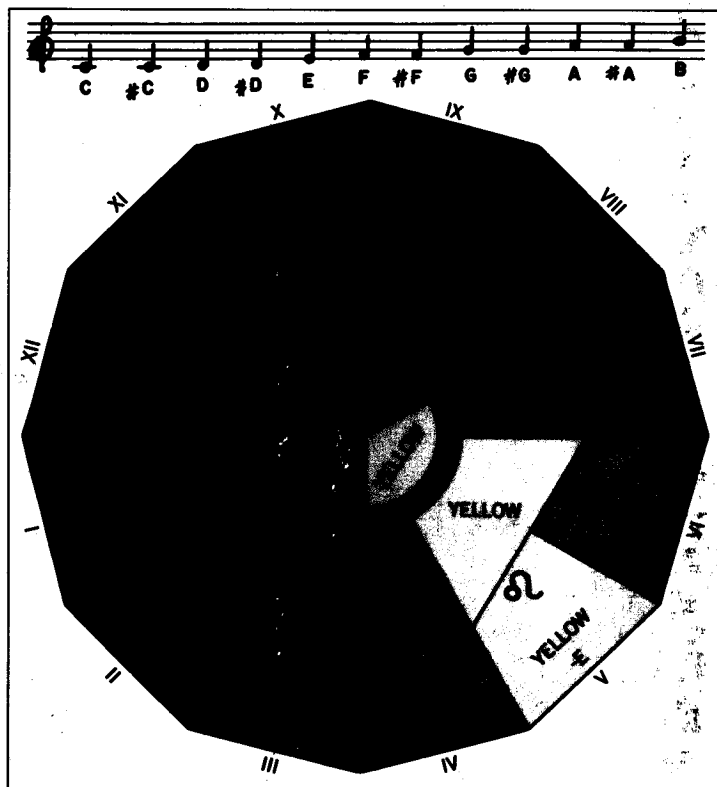


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ABOUT THE AUTHOR

CELMANN HISEY, a lifelong student of mysticism, has traveled extensively and studied metaphysics, oriental religions and culture with sages in the Far East and India. His purpose in writing this book is to stimulate the reader to experiment sufficiently to enable him to find his own body rhythm, awareness to raise his own frequency, to travel on the inner planes using his individual musical notes and colors, to experiment and find his own mantra.

**KEYS TO
INNER SPACE**
LEHMANN HISSEY

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any of the sympathetic plexuses of the physical body. The Anja (Pituitary) located near the Pineal at the root of the nose is sometimes called the "Third Eye" or the seat of the mind. It is very sensitive to vibration and is often referred to as an aid to psychic vision.

Any one of the vortexes or Seals may be stimulated by *Toning* the musical note indicated in the diagram and visualizing the predominating color. This practice, if done correctly, enables one to listen to the song of life within and catch a glimpse of his own Cosmic being.

The Crown Chakra, the last to be opened, is described as the thousand-petalled lotus and is not actually connected with any of the sympathetic plexus of the physical body. In some diagrams it is shown as existing many inches above the head and is believed to be the basis for the artist's concept of a saint in which the circled halo is drawn.

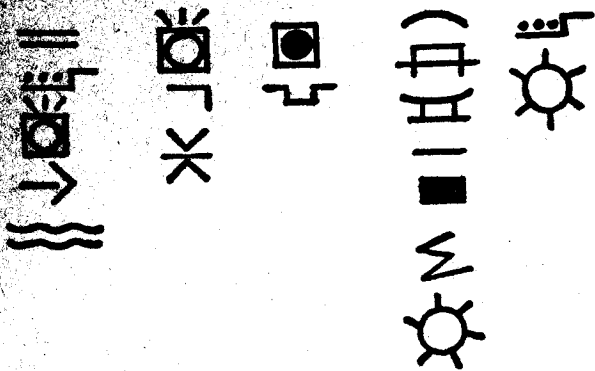
The Ajna, or pituitary vortex, a tiny, cone-shaped body located near the Pineal at the root of the nose, is often called "the third eye" or the seat of the mind. It is extremely sensitive to vibration and is frequently referred to as an aid to psychic vision. There has been much speculation and many books written about "the third eye" and its possible onetime existence in the center of the forehead. It is interesting to speculate that aeons ago this may have been the only eye used by the earth's first inhabitants.

Any one of the seven vortexes or *seals* described in the diagram may be stimulated by "Toning" the musical note indicated and visualizing the predominating color frequency. This practice, if done correctly just before meditation, enables one to listen to the song of life within and perhaps catch a glimpse of his own Cosmic being.



PART TWO: MARK PROBERT

The ensuing pages provide an extra key to an area of awareness which may prove to be more revealing and far-reaching than any key found in preceding chapters. In this dimension of "inner space" so close behind the doors of physical existence, not too much information is available. Herein is provided, through the mediumship of one Mark Probert, a vast amount of documented information and wisdom teaching which bubbles as naturally as an artesian well.



LANGUAGE OF YUGA

MEN SEEK LIGHT! ONLY THROUGH
LOVE CAN DARKNESS TURN TO LIGHT.

MAN IN MATTER IS LOST!
K A, GOD, IS EVERYWHERE PRESENT.
LET MEN SEEK THE LIGHT, K A, IN
FREEDOM.

The above hieroglyphic writing and translation was dictated to Mark Probert, deep-trance medium, by E Yada di Shi'ite, who lived in a civilization that existed in the Himalaya Mountains more than 500,000 years ago.

Mark Probert was born in Bayonne, New Jersey, February 1907. His mother died when he was eleven years old and at the age of fifteen he had managed with much effort to get to the sixth grade. After a hitch in the Merchant Marine and much drifting, he became a jockey before serving as a song-and-dance man, in which profession he continued until "talking pictures" forced his retirement.

Not long after Mark was married, in 1942, his wife, Irene, informed him that he did a great deal of talking in his sleep, but always in a foreign tongue. The "sleep talking" continued for about three years and lasted from ten to fifteen minutes almost every night. This was all very puzzling until Mark met N. Mead Layne, a teacher at the University of Southern California, who assisted in making some experiments. The first session was held in September of 1945 in Mark's San Diego

Keys to Inner Space

apartment. The first voice to come through introduced itself as that of Martin Latamore Lingford, who had lived in New York forty years before. He informed Mark that there were fifteen others besides himself who had formed a band around him on the inner planes. Each one would come through and introduce himself as time went on.

Mark was told that members of the Circle had spent many years in conditioning his brain and body for this one purpose. Using the foreign tongues was ideal for their purpose, as the project could be dropped if Mark did not pass all the tests. They said, "Please excuse this interruption in your life, but we had no other way of testing whether our thoughts could mesh with your thoughts. What we do is to make an impression by thought upon your brain cells, then this is projected out from your mind, out from your brain, and it looks as though it is extended into your three-dimensional space."

It was not long after this that the teachers suggested that the meetings be open to all those who wished to attend. Lecture tours in various parts of the country followed. Later Mark went on radio and television in New York. Although he lectured occasionally in large auditoriums, his most interesting and productive sessions were held in various homes of newly made friends on the west coast from California to Washington, where E Yada di Shi'ite was usually the spokesman.

In the spring of 1964 a doctor friend from Pasadena drove in unannounced to spend the weekend—to do nothing more than bask in our Palm Springs sunshine and swim in the pool. Little did we know what we were in for. It was the beginning of an unusual friendship with a strange little man whom we had never seen

Mark Probert

nor even heard of. Our doctor friend had no sooner arrived than he received an urgent call from San Diego. It was Mark Probert asking that the doctor come down at once and consult with someone in the "spirit world" in regard to his sick wife, who was suffering from a terminal illness. We asked if we might accompany him, to which he somewhat reluctantly agreed. We found out later that Mark had also telephoned a well-known Mexican M.D. specialist to confer with the group at the same time.

Not until I had made the acquaintance of Mark Probert was my prejudice and disbelief in spirit entities completely shattered by a series of personal experiences that continued for several years. All contacts with these "other than flesh beings" were tape recorded either by myself or others and have been carefully documented for any inspection.

We did not actually make our contact, however, until the following evening when the stage was set in Mark's small three-room apartment for the spokesman, E Yada di Shi'ite, to come through and talk to us. I had asked if I might make a tape recording and permission was granted. Mark, sitting at a small card table at one end of the tiny room, soon began his heavy breathing, and it was not long before "Yada" came through in his high-pitched Mandarin accent to greet us.

After certain amenities, Yada explained that he would put back into Mark's body more energy than he would use. In the meantime, Mark's mannerisms and modest, quiet voice had completely disappeared. As we found out later, he knew nothing of what went on in the room and would awaken at the end of the session, yawning and fresh and though he had been in a sound sleep.

We were full of curiosity and had many questions. As we had never been in contact with a discarnate being, we were unsure as to the proper method of addressing him. In answer to his greeting after we were introduced, however, we were able to manage a faint "Good evening, Yada," and were off to a good start. We soon learned that Yada, as he is familiarly called, had never reincarnated since his demise in an engulfing cataclysm some five hundred thousand years before. This had taken place in an area we think of as the Himalayas before the continent of India was known. It had once been a great civilization called Yuga, or Vast Body, and consisted of 180 million people. To us this all sounded utterly fantastic—just made out of whole cloth.

The session that first evening lasted more than two hours, and on two occasions we were able to break in and ask for clarification of a point being discussed. The doctor from Mexico who had been called in to review the case with Yada was anything but optimistic. It did not take us long to realize that a serious life and death matter was being discussed. We had been privileged to be able to sit in and listen. Irene, Mark's wife, was of course present and was looking for some definite answers. Yada was cagy, we noticed, and was not giving any advice whatever except to tell the doctors to continue what they had already been doing. It occurred to us later that he did not wish to disturb Irene's Karmic pattern.

It took us several months to adjust to this experience and evaluate just what had happened. We, of course, had the tape recording, which helped to refresh our memories. Being able to communicate so naturally with someone "on the other side" was still somewhat of a mystery and provided much food for thought.

Not long after our San Diego adventure, we learned that a book had been published under the auspices of the Kethra E'da Foundation, meaning Inner Circle of Light—author amanuensis, Mark Probert. The title of the book is The Magic Bag in which eleven different entities speak through Mark. This was dictated to him clairaudiently over a period of years by members of the Inner Circle. We procured a copy of the book and tried to explain it to questioning friends. Knowing Mark, by this time, to be a shy, soft-spoken little man with only a sixth-grade education, we were amazed at the profundity and scope of the book. Each entity presents in his own unique way his thoughts about involution and evolution, astrophysics, life on the inner planes, and countless other subjects. I have read the book at least three times and will no doubt read it again.

Mark explained to us one evening the unusual circumstances in which he was able to sketch several members of the Inner Circle. He, of course, had never seen them before but by listening to the tapes was able to recognize the different voices and fit them to the personality. Mark was writing a letter one afternoon to his brother while sitting at his table in the middle of the small living area, when he noticed a shadow that was not caused by his lamp stand. He felt the presence of something as though it were looking over his shoulder. Looking down, he saw a foot and a sandal, and raising his eyes a little, a nicely tanned hand One by one several members of the Inner Circle began to materialize beside him. These were the same entities that had been dictating the manuscript to him clairaudiently. Startled, and not realizing at first who these strange beings might be, he sprang out of his chair, tripping over the light cord as he did so. Roars of laughter followed him as he made for the front door. One of the entities quickly

Keys to Inner Space

bade him return and greet his "friends," who wished to be sketched for the book now nearly completed.

Mark always seemed to enjoy telling this story, as it was one of the highlights of his long mediumship. He finally did return to his writing table, after regaining his composure, and was able to converse calmly with his "friends"; and over a period of time did sketch each one and later did them in oils. He had studied little in the art field and was somewhat amazed at the likenesses he was able to produce. These appear in *The Magic Bag* and add a great deal to its interest and authenticity. A new edition has recently been published in paperback.

When an entity would "drop in" to see him, Mark could swear that he was conversing with a flesh and blood human being—that is, until he reached out to touch him. There was nothing there but space, yet the image would remain until the posing period was over and then disappear as suddenly as it had come. Yada explained in one of the sessions that the image Mark was sketching of him was (the way he once looked as a priest in Yuga and not his present image.) It is presumed that Yada had gone so far into the inner planes that he could assume any identity he wished.

All the members of the Inner Circle were undoubtedly qualified esoterists, and in the book, subjects are discussed on a level of understanding that would do credit to any professor in advanced physics or electro-magnetics. A veritable fund of Ancient Wisdom radiates from its pages.

One evening in Palm Springs fifty people turned up for a Probert lecture in our living room. We all sat around and chatted for half an hour, wondering how soon one of the controls would make his appearance. Mark, who was an inveterate smoker, sat quietly in a

Mark Probert

large chair puffing at long intervals and talking to one of the guests. Note: Mark was developing a serious ailment as the result of his continuous smoking, and was gently chided on several occasions by members of the Circle.

Annie Bankard, Mark's secretary and girl-Friday, took the floor and explained the nature of the work which was about to begin. Mark abhorred the word "medium" and avoided it whenever possible. It was some time before another word could be found that would define his educational work. The word was "Tele'nostic," which Mark interpreted as meaning "One who transmits a perspective of awareness through the use of extended sensory perception." In a joking mood, however, one day he said that if he ever wrote a book on his own, he would call it "Medium Rare."

The Luntz Dilemma

By this time Mark was sitting behind a table at the end of the room in one of his characteristic poses, humped over a little, with both arms resting on the table.

It was not long before the heavy breathing started, and the first voice to come through was E Yada di Shi'ite. However, after a few words of greeting, he withdrew, and Professor Alfred Luntz presented himself. It seemed hard to believe that two personalities could use the same voice equipment and yet sound so distinctively different. Yada, whose English had improved remarkably in the years he had been with Mark, still spoke with a Mandarin accent. Professor Luntz, an English clergyman of the old school, who died in 1893, spoke in a decidedly British accent. He greeted us jovially, and after the usual amenities, different ones

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began plying him with questions. I will bypass the opening trivia and proceed to some vital questions and answers.

QUESTION: "Did you find this death experience a rude awakening?" to which Luntz replied: "Yes, indeed, it was a shock.

"You see, when my physical body died as Alfred Luntz, I was not expecting it. I wasn't thinking of dying—was comfortable in my physical world and went up to my bedchamber to take a nap. It was a little after 4:00 after teatime in the afternoon."

Never having suffered illness in his lifetime, Luntz had no precognition that anything unusual was about to occur. He believed that he was dreaming when he looked over at the bed and saw himself lying there in quiet repose. He states: "I was simply standing in my own bedchamber, and my wife and two daughters were there, and my lifetime family friend and physician. They were concentrated on my remains—my worn-out 'overcoat'—but," Luntz states: "I did not grasp it right away. I said: 'I can't be dead, this must be a dream I'm having. I must tell my family about it when I wake up.' Well, I woke up alright, but not in this world of yours."

His next thought was that if he were really "dead" he should be sitting at no other place than the right hand of God, as he had told his parishoners for so many years. There was some mistake somewhere. He was still in his own room and feeling no pain. If only he could contact a spirit medium and assure the family that he was all right. He then remembered that he had roundly condemned such practices, and the family would not believe it anyway if a message were gotten through. When the family physician came, he felt some remorse for what he had preached for so many years

Mark Probert

regarding death. It was so entirely different from what he had anticipated.

Subsequently some men came and carried him off in a "bawsket." This all seemed quite absurd and he was tempted to "commit a caper" as they carried him downstairs to the hearse.

"I went to my own funeral," he continued. "You should try *that* sometime! I listened to one of my colleagues give the eulogy—or what I like to call the 'send-off'. And I sat on my coffin and watched the mourners."

"Then I began to feel waves of grief around me. Now it really doesn't make sense. If we believe—we who call ourselves Christians—if we believe really in an all-loving God, how can we cry when one of our dear ones departs the physical world?

"And of course they 'plawnted' me," he states, "and after the funeral services I rode home in the same carriage with my wife and two daughters and my good friend the doctor."

QUESTION: "Did you suffer then, Professor?"

LUNTZ: "I didn't feel any grief; just discouragement and a state of depression of the worst kind because I was unable to console my family. I could not reach them in any way. I couldn't just say 'Here I am. I'm not in that pit down there, that grave where you put my body. I'm here. I'm alive. I am.'"

When asked if he had a sense of insecurity, he replied, "Yes, but blast it, for a while after one dies one suddenly finds oneself trapped and not knowing where to go. For some (five years) I roamed all over London, all over England. I went everywhere! I wanted some kind of comeback to the physical world, some kind of communication with it. And I couldn't get it."

QUESTION: "Would you say, professor, that in

between these two states of being, a number of people remain the same as they were, because they still have the basic insecurities or else they wouldn't be afraid to move ahead?"

LUNTZ: "That is right. Many, many, in fact the vast majority of humans, are pulled back literally into the physical world by the desire to feel through matter again. The sensation is a tremendous thing to the great majority of people. A wonderful thing. And it stems from the dynamic power of sex; it pulls us back into the sex world."

QUESTION: "Have you been able to contact your wife since you have gone over to the other side?"

LUNTZ: "For fifty-two years I had a wife and during that time two daughters, a family. And as the children came along, I felt my wife's attention turning away from me to the children. She was a clever woman and from time to time would make believe I was there. I am not blaming it on her—the most marvelous experience becomes trite and it wears on one, if one keeps at it long enough.

"I have jolly well seen her since we came over here, but we have nothing in common. She is still going on with the religious bit and thinks of me as a fallen former angel. She's a dear soul, always was; but our thoughts keep us apart where once they held us together.

"The world I am in now is a counterpart of the physical world. It has many, many characteristics of the world of matter. But the physical world slows one down. It is like being caught in a block of cement—that is, in comparison to the world I am in now. I can be in New York or London in something less than an instant."

Luntz explained that during the first few years after

his demise he was very lonely, due mainly to his ignorance and his disbelief that he was "dead". He would walk up to a friend or acquaintance on the street to greet him and would be completely ignored. Finally, after a long period of time, someone gently touched his hand and spoke to him. It was E Yada di Shi'ite who broke the spell and eventually became his "beloved teacher" and friend.

He was taken to many parts of the earth and permitted to see kindness and beauty as well as the dastardly deeds perpetrated by modern man. His heart became glad and sick alternately before he was given a final glimpse of the beautiful universe in which he was about to live.

In going back over the experiences of Professor Luntz when he was first able to communicate with someone on the "other side," one thought occurs to me. As soon as the "deceased" is able to connect with his monitor, guide, or whatever, he is almost immediately taken on a tour, the same as any newcomer would get when visiting a strange country. During or after the tour and from this new vantage point, one has the opportunity (or is required) to review other lifetimes prior to his last earth experience.

Apparently Professor Luntz had wasted his two previous lives, one as a paralytic somewhere in Turkey and the other as a Tibetan monk. He did, however, make a resolve that he would try to remember to do better in the next life. Looking back at another lifetime, he recalls, "I made the promise to what I understand at that time to be my own higher consciousness, and therefore, that I would remember it in coming into the new life; but you see, I didn't remember it.

"I found myself as a monk in Tibet, spending most of my time sitting in a little cubicle in meditation, again

Keys to Inner Space

trying to make bargains with God. And here, with an excellent body, I was wasting it from lack of exercise. My body broke down, my body went to fatty tissue, later to kidney trouble, bowel trouble, and with these things, I 'died'. So much for promises. If we can't have a memory of our life, then what good is it? People say, "So we shan't make the same mistakes." Well, damn it, we never did, because the condition, the environment we come into is always different."

QUESTION: "But could you say then that one of the more proper, or useful memory banks is to remember the principle that will apply to any situation?"

PROFESSOR LUNTZ: "That is right. To remember truth. To know what is the law. To be able to recognize this law and to follow it; just to have the intelligence to follow the law. In this way we do what we should do and not just what the lower consciousness drives us to do. In the Christian Bible it says, God made man and gave him the will to choose between right and wrong; well, that simply is not true. A will is something an individual has to make himself to create, to feel, to live in; and, unless we have the awareness for it, we can't do it. We cannot learn a thing." 25 YEARS

Over nearly a twenty-year recording period I would estimate that there must be as many as two thousand Probert tape recordings in existence, most of them very far out in profound spiritual teaching.* I would like to add that all the entities in the course of my acquaintance with Mark seemed to be normal, fully integrated personalities. And that most of the conversations I have taped contain information and ideas far beyond the

* An indexed catalog listing several hundred tape recordings according to subject may be obtained by writing The Mark Probert Memorial Foundation, P.O. Box 11672, Palo Alto, California 94306.

Mark Probert

scope of Mark's education, not to mention vocabulary and normal interests.

When Mark was taking dictation clairaudiently he "heard" the words but in a higher frequency than one hearing normal physical words. He was attuned to octaves beyond the normal range.

Creation—Chemistry of Life

E Yada di Shi'ite in most of the sessions made at least one or two references to "how it all got started," some of them humorous and some "deadly" serious. I would not attempt to summarize his observations but have pieced together the following from documented tapes and transcripts.

YADA: "In the beginning, man—that which is man today—was formed in the upper regions of space, in vast clouds of cosmic dust, which was the remaining substance of the earth as it formed itself. This was formed in minute drops of water—not the kind you have today, but very much radiated water. The energy of the physical life is ultraviolet light. And when these minute pieces were radiated by the sun, they formed a protein enzyme which then came down in water droplets and created great fields of water on earth.

"Then came a drying period. The water goes back to the sky, and these living energies, which had fallen deep into the water, were left on the surfaces with no water. Then a fermentation process started in which these minute substances had more chemical elements added to them by the process of fermentation.

"Little by little, the great creative Mind decided that was no way to progress—by division of cells. So It started a pattern called addition—do you see how mathe-

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mathematical life is? Then came changes that formed bodies that could survive in given environments. If that one could not bring itself into balance with its environment, it died. It was annihilated by its own inability to adapt.

"Man (Mind), the creator, decided to come and be with his creation—the son of the Sun. He tried many ways of getting here, but none of them worked. So he started anew and he started very low, and little by little, he worked up, by the pattern you call evolution.

"This creative self was born spontaneously all over the earth. There is no one place that you can call the cradle of man, unless you believe it to be, as your holy book says, the Garden of Eden. I cannot counter your stories, your beliefs. I cannot deny them. *I am telling you only what I know. If you are comfortable with your beliefs, forget mine.*

"You must understand that energy is light. That is what your world came out of—your times world, started by harmonics—sound; sound that is not what you call ear-sound, but a series of vibrations that brought the matter world into being.

"Starting by vortex motion; creating little whirlpools; centering, ever centering, until the density reached a point that we may call capacity. It cannot get beyond that density. And then there is a falling in on itself; creating what is called an implosion. And then follows an outer or explosion.

"With the first outer explosion came green, green light. Then there was a great rushing back to the center, a great density again, and then a falling in, and then a great explosion again that set whirlpool motions going—matter, coming into being. And just what was that force?"

QUESTION: "Is electromagnetic force a better term?"

Mark Frohst

YADA: "Yes, of course. Very good."

QUESTION: "Are all vibrations electrical in nature?"

YADA: "Yes, either in a repelling motion or—pull in—how you say—attracting motion. There are times when I do not have the proper words to use, so you will forgive me for that.* It is a serious mistake we make, not to know the proper language to use when talking about anything so important, and I must accept the responsibility of my mistake.

Yada is having a little trouble with Mark's body at this point but after a few moments continues. "Not all humans, now on the earth, originated here. Some of them were brought from vast distances, from other planetary systems deep in the heart of the galactic system. So we may say they were 'seeded' here. It is the same thing with some plant life, some bug life, some fish life.

"Man himself, as I said, is a space being—born in space, born of heat and light and radiation. So in some senses, we can say he is an atomic being, for the sun is but a series of atomic explosions where matter is being fed into the Sun and broken down to its lowest component parts, and wherever there is such a Sun and Solar system, or planetary system, which is in proper alignment with the Sun—whatever its size may be—there is almost certain to be life there.

"And on some of the outer planets, life has not advanced in the same manner as it has on the earth. The beings are decidedly different and in some cases, we may say they are like large insects. On other planets the whole procedure in evolution that has taken place

* While E Yada di Shi'ite's style of expressing himself improved over the years, he does frequently slip back into old habit patterns, on which occasions, for clarity, slight editorial changes have been necessary.

Keys to Inner Space

on the earth has happened on these planets—and an intelligent human being has been the end result.

"Some of these beings have created civilizations that are now several million years old. Think of that! Your civilization is relatively young—a few thousand years. Man has been coming here and going away, on and off for upwards of a million years—but his civilizations haven't lasted. Five times, beings called humans have been destroyed from the earth. They have destroyed themselves. This is what man is trying to do today.

"For, life is an individual experience and it is, as you Americans would say, a 'do-it-yourself job!' You are the creator. There is no other. Now, when I say 'you,' I am not talking about this [pointing to the physical structure]. You created this. The creator in you made this. So I am not talking about this body. Nor am I talking about the consciousness of this, called the ego. I am talking about YOU as a Cosmic being.

"In the beginning, I am born of love. The word love means understanding. The understanding may not be of the kind that is between the mother and the father. The understanding may only be in the entity that is moving from father's body to mother's. I may be the result of a very violent attack, yet the results of that attack—called me—is love. The whole universe is born of violence but it becomes at rest with itself after a time.

"Great sounds, great galaxian systems are born from violent action. Then little by little the violence goes on and the creation becomes more peaceful or sane. Man was insane, for a time, and some of his insanity stayed with him still.

"Man, being the Creator, giving himself time to observe what is going on around him, can create anything he desires.

"You, I, we are not around like pieces of chess on

Mark Probert

board, the whimsical motions of fate. But, we are moved around by our own fate through our way of thinking and feeling and responding to our thought.

"So, if there is any important thing, important to your continuance of consciousness that you wish to learn, you will learn it. You may die at conception, but you'll live again to die again. Perhaps for a little longer period of time. Perhaps to get more experiences in some particular environment. You cannot die, the creator does not die, even though some have proclaimed, 'God is dead.' This 'God' is never dead; never sleeps, is eternal. I am that. I am the eternal light.

"You look. You stay aware. I do not know more than you. I just know different things than you, that is all. I know about life in a different way than you. You know about life in a different way than someone next to you.

"The building blocks that have gone to make up the material world are a something you in your English call 'energy.' The motion of energy creates a something called 'molecules.' Molecules are the beginning of something called 'matter.' Matter meaning surface, surface meaning 'sensory.' Something that is measured by the senses. There are degrees, everything is in degrees, never absolute. If you found something that was absolute solid, you couldn't lift it. There is a substance in spaces; today you call this substance 'plasma' spread out in countless millions of miles; a substance so dense that one cubic inch of it weighs into the millions of tons.

"Only in recent years have your scientists created an instrument that they can see through that vast density. At one time, it was believed that that density was simply empty space. No stars, no forms at all. But, since

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you have learned with this instrument to look through it, you find that the universes go on and on beyond this vast field. Now, think a minute, please, that all this, all the vast universe and universes in toto, are mental. A mental creation—isn't that astounding? But I cannot stop there because what do I mean by that?

"The word mental is only a word. Is it the thing itself? Man names things and after a while he begins to believe that that which he has named is the thing. Now you must know it isn't at all. Mostly naming things is meant to bring some order into our world so that we can properly evaluate—so we will know where things are. That is all that it is really useful for, cataloguing, so it will not be forgotten.

"Earth life necessitates a nervous system to be aware of a matter world. The only way you know that your surroundings exist is through the nervous system, or sensory system. Now, man has developed something, in the passage of time, called a soul, a secondary self or perhaps I may say the physical body is the secondary self; that the soul or mental self always existed, but did not exist in material form.

"All the planets, all the stars, everything in space and everything on these bodies, of whatever nature, are creations of the creative Mind. They are ideas, thoughts, feelings; they are born of these things. Now you have a condition called the conscious soul, or the conscious mind, the conscious spirit, which is a development from (experiences) on physical bodies—on earth or some other planet somewhere else in space. And here, we have a creator that will re-create himself in form—and the creation is done consciously now.

"While the individual may not be consciously aware of it—from your kind of physical consciousness—the creative self is extremely aware of itself. And it can

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born into the physical world—earth or somewhere else—consciously; *but loses consciousness of its former existence, when it moves back into the chemical world.*

"Now there are some beings, and I am one, who have managed to retain consciousness of what I am, that I am the creator. So in knowing this, in retaining this kind of consciousness, I am never tied anywhere. The whole of existence is ours to roam in. And that is what you are struggling for, striving to attain—that state of self-awareness.

"The magnetic fields are arranged so that they cannot do differently than they do. In making organic or inorganic substance there is a precise balance of electrons in an atom that makes it move to another atom to build a molecule and never is that balance upset where a wrong kind of molecule is made; because there is no time for it to separate again and try over again. Only in experimental work done by man is it possible. Man must first throw things out of balance before he can get them back into balance; and in doing this, he makes numerous mistakes—that nature itself does not make.

"Oxygen, hydrogen, how wonderful; two simple elements go to make up that wondrous thing called 'Water.' Oxygen, hydrogen, when you break down hydrogen you create, you let loose vast forces, mighty forces, from these simple-seeming elements, forces that if properly let loose, if the Aladdin's lamp was properly rubbed, that genie that would come out of those elements could annihilate your whole earth and destroy you whole solar system. Think of that! This is the power that you have within you, to construct or destroy." [Yada speaks in his language.] "Please, pardon me, I am talking with my Teacher."

Yada withdraws and after a long pause continues. "Man has been so long lost in the matter world, so long

In the dream world, he has no idea how to live outside the matter world. But, he will learn by practice, by care, by love for what he is doing. His love for it will free him from fear and from sudden fright. He will come to know that all of existence is his home. In time, again man will wander through physical spaces without a physical body. He will extend himself throughout the universe. What is to stop him? Not a thing—but what he thinks!

"In the past, man was lost in the matter world. Not knowing his home or what it really is, he invented 'Gods' to take care of everything for him in the matter world. Now he is stepping into the mental world. As he goes farther out in physical spaces, in the physical body, he will see the world changing around him. He will discover many things out in far spaces that he cannot discover here. Everything is moving out—a great expansion of matter which creates a great expansion of soul. Keep your ears and eyes open for some very exciting discoveries within the realm of the next ten years.

"What happens is, by putting all this great pressure on this seemingly nothing body called the atom, you expand the field of its action. You extend its volume of space for it to act in. And if you are using it for killing with or destroying with, then the substance that erupts from this explosion is not heat and light and energy of force.

"No, it is hate, envy, greed, malice, and these are the most destructive forces in all creation. They bring down great civilizations to their knees; they wipe out great civilizations. Hate, malice, and greed—not heat, light, force, energy.

"Sometime, in some not too distant future, your world will be teaching the young its true nature. The man will get together and the world will sing with joy

Peace of mind, which is all that we humans have to seek, will descend upon us and the world will become a place of joy."

QUESTION: "Is there any way by which the outer consciousness could be made to work?"

YADA: "Yes, by training yourself to keep a mental attitude of detachment, or happiness, of knowing that you cannot be impinged upon by any outer stimuli that you do not wish to let through. The mind of an individual untrained is like a sieve—everything flows through it, and mostly things that are of no worth. Now, one can turn that sieve, like a doorway, into an iron doorway, and he then is master of the situation and lets in only that which he desires to let in and no more.

"But in your present time, with things appearing to be as they are, the world seems to be under greater and greater strain; in other words, talling deeper and deeper into the hypnotic spell of material beliefs and satisfaction, which has brought the world into great wars. We cannot say enough, nor often enough, that you are responsible for your wars; and when we say 'you' we mean the mind of each individual is carrying on a war within himself and until the individual masters himself and conquers the war within himself, he is always going to have wars outside of him.

"Man cannot escape violence until he frees himself from the hypnotic belief that he is matter. From the most minute insect or germ, right on up to great galaxies, there is a constant turmoil, struggle, fight, which in its true essence is only a form of change. You, man, have been taught to fear change; tradition you have come to love. This is a mistake. If tradition was a set law, change could not be made. Change could not exist.

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It is better for you to try to understand the 'Law of Change' and the necessity for change."

QUESTION: "In our universe, after implosion came explosion, is that right? . . . then we are currently still expanding?"

YADA: "Expanding and your scientists think about this very often and are not able to make up their minds whether you are expanding or contracting.

"You see, the thing that started it, the force that started it into the explosion, is still carried in it by the source, from the source. It is still creation, but when that vibration that started it blowing out from the center begins to lessen, then you have another implosion, where matter begins rushing together."

QUESTION: "And that is what we call going home?"

YADA: "Yes, that is what I call going home. This is the breath of Brahma, this inbreathing and outbreathing, that's what the Hindus say. But that is a figure of speech, not exactly a breath, as you may call it, as you call the word breath, as you think of it. It's a motion of creation and everything returns to its creative center, goes home to the creator. That's where the Christians got the idea that man returns to God, who they assume was the Creator. You see what happens in this returning to the center. The energies that let the explosion take place begin to drop off very appreciably, according to the square of the distance. What you call the center, you find the same thing in a single atom. You find the electronic bodies in their orbital path, expanding from the center and falling back to the center because there is a point of expansion wherein the electron runs into neutrality, the neutral fields. So they are not drawn back to the center, they fall back to the center. They can do no other, because the energies have been pulled back to the center and they must follow that loss of energy

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ergy to try to keep orbit in the atom. Try to find an orbit and stay with it.

"The physical world, because of density, of slowness, brings undue pressure upon the mental self. That is why it is so vital to keep the body in good health. Use the energies, but do not squander them. All is made from energy. In physics it is called the "Law of Energy." Strange—everything is energy, yet it is necessary to conserve it. A paradox? A law. A very real one. We feel the effects if we do not follow it!"

Many times Yada was asked why it was that these "Teachers of Light" chose this particular time of 1945-1946 to make their appearance on earth plane. He answers: "Starting in 1945 was the Aquarian Age; it was also the beginning of the space age. Age when the first atomic power was let go into your spaces. Man put his foot for the first time on the path of mental growth, mental evolvement with the higher consciousness.

"Yes, many times people ask me, 'Yada, why do you come to earth? What is your business here?' It is my business to help people think. This is of utmost importance! If we humans do not learn to think, we are not humans. We lose our humanness as we live on the earth if we do not learn to think. We are no more than the animals. Is that not important enough to come to your world for?"

Outer-Space Beings—UFOs

As there appear to be so many dimensions or planes of consciousness, it is not clear in just what manner Yada di Shi'ite would be able to consort with an outer-space being, say from another galaxy. If it is only a matter of controlling his frequency and raising or

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lowering it at will, this might be possible. But other factors may be involved. Be that as it may, let us take a look at some of the fragmented quotes I have culled from documented tapes and transcripts (1967-1968).

YADA: "So, what do we talk about and feel emotional about? Do we think of beings from outer space as beautiful—as intelligent? Do they have your interest at heart? Do you think they come into your atmosphere for your benefit? Many of these races of people have been drifting through space for millions of years, visiting all kinds of bodies throughout your galactic system as well as many other galaxian systems, some that are millions and billions of light-years away. Time means nothing to them. Time is only a measurement of earth time. I know of no other system, no other solar system, that has measuring of time.

"The space people, in their own land, are inclined to be kindly and helpful to one another. But when they encounter trouble, when they have too many on their planes—or their planets, if you wish—they too become difficult. They go looking, to expand themselves where there is more land. And as we of the Circle have often said, the earth is a living gem in the sky.

"These beings are going to come here more often now; and some may prove a danger to you, a threat. They have been coming quietly now for many, many years—several thousand years. They can afford to do it; their plan is a long-range plan. Many of them come from a great distance, millions of light-years away from your galactic system and beyond that."

QUESTION: "How would one approach one of these space beings if he or she ever came close enough for contact?"

YADA: "Simply to accept them. Your invitations are by your attitudes toward them. They are not mysteri-

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that need to be solved. They are beings from other states of consciousness, other dimensions of time. And they would be very interested in making some direct communication with some of your people and eventually with all the people that they can reach.

"But this can only happen if you people here on earth stop playing with these things, stop making believe that they are your saviours; stop giving them useless credit. They do not like it, so they will not do anything to come closer.

"They fear two things. They fear your violent nature and they fear your general attitude of friendliness because they see through it. It is not friendly; it is self-seeking; it is something for me. This means that almost any person who has any direct contact with these beings automatically tries to make himself the vicar of flying-saucer people. The man Adamsky tried that and he ended up with nothing. He proved nothing; and none of the others will either, if your attitudes among yourselves and toward them does not change. They are afraid. I would be too, but with me, I have a very easy exit that I can run fast.

"But you see, there are many, many levels of consciousness different from mine that beings come from. You can call them 'planes' in which they move through different stages to learn—as you learn in your way—to experiment and to record; so that in the event your civilization falls, as almost every civilization has in due time, they will have the recordings for those who come up later.

"Much of the mystical teachings of life, much of the inner truth, come from beings who are not of the earth, but descended to the earth. Some came of their own accord with willingness and love, to bring man some brighter knowledge of their existence, from which have

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...the orders of Masonry, the stories of the Druids, and the stories of the mystical schools of the Greeks and the ancient Egyptians.

"The story has come quite clear in some writings called 'Isis Unveiled.' Then there are what are called the Upanishads, out of which has come much understanding of our individual nature and what our struggle of life is about."

QUESTION: "Yada, may I ask, do you have any comment about the alleged UFO sighting that we came upon last Wednesday evening?"

YADA: "You know, you made a comment which you possibly do not know of, or do not realize how true it was. Whenever there is certain physical phenomena taking place in the skies—such as the eclipsing of the moon or the sun, or other forces of nature acting out their work—*these space dwellers come and do what you may call 'geo-physical work.'*

"They study the moon and its passage between planetary bodies, or between the sun and a planet, from all sides. They use the energies in space, to make pictures—vast pictures of what is going on, on the earth or off the earth—anywhere in space. And this is what you saw last evening. These beings were making pictures of the earth, of the moon, of the sun, at the time when the sun was beyond your vision.

"Also, they photograph, by a kind of X-raying, the interior of the earth—over certain sections of it, so as to know where possibly there is likely to be a very big shaking of the earth that may displace vast lands into the water or somewhere else."

QUESTION: "What did they find out?"

YADA: "Now, if I knew, how could I tell you? I couldn't. It is very complex."

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QUESTION: "Were they using any of the TV electrical systems for recharging?"

YADA: "Yes, of course."

QUESTION: "Is that why they were over Mt. Soledad specifically?"

YADA: "Yes. Often, these beings use the forces of the planet they are on to do their work, whatever it may be."

QUESTION: "You said once before that they came into our visual spectrum when they were at their lowest point of energy, when they were just about to run out of power. So is that when they became visible and were being recharged?"

YADA: "Yes, because they begin to absorb it then. They are now out of it and begin absorbing it; because when they are out of it, they begin to look three-dimensional. They begin to look solid."

QUESTION: "Of what use is a physical planet to them?"

YADA: "The word 'mental' is not understood by you. If one has any kind of body, it must be put together by lines of force, called 'electrical' or the energy by that name; you have plenty of it here on your earth.

"I go back again to space people and you will see how all these things go together. These beings are everywhere present. They just do not come now, and then go away. They live in your atmosphere. They can communicate with you mentally, as well as physically. They can make themselves look human, or not so human. They have command of energy."

"You will do it, in due course. You will be masters of many things, but first you must learn to master yourself—especially the emotional self."

"These beings are coming here for one purpose only, and saving the human race has nothing to do with that."

purpose. It all has to do with gathering energy and they can get more energy from an atmosphere as heavy as yours than anywhere else where there is no such atmosphere—your physical atmosphere. Most of these beings do not care much about you. If it were possible for them to do it, they would come here and get what they want without ever letting you see them. But in losing energy, they show themselves, for they have no protecting shield of invisibility.

QUESTION: "Are they mostly coming because their world of energy is in a state of decline?"

YADA: "Yes. Your energy here is more alive, more active, more powerful because it is created in a dense atmosphere. The vast part of the universe is sleeping energy."

QUESTION: "Which needs revitalizing?"

YADA: "That is right."

QUESTION: "These people who come here—if you could explain what they look like, how would they differ from us?"

YADA: "You wouldn't want to know! Physically, some are anything but humanlike."

QUESTION: "Like 'The Invader?'"

YADA: "No, they—'The Invaders'—are humanlike. These beings are much more not so."

COMMENT: "They disguised themselves as our type."

YADA: "What is being shown there on 'The Invaders' is telling a story with a great deal of truth in it. They are energy beings. The beings we call UFOs are energy beings. Some of them, the men, are trying to mate with the women here, so as to produce a more continuous being, so that when their body dies, there is an intelligence that survives. They do not now have that.

QUESTION: "Is that because on their level there is no continuity?"

YADA: "There is no feeling of continuity with these people."

Poltergeists

YADA: "Now we go again to something that looks entirely different—poltergeists. These beings are pure energy, and when energy wears out, they are no more. Many of these poltergeist beings appear in your atmosphere to gain and keep more energy, to exist longer."

QUESTION: "Is there such a plan involved?"

YADA: "In your America it is called 'everybody doing their thing.' Nature's laws do not hinge on emotional attitudes. If that were true, the lions would stop killing for eating, all things would stop killing for energy. We are all energy-absorbing bodies. I could have no form at all if I did not have the ability to absorb energy, could not come here unless I knew how to absorb energy from you. So we all, living things and all not living things, are absorbing energy one from another. Everything is living off the vital forces of everything else."

COMMENT: "It is not acceptable to us that these people have no continuity when their bodies disintegrate. Is that what you are saying?"

YADA: "Yes, because their minds are pure energy also."

QUESTION: "The same as a poltergeist?"

YADA: "Yes, that is right."

QUESTION: "We are not of that nature?"

YADA: "Yes, you are, in a way, because your brain is an energy center gatherer and the whole body is of the same order, an energy gatherer."

QUESTION: "What form do they take in order to

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cohabit with our females to create what you say they are trying to do?"

YADA: "These beings can change form, and make a human-like body, do what they wish."

QUESTION: "Have there been any successful offspring yet? For in my way of thinking they could produce an advanced being."

YADA: "Is so. There is a mating going on between the planes. There are people in the astral that have sexual association with those in the physical world and they can produce the proper kind of sperma-protozoa to produce living beings."

QUESTION: "Then the woman does not have to be with a so-called man to produce a child?"

YADA: "To reproduce, a woman must be with a male of a kind. Go back to what I said before. It is nothing so complicated because you are also an energy being, an electrical being. You see, you are thinking in a (limited) way, according to your (conditioning) about these things. How many of the greater masses have any thoughts at all about what is called 'spirits, spooks, astral beings and other-world beings'? None. The whole vast universe is a living (organism), living by energy and the movement of energy.

"So you see, when you think of it, when you get the picture, you will realize that everything is a transplant of energy from one point to another. There are some races of people here, some that live in the jungles of the Amazon, who were brought here from other space times. The Maoris of New Zealand were not originally earth-born people. They came from a very arid existence. People and things have been moved back and forth across vast spaces."

COMMENT: "Just like a giant experimental zoo!"

YADA: "To sustain their world and their life, these

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beings may have have to use your power sources. But again, electricity can be made from atoms, for that is their basic nature. So why is it that they pick a spot in your solar system to take energy from? It is more vital, that's why. The atoms out in space are scattered very widely; and the further into space you go, the more they are scattered; and you may say there are fewer of them.

"Every organ of the body has a double in energy so that when the physical body ceases to function, for one reason or another, you have a pure energy body to live in until such time as you desire to return to the physical world.

"Some people get to feel so comfortable in the energy body, they often stay off the earth for thousands of years. A few never return, for they have reached the state of consciousness that has enlightened them to the fact that they need not do more, or different, than they desire to do. These beings we may call Masters of the Universe.

"Many people on earth, from time to time, aspire to be like these Masters; but very few of them make it. Many of them become advanced in understanding sufficiently so that they can roam the entire field of what is called the astral worlds, to become of help to those trapped there, to try to educate them. Some remarkably advanced beings stay in the astral world for aeons of time, to teach, to help."

Space Warp

QUESTION: "There have been three planes disappear off the coast of Texas recently, the last one a B-52 bomber. Now, did they go into a space warp?"

YADA: "Yes. If you remember, some few years ago in

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Florida many planes disappeared there, very large planes, your big bomb machines."

QUESTION: "What happened to the people?"

YADA: "For a time they suffer greatly and then they lose awareness. They have intense amnesia so they do not know who they are—to say nothing about where."

QUESTION: "But they can't fly around forever!"

YADA: "No, they do not fly around forever. They do not fly around at all! It is a very real condition. It has its own fields, its own substance, its own surface to move around on. When they suffer complete amnesia they are taken to a kind of station or hospital where they are permitted to sleep—and sometimes, sleep for an extensive time. They are also treated with a kind of purple light, more on the ultraviolet light, and they are brought awake again and they think they have been there all the time. They have no earth awareness any more."

QUESTION: "What constitutes their getting into that? Is it multiple energy created by the crowd in the airplane to escape?"

YADA: "Not really. If we all lived consciously, if we all became aware of our tremendous potential, we would not become victims of other people—either in the dimension we are in, or out of it. It is because most people live a very unconscious, unaware life."

QUESTION: "If just happens to them?"

YADA: "Yes. They become victims of people in other places who need them for whatever use they want to make of them. But mostly, these people are not treated badly. The greatest pain they go through is losing contact with the physical world. Getting into the warp, in the first place, causes a great deal of pressure on the body because the body particles, the cellular structure has to be changed. This can be very, very painful."

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QUESTION: "Someone trying to use them?"

YADA: "Yes. Aren't we all used, in one way or another? And do we not use one another? When I say use, I do not necessarily mean abuse. I suppose, to pull a person out of one dimension into another is an abuse, because it is taking direct control over his existence."

QUESTION: "Who would want to do this?"

YADA: "There are certain people in other dimensions—there are groups of people. Their work is to do that, not only to take people, but also to take things from one dimension to another."

QUESTION: "If we were conscious of this, could we work our way back?"

YADA: "Yes, but it is very seldom you can stay that conscious. The pressure of the activity on the physical body is very, very acute. Just the activity of having yourself raised or lowered beyond normal vibration is like burning in the hottest kind of fire."

QUESTION: "Would you say that a negative quality about the person would tend to draw him into this?"

YADA: "No. Because there are some people who so learn to master their own bodies that they can change their cellular structure so that they can vanish into other dimensions—without being pulled there. They go on their own."

QUESTION: "That is, by raising the vibration?"

YADA: "The vibration of their cellular structure is certainly raised to the point of light."

QUESTION: "I was thinking of these people as being in a lower area."

YADA: "No, not necessarily. You see, you do not know of any other race of people, any other beings that are as cruel as humans to one another. So what about the world you are in? Look what you have created. You have made it into a very low vibration."

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QUESTION: "Aren't we about the lowest?"

YADA: "No, there is one lower—that's difficult to believe, isn't it? Of greater density; the substance is of a tremendous density. Now, if you go into space, you do not always have a likeness. The matter sometimes, the higher you go into space, becomes of greater density until you have fields of substance out beyond your earth whose density is very great."

QUESTION: "Is that type dimension a school for earth plodders? I presume we come here so we can slow down our processes because we insist on learning slowly. If the world is of greater density, is that for an even more retarded way of learning?"

YADA: "I do not think I can say it that way. When we are talking of lower or higher, as we have been, the better way to explain it would be, just a different character of motion, neither high or low."

QUESTION: "Could it be a different wave pattern?"

YADA: "Yes, sometimes you can have a character of motion in which the beings on it suffer beyond any words that you know of called suffering. This is the 'hell' that your books of religion write about.

"Life moves on its own, according to its nature, and can move no other way. That which is called 'space beings' are electrical beings, their basic nature is just that. There is a difference between them and you, and that difference is that they have no survival unit—which you call the spirit, or the soul.

"They come here into your world, into your kind of matter, with the hope of mating with your females to create a being that will survive the death of its body. That is the difference between you and them—they are aimless beings. Some are mechanical beings."

"Do they express life?"

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QUESTION: "Is that life what you might call eternal?"

YADA: "Yes, but eternal in different forms. Like the so-called spirit—it has form. I have form; my form is light. You may ask, 'Tall, short, fat, thin?' I am without measurement—the way you know measurement. I am pure energy. I am an idea, an idea in the Creator's mind. Once, that idea took on form, physical form, the form of matter, which you know is basically electrical. So, how different are you from any other being in all the universe? And there are many!

"Just recently here, there was a motion picture that became very attractive to people like yourself—more so than for the average person in the street. The movie 2001. It is about space travel, and notice please, that after a time of motion in space, it suddenly became all mental—a mental process. It is difficult to understand right away. You may have to go back to see it again, because it speaks the truth. That is its only value—it speaks the truth of man's position with life, in life, and of life."

QUESTION: "Those who made this picture have expanded in consciousness enough to portray this?"

YADA: "Oh, yes, I am certain of that. The people engaged in making this picture have done a tremendous good thing for the human mind in its present state of growth.

"Matter. Sensory touch. We will take matter as you know it. You call it atomic structure. Get deeper into these atoms—merely lines of electrical forces—and we find, the deeper we go, there is less and less substance. For a time, you think it should be less dense. If that is true, but there is a density so great that it is totally invisible. Yet, it is substance. There are endless miles of it in space. It is called plasma.

"My friends, there are no beings greater than you,

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anywhere in the whole universe. That doesn't mean there are not beings who are very far advanced—as far as scientific knowledge goes. Of course, there are many. There are beings out there in space that have been going constantly for tens of thousands of years. So they are advanced in many different ways—scientifically, sometimes philosophically, but by no means, all the time, morally. They have their own concepts of morals which are far different from yours—the same as you have, in comparison to ants. They think nothing of crushing you, as you would crush an ant, a moth, or a fly. They think nothing of taking you away somewhere and making you part of their zoo. It disturbs them no more than you who go hunting in the jungle and get animals and make a zoo.

“Moral concepts. Look at what man does, what he has been doing—butchering his fellow man in the most violent, most merciless manner. Could there be being more savage than that? Yet I say to you that man, anywhere in the universe, is a great being. The first thing, the most important thing is for you to learn the value of loving yourself, for only then can you truly love others.

Changes in Frequency

“Now, whether or not you in your world at the present time can appreciate this, it is going to come to pass—all of humankind will be mixed up. There will be but one race—it is called the human race. Those who do not have the proper qualities which make for humans will weed themselves out by their actions, their lack of emotional control, by their hatreds and change in vibratory motion of the atomic structure of self—by change in frequency of the atomic blocks.

—Mark Probert

“Two pieces of matter can take up the same space, but *not* at the same time; is that so? I want some agreement or disagreement from some of you that know these things.”

QUESTION: “They can, if they vibrate at different rates, can't they?”

YADA: “That is what I am saying. Yes, sir. If moving at different rates they can take up the same space because they will never be where the other is at the same time. Therefore this gives matter a chance to move through matter. There is nothing to stop it. The motion may be so timed into an infinite of split seconds, yet I do not care how split these seconds are, they will not touch, they will still not get in one another's way. It is just right for them to pass. When, too, we realize that an atom is not in any way solid, not even what you call the core, or the nucleus. It is as unstable as a sunbeam, and that is what your body is made of, that is why your body could be transported to any point in space.

“Many people of the earth, my friends, and I think if you care to put your time to look you will discover this to be true, have been removed off your earth, have been transported through vast spaces to other planetary bodies not in your solar system. You will not be able to discover whether they went to other bodies in space, but you will think they have disappeared, and many people think, or try to think, instantaneously in some cases, that these people walked into what is called an atomic vortex. You have heard that? But they have not! Forces have been used upon them to change the rate of frequency of their atomic body, moving them to a different frequency, thereby moving them into another point in space which may be many light years from your earth.

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"There is a great deal not known about the laws of motion; one of them is that with a certain change in frequency of a particle of matter, that matter is projected into another dimension of time. That dimension of time may also be a new place. The spacecraft when they disappear do not always disappear into a point called the distance, they disappear into another time frame. You understand? Another time frame. Now I am not interested if you believe this or you do not. It affects me in no way, because I cannot live your life, you cannot live mine. Life is an individual thing, so why should you care what somebody else thinks? What is important to you is to ascertain the truth of a thing for yourself that is all."

Teleportation

"As I have said before, these beings that you have come to call 'saucer' are not planetary beings, they are space beings—inner space dwellers. You may think of them if you wish as fourth dimensional beings. They do not move through your spaces from one body to another in the manner which you have been taught about space motion—flight aeronautics. Do some of you know the word teleportation? Now if you understand this word you will know almost instantly what is taking place. For those who do not know the word teleportation, I am going to describe what I mean. This seems as though I doubt your intelligence to know what I am saying, but I do not; but there are some who do not grasp the picture, so I will try to explain. The trouble with explaining, my friends, is you need another explanation to explain the explanation.

"Here you have in your world today, what you call television, in which you project energy; you project

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energy of a form. Do you understand what I mean—by electronics? You are using energy, is it not so? This is the transference of energy. Now there is a way of transferring matter, instead of lines of force—there will be the projection of matter itself, the whole form. An individual will be set in a casing and the body itself will be taken to a distant place, do what it is to do, and be projected back if it wants to go back. The transference of matter; for what is matter but energy in some other form? You do not know yet how to reverse this transference. Now your scientific minds do not understand this, but the lay individual believes that the body is some kind of peculiar thing called a solid and that nothing can be done with it to move it in any other way but in the way it is naturally moved.

"Does this entail a breakdown of the matter body, this transference of matter through matter? No. It is not a breakdown. It is a change in vibratory motion of the atomic structure, the atomic particles, if you want to call them particles, but atoms are not particles; that is another story. How it is moving through matter—matter through matter. To say again—by change in frequency of the atomic blocks. That is it."

Life in Yuga

During the course of his many "appearances" Yoda has revealed bits of information concerning his personal life in the great city of Kaoti which are worth sharing. He states, "I knew I was coming into the physical world. I was conscious. I came consciously every step of the way. I was aware. So could I lose that kind of awareness on being born? I said every step of the way. I remember the glorious, the marvelous joy of moving from my father's body to my mother's. I felt her

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respond to that joy as I entered her body. It quickened me—gave me more life.

"I was taken from my parents shortly after the weaning period, which is not like yours. I entered the temple as a little baby. First I was cared for by a female of the temple, then a male, and then a female so as to keep that balance within me of maleness and femaleness. I would get the full touch of life.

"After seven years I started on the journey to becoming a yada (priest). The first seven years, which took me to age fourteen, the training was not very much, not difficult. But from fourteen to twenty-one, it was extremely difficult, learning discipline—discipline of mind and body, learning the fine arts of breathing, eating foods of the kind that enlighten the body; using water outside the body and *in* it."

When asked what kind of transportation the inhabitants of Yuga used, Yada stated that "a form of low flying air-cart was used. It was shaped somewhat like a ballet and moved electrically. The cities were built in squares and in the larger cities there were huge pots of incense burning on each street corner. The fuel was dug from caves and would resemble your peat. It not only gave off heat but a pleasant aroma.

"In the City of the Sun located in the exact center of the country was a very large symbol of the sun resembling a man's face, with many lines radiating out from it. These lines were actually stone walkways decorated in colored glass or sand. Houses were built on terraces and mostly two stories in height. The temples were larger and were built in steps. Those who could afford it lit their homes with a light that was created by an electric dynamo that flooded the rooms in a white light. The light would flow out of a central room and cover all the rooms. It would flow out if you could stand

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away and watch it. The white light went under as well as over all objects. I don't think you would like it as you are not accustomed to shadowless light."

Yada explained that his people were not sun worshippers. "We did not worship the sun as a god . . . but rather with knowing that all life came from the sun—the great 'E-da,' the great light of our being. So we spent early morning hours in respect to it; and as it went down, we also paid respect to it. You see, without fear and with KNOWING."

Sonic Planetarium

Having considerable interest in esoteric astrology, I inquired of Yada, "In your time, did the people or yourself engage in any kind of astrological study?" He replied, "Not in the way you think of it. We had an astronomical building in my city and it was built in the form of a stairs pyramid. On the top was a dome on a pivot which would open, so that on very clear nights the stars could be seen in a large copper plate which was imbedded in the floor of the observatory.

"The dome was made of strips of glass, very thin; and then there was an underlying glass that was also thin, but a little thicker than the top one. Underneath this were resonant tubes of different thicknesses. The metal used was copper. The bell-like tubes were strung on very thin, hairlike, fine wires.

"Drawing wires from metal was a very great art, which was lost from your world at one time, as was the art of hardening copper; I think you can do some of it today. But these top pieces of glass were treated with a chemical that attracted the light of the stars, and on clear nights it would produce a kind of music—which

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... you may call electrical music from the stars—transform light into sound.

Now you can also transform light into a variety of colors, for white light is made up of all colors. It would set up a vibration between these pieces of glass and these vibrations would go into the tubes and then into the bells, hitting the bells, producing a series of sounds—somewhat on the order of the thermal sound. I always thought it sounded like a crying woman."

QUESTION: "If for example, the color red would correspond to a certain note on the keyboard, would each and every sound have a corresponding color . . . ? Also is there a mathematical relationship, and would these correspond to musical notes?"

YADA answered, "Yes. A tone creates a sound in numbers, so that all the colors are set up in numerical order. These can be used to produce a change in the energy force in the human or animal body—or in any cellular body, so that you can produce more life, more activity, even in plants. Plants that are dying can be revived by it. You find the whole universe is made up of sound and color.

"Going back to the copper plate—this had degrees marked on it so that the stars could be plainly seen and located. We didn't think of stars as having control over mankind, as separate; but as all bodies have their energy felt by other bodies. At all times this is going on. We know that some of these energies affected animal and plant life, and that the moon caused a flow of all sap—water, which is the sap of the earth—in plants, in animals, and in the human animal. It is regulated in the sap of the body, which the blood is . . . a sap of the body.

"And this brought some changes in a woman and also in males, but in a little different way. But we did

Mark Prophet

not know too much about the effect of the stars upon one's future or one's past or one's present. We did know the stars are symbols that man should follow to learn of his divine nature."

Someone enquired about the copper plate just mentioned and the degrees etched on it. "Do you know enough of that experience to tell if 360 degrees were used the same in your time as it is used now?"

Yada's answer included much more than we had bargained for and wandered into another subject.

The Essenes

He said, "Yes, Galileo was a very smart man!" to which another question was immediately asked, "Where did Galileo get his scientific data? How was it given?"

Yada continued, "It was given in what you might call a very particular way. There are certain beings that have communication with higher minds. Your Bible—the writers of that time were called inspired, but these scribes were dictated to, carefully explained to. Those who called themselves the Essenes were a Brotherhood of the Light. Information was given to these writers in very clear and very precise words—and I mean precise words, in a certain language—what IS and what IS NOT. However, these receivers were unable to write exactly as it was given to them. They could not use the language. So they gave, in what you call symbolic words, which the lay individual could not understand. Always through life come secret languages—not because the people who know want to be superior, but because they know that the rest of humankind is not ready for that kind of teaching. The Tarot cards, for example, are symbolic talking—instruction of what LIFE is." (See Chapter Two, Tarot Symbology.)

Cataclysm

While Yada was still quite a young man, a violent cataclysm engulfed that part of the world, killing nearly half of the 180 million inhabitants. He states, "Violent storms, vast windstorms of the most devastating nature, tremendous ices coming from the skies, the most utter darkness you can imagine, periodic fire in the sky, the destruction of the life-giving substance called oxygen. I looked at my body, which was lying under great tons of stone. I could see it. The stones didn't hide it. The stones were pure energy. And I thought I would need that energy for my body. Why waste it? I could take it with me, so I wouldn't have to go somewhere else, to take energy from elsewhere."

At this point I asked Yada a very pointed question which he almost succeeded in evading. The question was, "You mentioned that during the quakes in the temple, you had a process whereby *in breathing* you left the physical body and went into another area of consciousness. Could you explain that?"

After changing the subject several times he said, "All right! I almost got out of that one. You know if you are going to get out of something you have to try. I doubt that I have words for it. And the words I would have to use, if I had them, I doubt that you would grasp them. They would be meaningless."

"Anyway, I will try. For every change of consciousness there is a change in the rhythm of breath. I am not aware of how many of you have studied breath and its many uses. Certain kinds of breath can kill you and other kinds can give you added life—can change the chemistry of the glandular system in such a way as to bring back health to the body. Do you know I was

born consciously? So I died consciously. Knowing what my body was, I knew how to take up that energy into my creative center. So I didn't leave it to return to the elements, in the grounds and in the atmosphere. The energy of your body is what you used to form your body. It belongs to you. It is the building blocks of your ideas about yourself. Your bodies are exactly the paintings that are done in the mind—meaning, if you do not like yourself, you do not consider yourself a good artist."

Yada continued, saying that he observed his body lying under tons of stone, but the stone was also energy—pure energy. He literally transmuted the energy field that had been his body by consciously willing it to be so—thereby passing into another area of consciousness. He was emphatic in saying that this energy cannot be destroyed, neither should it be wasted. (Many times in his talks Yada refers to the Law of the Conservation of Energy.) He took his energy field and molded it into a similar but nonmaterial substance. He stated, "If I can breathe in a body, why cannot I also breathe it out?" Here he tells of the ancient yogins who could appear and disappear at will, which was accomplished by the secret knowledge of breath control. He reminded us that the veil between "here" and "there" is so thin that no one will ever believe it. (See Chapter Three, Rhythmic Breath.)

"The mind is fully capable of doing what it is commanded to do without external stimuli. To breathe to align the mind with the real self, is simply using breath as a point of concentration to hold your attention and to keep it from wandering too greatly. The deeper you breathe, and the way you exhale that breath, puts your mind free—truly free from the physical body. It shuts off external awareness.

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"In this kind of breathing—Yoga breathing—you stop breathing the atmosphere of oxygen-nitrogen-hydrogen, and you breathe something more vital—prana. In stopping the oxygen-nitrogen-hydrogen, you stop bringing in the physical world and bring in pure matter. The cells get much more excitement than with ordinary breathing and the body gets much more health.

"The earth breathes, the same as the individual, the same as every cell in the body. Each cell breathes in its own right. It heightens the life forces in the body and makes for better circulation. That is why it so important to practice occasionally to breathe so that you will breathe prana. Prana is living energy made up of points that rush through the body and stimulate it to life. The atmosphere you live in is greatly poisoned. Every breath you take, to some degree you are breathing death—stifling the cells of the body, especially the brain; putting in poisons that the liver cannot break down into usable substance; poisoning the kidneys; destroying the hair on the head by suffocation.

"The trouble is that man too often makes natural things complex and unnatural—and calls them mystical! There is nothing mystical about the proper way to breathe and keep the body in good health; expand self-awareness. They are natural functions, but man forgot. Now, in his quest, he is told these mystical things can only be understood by 'Masters.'"

Documentia

With so many newcomers at each session there is, of course, much duplication and repetition of questions and answers. However, over the years I have never detected any deviation in the data given, such as fact

Mark Prabhu

and figures that could easily be forgotten or changed when repeated even years later. This is true of all members of the Inner Circle who used Mark as their catalyst.

If someone were to collect this vast amount of material, cull the vital information and edit it according to subject, it could be as helpful to the uninitiated as the Cayce Collectanea.

During the many years of lecturing in private homes, auditoriums, on radio and television, Yada has covered subjects too numerous to mention. I have catalogued 115 different subjects from the tapes and transcripts in my possession.

On the one occasion that my wife and I had a private session with Yada for more than an hour, something so unusual occurred near the end of the period that just the recollection of it gives me an electrical charge. The three of us were in the cabana adjacent to the house in the early evening, with a good light burning and the drapes drawn. Yada (Mark) was sitting at a small table facing us not more than six feet away, with a tiny microphone placed unobtrusively between us. When Yada became less serious after delving into some knotty problems, my wife, rather humorously, asked him if her avid golfer husband could be helped to get a hole in one. Yada did not answer the question but said that he had followed the foursome around occasionally but could not understand why little numbers were put down on a card. To him the game did not seem to have any purpose. Several days later, quite by accident or otherwise, I did get my first hole in one after countless years of trying. When the excitement was over, looking upward, I whispered to myself, "Thank you Yada and bless you."

But this is not the point of my story. It was not long

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after this that what appeared to be the body of Mark Probert began to take on a different appearance. The change was so gradual that I began to blink my eyes unconsciously, trying to get a better focus. While we had always felt the presence of a strong entity other than Mark, we had of course never seen Yada. He had explained at other times that maturity and growth constantly changes one's appearance—that he would not now necessarily look as he did in the temple at Yuga unless he willed it so.

Until my wife and I compared notes later, she did not realize that I had also seen there a form different from that belonging to Mark. It appeared to me as one would imagine a floating ectoplasm, but not as delicate. Gray and brown shadows seemed to commingle with the image. I had felt a quickening of my pulse and slightly emotional during the experience, which turned out to be our last earthly contact with Yada and was his way of saying "goodbye." In discussing the phenomena later we could not help but believe that Yada had simply raised our frequency to the point whereby we might better understand his teaching. In thinking back I can only describe him on this occasion as a radiant, ageless being that left me breathless.

The Big Room

Yada's illustration of what he calls the "big room" has been very helpful in seeing the illusory nature of material existence. It might be compared with a little girl's dollhouse with no roof, nor as yet, any partition. The example would illustrate man's expanded awareness *before* he decided to make his descent into earth plane. Partitions are placed one by one in the dollhouse. Let us say that the first incarnation is

Mark Probert

library consciousness where the "descender" spends a lifetime. Other partitions have been put in, all with connecting doors. When the entity "dies" or reincarnates, let us say that he opens the door into the kitchen consciousness. The one incarnating furnishes the room elaborately or poorly according to his taste, all of which creates an illusion on top of another illusion. "Other people are also in the house," Yada states. "They are told that I am in the dining room and they come looking for me in the consciousness in which I have just reincarnated. From one room to another I am reborn."

Professor Luntz from his vantage point "upstairs" recalls many of his past visits to earth plane and speaks of them freely. He is the only entity with whom we have spoken who actually is planning a return trip to earth, and that, soon. A dozen times or more he refers to it and very much wishes to return and become an American architect. Jokingly he says, "Then I can say 'ANT' instead of 'AWNT'."

Returning to the dollhouse illustration—when one "graduates," so to speak, all the partitions are lifted out and one finds oneself in the big room, which one really never left. One may as well ask, "Was the illusion of going from room to room for growth or for entertainment?"

Yada adds these words: "Our lives are but dreams and to the dreamer the dream is true, very real. I live and die with my beliefs. All of existence is illusory" which does not mean that these things do not exist, but are simply concoctions of our own consciousness—dreams."

What Is Reality

In a less serious vein Yada asks, "May I tell you a story of reality? You Americans like jokes. You are a laughing nation. That is what makes you more safe than any other nation. As free a land as is Sweden because they have not the sense of humor as you have here, they are not as free as you are."

"Anyway, this is a story of what reality is to us as individuals. It is the story of what you call 'an old dream.' No female likes that word attached to her, and she gets frustrated by the mention of it. But, you know, no matter how we are frustrated by our sense of 'not-here-ness', our real life is *here*. And no matter how much someone tries to guard against us living our life in here, we can do it anyway. It is called 'you can't stop me from dreaming!'

"So this old maid began dreaming. Because she couldn't comprehend the reality of the male without being frightened, she could create a dream man and live that life *in secret*. But when we turn away from the particular state of reality we are in, and try to create another one, we often become confused so that we do not know the real from the unreal. This is what happened to this lady.

"Her dream man became real to her, so that one night she had a dream of a handsome male looking at her in bed. She became frightened. She thought that this was the *real*, real, and she reacted by crying out, 'Sir, what are you going to do to me?' He said, 'Lady, I don't know—this is *your* dream.'

"So it is with our life. We cry out to it: 'Oh, life, what are you going to do to me?' and life answers: 'I don't know. It's *your* life! You are doing it to yourself.'

"Wake up! Come alive! Be conscious! Know where you are and what you are.'"

"Fatal" Accident

One of the most moving accounts ever taped concerns a young aviator and his mother who were quite regular attendants at the Probert meetings. Two days before this particular meeting, Skip and his copilot met with a fatal accident while returning to their base. The plane, as Skip said later, developed motor trouble, "then the plane dropped; we lost altitude and got caught in an air pocket . . . and before we could pick up again, why, this air pocket threw us over, flipped us, and we struck the side of a cliff or mountain there and crashed . . . and the craft started to catch on fire, but I was not aware of it . . . Oh, some little time after."

Well, Skip's mother was present at this meeting and the very first words to come through were "Hi, Mom!" The shock was so great that the mother could scarcely speak. After some falterings, nearly ten minutes of conversation took place between Skip and his mother. I will quote only the answers given by Skip and eliminate the mother's questions.

"What a sudden change of things, my, a sudden change . . ."

"I wanted to tell you that it wasn't bad at all. It wasn't bad and . . . I didn't suffer . . . not at all . . ."

"Then I was *completely* out of my physical body. Oh . . . I am so glad that I know something about this work."

"I so appreciate what Mark has done."

"I am going to be taken away for a little while; you don't miss me too much now, will you? Because I can come back later."

"Oh, you did wonderful . . . wonderful. Oh, I was afraid for you though, for a while. I thought maybe you would let go. You're a real scout, Mom, so you are . . ."

"Will you tell Sharon for me? She said that she couldn't marry me unless I changed; well, I've changed but she still can't marry me. [Laughter]

"Oh, yes, yes, dear. I would call Freeman, Mark Freeman . . . won't you? You may tell him, had I only been around a little longer, we would have become good friends. He's a good Joe."

(Skip's commanding officer turned out to be very skeptical when the mother called him the next day, but he did not know any of the details. He asked the mother to sit down and calm herself.)

"I feel a little embarrassed in front of all these people."

"I would like to say that none of you there need ever fear any kind of death . . . but a slow one."

"Death has no pain to it. I should know, because my body was in an awful mess."

"Oh . . . dear Mom . . . there's nothing to fear for anyone for; we, in just this little time . . . I have discovered that we just live. And then we move on . . . someone else comes and takes our place, and then we move on."

"Laugh and have fun, won't you?"

During the conversation Skip lost control several times but was able to return after short pauses. There were also questions and answers regarding pawn tickets in Skip's wallet and the location of the pawnshop on Hollywood Boulevard.

It is interesting to note that Professor Luntz came immediately after Skip bowed out, and after the greetings said: "I am rather pleased at my ability to see my dear son in here. It took a bit of doing . . . I think that your life was excellent; and for the first time to come through so clearly."

"I think that your life was excellent; and for the first time to come through so clearly."

Your Jesus, called the Christ

During the many lectures given by members of the Inner Circle over a period of years through Mark Probert, quotations were, on occasion, taken from the Christian Bible. This is not as surprising as it first appears, *as this period of time turned out to be one of the most critical in the history of man's development.* Many observers "on the other side" watched the process with avid interest, and what may not have been observed was obtainable from the Akashic Record.

It is assumed, at least that this is the manner in which E Yada di Shi'ite gained such a clear understanding of this segment of history and used it in his teaching. It is interesting to get his viewpoint as an impartial observer, which *quite often contradicts the orthodox teachings of today.*

On one occasion Yada was asked to explain some of the miracles performed by Jesus. His answer was very much to the point. He states, "The Christian talks much about the miracles of the man Jesus but shuns away from what He said in putting into practice, 'that even you shall do these things and greater things shall you do!'"

"And is it not so stated that the power of concentration of thought can whisk you out of sight in an instant? Can it not levitate the most heavy objects and move them? Again we go back to your Christian book in which the man Jesus said that those who have the faith of even the size of a mustard seed can say to this mountain, 'Get hence' and the mountain gets hence."

"If you are at all scientific this should interest you very much . . . the power of prayer. Christians do not know this, or very few of them know it. The power of prayer is dyanmic! In a sick person it can bring about dramatic changes for the better. And is not prayer meditation? . . . not the prayer of 'Our Father' . . . that is priestly prayer. Do you know that it is not the prayer given by the great adept called Jesus?

"You know the word Christ means Messiah. In our understanding of the word Christ . . . Christos, Christos . . . Krishna, means the LIGHT. . . the center of our being—crystal clear understanding.

"When is man going to take Christ down off the cross? Never! Because he is not on the cross—he was there. A being called Jesus was on a cross, but not Krishna. Jesus the human form, the lower ego of the world—that is what dies, so that Christ may rise from the tomb of ignorance called the ego body self.

"Come out of the darkness of your body. Become awake! Be aware! You have heard these expressions many times. I do not speak of something new to you."

After a short break in the session Yada returned and the following question was asked: "We, in our busy lives . . . how are we able to reach this higher consciousness?" to which Yada replied.

"You have in your world a big screen for putting a picture—a projection screen, I believe you call it. All kinds of violent emotions are portrayed on that screen with various degrees of lights and now you have many colors. But the screen itself is not affected by these actions. The screen has no awareness of these things, yet it seems to reflect all of these emotions in reality.

"We become quickly hypnotized by these actions of the screen. Now the Christ Consciousness, the Buddhi, is like the screen. It ever stands there in perfect poise through all the violence, all the storms of our many world experiences.

"The light comes to our rescue by our own willingness to seek it, to bring it into our consciousness so that we, the lower self, that personality ego—yes, the Jesus self, can get lost in the higher awareness, the Buddhi or the Christ, which is one and the same."

In answer to a question regarding the Anti-Christ and negative forces, Yada explains: "There is a planet called Lucifer between Mars and Jupiter, and it exploded from some kind of thermonuclear energy around 1200 B.C. and that is one of the main reasons that caused the earthquake and the meteors that fell on Egypt at that time of the exodus.

"But I would not have called it Lucifer—especially among Christians, because right away they say it is evil. Lucifer means 'The Light Bearer'. Is that evil? This great Being was sent to the three-dimensional world at a period of time when man was, should I say, even more evil than he is today.

"This Being came at a time of the earth's growth and of man's sojourn here, when he was needed to extend a light to awaken the consciousness of man, to bring him up out of his animal consciousness.

"The great Creator of the physical world at the time saw that if man was not given the light of his reality, his Christness, if he did not have this awakening, he would destroy himself before he could advance up the scales of what is called evolution of mind and emotion.

"Now there came a time when other forces were feeling they were being usurped. They began making a campaign against the Light Bearer, Lucifer. And they

in that time knew that the best way to destroy truth is to give it a certain name. That is all that is necessary. So they named Lucifer, 'Satan.' They gave the name to Satanic forces and said that this great Being was a being of darkness, just posing as a being of Light; even as today from your Christian Bible it is said to tempt your spirits because they may be of the devil.

"When someone is on a higher plane of consciousness and wants to return to the physical world, he comes down the planes a step at a time, through birth. Let us take the man called Jesus. It is said of him that he was born of a virgin, but it did not mean the virginity of his mother's body. He was born in pure consciousness. He brought himself consciously into his mother's body so that he could move among body people, flesh people, material man and bring the Light to them. That was the virginity spoken of—not the mother, but himself. It has nothing to do with the condition of his mother's body, for she already had several children before he came along.

"The adept Jesus once said, 'In my Father's house there are many mansions and I go to prepare a place for you'—your Consciousness. The very place you have an individual desire to be. You may not be able to get it on your own, but the 'I' Consciousness, the Christ mind—the light within—can help you. All beings who have gone through the initiation such as Jesus, to reach this high state of consciousness, come here in the last part of their initiation to pass some of their knowledge on to those who are ready for it, and then leave it to pass it on to others in story form—in allegory.

"When I came into the matter world, I had to learn of the wider state of consciousness and gradually came down the planes into what is called your solar system. Then I spent considerable time there and then I came

down into what is called the astral plane, which is right next door to your physical. Then I made the step from the lower astral into the physical plane.

"You are not alone. This world of yours was consciously created for you who wanted it done. You asked for it but because you did not understand how to go about making it, you had the help of the higher consciousness. They also warned you that if you came to dwell in your creation there would be a vast period of time before you could find your way back home.

"And so it has been! A few at a time do go home. But life is not interested in doing things by time. It does things by feeling . . . feeling the need for such things.

"So you need to love your creative self, even though you may not know what it really is; for while you work in the pattern of love, you will come to know what it is. There are so many things I would like to tell you but some of these would fall on deaf ears, because I could not find the proper words so that you would grasp them more completely and be able to work with them.

"The gulf is between the mortal self and that light within. When we come to recognize our Christ self, then we can say, 'The Father and I are one.' Then we have recognition of this great truth. It is then that peace comes to the individual. Then all fears, anxieties, worries, guilts and shames flow away from us like the rats deserting a ship, the sinking ship—the body self, the sensory self, the self that gets lost.

"All I can say to you in truth . . . you are great beyond any words or any thoughts that you are able to think now. You are indeed divine beings. From your own experiences you will learn more than I can tell in words."

A question was asked, "Is it true that this consciousness of Jesus is back on earth?"

Yada answered; "No so! Not a human Jesus. He would have no need for that. First, this being called Jesus was not Jesus. Jesus was a very common name. But this being was named EASUS—the anointed one who came from India 100 years before anybody knew him as Jesus. In the Greek mystical schools, where he went through initiations, all was symbolic of the cross and the flight into the light and the return of light. He did not descend into hell. In the physical world, he was already in hell. But he ascended into the full light of consciousness when put through initiation there by the Brotherhood of Light; and the marks of initiation were put upon him, and you will find these explained in all mystical schools. They are the centers of consciousness. Then he descended from the light into 'hell' again, to show that he had been in the light—or what is called in the heavenly state, to show to the high potentates who put him through the initiations. The cross is the cross of matter—mater—mother—material world. Isn't it painful? Of course.

"This man was put upon a cross, but not murdered. He was tied there, but certainly not murdered to avenge the wrath of some Christian God. The Christian 'God' is a concoction of the priests of the temple in a period of time when such a god was needed—wrathful and vengeful. Moses was a member of a brotherhood known as the White Brotherhood. He was sent to the people of that time to bring them this great raging God who would destroy them if they did not come alive to understanding, to love.

"In your Bible it said, 'For God so loved the world he gave his only begotten son to save the world.' It does not mean another human being. The human being

came after the experience of darkness when passion plays were presented in which an individual was chosen by the secret schools to play the part of the sun returning to earth to save man from darkness.

"Darkness is death. Ignorance is always death. When we understand these things, we get an entirely different picture from what the Bible says. All the talks of the man, Jesus, are parts of the rites and rituals which took place in the secret temples. In later times, these mystical schools spread from India into Ireland, Egypt, and Persia; but they had their origin in the Himalaya mountains after the great disaster."

Yada was asked if there had ever been a mystical school "in Mt. Shasta, inside the mountain itself"—to which Yada replied. "Many, many years ago. There are still some 'spooks' around there but the interior is all collapsed. In these schools, Ancient Egyptian schools and the Ancient Greek schools, all the mystery schools of the past, there are none like them in this present time that the seeker can find. He has to first have certain degrees of understanding before he will be contacted and taken to these schools; and they are so hidden away that your modern man almost never—almost no one gets a contact with these schools any more."

Yada goes on to tell how so-called devils and evil forces were later dispelled by the "Light" teaching. A very early civilization, when it was destroyed, was very widespread in its effect, killing millions of people—the majority of them, instantaneously. Some survived, but in a complete state of darkness. And it was while in this state that man acquired his stories of devils and evil forces.

There was much praying going on. Man needed a savior. He called for the sun. The sun descended from heaven, or returned to earth, as Light. The Light was

then taught as being wisdom, for Light dispelled the darkness of ignorance—or the ignorance that was created by those living in the darkness.”

Yada’s application of the “Light” teaching was borne out when a lady in the group stated that she had “spooks,” or ghosts, roaming in her house—unfriendly vibrations. Yada’s answer is well worth remembering.

“I live in, and you live in, Mind. There is no separation. Remember, there is only one Mind, one consciousness. *I stand in my own Light. I am sealed in my own Light.* I am forever in the Light. No negatives can enter my Light and all who come within the range of my Light, they themselves turn to Light.

“... if you have several rooms, go around and say your ~~English~~—because you have been conditioned this way—say ‘in the name of the Christ, out, out! You have no place here. In the name of the Christ.’ Do this a few times in each room. ‘In the name of the Light which is the Christ, out! Out of my life! Peace reigns here. Contentment reigns here. *I will have none of your chaos. OUT!!*’

“It is this great Light consciousness which flows through man. He doesn’t own it. It flows through him constantly. He walks in it. He is of it, and it gives him the feeling that he is creating it. He alone, by that sense of self-awareness, becomes the creator of all—all in both individual things and mass things.

“There is no thing, throughout the entire universe and universe in toto—that has that wonderful thing that man has, called (Self-awareness) so that he can say, in the most profound way, and mean it, know it—I AM THAT. THAT I AM. I AM THE REALITY.”

Atomic Radiation

YADA: “Now there is a big fear among the peoples of the earth, not of an atomic war, that of course they feel is in the offing somewhere, but there is a greater dread, the dread of radiation poison produced by experimental atom blasting. We have said in the past, not too long ago, that if something is not done for your world to stop the use of atomic experimenting, your world has a year to go before the atmosphere reaches a point of no return—saturation. Now it is most foolish for you to tell your government to stop their experimenting and everything will be all right. All the governments of the world that have the power to experiment must stop at once, otherwise it will do no good.

“Yet as we speak of radiation of this kind, the sun is throwing upon your earth 250 billion tons of energy per minute. So why should you worry about a little added? A little added can be too much. It is what is sometimes tritely called the straw that breaks the camel’s back. In past ages, races of people discovered the detrimental radiations in the cosmic radiations heating the earth. They went underground. They disappeared from the surface of the earth. I think if you go back through the ‘history’ of man you will discover that this is so. But in going underground to escape, they encountered similar conditions, for in the undercrust there is a great radiation because the undercrust is breaking down, the chemicals are breaking down. You have what is called atomic decay.

“For many generations these people lived under the earth. They turned various colors, green, sometimes red, sometimes what you call a livid color, due to chemical radiation. What I am trying to point out is

There is no escape from radiation, on earth or anywhere else in your entire solar system, starry system, galaxy, for man is born from radiation. Were it not for solar radiation there could have been no life on your earth; therefore, physically speaking, you are radiating being yourself—a radiant being. This means you are born of Light.

"We of the Circle call ourselves the 'Teachers of Light', meaning teachers of the Sun; therefore we worship the Sun, the Sun that gives us all life. Chemical substances on the earth could not do anything toward producing a cellular form or being, even of the lowest kind, celled, without the aid of the sun, (radiation) from ultraviolet to infrared, lower and higher, on both ends of the band. Think of this, my friends, if you are afraid of radiation. This physical form as you see yourself today is (but one) of the forms that you have taken through the vast aeons of time in your experimental work to stay on the earth. You seeded yourself here through chemical composition and through chemical radiation. You are responsible for whatever happens to you. Fear will not release you from this responsibility. These radiations from the atomic bomb produce what is called genetic changes in all cellular bodies. How else is life possible but by various disturbances taking place in the cells of living bodies? But the fearful question is: will these genetic changes produce monstrous beings?

A question was asked, "Are we close to the danger point?" Yada responded quickly, "Yes, of course. You are walking, the world is walking, a very narrow edge between survival and total destruction. The sad side of it is that this destruction to come would leave nothing to continue with in the earth life.

"In other times of destruction the land was not destroyed. People destroyed themselves, but the stage

... setting remained. Though it was often torn up by natural forces, it was not left uninhabitable, which is what could happen in this destruction. It could be total. Sad."

Someone asked: "Several years ago you mentioned atomic war would not take place. Is atomic war possible now?"

Yada replied; "Yes, and something more. Man is a very clever being. He may and very likely will find a way of war—widespread war, in which he will again destroy himself, but leave the scenery behind. He may do it by use of SOUND and thereby save the earth from being made useless by atomic radiation."

QUESTION: "If he used atomic radiation, it would be a long time before evolution can do anything—if at all?"

YADA replied, "That is right, at least five thousand years before the earth would be anywhere near proper for life again, and as you say—if at all.

"Man overcomes many things. He will overcome radiation, after he has had some mutations take place. He will learn how to do this. Man is the creator and is very capable."

QUESTION: "Will this be by neutralizing the radiation?"

YADA: "Yes. But not for a long time, and it will be a big step. You will have medicine for those who suffer radiation burns. This medicine will take the radiation poison out of the liver and out of the kidney, for those are the two central points where radiation can poison the body and kill."

QUESTION: "Why do we have radiation poison now? We will not need the medicine in four generations; we need it now!"

YADA: "And you will get it before four generations;

but you will get rid of radiation poisons, only to other poisons from the atmosphere.

"But if you go back through the history of man on earth, you will find he has been twisted, turned, blown, iced, heated, roasted, toasted—but he always comes up on his feet again, finds the ways and means of overcoming whatever the crisis. In the past, the earth has let loose, in great chasms, gases of the most poisonous kind, which caused mutations not only in the bodies of humans, but in animals and plant life.

"Why do you suppose that in earlier times of creation plant life was so big? They didn't begin that way. They were mutants. That was what was needed at the time—strong life, strong things with life in them. Look at some of the living beings—the animals were gigantic. Why? Because the earth needed that at the time—they were great grinders of food, great human fertilizers, living fertilizers! Notice, the plant life had to be big enough for them to get at. They were not good at stooping over; they got dizzy spells!

"Everything fits And when things do not fit, they die. One of your great writers of evolution wrote much about the survival of the fittest. It was necessary. It still is.

"This is your saving grace on the earth. You have a heavy blanket of atmosphere, and only occasionally the upper atmosphere rent sufficiently to let in to the earth more potent particles than it does at other times. It can be one small amount of pure energy that can be disastrous. This is why it is natural to say that letting off atomic power in your world doesn't really matter because the radiation will go away after a while.

"But this is not so. You have to think of accumulation, and you get much accumulation, of very vital particles. You produce it on your earth through

our radios, X-ray machines, radar, TV—you are bringing things in upon yourself. Now add the atomic bomb to that and you can see how badly you can be affected by it.

"The body accumulates radiation—what you call strontium 90—and this tries to take the place of calcium in the bones. This, of course, does not work and the strontium 90 breaks down the calcium of the bones and then the other tissues of the body, and you are inwardly burned to death.

"When my civilization was destroyed, it was destroyed with all the violence and properties of atomic power; and caused a condition in the atmosphere that prevented light from penetrating.

"Yes, but the reason it didn't penetrate—diffusion—it was not spreading by diffusion and refraction. Why? Because there was no atmosphere to produce light. If you get into the upper spaces where the light cannot strike an ionosphere or upper atmosphere, you get no diffusion; so, you get no light. The properties which go to make up the upper atmosphere are such that the particles are separated by great distances; so you get no light. And so it was on the earth at that time—the change in polarity of the earth destroyed the atmosphere. In time, I learned this was not all over the earth, but just in my particular section of the earth—the Himalaya Mountains. On this side of the earth, everything was all right. And it is the same way with the story of the flood.

"The world was not flooded. It was just that one section where the ancients existed, mentioned in your Bible. There have been great floods in other parts of the earth, and shifting of lands, that didn't affect other parts. It has never been the entire earth. The earth has suffered many disasters, but never total destruction.

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Had there been, there would be no coming back, returning to the laws that governed that world before the disaster took place.

"I say this about your atomic war: While it may not be, it could be worldwide; could affect the entire globe such as no other disaster has ever done. Also, the destruction could be so great as to shift your earth out of its present orbit and either bring it into the sun or project it much further away from the sun and destroy it by lack of heat.

"You had tremendous disasters here, in both Lemuria and Atlantis. You had what amounted to total destruction. That some of the people survived it is surprising! But they did, and continued to reproduce themselves, mixing with other races of people.

"Some people can take more radiation than others. They have stronger resistance to it, perhaps because their bodies produce more calcium so that the body is more capable of fighting strontium 90. Calcium is a great protector against strontium 90.

"There is much anxiety regarding the possibilities of the human destroying himself from the face of the earth, with the use of atomic power, before he has completed his education. But I do not see that happening. When I said that, you should have said 'Huzzah, good, good, good!' But how do you know whether that's a fact or not? Just because I say it, doesn't make it so.

"But I say it again, man is not going to destroy himself. He did, in past times. Past civilizations reached a point where they destroyed themselves in many different ways. Man has been on and off the earth five different times—by floods, by electrical fires from the sky, by ice; and by man's plain ignorance alone, in which he brought disasters upon himself. No one is to blame but man for whatever happens to him.

Mark Probert

"Many people are predicting the almost total destruction of the world, but what they predict is wrong. This world is going to be here for a long, long time—and it has already been here a long, long time. Predictions are generally made by people who are frustrated and who feel an intense sense of guilt, so they want to be punished. But they do not want to suffer the punishment alone, so they wish it upon everyone else."

Sex in this Life—and After

As sex, sin, and "Karma" seem to be so closely related in the Judaeo-Christian concept of life, and in view of the mountains of subject matter to draw from, I have selected a few excerpts, mostly from the very last tapes made in 1968. If a few of the paragraphs do not seem to be too closely related it is because of some intervening question. When the reader begins to understand the relevance of the material used, he may be able to take each idea separately and read between the lines. Both Yada and Professor Luntz have much to say on this subject. We will start with E Yada di Shi'ite.

"Going back into the very ancient times, in the earlier formations of the mystical schools, the initiations and rituals were performed with the use of what is called sex 'energies'. Now because of the way this force was misused, it often brought insanity and death to those who were not well trained and did not know how to conserve their energies and keep them from flowing away from them, thereby becoming depleted after some of the rituals.

"Now it is said, by those who do not know, that the early Christian teachings came out of a sex cult. And the modern person today says this with a lifted

eyebrow and scorn and the foolish talk of immorality, and how immoral these people were, when indeed they were not nearly as immoral as you are today. It was only later that some of these schools failed, because the forces and the way they were used produced a desire solely for self-gratification. Decay came to the schools then. Immorality to be sure, for immorality is abuse.

"Today in your country there is a widespread state of immorality. Immorality to me means abuse or misuse of our natural forces. Later, in the schools because of what took place there, and the destruction of many of the schools, celibacy was taught. Now celibacy is a practice that is extremely difficult to live with because man's natural bent is to reproduce himself. He does not think of it as this, but that is what it is his natural bent. These natural forces bring pressure to bear on one's nervous system, until we act as we naturally should to reproduce ourselves. Now the animals where the fourfooted animals are concerned, are saved by having what is called seasonal action.

"Sex, both of a loving kind and of a violent kind goes on after you lose your physical structure. There are many attacks going on between the worlds. People have a chemical drive for one another and this can carry on into life beyond matter and it can be filled between the planes."

QUESTION: "When you say between the planes, you mean the earth and the next plane of existence?"

YADA: "There is a vibratory world that is quite separated, in the manner of speaking, and strong enough it creates a sense of reality, that you may call etheric world. That is not the world of the dead. It is the world that feeds the physical world. If you get into certain states of sensitivity, you can see the feeding going on, tremendous lines of force attached to all physical

things, all different colors. Could you hear it with the ears, it would create like music. The very earth is attached to this kind of chord. Were it not for this world you may call the etheric, the physical world could not endure, could not last. The life energies would run out of it too quickly. Through this world comes evolution of form by the changing-of the vibrations that are feeding this world. It is very important to be aware of this. It is this, our world, that makes everything in existence safe; cannot be destroyed. This form can be destroyed only in that it can be changed—that kind of destruction, changed; changed in form, not in substance. The living force is still there.

"Human beings, all of us, have etheric tails, lines of force that surround us and keep us active. Of course, when the form changes, it creates chemical changes and the lines of force are changing along with the chemical change. We can learn to keep in tune with these forces.

"Man is polygamous by his nature; the female finds it very difficult to understand this. Sex is only a small part of man and woman's association with one another, a wonderful part, a beautiful part, but there is something much deeper.

"Touching someone you love is very different from touching someone you do not love. There is an 'electrical' exchange. You feel it in the hands. The hands are an extension of the mind.

"In the exchange between two of you, where there is distaste, you have a clashing of the current. This current goes back into the body without having done its work, and brings pain to the body. It is an input of what should have been an output. It causes shortages in the nervous system, and if a person has to keep on touching that person, he could have a nervous breakdown, or any other disease.

"Very often, our sex urges drive us to take another of the opposite sex, to bed with us. We say those people are together in bed. But are they really? They may be mating in body, but there is no communion of their minds. So the physical mating does them little good. They think they have gotten some satisfaction from it, but unless they are mentally communicating besides physically, they get no real substance from another. There is no exchange. It is a little tickle, for a moment. And if it is not tickling in the brain, in the mind, also, the tickle will bring no laughter of joy, no pain and disgust. Do not cheat yourself. Know what you are doing.

"Everything is related to every other thing. Nothing stands alone. Isn't that beautiful? When you go to your bed, you do not go to your bed alone. You may take another person to bed with you or they may go with you of their own free will. But you can be just as much alone, as far as that one is concerned, as if you were alone because if he or she is not in harmony with your thoughts, your feeling, they are not there.

"This is why I have said that to have a bed partner the partner must be closely related to you. Often, according to our teaching, we think we are related only by blood. In a manner, we are, because every human being has blood, and there is only one blood, even though we try to make bloods different by classification, due to the different chemical compounds. Yet, there is only one blood—as there is only one water.

"Imagery sets up an actual flow of electricity through the chemistry of the nervous system, the chemistry of the body. When two people meet, who have no pathway for one another, in the beginning it is purely physical. It is sexual, biological.

"Of course, being taught that sex is evil, they do

want to admit that and so they make it romantic. They try to keep their minds away from the sexual feeling they have for one another—it's evil! Nature being what it is, this cannot go on for very long. They automatically get pulled against their negative thoughts about it, and will come together.

"If they have sexual relationships with this kind of love, they create an actual electrical exchange between them. This is one reason why it is not a healthy thing for a man to use protection over himself. It cuts off the electrical flow and if continued, can actually cause some form of tuberculosis.

"The love flow—called kundalini—is magnetic. To use that flow for just one purpose, through the sex centers, is not enough. For it is creative energy. It is substance of the mind, out of which we do all our creating. We impregnate life with our feelings about our creations.

"Yet, if we feel shame, we destroy that creative feeling in many ways. Great paintings, great works of sculpture, of engineering and mechanics are born of this energy. When you move to one to whom you are physically attracted, try to know what that one wants. What is their expectation? What is their feeling regarding the sex act?

"In the same way as you should with food—move to your food with a feeling of love for it. Give it life—your life, so it will give you life. Put a sense of joy into your eating. Taste, before you take your food. Taste it mentally. Start the juices flowing in the mouth, preparing the mouth to take the food for digestion, for that's where it starts—in the mouth.

"Love does not bind. Perhaps that is its weakness, but no, from the moment anything binds the individual, it destroys him. LOVE HOLDS TOGETHER BY IT-

SEX is by its own nature. It is made of silken cords and gives much latitude for motion.

"What is called the 'climax' in sex is 'Samadhi'. Do you know what Samadhi is? Your high state of consciousness. How does it come by the sex climax? Because it does the same thing—the mind of the individual becomes centered, tremendously centered for that moment. I like to call it 'the poor man's Samadhi'. I say 'poor', meaning only that he doesn't know what to do with it other than gasp. It is the thing that puts him in that high state of consciousness called the heavenly state.

"Now if he knew how to use it more to help his fellow man, he would be more satisfied with his life. To give of your vital energies to someone you love—that glorifying your creative self. But when you misuse it, you give it to someone whom you do not love, you devitalize yourself.

"Now you might think that the few moments of Samadhi is worth the effort—and I suppose to those who think that way, it is. But fortunate is the man and woman who can reach that stage together where they love one another—really love. They bring themselves in union to one state of being.

"Now the majority of the time that men and women relate themselves sexually, it is mostly only for momentary gratification each one separately gets out of it. So, when they move away from one another, they find themselves disconnected, not only physically, but mentally. So, many times they feel disgust, not only with themselves, but with the person they were with. But when you love someone, it is a tremendous union which you feel completed. If you never mated again that way with that one, you wouldn't miss it. It would go on making your life one of beauty and satisfaction.

"I have had people talk to me, at gatherings like this, asking—and I can hear the unwitting stupidity in their words; they do not know they are being stupid, but they would say—'But Yada, do you not think that man and woman should have sex just for fun?' I do not think about it at all but I do say that if you do know what you are doing it for, just for fun, can you attain Samadhi just for fun?

"Is there any laughter in sex? Not really. Because, to have a sense of completion, you must be one-pointed in mind. The vital forces flowing between you must be one-pointed, otherwise there is no response. The body gets little satisfaction from it. And what is a body? It is a point of energy. Now you learn to breathe that energy back into your center; the center of your being, because you made it; it belongs to you. But, you will not do this for a long time yet, because you have no real need to do it. You are going to another place; you are not yet going home. You are to adventure further into other lands, in which you do not need that form, so you leave it behind.

"But there will come a day, there will come a time, there will come an hour when you will suddenly realize that you are dreaming. Then you will know how to move around. Then you will know the value of energy. Then you will know how to mold it according to the way you want to.

"Many people think that when you become a 'ghost' that is the end of your sex days. I think, for the most, the end comes long before that—and just because they did not know how to hold on to it. They so misused it, they lost it. No one should stop, or be unable, or settle for—what is the word—impotence?

"No one need suffer it. It is not the normal thing, that because we reach a certain age, now we are done.

It is coming from mental blocks, from experiences we have had that have done something to you mentally against it. The end of the marriage comes from just that—mental blocks, feelings of frustration with our partners. It is the main cause for divorce—is called man and woman can no longer stomach one another. Ha! Ha! I am getting to be an American!

"But that is more truth than joke. We cannot emotionally stomach one another. That is what is sad, because in the beginning we showed great fire for one another. Has our mate—has something drastic happened to them, or happened to us? Then what caused it be? They look the same. What happened? A lack of love, in the beginning—that's what happened. And in this kind of love, there is no real love in what we do. There is just satisfaction for the body for the time being, and while this is all right for the body in one way, it is not for the mind; because it causes guilt feelings, sense of insecurity.

"And this brings up what you call Karma. There is only one kind of Karma anyone can make, and it is made by living. It is (experience). How can we know what is, unless we have some experience with it? In many ways it seems that the past must bear the blame for our actions in the present life—what happens to you. But I say to you that life is for living, and it is only when we let ourselves be imposed upon with negative thoughts that we feel guilty. And in feeling guilty, we feel demands the need for punishment. So, life becomes an experience of guilt gathering, and this holds us back. It puts barriers to our efforts to go on, to live, to be life as it is and not to feel guilty about what we do.

"We must say: 'This has happened. This was my dream, but I have awakened from it in the now. I go back to sleep and dream another dream [reincarnate]'

Perhaps now I will dream of joy—as life is really joy. Often, because of our conditioning, we feel guilty about having joy—we do not feel worthy, so we seek to punish ourselves. 'How dare I laugh! How dare I love life!'

"I must dare, for life is under my feet all the time. I must walk life, stand and live life. I must not be concerned with the consequences. And if I am awake, I will not do anything to make the consequences of my act a negative backlash. I will keep my mind clear. For every act, I will feel enjoyment: physical, mental, spiritual, each in its own place. And I will know where those places are, so I will know where I am.

"Every experience has its own value to the individual. We must not scare one another with the word 'Karma.' We are not paying—we are living. It is not a matter of a sin of evilness. It is a matter of not understanding what life is. When we know what it is, we begin to live in a better way."

QUESTION: "Yada, could you enlighten us on the quote, 'The sins of the fathers shall be handed down, to and including the fourth generation?'"

YADA: "In the bloodstream, man infects himself with many diseases, but the basic one is a disease of the mind. The mind itself does not become diseased, but the brain does. Then, this infects the mind because the mind cannot function through a diseased brain.

"Going back through the history of man here, he was once impartial to what he had sexual relations with. He was unable to tell the difference between the animal species and the species called human animal. And, in his sexual relationships with the beasts of the field, a deadly germ was formed. It is called syphilis, and the whole human race contains bits and pieces of syphilitic germ.

"This is a germ that affects the brain. It eats it.

Sometimes it doesn't attack the entire brain, but it attacks the nerves—the electrical energies that keep the brain operating and the entire body operating.

"When this happens, it sometimes is the cause of cancer. A cancer cell is a hungry cell—hungry for energy. It sustained a chemical bruise from the very center of its birth which is in the marrow of the bone. And, in this hungry state, it goes looking for food—energy. It fastens itself to a healthy cell with the hope of sustaining itself. And because there is not the proper amount of energy for two cells, the two then go looking for another cell; and there is madness among cells as they pile up on one another, each hoping to survive on the other's energies.

"*Man, at one time, had come among him beautiful beings from other civilizations in the vastness of space. These beings mated with man, who was not yet mature enough to mate with his own kind to produce a healthy being. This 'marriage' brought intelligence to a being that was not yet intelligent.*

"When he became intelligent, when he acquired the unit of electrical flow, he became suddenly aware that he was different from the rest of the animals in this zoo. Then he was frightened to find himself alone, cut off, with no one of nearly equal intelligence to go to for one to cheer him on in a surrounding that was a constant threat to his continuity in the material world."

Yada withdraws, and in a few moments Professor Luntz takes his place.

PROFESSOR LUNTZ: "This is one of the greatest troubles of man in his sex drive, often he becomes purely animal, seeking only for his own momentary satisfaction or gratification, I should say.

"They can't always do so, because sometimes their emotions run higher than their judgment. To man-

In the physical world, sex is the most natural thing of his life, next to aging. Sex is the greatest thing of his life, the greatest pleasure, and surely an intelligent person chooses the kind of food he is going to eat, as well as an intelligent person chooses the kind of person he is going to give himself to sexually.

"It is difficult when you are being driven by sexual desires. Very difficult. That's why there are so many fatherless children. Sex is the thing that brings us closer together than anything else; and it is also the power that drives us apart if it is not right for us. It turns us against one another. There are some females that like to be attacked and do not appreciate warm, sincere approach of love and affection. Then, of course, there are men in the world who suit this kind of women. It is very, very easy to stir the male forces up in your time. In my times it was worse, because sex was a sin. If you were planning on having children, you had to be married, and then you had to wait to marry before you could have any sexual relationships. This caused a great deal of trouble. There were more sexual attacks going on in those times than there are today. There are not as many today; it only looks that way because there are more people doing it. Today you are more aboveboard. You are less inclined to pretense. However, this kind of living, which in one sense can be called 'loose-living,' tends to breed the very old diseases, because there is no love in what we do. There is just satisfaction for the body for the time being, and while this is all right for the body in one way, it is not for the mind, because it causes guilt feelings and a sense of insecurity."

At one session, a gentleman asked Professor Luntz: "By any chance are you acquainted with George Bernard Shaw's *Don Juan in Hell*? Is that a statement of

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conditions as you find them or are these conditions different?"

He replied, "Yes, sir, I find that *the individual creates his own conditions as he has lived on earth.* He believes in that sort of thing, why that is what happens to him. One can take drugs, smoke tobacco, and one can have sex in the afterlife just as they can have here. However, there is a slight difference in the things, but one who is going through the experience does not notice the difference. *It seems real enough to him.* It is somewhat as my colleague has said in reference to the dream world as an analogy of what is taking place in the afterlife. It is like a dream state and we are tricked by our desires. *Until we see the trick of all we continue to accept the terms that we have made as long as we feel it is necessary, and as long as the desire may continue. If we cannot see through it as simply a desire that we have created ourselves, and that can change in the twinkling of an eye if we wish, why then do we go on grinding through it? One might say that it is something like a hypnotic state.*

"We all seek to return to mother, to the womb creation. We hunger after it and when we are not educated as to the reality of mother, then *we live for a period of time trying to find 'her' with our sex organs.* And we do sometimes, but it is only for a moment—a quick moment—that burst of light called the *climax* puts us in the center of being and we observe the tremendous job of being one-pointed in consciousness. *We cannot think of anything else in that flashing moment when we become one with Christ, the great flashing moment of the wisdom of creation.*"

Yada returns after a short break and comments: "When you get rid of guilt, anxieties, and fear, you

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bringing a better flow of energy to your physical body. It will change what is called 'the mental body.'

"Nothing in all existence is lost. Everything that is in your material existence has always been there. Nothing has ever been lost because there is no place to lose it in, no otherness. All that happens is change—constant, never-ending change.

"Mostly, we do not care how we get rid of the pressures in sex; so we get no joy from it, no joy from tension. And we find ourselves repeating, repeating, and we can't stop. So it becomes a punishment to us instead of something natural that gives up freedom from pain. Some women, because of their religious training—or mistraiding—become what is called frigid and only give of themselves because they are told the 'Lord' expects it of them to make themselves a reproductive machine. They do it out of duty to their god—certainly not to their husbands.

"Sex communication should be a happy thing and therefore a beneficial thing to both bodies. It cannot be beneficial to only one. We are exchanging our vital forces in the highest form of communication. But, only when we appreciate one another, only when we have love of one another. Poor sexual communication is a very bad communication and one, or both, of the parties suffer. There is a one-sidedness and the naturalness of life will not tolerate that. So we not only hurt ourselves, we hurt our partners; we hurt those we associate with.

"Think how wonderful it is to eat with another we have understanding of, have true affection for. The food tastes better. The digestive system responds better. Look what happens when we eat in anger—it turns the body sick.

"So think how much more it harms the body when

we are forced to sexual association with one we have no affection for. Houses of prostitution are houses of death. They kill. There is no understanding there, no love, no exchange. It is one-sided. Does the male go away feeling released? No. He only thinks he does. Until in a short time, he feels dissatisfied and driven to do it again. He has no one to share life forces with, no one whom he loves. He cannot get rid of pressures, because it is (mental) not physical. How sad! How destructive!

"It is like one who does not know of love and the relationship of a man and a woman and turns to masturbation. Is it really satisfying, either to the physical or the mental self? Are the reactions of the climax the same in masturbation, as it is between two people who have a real feeling and understanding and love for one another? Of course it is not. It can't be; it is not productive.

"Do not be afraid of your own thoughts and your own feelings, whatever they may be. There are people who have been taught to be afraid of sex. And if they are taught to be afraid, taught to feel guilty about the opposite sex, then they turn to their own sex. For sex must be expressed in one way or another. It is a natural phenomenon of the human being, as well as of any other animal.

"But with the human, he puts something else with it—thought. It is not simply a drive to satisfy himself for the moment—it is a baptism that should enlighten us. Is sex used only through the sex centers? Of course not. It is the energies of life; it is the Kundalini that causes us to be creators. It is the fires of inspiration, it is the touching of the Light, the creative light, upon our minds. What do you feel about it? It's not what you feel; it's what you feel. That is important.

"And that is what life must be, to be intelligent

and sensitive; productive. It must do something, not just waste energy. For energy is life. Wasted for a moment's excitement? Is that all that sexual communication really is?

"Is life just to unburden itself of a pressure? Is that all we mean to one another? Then, existence is pointless, is a waste. It is a nothing, and the sooner you get out of it, the better. For if it is that pointless, there is nothing to carry on with. You will find a blank." (Yoda speaks several words in the language of Yuga before continuing.)

"The aimless going and coming is pure insanity. Struggle? Yes, of course. The physical world—that is its nature. But when you, as an individual, get an awakening to your own divine nature, you begin to see through the facade which is false. You look through and see that which is; and you are exhilarated by the realization that you are THAT. So you do not have to go out again. You do not have to let yourself be pawned again. You will never lose your awareness of you—that marvelous, divine you, that perfect being in perfect balance. You will hunger no more.

"Now, while you are in the dream here, you must abide by the laws of the dream. You have what is called a physical body; you must take care of its needs.

"Do what you must do to keep yourself in balance here. Otherwise, you cannot learn about the larger life, the larger existence. Once you learn there is a larger existence, you become at peace here. You stop your struggling. You live according to your feelings, which does not necessitate struggle.

"When you know this, you are going home. You will not dream some more of a matter world. You will not go down into the lower world, called the 'astral world.' You will return to Consciousness. You will recognize

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yourself as the eternal creator. For this moment, this time, all my words may seem pointless, useless, no value to you. But sometime, somewhere, you will suddenly understand it all. Do not be concerned. There is no hurry—no need for it. You are already attuned to the Light. You just now need to know it, to recognize it, to become aware of it.”

Spiritualism

Those of us reared under the rubber stamp of Christian and other orthodoxies have difficulty in breaking down prejudices and disbeliefs in what is mistakenly called spiritualism. The word has always been shrouded in mystery, accompanied by a certain amount of skepticism, not to mention, for some, questionable emotions. We were taught that life in any other dimension than our present one existed only in the family Bible or in fantastic storybooks.

After meeting several members of the Inner Circle I am beginning to understand the purpose and value of the teachings of the Ancient Wisdom schools and why they must operate as they do—all of which has nothing to do with our concept of spiritualism. The man on the street today (and most others) is so conditioned by the teachings of schools and churches that he needs some kind of “shock” to break down his wall of prejudice and ignorance.

The dictionary definition, “spiritualism . . . a doctrine that departed spirits hold intercourse with mortals,” is at least partially correct. E Yada di Shi’ite, however, on several occasions speaks of “we mortals” and states quite bluntly that the only difference between the “worlds” or planes is the fact that he has no “sketches.” Yada’s sense of humor and treatment of this other

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member subject lightens the load of disbelief for many when he even calls it a “friend.” He signals a note of warning to those who may enter the seance rooms of the spiritualists, as this practice can lead not only to obsessions but other difficulties as well. In his lecture on Psychic Sensitivity Yada continues.

“In your modern time with the work of mediumship, especially in spiritualism, there are mediums who do not know what they are doing and become a great danger to themselves and to others. Psychic energy can be passed on in a negative way, where people are sitting repeatedly in a seance room, and it can cause them to take some of that energy with them and bring about a nervous breakdown. Sometimes, just the energy that has been used to bring through spirit beings retains a kind of memory pattern of what it did. So then, it keeps doing these things to people who are not mediums, which eventually brings on emotional and mental deterioration.”

“I’m saying all this principally because I would not like any of you to do too much investigating into the seance rooms of the spiritualists. Before you do, please know what you are doing. Many people bring back with them spirit beings from seance rooms, and these beings do not know how to handle these people; so they abuse them as they do the ignorant medium. Man can pass on to others all kinds of psychic things. Sometimes it is that one who gets the energy or attracts a spirit to him. If that one treats him intelligently, then you may say he is somewhat fortunate. But, in any event, it is not a good thing to attract spirit beings from the astral plane to you unless you know them and can converse intelligently with them, to try to find out if they know anything that you do not know or cannot learn anywhere here in the physical world. They seldom im-

part help to those they become attached to. Unless the beings on the other levels of consciousness are educated, know what they are doing, helping in their efforts to use you to communicate through, then they are just playing with you, and you can become obsessed by them long before you know what your trouble is."

QUESTION: "What would attract these beings to you? Would it be a negative state that you are in, or chemically, could it be similiarity of personality, or . . .?"

YADA: "No, it's mostly coming out of ignorance, not knowing what is happening because you cannot see into the so-called unseen world, and they can take advantage of you for that reason. And if they do not know how to operate your body, they can become detrimental to you. But if you have ambition to attract a spirit being to you, do everything you can to get direct communication with that being and talk. Find out who they are, what they are, what their aims are. Most of the time beings come to you and you are, for a long time, unaware of them and unaware of the effects they are having on you. Sometimes a person dies with an ailment that they have not been able to let go of at death and so they bring their aches and pains and anxieties about their ailment and give it to you.

"Now let me point out like this what I mean. Perhaps some of you have been in seance rooms where the acting medium said, I feel so-and-so here; he died of this or that ailment. I feel it, I feel the pain that the person passed out with. Very few of your modern psychologists have any knowledge of survival as to what happens to an entity when it departs the physical world. Most of them fall into the false thinking, when a person here starts showing signs of bordering on what is called schizophrenia, that they are mentally sick. But they are not. But they will be if that attack keeps

the attack of the spirit. Instead of the psychologists and psychiatrists testing the person who seems to be bordering on psychosis of some kind, they start treating them for what they call the psychosis. So they get no results. So then, the patient goes on and gets worse. Because they know not what else to do, they start giving them either insulin or electric shock; for a time, this may drive the entity out, but it will come back again as soon as the shocking is over. The most ordinary person, who knows nothing of the extended world around him, can get into trouble from the attacking spirit entity. *The entity does not want to hurt that one; it wants to express itself physically again.* (It does not realize that is possessing a body that is not even his.)

QUESTION: "What about people who don't believe in life after death?"

YADA: "*Most of them arrive and are pleasantly surprised* to find they didn't know what they had been talking about, and they are very pleased with it. Some, if they had a sense of insecurity in their daily life, may sleep in death for a period of time. And that period of time, whatever it may be, washes out any memories of having lived on earth, so they know nothing about death. Nature, the great Cosmic Mind, takes care of us.

"And too, that makes me think that everybody talks about the two slices of bread, meaning one slice being the physical world and the other slice being the physical world again—reincarnation, coming back. Everybody talks about that but hardly anybody has anything to say about the meat between the two slices of bread called the astral world.

"The reason for this is that when you come into the physical world, most always the act—the method used to come here—you lose consciousness of having lived anywhere else before. It is like you go to sleep and you

have a dream, and you may be very interested in the dream—nice things happen to you. And then you wake up and you have no memory of that dream whatsoever. So you say, 'Oh, I didn't dream last night.'

"Many people enter the astral world and they say 'Oh, it is wonderful here.' But they haven't really awakened. We do not become 'holy' or free from our negative thinking just because we lose our physical structure. The next step, beyond the one you are in, is mis-called 'the astral world.' It is not a good world because it does not tell you what it is.

"But it is a world, just like the one you are in. Because why? That's what you took with you—it is made out of what you took with you. It is not some spooky place waiting for you to go into. It is part of your mind.

There is such a drama. And the actors do not know they are acting. It is the same thing when we act on stage. The more the actor can learn his role and adapt himself to the character he is playing, the more he has to forget what is 'real life.'

"Going and coming. Rebirth. What was the actor that came into this life from another life? What was he in the other life? A composite of (thoughts and feelings that he gathered from the environment)? That's largely what it is. And this is what we lose not at death, but at rebirth. This becomes the true death of the personality. We bring over with us some memories of what we did and thought and felt from another life. But we seldom feel that it was from another life—like separation, like there was some emptiness between somewhere.

"What of continuity? What happens to that who one dies? If you cannot remember who you are on earth, how could you communicate any part of yours back to earth? Certainly not by names. But we remember

whether what we were and by this memory, we continue. We do not stop. Death is not a stopping point, and birth a beginning. Were death a stopping point there would be no starting point.

"Yet, how many of the billions of people who pass from the physical world get a chance to communicate with the physical world again in any way? There are not enough mediums to go around for each spook. Now, sometimes an entity who is trying to communicate with the physical world doesn't need a medium. He can do other things for himself to make contacts with the physical world. A 'haunt' is a person who cannot forget certain things that so impressed him and so stirred him emotionally that he cannot let go. So he goes back and goes back constantly. He cannot get rid of the physical world and often he lives a very restricted life that makes him suffer.

"Your world is coming into a time when it is necessary that man learn an intelligent way of communicating with his fellow man. In order to do this, you are going to have to create a new language. The old one is not adequate for the new learning man is seeking to get.

"'Spirit' is not a very good word because it paints no picture, no real picture, in the mind of the human. I think the word 'consciousness' is better because, though it does not create a picture as such, you know what it is; because that's what you are. Is it not so? You feel it; you live it; it is your very being.

"Man has been spooking himself long enough, and this works on both sides of the veil. You go into a seance room; the medium means well—even the ones who are fakes, pretenders—they mean well, in their way. They just do not know any better. They do not

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know what they are doing, nor the consequences of their doing.

"It is not 'sin now and pay later'; *to make mistakes you're going to rectify those mistakes now. There is no other time to do it in.* You talk, and I talk a great deal and think about it—life after death. There's no such thing; there's no such condition. Life is continuous. There is no after or before; it only appears that way. You live in the (seeming) world—the world of the (senses). And these senses are always subject to all manner of suggestion that the individual translates in his own way.

"To learn to dream consciously is learning to live consciously. There is nothing mysterious about that. All of us strive to keep mystery out of your life. There are no mysteries in themselves. Mystery is what we, as individuals, make when we do not understand an experience we are having, whether it is in the sleep state or the wakeful state, the death state. All of us have gone through the death state many times, and yet each time we approach it, it seems so new that we become afraid of it.

"All of space and time is the psyche. It is all Mind. And the individual, in his seeking the Inner Knowledge, on how to operate through this great Mind, need not go outside of it in any way to perform what it is he desires to perform—including surgery.

"I know people who want to be mediums. They have come to me when I have been speaking through Mark as I am now, and asked me to help them become mediums. I cannot do that. A person is either sensitive to the creative vibrations of life or he is not. And no one can make him so. And when people try to teach other people how to become mediums, they are making trouble for them.

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"If you are a sensitive, you will be so. The light will come to you. It took us—we of the Circle—(forty years) to condition Mark so that we could use his physical structure with the least harm to his physical self. Forty years! And many people want to have this overnight!

"People try to hypnotize people to make them mediums. You will make them mediums—mediums of insanity! We are not dolls, mechanical dolls manipulated by one another. We are our (own) master, our own teacher, our own student. We must learn. We must condition ourselves. And we start the conditioning by having love for ourselves.

"It is said somewhere in your Bible that death is the last enemy to be conquered. Yes, conquered by the sleeping mind. There is no death. The body goes through a natural deterioration—a chemical breakdown. So, no matter what you do, this body will not live forever. And you should be glad that it can't, for the real in-dweller does not dwell in the body. It is everywhere present; so that the moment the physical body dies, this spirit self can be anywhere in a tick of time.

"But do you have to wait until your body dies, to perform this seeming magic? Of course not. You are, right now, just as free as you will ever be in your spirit self; just as free. You can move to any part of the universe you wish to go to, in a tick of time. Because why? Because it is all (here) in consciousness.

"In your holy book, the Bible, it is said that God took dirt from the ground and made man—I suppose, with his spittle. But I know nothing of gods who have spittle. It was the explanation of those times; of the ignorant in those times. That 'spittle' was body energy.

"In the seance rooms, when objects are created, most of them are not exactly created, but stolen or picked up

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from someplace else. Generally, the entity is not very well-versed, even in that, for he gets only the cheap 'gems'—not gems, but glass. If the medium but knows what he was doing, he would stop it. Always, when energy is taken from one point, it has to be put back. You cannot leave a hole.

"By concentrated thought, you can legitimately get enough energy to make anything you desire. But, have you the ability to concentrate to that degree? That is what is important."

QUESTION: "Yada, how is Professor Luntz doing, his preparation to return?"

Yoda: "Oh, very good. In fact, it will not be long longer that he will be able to come through Mark's presence. He has much preparation to go through, and one of the things he must do is learn to forget who he was—called Alfred Luntz. Learn to forget. In your world, you learn to remember. In his world, in order to come back here to your world, he has to forget who he was. This means, when getting here, you pull down the curtain behind you from whence you came, so that you do not know out of what you came.

"*You couldn't last in the physical world, if you knew of the grandeur of what you are. You couldn't tolerate it. So, pull down the curtain.*

Edgar Cayce

"Many people are concerned about what they were in a past life. There was a man in your world—a very reverent man, a wonderful individual, but a human just the same. *This man, Edgar Cayce, had the ability to communicate with the universal Mind.* He had become that Mind to do that, to see, to feel, to hear. He had to put aside his lower consciousness—his physical

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consciousness, his outside-world consciousness. He had to shut it off, pull down the curtain.

"This man taught about reincarnation. Now, it might seem strange to you that he should do this, because he was a very orthodox Christian. But he couldn't deny himself. He might cling—and he did—to the Christian teachings but those Christian teachings were not him. *What he did was him—his work, his extended consciousness, his greater self-awareness.*"

Black and White Magic

The fact that Yada is able to "listen in" before taking control of Mark's body is in itself most interesting. At the very beginning of an evening session Yada started his lecture with, "I hope you will not mind, I was eavesdropping. You were speaking of white and black magic—the right-hand path and the left-hand path; there is a very great difference between the two. Now, while the natural forces of life are not concerned with good and evil, but man is, and because man's mind is the creative Mind, he has the choice to pick whatever path he desires. Nature does not let us make any excuses for our mistakes, nor does it give us any credit when we do something that is in balance with life, outside of keeping us in balance because of the way we think and do.

"One who takes the left-hand path is almost certain to go down into death with what is called complete insanity; very bad split personality of schizophrenia. Schizophrenia, wherein there is brain cell deterioration. Because of this, in order to do occult work of a balanced kind, one must have communication with an intelligent, well-meaning spirit and just the opposite kind for one who does not mean well, who is seeking to take

the left-hand path. In any event, any occult practice necessitates help from the spirit world and the left-hand path seeker, the one who is seeking to be a magician, after a time will suffer from very distracting, distressing hallucinations. When we do not understand life, we seek for power, for self-aggrandizement.

"This is what happened with the group that separated from the White Brotherhood and labeled themselves the priestly system, which became known as the Roman Hierarchy. For a long period of time these people resorted to black-magic practices to get their powers, so that they could use these powers to control the people. Many of these powers were accumulated from certain sexual practices, in which those engaged called up the help of spirit beings who are black magicians in the spirit world.

"A white magician in the spirit world and one in the physical world do not use their sexual powers for the sort of thing. Indeed, the white magician brings energy for the initiate to use in his rituals; he does not take it. In the majority of seance rooms of your modern kind most of these beings take energy not only from the acting medium or magician, because that is what they are, but take it from everyone attending the seance. This is why so many people in a seance room, when a physical phenomenon especially is going on, are losing energies, and the medium very often is exhausted after a session. Now you cannot get these energies back; you have to spend time resting so you can get them back. They are not given back by the acting entities. Indeed, these entities take that energy and fasten themselves on you and they live off your vital energies all the time.

"Many people go around tired all the time. Physical examination shows nothing particularly wrong with them that they should be losing energy this way, and

perhaps these people have not been attending seances, but they have been spending much time roaming around peoples, crowds of people all day. Now, there are many people who are takers. They are sometimes known in occult terminology as vampires; not the kind that suck blood, but rather draw energy from those around them. Then there are the other types that give; they cannot stop giving; they do not know how to protect themselves; they keep pouring out their energy. These people sometimes are known to have a very weak psyche. Psyche is often extended from the body most of the time, so that they are vulnerable to these people that are vampires; because it is through this psychic body that is extended that they are vampirized. Sometimes it is thought that it is through the aura. This can be true only if the aura has tears or rents in it. In some schools of thought, the students of these schools are given healing where the aura is put back in place; is adjusted to the physical body again and then the aura is sealed; this protects them from general psychic attack."

Protection from Psychic Attack

QUESTION: "Yada, sometimes I have felt that certain people were draining my energies. Is there any way we can protect ourselves? I was conscious of this thing happening, but I didn't know how..."

YADA: "There is a very simple way if you remember to do it. After you have been in a crowd for some time, you go home and you take either a complete cold shower, or you take and put your wrists and hands in cold water up to the wrist. Also, you put the water to the back of the neck, and if possible, to the stomach, here (touches Mark's stomach). It has very wonderful

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effects of resting you after it is done. The first time is really shocking."

With the thought of protecting oneself from atomic "fallout" as well as from psychic attack, a question is asked if there is any simple method or technique which one can protect oneself. Yada's answer was very much to the point. He says, "Well of course, yes. But how many people know that practice? You can do this!" (Yada demonstrates.) "Hands down the body, hands out in front—around to the back of your body, saying:

**I STAND PROTECTED IN THE LIGHT,
MY AURA IS SEALED,
NO ONE CAN GET THROUGH; NOTHING CAN**

QUESTION: "Can you tell us a mantra or something we can say first thing in the morning to send out, bring to ourselves, a higher vibration?"

YADA: "Yes, of course, and I am going to use an expression you have often used, and the reason I use it is because you are accustomed to it. You may not really comprehend it, but you've been using the word. When you get up in the morning from your bed, stand up; put your hands out there in front of you; bring them around to your back, touching them, and in the meanwhile, say to yourself: 'I am in the light and of the light. I am the awakened Christ.' This will offer you all-day protection. When you go to bed, repeat it, for many of us are in greater danger asleep than we are awake. Because of our thoughts, our anxieties, our fears, we can kill ourselves, mocking up a nightmare that will frighten us to death in our sleep. Remember that all the organs of the body are at a low ebb of action while you are asleep; so it is easy to die in your sleep.

"The question is, Do I love myself? The answer—yes. Why? Because I understand myself, I know what I'm made up of. My 'god' of the past is dead. He was a god of fear and anxiety, which brought all my troubles to me.

"The real God—the eternal Light, the Christ within—is an awakened state of consciousness. Can I not be protected in this higher state of consciousness? How can I not be? I have no protection from the God of Moses."

At another session a lady in the group stated that she had "spooks" or ghosts roaming in her house—unfriendly vibrations. Yada's answer is well worth remembering.

"I live in, and you live in Mind. There is no separation. Remember, there is only one Mind, one consciousness. I stand in my own Light. I am sealed in my own light. I am forever in the light. No negatives can enter my Light and all who come within the range of my Light, they themselves turn to Light.

"Man is coming into the light—the light of understanding, so he finds the real God within him, constantly there. He does not have to get on his knees. He does not have to enter some special building, called a temple or church. He knows that this body is the living temple of the living God. But the greater masses are still living in the swamps of their ignorance. But life is not lived by the masses. Life is lived by individuals. We, as individuals have to come out of the swamp.

"You know, the man Jesus, he said, 'I am the way and the light.' To remember this is to offer yourself constant protection. Negative forces cannot get through the Light. You do not have to see any Light, it is there; but you must visualize as well as you can that you are in the Light and of the Light."

QUESTION: "You form a certain kind of protection in yourself that throws off all negative . . ."

YADA: "That's right. How can one think 'negative' when one's mind is filled with the 'positive'? Now, know you may say, 'But we cannot always keep it in the mind.' You do not have to keep it in the conscious mind, anyway. The conscious mind is an ass, it cannot hold anything of value, anyway. *You need only to get it through the conscious self to what is called the sub-conscious, or the unconscious. Put it in your unconscious self.*"

"Touching" in the Astral

On another occasion Professor Luntz makes his entry, and what he has to say about touching and tasting is worth recording here.

QUESTION: "You spoke the other night about learning you were the creator, this time. Would you speak a little more on that?"

PROFESSOR LUNTZ: "Well, only in my learning since coming here into my present life, and it is rather difficult to express oneself in the astral world, as it is in the physical world.

"For instance—the sense of touch. It's difficult to experience. *Now we can touch things of our world, but we can't really touch things of your world, any more than you can touch things of our world or my world.*

"The physical world and I know from both experiences—living in it and living out of it. It is a thing of the senses. *If you lose your senses, you lose the physical world to that degree. Sight, hearing, tasting, touching—oh, heavens!—it is an entirely different thing in my world, and I do not really know how to explain to you the difference.*

"It is certainly not a vacuous world. To those of us who live in it, it is very real—but the reality of a dream, and often dreams are extremely real to the dreamer.

QUESTION: "Regarding a condition of the astral plane; one can fly from here to there, wherever one's consciousness is?"

PROFESSOR LUNTZ: "Of course, and this is one of the difficulties of the life I'm in. *Not learning how to be one-pointed, to keep my attention where I put it, I find myself flying all over the blasted universe!* And it took me time to get on to that, and that is one of the things my teacher helped me to do. It's sometimes called waking up, becoming aware, knowing where you are, knowing what you are doing, to get my astral legs.

"But I have learned to enjoy the world I'm in. I have many friends here—friends that I knew on earth, and others that I didn't know on earth. If you are the friendly type, you can make friends wherever you go. And I'm the friendly type.

"I have seen my two daughters twice since they have come here; and my wife, once—that's all she wanted to see me!"

QUESTION: "She woke up too?"

PROFESSOR LUNTZ: "Yes, and she discovered she wasn't in heaven. And she said, 'But you told me I would be!'"

Unsatisfied Desires

At another session, after some discussion of fragmented auras, Yada was asked the following question: "How would we know, Yada, if our 'fragmented auras' were damaged or torn like you mentioned?"

YADA. "Of course you wouldn't know, but there are

Some people that can see the aura and give a treatment when they see it is torn, and seal the aura. However, you can do it yourself. Mostly, what tears the aura is our own kind of thinking. Thinking out what is called 'the animal satisfactions.' We do not try to seal our auric light, after we have expressed our animal nature.

"Now, I am not against the animal nature, this is what belongs in the physical world; it is the nature of the physical world and as long as we abide by the laws that govern the physical world it can't hurt us. To lust after another without love, without affection, without a sense of understanding that other's nature, is to attack them, is to vampirize them.

"Many, many more raping is done mentally than physically, not all by men. In your world, it is said that some men, when they look at a woman, they undress her; but also, some women do this. Now to think a thing and not act it out is harmful. It can grow, a thought desire can grow and if you do not express it, or somehow stop that kind of thinking, it will grow and grow, and pretty soon blow you up, destroy you, break you nervous system down. This is why so many people are in mental hospitals, their minds have been cluttered with negative thoughts or with positive thoughts which they have failed to express and have not tried to stop thinking about. So, they have become obsessed, not with spooks, not with ghosts; but obsessed with the worst kind of spooks, called unsatisfied desires. It is said, in your world, that a married man lives longer than a single one.

"There is a story about a man in India who is walking along a dusty road and comes upon a man by the roadside who is carving elephants out of simple blocks of stone. He looked at the stone elephants and admired them very much, and he turned and looked around for

an elephant that his man might be using as a model. But he could see none, so he said to the man, "Sir, tell me please, how do you carve such perfect elephants without having a model?" The man, the artist, said, "I look at a block of stone; I look carefully, and pretty soon I begin to see the elephant in the block of stone. Then I knock away everything that is not elephant."

"So it is with us. We look into ourselves and we see all the beauty of the creator in ourselves, and then we begin to knock away everything that is not of the creator. We knock away the animal and find the divine human."

Ancient Civilizations—Predictions

It was not the intention of the Inner Circle to make predictions, read Akashic Records, or do specific healing work. Their entire energy was bent, something on the order of the Gurdjieff teaching, in helping man to understand himself and get out of the predicament that he appears to have gotten himself into. However, in the course of hundreds of readings over a period of years, bits of information have come out that have the ring of truth.

There have been many rumors and predictions that the west coast of California could at any time slide into the Pacific Ocean. When queried on this point, Yada, without hesitation, answered, "Just in case anyone is worried, believe me that you will not be here when it happens. You have nothing to worry about this way. It is predicted by many people that California will go into the ocean, but who started the prediction?"

"California, what you see of it now, has been as it is for a great many thousand years, with occasional small changes made by earthquakes and earth slides and

...floodings and things of that nature. But you must remember, the earth, while appearing to be a firm body, is in fact, a very porous sort of body. It is built up of countless layers, so there is no real solidity to it. The strata sometimes shift around, which then produces quaking. If you could see the atmosphere, the structure of it, it would probably amaze you. It is much like that of a bubble. There are so many layers of atmosphere and these change in pretty much the same fashion as the layers in soap bubbles.

"There is a considerable change in weather activity in different parts of the earth. In more recent years your climate is warming up. I have mentioned that before, saying that the poles are getting much more potent energy that is penetrating to the lower levels of the ice fields, in both poles, causing more rapid melting of the ice there, which will bring you, in due course, more severe frosts. Also these energies from the sun are causing more rapid decay of chemicals in the under layers of the earth that are causing wider chasms to open, which will be the cause of earthquakes more severe than you have had in the past. In past times I have spoken lightly of violent quakes that will send you California, a large portion of it, into the sea. *And I maintain that while you may have some very severe quakes here on your coast, none of them will be the severe.*"

QUESTION: "Regarding great cataclysms—when the earth tilts on its axis. Does it happen quickly?"

YADA: "No. If it did, the earth would crumble to dust. Add another motion unexpectedly to a firm body, such as the earth, and remembering that the earth is not built solid, but in layers like an onion; a sudden motion would shift these layers in all different directions. You have seen the results of some quakes

The shifting of poles takes place slowly, like the growing of a flower. You hear of Atlantis and Lemuria, that have gone into the water. And you suppose that part of your land will (and it will) but not in any of your times. California, though it sits on a precarious ledge, is like a well-balanced rock, it will not fall down.

"Man is not going to be rushed off the earth to some happy hunting ground in the sky. He is not going to be saved from that which is natural to happen to him. But, he is going to be taught how to live with what is natural to him, so he can spread it around, give it where it is needed. No man should go hungry on the earth. *Do you know that there are thousands of people who go hungry in the astral world because they think dead people don't eat?*

"Man has been predicting the destruction of the earth ever since he got here, because, especially in the beginning, he feared it. Beyond words, he feared it! His world, in the beginning, was extremely wild—rugged was not the word for it! Great storms swept the earth, great floods, quakings. And when that wasn't going on, he was being pursued by dinosaurs. Not that dinosaurs were carnivorous, for they were not. But, they were insane, and would simply kill for the joy of it, to expend their rage.

"So you see, it is not only man who has a rage against life—it is animals too. And I rather think the animals have cooled off more than man has, because man does something called thinking. Animals condition themselves to their surroundings and can live better in them. They do not worry. *They feel no guilt*. Have you ever heard of an animal kneeling and praying for his soul? Never! Only man does that, because he feels guilty and ashamed.

"Life is a great drama—a drama in which the indi-

is unconsciously, unknowingly, working on a greater state of being than he knows. In due course, will leave the lower consciousness behind, for it is animal and it is an ass. It is schizophrenic.

"Yet, this is so of man. And you can understand why. His environment. His bad conditioning. He knows not the truth about his own divine nature. By 'divine' do not mean 'holy'; I mean eternal. In due course, everything—as things—will disappear. The entire physical universe, and universes, will turn inside out.

"A strange way to put it, but what I mean is, all material substance will slowly melt down into what is called 'cold electrons.' And there will be approximately five to ten thousand years of a void. And in this reversing action of energy, you will have a universe and reverse again.

"But, it will be an entirely different kind. The mentality of the beings who appear in the next period of material substance will be of an extremely learned nature. And these beings will last longer; they will endure longer than present-day man, because of their education, their higher knowledge. They will not destroy themselves in short periods of time like man does because of his ignorance regarding his physical and mental nature.

"I have been in my present state of consciousness for 500,000 years. Many people think that I should be born again, that I am not following what they call the 'Law of Rebirth.' There is only one law, and that, an individual makes. And the more consciousness the individual has, the more self-awareness, the greater the chances of existing in the material world.

"And the material world—whether it be the one now, or the new one—is an extremely difficult vibration to live in, for it wears on the physical body.

on the nervous system. No matter how you try to live better, there is always still that eternal grinding on physical things—the grinding of time. Time is not an element in itself. It is one's awareness, one's inner feeling regarding himself and the dream he has created around him.

"You live in a wonderful world. Although I have said and I will repeat it, it is one of the most difficult vibrations to live in. It causes more pain; it gets more directly to the operator, the consciousness of the individual, than any other world or any state of consciousness. What is all this living about, if it isn't to find the Creator, which is here within you?"

Forgotten Races and Languages

YADA: "My honorable friends, I am having a difficult time telling you how to do it in your world! Now if I should try to lift your awareness to higher states of consciousness and to let you see what is going on there, you would instantly vanish into those other worlds yourself—if you could comprehend them.

"You know, I am not trying, not making any effort not to answer your questions: not to give you satisfaction. No, I want to give you satisfaction. I want you to understand. It is so necessary that you do, just for your daily living.

"If we who labor in our physical world, without comprehension of what goes to make up the physical world—if we do not get to learn that, how can we learn about other states? You live in your physical world. You must know how to handle yourself in this vibration. Then you can learn about other vibrations, other vibratory worlds.

"You see, I talk to you; I use my own language. I

know you do not understand it, so I am not really talking to you, but to myself—expressing my feelings about certain thoughts that I hear in your world.

"But then I try to translate what I know into English. It does not always translate well. In the Mysteries, in the inner schools of the ancient times there were no real mysteries, but the things that were taught, were taught by specially made-up languages for those who were knowledgeable on such subjects. So, the outside person would not know what was being talked about, because perhaps he was not ready for it yet.

"The ancient Chinese, ancient Polynesians, ancient ancients—all of them back through the dark and long periods of man's existence on earth, before he found the light and lost it again—on five different occasions—great civilizations were completely destroyed.

"A vast period after the destruction of my civilization, they came into being—some ten thousand years after mine was destroyed. There started roving bands of people that, little by little, got together and formed what you call China and India. Beings came from North America, much before the time of the Red Indian; there was a great race of people here in North America—white skin and brown skin; not yet black skin."

QUESTION: "Was brown skin an Aryan race?"

YADA: "Yes, these peoples came down from the great chain of mountains, Himalayas. You have heard of the Basque people? They also came from the Himalayas and wandered across the earth. A vast band settled in Spain, also in South America and Mexico. Man is a wanderer on the earth. He does not know he is a lost soul who is not really lost, but just not awake. Not until that happens, will man find freedom.

"Man is a wonderful being. There is only one thing

that makes things difficult for him—he is not awake; he is a sleep-walker. But, that is all right. Given time, each of us will get out of the herd, move away—not physically, but mentally. Then you can see yourself. Then you can go back into the masses and be of some service without getting yourself hurt. That is the big job."

Worlds in Collision

QUESTION: "I have a few questions. You know Velikovsky's book *Worlds in Collision*—you once mentioned you would have something to say about it. He says that the earth was driven many miles off its course into utter darkness and remained there for a long time. How did it get back?"

YADA: "Now while I agree with him—and he does not need my agreement, it's his own story—there are some things that he said which are not exactly the way it happened. The earth was not driven off its orbit, but it has many times shifted its orbit. When I say 'shifted its orbit,' I mean that the earth itself has tipped on its axis, pointing itself up more directly at the sun, from the top; and now later, from the bottom. This then produced tropical countries at the North Pole for a long period of time. Then, moving up or down to the South Pole again you have this ice and very violent cold weather. But it is all coming, not from this body being driven off its course, but rather from tipping on its axis.

"In my civilization, there was a long period of darkness, perhaps two months. There have been other times of shorter periods of darkness—blackness, not just darkness—in different parts of the world. In the earlier times of this great shifting, it affected my civilization disastrously. The earth had violent quaking, ice

"There will come a great silence upon the earth, for all living things will vanish. There will come a period of sleep of the earth. But it will come again, as vast as the time that will pass may be, it does not matter. It is not recorded. The point of time, the gong of it, the tolling of it, in time, is not recognized. So a thousand years will seem but a day. For a little while I will leave you." Yoda returned in about fifteen minutes and continued.

First Americans

"There will come a time when the shifting of the ices in the poles—they will find civilizations—some of them in still good condition under the ice. They will find pyramids. These pyramids will show to be one of the very earliest pyramids in the world. To say more, I would have to go there and study the conditions. Is there something more definite you wish to know about this civilization?"

QUESTION: "Yes, is it possible that these earliest people later became the first American Indians?"

YADA: "There were a peoples in North America here much before the red Indian person came, that were like Chinese, but more white than yellow and had very high cheekbones and had green eyes. Some of them also fair complexioned instead of the darker here. The reason for this is that they come from the lands of snow and ice. They had a fairly good civilization going when they were destroyed by crackings and great storms. Also by shifting of ices in different parts of the world that slowly drove them out from this country. They scattered and in time mated with peoples of other skins.

"Yes, man has been making civilizations and having them destroyed for aeons of time. The people who went

to make up the different tribes of Indians—some came out of Egypt. Some are ancient Egyptian and Aztec. The Aztec people had several civilizations, one right after the other. The earliest ones were not so dark as the later. The darkness came from a mixture of blood. The early ones were quite light and their hair was softer—less coarse. They had blue eyes as well as brown. A white Indian tribe came out of China and settled here in your country. They were from the northern tip of China and they spoke a language similar to the Welsh language of today.

"Corn is, to people who make a study of such things in your world, a mysterious seed. They do not know where it came from. Do you? It was a seed brought to earth. Originally it was not of this planet at all. It was brought to your country, to the ancient Indians.

"There have been many different kinds of people on your earth, who are long gone. There is no history of them to let the world know that they existed.

"There is a race in New Zealand, called the Maoris. These people are the tail end of a great people, a once very great people. Their race was cut very badly because they didn't want to grow. They took to emotional living, mere physical satisfaction. Little by little, they destroyed one another. Their language became monkey language. Perhaps they will grow again. There is enough to make the seeds for another civilization.

"At everyone will mix his blood with every other one. Then eventually there will be but one color skin on the earth. It will be white-white—most with blue eyes. What will this white-white come from? An increasing spread of snow and ice across the earth, lack of pigment in the skin. But none of you sitting here will

to see that time, but you will be in it when it comes.

"There are peoples called 'The Jews.' or to say the Hebrews—Jews are religion. Hebrew is the race of people. These people had their origin in the Himalaya Mountains. For a great period of time they did not change their blood by mating with other races. They were a peoples who concentrated on the art of collecting wealth [his language].

"In Africa, there are some tribes there that so abhor dirt that they almost worship cleanliness. These beings still have a snake god.

"In my civilization there were pygmy people who lived in trees in the jungles, who worshipped an albino frog or toad, yes. Little peoples with big stomach. They were neither dwarfs nor pygmies, nor midgets in size, but a combination of these. The dwarf has big head and big torso, but short legs. The midget he is pretty well proportioned for his size—yes. But the pygmy is different. One characteristic of their body is a fat stomach. Most of them are inclined to viciousness, but like any other human beings, if treated intelligently and not allowed to be frightened, they are nice people.

"In your modern times, you are having trouble talking about past, and present, and future. These are concepts of the mind and have no existence in themselves. Your physical world started from the nonphysical world. That nonphysical world is sometimes referred to as energy, but there are different degrees of energy, different kinds of energy. But basically, it is all one. That story of all one reminds me:

"It is a tale about a little lamb who goes to its mother one day, and says, 'I would like to go out into the world and find out what life is all about.' So mother, being a very smart ewe, say, 'Go. Do what you

must do. But please come back and let me know what you find out.' Little lamb says, 'yes, good-bye, and off he went. After much musing around the world, little lamb finally came home and mother asked, 'What did you find out about life?' Little Lamb say, 'I find that life is all ONE.' The mother say 'That's nice, but one what?' Little Lamb say, 'Oh, Little Lamb.'"

After a long pause Yada continued: "In Ireland there were the ancient Druids, which a man called Saint Patrick drove out of Ireland, letting the priestly system of Catholicism take control of that country. The snakes which he was supposed to have whistled out of Ireland, of course, were never there. Ireland never had snakes. They were symbols of the wisdom of the Druids and that is what he drove out of Ireland.

"In India there were many mystical schools, but not as many now in your present time as there were in the past, but still there are several functioning in different parts of India today.

"In North Africa, among a tribe known as the Bebees, these people were very closely related to the Hawaiian Kahunas. In Egypt, again you have the sacred snake to understand, its function, which was closely related to both Africa and India, also China. In China, you have in the earliest times the dragon. It is not understood very much or known of today, especially in the western half of the world. This dragon appeared in the sky, somewhere in the first part of the twelfth or early thirteenth century, and it created the same disturbance among the people as your what you call UFOs. That expression 'Flying Saucers' is very humorous to me.

"All down through the history of every race of people on your earth have been stories of beings of a vast variety in your skies. As far back as the history of man

at the present time, in his present root race; you are in the sixth root race. There has always been the stories of beings coming from the sky at different periods, very set periods of time.

Levitation

"Most things take form in very specific frames of time. When a thing does not manifest in this frame of time wherein it would belong, it will not manifest in any other frame of time. But, everything manifests in its own particular frame of time—that's where it belongs. Can you imagine one of your gigantic birds appearing in the sky when men were moving around the earth on horses? Can you imagine? So, the airplanes belong in the present time. They are a product of this time and this kind of time. Why didn't someone imagine one of those flying machines in the sky a hundred years ago?"

QUESTION: "Didn't Leonardo da Vinci do this?"

YADA: "Yes, but it wasn't workable. Many other things were needed that were nonexistent then."

QUESTION: "Then he had the thought, but not the invention?"

YADA: "He had a pleasant idea of flying, but no construction. There was no real thought given to aerodynamics."

"There was a period in Ancient Egypt and later when a force was used to build great pyramids throughout the world. This force was levitation, or the removal of gravity forces from large materials, or small ones, depending upon their density, which determined their weight."

QUESTION: "And how was this done?"

YADA: "Ha! Ha! You must be joking! You cannot

imagine that I would say so, even if I could. Because, how long do you suppose Man could stay here? Just such a thing, and it proved to be what he would be murdered!

"Man is still an animal. He is not yet to be trusted. That is why he sits in danger and great fright over his discovery of the power in atoms. His great fright is because he knows that animals in him can suddenly blind him, and cause him to destroy himself."

Two Moons

A question was asked, "Astronomically, five hundred thousand years ago there were supposed to be two moons instead of the one we have today. What happened to the other one?"

Yada answered, "It was pushed off its orbit into the present moon you have now. It struck it, and smashed it all to pieces on your present moon and pieces fell some to your earth, some fell on your present moon and some remained in orbit around the moon for many years."

"At one time the moon had sufficient water to give it an atmosphere and an ionosphere as a protecting belt from the radiations from outer space, not only from the sun, but from other points in space. The whole of space is a sea of radiation, pure energies, not yet become matter; a vast and endless supply of fuel for the sun. It cannot run out. What will happen to the sun is, it may become much smaller than it is now, by what you call shrinking. And then, after a period of time, the density will become so great, it will explode."

"The substance may make up smaller bodies in space. Some of the substance may go very far out into space, away from the earth. The explosion may cause

...on your earth that could destroy it. But I do not see that happening. I do not see your earth being destroyed in any way for a great period of time. Every body in space keeps every other body in magnetic balance.

"This earth of yours has been shaken and twisted, burned and torn, and beaten and pounded by Nature. Man has lived through it all and it is to be supposed that he will live through many other processes. The earth is a school for man. Now there are other schools in the spaces beyond your solar system."

History of Planets

COMMENT: "I still don't understand why violent changes within man, and to man, are not in harmony. If violent changes are in harmony with galaxies colliding!"

YADA: "But you see, galaxies do not create violence. It appears to the eye that there is a great deal of violence, but if you could get out there in the vastness of space, you would not see it as violence—you would only see changes taking place."

"There is Mars and on close examination we find it to be a much older body than the earth, not so much by years, but by degeneration. There are some young people who are much older in body than older people because the tissues of their bodies are more subject to rapid breakdown. So man is older by his chemical substance than by the years he has lived.

"When a planet starts to lose its water, most anything is likely to die. This is what happened to Mars. It lost its water by more rapid evaporation than the earth.

"These markings on Mars are not water canals; they

...in the ground. You have something of that in your Grand Canyon which, from a distance, looks like the markings on Mars. The only thing is, there are not so many of these in your earth as there are on Mars.

"All who have experienced earth life and are now living in other dimensions are struggling against possible disaster because it leaves no stage to return to where we can get greater understanding, in the course of time. There is nothing I know of in your solar system, no other planet that is ready to produce life and sustain it." All the outer planets are much too cold; and all your inner planets, Venus and Mercury, are close to the sun and much too hot. So they do not make a very good setting for man to work on.

"The earth was first spawned along with the galaxian system, the Milky Way. After it came into being and became a proper place for life, it had survived all the very great disasters it was heir to, in forming itself. But it so aligned itself with the sun, that it was immediately the proper point for life.

"Mars was also very good, but somewhat on the colder side. But it grew many plants and animals and humanlike beings. Then came chemical changes, and in these changes one of the disastrous results was loss of water. Water being the most solvent of liquids, there can be no real life without it. It is the main property of the material world.

"Little by little, Mars' water evaporated. This was much faster than on your earth. So some planets are older by chemical changes than others, are faster in activity when dehydration sets in. There is some water in the underground of Mars, and so there is some oxygen, but it is very close to the rocks. In time there will not be that much—like the moon. There is some water on

...the quiet planets, the quiet planets, are en-
gaged in a physical process. It is most dread-
fully cold. Their temperatures have turned these planets
into more or less blocks of ice, frozen blocks.

"But go outside your solar system and look for plan-
ets that are in a better position to form life. You will
find millions of them! Many, many of these are oc-
cupied by beings very much like yourselves."

QUESTION: "Their atmosphere must be very much
like ours. Do they have an ionosphere around them?"

YADA: "Yes. This must always be or no life could
even be created on such a planet. These are but few
of the things that the lay minds think of when talking
about the space people and where they come from."

"Modern man has reached a high state of mechanical
knowledge, yet he knows almost nothing about the
mechanics of his own body, and less about his mind.
There's much talk among you about going to the stars,
flying out into the vast solar system. True, you will, for
this is the age, the atomic age, the age of gigantic
power. Yet are you ready to go out into the vast spaces
seeking knowledge of other bodies? What is to be
found in going out into the spaces but more spaces?
You will find, my friends, that there are other beings
like yourselves in the many, many, many planetary sys-
tems in your Milky Way alone, in your galaxy alone
there are millions of them, and on the vaster majority
of them live beings very much like yourselves. Is man
prepared to meet them, to share the universe with
them? Will it be profitable to the minds of earthman?
Will it be a joyful meeting, or will humankind here on
earth move out into the spaces with their ignorance of
atomic power and use it to destroy, to conquer other
beings?"

...in down to deep, and to the
to the surface, that we need not even speak
there were once humanlike beings on Mars
... had to build the satellite-like bodies around
... they could get off that planet, because there were
many dust storms and very violent winds there that
beyond any humanlike beings standing up ap-
parently."

QUESTION: "Will we be going there in the
future?"

YADA: "Yes, in approximately twenty years you will
be actively engaged on this planet Mars, and to some
extent, on the moon. But not for a long time yet.
Mars, it is much too hot. You will be able to land
a small portion of it; at certain periods of the year
of the month, you will be able to be active and create
bases. But at other times, the orbiting of Venus, you
will have to get off because of the intolerable heat
gases."

"You are most certainly going to move into space.
At first you will try to create conditions under which
you can live there comfortably. Once you learn to create the
proper weather, Mars will be a nice planet to live on.
And eventually you are going to do this."

"Venus is not inhabited today in the same way
as Mars, but in the history of Venus there
has been a time when it was a planet of the
human order, but you must not think
of Venus as having been too much like you because of
conditions of Venus that would naturally produce
a little different from what you have. Venus
is a planet of gases that are thin and
however, most of these gases are a great distance
from the body, Venus. But they keep the sun from getting
through like you have here on earth but it is getting
a great deal more heat than you have because it is getting

Good Instrument

As Mark Probert was a small, frail man, there was much uncertainty as to his health and ability to carry on the work. This prompted a remark from Yoda: "You know it would seem that we would be disappointed at ever getting to the point that was necessary to arrive at to use Mark. His health; we were never sure he would survive long enough."

Some three months before Mark's last session in 1968, Yoda made the following statement: "*I love an instrument, and anyone who has instruments of beauty and loves them, takes good care of them. I do not think it too long when I shall not have Mark as an instrument, so I must guard against that time coming too soon.*"

In reviewing some of our experiences it seems incredible sometimes that we have been in direct communication with an earth being who lived here about half million years ago. Before we had ever met Mark Probert, our doctor friend in Pasadena had been faintly muttering something about a man who had lived in the ancient past. He would only look at us incredulously and then clam up. Now that we have actually met Yoda many times, he has become a household name. "What would Yoda, do, say, or think about that?"

His value to us is more plausible in that his vantage point might be compared to that of an observer on a high bridge watching the traffic pass far below. While he might not know firsthand he can easily find in the Akashic Record. During the many years that we have known Yoda, as have a great many others, we feel that he is a trusted friend.

For the thousands of Light seekers who admired and

Mark Probert

loved Mark Probert for his selfless devotion and contribution to the Ancient Wisdom school of teaching (Kethra E'da), I express our unstinted gratitude. To me Mark was not only a valued friend but a channel for council, guidance, and spiritual development. I do consider his work important as it has been a powerful factor in opening the crack a bit further into a little-known dimension.

Both Mark and Irene have now passed to higher planes and are no doubt continuing to enrich the lives of whomever they come in contact with. Through this humble little man, whose only home was a tiny three-room apartment in San Diego, came a stream of light whose brightness will always be cherished and remembered.