

C A T A L O G U E

2008

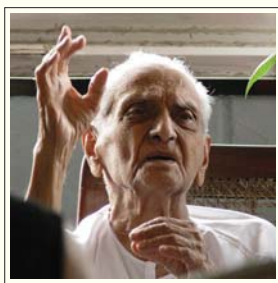


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*“Nothing is ever wasted.
Everything is in preparation for the next scene.”*

— Ramesh S. Balsekar

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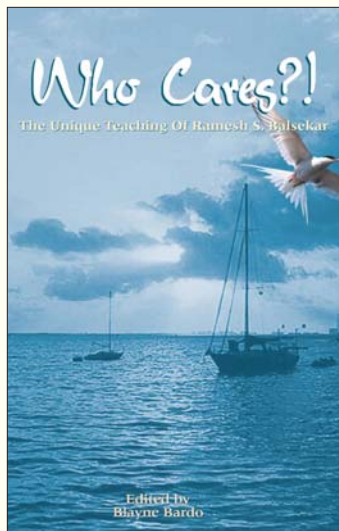
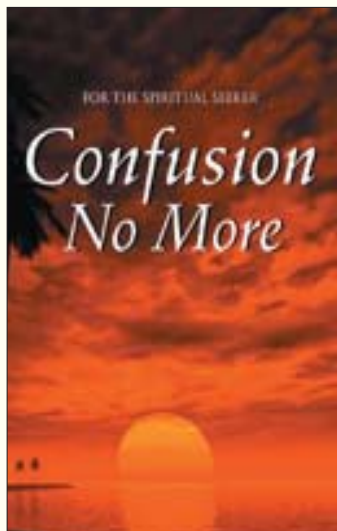
CONFUSION NO MORE

By Ramesh S. Balsekar

There is a vast area of confusion for spiritual seekers, part of which centres around two questions. What exactly is self-realization? What does it precisely mean? and, How does a self-realized one live his daily life? Does he continue to have a daily life like any ordinary human being? What did he get through self-realization that he did not have earlier? *Confusion No More* brings relief to seekers, clearing their cobwebs of confusion with incisive clarity, clear understanding and deep compassion.

ISBN 81-88071-13-7

- Softcover ■ Pages 256
- INR 250 ■ USD 6.25



WHO CARES?

By Ramesh S. Balsekar

Consciousness is all there is. So “who” is to know or seek “what”? All there is is the impersonal functioning of Consciousness, or God, reflecting within Itself the totality of manifestation. Live life making decision and accepting the consequences as if you have free will—knowing it is Consciousness seeking, doing, living deciding...

Ramesh S. Balsekar pinpoints the non-duality of his Advaitic teaching and the role of Impersonal doer with the merging trends of the new paradigm—quantum mechanics.

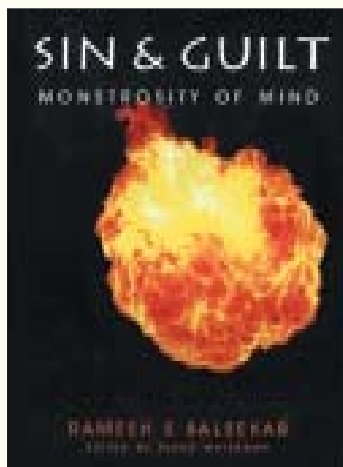
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SIN & GUILT: MONSTROSITY OF MIND

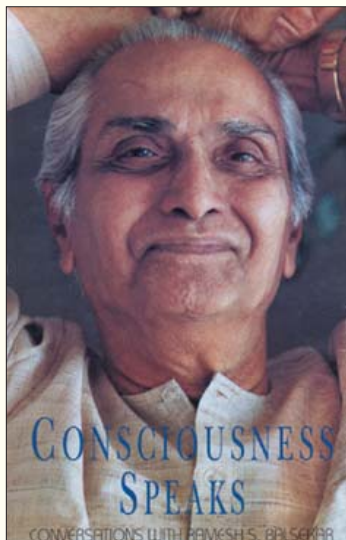
By Ramesh S. Balsekar

Ramesh Balsekar reminds visitors daily that anything any sage has ever said, anything any religion or scripture has ever said is a concept. His crystal-clear and profound teachings are backed by his complete understanding that “Nobody does anything” coupled with his life experience as a top executive of a major Indian bank, as a husband, father and grandfather—all lived knowing that it is all happening as God’s Will. For much of his full life Ramesh, whose Guru was Nisargadatta Maharaj, has been devoted to Ramana Maharshi, in whose spirit Ramesh welcomes seekers and asks, “Who is seeking? Leave the seeking to Him who started the seeking.”



ISBN 81-88071-01-3

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| ■ INR 200 | ■ USD 5.00 |



CONSCIOUSNESS SPEAKS

By Ramesh S. Balsekar

Is Spiritual Understanding something apart from daily living?

Not according to Ramesh Balsekar’s teaching. He says, “Spiritual understanding brings with it a wonderful sense of harmony, a lack of tension and a sense of freedom in daily living.” As a retired bank president, golfer and family man, Ramesh doesn’t fit the stereotype of an Indian guru... Yet, his background and education combine with his Understanding to make him a Master who is an ideal bridge between east and west, between the spiritual and material.

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YOUR HEAD IN THE TIGER'S MOUTH

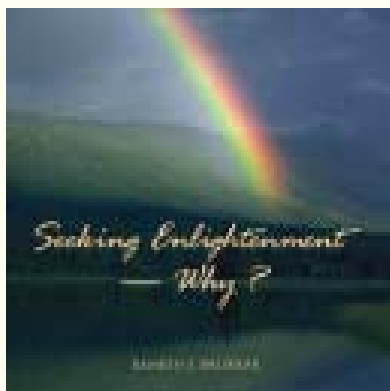
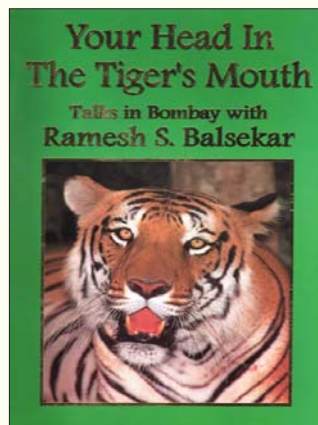
Talks in Bombay with Ramesh S. Balsekar

Edited by Blayne Bardo

The created object cannot possibly know the creator Subjectivity." Consciousness is all there is. So "who" is to know or seek "what"? All there is is the impersonal functioning of Consciousness, or God, reflecting within Itself the totality of manifestation. Live life making decisions and accepting the consequences *as if* you have free will—knowing it is Consciousness seeking, doing, living, deciding...

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SEEKING ENLIGHTENMENT — WHY?

By Ramesh S. Balsekar

Ramesh S. Balsekar has written and published more than 30 books over a period of 20 years.

Ramesh S. Balsekar has always had a uniquely individualistic approach to spiritual seeking and, in the course of his teaching, he has developed several unique concepts.

For instance, what is the ego? He has clarified that "you" cannot have an ego, from which you seek freedom. You are the ego, the separate entity, the seeker who seeks the freedom of enlightenment, and finally arrives at the successful conclusion that what he is actually seeking is freedom from his own sense of personal doership.

ISBN 81-88071-25-0

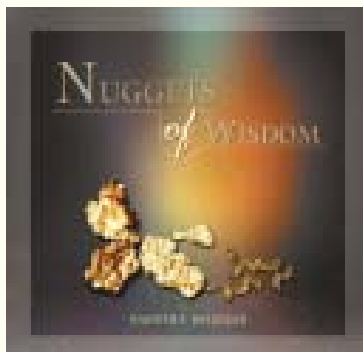
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NUGGETS OF WISDOM

By Ramesh S. Balsekar

It is everyone's experience that the basis of daily living is facing life from moment to moment, necessarily accepting whatever the moment brings – sometimes pain, sometimes pleasure. The interconnected opposites of pain and pleasure, along with the opposites of every conceivable kind, beginning with male and female, form the very basis of life and living;

and, therefore, it is impossible to separate one from the other. What the human being wants is one and not the other – pleasure and not the pain. And this pursuit of one as against the other is the main cause of why religion flourishes, various god-men flourish, promising the impossible and leading to frustration.

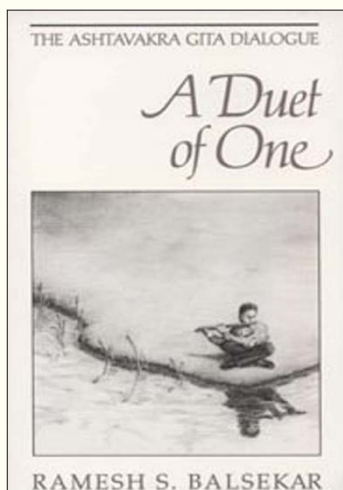


ISBN 81-88071-24-2

- Softcover
- Pages 196
- INR 150
- USD 3.75

A DUET OF ONE

By Ramesh S. Balsekar



“How can knowledge be acquired?
How can liberation be attained?...”

So begins the Ashtavakra Gita – a dialogue between an earnest seeker of Truth (King Janaka) and the enlightened sage Ashtavakra – as translated from the Sanskrit by Ramesh S. Balsekar.

In this book Ramesh reveals himself as a spiritual Master for the modern age. His insightful commentary unlocks the beauty and the mystery in this ancient text. He points us to the Understanding that is the true nature of us all.

ISBN 0-929448-11-1

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- INR 700
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THE FINAL TRUTH

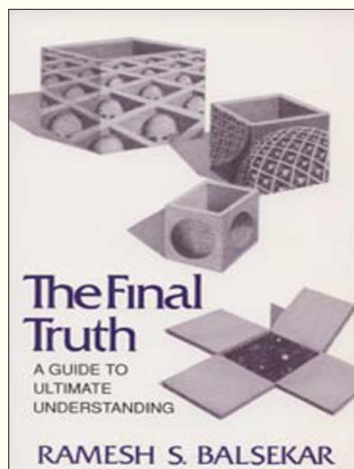
By Ramesh S. Balsekar

TRUTH CANNOT BE DESCRIBED OR explained. Truth is "What-Is" and the acceptance of it. Every word that is uttered concerning Truth can only be a pointer towards it.

The understanding of Truth cannot be achieved. It can only happen... And when it comes, it cannot be accepted unless the mind is empty of the "me" and the heart is full of Love.

ISBN 0-929448-09-X

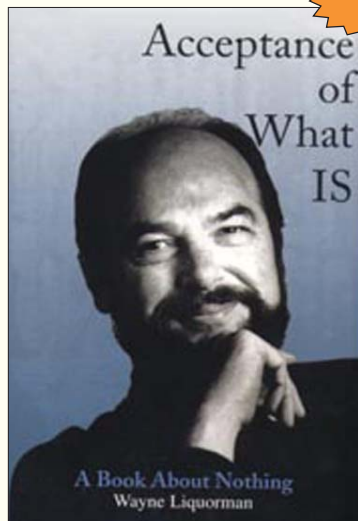
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ACCEPTANCE OF WHAT IS *

By Wayne Liquorman

**NEW
RELEASE**



The latest look at Advaita through the eyes of the most unlikely of Sages. Wayne is a former alcoholic and drug addict who shortly after being "struck sober" began a spiritual quest that led him to his guru Ramesh S. Balsekar and then to Ultimate Understanding. Wayne's expression of his spiritual understanding is at once irreverent and profound. We laugh, sometimes joyously, sometimes uncomfortably but always with the recognition that we are in the presence of a Master.

Edited by Catherine Asche

ISBN 0-929448-19-7

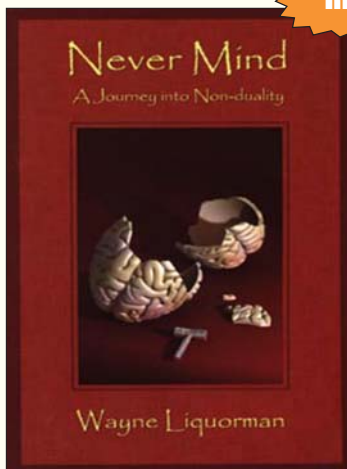
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| ■ Softcover | ■ Pages 300 |
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NEVER MIND *

A Journey into Non-Duality

By Wayne Liquorman

**NEW
RELEASE**



Written with Wayne's characteristic humor, irreverence and profound insight, this book provides a bold, new look at the nature of existence.

Wayne's teaching points to the divine nature of everything that exists, no matter how hurtful or painful it might be. According to Wayne, everything is the perfect manifestation of the Source and it is in the acceptance of everything that peace is revealed. An indispensable addition to the spiritual library.

An indispensable addition to the spiritual library.

ISBN 0-929448-21-9

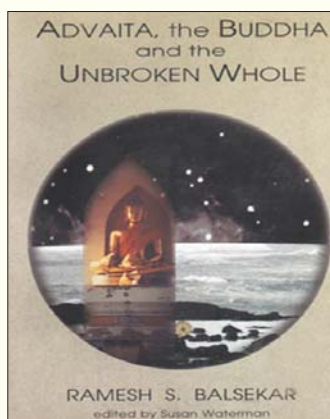
■ Softcover ■ Pages 176

■ INR 800 ■ US\$ 20.00

ADVAITA, THE BUDDHA AND THE UNBROKEN WHOLE

By Ramesh S. Balsekar

Ramesh S. Balsekar, since retiring as president of the Bank of India, has been teaching Advaita (non-duality) for almost twenty years to seekers from around the world. He has also written a number of books on Advaita. In the conversations in this book Ramesh points to the "intrinsic closeness" between modern physics, Hinduism and Buddhism in their similar recognition of the "Unbroken Wholeness" of the manifest universe. In the context of his concept of how life happens Ramesh answers the question: "What is it that distinguishes a sage from an ordinary person?" His answer: "A sage enjoys the Shanti (peace) of Nirvana while living his life in the Samsara of Dukkha (misery)." In the conversations Ramesh opens the way to freedom from bondage to the conceptual universe.



ISBN 81-88071-06-4

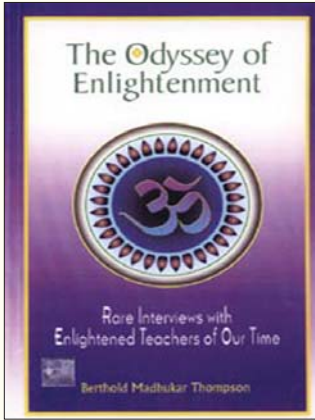
■ Softcover ■ Pages 234

■ INR 300 ■ USD 7.50

THE ODYSSEY OF ENLIGHTENMENT

Rare Interviews with Enlightened Teachers of Our Time

By Madhukar Thompson



Discover profound pathways to enlightenment from twelve contemporary Masters of Non-dual Spirituality:

- Osho ▪ Papaji ▪ Harish Madhukar
- Gangaji ▪ Annamalai Swami
- Lakshmana Swami ▪ Ramesh Balsekar
- Dadaji ▪ Kiran ▪ U.G. Krishnamurti
- Andrew Cohen ▪ D.B. Gangolli

This book chronicles Madhukar Thompson's burning quest, as he searches for – and tirelessly questions – these twelve world-renowned spiritual teachers who are widely recognized as enlightened.

Spurred on by a passionate yearning for truth, Thompson's odyssey takes him to remote parts of India where he engages in dialogues of a quality and depth rarely found in the annals of religion.

ISBN 81-86775-67-6

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NO WAY

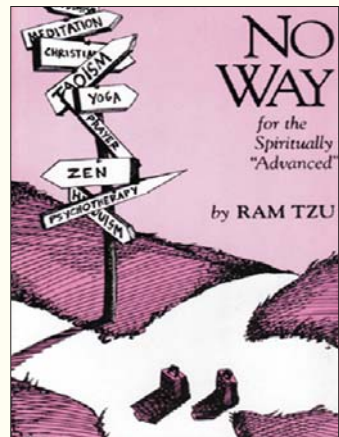
By Ram Tzu

Sage? Poet? Madman?

Ram Tzu is all of these ... and less!

Blending paradox, wit, satire and insight, Ram Tzu creates a view of spirituality that is truly unique.

One minute we are howling with laughter, the next squirming in self-conscious recognition as Ram Tzu holds up a perfect mirror and then points out we aren't wearing any clothes



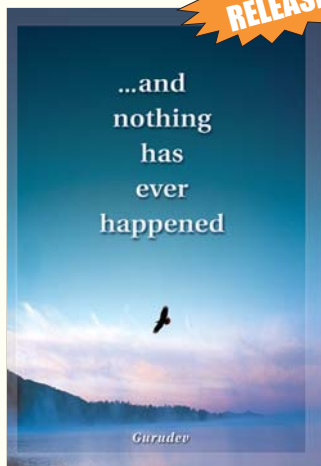
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... AND NOTHING HAS EVER HAPPENED

By Gurudev

NEW
RELEASE



You are already a Buddha!
Just remain attentive. Attentive to nothing in particular... Simply attentive.

A Buddha is one who is simply attentive.
He is just present. He is pure Presence.
And this Presence is a great blessing.

You know that you are... there is a sense of presence. Just remember "I am." Just remember and be.

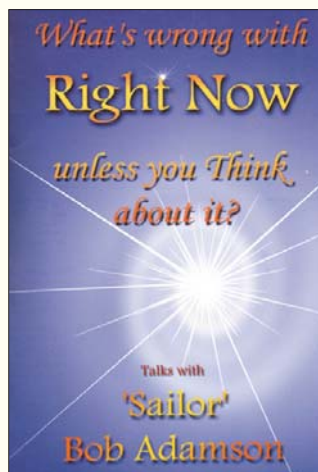
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| ■ Softcover | ■ Pages 255 |
| ■ INR 295 | ■ USD 7.38 |

WHAT'S WRONG WITH RIGHT NOW UNLESS YOU THINK ABOUT IT?

Edited by Gilbert Schultz

Sailor' Bob Adamson travelled to India in the 70's where he met with Sri Nisargadatta Maharaj. Bob's search ended in the presence of Nisargadatta. 'Nisargadatta pointed to the reality, the actuality THAT I AM'. 'Now I abide as THAT'. — 'Sailor' Bob Adamson. 'This teaching embraces Advaita — Kashmir Shaivism, it embraces Dzogchen — the highest form of Buddhism and it embraces the highest form of Christianity too. It is just that Non Duality — the One without a second or as it is said in Christian religion — Omniscience, Omnipotence and Omnipresence — There is nothing other than That. Realize that you are that One without a second, Pure Presence Awareness — Relax and be what your are'. — Bob



ISBN 81-88071-11-0

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NEW RELEASES

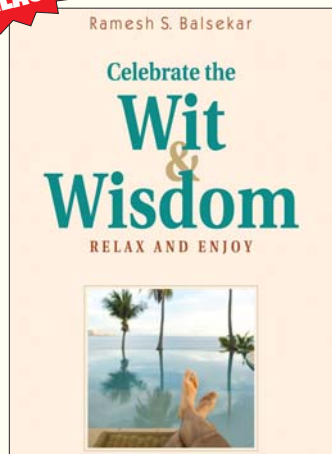
CELEBRATE THE WIT & WISDOM

– RELAX AND ENJOY

By Ramesh S. Balsekar

Understanding comes to different people through different routes. With some it scores a direct hit with wisdom; with others it seeps in almost innocuously through the subtle layers of wit, anecdotes and teaching stories. No one knows just when it will strike and how.

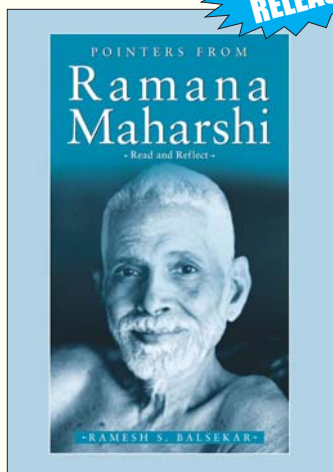
Come, celebrate the wit and wisdom brought to you by one of the finest teachers of Advaita.



ISBN 81-88071-36-6 ■ Softcover ■ Pages 168 ■ INR 300 ■ USD 7.50

POINTERS FROM RAMANA MAHARSHI

By Ramesh S. Balsekar



The Sage of Arunachala preferred to teach in silence. But when he did use words, he used few and he used them with telling effect. What struck you most about what he said was the authority of knowing that backed each word uttered.

Though all of what Ramana said was rich with meaning, if one has to grasp the very core of his teaching, one needs to sieve and filter, doggedly staying focussed on the very fundamentals of what he taught. Even those who have read many books on Ramana Maharshi's teachings will find this book different: focussed on the ultimate happiness as one's very nature.

More importantly, this book brings across points about Ramana Maharshi's sayings which have not been given adequate attention and significance.

ISBN 81-88071-37-4

■ Softcover ■ Pages 88
■ INR 130 ■ USD 3.35

NEW RELEASES

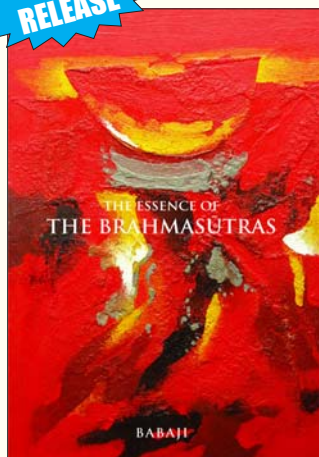
THE ESSENCE OF THE BRAHMASUTRAS

By Babaji

H. H. Babaji, as He is fondly addressed by his disciples all around the world, spends most of His time in seclusion in His gufa(cave) in the Himalayas. He is the last in a lineage of great Tantric Gurus whose paramparas 9traditions) are handed down through the generations by word of mouth. Babaji is one of the few living Himalayan Masters who still carries on the Guru-shishya tradition. He has spent many decades studying various religious, philosophical texts and scriptures, is fluent in several Indian and foreign languages; and unlike many other men of the cloth, is an accomplished academician as well. The Essence Of The Brahmasutras is the result of Babaji's desire to simplify the complex scriptures and texts so that everyone may enjoy these pearls of wisdom. His vast repertoire of knowledge, rare wisdom and refreshing insights coupled with His mastery over language make this book a rare treat for the uninitiated as well as the experienced reader. This is the first in a series of four books.

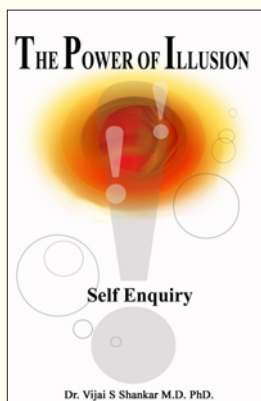
The others that will follow are based on the Upanisads, the Vedas and the Bhagavad Gita.

ISBN 81-88071-35-8 ■ Hard Cover ■ Pages 122 ■ INR 275 ■ USD 6.87



THE POWER OF ILLUSION

By Dr. Vijai Shankar



Truth demonstrates itself every moment': such is the wisdom of a sage whose understanding is not the same as man's. The understanding of man feeds merely on the objects of the senses and on the offerings of the intellect, however sublime. Although this is no barrier in itself to Total Understanding, it is where the mind of man stops – but does not rest - for the mind has no inkling of what is beyond, of what it can never know. In The Power of Illusion, Dr Shankar reveals deep understanding of the power that brings forth and maintains this great illusion of knowledge and ignorance in its perfection. Such is the wisdom shared here with all who study this book that, with patient observation, the understanding may arise that truth does indeed demonstrate itself every moment.

ISBN 0-954529-83-9 ■ Soft Cover ■ Pages 217 ■ INR 550 ■ USD 13.75

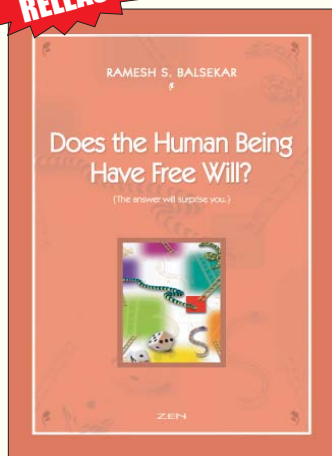
NEW RELEASES

DOES THE HUMAN BEING HAVE FREE WILL?

By Ramesh S. Balsekar

Of course, he does. Otherwise how would the mechanism of daily living operate? In fact, total free will is the very basis of daily living. Whether it was the caveman three thousand years ago or you today, the human being has been free to decide what to do in a given situation. However, it is everyone's personal experience that what happens thereafter – the result or consequence of that action – has never been in anybody's control. So where does that leave free will? Is free will a tool for self-evolverment? Is it a device for the human being to accept responsibility for his actions? Or is it merely a notional boon which is worthless in daily living?

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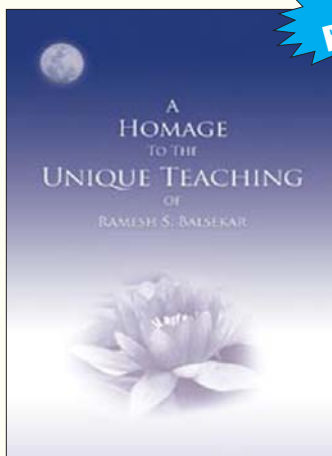


ISBN 81-88071-33-1 ■ Softcover ■ Pages 56 ■ INR 100 ■ USD 2.50

A HOMAGE TO THE UNIQUE TEACHING OF

Edited By Jaya Arun Nagarkatti

**NEW
RELEASE**



“How does one thank someone who gives you: Freedom, from guilt and regrets of the past; From fears of the future; From the idea that one is not free; Trust, in the moment that has to be exactly as it is; Acceptance of and Contentment in whatever happens? This time when I met him I understood that The Guru is not loving; He is Love. He is not kind; He is compassion. And most of all, He is not in my heart; He is my Heart. For this blessing, There is no way of being grateful enough.”

ISBN 81-88071-27-7

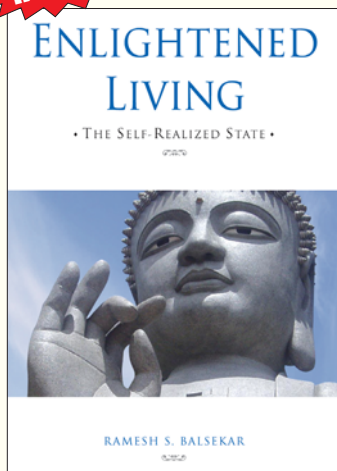
■ Softcover ■ Pages 208
■ INR 250 ■ USD 6.25

ENLIGHTENED LIVING

By Ramesh S. Balsekar

It stands to reason that if you want something desperately you would take great pains to find out what it did for those who have 'got' it. So if you desire Enlightenment, it would make abundant sense to at least check out what the 'Enlightened' ones have to say about the state of self-realization. That is what *Enlightened Living* does for you.

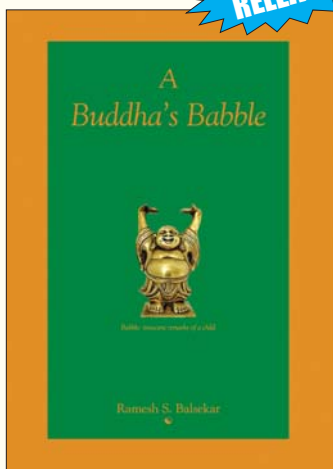
Enlightened Living presents an impressive array of Masters—from Adi Shankara to Ramakrishna Paramahansa, from Ashtavakra to Ramana Maharshi, from Jnaneshwara to Nisargadatta Maharaj and Sengtsan—to share with you, in the simplest terms possible, the reality of the state of self-realization



ISBN 81-88071-32-3 ■ Softcover ■ Pages 168 ■ INR 300 ■ USD 7.50

A BUDDHA'S BABBLE

By Ramesh S. Balsekar



Tat-Twam-Asi – THAT You Are; *Aham-Brahma-Asmi* – I am Brahman; *Tat-Twam-Asi* – THAT you are. These statements – the *mahavakyas* – have caused considerable confusion among Indian spiritual seekers because the inner meaning has not been comprehended. Every twam is not Tat: every 'you' are not THAT. THAT is every 'you', THAT will always be there without 'you', but 'you' cannot be there without THAT. Unless this is very clearly understood, every seeker will want to be 'one with THAT' and will, therefore, be frustrated. What is to be very clearly understood is that every individual entity is connected to THAT Source; and the highest understanding is that every human being, in his daily living, must continuously remain connected to THAT Source and never be disconnected from it.

ISBN 81-88071-31-5 ■ Softcover ■ Pages 200 ■ INR 200 ■ USD 5.00

A PERSONAL RELIGION OF YOUR OUR OWN

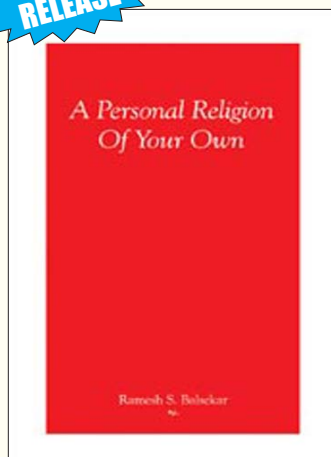
By Ramesh S. Balsekar

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Remain relaxed in Consciousness. In any situation, do whatever you feel you should do without any regrets about the past, without any complaints in the present, without any expectations for the future, and, importantly, without blaming and condemning anyone for anything – neither yourself nor the ‘other’. This will enable you to live your life, constantly connected to the Source, and will give you happiness through peace of mind:

SUKHA-SHANTI

This will be your personal religion: Sukha-Shanti.



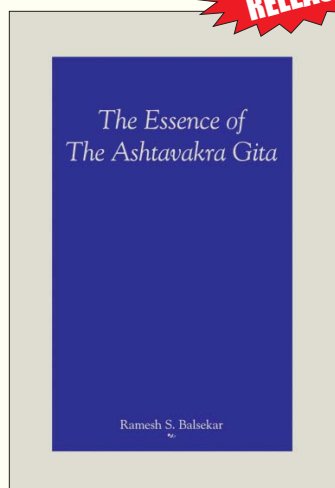
ISBN 81-88071-29-3 ■ Softcover ■ Pages 83 ■ INR 100 ■ USD 2.50

THE ESSENCE OF THE ASHTAVAKRA GITA

By Ramesh S. Balsekar

Ashtavakra says:

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You are not the body which is composed of the five elements. You are that Consciousness which has provided the inert body with the sentience that makes the senses function in regard to their objects. It is sentience which makes the psychosomatic apparatus work as a unit.

You have wrongly identified yourself as the individual, as the doer of all actions that take place through the physical organism, and thereby unnecessarily assume the responsibility for the actions which take place, and thus assume the bondage from which you are seeking liberation.

The words “remain relaxed in Consciousness” form the very basis of the Ashtavakra teaching.

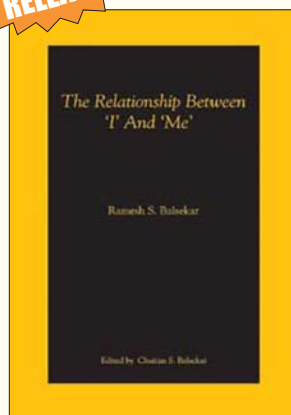
ISBN 81-88071-28-5 ■ Softcover ■ Pages 80 ■ INR 100 ■ USD 2.50

THE RELATIONSHIP BETWEEN “I” AND “ME”

By Ramesh S. Balsekar

NEW
RELEASE

You cannot have an ‘ego’ because you *are* the ego: Consciousness identified with a name and form as a separate entity. The sage responds to his name being called; therefore, the sage has an ego. The ordinary man also responds to his name being called. What is the difference between the ego of the sage and the ego of the ordinary man? That is the core question. The answer is that in the ego of the sage the sense of personal doership has been totally annihilated: he knows that he is only a psychosomatic apparatus through which the Primal Energy functions and brings about whatever is supposed to happen according to the Cosmic Law. The ego of the ordinary man is impregnated with the sense of personal doership. The ego of the sage is totally free from the burden of pride and arrogance for his good actions and guilt and shame for his bad actions, whereas the ego of the ordinary man carries the burden of hatred for the others for their actions which have hurt him.

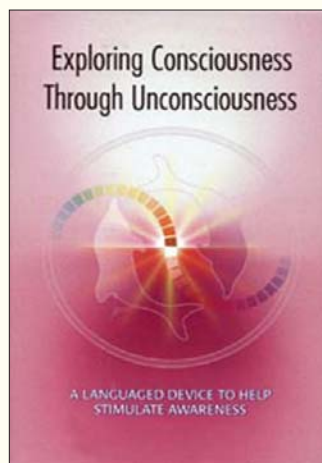


In the words of Ramana Maharshi, the ego of the sage is like “the remnants of a burnt rope.”

ISBN 81-88071-26-9 ■ Softcover ■ Pages 75 ■ INR 130 ■ USD 3.25

EXPLORING CONSCIOUSNESS THROUGH UNCONSCIOUSNESS

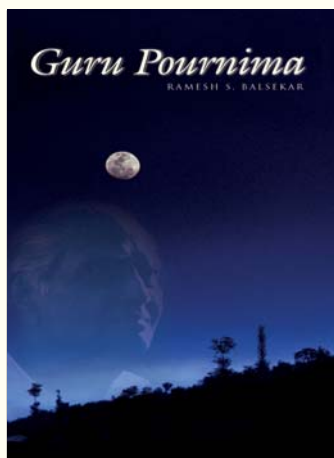
By Pradip Mukherji



It is also not a book of philosophy, religion, spirituality, new-age or old-age, thought the bookseller will put in one of those categories.

This book intends to give no answer to any questions, doesn't intend to solve any problem, or give any information or words of wisdom. It is also not a quick-feel-good book. This book contains nothing that has not been said, heard or written before.

ISBN N.A. ■ Hardcover ■ Pages 342 ■ INR 295 ■ USD 7.38



GURU POURNIMA

By Ramesh S. Balsekar

A heart-warming compilation of features and tributes by Ramesh's disciples on the significance of Guru Pournima.

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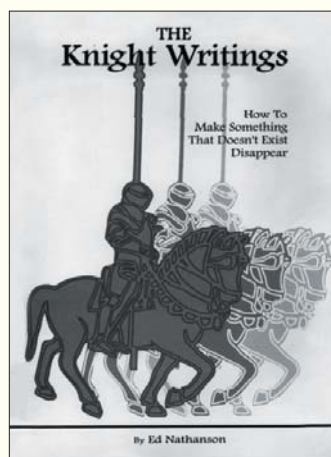
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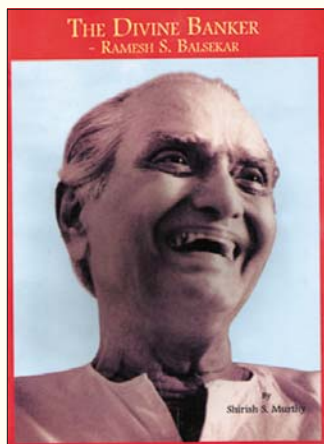


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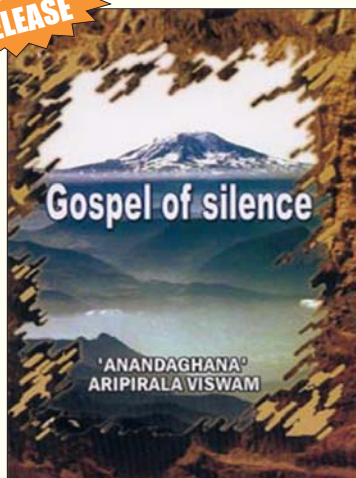
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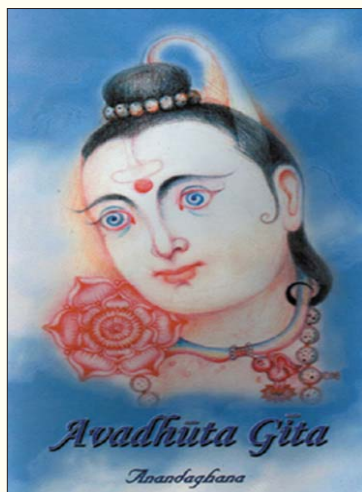
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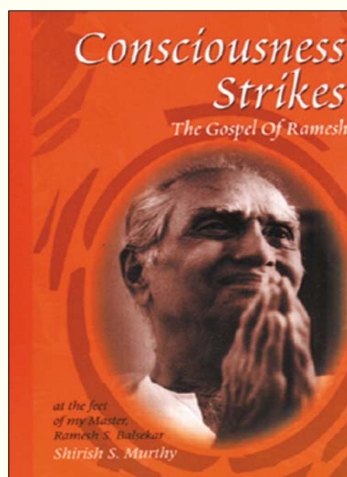
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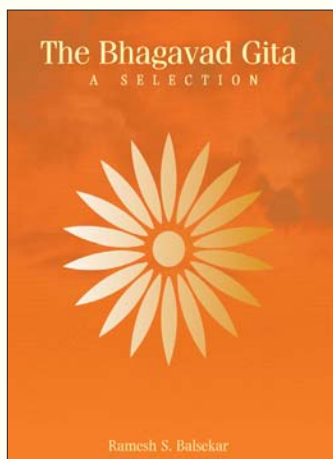


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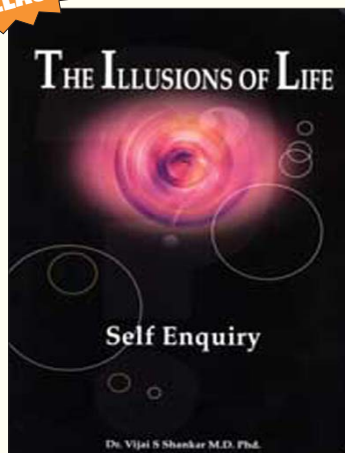
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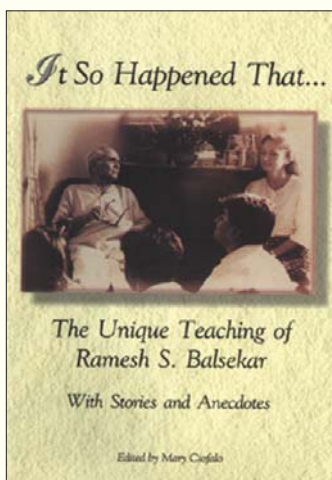
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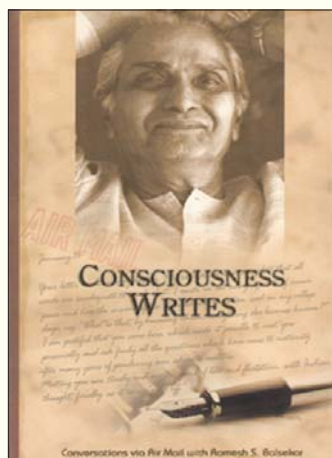
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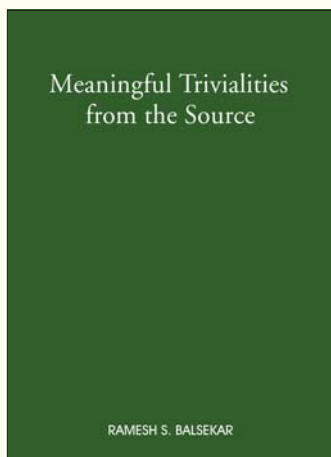
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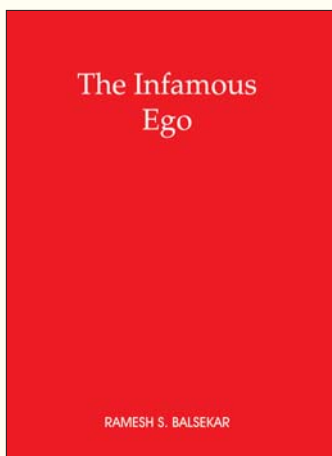
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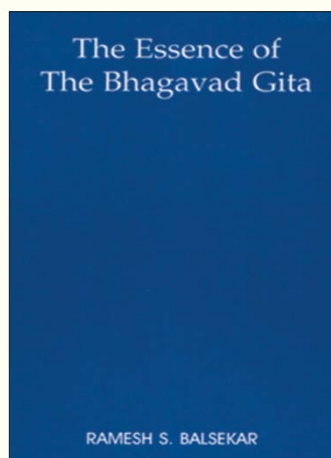
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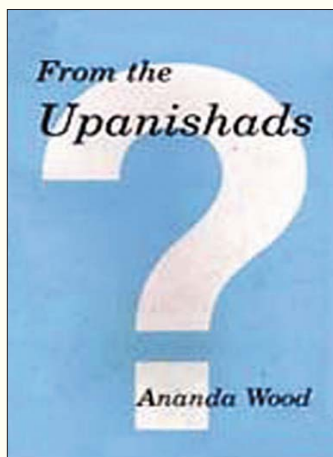


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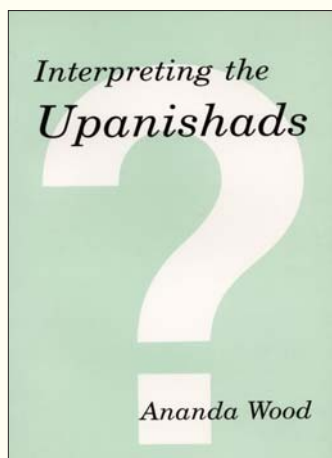
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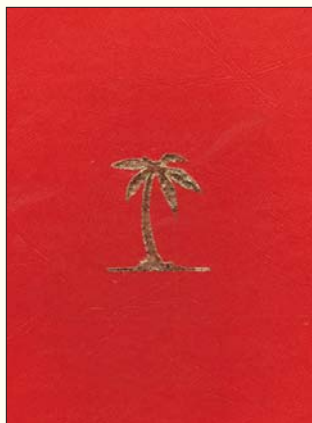
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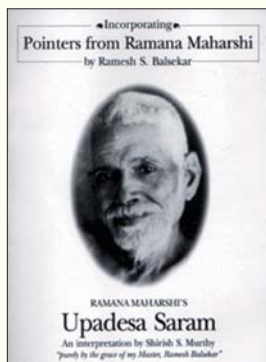
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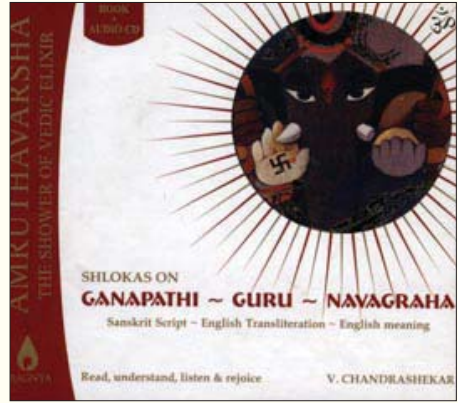
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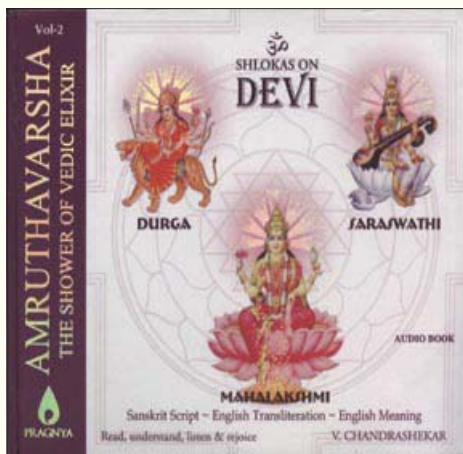
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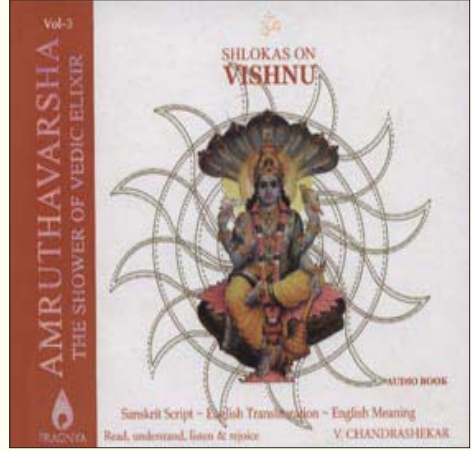
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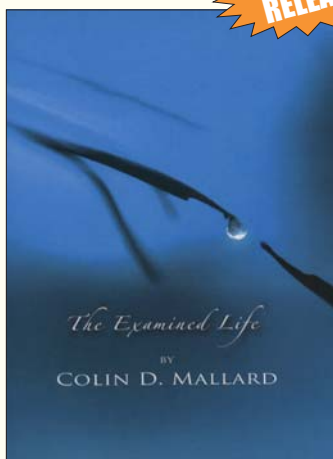
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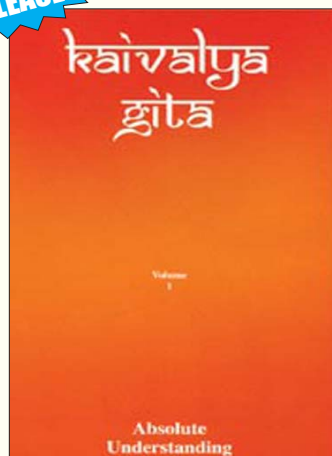
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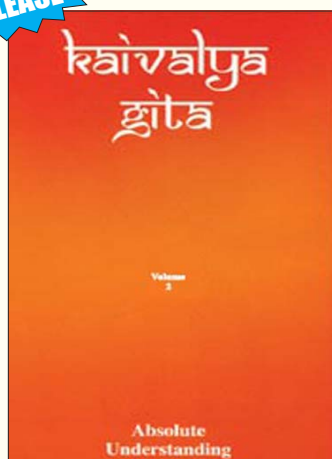
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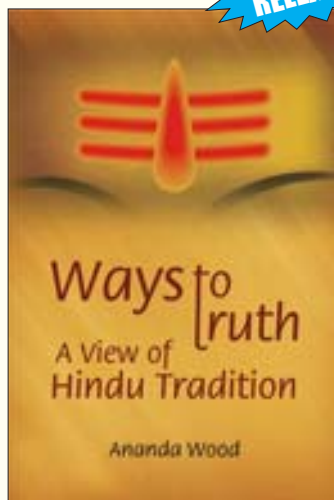


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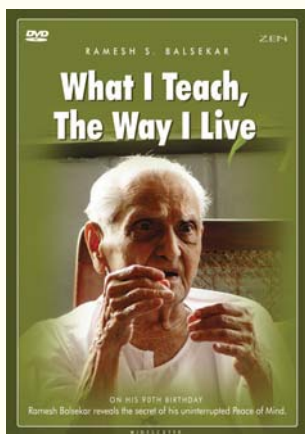
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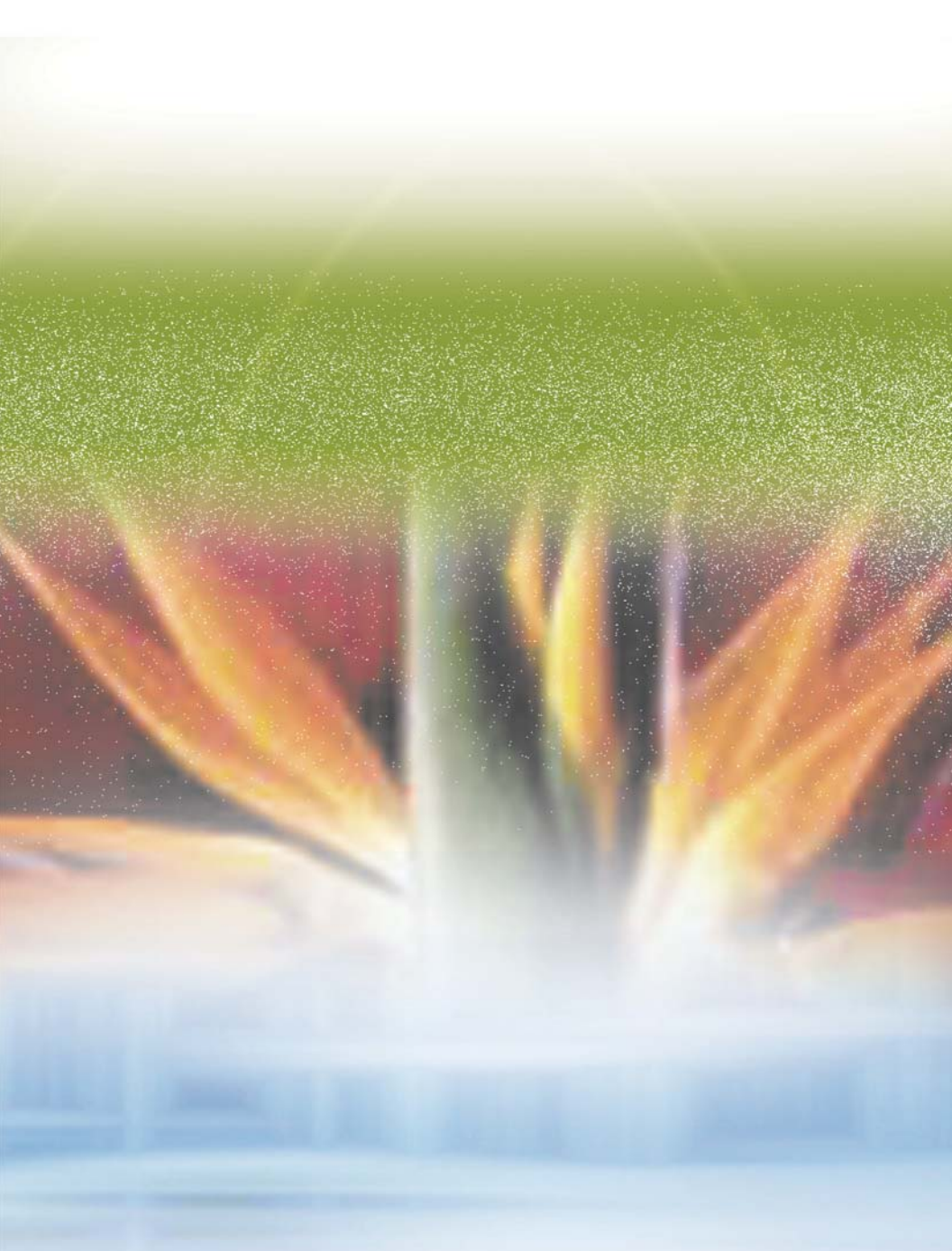
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