking Mr. and Mrs. F. P. for inviting all of us, you people and us, into their home this evening.

Yada: Speaks at length in his language again.

Irene: Yada is telling you that he has been coming to the people on earth to speak of life. Gathered from all over the earth are groups of people to study Ya, or Spirit Life of people, the Teachings of Life. Is that right, Yada?

Yada: Au kee. Speaks more in his language.

Irene: He says he knows you do not understand his language but you will understand English, so he is going to speak English now for you. (Yada turns to Irene and remarks about the machine - Cheta) Cheta is a machine, any kind of machine run by force. It is the tape recorder he is referring to now.

Yada: My honorable friends, we of the Circle greatly appreciate your kindness to invite us into your home.

Irene: There are sixteen members of the Circle that talk through Mark occasionally.

Yada: My friends, if you can forget for the time being the idea that you are communicating with a spirit of the seeming supernatural approach, if you can forget that for a little while, I think we can talk about many interesting things.

Irene: Thank you, Yada. This is a program completely different from a so-called public program. Yada usually gives a lecture and then he asks the people to participate - to ask questions, but this is your program tonight, so ask your questions. Yada is waiting.

Yada: My friends, perhaps it would be helpful for me to talk a little while about the mechanics of communication. Also what is happening to the consciousness of one in your physical world that is departing the physical world. I think you would find some interest in that, because all that are born into the physical world are subject to change without notice. That is the nature of life. Very few are born with pre-knowledge of the time when they are to be projected into the physical world and very few when they are to leave. There is an old saying that, "In the midst of life we are in death." For those who do not understand the nature of life, this may seem like a very sad, dreary thing to talk about, morbid. But for those of us who are truly wanting to know what is going on in the country beyond, where we, the travelers, are going, I think it not a morbid conversation but a very necessary one and a bright one, a happy one; an intelligent thing to do. For you, any one of you sitting here, if you are going to some other country surely you would like to know what it is like to be in that country, what to expect and all that kind of thing. I think it would be so? Aud: Yes.

Now I want to start first by saying, and I always try to do this, that I am not a spirit. I am not what is called a discarnate. I am not a spook. I am not a ghost nor an astral shell. All of these are tags and labels which man understands but little. I am a consciousness, like yourself. Only thing is you have your skin on. I don't have skin on. There will come a time when you will not have skin on, but if you believe that when you pass from the physical world and leave the skin off that you are going to be a spook, you will be a spook. A spook is one who knows not, who wanders around idly looking for trouble generally a finder of trouble. A spook is a haunter. A spook is an obsesso

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You don't want to be that. You want to be a consciousness, and the best way to do it is by passing from the earth consciously, knowingly. You are not afraid to come here so why be afraid to go? Now you may say, "Well, I have no recollection of life before I came here so how could I be afraid?" You have recollection of it all right. It lies in a part of yourself that man has come to call the unconscious. I do not like the word because it does not convey any true picture of the nature of what has happened or what is regarding the so-called mind. Unconscious, subconscious, conscious; man likes to cut these up into pieces. There is only one state, only one alone, and it is called the consciousness. Everything is conscious. That means everything is living but it does not necessarily mean that everything is (self-aware), because it isn't. But that is the nature, part of the nature of life. For everything is seeking to become self-aware. Everything is conscious, but not everything is self-aware. It is seeking; everything is striving for self-awareness.

Now, the greater majority of human kind comes into the world with no will or desire of their own consciously. They are pulled into it through what is called desire. Not being able to break this chain of desire, we become automatically pulled back into the world of desire. Now this does not mean there is something evil about the world of desire or that desires are evil. It is not so, because all the physical world is born out of desire. We may say the gods of creation are gods of desire.

But when we become self-aware, when we get to know what, not who, but what we are, then we come back into the physical world and go out from the physical and in both cases, going and coming, we will not be caught up in our acts emotionally. This is the trick of it, not to be caught (emotionally) to know what you are doing; to have true knowledge of why you are coming and why you are going. Otherwise, you become or will be, like what is called the grasses, the plant life and everything else that has no self-awareness. Going and coming through the same window, in and out the windows. You know? So we want to come to the world consciously. What for? Why do you want to come? There is purpose, design, reason for coming and going, and for everything concerning life, purpose. But there is no purpose when man does not live consciously, when he lacks self-awareness. It sets him to wondering how he got here, what he is doing here. Sometimes he says to himself, "Oh, why did I go into the physical world, I did not ask to come here. It is nothing but pain, constant pain. Better I was not born at all." But when we come to know we do not further question for we have no reason to question. We do not try to change life when we come to know. We know that everything is and is as it should be and we go with it. In our not knowing we go against life and there is the trouble, there lies the pain.

Irene: Yada, when one does become aware is it sometimes necessary to continue coming back through the biological path?

Yada: Sometimes, yes. The individual finds it a worthwhile thing to do, to come back and take that path back into the physical world so he can be of service to his fellow-man even though he may know it is not necessary to take the biological path. Even though he realizes he can manifest a body as he needs it, where he needs it, do his work and depart again without going through that. But sometimes there are beings that take that path anyway.

Lady: Could I ask a question?

Yada: Yes.

Lady: Is reincarnation a universal law and necessary for earth people?

Yada: First I want to say to you; remember that (I am making words, do not put too much faith in what I say) Just because I am saying it, I, Yada, it does not make it true. Remember this, no matter what I say because I say it, does not make it true. Life is yours, for your learning, for your seeking. I am acting as but a point, that you, through your desire to know truth, may agree upon it, but continue to seek in many other directions anyway. So do not take for granted what I say as being the ultimate in truth or the last word. I say this; yes it is a universal law, that is what I say. Now it still demands for you to discover whether what I say is true or not. Nobody should become your last word in authority, nobody but you on any subject at all.

My friends, there is too much adoration of sources of authority, too much belief in it. Man has to be individual, has to learn to become his own authority. You go everywhere. For example, you know the bees? The bees go to all different flowers gathering honey. One flower is not enough it must go to many. You are a gatherer of the honey of

life. It is called "wisdom". Nobody can gather it for you, but you. ←

Rebirth. Reincarnation. Sometimes you can look at these expressions in two different ways. Rebirth can be done mentally, one does not have to die physically to be reborn. Indeed, part of our rebirth must be done mentally, must be done mentally. One must be reborn mentally before he can be reborn physically and you do not have to die for that. By that I mean you do not have to go through, the body does not have to go through, desolation. Rebirth is what man is seeking for, it is the coming into the Light, Light of Wisdom. Most humankind go through endless deaths of the physical structure. As I said earlier, they go in and out the same window, not knowing, not learning very much. 3

Man: Here's a question. You used the expression or said, "most humankind". Two or three times previously you used it. Once in connection with "most people when they come into this conscious state of life as we know it, had no desire to come into it."

Would you clarify for me why you used the expression, "most people". Are you suggesting there are some, or a very few who do come to this life of their own desire, of their own volition, or who live a normal life as we know it, having had previous past lives and experiences. If there are people of this nature, why are they so limited in quantity. Why not the reverse; why not more of those people and fewer of the rest of us that possess not too much of the wisdom we are discussing?

Yada: This is almost like asking, "Why there is only one queen bee to a hive?" Look at the masses of other bees that are workers but they are not queens. One queen bee! Why?

Man. when he created this dream called the material world, took a great need to become one with his dream or his creation. Therefore, he sought to do what is called pioneering his creation. Man lived before the physical worlds ever came into being, man's consciousness. The word man is a kind of misnomer, so I will just say consciousness. Consciousness existed before the matter world. It was out of consciousness the matter world was spawned. But consciousness, in order to become one with its creation, had to center its thoughts upon it. In doing this, it created form. Man form is an idea.

Now, please, my friends, when I am speaking, if you want to cut in to ask this or that, you do it please, if I am not making things clear in my talk, huh?

Man: We seem to be hung up so frequently on a question of semantics. The same word doesn't fire up the same image in everybody's conscious mind. I was wondering if we are. . . do we have to

Yada: . . . abide by the tools we have. Is so.

Man: I think that we are trapped in those tools- on that we can agree and keep in mind we are still limited and we haven't achieved the state of thought transference, maybe that's the next step in man's evolution?

Yada: Is so, is so.

Man: But for practical purposes, we have to agree on some sort of definitions. Then we also agree to qualify definitions.

Yada: Of course.

Man: The question I had at this point was, "Consciousness became enamored of its image and of its creation."

Yada: Of course it did. Au kee, yes.

Man: . . . form physical form, in order to make it a reality, this dream, or this man's life as we know it today.

Yada: Is so, of course. Man is a fire being. He is born out of fire, the sun. He is a being of the sun, son of the sun. You go back through the history of what you call religion in the world and you find in most all religious teachings from the most ancient time that man has been looking at the sun and bowing to it or giving adoration to it in one way or another. Why is this? Is it because he is superstitious? No. It is because in that great inner self that you call the unconscious today, there is a knowing of his source and his source is the sun. How is this? Is there something scientific we can say about it? Yes, because if it is not scientific then it is of little use.

How did you get here as a matter being with a matter world? in the process of formation of let us speak right now only of the physical, this world we live in, the earth. In the process of the building, the formation of the earth, through a period there were

vast, vast quantities of dust taken into the air. The earth we may say, was totally surrounded in vast fields, bands of dust. With all this dust is forming little droplets of water. Soon these little droplets of water are brought back, the dust is brought back to the earth inside these little droplets of water. But before they came to the earth, while they were suspended in the vastness of space surrounding the earth, they were irradiated by the sun, by that wonderful radiation called ultra violet ray. Here in these little droplets of water and little grains of sand, is called dust, is born the life force. This is the first step. It formed a little protein living organism. Then this came down on the earth in great vast water bodies. Then as the time passed the water was pulled up again and in doing this, left these minute living substances to ferment, starting a fermentation process; and it is the gathering of other chemicals, constituents, building a little cell.

Man: All the time there is some sort of a higher consciousness?

Yada: Is so. There is thinking going on, you know thinking? Man today connects what you call thinking with a physical brain, but the brain doesn't do any thinking at all! The brain thinks no more than does the toe. I've never heard of a thinking toe, have you? The brain is only a cellular body the same as the toe.

Aud: Yada, who does the thinking?

Yada: Not "who", "what". (Laughs) This makes it even more difficult than when you say "who", because when we say who we are inclined to give it a personality, a kind of human composition of mental quality which you call personality. That's why the Christians especially turned his God into what you call in English anthropomorphic god, man like god. But no, if the brain thought, then you could aptly say, rightly say, that man is but a chemical being.

Lady: Well, Yada, who is God and what is God? Can you tell us that?

Yada: Tat, Tat, Sat; Tat Sat Ohem. TO be more specific, I am that, that I am. I am the reality. A moment please. I talk to my teacher (talks in his language). You understand what I said. I am that, that I am, I am the reality? Not, I, Yada, I, Yada, does not exist, it is simply a label, a tag with no substance to it. Suppose I say then, "I am God". But you see this would not be speaking the truth if I say, "I am God". This way I create duality, I am and then God. You understand? I create duality. Duality takes place only in creation. I am.

Man: Excuse me, Yada. Yada: Yes. Man: You mentioned earlier, we should strive for awareness, total awareness. That is quite a bit more all inclusive than duality. Total awareness, unless I'm misinformed, takes into consideration not only duality of individuality, but total awareness of all past life, present life, and some rhyme or reason of future life.

Yada: Mr. Sinaha, is no, is no. You are making too much to be laboring with, if you will pardon me for saying so, too much to labor with. You get over the dream that you have been dreaming, you have only, "I am" awareness, not "I am so and so", or "I have been so and so. All that is but dream. It means nothing. You come back to the simple existence, "I am".

Lady: Yada, how can we wake up from this dream and realize that we are dreaming?

Yada: Is so, is so.

Lady: We have to wake up to the awareness that we are dreaming.

Yada: Is so. Not only do we have to wake up to the fact we are dreaming but we have to come to the realization that we are the dreamer and not the dream. We are the dreamer.

Man: Well, what is reality, if there is any possibility of reality of any sort or kind?

Yada: I am reality.

Man: You are also the dream?

Yada: I create the dream, yes, and I come to believe the dream more and more till I lose awareness that I am the dreamer. Here lies man's troubles. He becomes so hypnotized, caught up in the hypnotic belief that he is the dream, that he forgets completely that he is the dreamer.

Man: Isn't that something similar to what happens when a man is attracted to a woman. He loses his head, he marries her, they have children. If that didn't happen there wouldn't be any procreation.

Yada: Laughs. Man, when we are lost we avoid liking to play the part of the dream with-

out any knowledge, we have no knowledge of what we are doing. We act mechanically along with all the other mechanical-like creatures, Zombies we call them at times. Not with despicement we say this, because this is simply a label like one would say, "This is a table" in your language, and in my language I would say, "This is a me eta". Me eta - flat. You are not making the table or me eta feel badly. You are not trying to hurt someone. we are simply stating a fact. Until we come to know what we are truly, we are ⁵ ~~not~~ walking and knowing not we walk, moving and knowing not we are moving, creating, knowing not we are creating, we are caught up in the dream and lost.

Lady: May I ask, "How long does it take us to grow out of this dream, or do we stay in

Yada: This is an individual concern, an individual experience. It may appear to you sitting here, that you are all having the same experience, but it is not the same experience to each one of you. To each one of you listening to ~~and~~ entering into the discussion it is different. Is it not so?

Man: Yes.

Irene: From our past experience we accept it accordingly.

Yada: Accordingly, that is so. And it affects each one of us in different degrees of emotions. Can you help it? No. As we are seeking to know life better and move through our dream, we begin to realize that there is no hurry to learn because there is no time. We live in our experiences, in our acts. There is our reality. That's reality - what I am doing at this moment. And the more of my consciousness I have what I am doing, the more acute my sense of awareness is about it, the greater the reality of it. I ask you, I do not tell you, I ask you, is this not reasonable?

Man: Yes, very good.

Aud: Yada, before we came into this dream world, before we created this three-dimensional world, we had a perfect state of existence. Is that right?

Yada: It is so.

Aud: We came from a perfect state of existence and then we came into this dream world and got lost in it. Why did we experiment with the three-dimensional vibration when we were told not to. Were we disobedient by doing that and is this material existence now a punishment for disobedience?

Yada: No. If you should assume this, you can see the tremendous ramification that you would be obsessed with. First, would be the feelings of guilt. This would be the first thing you would be faced with, a sense of guilt. In order to feel the need for punishment one must feel guilty about something. Is it not so?

Aud: Yes.

Yada: And this is the very thing that man should be seeking to get through with, get over, come out of this feeling of guilt and shame. He has nothing to be ashamed of, or feel guilty about. He is by right a creator and he creates after his own image and likeness. He cannot do otherwise. Now - man - let us say "man consciousness" for use at the moment, being a creator, if he is truly a creator, he must create after his own image and likeness. It is all he can do. It is no use to warning him. Who is going to warn him? Only beings of a higher state of consciousness. Then we must assume that these beings are - well we must deify them.

In our talk to this man (Mark) in our dictating of the book, "The Magic Bag", there is a story of creation and it is said that Overlords of the High Etheric told those of the Low Etheric, "Please do not create this three-dimensional vibration, because if you do from then on will be coming great suffering. Now you can see, I think, that this is a story told in a kind of fable form. You understand? It is symbolic because there is nothing over mind, over consciousness. Now in some of the occult teachings there is a state that is supposed to be the Ohm Mind. Sometimes it is referred to as Buddhi.

You know Buddhi?

Aud: Yes.

Yada: Yet who knows what mind is? Why go over it, why go above it? Because man is dealing with words, some words do not sound pleasing enough to him, so he's got to get something more pleasing and in doing this, he becomes more mysterious in the things he tries to figure out, more complex. Let us try to stay with the word mind. There is nothing more than this. This is the eternal nature of being. Now

mind is not because mind is just a word and this word is but a symbol so that man can express his thoughts while in the physical world and therefore learn about this or that, or the other, to some degree anyway. Because in the last analysis he will find he is going to have to stop talking, stop reading, stop looking, and go within.

Lady: Yada, are you in the highest state of consciousness or do you still have to attain more, higher consciousness? G

Yada: Lady, when you ask about consciousness it is very difficult to answer, because if I say, "yes, I am in a higher state of consciousness", or "I have nothing more to learn", look at the predicament I would be in, heh? And if I say "no" look at the predicament that would be! Laughs.

You have a story in your world, I have told it several times, you know I am a big ear! I listen to all kinds of things. The story is about a lawyer man who asked what you call the defendant this question, "Are you still beating up your wife?" Now what was that man going to say without getting in trouble? LAUGHTER I am in this trouble when you put this question to me. Suppose I slip out of it, please, and I do not answer it, heh? You will forgive me please.

Man: Surely.

Yada: Grati ya.

Aud: Is mind and life one and the same? In other words, is existence, mind and life all one, or is there formation or ideas in mind. Is that something separate or is that part of it?

Yada: Let us talk of the nature of what is called life. The composite nature of life is action, is action. Now life does not care what you do. And I want to say this also about the word you call God. God, as man thinks he knows him, of course, cares what you do because he is a man god. But god as man does not know him, does not care what his creation does.

Man: Then why is there so much attention paid to Him if He doesn't care what man does - doesn't care where he goes?

Yada: He demands no attention on Him. This is something . . .

Man: It took billions of years to achieve, etc. and even if it is full of faults, etc. and unsatisfactory in many respects

Yada: My friend, it is not full of faults. It has no sweating and blood. This is but a part of the assuming, the illusion that man suffers about his creation That is why he has created a god to blame it on. You see, man created God, God didn't create man. Man created God and put all kinds of words, thoughts and ideas in his head.

Man: If he doesn't care, or somebody doesn't care. what are we talking about, a man god, or a God God?

Lady: What is that, a "God God"?

Man: Source of creation.

Lady: What is the source of creation?

Man: Let's call it the sun, as Yada was talking about. He described the sun, the particles of dust, irradiation everything that took place. Some substance that's everything.

Yada: A being.

Man: I am interested in exploring a little bit further through you, this statement to the effect, the sense of no care, no care being, again I'm hung up on semantics.

Yada: That's right, the Light.

Man: Light is so, life force is so

Lady: Impersonal?

Man: No, impersonal is even too restricting. But there is no concern one way or another. To get back to Mr. P's question about the discussion about a former perfect life. I hadn't known there was a perfect life at one time. I've heard suggestions of a former utopia, of Atlantis and all that sort of thing.

Yada: Laughs. Living today is the perfection of which man originally came out of.

Man: He couldn't have been very perfect if he was silly enough to decide to experiment. There must have been some imperfection that propelled him in the wrong direction. around this word sin.

Yada: Is so. Now you're very smart because you keep reminding yourself and me that these words are relative. You see, you are very wrong, Sir, if you do not keep these thoughts in mind. You are likely to become lost, mired in a surge of words which

have little meaning.

To go back to what I mean about, "God does not care". Let us be that simple and use the word God and all this so that I can clarify these things by saying this; that the word "care" fundamentally speaking, is an emotional word and belongs to the lost mind of lost men. Now when I say "lost" it is a bad word to use. It is not fitting because he is not lost. No more than if you were inventing something; I do not know what, but inventing something - and for a time you found you had come to an impass. You know that there is something more that is needed for this invention to be perfected as close as it can be perfected, but you did not for the moment know what is now necessary for the next step.

Man is by his own nature a creator. There is nothing wrong with the physical world, not one little thing! Only man has to wake up to the fact that he is the creator of this dream if he hopes to come out of it. Come out of it? Why? Then he goes on with it only now he knows he is doing it instead of being lost, dreaming, in a trance, a coma, walking, groping in the darkness of his own creation.

Irene: Do you understand what Yada is talking about?

Yada: My friend, you, please, question me, always question me, please. Do not lead me to utter words that have no meaning to you. You cannot learn this way my friends. I am not coming as a teacher to you, but as a kind of sounding board for you. That is all.

Aud: Yada, in the formation in the body of man or in the body of a tree, is there an idea in this mind, or does it appear as a real three-dimensional body or tree in mind?

Yada: Let us look please. We say here that there are two, perhaps two and a half billion people on the earth today. Many have the way of calling humankind, referring to humankind as man as I have done it this evening. Man exists only as a symbol. Because of this symbol in mind, men are born. Man is not born, men are born.

Man: The symbol of what?

Yada: The symbol does not look anything like the form.

Man: That's why I didn't understand that.

Yada: Let us take the plant called the tree. There is a symbol in mind known as tree. As long as this tree symbol exists, trees will appear on earth, or appear in dreams. When the symbol, or should the symbol tree suddenly cease to be, all trees would die and none other come back to the creative world. Same way with man or men of the sun. Strange - looks. Here you look into the eye. This will give you, I think, a kind of idea of what I mean. Here you look with the eyes out here. Now that which is inside the head does not look like anything out here that you are looking at. What is happening? Something very strange. A stream of electrical projections on the nerve system exciting just a few c's (cells) of gray matter in the head, a few cells. You see this room or whatever you see in here in the room, or whatever you are looking at. But that is the pulsation which finally excited a few cc's of cellular structure is no picture at all. Ha. Same thing that I say about the tree-symbol in the great mind in which form has its being. It does not look anything like man's form or tree form, yet from it comes what you call a tree (or men). Now you can see even better what I meant by this. if your eye, if the optic nerve of the eyes, if you could learn the vibration of that matter that goes to make up the optic nerve, you would look at the tree and you would not see the tree at all. You would see a series of vibrations, pulsating vibrations. a field - what you call a field - and it would look nothing like a tree at all. You want to say something?

Lady: Force field, Yada?

Yada: If you want to call it that. Man asks a question which is inaudible.

Yada: The nerve system and a combination of words. A combination of words, a hypnotic suggestion that has taken place to the nervous system, to the sensory organ. This sensory organ is simply a measuring stick. heh? A measuring stick.

Man: Is the sensory organ more like a mind? It isn't matter is it?

Yada: Yes, you have what is called a sensory organ:- the eyes, the ears, the smell - the nose, the mouth - tasting and touching and all of this, these go to make up the sensory organs called the body. These are but measuring sticks and measure different vibrations of light and shadow. I feel that the finger is touching, but

the truth is that nobody touches anything, any body. It looks as though I touch this man's hand - I touch his hand and I put it here like this and I go like this. You looking say I am touching the table, heh?

Aud: Yes.

Yada: I am not. I am not touching the table. I cannot touch the table, not ever, no two pieces of matter ever touch one another. You can take the guage, you know the guage? The very delicate guage and you can come and make the measurement of space between the fingertips and the table and you will find, relatively speaking, there is a vast field of space. Is it not so?

Man: This is part of the definition of space, a new concept of space. Very interesting.

Irene: In relation to that, suppose I had some sort of substance on my fingers that would stick to this table to such a degree that I would have to soak it loose. You know what I mean?

Yada: It would make no difference. Same thing no matter how you do it. Perhaps I can put this man's hand or my hand (one never knows whose hand he is using, heh?)

Lady: It makes you think of the fact that no two things can occupy the same space at the same time.

Yada: No two things can touch one another.

Aud: There is always space between?

Yada: Always so. Now in the experiments of your scientists of today, taking what you call the proton bullet and shooting at bits of matter with the hope it is going to split the atom, this means knocking a piece of the atom off. In the first place, these bullets do not knock off a piece of the matter, because they do not even touch it. The approaching bullet creates a great field beyond itself. It is the field that causes the exploding away of a particle of the atom. To go with it, the bullet never touches that which it seems to have touched. More than this. when the particle has been seemingly split up, it is not really split up. What has happened then? It has only caused, the force of the bullet has caused, the bit of matter, the atom, to expand its volume of space. Expand its action or its field, creating a larger volume of space to move in. That is all. It has not knocked it off because there is no place to knock it to. Where are you going to knock it to? Something else, what then? Do I make myself clear please?

Aud: I understand.

Lady: Yada, many of us who are coming into the world are physically and mentally healthy. Why is it some people come into the world handicapped, not well and can't think to learn, can you answer that?

Yada: Sometimes the life force gets itself trapped in various forms of discomfort, or various states of discomfort let us say. Why? There are many, many reasons. Let me say they are individual reasons, reasons that lie in the make-up of the entity coming into the physical world. Perhaps sometimes you cause pain, suffering to another. Now how then does that person suffer for it? First, we must ask ourselves why we cause someone else pain and suffering? Why do we do this knowing what we are doing. Because we, ourselves, the one who causes the pain, wants the pain for himself, but has not the courage to take it and so gets it vicariously, enjoys it vicariously by making another suffer. Understand please? Aud: Yes.

Now, if this is true, you can readily see what will follow. The form of a crippled body has become imprinted upon the mind of the sadist. The sadist who is actually a masochist but he cannot stand that, so he gets the joy out of it by giving it to somebody else. So he imprints the picture of the crippled state, the hurt state, the diseased state upon his own consciousness and then when he comes to make a body for the physical world, he makes many misjudgments about how to form his body. He causes the chemicals the building blocks that he has borrowed from his mother and from his father to take the various forms of chemical action, or interplay, that leads to a weak body or a crippled body. Sometimes one does this with no desire to bring pain, but he imposes upon his mind a crippled, weak body in one way or another; because he gets in what is called a sympathetic rapport with that kind of suffering. He comes to believe it and he wants to take it from another person he sees suffering. He says to himself, "I think I could stand that suffering better than this person that is going through it". Have you not heard mothers, fathers, brothers, sisters, friends utter these words? "Oh, if I could only

take that pain from him", or her. So somehow the loved one will suffer because he sees them suffering. While we are saying it, we are taking it! We do not realize it but we are marking our consciousness with it. I think those of you that understand the law of hypnosis can see this, huh?

Man: Yada, can jealousy and hatred of one person reach another person and cause them suffering and maybe even death? 9

Yada: Yes. yes. Depending first on the strength of mind and the ability of this one to concentrate deeply enough to send his negative emotional waves to another. Yes, because few of us are living consciously, we get caught up in these negative waves, not knowing what is happening to us. We blame it on God or devils. We fail to know the truth of where it comes from, from those around us. The living beings and those that have passed on, the thoughts of the living and the thoughts of the so-called dead. There are many, many dead people here in the flesh and many, many living people in what is called the Astral Life.

Aud: Would you explain that a little more, Yada, please.

Yada: Yes. A dead person here is one who knows not. He or she is a wishful thinker. They become very good Christians. They depend upon someone to save them from their blindness their not knowing. They hope, because they were told that somebody died for them, and they want to see to it that they did. They want to make that one earn the joy of taking their sorrows and stupidity from them.

Man: Yada, does the majority of the thinking people of the world operate as a law against all mortals that come into the world?

Yada: Yes, yes. The mass thinking of man certainly is going to affect individual man. That is why it is said that growing inward, spiritual-mental growth, is a personal thing and you have to first come away from the mass mind. Get away from it so that it will have no pressure on you at all. And you can do it. In your Christian Bible it is said by the man, Jesus, "I am in the world, but I am not of it." Now you see these are the utterances not of the man that was crucified, not of the man who came to save anybody, these were the utterances of an initiate, during the time of his initiation, said to the high potentate that was putting him through the initiation. But that is a matter by itself.

Man: We are all initiates in one sense or another.

Yada: Oh is so. is so. That is why the lady who asked, "What about the White Brotherhood, what do you have to do to belong to it; is it an Order that is a group of men that are in mountain retreats?" I said, "No, everyone here, every living being that comes into the physical world is a member of the White Brotherhood." The White Brotherhood is a Brotherhood of the Light. The Light is Wisdom and we are all seeking it. Though we stop seeking it, unconsciously, not knowing that we are, we are still members of the Light. A man comes into a room and the room is very light, brilliantly lighted up, but he has his eyes closed and if he refuses to open his eyes, what are you going to do? You may say to him, "There is light, why ask for it. You stand there crying, "Give me light ; the light is there, open your eyes". But perhaps he does want to open them, he feels more comfortable, he needs more time to develop. He is supposed to have more time to open his eyes.

Aud: Yada, if humans have lived on this earth many times before, is it possible that the consciousness that was Jesus was the same consciousness that was Moses? JESUS

Yada: No, no. Jesus, the Man called Jesus, came out of India, 100 years before anything was even thought of called Jesus, or the Christian Religion. This man, big man, blond man, was of great understanding, of great knowledge, a true master of matter. He learned how to manipulate matter. He was what is called a magician. You know magician? Not the kind that you have today, that perform tricks for your entertainment. No. A magician because he knew how to manipulate the matter world; knew how to take any bit of matter and make anything, and breathe life into it and all this. He knew the nature of his own being, otherwise he could not do this. This man had many lifetimes in the physical world. He went through his full 66 mystical rebirths.

There are 66 mystical rebirths which we all go through eventually. We may have many, many births, but we have 66 mystical rebirths. What do I mean by mystical? Man is always hiding things, heh? Everything is a mystery. Mysteries are meant to be solved, other-

wise why have them? There is no pleasure in having mysteries you cannot solve, that's why man hides things from himself, makes believe he doesn't know where they are, so he can have the pleasure of looking for them. The 66 mystical births are when the individual comes to the physical world knowing. You have today what you call geniuses in let us say the musical world. The Genius. There is a man I always think of when I speak of musical geniuses called Mendelssohn. Of course, there are many others that have been here in your world. They are gone now. Perhaps you still have a few occasionally come. Now this man, Mendelssohn, knew music right away. He did not study, he knew music. Why? How? Because he brought back a memory of it. Did he bring it back to that time when he was here, did he bring it back as a picture of his life before as a musician? Certainly not. He perhaps had no conscious awareness of having lived before, but he had something else. He had what is called an impulse that he could not resist - to be musical. Music was his being. He was marked with music. He had this strong impulse to do music. Life was music. Now if somebody had put the damper upon him and said, "No, you cannot do this." - "no you cannot do that - you must be something else." This man would have died. He would have become sick and died. Why? Because this creative force, this conscious creative force would turn back upon his nervous system and break it down, bringing disease to the body or madness to the brain. That is why we say to do what you love and to love what you do, or don't do it. It will kill you if you do. If it does not kill you outright, it will kill you in pieces, little by little and you will not know why. You will feel sick all the time, something is wrong because your creative forces are being bound up - what you call "stymed". You cannot do this. You have this creative force. You must trust it, put your faith in it and it will do for you great things.

Man: Isn't it true. Yada, that a good musician who is born a prodigy must have been a musician in his past life - a past existence?

Yada: Now I think you should be a little careful about using the word "must". There is no must about anything. Life has endless ways to do things. Only man chooses one way and then he loses by doing this. Have many ways, because that is the very nature of life - endless ways. If life cannot get through one way it will get through another way. You cannot stop life, because it has so many ways. Now one must start somewhere, heh? Why in a past life? Is there no now life? Because this life is going to be a past life when we go into another life. So let us live; let us start something now! We start a new show. Let us call it a new show. We are now going to be actors in this new show. We are over with the other show. We have had it. I think Mark liked to use this expression very much. "I've had it!" That is true many times, we have had it, but we don't want to admit it!

Irene: Yada, is it possible, well of course you've told us twice now, that it is possible for one to come in without having had any past experience in any particular field and yet to come knowing in that when he is even a child.

Yada: Is so, is so. Coming into the world knowing.

Irene: How can he know if he hasn't had experience - what has opened this knowledge?

Yada: It appears this way. Let us look at life in general. Who told what or what did who tell, to make an eye? How did it know with no print? No design? Or anything, how did it know to make an eye? It took a great period of time to make the eye. There was a time in the ancient, ancient past when life was in one cell being, just one cell. And this one cell had a kind of eye on its whole surface. It would move. What was motivating, putting it into action was light. It was what you would call today a kind of photo cell. It operated, or was operated by light. Then through various experimentations it decided it didn't need eyes all over the body, did not want to see where it was, only where it was going. When you see where you are, you've been there already, heh? So man wanted to see where he was going. So little by little the great idea of eyes, two eyes in the front, not the back, came. Also there was at one time a race of people with one eye in the forehead. The great consciousness would say, "Not good, have to do this all over again." It blotted it out, you'd say. That is what life is, a big painting, a big drawing. The artist is busy all the time making a little sketch here, a little sketch there, to improve his work.

Man: Excuse me. Earlier in the evening you said he didn't care what he did with his work.

Yada: (Laughs). I am telling you a story now. You see, when you understand, when you have made agreement on what words mean and what they don't, or what they are intended to mean, then you can do all kinds of things with them, then those listening that you have made agreement with, know what you are talking about. Like I say, the word "god" should never be used by the individual person as a rule, because he does not know what he is saying. Now, when people are really seeking to know the nature of god and have a real conscious desire to know, when they agree among themselves that they know what the meaning of god is, to be for the time being, then they can use the word all the time, because they know what they are talking about.

Man: Excuse me, Yada.

Yada: Yes.

Man: I didn't mean by saying this just to quibble, but what I was attempting to say, what I would like to know:- Is there some great design, some great pattern, some - - in other words, probably what I am struggling to say is, what is the first step toward acquiring enough wisdom to be helpful in working for this great design, if there is a great design?

Yada: First, I want to say to you that there is no design out here. There is only your design. That is all there is, your design. It is your great pattern, your creation. The aim is only to know yourself, the creator; know yourself, the creator, Now once you do this, you will certainly come to realize that man is not seeking something he doesn't have. He has everything there is. All that he is striving to do, if anything, is to become aware of that which is, that which is.

(Tape is turned) (Mark has a coughing spell)

Yada: So I have come back again, without the cough!

Irene: Yes, Yada, without the cough. But you don't have enough consciousness, so you don't cough.

Yada: That is so. Now, my Honorable Friends, this man here, do you want to say something to me sir?

Irene: Mr. Frey or Mr. Rudy Frcy?

Yada: This man here.

Irene: Call him Dave. That's Rudy, Yada.

Yada: Rudy?

Irene: Yes, Rudy.

Rudy: Is it possible for you to see us in your dimension, or do you just feel?

Yada: I do not see with the eyes like you, I have what you call feeling, feeling. You do not look like form to me. I do not know, do you understand that please.

Rudy: Yes.

Yada: Are you interested in the study of life, sir?

Man: Yes, very much interested.

Yada: You want to pose some thought to me. please?

Man: When you talk about form, forms don't have life do they, Yada?

Yada: Not form having life; life does not exist in the form.

Man: Is life infinite?

Yada: Is so, is so. Life makes the shadows and comes to believe in the shadows for a little while and then withdraws its belief in that form and makes another form. or another shadow. Sometimes man thinks he is progressing to something. It is not so. Because he thinks that this is not real, he thinks someplace or something else is real. Man is always looking over here for reality. Reality is here. I am the reality, all else is shadow. Shadow is dream. We plague our minds with worries such as, "Oh, there must be a better condition than what I have. I will be good and earn this better condition", believing that goodness will do it. There is an old saying, "The wind is blowing the same for the bad man as for the good man." Is it not so?

Man: That's right.

Yada: So the acquiring of a better understanding is what we need. Not a wish for bettering, but getting a better understanding brings a better life to us, because it makes us more acutely aware, self-aware. This automatically tells us what our creation is. The only way man knows that there is something in what you call "out here" is by

making comparisons with himself to what he believes is out there. He says, "This is me and that is that." But if he could not say, "This is me", he could not say, "that is that", because he would have nothing to make the comparison with. 12

You know, I said to you earlier, this evening, that I wanted to talk to you on the dying and knowing what it is and the communication. Many people come and they say to me, "Why is it only you come and talk and sometimes one or another of the others of the Circle talk very occasionally. Why do you not let others come and talk? What is the difference? Are we looking for personality or are we looking for education? If we are looking for education or enlightenment, we do not depend upon the personality or the source of it. I do not care where the light comes from as long as I get the light, heh? If I am in a dark hole and somebody comes with the light, I am not going to question the morals of the person holding the light. But this is one of the great faults of those of us that work in darkness. Those that have come before us that are in darkness try to teach us what is light, and they know not themselves. So then we start to question, "who is holding the light"? Who cares who is holding the light when all that I want is light?

Aud: Moses and Elijah brought the light. Is that so, Moses and Elijah and so forth?

Yada: Moses was not a Hebrew, nor was he a Jew. Judaism is a religion, not a race or nationality. So while a person may be a Hebrew, he is not necessarily a Jew. However this may be, Moses was not of the Jewish religion, nor was he a Hebrew. He was an Egyptian and he belonged to the Brotherhood of the Light when Amenhotep IV was the leader of the mystical order in Egypt. This man, Moses, Moses was not his name, it was a name given to him so that he could work in Judaism or among the Hebrews. It was given to him by the School of Amenhotep IV.

Aud: Was he and the other prophets sent?

Yada: Sixteen others were sent in that time among those people. There were numerous people, numerous nationalities, numerous tribes, and sixteen teachers were sent, going to these various nationalities and posing as belonging to those particular races, so they would be more trusted. We seldom trust ourselves, therefore, we have double doubts about others and triple doubts about those who are not of our skin, or our religious beliefs. Man is so distrustful and afraid of himself, because he knows not himself. So it becomes very easy for him to distrust others. If man could but know that there is no such thing as different races of people. There is only one race and it is called the human race. But so few of us seem to want to belong to it. Laughs.

Irene: And until they understand that, they don't belong to it, do they?

Yada: Is so, is so. Hum..... other man did not say anything, what is man's name?

Irene: Mr. R.....?

Yada: Yes. You wish to say something??

Man: Is man's aim to recover this different state of consciousness that he came from?

Yada: Yes.

Man: And how can he do it? By manipulating matter or by regaining knowledge of the real existence?

Yada: But before he can realize that he is doing the dreaming, there are some steps, some primary steps that must be met. The most important of these is what is called emotional control. Now this sounds simple the way it is put, the words used, in fact, very simple. But if you stop and think of it and realize how we have been hypnotized the moment we come into the physical world, hypnotized into the kind of thinking and feeling that we suffer, then we will see that it is anything but a simple step. We are governed by our emotions because we have been taught to, we have been educated to, we have been hypnotized into it from the time we were babies. Now that we see it, just see it, that there is perhaps something more than just this blind walking around, then we ought to start to say to ourselves, "About these emotions of mine, what am I going to do - kill them?" There are some schools of thought that want you to destroy your emotions, put down your desires. You cannot do that unless you want to destroy yourself at the same time. But we can learn to control them. Before they control us. Now we learn to control them. How do we do this? By damming up our feelings when we are presented with a situation that we ordinarily would feel cause for anger or jealousy or fear of some kind? No, we can't do that, can't dam up your feelings. So what

then? We have to consciously begin to realize what is happening out here that before has made us feel so angry or so fearful. What is actually happening, instead of what is happening in the dream; what is taking place? When I know what is taking place. 13 Take a simple thing like someone calling me a bad name; before, I got angry, wanted to strike out. Now I have another thing, I begin to think, "Why did he do this?" "Why did he attack me like this?" There must be some reason. He does not do it for no reason at all, even though that person's reason may not be a true one but simply imagined need to vent their feelings on me. Why? I know why. That person is afraid, afraid. They misconstrue what I am doing. Why? Because they have been told that what I have been doing is possibly an evil thing. In my eyesight what I am doing is not evil. I am loving to do it. I get joy from it. But they have been hypnotized into the belief that what I am doing is evil and that they should do something to stop it. Or, if they can't do anything, to run away from it, to leave me alone, to not associate with me, to think badly of me. All these things; I have come to know why that person attacks me. I do not now want to attack him back for I know he walks in a fit of fear. Fear - perhaps for his own soul, the safety of it. He has not yet learned to fear for his physical existence, so he fears for his soul. How can he fear for his soul when he knows not that he even has one? He has been told he has, but he doesn't know what a soul is.

Aud: Response is inaudible.

Yada: Is so, is so. And I realize this now; so I do not attack him back. I wait for him to calm down and I start approaching him not with my language, but in his language. I start talking to him about his fears and his gods and his devils. and I talk his language. I pretend for the time being, that I believe what he says. I go with him, so that I can get at him. If you don't, he is going to say all kinds of words if you try to talk your language to him. I love this man now, because I know what he suffers from, for I too have suffered it.

I find myself without material things. Suddenly everything is swept from me. All that I loved, all that I possessed physically is gone. I could go mentally to pieces, but I know something. I know why you cannot possess anything, you cannot own anything. All you can do is borrow and everything one borrows, one should honor. Honor it by putting it to right action, right work. A mother loses a child and goes all to pieces, or vice versa; child loses mother and goes all to pieces. Man loses wife, wife loses man. All of this, sister, brother, friend, disappear suddenly, going to what appears to be the neut, the nothingness of life.

If I am of some religion, I am told that God is a merciful, just and wonderful being and it is a great joy to be with Him. If I believe this, then why all the emotional upheavels because somebody I love died? They go to the Great God so why do I cry? But you see, we have something else in us called a human quality. This mostly means not knowing, not knowing. If I know myself, I know that I am eternal, that the body is not me. The body is an idea of me and that is what someone else wanted to possess or I wanted to possess, as the case may be. And then when it comes time for the body, by its own nature, to return to its own level, I have no weeping, because I know that it is spirit and shall ever be. It is called the Light, is called Consciousness. So I say, "You are not gone because you were never here. How can you go when you have not been here? What I thought was you was but a dream, a shadow. The real you has never come so has never gone and can never go.

We have not been emotionally conditioned to deal with life in the abstract. We want the concrete because we have been conditioned to deal with the concrete. (Yada clasped his hands) This I understand, it is flesh and blood; it is warm. This I can love for this I can feel so it is this I cry for. My constant association with this causes me to believe I am this. If I know that this is not me, can I fear when it departs from sight? I don't think so.

Aud: Yada, we have a conscious mind and an unconscious mind. The conscious mind operates our muscular actions; our unconscious mind controls our breathing and digestive system and heart action. Why can't the conscious mind control the unconscious mind instead of the unconscious mind controlling us?

Yada: That which appears to be the conscious self is not. It is simply an awareness of what is called our hereness. It is an awareness of the dream, of the surround-

ing dream that we have built around ourselves. The real consciousness is not tied in form, is not aware that life is form. It has not such an awareness. Look please, you can close the eyes when you want to go some place, right now, close the eyes and there you are. You picture it and there you are. If you want to make "where you are" more concrete, then you put more of your consciousness where you want to be. The more of your consciousness you put there, the more you will be there, and the less you will be here. So then the body will begin to collapse, because the stuff that holds the body up is the life force, the consciousness. It has gone, so the body is like a wet cloth, it collapses. If you want to be safe in your body, with your body, stay with your body. Keep your consciousness where your body is if you want your body to be safe and last longer in the physical world. But you do not have to die, you do not have to go into any kind of coma to go where you wish to be. Set your body down, put your consciousness where you want to be. You will not be in a coma, the body will simply be without awareness and without this awareness it has a tendency to either sag or to become rigid. You will feel real where your consciousness is. for that is where reality is. *

Why do so many people in your world get killed by the machines that go bussing in your streets? Because most of the time the people driving them are not in the body. Now the machine cannot go by itself, it has to have a man drive it. Now the body-self cannot go by itself, it has to have the man inside here drive it. There is a little man on this box on the shoulders. He is sitting in there and he is peeking out between these little slits. Everywhere he sees, but if he, the consciousness is not looking out here, he sees nothing.

Aud: Yada, if Mr. Palfy had to turn his tape over would the five senses cause reality or illusion?

Yada: Illusion dream, shadow, shadow. It is when you experience life without your five senses that you experience the greatest kind of reality. A moment please, I talk to my teacher. (Yada speaks in his language) I have come back. The lady here, do you want to say something?

Aud: She just left, she'll be right back.

Yada: She has gone?

Aud: Yes, she'll be right back.

Irene: You want me, Yada?

Yada: Yes, I knew you had gone.

Irene: I'm here.

Yada: Where did you go?

Irene: Yes, I'm here. This lady and the other lady were talking about getting a group together for tomorrow night. She asked me a question in the kitchen just now. I would like you to discuss this for her if you will. She thought it would be of interest to all of us, how to determine whether we were doing the right thing, doing the thing we should be doing. Would you explain to her how she can become aware that she is doing the thing she should be doing?

Yada: Where is the lady?

Irene: She is in the other room using the telephone. She'll be right back.

Yada: All right, I think we can. I tried to talk with her, but she has gone!

Irene: You were aware her aura was gone?

Yada: I saw you go, but didn't see her go.

Irene: I wanted to put this question to you so you could talk about it next, if you would. I also want to make you aware that Mark is to interviewed tomorrow afternoon for a radio station.

Yada: I'll stand by and listen, all right?

Irene: Then the next night we will hold a lecture. (To the audience - Are there any questions you would like to ask and then when she comes back, Yada will talk to her.

Man: Yada, will you explain to us the phenomena - poltergeist and teleportation?

Yada: There are two kinds of poltergeists. The first one is what we might call, for convenience, an entity, a real entity existing in another dimension, but also occasionally finds itself stranded in the physical dimension and can't get out. Sometimes human entities, not understanding life and being lost in their emotional

world and dying like this, have a very strong attachment for the physical world and as we are only where our consciousness is, these beings find themselves back in the physical world but without a physical form. Yet, by thought, they can bring to bear on matter, they can stir up a great deal of trouble in the physical world. They can show themselves then disappear, which in itself is frightening enough to a spook in the flesh. When somebody in the spirit world sees somebody in the physical world, they think they see a spook! And so the person in the physical world seeing someone from the so-called astral world, or another dimension, calls this other one a spook and both are frightened. The spook runs this way and the man, or spook in the body, runs that way and nobody learns anything. But also there is a force, a force created from the vital cells of the body; 15 vital cellular energy generally projected into the surrounding places by young people, people in their early sex development. This energy flies from them in explosive action. It has no conscious direction. It seeks to do anything like the child would do itself, if given the opportunity to work at random. Am I making this understood, please?

Aud: Yes.

Yada: Now this force is actually electrical, of a strong electrical nature. It is governed by the thought of the child, by the whimsical attitude of a child mind. But you see, this is not only done by a child's mind. Let me ask you here, have you not mentally, from time to time in your adulthood years, found yourself wanting to do very strange things? (Laughter) Is it not so?

Aud: Yes.

Yada: This man here that I am speaking through to you now, he does very funny things. You know in your world you have galvanized cans you put in the street?

Irene: Trash cans?

Yada: Yes, trash cans. He sometimes has the urge he'd like to pick these up and put them through the plate glass windows.

Man: Mark Probert?

Yada: He said he sometimes thinks of doing this and he said this to the surprise of everyone around and imagine the noise, the crashing of the glass and the clatter of the cans. Somehow or other, it means something to his personality, to his consciousness. Some people like to do other strange things, strange only because it is not a common thing to do. Everyone is not doing it and that is very fortunate. So you see, there are many poltergeistic minds in the physical form.

Irene: Yada, when you were talking about this one time, you told about the excess amount of energy in the child's body that quite frequently causes the curtains to burn, catch on fire. SA

Yada: Fire. It causes fire. It causes all kinds of foolish action and sometimes the action isn't so foolish. Sometimes the action is very directive. Sometimes it is action of hate, or a sign of love. Sometimes this action, this vital energy, cellular energy, is mentally directed in love to another in a prayer you know, and makes for aids in healing that person's sickness. Sometimes it goes out and does many wonderful things at great distances from the sender, who may be doing it unconsciously, not being aware that he is doing it.

Irene: That's what I wanted to get at. You said sometimes a child is not aware that this energy is setting his actions.

Yada: His pattern of action

Irene: Yes.

Yada: It is so.

Irene: We've heard so many times that the curtains in a school house become afire and no one knows where the energy comes from.

Yada: Is so, yes. Also this force, if it is sent out in hate, can cremate a person, or you can build it up in your own body and cremate yourself. It is vital cellular energy and its basic nature is fire, heat. What do you suppose makes your body so warm when you get excited over male, or to female? 5

Irene: Kundalini.

Yada: Kundalini is very strange name for it, heh? Kundalini is a force of imagery, imagination. How you use it depends upon how you feel it. You want to heal someone

that is sick, that is weak of body and you are strong of body, vital? Go and sit with them, or go alone and project your consciousness of love for them. Desire for protection for health, for continuity of their life here in the physical world.

You know, my friends, you can also cause somebody to be sick by sending this force to them, or keeping it from them and drawing from them their forces. Concentrating on them and pulling their vital force, life force, out of their body. Now, my friends, I seldom talk of these kinds of things to people in your world; the great masses, never to the masses. To a few in a small group, yes, but only then if I feel that they are wanting to work positively for their fellowman, and not in a negative manner. LOVE IS THE GOLDEN KEY TO LIFE AND LOVE IS UNDERSTANDING.

Secrets. Many people say to me, "Yada, tell me some of these mystical secrets" ¹⁶

Yes, I would be most happy to tell this, but I also know that while we seek, we have a dual nature, a nature that believes it needs to do harm in order to make itself more secure.

Irene: If you were to tell someone something, Yada, of course I know that you know this is not what I call "handing you bouquets"; but I know that you know of the awareness of the people that you speak to. But if, for instance, you did tell someone something that was more or less in what we call the dark forces and they used it, would you take the attitude that what they do with it is their affair? Is that right?

Yada: Is so, is so.

Irene: So black or white, no matter what you say, it can be used in a negative (or) positive way. So this one who uses it, it is their responsibility.

Yada: It is like if a man came to you and said, "Please give me alms, please sir". Now you smell alcohol on the breath of this man and so you become self-righteous and say, "Oh no, no, you will buy alcohol with it. It is very bad for you, you are a bad man". He says, "No, I want to buy food with it". You say, "No. I cannot give to you because you would buy alcohol". (It is not the givers business what the person does with that which you give him.) Someone comes to me and says, "I want alms". If they say what they want it for, I give it to them anyway - whether they say it or not. All they need to say is, "I want alms". But if they tell me it makes no difference to me, because I will not care what they do with it, one way or another. My work is to give, not to ask what is done or what is going to be done with what is given. I know this, that if what I give this man, if he is an alcoholic and if he gets satisfaction buying more alcohol - good, good. If it kills him good. Can I live his life for him or can I start him living it? By giving it to him will I be living his life for him, or will I be stopping him for living it if I don't give to him? One way or another he will do what he has to do because it is only by what he has to do that he will learn.

Irene: Now this ties into the question she wanted to know, "How do we know we are doing the right thing, Yada. How do we come to the right conclusion?"

Yada: This is the question of the lady?

Irene: Yes

Yada: Lady, what do you feel you want to do? Now you do not have to tell me, just answer to yourself; you do not have to answer out loud. If you truly, truly want to do it, do it, do it. A man says to a woman, "I love you". and she, being smart looks at him and says, "Oh"! A good answer, heh? LAUGHTER She knows that if he does love her he is going to continue to say more and do more. So she does not have to question him. She has only to wait to see how far he will go and in what direction, then she will know whether he loves her or not, or whether he just desires her for the time being, which means just for his own satisfaction and not for hers. Love is understanding; desire is desire. Let us learn how to separate these things. Let us not criticize. Let us simply learn what things are and then we may find we do not have to criticize. Whatever you feel, lady, that is within your heart the right thing to do, don't ask anybody else because all they can do is to shrug their shoulders or say, "Yes, go ahead and do it". They don't know whether you will gain by doing it or not. Or they may say to you, "Don't do it", and still they will not know whether you learn by not doing it either.

Irene: She, the lady, was talking to me in the kitchen and I wish she could say to you what she said to me, something about from the time you were seven years old. Would you explain to Yada what you were telling me?

Lady: I've always been conscious of, or aware, ever since I was seven years old, that most of the people keep grinding along and they come to be elderly and think to yourself what I'm doing, or what am I not doing. That seems to be tragic and "nothing has turned out the way it should be". This seems to be one of the questions of all people.

Yada: Yes, it is so, it is.

Lady: Myself, or anybody, we all want to know what to do about it.

Yada: Well. the first question:- Can you conceive in your mind what is more important to you - to do this or to do that? Here you are tonight, you're sitting here now. If you felt truly, if you thought that there was something more important that you had to do than being here, you would not be here. Is it not true?

Lady: That's right.

Yada: Then the most important thing you could be doing at the present time is sitting here having a debate with me. LAUGHTER You could not be doing anything more important in all the vast universe. You are doing the most important thing you could be doing right now. Now let us move from right now, let us think of an imagined future, a future moment that you all call tomorrow. Now you need not answer this, but I'm going to ask you a question. What are you going to do tomorrow? Let us say beginning in the morning. Don't answer, I only want to say this to you; the moment you decide what you want to do, do it and do not let anything else stop you. Do it. But put your consciousness in it. Do not let your mind wander off somewhere else while you are doing it. Why? Because it may be of such nature that you will have to, or need to, recall it or remember it the next day, ten days, twenty days, two months, or a year from now. Something may arise that may make a demand upon your mind for recalling what you did. This is called living consciously, so that later someone can come to you and say, "Did you do this?", and you will be able to say, "Yes, I did that". "When did you do it"? At such and such a time. Just like that for it is a foolishness to say we cannot do it because the mind can recall and remember anything. It needs only to desire to do it, the need to feel an importance in what we have done, a need to love what we are doing for we do not forget that which we love. Is it not so?

Aud: Yes.

Yada: Yes. The Pope. There is a man, he is the Pope. You know the Pope? The Pope of Catholicism? He has big work, everybody looks up to him that are Catholic and some who are not Catholic. They are adoring him. Much bowing down. Now he is very proud of what he is doing, he feels important, but there is something could creep in there and kill him and that something could be a sudden feeling that he is doing something useless. That he had wasted his time on foolishness, on hypocrisy, and pretense. Could he come to that kind of thinking, it could kill him. But as long as he believes that what he is doing is right and helpful, then he feels wanted. He feels loved and though he may get sick, he has a good chance of getting better, because the body is protected with love.

Irene: You know, Yada, I have put to use the teachings you have given us, pertaining to "now". This is the only time I can live.

Yada: This is so.

Irene: I cannot worry about tomorrow, if I can only live now and this takes a great weight off me.

Yada: This is so, is so.

Irene: And I think it is one of the best lessons I have learned from you, because you know what a worry-wort I used to be!

Yada: E grati ya. But if you could not have comprehended it, I could not have taught you.

Irene: Well, I know this is true, but you reminded me that I could do it.

Yada: It is so, is so.

Irene: And I think this is one of the best things for people to know.

Yada: That is right, many people go to bed to sleep. They say they go there to sleep, but they go there to worry, worry where nobody can watch them or stop them. It is no place to worry, in the bed, because you cannot do anything about what you are worried about in bed. Now if you want to worry, do it separately, get alone somewhere and concentrate upon it. Do a thorough job; put all you consciousness upon worrying. Very nice, and then when you get through, leave it there and go do what you have to do. LAUGHTER.

Irene: You know if you try to worry that is one of the best ways of getting rid of it.

Yada: That is all you can do is worry, it is all you can do. So you say to yourself, "I'm going to do it consciously", and then you get over it.

Irene: That's right. When you try to worry you can't think of anything to worry about.

Yada: It is so, is so.

Man: Yada, you were saying how destructive human thoughts can be. Take the incident where Jesus cursed the fig tree and made it dry up. What kind of thought did he use to accomplish this? 18

Yada: Sir, speak again my honored friend, you said something and I would like to hear it.

Other man: Did I say something? Yada: Yes.

Man: I was saying how destructive human thinking can be.

Yada: I understand what you said sir, but somebody else spoke.

Other Man: I thought something and a word came out. Yada: Silently?

" Yes, just a private thought, it doesn't mean anything to anyone but myself.

Yada: Laughs, Very good though. I have done this myself, very often. We suddenly utter a word out loud. Man: Involuntarily.

Yada: Very often. You see when we utter a certain word out loud (Man: Involuntarily) yes, but you see the inner you, wanted to say something. It built up to a pitch in the mind and then speaks it out! (Lady says something not understandable)

Yada: No don't. Now the man, Jesus, cursing the fig tree. I know of other things that would be better to curse than a fig tree LAUGHTER

Man: Mother-in-Law.

Yada: The poor mother-in-law and the devil, gets into trouble all the time. This is a negative thought. You take the seed of any plant and put it in the ground and you bless it with love, praise it with words and talk nice to it, telling it how beautiful it can grow and give it all kinds of encouragement beside giving it water and food. It will grow beautiful and it will have much strength and live longer. Now you take the same thing, the same force of love and you turn it around, turn it inside out and you use that same force as curses and feelings of damnation, and you swear at the seed and blast at and all of this. The plant will be stunted and weak with the same force turned around.

Man: Would you say that Jesus, being a teacher, when he cursed that fig tree, did it to show what negative thinking can do?

Yada: Yes, I would. for no teacher ever does an act of any kind without a very real purpose back of it. Why? Because he lives consciously. This is the secret of being what is called a master. Living consciously we learn first to control our emotions by knowing what is happening out here instead of imagining. But many people believe that somebody hates them, this is a persecution complex.

Look, my friends, a man and a woman get married, they confess love for one another and all of this. How is it possible that one or the other can believe that they would say something with the desire to hurt, to destroy the other? How could they do this and still go on living together? Something must be wrong there. We are lacking in faith in ourselves so is it any wonder we lack faith in our mate? Love, to bless, you take your vital energies and you project them with words and a feeling. Words projected with a feeling of hate, blast the plant with hate, and feel it, as many do for their mates when they are cursing them. Is it any wonder people take sick because we are cursing one another, those we claim to love. Our ego becomes hurt, we feel insecure and we turn in violence, "Oh, I didn't take a gun and kill her, or him", "I did not take a knife and put it through their heart", "I only said some words and she or he feel down dead. I wonder what happened? You cut off the force of life from them with your curses.

Man: Yada, how can one defend himself from the destructive thinking of other people?

Yada: By keeping a very consistent, conscious awareness in everything you do. When you retire for the night, say to yourself, "I withdraw my consciousness into the Light, am in and of the Light," when you awaken at whatever time you rise and you say, "I am in the Light, I stand and have my being in the Light. Nothing can enter which I do not desire. I am the Light". Some years ago you had some people here in your country who called themselves the, "I am" people. Do you remember?

Aud: Yes, Yes.

Yada: Now, my friends, many of their ideas were very vital, real and good, but greed came among them and they destroyed themselves. Don't let greed or fear of any kind enter your daily life. Don't let it. You cannot fail in what you desire to do if

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you desire it truly.....

Irene: Are you all right, Yada?

Yada: I'm losing control.

Irene: Yes, I know you are

Yada: My friends, I want to stay longer, but I find it difficult at this time to keep control of this man's body. I do not think I should try to create more energy at this time. Do you mind, please, if I withdraw?

Aud: Thank you very much Yada, thank you.

Yada: Grati ya. I give love, blessings to this house. (Speaks a blessing in his language) A notchi.

Anita: We love you, Yada.

Yada: Grati ya, grati ya.

19

Yada: Senas et Senahas en a Yada de Shi'ite.

Aud: Good Evening, Yada.

Irene: For those who have not heard Yada before, he is introducing himself. He says Senas which means ladies and Senahas is gentleman, Ladies and Gentlemen, I am Yada de She'ite. Yada will talk in his Yu language for a while and then he will revert to English. (Yada continues to speak in his language)

Yada, will you tell them in English what you have said?

Yada: Au kee. My Honorable Friends, it is a pleasure to come here this evening and speak with you. I hope you will find it a pleasure to speak with me because I do not come here to hear myself talk. I said to you in my language that man comes here to try to understand life, but he is lost in his mind; he knows not what the matter world is, so how can he know what may be beyond it. LIFE IS A STUDY. If we are not willing to give a little of our time to the study of life, we cannot know it. We are not born with the knowledge of what life is nor does death give us knowledge. Coming here, if we do not consciously seek to know, we pass on without learning and then we have to turn around, come back again, and try it all over. The greater number of human beings coming into the physical world are like the grasses, the plant life, the insect life. They come and go learning nothing. Those that come before us, if they know not, then they teach us the nothing that they know when we come. So is it any wonder there are so many, the greater number of human beings, that get so little chance to learn in one lifetime!

Now there are many, I know, that do not accept the theory of what we call re-birth, or reincarnation, and I do not come here to argue about it for argument gets us no place. There are laws and if these laws exist, as I say they do, then we have to follow them whether we like it or not. So if this is true, then how can we argue? We can not. Who knows so much that they can be certain of what they are talking about or what they are thinking about? We can assume, assume if we think about our experiences with reasoning, with the use of logic, that we can come to some theories that are workable and that is the best we can do.

Each lifetime we gather a little knowledge, store it away, come back and learn a little more. Now if you, some of you, want only one lifetime, have it; I have no argument about it, have it! Because you will find out the truth of your coming and going. It is your work, not mine. Eventually you will come to know. I can't tell you, nor can anyone else. I can talk to you of my experiences and tell you what I have learned from those experiences and perhaps you can profit by them. But I am no oracle of truth, no master; I am, like yourself, a human being, even though I have had what is called 500,000 years of consciousness awareness. Five hundred thousand, that is half a million years I've been awake! That sounds like a long time, yes? It is but a tick, a tick in time, 500,000 years.

I want you to have understanding of what is happening here this evening. First I want to, I need to, assure you that I am not a spook. I'm not a ghost, I'm not a wraith, I'm not an astral shell. I am, like you are, a consciousness, a clear consciousness.

Now, how do you get clear consciousness? Is it something you struggle for, that you need to sit in special position to achieve? Should I get this man's legs up here and fold them? No, it is not necessary. In this position should I take special breathes up? What appeal should I make to life so that it will give me what I want?

I cannot barter with life. All these mysteries that the Eastern mind, the Asiatic mind, finds necessary to put the body through are all right for the Asiatic. But for the Western mind, it will do very little, very little. If you want better health you can use certain kinds of breathing and learn to eat right, and learn how to relax so you can sleep well. That is all for the body. And of course, if you keep your consciousness upon the body for good health, you've got it. It is the same thing if you put your consciousness upon anything, you will get it. But you cannot make any bartering with life. That which man gets, he has to get consciously, or he gets it not at all. And that means work, work, work. But it does not mean going into ritual. As I said, it means taking care of your body - when you have good health, you have peace of mind, you want to put it into action.

Peace of mind is not simply doing nothing, it is for the first time doing something, it is becoming a (constructive) thinker. And the first step to do this is to release yourself of emotional turmoil. I keep repeating these thoughts, my friends, from one group to another; I keep repeating the necessity of (emotional control). Without it, you cannot go anywhere or accomplish anything.

First, right here, this evening, the first thing we have to think of is forgetting the phenomena of what you are seeing. Phenomena will get you nothing. Man himself is a phenomenal being, so if you want to witness physical phenomena go look in your mirror! You will find the greatest kind of phenomena. You may not be too pleased with what you see, but you can improve it if you don't like it. Nobody makes you that way but you. You are responsible for what you look like, what you feel like, for all of it comes out of your thinking and doing.

There are many subjects that you here have to speak of and I am most willing to try to answer these questions to the best of my ability. But please do not feel or think at all that I am infallible for I am not.

The human mind is of such nature it is capable of doing anything it is capable of thinking about. But the emotional self steps in the way and says, "You can't do this", "You can't do that", "You can't do the other". Everything is negation to the lower emotional self. Why is that? It is because this lower emotional self has been hypnotized from the time the individual comes into the physical world. Hypnotized. Part of your hypnotism is that somebody else will do your living for you, or that somebody will save you because you didn't save yourself. No. Human beings en masse are called the human race. If you don't run your own race, nobody is going to race it for you. (I make a pun on words) But it is true, true.

Here you have the masses of people that are told that somebody else is going to save them. This means they are offering you a suggestion of an easy passage, an easy passage through life and into the after life. Many people do not believe in an after life.

What about them? In the Christian Bible it says that those who are not for God are against God. Can there be no neutrality? Can one not say it does not matter one way or another? Does one have to be for somebody? Is your God that small that He has to get your consent to agree to His existence? Can He not just exist without bothering about you or caring whether you bother about Him? This alleged God is an impersonal God. It, not He; It is not a man; It does not care what you do, It did not take me 500,000 years to find that out! But it took me a great deal of concentrated thinking to overcome the suggestion that this was so. Once we rise above the fear, the hypnotic fear, concerning our soul, we become free.

Had the priestly system taught man to respect and love and honor his fellowman first, then he could have taught him about God with safety. But man, in his present state of consciousness cannot be taught about god or gods with any use to man or to God, because man walks blindly. He knows not himself, so how can he know God or gods? He turns from the thought of gods and devils and all of this, which is just a complex of fears, to what you call the flying saucers. Now there are an equal number of people who do not believe in flying saucers. They have never seen any. But isn't it strange, there are a great number of people who believe in God who have never seen Him; that believe in the devil who have never seen him. Ha.

You see what reasoning man does. Man is supposed to be a thinker. SUPPOSED. How much thinking does man do? You can discover this for yourself by the simple process of reading your papers - you know, your newspapers? That alone should tell you. You have thousands and thousands of temples throughout your nation, This city here is crowded with temples. Does this mean the people here are extra holy; or so unholy they need so many temples? You have become a nation of temple builders. Now - come the saucers! Are you going to build more temples to the Saucertarians? Going to bow down to them now? Going to burn incense to them? For what? What now is man afraid of?

From the very first time that man became self-conscious, he suddenly saw his shadow and he ran like hell. Ha,ha. That was the first thing that scared him, his shadow -

and he has been running from it ever since. He has been making all kinds of shadows to run from. Now he is creating another one from the saucer beings. For as sure as there are teachings that these beings are holy, there are going to be teachings that some of them are unholy and are seeking to destroy you. You hear the old story, my friends? The conflict of good and evil. If a thing is not evil, because you do not understand it, you will make it evil and you will run from it. Or, if we still do not understand it, that means it is good. You assume it. You don't know it, you assume it because some of these beings come and they supposedly say to some of the people here are earth, "We are such nice people; we are good, we intend your children the best". Do you believe it?

The best way, my friends, to have a nation destroyed, is by the enemy getting inside of it. Not attacking it from the outside, but getting inside of it and eating it out from within. This is the way almost every nation came to its end, by other nations getting inside, or by those inside becoming the enemy, the true enemy. 22

I do not say these saucer people are either good or evil, I say only that they are beings like yourselves, living in a different dimension of time, not on planets. But here you have come to believe in everything you can touch, that you can measure with the senses, then you say that is it. You understand that, at least you think you do. So everything from outer space that comes here must be of the same vibration, otherwise it is spooks. Ha, ha.

No there are many vibratory worlds, yet all of them must be considered as "matter" worlds, if you are going to learn about them. You cannot learn about that which is not matter because you have a sensory body, a matter body, which can measure only matter objects like itself. I know how much talk and writing has been done by people it is said have communicated and have had contact with these space beings. I do not deny the contact. I only say to you that the majority of things that are being said to these people here on earth, by the so-called space beings, are not entirely true. If one says to the spaceman, "Did you come here from Venus?", the spaceman says "Yes", where else? Is there somewhere else to come from besides Venus? Did you come from Mars? Where else? But these things do not know the planets Venus and Mars by the names Venus and Mars. Irene: By the names we give them.

Yada: That is so. They do not know them by such names. These beings have been to Venus, have been to Mars, have been to all the planets, not only in your solar system, but in many other solar systems beyond your Galaxy, called the Milky Way. More than this right in your own Milky Way.

There are hundreds of thousands of planets, most of which are occupied by living beings. Not all of them look like you. You wouldn't want that to happen to all of them, would you? (Yada laughs).

Irene: I have a question, Yada, pertaining to the flying saucers. Are there flying saucers that sound like airplanes and flash varied-colored lights as we do?

Yada: Yes. These beings, they also have certain kinds of work to do regarding the earth. They are not too concerned about you and if I were on your earth they would not be too concerned about me as a human being. They do not care about your moral outlook, do not care if you believe in gods or you don't believe in them. They are interested in the earth. They are making a study of the earth, like they make studies from time to time of all the various bodies in space. Some of these beings have to camouflage themselves from the looking eye of man. Man is a looking being. He does not always see what he is looking at, nor does he look at what he sees, but he is pretty good at times and they do not want to take any chances and be discovered and have great notoriety given to them. It interferes with what they are trying to do.

And so they make like material planes, planes with the motor and these spinning things you call propellers.

They do all sorts of tricks. They make flashing lights that look like the planets. Sometimes they have a great deal of work to do over a certain location of the earth, so they call upon the elements and they cause the elements to develop a big storm, with much black clouds, storm, rain and thunder and lightening, everything to disconcert man on the earth, to distract him to keep his eyes down. Everything short of saying, Mind your own business, please.

This is what I want to say to you:- There is not just one way to do things in life. That which is called the "laws of nature" have many ways to do things. Now you, as an individual can cause the elements to kick up a big storm, if you know how. You can call upon the winds, the lightening. In your Christian teachings, I go back to that; a man that is called Jesus, whether He existed or not is not the question at the moment, this man you call Jesus, the story was he was out in a boat and was sleeping. He felt safe, because he knew life. He was a master, an understander, one with a clear conscious mind. He was sleeping, then came a storm and tossing of the boat and those in the boat with him were very frightened they would be capsized and everybody would die. So they awakened this man, he was not sleeping, and he was asked to quiet the storm, and he said, "Peace be still, be still", Was it because he was the Son of God that he could do this? You are the Son of God too, why do you not do it, heh? Because you have been so hypnotized into the belief that you have no right to be a god, so you don't do anything, you never attempt it. You never attain You can do it!

Let us go back to the Bible where this man, Jesus, said, "Even you shall do greater things than I". But the priestly system has taken this out of your hands by saying, "Oh no, you are a sinner." What can you do if you are a sinner? How did you feel about one inch tall. You are not a sinner, none of you are sinners. Man comes to this earth to experience his, man's own creation. This takes living, living and doing, doing what you feel is right within yourself to do. If you do what you feel within yourself is right, you cannot hurt anyone, you cannot. It is only when we act without knowing or caring about others that we harm others.

Irene: Yada, I have a question here that is fitting at this time? Where is Jesus Christ now?

Yada: Let us start by saying that the Jesus body has ceased to exist. Why? Because it was buried in the ground, or perhaps some angels came down and did what you Americans say "snatched the body"! LAUGHTER No, no snatching! Angels don't do that, they have no time. There was no one called Jesus the Christ. Jesus is a body, your body. You've got the Jesus body. Christ is your consciousness. Christ is the eternal light within. Whether that consciousness is awakened to this fact has nothing to do with it. It is yours. Each consciousness will become aware of its own Christness in its time.

I step away from that way of talking to tell you more directly that there was no man called Jesus the Christ that died for you or me. Now, my friends, that is what I say, but I do not ask you to believe it. And I don't care, I can't care whether you do or whether you don't. That is not my work. My work is only to tell the Truth, If you do not see it as truth, that is all right. Whatever you are doing is right for you to do. If you are waiting for someone to come and save you, be he called Jesus the Christ, or be he called Gautama Buddha, or be he called Zoraster, or be he called Bhrama, I do not care. Whoever you are waiting for, go on waiting as long as you feel it is the thing to do. I can say to you that my knowledge of life has shown me, clearly, that no one can save another one. The first question I ask you is this; What do you want to be saved from? Can anyone answer me that? What are you waiting to be saved from?

Man: Yourself.

Yada: You are right, my friend, from yourself. We are waiting to be saved from ourselves. How ghastly, how frightening! Frightening why? Because it is false. How can we be saved from ourselves? There is a way to save yourself from yourself. How do you do it? You are saving your higher consciousness from the lower-emotional self. But the only way you can do this is to get the understanding of what your high self is and what your low self is. What is its nature.

The high self is what the Christians call (God) - the Eternal Light within, not the Man Upstairs. This is upstairs, upstairs from the throat. T.

Irene: Within the head, between the eyes.

Yada: Within the head, between the eyes, this is the Heavenly State. Now when one is given baptism today, and for years and years you earth people have been taught to use water on the head to baptize, you mostly baptize babies, what do you want to do that for? The babies don't know what you are doing. You are taking advantage of them! They do not want to have water put on their heads! LAUGHTER Some of us

are still shy of water and when you do it to babies, you are giving them an early start on fear of water by putting water on their heads. You want to make him have water on the brain? Ha, ha.

My friends, no, this is the heavenly state. You bring the holy water, which is cosmic energy, up your spinal column to the heavenly state, which is in the head. Your head is heaven for there is here a chakra or nerve center, where, with breath, the proper kind of breathing (which I will not speak about, if you don't mind) is the source, the cosmic energy, or better, the snake. You know the snake? Nobody ever likes the snakes! Irene; They don't understand it. 24

Yada: The snake does not understand himself. Now the snake lies at the base of the spine. The snake is called Kundalini. Sometimes it is referred to as sex energy, the vital forces centered in your body, your creative forces. The reason why the Buddhists sit in the Lotus position with the legs crossed and the palms of the hands up this way - why is this? Is it superstition? No, it is very scientific. This position causes the centers of the spine to open right on up the spine, so that it forces the Kundalini or sex energy, which, when you breathe in a certain way, you start this force or substance, which instead of being a liquid comes in a gaseous form, to slowly crawl up the tree, which the spine is called.

This is the story in your Bible of the Garden of Eden and the snake and Adam and Eve. This is the inner story, the tree story, which is not about a man and woman that suddenly discovered sex and God didn't like it! They did not ask God whether he liked it, only they liked it. LAUGHTER So God said, "go". He didn't have time to do it, so he called an angel to go show these people out of the garden. No more, please, they can't stay there, they knew something, because "I intended to create a stupid creation, but they changed conditions for me. They got smart. I do not like a smart creation. Go please."

You see how foolish this story is, my friends? That God, a super being, should revenge himself against his own creation for doing what he told them to do is the story for morons.

This force coming up the spine, is the snake coming up, the truth This force is touching seven chakras from the base of the spine to the top of the head, which is the heavenly state. Now when this force reaches the throat chakra, the individual receives what is called the kiss of betrayal, the Judas kiss. Here is where it is given, when the force gets here in the throat chakra. From here has come the word of creation, tone sound, the word of creation. The word of creation many people believe is "Ohm", but while it may be "ohm", it is not "Ohm", because this word, the way it is used, is what brings things into form; not the word only, but the way it is intoned. And very few people know how to do this. And it is well that they do not know, not yet.

To work. Let us earn our knowledge step by step. Let us not be afraid that time will cheat us. Time cheats no one; we cheat ourselves by not trying, at least trying, to stay awake, stay awake to our own divine nature.

Irene: Do you feel these things come to us naturally as we develop into understanding of life?

Yada: It is so, is so. Now when this force hits the throat it is said this man on the cross, called Jesus, cried out, "Oh God, my God, why hast thou forsaken me?" Because he was dying, because he was suffering, because he was afraid that God has forsaken him? No! Because when the force comes here, this creating force strikes the throat chakra, it creates within the initiate such a tremendous longing to stay in the physical world, to stay with this sensory body, that he is now, at this moment, more frightened of leaving it or losing it. More frightened than I can put into words. For now when this force gets past the throat to the brain center, or the king chakra, there is no coming back. The world instantly will be very different than it was before that individual completed his initiation.

Irene: Why this great test? What is he separated from when this takes place?

Yada: He is separated from his illusions, the world of illusion. When he enters this great state called Samadhi, entering it consciously, consciously - not as some of the Hindus are doing it, losing awareness of the outer world, but for a moment he

steps into heaven, which is the heavenly state - he becomes one with the creator. This means he loses his emotional illusionary self. Now, what good is that, some may say. "I like the body, it gives me pleasure." That is why the initiate cried out, for he did not know. At that moment, he was in great doubt. "What am I being plunged into?" What? Man always fears the unknown. Here this tremendous force crying out, "Don't leave me, don't destroy me." "Give me back my desire body, Don't let it go for I know it so well, I know it." But once the force with great courage in the initiate attains to the heavenly state, in that instant he receives what is called - ILLUMINATION. He is then known as the ILLUMINATE. 25

My friends, I am telling a story about you. That is what you have to look forward to. How great, how wonderful, how useful. For now when you receive this illumination you will know what creation is. For in that instant, you realize that you are the dreamer or the creator if you like it better that way. As long as the individual suffers the belief that he is the dream, he can do nothing about the dream, he is caught in it. Under hypnosis you can be told that you are not a body and they stick pins, knives, anything in you and you will not know you are being so treated, because you do not have an awareness of being a body. This illusion of bodiness has been deprived of you. You can in self realization, know what a body is and instantly heal your own body of any disease.

Your world today is filled with tons and tons of literature written by brilliant minds that proclaim this fact, that the body is a dream; that the physical world is a dream. You may say, "Where is reality then?" Is a good question. Reality is where your consciousness is. The more of your consciousness you have upon a thing or place, the greater the thing is, the more real it is. As you withdraw your consciousness or your self awareness from these things, the less real they are.

Irene: Yada, I would like to read another question pertaining to dreams, the dream state. In the Bible there are about 16 chapters in the Old Testament and four in the New in which dreams are mentioned and there are many passages throughout the Bible that refer to visions. Can we say that God speaks to us in this manner? And if so, why all the horrible dreams we sometimes have?

Yada: Perhaps God is sleeping too long and dreaming too much and causes you to get a nightmare for him! Not a very good pun, heh? If God creates good dreams, he must also create bad dreams. But let us not blame it on God, he is not interested, he doesn't care, he doesn't know. He has no awareness of his creation except as you and you, individually speaking, make him, or "It" aware by yourself becoming more consciously aware. God. Let us forget to talk about him for a little while. Let us talk about man, that is more important.

A few weeks ago, I talked to a group of people and my subject was called "Bottoms Up" It is the position man takes to adore his God, the bottom in the air, you know with the face on the ground. For thousands of years now, God has come to believe that his creation has turned into bottoms LAUGHTER He so seldom sees faces! Man refuses to stand up and look him in the face. Is it any wonder the world is in such a mess. God cannot talk to bottoms! Let us get up and stand on our feet and look God in the face for he is right here in the head - the Eternal Light within. = T. A.

Nightmares. Let me talk about nightmares, it is very interesting. Sometimes I call them night - hags, you can understand that better. You know what hag means?

In the dream the witch is the individual's worries, his anxieties, his fears. God didn't do it, he did it. The individual did it in his daily wakeful state. He stopped believing in his own creative self and this brought fear. We must trust and have faith in the Light within, the Light of Creation which we all have. Let us suppose - you know there are little bugs in your world, the little bugs that light

Irene: Oh, the lightening bug.

Yada: Lightening bugs! That is what man is, but he has become frightened and he has gotten into the habit of turning his light off. It is very bad, because he will continue to bump into his fellowman like this; no light on to see him. Let us turn the light back on, this is easy. First you must talk a little to yourself and if you cannot talk to yourself you must talk to someone else, your other self, called your fellowman.

You know, my friends, consciousness is one - all man is one in consciousness, but he believes he is split up in pieces called separate individuals. But there is only one life and that one life lives through all of us, sustains all of us in or out of the body. So when we are talking with someone else, we are literally talking to ourselves. But ²⁶ this is an illusion we suffer and have been caused to suffer, coming into the matter world that there are pieces of consciousness lying around. And because some consciousnesses have created a body on one little piece of mud across the ocean, this piece of consciousness that has created a body on this little piece of mud does not like him, because he does not talk like he does, because he does not look like he does, and perhaps he is a little too fat, a little too tall, a little too face look thin. Perhaps he does not believe in some kind of political belief that he believes in. Perhaps he does not have the same skin color and that is very frightening - something should be done about it.

All right, you want to get off the world? You have a song in your world called, "Stop the World, I Want to Get Off"! LAUGHTER I think it is reasonable to suppose that it would be better to stop the world and let those who think they are so superior to their fellowman get off, get off - there is Venus. Let us call the space people and ask them to give these special people another world to live in, heh?

Man is man - short, tall, fat, thin, black, white, red, yellow, don't care - human beings. Because why? Because he is none of these things I have mentioned, he is a man, a consciousness. Today in your world you are having a childish game called - shall you separate or shall you integrate. What are you going to do about it? I will tell you, you are going to go on battling, fighting, until you come out of your nightmare. This is a living nightmare that man is going through. Every time I raise my hand against my fellowman, I raise it against myself. Nightmares, I am worried, let me see - what should I worry about today? I can not worry about the same thing I did yesterday, because it didn't come to pass. So now I discover it was a mistake to worry about that. But there must be something tangible to worry about. Let me set aside a time for it. Now this is the way to worry; this is a true professional worrier. You go off in a little room by yourself every day for ten minutes, half-hour, or an hour, two hours, or all day if you wish, but set aside the time for worrying and do a good work of it. And then leave it there and go ahead and do what you have to do. You can do it, you can, for worry will not bring you anything but more worry. It will not solve any problems. What is going to happen tomorrow is what you think today.

If you go to bed with an anxiety about what your child is going to do or not going to do, you are going to cause yourself much unhappiness in the sleep world. You are going to turn your worry into a monster that will attack you in your dreams. Bed is for sleeping and planning beautiful dreams. You can dream what you want. You like to dream about men; men, you like to dream about woman? Oh easy, easy, you do not have to dream about unpleasant things, you can dream about the woman you want. Concentrate upon her, put your consciousness there. But don't do it if you are married. LAUGHTER - Unless you concentrate upon your wife. LAUGHTER This means you have to talk to her in your sleep, the way you talk to her while you are awake, or she will slap you.

Irene: Yada, you remember don't you

Yada: Yes, I remember for I was taught, part of my teaching in my civilization was how to stay conscious. This means when you go to sleep to dream consciously. To dream consciously is to know what you want to dream about. For who is doing the dreaming? You are.

Don't let somebody else dream for you. Dream for yourself. You want to dream about what? You want to have a big beautiful home; you want to have big gardens with much beauty that you would like to work in? Dream it. You can if you put your consciousness to it. You want to learn how to acquire - much money? Money?

Irene: Everybody wishes for that, Yada.

Yada: I was going to say, does anybody know what that is - money? Concentrate on money. But don't just simply concentrate on money, concentrate on your having it. I am going to tell you a story about concentrating on getting something. Would you like to hear it, please, heh? It is called, in the American, a joke.

The story of a man who has a beautiful home, but he is not satisfied. He is not satisfied because his neighbor not only has a beautiful home, but he also has a beautiful automobile. So this man wants a beautiful automobile too, so his neighbor will not sneer at him for not having one. Not that he needs it, it is just that he doesn't like to be sneered at. He had not been able to get it and he did not know why he could not get it.

Then he met a man who said to him, "I am a teacher that can teach you how ²⁷ to get anything by concentrating." So the man said, "Tell me please, I will listen." So he said, "What is it you want?" The man said, "I want an automobile, I have a garage, a nice home, but no automobile to put in the garage." The teacher said, "Very easy to get automobile. All you have to do is keep concentrating upon it and keep picturing it in your garage. You have to know what kind of an automobile you want. That is the first step. What kind of car do you want? A Cadillac? You picture the Cadillac in your garage." So this man went home very happy.

Many weeks passed and then these two people meet again. This teacher said, "How are you doing, have you got your automobile yet?" The man said, very sadly, "No, no, not only did I not get the automobile, but I had to sell my home. I spent so much time thinking how to get the Cadillac, I lost my job, and not making any money, I lost my home". The teacher said, "Oh that's too bad."

Is that the way to get what you want? Simply to concentrate upon it? No, you have to picture it in your possession, using it, possessing it, operating it. It is the only way. You want nice dreams awake or asleep? You have to put your consciousness upon it.

Irene: This man who had been concentrating said, "There is a Cadillac in the garage, but the man who bought my house had the Cadillac! So he saw the Cadillac in the garage, but did not see himself possessing it."

Yada: Is so. Now, my friends, I am perhaps not a very good story teller.

Irene: Yes you are, Yada. I've heard you tell that story before and you told it very well.

Yada: But the idea behind it is what is important. Not the story.

Irene: Yes.

Yada: We may laugh all we please, or we may cry all we please about existing conditions, but they are there to deal with and only you can deal with them.

Irene: I think that is a wonderful lesson, Yada. His thought really came into being, the Cadillac was there. It does show our thoughts do come into being, but we have to think it right.

Yada: Yes, it is so. Now have you a question, please?

Irene: Yes, I do. Mr. Palfy would like to know at what point in human birth does consciousness enter the physical form?

Yada: It is said that one picture is worth a thousand words. So I shall draw you a picture. In order to be born into the physical world, one must know what is being born. Is it a body that is being born, or a consciousness, or both? When one dies, in order to know what survives the desolution of the physical structure, we must study to find out. To simply say it is the spirit, or soul, does not make it the spirit, or the soul. Things are seldom what they are named.

A man talks about coming back to the physical world and he does not know what is to come back. We are filled with beliefs which is not knowing; opinions which is not knowing. When we know, and know we know, we have no argument with anybody. We argue only when we feel insecure in our beliefs.

I say to you this is a story that you must discover in the course of your living as to whether it is true or not. Don't take my word for it now please, sir. Here is the picture. I have lived in the physical world; I had cause to leave the physical world. I, consciousness, made a body to function in a three-dimensional-vibratory world. I, consciousness, for one reason or another, left that body. If I left it, this means I must have continued somewhere else.

Man: May I say something.

Yada: Yes, please, if you can throw doubt upon it, do it, please, because that is what I am here for. I am willing to listen to any thought you have to offer.

Irene: Yada. . . .

Yada: Gratia. Where did I go when I left the physical world? I say to you I must have some place to go to. But what we are troubled with is not truth but semantics, words and the understanding of the meaning of words. Before any group of people can really discuss a subject they must first agree, all agree to what the meaning of certain words are or are to be. Otherwise there will be hogpog, confusion. I consciousness go no where, for there is no where to go but consciousness. It appears that this here (tapping the table) in what you call the physical world, is something in itself, apart from your mind, your consciousness. I say to you it is not. This is your consciousness (pounding table again). You could have this table and all these people out here in a dream and it would be just as real to the dreamer.

When death takes place, the individual may not lose consciousness of the physical world for more than a moment or two, but this depends upon how the body is being treated, or has been treated before the consciousness separated from it. If an individual goes through years of pain and great suffering, they may fall into a sleep state and stay that way for many years.

Now, this is not an unpleasant experience, it is a very pleasant one. REST; in this rest the individual dreams away his memory of earth life. When he awakens from this dreaming away of earth life of pain, he enters a world of his own, most beautiful, most beautiful. Not that he has no problems, because that is the very nature of consciousness. This is the trouble with the Christian heaven, no problems. → → →

How would you like to be suddenly projected into the Christian heaven where all you had to do is to go around God's Throne and tell Him how wonderful He is, singing this? Thousands and thousands and millions upon millions, and billions of holy people are doing this according to the Christian teachings. Can you imagine how insane God must be by now, just listening to the singing. Most of us are very poor singers and undoubtedly after a time God would confine most of us to hell! LAUGHTER

Aud: Which would be a good thing for us.

Man: Could I ask a question?

Yada: Please.

Man: If all consciousness is one. . . .

Yada: Is so.

Man: then there are no pieces. What is identity?

Yada: Identity is a form of illusion. Let me point out, please, what I mean by one consciousness. Let us say we take a board, you know a blackboard like this is, and put in various sizes of what you call today light bulbs, putting them in here, here, here, and different colored ones besides the sizes. Now slim one, fat ones, tall ones, all of these in bulbs. Now if these bulbs could think and talk, they undoubtedly would be sneering at one another. "You're too white". "You're too black." "You're too tall." "You're too thin." "I'm the perfect one, follow me, my light is the brightest, so bright I can only hope it doesn't hurt your eyes." But there is a power house over there in that corner. All the electricity, or light force or intelligence is being created right here and flows into all of these bulbs (according to their ability to stand that amount of light force.) But basically they are separate little somethings, all very sweet and rosy and the best. And it is well that we do this I suppose.

The ego must have some fun out of its game of life. But should something happen to break the body of this bulb or that bulb, all the rest of the bulbs will say, "he's dead", or "Oh, poor bulb, we did not think too good of him, but it was fun to have him around, because (it was somebody we could criticize and forget our own business, in doing it.)" "He's dead." "Oh the King is dead." "Our loved one is dead." "The bulb has been smashed, the light force is gone." Oh no, the light force is still going, the source of it is still there. The electricity is still moving through the other bulbs which proves it is still there. And even though you smashed all the bulbs, the electricity would still be there. Is it not so?

Now you see, by experience a consciousness comes to believe it is something separate from everything else. Now in a manner of speaking, it is. We are separate individuals; we are dreamers, each individual is the Creator, not a creator, The Creator. The creator of his dream. To him, life is real. Reality is this for him. He cannot tell you what reality is, but he can know what reality is. Here you have the trouble with seeing 29 things. Let us take the simple matter of the flying saucer. Somebody will say, "I saw a flying saucer", or "I saw a strange object in the sky". The one that didn't see says, "You didn't see it, you are only imagining things." How do you know that he did not see it? I think you have a great deal of audacity to contradict one another's stories. Irene: I think we have a great deal of respect for ourselves for not being too gullible too.

Yada: Gullible. Thank you. You are right, but gullibility has little to do with denying another person the right to tell his dream. You do not have to believe it, but on the other hand why deny him the right to tell it? You here in your country - you like your freedom. You proclaim that you are a country wherein an individual can act upon his own, but I look around and I see very little of it. Your churches, the very number of them alone, tell you that few people live by their own thinking - few people.

Identity is something that the individual gathers from experience. I am a composite of experiences. That is the very nature of what is called the soul or spirit - is a composite of experiences, recorded on a light wave. I, as a light wave, a spark of light, I come into the three-dimensional-vibrational world. I enter my father's body as a light wave. This light wave is breathed in by males and females alike, but it does not stay in the female body. It stays in the male body and travels through the blood stream to the creative centers where it mates with the chemical seed that is created there.

Now the entity is a living consciousness in a matter body. Here it is not yet complete physically. So if conditions are right, it finds its way to its mother's body. Here it gathers substance from its mother's body and you will notice, that almost exactly the same amount that it has taken from the father, it takes from the mother - 24 genes and chromosomes from both.

So now it begins to design its form in its mother's body. It is said that the child cannot be harmed by the mother's thinking. This is a great mistake. Just because a man who has many letters after his name proclaims a certain condition exists, does not mean it is so anymore than what I say to you means that it is so because I said it. I am a spook and spooks know everything! I say to you, that this being can be affected by the mother's thinking, due to the fact that her thoughts affect her emotional self. Through this emotional system, the incoming being, the baby to be, is going to be affected. For it, that body, in that state, is an emotional system. It, in that state, is recording every little sound, every little thing that is going on, it is recording it. How is it recording it? It is being recorded on every cell of that body. (Speaks to his teachers)

Would you pardon me please, for a little while. I must leave, then I will come back and talk to you again, if you do not mind please.

Irene: Thank you.

Yada: E gratia. My friends, as I said before, contest me if you feel you wish to. I like to be contested.

Irene: You like debates don't you?

Yada: Yes. A notchi.

Irene: A notchi. (Yada withdraws for a while)

Irene: The person that asked this question that was handed to me, is the lady to your right. I'll save that

Yada: My honorable friends, I've come back for a little while. I will not go on talking on the subject I was talking about when I left here. I would only add this - that when one returns to the physical world, if they come here consciously, by design, by effort in knowing what they are doing, they choose their own doorway to the physical world, meaning their parents. If they do not come consciously, the choice is (not) of their own making, but is emotional and born of emotional desire.

All they desire to do is to feel through the physical body again! When one designs to come here, when it is a (conscious/willing, they know (exactly) the path they are to take and what they are to do when they get here.

The man called Jesus, who I say to you is not the named Jesus (but that has little to do with what I want to say), he came consciously, he came knowing. The virgin birth had nothing to do with the state of his mother's body. The Virgin Birth means being born in wisdom, in knowing. In purity of mind, means knowing. 30

Some people are born knowing only certain things like some of your great musicians. They bring back with them the knowledge of music in its higher form, or in any other of the fields of art. One may be born what is called a mechanic in motors, engines, in the design of such things. These you call geniuses. He knows but he didn't bring back the memory of the life he lived it, only the knowledge of what he was capable of most, what he loved, what was in his heart and deep in his mind. These are the patterns of thoughts he brought back with him. He does not say, "I remember I was a genius of this or that in another life and so I am going to do it in this." He has an urge, an uncontrollable urge to listen to beautiful music, or the beautiful designs in mechanics, or any of the other arts. Also many of us return with memory patterns of various kinds of body ailments diseases. We sow these thoughts into the building blocks of our bodies, the substance out of which we build our inner structure, called genes.

I have talked about this before. Because many people accuse parents when their young children seem not to be doing what they should, what they call acting belligerent. The blame is cast entirely in some cases upon the parents, but this is not all their fault at all. Do we not bring something of ourselves into the physical world? Is all we are what our parents make us? Certainly not!

We bring with us ourselves, then our parents try to condition that self. Perhaps a parent does not like music; the child likes music, his impulse is music. He must do it and if he is not allowed to do it, that force, that creative force, may turn back upon the child and either kill it, or cause it to do very strange things. Or perhaps a child comes over with patterns of such impulses that would in these times be called evil, lying, crooked, murder. All the training of the parents or other teachers will not change the child's pattern. Impulses. They cannot be changed.

Your prisons are filled with these kind of people and it is said that they can be made better. So they have trained men called psychiatrists, put in these prisons to make these men better by coming to know themselves, to help them unravel their inner selves. But how many get out? How many get better?

Irene: Have you observed this condition, Yada? Do you know whether it has helped any of them?

Yada: Of course it helps some, but think of the vast number that have not been helped. Is it because you have not enough psychiatrists? That is only a part of it. You may have 10,000 psychiatrists or more, but there are some of these people that are not going to be helped

It is like some people that come here with sick patterns. You call them hypochondriacs. It is a nice word but means very little. This person was born with a sick mental pattern. You may talk to him, reason with him all you like, but he will remain sick. Why? Because he wants to. It is his joy, his pleasure, his satisfaction. He is enjoying it. Now, if you could make it a pain for him, he would stop, he'd stop. But you cannot. That is why it is so difficult to break some people of the alcoholic habit, because all they can think of is the pleasure. If they could but remember the pain that it gives to them, brings to them and to all those who love them; if they could only know this and hold on to this knowledge, they would stop. But their life is pleasure bent. The very nature of life is pleasure. That is why man resents pain, for he inwardly knows that it is negative, it is not of him, it does not belong to him, it is not natural to him.

Now I will talk about something you have on atomic structure.

Irene: It says: What is the force that holds together the nucleus of the atom and can we put it to good use?

Yada: You can, but you won't, not for a while yet. Not as long as one man kills another man will there there be peace on earth. So it looks like there will be no peace, heh? My friends, nations are made up of people, individuals. Is it not so? This means that each individual has to be somehow trained into realizing that any other individual is a part of himself. First we have to be taught to love ourselves. Then we can love others. But we are not, we are taught to be afraid of ourselves, ashamed of ourselves, that we are evil, bad. Even in your Christian Bible it is stated that human beings are as filthy rags in the sight of God. Do you like that? I don't think so. To love yourself is to take care of yourself; of the body, to feed it right, to rest it right, to do all these things that are valuable and vital to the body. But you cannot do these things and you will not do these things until you are right - here in the head - until you realize the necessity of conscious thinking of being awake, of knowing your nature and acting according to what you feel.

What do you like to do? Then don't say, "I can't do this, somebody stop me, I have too many children", or, "I have too much work", or "I'm so tired". If you die, all these reasons will die with you. Your children will get to where they are going or they will not, according to the way they are conditioned, according to what they have brought over with them; also, according to what they feel about life in their own way. If you have faith in the Light, or if you wish, in God, and in the Power of God, then how can you question what is going to happen to your children? They are like you, in God. How can anything happen to them that should not happen to them? We are mistrusting ourselves when we mistrust the Light wherein our children are supposed to walk and have their being. Irene: That doesn't relieve us of the responsibility of guiding them does it?

Yada: Certainly not. Guiding is different than forcing, or twisting, or pushing, or bending them to work and do as you want them to do. Guiding them is being patient and letting them experience their life as they go along. You may say you made a big mistake and you do not want your children to make the same mistake you did. How do you know you made a mistake unless you made them first, heh? And are mistakes not as valuable as no mistakes? Certainly yes. FAITH, in your own life within first, then you can open the hand and give it to another. Here - this is not the open hand (Yada makes a fist) this is possession. You see it, you have seen it many times this way, possession. You see what has happened to those who have used it. Look into every dictator down through the history of the world, and you will find they are all dead and all that they took by force has gone back to those they took it from. And so it shall forever be. For only love can take and keep, for love does not keep, it gives. ← H

ATOMIC STRUCTURE. Here we take an atom, we look at it. It is what? We cannot see it. We study it and give it some understanding by what is called the process of mathematical equation. We do all kinds of tricks with it (I say "we" but I mean you, for I am not of your world though I am occasionally in it).

Every part of the atom can be fissioned, yet the atom is not particled like it has been believed. By this I mean it contains not particles. Now some work done on the atom causes what appears to be a breakoff or a splitting. It appears that the piece split off goes somewhere. But where? It has no place to go but within itself. So the work done on the atom to split it, all it does is to cause that bit of matter that is taking up a certain amount of space, or a certain volume of space, to take up a greater volume of space. It does not knock a piece off; it simply causes that atom to expand its field of action.

Now it is said the nucleus or the core is a tremendous potential of force. The nucleus is not a piece of matter with other pieces of matter swimming around in various orbits. Whether the atom is more a mist, as you know a mist, only a cloud, it is an energy field. According to the work done on it, it can become either positive or negative in its action. Not in itself, but in its action. Now in your world, it has been said, that the name of the substance that holds the atom together is called meson, you know meson? Is the man here that asked the question?

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Irene: The lady asked the question.

Yada: Is she here?

Irene: Yes.

Yada: You know the word meson lady?

Lady: Yes.

Yada: Now this word causes them to believe that it is the thing that holds matter together, but meson is only a word; it is not the thing. It is a label, placed upon an unknown quantity. So if I should give you another name that is all I would be doing to tell you what it is that holds matter together. I cannot name it, for any part of the so-called atom can be turned into a field of repulsion or a field of attraction depending upon the work done upon it. Now in looking at the atom it is said that it is 90% of nothing. That is very interesting! This means that the core of the atom is the real substance. (I think that is what it is, heh?)

The core, or the nucleus, of the atom is the substance of the atom. Now this means that there is a vast field, relatively speaking, of nothing but space between the electron body and the nucleus or core, or central sun, this is not so. There is no space between the nucleus and the electronic field. There is a vast field of very great dense matter or energy, if you wish, that is moving from the nucleus to the electronic field in this kind of motion (illustrating).

Irene: Pulsating?

Yada: This pulsating motion, thank you very much.

Irene: Sort of opening and closing, isn't it?

Yada: Yes, this pulsating motion. Now this energy that is coming from the nucleus is moving in quantum arcs, quantum-arc motion to the electron bodies and back to the center. But they are minute arcs and this causes the electron bodies to move out on their orbit and then move back to the center again.

You have an actual breathing body here, the same way as you have with the sun and the planets. When the planets move out, far out on their orbit (and the orbit is not round but what you call elliptical) and when it moves out far like this, it is repulsed by the sun. Every body moves. What is called the solar system is in your sun. That means that the sun has control over the action of all those planets. It sends out vast forces of energy that drives these bodies on their orbits and pulls them back to the center again. And that force, like in the atom, is thousands and millions of times, billions of times, denser than that which can be seen, than that called the electron or the nucleus, billions of times denser. LIFE, what a fascination. How can any individual have a moment of boredom when there is so much to know.

Sir, would you like to say something? Or lady?

Irene: Would someone over there like to say something?

Lady: I have been thinking

Yada: So, somebody is thinking, heh?

Lady: Yes, I was.

Irene: She was just thinking out loud, I guess.

Yada: Yes, yes. Now my friends.

Anita: There is a man in the back here.

Man: Is the sun hot, or is it just magnetic energy?

Yada: It is not hot in the way that you have heat from burning. It is an interchange of energy which produces no real heat there, but when this decaying and building up process, breaking down and building up process, of the sun's energy is scattered into space and it strikes bodies that have what you call atmosphere, it creates heat. Now your atmosphere, as your scientists have only recently discovered, several hundreds of miles away from the earth it is hot, not cold, hot. Also there is an electrical field moving around your earth. There is a tail, a kind of tronic tail which is of an electronic nature, moving from your earth, its tail pointing to the sun. So the answer, Sir, is that the sun is not hot as one would burn something, but hot by interchanges of matter in various states of decay, matter, energy.

Yes, now you go down into the earth. Man sometimes, many civilizations, several of them, came to the conclusion that the sun was causing certain growths to form in people's bodies causing blood cancer, blood disease and things like this. They knew this way back in my time and in other times it was more true, because the earth was getting more cosmic radiation in pure form than it is now. Now these people realizing this, decided to go underground. They did not escape the radiation. In many instances they encountered more potent energy which affected their bodies causing growths and after long exposure, those that survived it, it turned their skin different colors, white, a kind of livid white, and red, real red. Not the copper of the Indian today, no, but a real red. This was from the chemicals, the decay of chemicals in the earth, bombarding their bodies.

And then there is the xray from the breaking down of radium into the radiation, you know? Then there are heavier elements, uranium. Many people dug into vast fields of uranium and did not survive very long in that kind of form, that human-life form. It caused many terrible mutations to take place and then in time some of these horrible looking creatures that survived, these mutations, came to the surface. Many people would see them and think of them as devils.

Irene: These are not - no I better not mention that.

Lady: Yada, would you elaborate on Scientology?

Yada: I'm sorry, I will not elaborate on it if you do not mind, but I will say this, My friends, whatever you study, it is not the thing you study that enlightens you, it is your agreement to what you believe is being said. If you believe it, if this is your concept, it is yours and you must live by it.

Man: May I ask a question?

Yada: Yes, please. But I am not going to stay very long, please. Scientology, I say to you is a very good study, very good, but its goodness or its evilness does not lie in itself; it lies in you. What are you going to do with it? It is like the spiritualism.

Nothing wrong with the spirit-ualism as long as nobody touches it; but the moment someone touches it, it is no longer spiritualism, it is this one person's concept. Whatever you get from it, that's what it is. Catholicism is not a something in itself, it is those who study it and try to live by it, by believing it. This is so of everything. Heaven is filled with people who believe what somebody else said, and so is hell.

Irene: I have a question. Why did Jesus not leave a definite formula, or rule, whereby to accomplish the demonstrations of healing such as he accomplished?

Yada: Because He knew there was no easy passage. This Man, besides being a Teacher of people, was a teacher of Himself, mostly. He did not bring a religion called Christianity to the world, but those who followed in His footsteps and wished to shine in His Light created an "ism" out of Truth. And that "ism" today is dead, is like dust in the mouths of the people.

That is why wars continue in spite of all the so-called Christian teachings. That is why one who goes to the temples, the Christian temples, believes in war. My friends, there is only one, one god to believe in. It is called LOVE. It is not a belief, it is a fact that you yourself can work with and prove to yourself that it does exist. You can try forever and ever to prove that there is a God up there, or to disprove there is a God up there, but you are getting no where. But you can prove there is a God here and here, in the head and in the heart. For that is where the Eternal Light is hidden.

Jesus, this man called Jesus, had no intention of proving anything to anyone. In fact when he was asked to do so, he refused. He said something like this, "I am a magician, I come to teach you how to be a magician. Not so much to teach you how, for phenomena, for that is shallow and has no life in it at all, but I come to teach you to be the Magician of Life, so you can master yourself. When you become the Master Magician over yourself you will have no further problems, troubles, no troubles of the kind you have been having. You will know how to manipulate matter with your mind, with your feelings."

Feeling is an important thing, my friends. How do you feel? Not with your hands, anybody can feel with their hands, but feeling, sensing. "I know there is something -

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something. Have you not said to yourself something is going to happen tomorrow, or the next hour, or in five minutes or ten years from now? You say, "I know". It cannot be denied, for It knows all there is to know. It knows. Jesus did not heal anyone and He said so. What did He say? You tell me.

Man: Have faith in your own belief.

Yada: It is so. It is your faith that heals you, not I, Jesus. And faith is the Light, the Light within you. Even He did not want to be blamed for it. If you heal someone, watch them, watch them. You can tell whether you did it, or they did it, by watching them. I have healed people, yes. I have made passes around them and chanted a few words and watched them get instantly over their aches and pains and sicknesses - whatever they may have had at the time. But the moment I withdrew myself from their presence and they had no one to act to, they were back again unless they cured themselves while I was getting the credit for it.

Don't give yourself credit for healing someone because you cannot. You can give them inspiration. You can do tricks with them and distract their mind from the idea that they cannot heal themselves. You see what you have to wade through when you try to heal somebody. You have to break down their belief that they cannot be healed. They believe they cannot be healed and you have to break that down. One way to do this is to make passes, say some words (neither the words nor the passes do any good). What you are doing is distracting them from that hypnotic belief that they have been making and are in for so long. Their own Light Within cannot heal them unless you can bring them out of this negative thinking. Unless you can bring them out of this negative thinking, nothing can be done for them.

Now, my friends, it is not my wish that I leave now, but rather that you live in a time world. You have brought upon yourself. So you have to live by it. That which we believe, we have to live by. Remember that and you can gain so much that you could not have gained before. That which you believe is what you get.

It has been a great honor to come and talk with you. I ask only that you instead of thinking of me as a teacher, an instructor or helper and that you feel grateful to me. I like that very much and I, like you, need your love; like you need mine. We all need it. But you can better demonstrate it by giving love, sincerely in service, to one another. In all that you do, do it with love. A notchi.

Aud: Good evening, Yada.

Yada: E gratia.

Anita: We love you, Yada.

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Yada: Senas et Senahas en a Yada di Shi'ite. A notchi.

Irene: Good Evening, Yada. Yada is saying, "Ladies and Gentlemen, I am Yada di Shi'ite." A notchi is good evening.

Yada: Says something in Yu Language, he is referring to the tape recording. ³⁵

Irene: Yes, on both sides, Yada. In fact, we have three running, Yada.

Yada: (Continues speaking in Yu Language)

Irene: He says it is good to be with you this evening and he is thanking you for coming to this place to converse with him. Yada, are you all right?

Yada: Au kee. (Speaks again in Yu Language)

Irene: He says he is going to speak English because when he speaks Yu, you do not understand, but English you do, so he will speak English now.

Yada: Or something that sounds like English! LAUGHS My honorable friends, it is a great pleasure for me to come here tonight and talk to you. It appears that there are a number of you that were not here last night.

Irene: Yes, we have a lot of new friends here tonight.

Yada: Yes. So this being so, I can afford to repeat what I said last night a little bit, heh? For man learns best by rote. If you as a teacher truly want to instruct your pupil, you must tell him things over and over again. The brain does not get things right away. We are not willing learners. We try, but too often we have the mind of a child which is very good. If more people addressed could be like children there would be either less or more war, I don't know which! The mind of a child is inclined to be scattered, very difficult to concentrate, to center their thoughts upon what they are doing. The mind is always being distracted by something over here, when it starts getting busy with something here. So we have to stop here and call it back. little pieces of it go running away somewhere else so we have to call these pieces back and put them all together, so that we have all of our consciousness upon what we are doing. Otherwise we do not do things properly, fully, intelligently.

Now for those of you that are not accustomed- - - and I do not think it is an every day occurrence with you - - - to speaking with spooks, let me tell you now that you are not doing it. Now now. I am not a spook. I always want to instruct those who come for the first time on this point. It is a very necessary thing for me to do, because too often we are in the habit of believing in something we know nothing about, or rejecting something we know nothing about. So many of us are told about things and because some of these things sound pleasing to us, we are willing to accept them as being factual. I do not think this is the right way to approach life. I think it necessary for every individual to investigate, to study all things and not take anything at face value, or because somebody of alleged authority tells you it is so or it is not so.

Now, my friends. I want to say something else of an equally serious matter. Through the years that I have been using this man's body to communicate with you in the physical world, I have had numerous people that inquire of me about their prophet, their seer, their master, so-called, of the Christian religion. They ask me such questions as, "Did such a one as Jesus, the Christ, live?" "Wash he crucified?" "Did he die for me, and why?"

Now there are certain things that I know, but I never tell anyone anything unless they come and ask me. And surely if we ask we ourselves must not know, otherwise we wouldn't ask. And if we ask, then we must use a little reasoning with what we hear. Listen to it with our inner ears and try to understand it; not just with the surface ears which most of us use most of the time. I do not wish to disturb anyone's beliefs, whatever they may be. I am saying this now my friends, so that later you will not feel that I have intentionally and wilfully hurt you. 36

Jesus, the Christ, is a very serious subject, because to say anything that is different from what you have been taught about this being may make you feel resentful. Now there is nothing gained by being resentful when you are trying to learn something. So many of us go to others and ask them their opinion about what we think and then, when it is given, if it does not coincide with what we believe, we feel insulted.

Do we come to hear our own ideas and opinions assured and approved because somebody else of authority utters these words of approval? If you have a belief do you need anyone to approve of it for you; or to disapprove it? If you are a true seeker you go everywhere and listen to everything and then draw your own conclusions. If you do not do this, then you are not a knower; you are simply a believer.

Man has reached a state in these years when he must start growing mentally. Those that are truly seeking cannot be held back from the light, from knowledge, from wisdom, on account of a few that want to walk around like the cow chewing the cud. The cow chewing the cud does not even know that it is chewing the cud! The world cannot stand still any longer for these people.

My friends, you ask me about Jesus the Christ, or any other prophet of any other religious belief, I am simply going to tell you what I know. Now if you cannot stomach it, that I am very sorry for, but I want to let you know now that I am going to speak truth or not at all.

Now I want to say to you about myself. I say to you that I am not a spook. There are certain men and women that have acquired a certain amount of sensitivity, who are now being called mediums. This is very unfortunate for them, as it is for this man, for the word is very foolish. MEDIUM - it means nothing! These people permit all manner of mentalities, both in the physical world and out of it, to use their bodies. To use another's body without love, is to use it without purpose or reason and will surely bring death or madness to the one who is so used.

The world is in a new age, a very technical age, a highly mental age. You need new words, words that are more meaningful. Medium belongs back in the 15th, 14th, 12th centuries, belongs back in the dark ages! This is an age of enlightenment, even though it may not seem so with what is still going on in your world.

Communication is an art, not only between the worlds or states of consciousness, but in the world you are in, in the world I am in, and between ourselves in both worlds. Much hatred and jealousy, anger and fear is created because of not knowing how to communicate intelligently with our fellow human beings. I think you should start a school in your world to teach the art of communication alone.

This is one of the greatest troubles between nations. They have lost the art, the fine art of communication. If this condition, this inability to properly communicate our feelings and thoughts to one another exists in your world, among yourselves, and in my world among ourselves, think of how much more difficult it becomes between the worlds.

There is no communication. There is fear because there is no communication. There is much talk, much sound made, but few of these sounds seem to mean anything.

This man, Mark, his body, his brain is an instrument for us. Now if we value our instrument we are going to take special care of it. Yet we are not going to force him to do anything different in the way he has been living, not one little bit. We are not going to force him to change his habit patterns whatever they may be, because that is his life and that is the way he must live. He must learn and he, like you, learns best by making mistakes mistakes first. We are so afraid to make some mistakes, one would think that others had never made any mistakes. Let us be cautious, and let us be conscious of what we do at all times, and I am certain we will make fewer mistakes, or will be less inclined to make mistakes. But let us not be afraid of making mistakes.

I use his brain cells, but not the ones he uses, that his own consciousness operates. I do not touch them, so that when I withdraw he has full play of the brain cells that he uses, that belong to him. So what is called his consciousness can return to the body, by becoming body aware again. At the moment, he is not body aware. Sometimes this is a very excellent state to be in. Ha. I do not come from a world that is different than yours. Those who pass from the physical world are one with the physical world still. They have not gone anywhere, because there is no place to go. All life exists only in what is called consciousness. Not in separate places called hell and heaven. his earth here can be a real hell, worse than the Christian hell, and that's bad! But the priestly system is not happy with the human being having hell here, they make another for him later! They are not happy that he has his heaven here or that they can have it here, they want him to have another heaven. This is double work, yes? Double pleasure and double pain.

My honorable friends, there is only one life. We are living it. Because you may shed a body in what (that which) is called death, it does not separate you from life. Life goes on, consciousness goes on, but not on to some other world, for as I said, this is "it". I think you have an American expression like that - "This is it." "You have had it." LAUGHTER

To many who have not witnessed this kind of thing, they may think it is a kind of supernatural or supernormal state. Why do we always look at things we know little about as being "super"? What is super? Why not super, super and where can we stop adding super? Of course, most people on the earth have been taught, by various religions, that life is super natural. That which cannot be seen and tasted and measured in some so-called physical manner, either does not exist or it exists in the supernatural.

TELEPATHY. Telepathy is when I send a thought from my brain to your brain. Very easy to do but not true! There is no energy coming from my brain to your brain, because there is no need for something going from my brain to your brain. Why isn't there? Because we are not separated. Consciousness is not divided up into pieces. Consciousness is a state of being and we are all in it and of it. The brain is like a machine. Today you have machines that you call the brain cell-IBM?

Irene: That's right, Internation Business Machines.

Yada: That is what the brain is, more business than anything. Now if there is no separation between you and I, then we must be one.

Therefore, if I love me. I love you and I cannot love you until I love me. If I know how I want to be treated, I know how you do. I not only know how, but I act upon that knowing. We are liars and frauds with ³⁸ ourselves when we know something to be so and we do not act upon it. We are bogged down in fear of what our neighbor will think. Who is doing the living, you or your neighbor? YOU. YOU. If you have true love in your heart, sincerity and love, you cannot do something that will harm anyone else. And that is all you need to build your thinking upon. Am I right in what I am doing? Then I know it will be right for my neighbor. Even though they may not think so. I cannot be concerned with what they think. I have a condition, a situation to meet. I have something to do. Am I convinced that it is the right thing? Do I have love in it? Then I will do it and the opinions of my neighbors will not touch me. Not touch me.

Sometimes the mother or the father, or let us say the parents, have to chastise the child. Now they cannot stop and worry over what the child is going to think of the punishment it is going to get. They cannot care what the child thinks about it, or worry because they are punishing the child. But before they chastise the child, they should tell the child why. Not only that what the child was doing at the moment was wrong, or that it is wrong at the moment, but that this very thing it is being punished for now may save it from being punished later for the same thing. Should we stop and ask the child its opinion about whether or not it should be punished? Or do we not punish the child in love, because we love it and wish it the best?

Now in your Christian Bible it is said, "Spare the rod and spoil the child." Do you know what has come out of this statement? Brutality by unthinking parents, brutality to the child. The true meaning of that expression, "Spare the rod and spoil the child", is simply spare the rod of education, of knowledge, of wisdom, of knowing and the child becomes spoiled. The rod, that word has nothing to do with a stick! That's where the parents so often err. They think they can beat something into the child. You cannot. The child only takes the sense of revenge within itself.

Irene: Was this statement made, Yada, to deliberately misinform people to accustom the children to punishment?

Yada: No. It was not intended as such at all. The word rod means learning.

Irene: Yes, but most people do not interpret the word as meaning learning.

Yada: Of course not! And so many children come to adulthood with scars on certain parts of their body making it difficult for them to sit down. But they haven't attained any learning.

Irene: Making scars on them so they hate too.

Yada: Is so. The child feels insecure. He (or she) does things only because they are afraid of the parents. I can understand this when you are taught in the Christian Bible to fear God. Is that the kind of god man wants, the one he fears? This belongs to the dark ages, to the unthinking, to the believers in the supernatural, to the believers in rewards and punishments for what one does. This belief in rewards and punishments has lead man to hate himself, because he fears himself. Every little thing he does he starts to question, "I wonder what God thinks of that?" Because God cannot stick his head out of the heaven and say, "I don't care, I'm not interested, just go on and do, because you make your own hell. I don't have to make it for you." They fear, "What's going to happen to my soul?" It is one of the most painful feelings and thoughts that man has. If he would be concerned for his physical well being, physical life,

his soul would take care of itself. But no, you are to worry about your soul, what is going to happen to you after you are dead.

My friends, death means ignorance, so you do not have to wait until you die to get what is coming to you. Be concerned about your physical life, your physical living, the welfare of your fellowman everywhere and you need never worry about your soul. That is what I say, but you are living in your world. You have a little piece of life to live here and you have to live it according to the way you feel. But because most humans have been subjected to the power of suggestion from the time they were born making them what they are, does not mean that you have to live according to the way you have been conditioned. You can grow out of it and acquire your own life, condition yourself. But if you do not do this, you simply live the life of a zombie with a zombie mind that has been conditioned to act the way you have been told. Do you know? 39

Several times, I will go back again to the story of Jesus the Christ - people have gone away feeling offended because of what I said. If they had only said to me at the time, "Explain yourself, make it clear for me please. What you say may be right, but I have not been conditioned to so believe. I am caught in a particular kind of belief. Perhaps you can clarify things so that I can understand this belief better." As I said, I do not come to take the prophets or the seers, or masters, from anyone who believes in them. I come to make their belief more real, to give it intelligence so that the individual will know that he knows it and does not believe it just because some clergyman told him so. "He died for me." How do you know? Because you read it in the Holy Book? That doesn't make it so, does not make it so. What about you as an authority? Do you have no ability to reason and know the truth yourself? This is what we of the Circle come to the earth again for; this is what we expend a great deal of this man's energy for, not to do tricks, not to produce phenomena and amaze you with magic, not to destroy your beliefs, but to solidify them, give them body, substance, the substance of your own consciousness. Your own mind. For he who cheats himself cheats others and finds it easy to do so.

I will stop a moment and listen to some of the questions you have here and my friends, please bear with me. You do not have to accept one thing that I say. I ask only that you give me your inner ear and then you judge for yourself. (to Irene: Please)

Irene: Yes. For those of you who want to write a question pertaining to any subject, do so and just pass it up to the end of the aisle and we will pick it up. I have some questions here, Yada, that . . .

Yada: A moment please. I want to say, my friends, do not ask questions about where gold is, where material things are, what to buy, what not to buy, are you going on a trip. This man is not a message bearer or a fortune teller, nor are we. (to Irene: Please)

Irene: Question - Why have you not reincarnated since your last transition?

Yada: I think you will find the answer to this question very interesting, but you judge for yourself please.

REBIRTH, REINCARNATION - there are a vast number of people who do not believe it even though they know nothing about it and there are a vast number of people that do believe in reincarnation that know equally nothing about it. Then there are some who do know and there are others that sincerely want to know. This is what we have come for.

I say to you that I lived 500,000 years ago in the Himalayan mountains. I lived in a civilization known as Yuga, which means vast body. I lived in a city called Keote, which means city of temples. I belonged to an order, a kind of mystical order, (mysteries like secrets are always

to be told, that's what makes them so good!) A mystical order called Shi'ite. We were worshippers of the sun. Sounds like I am a heathen heh? But we did not worship the sun as a god, nor as an idol of a god. We worshipped it as a point of wisdom, the light bearer, the sun, the source of life and with the source of life, the source of knowledge.⁴⁰ We called the sun, E Ka. We practiced E Ka rituals in the morning and at night, the coming of the sun and the going. It was not until after my civilization went into decay that those who survived the destruction of the civilization turned to worshipping the sun as a god. This caused them to need to do blood sacrifice to it. If you go back through the civilization of man, my civilization lasted 1,024 years, not very long for a civilization, but if you go back into the ancient history of civilizations you will find that in the beginning that which was called the religious beliefs were based on facts, factual conditions. They were based on love, on freedom, respect and honor. No gods were created. Every civilization that your anthropologists find today is the tail end of a civilization, not the beginning, the tail end when they went into decay, into the dust, into negative patterns that eventually wiped them from the earth, except for a few artifacts and a few dry bones.

When my civilization was destroyed, the destruction came in quakes, a series of violent quakes. Now my city, Keoti was located 700 miles due east of where the present city, the holy city of Lasha is today. If you could dig under deep enough into the rubble, the rock, the ices, you would find artifacts 500 000 years old.

Irene: Do you think some people have found some of them, Yada? - You don't think so. Occasionally we see something written pertaining to Yu and so forth and I wondered.

Yada: It is so, there has been, but I mean your archeologists, your anthropologists have not. But in the past many, many years ago, the Tibetan peoples did find things. The Mongolian people, living near what is called the Gobi desert, have found things.

Before my civilization came into being, there was another civilization in the Gobi Desert. It was known by the name of Nili. Nili means the river of great force. It was drowned out. Great waters flooded the Gobi Desert. This sounds strange that I am going in this direction to tell you about my rebirth, or why I didn't reincarnate. And I didn't. I didn't come back to the physical world. I was killed in the quake. The temple in which I was came down upon me, smashing my body. But I was taught very early, from the time I was a baby (in my language be etta, meaning small man), that the death of the body is not death of the mind, the consciousness. I was taught that the physical body should not be put to rot in the ground, nor should it be consumed by fire. Those of us who know how, and will all learn how some time, you will not leave a body. You will take it with you. Perhaps you wouldn't like that idea, a mashed up body, to carry with you! It's not very pretty, heh? But you don't do it like that. I know in your world you are taught that you can't take it with you. You can! This is a fact - you can. How do you take the body with you? Not in that mess! Even though many of us learn how to take care of the body and live a long time as good care as you take of it. After a certain length of time has passed it grows into ill repute, not good to look at. When the life forces goes out of it, it looks as though it had been eaten by the moths of time. We wouldn't want to take that with us. What do we do? We take it as energy We reduce it by mental action upon it, to pure energy, leaving no part of it for the earth to use. This is the difference between the animal and the man. He has overcome death. Because why? Because death is ignorance

I say to you I drew it back into my own being. When we learn this we have truly beaten the last enemy, the last illusion. Even the man in your Christian Bible you call Jesus said, "You have to conquer the last enemy, death." Death is ignorance. It is not a dissolution of the body. When you have conquered ignorance you know not who, but what you are. You know what you are.

No, I do not have to return to the physical world, not through the biological path again, the path of the dream, of the sleep, of the not knowing. Now I come consciously. I do not need this man's body to come. I can create one of my own. But for this work, I don't need to. Why exert myself beyond the need? Everywhere you turn you find life conserving energy. Yes everywhere you turn except man. He is a spendthrift with everything he has and then after a certain period of time he wonders why he has no more.

Now my friends, I want to make it clear, I am not any holier than you just because I do not have to come back here. I do not know more than any of you people here. I simply know something different. But this little difference means a great deal. When you attain this little difference from what you know now, it will not be more, because man's wisdom does not come in quantities but in quality. When you get it you will be through. You will suddenly come into the realization that you are the dreamer and not the dream. You are the puppeteer and not the puppet. He is pulled by the strings of his emotions. (to Irene: Please)

Irene: Where and how do you remain in your so-called spiritual world when you are not teaching, Yada?

Yada: You want to know where I am when I am not here talking with you? The answer is so simple, my friend, that sometime you may wish you hadn't asked it because you already know it, but you don't know you know it! I think in a moment you will see it so clearly you will say to yourself, "Why did I not know that?" Look please, you are now sitting with me here. I speak to all of you but I speak to you as individuals. You are not sitting here. Your body, your puppet is sitting here, but the puppeteer, the real you is not sitting here. Proof of this is: To all of you I say let us go back to some little experience you had, let us say six months ago. Not that the time means very much but you will have a variety of experiences to choose from in that period of time at least. Go back to one of these experiences. Let your mind go to the place where you had that experience and see yourself going through it again. See the place where you were. Close your eyes a moment and visualize it and you will see it in clear form. Then you will hear the sounds and get the smell of the place where you had that experience. The experience may not be a pleasant one at the moment you recall it. I am not thinking about pleasing or unpleasant. I am simply speaking about an experience whatever its nature. Live through it now, at this moment, again. That is where I am. You see you don't have a body when you go there but you see and if you give yourself enough time and put enough of your consciousness on the memory pattern you will be there. Do you think that I am in any different condition or world than you when you realize this?

Irene: Yada, it asks, "Is the soul immortal?"

Yada: Yes. First I must ask you what you mean by the soul? The word "soul" is only a word and you have two kinds of souls in your English language, the one on your feet and the one you assume is in your body. It is not in your body. Nothing is in there because it is too wet! It is like the lady who asked me, "Are you in this man's body?" And I said, "No, it is too wet inside."

Irene: (Question) What is the difference between consciousness and soul? You say there is one consciousness and we are all a part of it. So it would appear that consciousness must be everywhere which leaves me wondering just what the soul could be unless it is a part of the all prevailing consciousness.

Yada: It is so. That is a very excellent reasoning and it is true, it is true. You see, my friends, what we must be careful about in our seeking to know life, is words. Be careful of words, words are not what you are looking for. This thing here is called a table, but it isn't a table. A table is simply a word, a tag. What is this when you do not have a tag on it? It is your consciousness. This (tapping table) is consciousness, your consciousness. SOUL means very little. It is a religious word. SPIRIT, SOUL, a very mystical word. Spirit. Now can any one of you tell me what a spirit or a soul looks like? I can tell you what some of them smell like! LAUGHS

Irene: A soul?

Yada: I make for a joke.

Irene: Yada: "What happens to the souls of suicides?"

Yada: It depends on the state of mind, the emotional state, the state of awareness of the individual that took his own life. If that one was living in fear of something and he took his own life to escape what he thought was going to happen to his physical self, he will continue on with that fear and it will cause him to commit suicide in that place time after time after time. Because committing suicide is a kind of action that originates in the mind, the consciousness, not in the body. Now if he could have killed the mind, then he could have escaped whatever it was he was trying to escape, because he could have escaped the worry of it, the anxiety of it, the fear of it. But we cannot kill mind, we cannot kill consciousness. He killed the body and the mind goes on living in fear and he will continue and continue to commit suicide in that one spot where he did it until he begins to see the foolishness of his fear that lead him to the act.

A man who commits suicide because his body has suffered agony for a long period of time has reached his capacity in being able to tolerate pain. So he wants to get out, he wants to lose his consciousness of the pain. The pain lies in his body because his mind has been conditioned to believe that his body can feel pain. So he takes his life. This man or woman is likely to fall into a deep sleep state and stay that way for many earth years until he or she has dreamed away all memory of the earth. The earth is only a memory pattern, a picture. They will dream it away and then as they slowly waken, almost always there is someone there to help them waken, to slowly re-teach them about what they call the physical world and why they suffered in it and what suffering is. Because now they have no knowledge of what suffering is. They have dreamed away the suffering.

I want to pause here. I want to make very clear to you what I am saying. I want you to understand it very well and so I am going to ask: Is there anyone that I am not reaching with what I am saying? I would like to know if there is anyone that I am not making this clear to?

Lady: He seems to be very vague, I don't follow him always.

Irene: You don't follow him?

Yada: Lady.

Lady: (Goes on speaking but it is not understandable on the tape)

Yada: What is life but memories, a series of memory patterns?

Lady: But life as we live it, day after day. I expect to live tomorrow, is that a memory too?

Yada: That is an expectation in memory.

Lady: ?

Yada: No, because what you are expecting is simply words, you are ex

pecting a condition. The mind does not picture a condition. Now when one thinks about tomorrow, they think about it in very specific patterns if they really think about it. But most minds do not think in pictures. They think more in feeling. I am feeling about tomorrow; I am not thinking about tomorrow. I am feeling about it and mostly the feeling is one of anxiety because we cannot think of the future without some amount of anxiety for the future is an uncertain, not yet experienced condition. So we cannot think about tomorrow really. We can worry about what may happen, or what may not happen, but we cannot really think about tomorrow, a condition that has not yet happened. Is it not so?

Lady: I don't know.

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Yada: Yes, it can be a memory, but it is not a memory as you would remember an experience that just happened, or an experience that happened in some previous time in the past. But you can make it a memory in feeling, not in thought. Now there is a different condition there. You have what is called thought and then you have what is called feeling. With the feeling there is not necessarily a thought. It is like an individual that has an apprehension that something is going to happen that has not happened yet. They are not having an experience. They are having a fear feeling, an apprehension about what is going to happen because they are predicting their thought about what will happen on what has happened at some other time. They cannot do it otherwise.

Now, my friends, I ask you out here if I am making this clear or am I not? Now it is for you to say.

Man: Very nice and clear.

Yada: Thank you. Now, lady, I come here with no desire to be vague but a desire to be concrete and clear. I cannot let you out of here without having you see the clarity of it. You may go, of course, but in my feeling self, I want you to go with the clarity of what I am saying. You speak of what you call E.S.P. - extra sensory perception. Man has so little ordinary perception that to speak of extra sensory perception is to me both painful and amusing.

Lady: May I ask a question?

Yada: Yes, please.

Lady: For instance - souls that have passed away and come back and speak to me in my dreams and announce the deaths of my family, my loved ones and my friends, is that only my silly imagination or is it imagined, I'd like to know.

Yada: Lady if you want to know, I will tell you in as clear words as I can. But you see I use words. You have been conditioned to understand certain words that mean something to you, but if I should use words that you would not grasp, that you have not been conditioned to understand, then you will say I have not told you anything. Lady, don't speak about your "silly imagination". There is no such thing as a "silly imagination". That is a word you have been taught to belittle you. The imagination is great. Without imagination, man could not live. It is out of imagination that everything of any value whatsoever has come to man. Honor your imagination, trust it, trust it.

Lady, your family that comes to you, those that have passed away, they come to you in your dreams and they talk to you. Is that what you said?

Lady: Yes, they announced the death of my sister, my father, and my mother. They even specify the hour and the day.

Yada: Is very good.

Lady: Each one of them has even specified the hour and day of their death. I foresee the death of every one of my family. Why is it? I should think that now I am speaking to you here, that I came for a specific

reason. I am so tired of running from those who don't understand. I come in great sincerity.

Yada: I am going to try to explain. First you have what you call the wakeful state - out here. Now this is a dream, it is a dream, a memory of consciousness, a creation of consciousness, a creation of yours and mine. Now let us go to the time when you go to sleep and you are dreaming. Here you have another state which is also considered a dream. This does not mean it is not real. It simply means that it is created out of consciousness. That's why it is called a dream. EVERY STATE OF CONSCIOUSNESS IS A DREAM. Now if any of these states were concrete, concrete meaning unchangeable, without change, the parts you would call homogeneous, unchangeable, made of the same parts wherein ⁴⁴ there can be no motion, which means no change. There is no such condition. Therefore, every experience the individual has they have it mentally and this means they have it in consciousness and it is a dream. That your honorable ancestors come and speak with you, telling you of the coming death of one now living is to be expected. It is a natural condition. What amazes me is that it does not happen to more people. But it is not too hard to understand, because most people have been conditioned not to believe it. Therefore they can't get into those states. They have put up a mental wall against these things happening to them. Fortunately, or unfortunately, I do not know how you may feel about it, but these things happening to you are natural. It is not your imagination. There is nothing supernatural about it. If you talk to those you call your mother, or father in this dream you call physical life, should it be something spooky, unnatural, unreal for it to happen in your dream, for them to talk to you in a dream?

Irene: I think we think that Yada, because we are accustomed to seeing the physical body respond to the mental thoughts.

Yada: It is so. The words E.S.P. - extra sensory perception - are a false statement. There is no such thing as extra senses. When one has an experience of what is called E.S.P., it is simply that their normal senses have become expanded, expanded in feeling, seeing. They haven't any new senses, no extra senses. Where do they keep these spare senses? Tie them to the back of the head or where? There are no spare senses. Man has just had the senses that he had dulled by the so-called voices of authority that have ruled over him. No, you are very fortunate from my viewpoint to have such an unobstructed state of mind that you can have such communication.

Irene: I wanted to ask this lady, Did you write some question on one of these cards?

Lady: The white one.

Irene: Oh, the white one.

Yada: Lady, please did I make myself clear?

Lady: I couldn't say it is clear because everything you said is mud to me!

Yada: LAUGHS

Lady: May I read it. This is to me a very deep, profound question.

- - - - my mother, is she around?

Yada: Your mother? Lady, please permit me to say yes I could, but I wouldn't. No, lady no. For what purpose? What did you and she have in common when she was living?

Lady: Not very much. Now she would do a great deal of good in this world for many people.

Yada: Is wonderful.

Lady: She would not pass the secret on because I was too young. She said she would me how to do these things if I was big enough, you know when I was old enough. She died three months later. Today one of these things..... and I feel better. I'd like to know if

Yada: Lady, to have your mother come and deliver this message through this man, Mark, to you would be a false step both for you and for her. Better for you to do it alone, going to no medium, going to nobody. Do not call her up with somebody else doing the calling, because it will not be satisfactory. Go again within yourself. As you have said, you are capable of dreaming two dreams, do it. Communicate with your mother yourself. Do not go to a medium for it, for you shall be forever disappointed.

Do you want truth in anything? Don't go to another for it. ⁴⁵ Find it of yourself and in yourself for that is where truth lies. Now it is all right to go and listen to others talk on what is called truth, but if you see it and accept what they say without acting upon it at some later time to ascertain what is truth of it, you are being false to yourself and you will not learn. No matter what words, lady, I say to you, you will not accept it. Do you think that if your mother spoke through this man's body that you would accept that? No, you would not, no. If you don't mind, I will turn to another question.

Irene: This is sort of a personal question, but it would be one in service, Yada: Is my son being used by discarnate beings?

Yada: How old is your son, please? (21) A moment please, I talk to my teach, Kethra. No lady, your son is not obsessed by spirit beings. Your son is having anxiety complexes and these play upon the nervous system, causing him to perhaps to act in negative ways. Would you please mind explaining to me if you wish, you do not have to, but if you wish, what causes you to think your son may be obsessed?

Lady: ???

Yada: Talking in his sleep?

Lady: Yes.

Yada: He would not what, lady?

Lady: ??

Yada: He doesn't remember in the morning when she awakens him and asks him to get up. He replies to her, talking to him in his sleep, but he doesn't remember that he does.

Yada: Lady, most human beings suffer from anxiety complexes. In their sleep they act it out. Some people are very difficult to awaken. They don't want to wake up and face what is wrongly called reality. They feel the reality of the sleep self is better for them.

Irene: Its an escape method, isn't it?

Yada: It is an escape. We do not want to wake up, not only from the normal sleep, but from the sleep we have been put into hypnotically. We fight it. Your young man is perhaps no different than any other young person. He has little desire to face the day. And so many of you today don't like to face the night. You're in a bad situation!

Because of this, so many of your amusement places are filled to capacity where the young people are and where the little older people are. As soon as the young person is old enough that authority permits him to take up bad habits, he goes and does it. But he has to be old enough before he is allowed to fulfill his desires of bad habits. All the time he is nursing these things waiting until he reaches the age of adulthood. "Wait until I grow up, will I have a time." "I will really exhaust myself having a good time." "I will drink the liquor; I will search out for sex; I will use tobacco; I will use drugs. Oh, I will have a good time." A good time? A killing time, yes, a killing time.

My friends, there is an old saying that we do not leave our sins as we grow older. Our sins leave us because we cannot keep up with them! They run ahead of us and we have to sit by the road and say, "Go on."

I do not infer that your son is a bad person. He is not, he is not. He may have certain habits that you may not approve of, but what human being does not? And what spook does not? Do you suppose that because one jumps quickly into the astral world that then they are holy? No, they haven't improved one bit because they died. Death does not polish our wings! An individual learns here If he has what are called bad habits he can turn those bad habits into good habits simply by not doing them so much, by controlling his desires. Not by killing his desires, but by controlling them so he may do at 50 what he did at 20 if he controls himself. But when we do not, sometimes it is long before we reach the smart age of 50, that we cannot do what we did when we were 20. 46

Man should, the individual should live for 250 years at least, and I do not mean in a sagging, decaying body, but in a good healthy body. Your medical world is saying that it has caused a longer period of life for the individual today, what - - - 67 years! Sixty seven years and your businesses work the people they hire until they are sixty five. Only two years for fun, heh? Also they have only two years to pay you what you worked for for a lifetime. Who is getting the good of it? You want to fool them? Live longer. LAUGHTER

Irene: Yada, what can be done for a psychiatric case - - a woman of 35?

Yada: Depends on what her mental aberrations may be. Is she considered paranoiac, or what you call a split personality? It is easy to be a split personality. Everybody is. How is this? Is it a disease? No, it is natural. Living in the physical world how could you live with one personality? You couldn't be happy; you couldn't face your fellowman. None of us could face ourselves with only one little personality. We have to have many.

The proof of this is we are constantly putting on a mask and taking it off and putting on a new one! Each individual, each new person we meet, we are somebody else. A split personality, ha, ha, yes, the human personality is not a single thing, but it is a complex thing, a thing of many parts. A psychiatrist that is treating the patient should let himself lie on the couch and let the patient quiz them. It is very good, both morally and financially for the patient and for the doctor. But most of these men and women, because of the way your world adores the green god, must pretend they are better. You are not right in the head, they are! This is where they have it over you. So they put you on the couch and take your money. Why not put them on the couch and take your money back?

Irene: You could probably come to a better conclusion about your ailments if you did this.

Yada: Is so, is so. Schizophrenics and split personalities, dementia praecox, paranoid. "I'm being persecuted." "Somebody is persecuting me." Not me, I'm not doing it to me, somebody else is doing it. It keeps one constantly suspicious of one's neighbor. The whole world suffers this in some degree or another. Nations, whole nations, my friends, are paranoid. They suspect other nations are going to attack them at any moment. Is it any wonder all these nations are developing much, much arms and the big bombs? They have no trust. Everybody is persecuting them.

The world is not going to have an atomic war. Why? Because the powers that be, the secret governments of the world realize now that they will be jeopardizing their existence. So what are they going to do?

Listen friends, write it in your little book. They are going to make bombs that don't use atomic power. They are going to go back to only moderately destructive weapons. Why is this? Perhaps you will

to you, write it down in your little book, because why? Wars are fought for gain, for power, one over another, whether it is one individual over another, or a group of people over another group of people, or one nation over another - - wars are fought for power, for gain, world domination of the air, the land and sea. There is no profit gained in an atomic war. Nothing will live except a few bacteria. ⁴⁷ That is all the life that will survive an atomic war. And do you think that these secret governments of the world are that stupid? No, no. They let you believe it. They let you worry about the coming wars, because it makes better slaves of you, keeps you on your worried little toes.

Irene: I have a question here pertaining to the hydrogen bomb, Yada: Are the hydrogen bomb testings influencing the unusual weather conditions we have been experiencing?

Yada: No, not the bomb testing alone. But let us go to outer space, let us go to what is called the ionosphere which is a covering over your atmosphere. It is atmosphere also, but it is ionized particles on the upper layers of what you call the atmosphere. This ionization takes place when these particles, called cosmic radiation, a very powerful radiation, are coming from outer space. Some of these lines of force, like the ultra violet and the xray and the gamma rays, are all coming from outer space also. It is not only the use of atomic energy here that is doing it. These particles coming through the spaces, the higher atmosphere, are exchanging parts of themselves with the particles that already go to make up the atmosphere. This is a kind of diluting of their potency so that when they reach the earth, they are not so detrimental to living substances. Now these radiations in the equatorial part of the earth are more potent. They get through to the ground, to the earth in more potent form, causing a more rapid development of all living forms there, including the human beings.

Irene: I was going to say, I remember one time you described this to Mr. Layne and you told him that anything with sap in it aged rapidly.

Yada: Yes, it is so and most living things have sap in them, although all things are not saps! LAUGHS Not very funny, heh?

These particles cause more aging in all living things in the equatorial part of the earth. Therefore they cause a quicker dying. Now the radiations, what you call cosmic radiations, have been getting through to your earth, all over the earth, in more potent form, not excessively dangerous, but in more potent form in the past years. Almost a hundred years now this potency has been increasing, the potency of the radiations getting through the ionosphere. It is causing the earth to age faster. Why? It is causing more rapid breakdown in the undercrust of the earth as well as everything living on the earth. It is causing a greater heat to take place in the undercrust of the earth. This will cause and is causing a more rapid melting of the ices of the poles. And today, some of your scientists believe there is going to be an ice age, because the ice in some quarters of the earth is slipping more rapidly than before. But the truth is the melting is taking place more rapidly and your earth is going to have many floods, some of them will be extremely devastating. But this does not mean your whole earth is going to flood. So you can go home now and sleep without worrying about the earth slipping on its axis!

My friends of course there are people getting a great deal more potent energy from the atomic bombs you have been letting loose, and especially there is very powerful substance coming from the hydrogen

bomb, and this, like from the atom bomb, is settling in your body. This is true of every individual on the earth. You have heard the word "strontium" - ~~strontium 902~~ It is very dangerous, very potent, and it tries to take the place of what is called calcium, and it kills the calcium in the body. I do not want to alarm you by telling you about these things. For what reason should I? It is like a man sitting on a keg of dynamite. The fuse is lit. He is tied there and he does not know the fuse is lit. Somebody lit it without asking him! (That's the way with man all the time, nobody ever asks him!) Should I tell him now that the fuse is lit and in about two minutes it is going to go boom? What for? He is laughing and talking and enjoying himself in his limited time. Should I make his life miserable for the next half minute that he has? Let him laugh himself to death, is better. LAUGHTER. ⁴⁸

Perhaps, my friends, I should withdraw, I may not return. Perhaps one of my colleagues will come for a few minutes after this man gets a little rest. If you are still in the mood of sitting, one of my colleagues will come and talk for a little while longer with you. You have been most kind to me, most patient and also perhaps for the lady and a few others, my talk has not been enlightening, but you have not lost entirely. You have found out one thing for yourself if nothing else, and that is that spooks can tell you nothing! LAUGHS That is wisdom. My honorable friends, I leave you with love.

Irene: Thank you, Yada.

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Prof.L: How do you do my friends, I am Professor Alfred Luntz.

Group: Good evening, Professor.

Irene: Hello Professor.

Prof.L: How do you do my dear?

Anita: It is nice to have you with us.

Prof.L: Oh, thank you.

Irene: In these lectures Yada usually stays two or two and a half hours and so Prof. Luntz is usually the cow's tail, aren't you? Then I have to ask him to leave before he has time to say very much. Its too bad.

Prof.L: I only have a little time this evening?

Irene: Yes, Professor, we must get out of here by 11 p.m. at the latest and that doesn't give us much time.

Prof.L: Oh my, I had better talk fast, heh?

Irene: Yes, definitely.

Prof. L: To those who I have not had the pleasure of speaking before, I want to greet you now and extend my love and my appreciation for your being here. To those that have come before and know me, I do the same things, my love and appreciation. And to those that have been working in our behalf, in behalf of the Circle, we all greatly appreciate the work you have done.

I know there are some among you with thoughts a little negative, I would say, because you haven't been able to fill this hall. But you did the best you could and that is all that you can do. If we sincerely work and put our hearts in what we are doing, we need not be worried about the results.

A man tends to cut down a tree, can't worry about where the chips are going to fall, or he will never get the tree down. The job is to get the tree down, let the chips fall where they may. And I think that this is true in everything that we strive to do or at least it should be. Now my friends because time is so limited I will try to get to work.

Irene: It isn't often that we have the pleasure of having you work with us, Professor.

Prof.L: Thank you my dear, I want to say to those of you who do not know me, that I was a former clergyman for the high, the high Episcopal Church of England. Not the low, don't mistake it. ⁴⁹ LAUGHS I shouldn't be here you know. A self-respecting clergyman of the High Episcopal Church never should come to the earth speaking through a medium. that's gastly! What a way to end up. One gentleman said of me, not to me, I wonder why people don't speak their thoughts to me. They wait until they leave here and say about me, that I was a non-believer. For fifty years, my friends, I was a clergyman, in sincere service to my God and to my church, or should I put the church first! That's what most are doing today in your world. And then this gentleman said, I died an unbeliever and so God, not loving an unbeliever, ignored me.

I'm afraid that he not only ignored me, but he must have advised Peter, ST. Peter, pardon me!, the keeper of the pearly gate to pull up heaven lock, stock and pearly gate and move it over Germany. I died in England. No wonder I couldn't find heaven!

Irene: Question: How much longer will we use this old money system and when will we come.....

Prof. L: Old money? Don't speak so disrespectfully of money, my dear.

Irene: Well that's what it says, "When will we come into the new order of things and how much longer will we use this old money system?"

Prof.L: You can't really have old money, because you can't keep it long enough to get old! LAUGHTER My friends, so long as there is greed and so long as this symbol of exchange fascinates man beyond his love for his fellowman and the doing of the proper things, you will have the green god to contend with. He is the ruler today of your world. He causes man to build more churches than schools. He causes the poor to become more needy and the rich richer, but more needy for the things that really mean something to the human mind and heart. This is no evilness in being rich if we could only be equally rich in things of true value beyond that of money and what money can buy. We can't buy life and we certainly can't buy understanding or love. But if we must be poor in material things, at least we should have sufficient money to enjoy life. It is a fright, my friends, to be poor, without money. Here in your world it has always been the practice of a few to control the many. Money makes this possible. And so it is said that money is the root of all evil. Certainly this is not so. It is to what use money is put that is the root of all evil. That is the true expression, the use of money is the root of all evil - not money itself.

What medium of exchange could you use and still be fair? What other medium besides money? Is money the crime? Do you think that getting rid of your present monetary system will improve man's nature? Certainly not. He will find some other method, some other thing, and be equally greedy about it. It is like saying getting rid of communistic Russia will make the world free. But blast it, it will not. It will not, for Russia or Communism is not the evil of the world, it is not the sole and main evil. It is only one of the many ills.

Irene: Do you think the minds of the people of the earth are changing?

Prof.L: No my dear, not of the earth. Looking back through the history of man on earth we will find, and always find, a few in every nation and in every generation, a few that seek the light, that seek wisdom and truth. The masses are not awaking; they never will. man en masse will never awaken.

Irene: Question: What is meant by the Aquarian age?

Prof. L: It is supposed to mean a period of greater understanding, a

Irene: Don't you think this is taking place?

Prof.L: Oh, yes indeed, it is but as I said the masses will always stay as they are. From the mass come a few, out of the mass come a few. And when I say a few it may be a thousand or tens of thousands. But you have something like 2½ billion human beings on the earth.

Irene: But I think that seems to be a part of nature, Professor. There are always more of the sleepers than there are those that are seeking. 50

Prof.L: Everything grows slowly, step by step, not jump by jump. ←

Irene: Can I ask another question.

Prof.L: Yes.

Irene: I have three questions pertaining to astrology, Professor. I think you can answer all three in one. One is: Are you a believer in astrology and what is the purpose of the landscape Zodiac in England and is astrology a part of our life? (I haven't heard of this landscape Zodiac before)

Prof.L: Astrology in its original form was a key to man's freedom from his illusionary belief concerning the physical world. It was one of the keys, but as time went on man got the habit of doing with it like he has with so many other things, he bent the key and it doesn't fit the door any longer. He bent the key. It is out of shape. It doesn't fit. There are only a rare few today who have the true light concerning astrology. However, the destiny of man does not lie in the stars, but in man. When the individual awakens he is no longer controlled by astrology. He has come out of the mass mind. When we come out of the mass mind, numerology has no effect upon us. We are not governed by it, nor are we governed by any other material concepts of life. We are free, free.

I do not know about the chart you speak of, or about. . . .

Irene: Landscape Zodiac?

Prof. L: Yes, I do not know about that. I wonder if he would inform me, or she, as the case may be? Would you enlighten us a bit about that?

Man: It was in England. A group of airplane photographs were taken after the last war and put together. And the last landscape in a city formed a perfect Zodiac.

Prof. L: Where did you say this was?

Man: In England. I've forgotten the exact location.

Prof. L: I shall have to look it up.

Man: You can't see it from the ground.

Prof.L: Well, I don't walk around on the ground! LAUGHTER I bat around in space, I'm a spook you know and all spooks have to do is to float merrily around in space!

Nothing else to do. They are very effervescent to say the least.

I mean we are! As soon as we pop out of the body we have nothing to do but float with a little sheet over our heads, around in space.

Well, we do have one or two other things to do such as going to speak through mediums in seance rooms. We are running in and out of seance rooms constantly because we have little else to do. Oh yes, quite indeed. But, sir, seriously I shall look into that. It is certainly something new to me.

Irene: An interesting thing. I've never heard of it before. I would like to ask the Professor: Who talked to Moses on top of the mountain and what caused the vortex motion that parted the Red Sea and enabled the Israelites to escape?

Prof.L: I think I am going to get into a bit of trouble here!

Irene: Do you want to leave?

Prof.L: I should, hey what? I should leave right now.

Irene: Thats what Yada says you know, "Perhaps I shouldn't have come."

Prof.L: Quite. I don't like to beg the question, my friends, but from what I have learned since coming over here - - if I could have gotten this question while on earth I could have enlightened you, but coming over here, your light goes dead. LAUGHS

Irene: Oh no.

Prof.L: You get different ideas and knowledge which you didn't have before. You only thought you did. Moses, the parting of the Red Sea so that God's chosen people could escape the wrath of the enemy. How jolly! There are always some race of people assuming they are God's chosen people. God is kept dammably busy with his chosen people. They give him more trouble than the unchosen. LAUGHTER

Someone is always persecuting the chosen people. The moral to this is don't be chosen! LAUGHTER This is a story in allegory. No sea was parted; no mass of people fleeing from another mass of people that God demanded that they go and butcher. Looking through the Holy Book as I see it now, I find it a story of butchery and always God is getting the blame for telling these blood-lusting creatures to go and butcher some other blood lusting creatures. What kind of a God is this? No, the story is not an actual happening. It is an allegory about man's inner self. The parting, the cleavage between the tyrannical forces of the emotional self, the blind material self that seeks to hold back the higher light within. The only way we can conquer or get away from this low self, is to make the cleavage, to break to know what is happening; to know the nature of your enemy, the low self. Once you know the nature of your enemy, your enemy becomes without power. It is like you here when you go to war with another nation. When you get to know your enemy, you know all of their tricks, their ideas about war. You take their power away, yes?

Irene: Why is it symbolized by water parting? What does the water symbolize?

Prof. L: In the inner teachings water is cosmic energy or Kundilini. In the initiations you will find water is highly regarded as a symbol of the inner forces of cosmic energy, or creative substance of life. Going through the Bible if we are sincere students, we will cease to read the surface story and try to look under the surface. A statement is made that goes like this: "The Lord thy God is a jealous God. Have no other Gods before me." Yes, he sounds a bit touchy hey what? Jealous, envious.

Irene: Egotistical?

Prof. L: Quite. The truth is it simply means, Do not scatter your forces in what you are going to do. Put your consciousness upon that thing. Diverting your energies or your forces is seeking to do one thing here, while your forces are scattered to many other things that you want to do, will not get it done. Know what is first. Arrive at a decision and stay with it. This is letting God, This is adoring the one God. Going into a church and listening to a clergyman or a minister, or a preacher, you will not learn these things. Preacher is rather a nasty word among respected clergyman - a preacher. Clergyman preach, but they are not preachers Preachers preach but they are not clergymen. How jolly. It is said that an English clergyman would never speak of himself as a preacher, Horrors! The truth of it is over here I have learned some very wonderful things, my friends. All my worries are gone. Will I return to the earth, will I reincarnate? I hope not, but if I have to, I simply will, heh? I simply will. I am not going to worry over it. There are so many more interesting things to worry about, why worry about popping back to the earth. I've only been away from it since

Irene: Another question: Is the moon inhabited by humans?

Prof. L: No.

Irene: Good, that answers that.

Prof. L: Nor is it inhabited by space men. I know there are some that would like to believe that the moon is inhabited by saucerians. Saucers would be more like it. My friends, the body of the moon - now when you look at it from your vantage point on the earth, you can see all that white or sandy like part, yes? This substance is silicate, powdery silicate and it goes for miles and miles into the moon. Should you here send a rocket there and it did not land quietly, on its tip toes, it would plow for miles deep into this powder, light powder.

Irene: Nothing could grow in that then. 52

Prof. L: Certainly not and the part that you see as dark are what are called crators. These are somewhat like a clinker. Do you know a clinker? It is a hard substance, very hard, so you had better advise your lads here that are going to send someone to the moon to try not to miss the crator. Chances are they will not come back if they do miss it.

Irene: Very recently, Professor, within the last two days. . .

Prof. L: Pardon me, my dear, while I tell a joke. It is a story that goes something like this: (I hope I'm not going to muff it.) The story is about you here in America finally getting a man on the moon. And then months after man's making misses, never getting a rocket to the moon, suddenly the man on the moon yells down, "Please my friends, all you rocketeers, please do not send up any more dogs, send up women. LAUGHTER.

Irene: Nicely told Professor. Professor can you tell us what has happened to the new satellite or whatever it is that has been projected into outer space? It seems to be lost.

Prof. L: The blasted space here over your head is going to be cluttered with a lot of junk, hey? LAUGHTER You're going to have to send someone up to sweep it up. It, the satellite, is out of the earth's orbit.

Irene: Beyond the. . .

Prof. L: Yes, but I fear it will come back again. It is still in enough of the earth's gravitational pull to hold it in a certain space or region until it slowly works back to the earth again.

Irene; It seems that they received several messages from it and then suddenly. . . .

Prof. L: How's it faring?

Irene: Well I didn't talk to it myself, so I couldn't say.

Prof. L: You know, my friends, there are some points in space above your earth that are beastly hot. And if you send someone there, let us say you want to send them to Venus, that is a jolly place to go, because so many saucer people seem to have come from there.

Irene: Does that make it jolly?

Prof. L: Yes. Apparently they have all gone back there and no one has been able to communicate with them since. Poor Venus. Isn't it queer that we are always putting our _____ so many miles away from us. And that which is at a greater distance, the greater distance the better it looks. I know some people that should be at those distances. Venus does have, if you will pardon me for saying it, does have some human life on it. The water there is not the kind that you would get here on earth, not readily anyway. I suggest if you are going there, that you bring your own scotch for it is soda water and plenty of it.

Irene: Scotch and soda.

Prof. L: Quite. Don't go there with purity in mind. If you are pure of mind stay here. This is the place for the saint, the only place. Mars would never accept a saint, never. In fact, a saint wouldn't accept Mars. Its too dusty, too dusty, red dust. There is a great deal of oxidized iron, iron particles, dust. Rust should I call it. Once Mars had human-like beings upon it, but Mars aged. Mars is very old. The beings moved. They had to get off the body of Mars. They built satellite boodies where some of them dwell.

It is a long story and the hour grows late. The Marcians can ⁵³ afford to wait, even if you can't. And so can the Venecians. If you want to go to Venus or Mars put in for your tickets now. Man is going to go there. Its a good place to send your enemy, both places, to get rid of them. Both places are a little more comfortable than Russia.

Irene: Just one little question that I know you can answer, because you apply this rule: Why is it that some discarnate entities do not disclose their identity although they may spend many years helping someone? This is the last question.

Prof.L: I'll say this in regard to that question: Because it is not of any value to say, "I am so and so." Here I pop in here this evening and I say to you that I am Prof. Alfred Luntz, well how jolly, so what? What are you going to do about it? It sounds as though I am trying to start an argument hey?

I am Professor Alfred Luntz! Does someone want to put up a deuce? It doesn't matter who says what, but rather what he says. That matters. If you have a teacher on one of the inner planes, if any of you sitting here have such, you would be better off if you did not ask their name, because the moment you do you try to paint a picture of that person from the name. Their name is so and so, so they must have a bald head or a lot of hair, or brown eyes, or not brown eyes, or a very lovely face, or a very ugly face. The personality, the mask wearer as my colleague, Yada, spoke about a bit ago. What do you care who they are by name? It is what they say. Listen to it and you will be able to know what they really are, not who they are, but what they are and that is important. Listen to your teacher whether he is in the physical world or out of it and in either case you will know your teacher. But if you do all the talking you will learn nothing.

And because I seem to be doing all the talking now, I am going to pop out of here. I wanted you to talk to me also, but it seems the time is getting later and later. Time has a habit of doing that. However, it is not true you know. I hear people on your earth say that they are killing a little time. Oh no, time is killing them! LAUGHTER. My friend, did you have something there about hypnosis.

Irene: Yes I do Professor.

Prof. L: What is the question.

Irene: Well, Professor, I have asked a question on hypnosis already, so I put it away, but I certainly will find it for you. Here it is: Can the masses be influenced by phynosis, by the power of suggestion if they do not know about it? Is that the question, whoever wrote it?

Aud: Yes.

Prof. L: Yes, if we are asleep and so many of us are. We are living in the mass mind and it is very easy for one who knows how - - and it doesn't take a lot of doing, to control the masses with their thoughts, simply with their thoughts. The people in that mass need not know someone is working upon them. You see when

we are asleep we are truly puppets. The puppeteer within is not working. He is on strike so another puppeteer controls. Do you want to be the puppeteer or the puppet? It depends upon you. I would like to talk more on hypnosis, sometime I will but now it is too late.

Irene: Yes Professor. It was suggested to me in intermission that I mention to the people here if there are about twenty who would like to come to a small lecture tomorrow night, we could have one for you. Would you like this?

Prof. L: My dear . . .

Irene: Are there about twenty people who would like to attend a lecture tomorrow night? (Counted 17 hands raised). Mr. Windroff will tell you where this lecture is going to be tomorrow night.

Prof. L: While you do it, I am going to get away if you don't mind. It has been a pleasure to talk to you and for those of you who made it possible for us to come, we of the Circle extend our deep appreciation.

Irene: Thank you, Professor.

Prof. L: Cheerio and smiles.

Anita: Thank you for coming.

Prof. L: Thank you, my dear.

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#132- Sunday, September 28, 1958
Detroit, Michigan, home of Mr. & Mrs. Windross

Yada: Senas et Senahas ena Yada di Shi'ite.
Irene: Good evening, Yada.

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Yada: A notchi (speaks in his language and Irene talks with him)
My friends it is a pleasure for we of the Circle to be here with you this evening. We are honored in coming into your home. Your inviting us here is very kind of you and your honorable wife. And also to you, the people, the guests here, we are grateful for your coming, for without your sincere interest in the study of life it would do us no good to come. This makes you every bit as important to the work we are striving to do, as important as we may be. We, man, must work together otherwise no work can be done.

Now my honorable friends, I am not going to do a great deal of talking. I want to hear your questions and try to answer them to the best of my ability. I do want to say though that you are living in a world whose nature is breeding tension, anxieties, due to the social system you have created. This has also caused a wide spread feeling of uncertainty in the human individual. Now for those of us who are seeking not only to hear of the truth of life, but to use them, I think it important that we make some conscious effort to put to work that which we come to know. And so I think it is fitting that I say something about these conditions of tensions and anxieties that beset your social world.

We are inclined to be impatient with ourselves, so it is also easy to be impatient with others. We are worried when in reality there is no actual need for such worry or anxiety. We create them by our mistaking. We get only from life that which we think But many people say, "No, I want better than I have done. Sorry, but I disagree with that, because you cannot get any more from life than what you think, or are capable of thinking. If you misuse your own energies, your own creative forces by irrational kinds of thinking, you are going to try, unconsciously perhaps, because most of our efforts are done unconsciously, which is why we suffer so much, to use the energies of others or misuse them.

When you have a work to do, KNOW what you are going to do, KNOW IT. Do not wait until you have worked in it in an indifferent, unconscious manner, having everything go wrong and then sit down and cry about it, and blame others for your failure. If the individual is living consciously, he knows what he is going to do. If we know what we are going to do, then we know what the results will be. We do not have to worry about what the results will be, we will know.

Man worries about dying, what is going to happen to his soul, spirit, or mind. He will know what is going to happen to it if he knows how he is living now, knows what he is doing now and lives it. There can be no doubt about the condition of his mind, or soul, in some future time, for all of our tomorrows are the product of our actions and thinking today.

Now if you wish to debate this with me, I am open for debate, but I don't think you do. If this is true about the soul, then it must be true about everything else wherever we are. All elements of the body are thought out. They are mental concepts sown into the physical, organic body through the nervous system by thought.

After we get some form of physical ailment, then we start to think, think only because we are suffering pain, discomfort of some kind. It brings us up short and causes us to start to think. Unfortunately the first of our thinking leads us to the medical man, hoping to regain our health with drugs. Drugs didn't start the ailment, why should they stop it? Drugs are hypnotic, suggestive. A man will take the same pill for a pain in the head, as for a pain in the toe! The drug, it appears, knows where to go for whatever ailment it is. LAUGHTER If he has a

pain in the head and in the toe at the same time, the drug gets in the middle and separates itself, one part going to the toe and the other part to the head!

Irene: It travels through the blood stream so it goes everywhere, 56 doesn't it?

Yada: Of course. But the drug itself did not stop the pain. The suggestion of the drug, the suggestion of the power that supposedly lies in the drug stops the pain.

Irene: Supposing, Yada, that an individual is given an injection of a drug without his being aware that he is going to be injected with anything. How is this suggested to the mind that it is a drug?

Yada: The mind has been conditioned over a long period of time concerning the activity of material things, drugs or otherwise. There is a kind of mass thinking about what a drug can do. The so-called unconscious self already knows, has accepted the suggestion.

* Man: Yada, doesn't this also determine our lifespan - suggestion. Doesn't this also affect our 65-67 year lifespan. Isn't that affected by suggestion also?

Yada: Yes, yes. For what we have happen to us in childhood will still work for us in adulthood. The power of suggestion placed right one time will last until some effort is consciously made to change it. Yes, it is so. There was a time when people took the suggestion that people 45-50 was the age to die. So they prepared for it and curled up and died. Some of them didn't curl up; they straightened out.

Irene: I don't see how the change came about.

Yada: By suggestion.

Irene: I don't recall there being a mass instruction, Yada, is what I mean.

Yada: There was no mass instruction, but a mass suggestion. People in earlier years took the suggestion among themselves, made it among themselves. A woman of thirty was an old woman. I lived for only thirty-two years, but I was killed in a quake, the temple in which I stayed fell down on me. These big blocks of stone came down on me. That was a powerful suggestion. LAUGHTER

Irene: You have had it.

Yada: I have had it! Then I took another suggestion in my earlier life in the temple. The suggestion was that I was not to leave a body on the earth to decay, for the worms to eat or to burn up in fire. It was suggested that it was possible to take my body with me. But when I looked at it in that condition, crushed flat in the earth, it was not very pretty and I had no desire to take it with me. I wanted to leave it and run alone, but I knew what that body was. It was and is only chemical substance. Chemicals are combinations of molecular structure; molecules are atomic structure; atomic structure in its deepest nature is mind, or building blocks of the mind. So I had to reduce that body, what there was of it, to its lowest denomination, which was less than the word energy implies and yet it is more, because it is the very substance from which that which is called energy springs, or has its being. It is a vibration or frequency beyond your known physical world. (To Irene: You have animals?)

Irene: Yes, Yada. He's rubbing against your leg and I didn't want you to become concerned about it.

Yada: Is all right, is all right.

Irene: It is my niece's kitty.

Yada: There is life force. The same life force that is in the kitten is in you, same thing, so don't ignore the kitten. Yes, I am interesting to the kitten. LAUGHTER

Now these animals are a symbol of how limited the life force is getting in the various bodies that it enters into. Life force is only limited by the structure it enters into. This is true until this life force enters into the human body. Then it is not limited.

Irene: It went limp, Yada, as thought it couldn't be lifted. 57

Yada: LAUGHS Now here is the art of relaxation. You find it in the kitten. Kitten is the image, symbol of relaxation. You don't want to do something? Then relax. Give all the relaxation possible to the body and it becomes very difficult to move you then.

Irene: It seems that the body becomes heavier.

Yada: Is so. You notice what the donkey, what you call "jackass" does? When he doesn't want to go he sits down. LAUGHTER He doesn't mind if you pull. Go pull, he sits! He is fully relaxed that's why he is so difficult to move. Now you want to talk to me please?

Man: Yada, in administrating drugs, does that change the frequency of the body?

Yada: Yes, for every drug, every chemical has its own particular vibration or frequency and if this frequency of the drug does not match that of the drugs or the chemistry of the body, or some part of the body, like the liver, the heart, the lungs, for they all have their own particular chemical combination, if one of these is not suitable it will cause death or severe illness in the body. In the same way, if they are a suitable combination, they will cause a seeming healing condition. The body seems to be an electrical body. In all the chemistry you find an electrical quantity there, an electrical field, which is helping each chemical molecule to link together. Some have strong balance or linkage, and some have weak linkage and they can be affected, through this electrical field, by the mind. This is done by the mind thinking in certain ways, causing an electrical flow of nerve energy to the brain centers, which in turn takes the thought to the various organs, organs that are suffering, or perhaps they are not suffering. Its simply an idea of suffering comes to the mind through the nervous system electrically. It can cause a change in the chemistry or the chemical excretion of the glands, thereby creating an ailment in the body.

The body is filled with all kinds of microbes, living organisms. These living organisms are not harmful to the body because if they were, a person would not have much chance of living after entering the physical world, for these microbes are already there. Indeed, without these microbes, the body couldn't survive. They are beneficial. But when one has some kind of mental disturbance, this mental disturbance may cause these living good microbes to turn cannibalistic, working on the cells, eating into them, breaking them down and causing them to turn into toxins in the body.

Now you want to debate that, to deny this and put in your own idea? Please, I'm listening.

Man: Yada, in an earlier meeting you mentioned about some things being negative and some positive. Did you mean electrical or chemical?

Yada: Chemical and if chemical then electrical also, because as I said, every chemical has its own electric quanta. (Yada is trying to clear

his throat) I'm having difficulty with this man's body tonight. He has a disturbance in the chest - throat.

Irene: Yes, he mentioned that this afternoon. This morning he said when he awakened that he had a sore throat.

Yada: You see, when consciousness comes into matter, whatever the matter is doing, the consciousness may become aware of it, so that now I come into this man's matter body and I become aware of its ills, its pains, or its joys and pleasures. I mind, I consciousness, am like your consciousness. So when someone like a doctor gives you a drug to put you to sleep, he puts you, the operator, to sleep. The operator goes to sleep so that body can get the relaxation. Because the operator is not conscious, therefore he is not anxious about the body. This causes the body to relax easier and in relaxation the body begins to absorb more energy, not only from outside but from inside. There is a new building up of energy in the moments of relaxation. It takes a great deal of energy to move a body around. To lift an arm, the mind has to think it out and send electrical impulses to the muscles and tendons of that particular limb. But it is all done so fast, one would suppose it was instantaneous. But there is a period of time between the thought and the doing.

Irene: Yada, you were talking a moment ago about the negative chemistry of the body and foods. Could you continue with that?

Yada: Yes, yes. Today in your world, there seems to be a conscious effort on the part of your food administration to poison the people. Now my friends, I do not say this with the idea of simply being whimsical. There is no point in this. You must know that this is true. Now if you know this is true, why are you not doing something about it? Why are you letting this crime go on? If I am a witness to a crime and do nothing about it, keep silent, I'm as guilty as the criminal. You are permitting yourselves to be poisoned, literally murdered and you are doing nothing about it! Therefore, you are committing suicide! You're not being murdered. This is man's trouble. He does nothing about his problems and then he wonders why they get worse.

That which is called white sugar, we call it white death. It gives to the body neuritis. Your flour that is grown in good, rich life-giving substance, but your food people in order to keep it on the market in the form of bread, put preservatives in it and to make it prettier, they bleach it, killing all the vital life in it. And the bleach is a deadly poison. My friends, do you need someone from another life, another consciousness to tell you this? You already know it. Is it not so? Then let us talk about something else! LAUGHTER

Man: What can we do about it? What can one individual do?

Yada: Not one, no, but a group of you. Then split this group and go and have them seek others and create a larger group, more people here and there and then you make a powerful suggestion to the leaders of your country that you want this kind of thing stopped.

Man: Well, Yada, if we did this, we'd be labeled Socialists, or Communists. We have some very narrow-minded people in the world, who happen to be in official positions which is even worse.

Yada: Then it would be your place to do what is called boycott these substances. Refuse to buy them from the market. You do have living food in your markets. You can get it if you want it.

Man: You have a point there, Yada.

Yada: I think so.

Man: There is natural sugar and even though it is cheaper to make, it is more expensive in the stores than the refined sugar. So if a person is budget minded he is going to buy refined sugar.

Yada: He in doing this, he is budgeting himself into the grave.

LAUGHTER

Irene: He may budget on refined sugar, but he may have a doctor's bill to pay later. So he really isn't living cheaper, he is living more expensively.

Yada: Is so.

Man: Is raw sugar healthy, or is it.....?

Yada: Raw sugar is good for the system if you do not eat it in great quantities. (Coughs)

Irene: Yada? Yada? (Aside: He coughed himself right out of Mark's body. Mark has a cold)

Yada: My honorable friend, thank you very much. To Man: You wish to say something to me?

Man: I'd like to get onto a different subject. I wonder if you have ever tried to arrange your mother tongue into a syntax, to make your original language that you spoke ages ago into a grammar for the students of language?

Yada: I would be most honored to do this. We feel that all kinds of learning is most important and that language is one of the greatest importance to the human being, for it is the tool of communication and without communication, proper communication, there can be no real intelligent life on the earth or any where else. Yes, we have given this man many, many words of my language already.

Man: I noticed that some of them sounded like Spanish words - have a similarity to the Spanish language.

Yada: It is so, but please, what do you call the earth?

Irene: Mother Earth.

Man: The world.

Yada: Yes, the world. In my language E la Gerro - it means world. Now if I were speaking of the world body - ga is body, E la gerro ga. Speaking about masses, la mada - mass of people.

Irene: Language is a very simplified language. There doesn't seem to be a difficulty in pronunciation.

Yada: That's right. Table - me etta.

Man: Pardon me, Sir, I think this is very interesting. We have such a rare opportunity to listen to you. I think you are better equipped to inform us on creation that we can't get to. We can study languages, but we can't get to the planets, we can't study the structure of - well of creation as we see it. We don't understand it. We are not able to because we can't see it in a way that we can understand it. In this way and also in history for instance. There is so much about our history that we can't contact, we can't understand. I think you, in your position, are better equipped to inform us on these subjects and where we could find orthodox subjects in books and other ways.

Yada: Yes, Sir, do you want to ask me some questions along this line? Please, a moment before you do. Somehow or other it seems like my voice comes back and hits me in the face. Why is this?

Irene: Well, this microphone is very close to you, Yada. It is one that projects forward. This is where your voice comes from (indicating) and so it throws itself back and boomerangs on you.

Yada: its all right. I just wanted to make certain what it is doing.

Irene: Yes. It is so much more sensitive to the noises.

Yada: The people of your time are seeking to go into the outer spaces. What are you going to find there? So far all you have done, all the instruments you have put in the space above your earth, have become

only like what you call the stethoscope put on the breast of time, or space. That is all it is. It is only now on the breasting of space, listening to what is going on on the inside of the breast. Now you do much talk about going to the stars and you have not even gone to the moon yet! Perhaps by the time they are ready to go to the moon, you will go to the stars and never get to the moon where you planned to go! You will bypass it. It will become insignificant, just a small jump. Yes, but the question is: What are you going to do when you get where you are planning to go?

Irene: Is there a possibility of using it for something, Yada? If we go to the moon, what could we use it for? ⁶⁰

Yada: Oh, many things, many things. You could take a sensitive scope to the moon, what you call the scanner, a powerful scanning machine. You would not need as powerful a one as you would need here, because the moon has no atmosphere. So with a scanning machine you could see many things concerning your galaxies that you cannot see here concerning your solar system.

Man: It would be an ideal observatory then?

Yada: Is so. The atmosphere is extremely rarefied.

Lady: Could we breathe it?

Yada: No, you would be like a fish out of water. You would have to get another pair of gills. Take your atmosphere with you. But you can't do that. Now another thing, the moon is a very dangerous piece of mud in the sky, very dangerous to get on. It isn't mud, most of it is powdery silicate. You know silicate?

Man: Real fine sand.

Yada: Yes, a lot like sand; like dust; like powder.

Irene: After burning a heavy piece of log, the ash left is so light.

Yada: Is so. I said the other night if you send a rocket there, bring it down on its tip-toes, because it will go deep, miles deep, into the light substance and never get out again. Now that is one danger. On account of not having any atmosphere, which means it has no ionosphere, which means it has no protection from cosmic radiation, so it is constantly under the forces of xray, gamma ray, ultra violet ray, the most potent of radiations. This is the greatest danger that man is going to be faced with in going to the moon. But there is another danger. That danger is called psychological, the psychological effect of being in nothing but space for a long period of time. Now after you get out of your solar system, there is such a vastness of space between your solar system and any other body that the very thought of having to go through such endless space will have a psychological effect. That which is, which is black, black because there is no atmosphere to reflect any light - called the stars - would be like dead pieces of coal. They will shine, yes, but it is a brittle light with no flickering, not anything like that at all. The twinkling of the stars is due only to your atmosphere. Also, there is the space between your earth and the moon, vast fields of radiation, heat, very hot, which would melt most of your materials that you have for going into space with.

Lady: There wouldn't be any people there?

Yada: No, no people.

Man: Those areas, do they have fields of radiation, boundaries? Are they identifiable by sight I mean. In other words, you don't know they are there until you get in them. Is that right?

Yada: Is so. Now you could have machines to detect these areas before you come to them, so that you could skirt them, or bypass them.

Man: What would cause such a thing?

Yada: (Having difficulty breathing) I think I will go for a little minute please. (To Irene): you have this man do something please.

Irene: I will, I certainly will

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Yada: I can take the body over easier when it is a little tired than when it has a lot of jumping up and down in it. Could you move this please?

Irene: the microphone away from you?

Yada: Yes. Gratcia.

Lady: When Yada comes in, I understand that the brain cells he uses are not Mark's. Is that right?

Yada: Is so. That which I use is not that belonging to the man.

Lady: And where does Mark go? Does he know what you are talking about?

Yada: No, he goes to sleep and forgets he is a body. That is the simple answer. We get over the illusion of being a body. It is like going into the next room and you see something there and then you come out here. You do not have any ability now in this room to measure that which is in that room. Your senses cannot measure it, so in all intent and purpose it does no longer exist as far as you are concerned.

Man: In other words, when we incarnate into a body like we are, we actually put a limit on our consciousness. ←

Yada: Is so.

Man: For what purpose, for concentrating it into

Yada: So you can live here more comfortably. You see if you do not do this there would be half of you here and half somewhere else. And anything done by halves is no good. You would not like it. The greatest reality exists when all of our awareness, all of our consciousness is upon it. Now I'll give you a simple explanation of this or an idea of what I really mean. I think you will all understand it better than any other way that I could approach it. Let us say you are a man making love to a girl, would you be thinking about something else?

LAUGHTER

Man: I can see the advantage of it.

Yada: I was sure you could! Why is there such great excluding pleasure in what is called, if you will pardon me, the sex climax? Why? Because all of the consciousness gets caught in it. There is not in that moment any other thought in the mind. There is not another feeling, nothing. The senses are caught in it. Now you see what I mean by the value of centering your thoughts upon what you are doing? There is the secret. Yes, please?

Man: On the way over we were talking, Elaine, you and I, or Mark and I, about this thing. There is a relation somehow as you have explained it before, that this is the God power.

Yada: Is so, is so.

Man: Can you make this clear?

Yada: Yes, this is the creative force of your being. Without it you would do very little either in the material world or in any other state of consciousness. The force, or the chemical substance centered in your body, called sex energy, is your creative substance, universal creation. If you misuse it, by giving yourself without love, you are going to suffer. By love, I mean understanding. Many times, the male without thinking gives his body to the female solely for his own momentary pleasure. After it, most of the time he is disgusted with that and wants to get away. And she is equally disgusted with him. Because in truth, she does not show this disgust, at least not until she gets what money is there for her service. But the disgust, my friend, in the heart of two people, in the mind of two people

that associate with one another in this manner without also a small attachment, an association of mind to go with it.

Man: In other words, polarity.

Yada: That is an excellent word. That is exactly so. It is lacking polarity. How you, not I, speak to the men and women now. Have you not felt this polarity within which you have no relationship of this kind with, but just to be in their presence is a great sex satisfaction.

Irene: (Not understandable)

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Yada: Is so. Why is it? Because they are feeding it, feeding you with their vital substance, giving off. This is often called sex appeal in your American terminology. Now some people have this in a negative sort of way, a sensuous sort of way. If this happens, then they will sap you, drain you, without touching you, just standing, talking.

Irene: Then I've seen two people that both feed one another, Yada.

Yada: Is so. There, there is a real attraction, a real chemical affinity. It is so because it is also a mental affinity. These two people will fight for one another, or will go to any end to be together, sacrifice everything just to be together. Now many people that are caught up in the negative sex thinking would not accept this kind of sex. They believe because a man is with a woman alone that there must be some kind of sexual relation. There is, but it is not the kind they think. It is a kind wherein there is no suffering imposed upon another by the use of their bodies. Now when this happens the use together of each other's bodies is most divine, most divine, because they both have understanding and are patient and kind with one another.

Man: Immaculate conception.

Yada: That is, that is, and that is the only way such a conception can be. My friends, today in your world you are not taught the truth of your own creative forces. It is flaunted in an extremely negative, vulgar way. Now I am not a moralist. I feel that whatever you do is your business, because you will balance it out. If it is negative, you will balance it out in due course. I don't need to instruct you on moral principles. Just living will instruct you. If we get sufficient pain in our negative actions, we will come around and learn to do things right, if for no other reason than to escape the pain.

We think that somehow we are going to satisfy our desires. But, my friends, we never do. The human body knows no satisfaction. It only know momentary gratification and then back comes the desires in due course. They are like spooks, they haunt the body house. You think you have dehaunted them by giving them their satisfaction? Oh yes, they all go out the door and you say to yourself, "Oh, at last I am free, no more of that!" But it is not long before there is a knock on the door and there they are again. "Let's do it all over again, heh?"

Irene: You say there is nothing better than repetition to learn by, Yada?

Yada: Is so, but there is also a period of time when we must have learned something. We cannot go on beating our heads against the wall without destroying ourselves. Man is not an evil being. He needs no instructions on morals. He simply needs to know his own nature. He needs to know truth that is all. When we know truth we find that it is better than any illusion we ever had. So many young people will not go where there is education we talked about. Why? Because most educational things are talked about in such a dull pretended, modest manner that they are not worth listening to anyway. When truth is spoken it is spoken clearly. There can be no doubt about what is being talked about. Just remember that love is understanding and to understand yourself is to understand your fellowman. Then you will live it, act upon it.

I come and I talk and many people give me this (claps his hands). This is no good. It is nice, it is pretty and if I were different than I am, I might be very pleased about it. I'd much rather they do this to themselves (clapping) indicating that they have learned and show it by living it. No use giving me praises if you do not use what you have come to learn. Is it not so? It is a vanity. I'd much rather you would go away and say, "All this is foolishness, I want nothing to do with it." I'd much rather, because at least this is honest, honest with yourself. What you are with me means very little to me, but it will mean a great deal to you, to be honest with yourself.

Like I have said about flying saucers, what is the use of bowing to these people or caring about them at all if you do not care about yourself. If you do not love and honor yourself all these things can do for you is to awe you, and man is so awed already he needs no more of it.

Man: Will they instruct us?

Yada: Yes, they are willing to instruct those who are willing to be instructed. But if we are not willing to be instructed by our fellow-man here, wherever we are in the physical world, or in the astral world, then why should we be more willing to be instructed by these other beings? There is no reason, no real reason for it at all. They come in and out of your world. They are more ghostly than ghosts.

Man: Yada, do you agree that we already have all the philosophy necessary and that all we have to do is learn how to apply it?

Yada: That is exactly so. These people cannot bring you a new philosophy and if they did, what would you do with it? You have, your whole world, every country that I know of, has books, tons and tons of books of the most fascinating philosophy you could possibly have. You want more? What are you going to do with it?

Man: Are we in the process of learning or unlearning?

Yada: Not "we". In learning there can be no "we" about it. Am I learning! It is "I" work, not a "we" work. Not even in teaching that which you have learned, it is not a "we" work. It is an "I" work. I, the pupil, I the teacher. No matter what "I", the teacher says to "I" the pupil, if "I", the pupil, is not prepared to understand it, the words or the sounds that "I", the teacher, make, who has gained anything? No one, no one. You're not teaching people en masse.

Here you are, several people here tonight, but each of you are living your life. You are dreaming your own dream. Here is lady, here is man. It looks like they are different people and it looks like these different people are experiencing the same thing, called wakeful living, with their eyes open. They are in the same room, in the same house. They observe the fact that the lady and the man of the house seem very much the same. But to the man sitting there and the lady sitting here, the man and the lady of the house are not the same. They are different to each of them. So then what is the nature of these two people that are the owners of the house? Are they as this man sees them, or are they as this lady sees them? Or are they neither, but something in themselves and that the man and the woman have created a combination of illusionary pictures of them?

Man: It seems then that a teacher does not actually contribute to your learning except in a way of illuminating what you have learned so that you can see more of the truth of the thing?

Yada: Au kee, gratcia. That's why I have often said that I do not teach you anything. I do not even tell you anything. All I do is to make

sounds, noises, a series of noises. My profession is being a noise maker! I make these noises at you, the professional listener. You are listening to sounds, vibrations, what you call molecular motion. And according to the way you have been conditioned, suggested to, hypnotized by other words, other sounds before, you will take my sounds and translate them into what you think I have said. That is why, when I have several people at a session, when I am talking to them, if one should get up and say, "you're crazy. I do not want to listen to you, you have taken away my Jesus Christ," or that I have destroyed that one's picture of life in some other direction, do I get angry at this, do I get upset? No, I wait until this person departs so that my sounds no longer irritate him or her.

Man: When one is not talking are these impulsive thoughts still potent? ^{G4}

Yada: Yes, yes. To me you need not talk to me, you need but think.

You may suppose that you are not affecting one another, because it doesn't look like there is any affect taking place when people sit in silence. So somebody wants somebody else to say something, start making noises. They cannot bear the silence, because the silence is even louder, more noisy than the words.

Man: Yada, when we are thinking along the same theme, what part the other person hears and interprets the thoughts, and in what way? Do they ever get through to consciousness?

Yada: There is what may be called a pattern created in the brain, and therefore in the mind, a memory pattern; a memory pattern of how I felt and then reacted to a given thought, or similar yesterday, or the day before, suggest how I should do it today. This is called association, the law of association. Is it not so? It is by this law of association, thought association, word association, sound association that we either accept these sounds as being meaningful, or reject them. The memory pattern sometimes cannot accept certain ideas.

Man: What about telepathy? Where does it affect - - what part?

Yada: It also excites the memory pattern, or the recall pattern, same thing.

Man: Is it recalled at a later date as an association?

Yada: Is so and more than this, when you are getting a telepathic message, that message may have been sent days, weeks, months or years ago. This is called a delayed thought. Where was it delayed? Did it get hung up in some point in space?

Irene: Like a sign board!

Yada: Sign board, yes, hung up somewhere and then when you least expect it, the string breaks and it hits you in the head. But no, it has not been hung up. You already received it. You have it, but what is called your awareness has been cut off from it, because your awareness was not yet sensitive enough to turn it into audible sound. It does not come as an audible sound, it does not come as words. It comes more like what one would call an electric impulse. This electrical impulse stimulates the hearing, enters the auditory centers, but you were not prepared, not sensitive enough to let it through that impulse. It struck the nerve but the nerve was not ready to receive it. It is like you hear a clock in a room when you are sitting in the room and everyone is quiet. Soon you begin to hear it; you become ready to hear it. Where is that sound when you don't hear it when sitting right next to it? The auditory nerve is not ready to hear it. It is not sensitive enough yet. Then comes a moment in the nervous system that causes the nervous system to become acutely aware, very sensitive.

Have you heard, or have you said to yourself, "I feel very high strung today, I feel nervous." This means your nervous system is highly pitched, is highly tuned. Very often the best way to receive a telepathic message is in some high emotional state. If you are not this way, if you are relaxed, the chance of getting reception is very little. The body is like a machine, an electrically operated machine. You can make it sensitive, and learn much from the states of consciousness beyond the physical world, or you can dull, bury it, by satiating it with material gratification, living deeply in the material world. You can do it by diet and I do not mean eating certain foods. I mean by going on very small amounts of food for several days at a time.

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Irene: Without sleeping too.

Yada: Oh sleeping, if you put this with not sleeping, then you become very aware. So much so that somebody will have to hit you on the head to cause you to relax, or give you something in the arm (shot) or give you a pill to relax you. You do not want this. This can give you a very bad nervous condition. But with a loaded stomach of what you call steak and potatoes, and all things with sugars and starches that make you burp, burp, burp, you cannot be sensitive.

Man: You said we are more sensitive in a nervous state than in a relaxed state?

Yada: When I say nervous state, I simply mean of state of acute sensitivity.

Man: Energetic?

Yada: No, not being energetic, because if you are energetic you get nothing.

Man: Then meditation is not the state to put yourself in?

Yada: No, it is not, if you are reaching for the art of telepathy, the receiving of messages, not from beings in the astral necessarily, but from beings in the physical world. But, you will, in this acute state of sensitivity, receive all manner of sounds from the astral world as well as the physical world.

Man: In order to really develop ourselves isn't it best just to listen to ourselves? Go into deep meditation and listen to no one but our own voice?

Yada: This is very good if you honestly trust yourself. But you see, most of us, my friend, have been so badly conditioned, conditioned to be afraid of our own judgment. Everybody has been an authority for us for so long that we have no feeling of authority for ourselves. Now what you need to do is to ask someone to break that state of belief for you. A competent man is he that knows the nature anatomy as well as mind processes upon the physical body.

Irene: You run the risk in the meantime of having yourself wrecked trying to find one, Yada!

Yada: Not if you are not careless.

Irene: But some people don't know what to look for, Yada. That's what I mean. They don't know all the dangers and they go into it not knowing so.

Yada: Well, I agree with what you say, because I know there are so few people of true knowing about these things, about life, about the body, about the mind. The greater majority are pretenders to the throne.

Man: We should be able to trust our inner self, but we haven't learned to, is that right?

Yada: Is so. Because of this that has been imposed upon us, the distrust of ourselves, we have many complications that take place in the body that cause diseases. We literally kill ourselves because we have been

so badly conditioned from the time we come into the physical world. Fear drives us to do things that are not natural for us to do. I didn't say right, I said not natural for us to do. This leads to no end of trouble to the physical body.

Let us take the simple story of how you have been conditioned to believe in the Christian religion. The first story is to be afraid for your soul and what is going to happen to it. Now from this alone you are lost. What are you going to do? How are you going to be authority to yourself as long as you fear for your soul? A sinner to begin with! The moment one comes into the physical world right away they start upon him, "I'm going to tell you a little story. Its about your little soul. Be afraid for it. Be afraid for it and remember that you cannot find peace by yourself. Only through the priest, the clergyman can you come to God. Otherwise, you are a lost soul."

Now it is not given in so many words the moment one comes into the physical world, but there are other little things that come in there that begin this projection. A child, if it is loved, if it is taught to feel it is wanted will not have fear. You may tell him that he has a soul, you may tell him that it is destined to go to a certain place if he or she acts in certain ways. If this child is loved, he will not be frightened, will not be anxious. It will simply accept what you are saying and be free from worry. But if the child is not given love, the story about what is going to happen to his sould is the story of fear, of dread, because the child believes that God will be like the parent, no love, no understanding. And that is what your Christian religion teaches about your God. It has no understanding, no love. You want to say something to me please?

Man: I want to say something which I think is important. I've heard sermons in the Christian churches and other religions for that matter, over the years. Whenever I heard a clergyman speak about eternal life, or the promise of heaven, I always walked out, being less convinced of the fact than when I went in. I'm wondering whether this means that I was a poor listener or that I was good thought reader. I don't know which.

Yada: It only meant, sir, that you realized that in life, I'm going to an American expression - that in life, there is no such thing as "pie in the sky". If you like pie you get it here on the ground. Otherwise, you do not get it. In short, there is no reward or no threat of punishment for man, unless he himself accepts it. If he thinks that by doing something he will get a just reward, the only ^{reason} he will do it will be to get a just reward. He will not do it for the jobs sake, for the sake of the work, the pleasure of doing it. By threatening him with punishment if he doesn't do it, he then does it out of fear and dread and his work, his doing, is still no good. There is no love in either condition. Yes?

Man: I don't know how to explain this, but the nearest I can is this:- In the past man first believed the earth was flat. Then he figured out that the sun went around the earth, that we were the center. Now we hear a lot about various astral planes and we assume we are the ones on the ground level. In other words, we assume that we are the center, the beginning, the foundation of things. Is this correct, or are we on a level falsely thinking it is the first, or?

Yada: My friend, it appears to me that in the past time, when the masses believed that the world was flat, everybody got along perfectly fine in that world. Then when it was learned the world was round, everybody got along just as well, or just as badly, as they did when they believed it was a flat world.

Man: It gives us a pretty strong choice of only one or two ways to go, doesn't it?

Yada: It does, it does. Life, a big question mark. (What do you want life to do to you, is what you do to it.) It is getting late.

Irene: Are you having trouble over there? Do you want somebody? Do you understand Yada? You know on some of our cook stoves we have a burner front and back, you know Yada is so interested in our . . .

Yada: The FRONT BURNER in this respect is the best, heh?

Irene: Well, yes, it has a little head start over the back burner.

Yada: What is? One is not as hot as the other?

Irene: It depends upon which is more convenient. LAUGHTER

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Lady: Yada, this is why I need to say now you are right on the beam.

Man: Unintelligible

Yada: The simplest expressions of a race of people unless you know them, are extremely complex. You, please were talking about people from Italy. Will you tell me more please?

Man: You know in our history we have origins of various civilizations of people that we can trace back to a certain point and we don't know where to go from there, what happened before that. It seems prior to the Roman Civilization, Italy was populated by a people called the Etruscan, or now known as the Tuscans. And these people had a very - the evidence that we have found shows that they had a very advanced civilization and that they had very unusual accomplishments in religious and minerals and so forth, understanding and also their artifacts and so forth show a pronounced development over and above the people that replaced them. We are curious, since that is a blank in our history, to know what the real score is there. Where did they come from and what did they really know?

Yada: So much is said about ancient civilizations, but most of it is romantic imagining. Yes, now about these people you call the Etruscans.

Man: They had a language that is much different than Latin and we are unable to trace where they came from although there are some people that live on the Isle of Mykonos in the Aegean, whose language is similar to that of the Etruscans. The Etruscans were driven farther west in Italy by the incoming Europeans that later were the Romans and the Romans derived much of their thought and inspiration from the Etruscans. But the Etruscans left us very little record of their language. It is just on tombstones and we would like to know where they came from.

Yada: That is where most of man's history ends up isn't it, on a tombstone! LAUGHTER Sir, these people you speak of were not of a Roman nature at all. They had their origin not in Italy, but in Germany, in the deep forest. They were forest people. They were not of a Latin origin as I see it, but more of what you would call the blue eyed origin peoples. Then they were in the last part of a civilization invaded by a low Sicilian race. Then there came a kind of mixture through intermarrying. These people were advanced in many ways in what is called the knowledge of the hunt and religious beliefs (its not the word I want but it is all right). They were worshippers of growing things, what you call plant life. But they also, at the far end of their civilization, they learned how to till the ground and make the plants grow. When man learns to do this he begins to create a community and soon a nation. As soon as he learns that, he can get the substance of survival from the soil, he begins to learn all other things. This is the first step to knowledge. But as I said, these people came out of the forest of what you know as Germany today. Once there was a time when the big waters between England and Europe - the Channel was not there, it was ground.

Races of people living on that ground before the destruction came, were wiped out by great floods and great quakes. It was not until after this great quake that these people came up out of the forest of Germany and started to migrate. Those that survived migrated to Italy.

Irene: How long ago would you say this was, Yada? Was this before the Cro-Magnon man or later?

Yada: Time, time. It was between 10 000 to 18 000 years ago. It is difficult for me to make a picture of time. I see many things happening on your earth, but I do not see them happening in time. I only see the action of what is going to happen.

Irene: I realize this.

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Yada: And my mind, my consciousness, does not conceive the action as being in what you call time.

Irene: You have given us time on Atlantis and Lemuria and that sort of thing, so I thought perhaps you could give us an idea similar to that.

Yada: Now my civilization was destroyed by a great quake and storms. They came from outer space, great storms, big pieces of ice coming from the sky. The atmosphere after the quake had come, became like fire, green fire sweeping all over the land in the atmosphere, consuming my civilization, which consisted of 180 million people. At the end of the great destruction 80 million people had died. My city my whole civilization was buried under tons of rock and ice. Sometime your world will find it.

Lady: Why don't you direct somebody there?

Yada: The best I could do would be to give location, but what would you do to clear the ice and snow? How could you get to it? All you have to do is realize the great tons of earth and rock and ice that buried my civilization and you would realize there would be little possibility of getting at it. You see, the city in which I lived was called Keoti, meaning city of temples. It is 700 miles due east of the city of Lasha, the holy city, Lasha. Do you know there are constant storms raging there and blinding drifts of snow hardly ever letting up?

Irene: Where the City of Keoti used to be?

Yada: Yes.

Irene: It used to be a very temperate valley you said.

Yada: Very temperate. Also there were jungles in the valley where little pygmy people lived. They were tree dwellers. They worshipped the albino frog. Frog is very old animal, is very old animal. He does not need much to keep him alive and could live a long time without sustenance of any kind.

Irene: He goes on a state of _____, doesn't he?

Yada: Is so, because he is mostly skin. I was going to say that our civilization was warned that there was going to be destruction before it came, but the warning came too late, too late.

Man: Are there some of us present that were there?

Yada: I fear I must not answer that question, Sir. You know man's mind is very strange. He reacts to certain things in a very disturbing manner so I try not to sow any unnecessary fearful thoughts concerning some things. Yet I can say and safely, that I am sure you were.

Man: You mean all of us?

Yada: No, some of you.

Irene: Were on the earth plane?

Yada: Yes, at that time.

Irene: But we all existed.....

Yada: Oh it is so, but some of the people that escaped from the destruction of Yuga came down into a great flat valley now known as India, there in the Himalaya Mountains, where now are cities and villages known as India. But India at that time, before the great migration was a vast empty land and extremely dry and hot.

Irene: Some went into China too you said.

Yada: Is so. In this low land that I speak of in India, and also in China, the races of people that came out of the Himalayan towns, already found other races of people there.

Irene: (Yada was breathing with difficulty) You're having trouble, Yada?

Yada: This man has a cold.

Irene: He does have a cold. I'd better get busy on him, hadn't I? 69

Yada: Please. I leave a little while and then I will come back, all right? Man and his nose, these are called accessories in your language.

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Yada back: As I said before the silence speaks louder than sound.

Yada: You know there is a story today of a discovery in your world. They are digging up the bones of man in the deep cul pit, you know about this place?

Irene: Yes.

Yada: Ten million years old! You know what this does for the man and woman, Adam and Eve? It obliterate them! LAUGHTER Ten million years old and I thought I was old! A mere 500,000 years.

Irene: But you have told us that mankind has been here longer than that.

Yada: Yes, is so. I talked several years ago to a group of people in which there were several people who were archeologists and anthropologists and they disputed my reality of my having lived that long ago. They said no civilization could possibly have existed so long ago. Now if this man lived 10 million years ago, does it not at least hint that man, as man, not as a monkey, because he became that later - LAUGHTER but that man as man, existed much longer ago than that. Man has been here on earth over a 100 million years it will be discovered. Now what is making some of these beings like those you call the Cro-Magnon, what makes him look like that? Then you have the Neanderthal man and the Peking man. You know the head was setting down on the shoulders of these people. Yes, and the black man. You will find that these beings are the ends of great civilizations. These were civilizations in which the beings were not with the heads looking down and the ears doing this and the nose doing this (illustrating) LAUGHTER These conditions came later. They are what you call in English, the remnants of great civilizations.

Man is not a branch of the monkey. No. He is a species in himself. I say this not from any religious view point whatsoever, but from very real and scientific facts. Looking back down the history of the human race, going into the jungles of the great Andes Mountains you will find marvelous civilizations, the remains of them. Vast buildings you know? Many big rocks laid on top of rocks like you have in the form of the pyramid.

These beings were highly advanced in technical knowledge, engineering and construction. Some of these beings were great big, seven or eight feet tall, with great health and strength in them. What is left of them is a small race of dark-skinned people, what you call copper color. The original Mayan people were not small copper colored people. They were very light of skin with nice straight noses and very high foreheads. Most of the males cut their hair off, making the head bald. They shaved off not only the hair on their head, but also the hair on their body because it was thought that hair on the body bred bacteria that was dangerous to health. The more hairy a person was, the more certain that it was a throw back from the time when certain races of people were very hairy, very hairy, all down here, all over the shoulders, the body was a mass of hair.

Irene: This was for a very good purpose though.

Yada: Yes, in those times where these people lived, the climate was extremely humid, hot, and inclined to have what you call electrical vibrations in the air, electrical storms. The hair was a kind of insulation against these electrical forces protecting the body.

Irene: You told us too, that it protected man from things that fell, falling branches and things like that. 70

Yada: Some of these people had a big mass of hair on top of the head, a big mass of hair. At one time everything grew big, big. Everything - the trees, the animals, everything including man, who had a big mass of hair on his head. He was not a pretty person.

Irene: Yada, what about the Mayan Civilization? Did the light-skinned people build the buildings that still remain on.....

Yada: Is so, then there was an interbreeding, as the civilization began to fall, with a smaller dark-skinned people. These smaller dark-skinned were used as slaves. they were a very ignorant low people, Going back in your history you will always find that the fall of a civilization comes out of the greed, lust and avarice of the few over the many. It happened in my civilization. That is what brought it to an end.

Irene: You told us not too long ago, Yada, that one of the buildings of the Mayan civilization was known to our governmental people and they had isolated it from any one else and inside of it are records made by the space people.

Yada: By the space people. There are many records here on your earth of communication with beings from outer space. But the story they tell of man, if it was told today, if it was given to the people, the people would tear down all the temples and religion would go into decay. It is in decay, but it would be gone by now. As long as man continues his adoration of god and devils he will be held back from the greater knowledge of himself. Gods and devils came to man out of fear, fear of his surroundings, and looking for someone greater than himself to protect him from the savagery of his surroundings. Also man, in his dreams, had fear, had fear for his dreams were created out of his outer surrounding experiences.

Many people feel that we of the Circle are here to destroy religion. We come not to destroy it, for we cannot do that. It will destroy itself when man awakens out of his dream of fear. We come only to teach of truth with the hope that those of you who are sincere seekers will go on seeking without fear and be willing and ready to accept truth if you find it more useful than the truth you think you have.

Lady: Yada, what about the abominable snowman?

Yada: Yetta. What about the abominable human being? LAUGHTER These beings are descendants or a remnant of the beings that existed in the Himalayan Mountains, in the valley that was discovered where the civilization was founded by a man called Nesejniha. Nesejniha came from a civilization that existed in the Gobi Desert a long time before my civilization Yuga was founded. Nili was destroyed by a great flood. Nesejniha meant the seventh son of a family called Ha or in English a family called king, ruler.

Irene: We have people by that name now - King.

Yada: And this Ha was the last great exploratory caravan from the civilization of Nili that went looking for a place of safety because the Oracles of Nili foretold the destruction of Nili a long time before it happened.

ETIS