

The
Metaphysical Center
of
New Jersey

Recommended Reading List

by the teachers of MCNJ's 13 level course of study
in Metaphysics and Parapsychology
and other courses.

Updating in process

Esoteric Philosophy and Spiritual Development

- ☯ Adler, Vera Stanley *The Fifth Dimension; Finding of the Third Eye; Initiation of the World*
- ☯ Allen, James *As a Man Thinketh*
- ☯ Anderson, M. *Magic in Your Mind*
- ☯ Assagioli, Roberto *Act of Will*
- ☯ Attar, F. Un-din *Conference of the Birds*
- ☯ Bailey, Alice *Light of the Soul (60 other books)*
- ☯ Barborka, Geoffrey *A Glossary of Sanskrit Terms*
- ☯ Bendit, Laurence J. (ed.) *Key Words of the Wisdom Tradition*
- ☯ Besant, Annie *esp. The Ancient Wisdom and Seven Principles of Man*
- ☯ Blavatsky, Helena *esp. The Secret Doctrine*
- ☯ Bolen, Jean *The Goddess in All Women*
- ☯ Boyd, Douglas *Rolling Thunder*
- ☯ Brother Philip *The Secret of the Andes*
- ☯ Brunton, Paul *esp. The Wisdom of the Oversoul*
- ☯ Bucke, Richard Maurice *Cosmic Consciousness*
- ☯ Butler, W.E. *Magic and the Qabalah*
- ☯ Campbell, Joseph *The Masks of God & Hero with a Thousand Faces; The Power of Myth*
- ☯ Cerminara, Gina *esp. Insights for the Age of Aquarius*
- ☯ Chopra, Deepak *How to Find God*
- ☯ Clark, Glenn *The Man Who Tapped the Secrets of the Universe*
- ☯ Cohen, Alan *esp. The Dragon Doesn't Live Here Anymore; Rising in Love*
- ☯ Cole, T. Mawby *Gods in the Making*
- ☯ Cooper, Irving *Theosophy Simplified*
- ☯ Corelli, Marie *Ziska (40 other books)*
- ☯ Crandall, Joanne *Self-Transformation Through Music*
- ☯ Curtiss, Harriette & F. Homer *The Key of Destiny; The Key to the Universe; Age of Aquarius*
- ☯ Dalai Lama *The Art of Happiness; The Path of Tranquility*
- ☯ Dass, Ram *esp. Be Here Now; Grist for the Mill*
- ☯ deChardin, Teilhard *esp. Phenomenon of Man*
- ☯ D'Olivet, Fabre *The Hebraic Tongue Restored*
- ☯ Epstein, Pearl *The Way of the Jewish Mystic*
- ☯ Ferguson, Marilyn *The Aquarian Conspiracy*
- ☯ Fisichella, Anthony *Metaphysics: the Science of Life*
- ☯ Foundation for Inner Peace *A Course in Miracles*
- ☯ Fox, Emmet *Alter Your Life; Power Through Constructive Thinking (44+ books)*
- ☯ Frazer, James *The Golden Bough*
- ☯ Gawain, Shakti *esp. Living in the Light; Return to the Garden*
- ☯ Gonzalez-Wippler, Migene *A Kabbalah for the Modern World*
- ☯ Grant *Jesus--A Historical View of the Gospels*
- ☯ Gurdjieff, G.I. *All and Everything Series (10 books in 3 series)*
- ☯ Hall, Manly P. *The Secret Teachings of All Ages; Man, Grand Symbol of Mysteries*
- ☯ Hand-Clow, Barbara *Liquid Light of Sex*
- ☯ Harman, W. & Rheingold, H. *Higher Creativity*
- ☯ Heline, Theodore *America's Destiny*
- ☯ Hieronimus, Robert *The Two Great Seals of America*
- ☯ Hixon, Lex *Coming Home*
- ☯ Hoffman, Edward *The Way of Splendor (Kabbalah)*
- ☯ Houston, Jean *The Possible Human*
- ☯ Hulst, Dorothy *As a Woman Thinketh*

- ☯ Incognito, Magus *The Secret Doctrine of the Rosicrucians*
- ☯ Jung, Carl *Man and His Symbols; Modern Man in Search of a Soul*
- ☯ James, William *The Varieties of Religious Experience*
- ☯ Kaplan, Aryeh *Books on Kabbalah*
- ☯ Keyes, Ken *Handbook to Higher Consciousness; The Hundredth Monkey*
- ☯ Kornfield, Jack *A Path with Heart*
- ☯ Krishnamurti *At the Feet of the Master*
- ☯ Lakhovsky, Georges *The Secret of Life*
- ☯ Leadbeater, C.W. & Besant, A. *Thought Forms*
- ☯ Leadbeater, C.W. *Man, Visible & Invisible; The Inner Life*
- ☯ Long, Max Freedom *The Secret Science Behind Miracles; The Secret Science at Work*
- ☯ M. *Dayspring of Youth*
- ☯ McLaughlin, C. & Davidson, G. *Builders of the Dawn*
- ☯ Millman, Dan *Way of the Peaceful Warrior*
- ☯ Millman, D. & Childers, D. *Divine Interventions*
- ☯ Ornstein, Robert *Psychology of Consciousness*
- ☯ Ouspensky, P.D. *New Model of the Universe*
- ☯ Panchadasi, Swami *The Astral World*
- ☯ Pauwels, M. L. & Bergier, J. *Morning of the Magicians*
- ☯ Peck, M. Scott *The Road Less Traveled*
- ☯ Percival, Harold *Thinking and Destiny*
- ☯ Powell, Arthur E. *The Solar System*
- ☯ Purce, Jill *The Mystic Spiral, Journey of the Soul*
- ☯ Puryear, Herbert *Sex and the Spiritual Path*
- ☯ Rah, A. Kalid *The High Way (Reflections on the Tao)*
- ☯ Ramacharaka, Yogi *Bhagavad Gita: Message of the Masters*
- ☯ Redfield, James *Celestine Prophecy*
- ☯ Roberts, Jane *Seth books and The Nature of Personal Reality*
- ☯ Rosicrucian Books *published by Amorc, San Jose, CA*
- ☯ Ruiz, Don Miguel *The Four Agreements*
- ☯ Samuels, Mike & Nancy *Seeing With the Mind's Eye*
- ☯ Schacter, Z.M. & Hoffman, E. *Sparks of Light, Counseling in the Hasidic Tradition*
- ☯ Scholem, Gershom *On the Kabbalah and Its Symbolism; Zohar; The Book of Splendor*
- ☯ Sherman, Harold *How to Know What to Believe*
- ☯ Singer, June *Androgyny*
- ☯ Smith, Huston *Song of the Spirit; World Religions*
- ☯ Spiritual Community *Pilgrim's Guide to Planet Earth;*
- ☯ Spalding, Baird T. *Life and Teachings of the Masters of the Far East (5 vols.)*
- ☯ Stace, Walter T. *Teachings of the Mystics*
- ☯ Stearn, Jess *Edgar Cayce, The Sleeping Prophet*
- ☯ Stromberg, Gustav *The Soul of the Universe*
- ☯ Sugrue, Thomas *There is a River: the Story of Edgar Cayce*
- ☯ Summer-Rain, Mary *Phoenix Rising*
- ☯ Thich Nhat Hanh *Living Buddha, Living Christ; Breathe! You Are Alive; and others*
- ☯ Three Initiates *The Kybalion*
- ☯ Thurston, Mark *Finding Your Life Purpose*
- ☯ Trevelyan, George *A Vision of the Aquarian Age*
- ☯ Trungpa, Chogyum *Shambhala: The Sacred Path of the Warrior*
- ☯ Triton (John Hay) *Magic of Space*
- ☯ Twyman, James *Emissary of Light: A Vision of Peace*
- ☯ Walsh, Neale Donald *Conversations with God; Recreating Yourself*
- ☯ Waters, Frank *The Book of the Hopi*

☯ Weed, Joseph	<i>Wisdom of the Mystic Masters</i>
☯ White Eagle	<i>Morning Light</i>
☯ White, John	<i>What is Enlightenment?; Frontiers of Consciousness</i>
☯ Whitmont, Edward	<i>The Return of the Goddess</i>
☯ Williamson, George Hunt	<i>Other Tongues, Other Flesh</i>
☯ Wright, Machaelle & Clarence	<i>Behaving as if the God in All Life Mattered</i>
☯ Yogananda, Paramahansa	<i>Autobiography of a Yogi</i>
☯ Yott, Donald	<i>Metaphysics and Man</i>

Texts of the Great World Religions and Philosophies

Bhagavad Gita: Hinduism

Bible: Christianity

I Ching: Chinese

Koran: Islam

Ramayama: Hinduism

Tao-Te-Ching (by Lao Tzu): Taosim

The Tibetan Book of the Dead: Buddhism

Torah: Judaism

Health and Healing

☯ Bailey, Alice	esp. <i>Esoteric Healing</i>
☯ Beattie, Melody	esp. <i>Co-dependent No More; A Reason to Live</i>
☯ Bibb, Ben & Weed, Joseph	<i>Amazing Secrets of Psychic Healing</i>
☯ Birren, Faber	<i>Color Psychology and Color Therapy</i>
☯ Bradshaw, John	esp. <i>Homecoming</i>
☯ Brennan, Barbara	<i>Hands of Light</i>
☯ Cayce, Edgar	Cayce readings on healing, Atlantis, reincarnation, dreams by others
☯ Chopra, Deepak	<i>Quantum Healing & Perfect Health; Ageless Body, Timeless Mind</i>
☯ Clark, Linda	<i>The Ancient Art of Color Therapy</i>
☯ Cousins, Norman	<i>Anatomy of an Illness</i>
☯ Dossey, Larry	<i>Space, Time, & Medicine; Be Careful What You Pray For You Might...</i>
☯ Dyer, Wayne	<i>Your Erroneous Zones; Everyday Wisdom; Your Sacred Self (50+bks)</i>
☯ Diamond, John	<i>Your Body Doesn't Lie</i>
☯ Hay, Louise	<i>You Can Heal Your Life; Love Your Body</i>
☯ Heline, Corrine	esp. <i>Healing & Regeneration Through Color</i> and <i>...Through Music</i>
☯ Jampolsky, Dr. Gerald	<i>Love is Letting Go of Fear</i>
☯ Jampolsky & Cirincione, Diane	<i>Love is the Answer</i>
☯ Krieger, Dolores	<i>Therapeutic Touch</i>
☯ Moody, Jr. Raymond	<i>Laugh After Laugh, The Healing Power of Humor</i>
☯ Null, Gary	<i>Complete Guide to Health and Nutrition; Reversing the Aging Process</i>
☯ Pelletier, Kenneth	<i>Mind as Healer, Mind as Slayer</i>
☯ Ponder, Catherine	<i>The Dynamics of Healing</i>
☯ Reilly, Harold & Brod, Ruth	<i>Handbook for Health Through Drugless Therapy (Cayce readings)</i>
☯ Siegal, Bernie	<i>Love, Medicine, and Miracles; Peace, Love, and Healing</i>
☯ Simonton, O. Carl	<i>Getting Well Again</i>
☯ Steadman, Alice	<i>Who's the Matter with Me</i>
☯ Thie, John & Marks, Mary	<i>Touch for Health</i>
☯ Weil, Andrew	<i>Eating Well for Optimum Health; 8 Weeks to Optimum Health</i>

Reincarnation, Karma, and Death

- ☯ Atwater, P.M.H. *Coming Back to Life; Future Memory*
- ☯ Besant, Annie *esp. Reincarnation; Death and After; Karma*
- ☯ Brinkley, Danion *Saved by the Light*
- ☯ Cerminara, Gina *esp. Many Mansions*
- ☯ Cranston, Sylvia & Williams, C. *Reincarnation: A New Horizon in Science; Religion & Society*
- ☯ Grosz, Anton *Letters to a Dying Friend*
- ☯ Head, Joseph & Cranston, S. *Reincarnation: The Phoenix Fire Mystery & ...An East-West Anthol.*
- ☯ Kubler-Ross, Elizabeth *esp. On Death and Dying*
- ☯ Montgomery, Ruth *Here and Hereafter*
- ☯ Moody, Jr., Raymond *Life After Life; Reflections on Life After Life*
- ☯ Newton, Michael *Journey of Souls*
- ☯ Oppenheim, Garrett *The Golden Handicap*
- ☯ Ring, Kenneth *Heading Toward Omega*
- ☯ Shelley, Violet *Reincarnation Unnecessary (from the Cayce readings)*
- ☯ Stearn, Jess *The Search for a Soul*
- ☯ Stevenson, Ian *Twenty Cases Suggestive of Reincarnation*
- ☯ Van Praagh, James *Talking to Heaven*
- ☯ Weiss, Brian *Many Lives, Many Masters*
- ☯ White, John *A Practical Guide to Death and Dying*
- ☯ Woolger, Roger *Other Lives, Other Selves*
The Egyptian Book of the Dead
The Tibetan Book of the Dead

Science and Nature

- ☯ Andrews, Ted *Animal Speak*
- ☯ Baer, Randall & Vicky *Windows of Light*
- ☯ Bentov, Itzhak *esp. Stalking the Wild Pendulum; A Cosmic Book*
- ☯ Caddy, Eileen *God Spoke to Me (about Findhorn)*
- ☯ Capra, Fritjof *The Tao of Physics*
- ☯ Gleick, James *Chaos*
- ☯ Hawking, Stephen *A Brief History of Time*
- ☯ Hill, Christopher *(ed) Energy, Matter, and Form (Toward a Science of Consciousness)*
- ☯ Lawlor, Robert *Sacred Geometry--Philosophy and Practice*
- ☯ LeShan, Lawrence *esp. The Medium, the Mystic, and the Physicist*
- ☯ Mitchell, Dr. Edgar *Psychic Exploration: A Challenge for Science*
- ☯ Pennick, Nigel *Sacred Geometry*
- ☯ Russell, Peter *The Awakening Earth*
- ☯ Thommen, George *Is This Your Day (Biorhythms)*
- ☯ Tompkins, P. & Bird, C. *Secret Life of Plants*
- ☯ Watson, Lyall *Super Nature*
- ☯ White, J. & Krippner, S. *Future Science*
- ☯ White, John *The Meeting of Science and Spirit*
- ☯ Zukav, Gary *The Dancing Wu Li Masters*

Psychic Development and Parapsychology

- ☯ Bird, Christopher *The Divining Hand*
- ☯ Ebon, Martin *Psychic Warfare: Threat or Illusion?*
- ☯ Fawcett, L. & Greenwood, B. *Clear Intent (UFOs)*
- ☯ Hammond, David *The Search for Psychic Power*
- ☯ Karagulla, Shafica *Breakthrough to Creativity*

- ☯ Koestler, Arthur *The Roots of Coincidence*
- ☯ Maltz, Maxwell *Psychocybernetics*
- ☯ Puthoff, H. & Targ, R. *Mind Reach*
- ☯ Ostrander, S. & Schroeder, L. *Psychic Discoveries Behind Iron Curtain; Superlearning*
- ☯ Weed, Joseph *Psychic Energy*

Astrology

- ☯ Gauquelin, M. *Scientific Basis of Astrology: Fact or Fiction*
- ☯ George, L. *The A to Z Delineator*
- ☯ Gerwick-Brodeur & Lenard *The Complete Idiot's Guide to Astrology*
- ☯ Goodavage, J.F. *Write Your Own Horoscope; Astrology, the Space Age Science*
- ☯ Goodman, Linda *Sun Signs; Love Signs*
- ☯ Hickey, I. *Astrology, A Cosmic Science*
- ☯ Kilgen, Joan *Karma and Your Sun Sign*
- ☯ Lewellyn *A to Z Horoscope Maker and Delineator*
- ☯ Lewis, Ursula *Chart Your Own Horoscope*
- ☯ Oken, Alan *Complete Astrology; Soul Centered Astrology*
- ☯ Parker *The Complete Astrologer*
- ☯ Spillar, Jan *New Moon Astrology*
- ☯ Sun Bear Series *esp. The Path of Power & the Medicine Wheel: Earth Astrology*
- ☯ Tierney *Twelve Faces of Saturn*
- ☯ Yott, Donald *esp. Triangulation of Saturn, Jupiter, & Mercury; Retrograde Planets & Reincarnation; Intercepted Signs & Reincarnation; Conjunctions, An In-Depth Delineation*

Graphology

- ☯ Bunker, M.N. *Handwriting Analysis*
- ☯ Dinklage, Helen *Therapy Through Handwriting*

Numerology

- ☯ Adrienne, Carol *The Numerology Kit*
- ☯ Bunker, Dusty *Numerology and Your Future Life*
- ☯ Campbell, Florence *Your Days Are Numbered*
- ☯ Cowie, Norma *Tarot for Successful Living*
- ☯ Lenard, L. & Lagerquist, K. *The Complete Idiot's Guide to Numerology*
- ☯ Millman, Dan *The Life You Were Born to Live*

Palmistry

- ☯ Benham, MD, William *The Laws of Scientific Hand Reading*
- ☯ Cheiro *esp. The Language of the Hand*
- ☯ deSaint-Germaine, Comte C. *Practical Palmistry; The Practice of Palmistry*
- ☯ Hipkind, Judith *Palmistry--The Whole View*
- ☯ Jennings, Alice Denton *Your Hand Tells All*
- ☯ Levine, Roz *Palmistry*

Tarot

- ☯ Abadie, M.J. *The Everything Tarot Book*
- ☯ Anderson, Vikki *Totally Tarot: How To Be A Tarot Detective*
- ☯ Case, Paul Foster *esp. The Tarot: Key to Wisdom*
- ☯ Connolly, Eileen *The Tarot Handbook*

- ☯ Gray, Eden *Mastering the Tarot; Complete Guide to the Taro*
- ☯ Greer, Mary *Tarot for Yourself*
- ☯ Haich, Elizabeth *The Wisdom of the Tarot*
- ☯ Junjulas, Craig *The Psychic Tarot*
- ☯ Kaplan, Stuart *The Encyclopedia of Tarot: vol. 1, 2, 3*
- ☯ Lenard, L. & Tognetti, A. *The Complete Idiot's Guide to Tarot and Fortune-Telling*
- ☯ Nordic, Rolla *The Tarot Shows the Path*
- ☯ Waite, A.E. *The Pictorial Key to the Tarot*

Atlantis & Lemuria

- ☯ Andrews, Shirley *Atlantis: Insights from a Lost Civilization*
- ☯ Churchward, James *esp. The Sacred Symbols of Mu; The Children of Mu*
- ☯ Santesson, Hans Stefan *Understanding Mu*

Aura & Chakras

- ☯ Bagnall, Oscar *The Origin and Properties of the Human Aura*
- ☯ Kilner, Walter J. *The Human Aura*
- ☯ Krishna, Gopi *Kundalini, the Evolutionary Energy in Man*
- ☯ Leadbeater, C.W. *The Chakras*
- ☯ Panchadasi, Swami *The Human Aura*
- ☯ MacLaine, Shirley *The Inner Workout*

Dreams

- ☯ Bethards, Betty *The Dream Book*
- ☯ Bunker, Dusty *Dream Cycles*
- ☯ Faraday, Ann *Dream Power; The Dream Game*
- ☯ Jung, Carl *Memories, Dreams, & Reflections*
- ☯ Sechrist, Elsie *Dreams, Your Magic Mirror*
- ☯ Sparrow, G. Scott *Lucid Dreaming*

Meditation

- ☯ Budilovsky & Adamson *The Complete Idiot's Guide to Meditation*
- ☯ Carrington, Patricia *Freedom in Meditation and Releasing*
- ☯ Case, Paul Foster *The Book of Tokens: Tarot Meditations*
- ☯ Gawain, Shakti *Creative Visualization*
- ☯ Goldsmith, Joel *Art of Meditation*
- ☯ LeShan, Lawrence *How to Meditate*
- ☯ MacLaine, Shirley *The Inner Workout*

Pyramids

- ☯ Flanagan, Patrick *Pyramid Power; the Pyramid & Its Relation to Biocosmic Energy*
- ☯ Jochmans, Joseph (Jalandris) *The Hall of Records: Hidden Secrets of the Pyramid; and others*
- ☯ Lewis, H. Spencer *The Symbolic Prophecy of the Great Pyramid*
- ☯ Tompkins, Peter *The Mysteries of the Great Pyramid*
- ☯ Toth, M. & Nielsen, G. *Pyramid Power*

Yoga

☪ Aurobindo

☪ Patanjali

Synthesis of Yoga

The Yoga Sutras

Fiction & Other Literature

☪ Bach, Richard

☪ Caldwell, Taylor

☪ Emerson, Ralph Waldo

☪ Garver, Will

☪ Haich, Elizabeth

☪ Hesse, Hermann

☪ Phyllos, the Tibetan

☪ Whitman, Walt

esp. *Jonathan Livingston Seagull; Illusions; One*

The Romance of Atlantis; The Listener

Essays

Brother of the Third Degree

Initiation

Siddhartha & Magister Ludi (The Glass Bead Game)

A Dweller on Two Planets

Leaves of Grass (poetry)

Lending Libraries

A.R.E. Lending Library

76th & Atlantic Ave., Virginia Beach, VA 23451

757.428.3588

Lucis Trust Library

113 University Place, 11th Floor, New York, NJ

212.982.8770

Henry S. Olcott Memorial Library

Theosophical Society in America Lending Library

630.668.1571

1927 N. Main St., Box 270, Wheaton, IL 60189