

The concept of ley lines upon the Earth's body can be compared to the concept of meridians in acupuncture. The Earth has a body, as does Man, and upon this body are marked certain communication lines along which spiritual or higher level energies can flow. It is the fact that there are many more acupuncture meridians in the physical body or more accurately in the astral counterpart than are presently recognized. The major lines are understood, just as in the etheric body the major chakras are recognized, but in the astral there are an almost endless number of minor or smaller channels of energy transfer which pass between various subsidiary focuses of this energy, and likewise, at the higher or etheric level, there are almost numberless minor focuses of etheric energy throughout the body. Similarly, with the Earth, there are major ley lines and there are minor ley lines; there are also numerous points where these cross at what may be termed nodes, and at these nodes the amount of energy available from the Earth itself is increased. In many of the large cities of the Earth you have at least two, and sometimes three, crossing energy paths with important nodes being situated in the cities. In a sense, it is this energy which has drawn the Family of Man to these locations in order to set up the civilized centres where he can live.

What is the Anti-Christ? Can we expect a person to embody the anti-christ?

The earth plane is the plane where all things must manifest as opposites, as two sides or poles. There cannot be light without dark. There cannot be the positive without the negative. Man must be balanced by woman; and so on. The great teacher and the saving force for mankind on this planet is the Christ. We refer not just to the manifestation of the Christ when it lived with the man Jesus in Galilee, but to the eternal principle of Christ Love which permeates and enlivens all of manifestation — indeed

HILARION: "MORE ANSWERS" MARCUS BOOKS, TORONTO, 1985

which literally lives at the heart of all that is made. But, in order to allow this Christ force access to the plane of matter, there had to be a simultaneous manifestation of its opposite, which has been called the Anti-Christ. ✕

The Anti-Christ is not a person. It is a principle. It has been allowed to influence many individuals who have lived on the earth plane, and so in a sense such persons can be looked on as overshadowed by the Anti-Christ force. Such figures as Attila and Hitler are obvious, but in more recent times there have been those who have manifested certain facets of the Anti-Christ — in politics, in business, and in the military. One has only to think of the history of the past few decades in order to hit upon a dozen or more such "anti-christs".

The question is whether one can expect that a specific person will manifest as the Anti-Christ. Our reply is that many represent that principle — it is up to the discernment of each individual as to whether he will be able to detect those who are overshadowed in this way.

Message: First published in the Atlantean Era.

This is a time for all of those who have remained aware that there is more to life than is apparent at first glance to unite in thought and in heart for the salvation of the human race and the experiment which it represents. This is a call not only to those in incarnation upon the earth plane, but also to those working from other planes and levels and who wish to see the Plan for humanity unfold as it was intended to.

In the next few years, a great change will be imposed upon this planet. It will be a stepping up of all vibrancy levels affecting the various life-forms on earth, including man. Those who have remained aware of the higher truths and the meaning and purpose behind existence will be able to absorb the new energies flooding into the earth much more easily than those whose focus has been turned to lower and less worthy concerns. All who have given

then somewhat later in the same life pattern.

Finally, there is the matter of surgically cutting either the fallopian tubes or the equivalent passages in the male. As we have pointed out in a previous answer, the severing of these important passageways disrupts the flow of root chakra energy to the lower abdomen, and near-term or long-term physical deterioration is almost always the ultimate result.

Again, the karma is simply the very results we have described at the physical level.

It is said that there is someone for everyone. Is this true? If so, how might I contact him/her?

There is indeed a mated soul for each person in incarnation. However, it is rare that the soul-mates are allowed to be on the earth plane together. The reason for this general prohibition is that, if such were to happen, and if the mates located each other, then they would become so focused on each other and the near perfection of their relationship, that they would cease to strive to overcome their flaws and shortcomings.

Since the earth plane is the place where the most can be done the quickest in terms of improvement, it would not do to waste the experience of a life just drifting in a blissful relationship with the soul-mate.

In addition to the specific mated soul, of course, there are many other souls with whom a great bond exists. These make up the so-called "soul family". For most of the souls in one's own family, one will feel a deep bond of affection, certain filters (astrological, etc.) stand in the way. When that happens, it is hoped that the souls will strive to overcome the contrary filters, and will learn to allow the true affection to flower.

Many laboratories use test kits containing radioactive

material. Are these low-level exposures (about one milli-curie) harmful or dangerous to the body? 2

This is a complex question. The complexity arises because the levels of radioactivity that are damaging to one body may be quite harmless, or even beneficial, to another. Essentially it is a matter of purity of the body itself. Those physical vehicles which have been abused through many years of improper diet and negative thought are more likely to be harmed by radioactivity. Conversely, those whose vehicles have been purified are able to utilize the energies of the radioactivity in a positive way.

We should remind all that the sort of change which comes about in cell nuclei as a result of radioactivity is responsible for mutation, and that without mutation, no spontaneous advance in the genetic sense is possible. Indeed, it is expected that the relatively high levels of radiation on the earth which result from the forthcoming nuclear war will have opposite effects depending upon the vibration of the persons subjected to them. If the victim of radiation exposure is of low vibration and has a body incapable of transforming these energies into positive factors, then the radiation may initiate the disintegration of key tissues and ultimately lead to death. On the other hand, a person who has purified his physical vehicle and has attuned himself with the positive energies of the New Age will find that exposure to the same level of radiation will bring about positive transmutations within himself, for example the opening up of higher gifts such as that of aetheric sight. We are not saying that a person on the Path should go out and expose himself to radiation in an attempt to force occult gifts into the open. He would run a great risk that the level would be too high. It is best simply to await events, knowing that those entities who have humanity in their care have planned the coming phase in great detail, and that all who are intended to be transmuted through radiation will be exposed to just the right dose, without having to be concerned with what that dose is.

contributing Dark Brothers permanently lose the respective parts that sustained the destroyed aetheric robots.

The technique for destroying such aetheric entities is to command them, in the name of Jesus Christ, to disappear and to cease to exist. Being far lower on the scale than a man, such entities must obey the command. It is important not to direct them merely to depart, since that does not entail disintegration.

These robot-like aetheric beings are the source for the old tales regarding gremlins. Even today, there remains the notion that if some machine is constantly breaking down or malfunctioning, it must be full of such "gremlins". It will now be understood that these entities are quite real and serve a very definite purpose — even though it is one which falls on the dark side.

b) The Dark Brothers can also manipulate many of the currents and elementary forces which are most attuned to them in vibration. For example, although the element fire is a great purifying power on the earth plane, it is also attuned to the notion of karma, the trial by fire, and the destruction of that which is consumed. Especially when the fire is burning coal (coming from the darkness beneath the surface of the earth) the Dark Brothers are enabled to manipulate it to their own ends. We should emphasize that such use of fire cannot be allowed to step outside of that called for karmically, but the karmic burden of the race as a whole is still so great that the Dark Brotherhood has great latitude in terms of how they may wish to use this elemental force.

Here is an opportunity to mention another process at work in relation to fire: the manner in which human beings provide the energies which manifest in many of the fires which destroy property. Fire is the phenomenon which most closely corresponds to rage and anger. "Fire in the blood", is one expression. "He was all fired up over that", is another. These connections of fire with anger come not by accident. When any two persons indulge in a fierce argument, with much shouting and anger — but

without giving full vent to the anger in a physical way, there is created at the aetheric level a seething cloud of fire-like energy which seeks expression on the earth plane. If it cannot find expression in violence between the two persons who created it, then it will, given the right circumstances, release itself in a destructive fire. Naturally some spark must be present to allow the fire to start, but once it is initiated, its full fury will manifest. Many readers will be familiar with stories about house fires which burn ferociously and spread great damage in only minutes — burning much more intensely than would normally be expected. It is likely that such a fire would be the mechanism for release of an aetheric cloud of pent-up anger like that we have described.

c) Finally, the Dark Brothers are able to literally take over certain persons for brief periods of time, and through them carry out specific actions. This can even happen to those who are normally of a spiritual nature, if such persons open themselves up to the dark forces. Such opening up comes most typically through the over-indulgence in alcohol. When one takes alcohol into the system, in any form, an access opens up at the back of the head, through which the darker forces, if they put enough effort into it, can gain access. Because this process requires great energy on their part, it happens only rarely. Moreover, the time of the actual control of the body is usually short. However, much can be accomplished in a short time by one properly placed, and the Dark Brothers will normally only undertake this procedure if it promises to yield rich dividends for them.

Whenever a seeker is confronted with another human whom he suspects has been taken over, however briefly, by a darker entity, there is only one proper way to deal with the situation. Address the entity that is in the body, say to it that it does not belong there, and then, in the name of Jesus Christ, command it to depart the body. It will in every case do so almost immediately.

Although we have set forth the main techniques by which

dreadful predicament, and that the years to come will shortly be filled with dread and catastrophe for the race. They are prepared to do so by their instruments of healing and rescue for the time when the most serious need arises.

Please elaborate more on the inhabitants of the Center Core of the Earth.

We would rather say only a little about the core and the experience for humanity, for reasons which we are not allowed at this time to give.

There is indeed a hollow core in the centre of the earth. It is inhabited by many thousands of people. It does contain animals, many of which are in species that are extinct on the earth. It does contain species that never were on the surface of the earth. It is true that many human beings will be taken to the core of the earth during the time of rescue from the chaos that is descending on the earth. However, what we have written in *The Nature of Reality* on this subject is necessarily simplified and condensed and we were not able at that time to sketch the full dimensions of the rescue operation which is to be launched by those who have come from other parts of this galaxy to observe the death throes of human civilization as it now exists on the earth. As to the specific nature of the natural inhabitants of the centre core of the earth, this may be thought of as follows: these souls are human souls but the physical bodies which they inhabit are somewhat different genetically from those of man on the surface. They are taller because of a constitutional difference. The configurations of certain parts of the body will be found to be different by those who spend an appreciable time in the centre core. However, in terms of their civilization, they are at approximately the same level of technical development. They have evolved superior social forms not having anything to do

with the forces of the universe. Patience and a readiness to accept strangeness in those who are to be taken to the centre core. It will be an experience which is appropriate primarily for those whose minds have been stretched and broadened by the nature of their interests on the surface. You will understand that there are many souls on the surface of the earth who are very good souls in terms of their basic moral outlook on life and their desire to help others, but who are also in many cases very narrow and restricted as to the horizon of possibilities which they can contemplate. We are thinking of the small towns of the United States and Canada; for example, the good farmer who is kind to all but has not really thought much about the magnificent possibilities which could open before the race. Such individuals would find a terrific shock if they were to be presented with the strangeness of life in the core, or of life on the huge mother ships which circle the earth at the present time. And therefore another arrangement has been made. However, this is not an appropriate subject to be discussed through this channel at the present time.

Could you comment on the recent escape of American diplomats from Iran, through the help of the Canadian embassy there?

Yes, the operation of rescue was deliberately encouraged by those on this side who are directly involved in the course of events on the earth. The purpose of this demonstration of practical help by Canadians for Americans was two-fold. The first purpose was to show the world that bravery and courage are not dead; that even in these times of mass fear and the feeling that one can do little to stand in the way of the giant forces which are holding sway in the earth, there is yet opportunity for individuals to stand up and say "enough". This quality will be sorely needed in the trials that lie just ahead. The second purpose for this

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TWIN SOULS

own mates, but with all of the other realms of nature and the higher kingdoms as well.

The rule under which the twin soul manifests on the earth now is the following: It is normally not permitted for both twin souls to be in incarnation at the same time. The reason for this prohibition is simply that, should they meet each other while in incarnation, and become mated in the flesh, the complete harmony which they would be able to develop within a very short time would short-circuit the learning process for which they came to the earth. In other words, the purpose of physical existence is to go through difficulties and difficult relationships, in order to be prompted to soften the characteristics that clash with those of the other person. But if the blend between two people is almost complete, no such impetus for improvement is present.

In regard to the question of how to recognize the twin soul, we are permitted to say only that these are usually born with sun signs that are square to each other. For example Cancer and Libra. Very often, there is a considerable age difference, such that there is less temptation to come together than if the ages were close. Also, it sometimes happens that the twin souls are born as parent and child, in order to place another obstacle to their coming together in the sense of lovers. In the latter case, it is intended that such a union not take place, and the placing of the two together in such an arrangement is for the purpose of allowing them to manifest other sides to their relationship, and sometimes for help from one to the other.

Can you discuss the Olympic Games — then and now?
Please refer to the current problems.

"The Olympic Games were intended to allow man to give expression to the rivalrous and aggressive instincts which he shares to some extent with the animals, and this purpose was largely served in the earlier years of the Olympic

movement. It was thought, by those who guide these matters from a higher plane, that by allowing an expression such as this, the various nations of the world would not have to resort to warfare in order to allow the aggressive instincts out into the open. However, man's capacity for hatred and contempt for his brothers has far surpassed what was expected in the early years, and the games have become a mere pawn in the struggle for dominance among nations. For this reason, it has been decided that the Olympic movement must be halted for the current phase of chaos and warfare in the earth, so that the pure light of the Olympic ideal will not be tainted and dragged through the mire of bitterness and hatred which will characterize man's dealings with his brothers for the next few years.

Please comment on the current Afghanistan situation.

The situation in that unfortunate country is no more and no less than is appropriate under the great Law of Karma as it applies to the souls who have incarnated there. These souls are, without exception, those who have never learned to give up warring ways, never learned that there is only one way for man to live in peace — in a spirit of love and brotherhood among all of the human family. In life after life, they have resorted to war, conquest and pillage — never thinking of the desperation and tragedy that have followed their wars in the lands that were conquered. But the wheel turns full circle always. Now it is their turn to taste the bitter defeat, so that they will perhaps see at last the fruits that war always brings. Their land will be virtually absorbed by the Russian Bear in the months ahead, and all Afghanistan people who continue to resist and defy the Russian conquerors will be crushed beneath the might of the Russian war machine.

But for her part in this annihilation of an entire people, Russia too will suffer greatly. No act of war or conquest,

MARCUS BOOKS,
TORONTO, CANADA, 1985

THE PARENTS

become snared by the temptation to react on the same level that the child is experiencing. When the toddler yells, they yell back. When he is violent toward a sibling, they strike him in anger. The list of errors is endless.

The child really needs only two things: a parental model of steady control in the emotional area, and a program of consequences for unacceptable behavior patterns, which will prompt it to choose to control its roiled feelings.

These two requirements are of such paramount importance to the normal healthy development of the child that we wish to take a short space to discuss the matter further.

Firstly we remind the reader that we are speaking here only of the requirements for inculcating emotional control. The child needs much more, of course, to enable it to develop other facets: love builds a positive self-image; laughter is essential to robust good health; physical contact with the parents helps to balance the physical, astral and aetheric bodies; verbal stimulation awakens the mental faculties.

But here we wish to concentrate on the two requirements listed a moment ago for prompting emotional control. If the child sees the parent figures out of control, having fights, yelling at each other or the child, then he is led to conclude that such behaviour is normal. By contrast, exposure to at least one calm adult who is rarely riled or angry gives the child a realization that a better emotional mode can be achieved. He has something to strive for. Naturally it will take years for most children to achieve any significant degree of control, but the struggle is made easier if there is a model in the memory to emulate.

The second factor is a series of consistent consequences for unacceptable behavior. This scheme is not to be thought of as punishment, for it operates by a different mechanism.

The old 'punishment' system seeks to enforce good behavior through fear of the parents' anger, and to a lesser degree through fear of the punishment itself. Whenever the child is dealt with out of anger or with a strong

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emotional show of disapproval, then the parent is using fear to enforce good behavior. The worst aspect of that old system is that when the child finally gives up the unacceptable trait, he feels coerced into it through fear, and has no sense that he has freely chosen to improve.

Far better is to institute a system by which the child's right to choose his own behavior is not violated, and in which no negative coercion (threats, fear) is exerted. This is the system of consequences. The child is first told what behavior is acceptable, and what is not. He is told that he can choose how to act, and that the parents will not be angry at him for choosing to misbehave. As a general rule, physical punishment (spanking) is not needed in this scheme. For the majority of children, a period of isolation in their rooms will suffice as the consequence of misbehavior. The system must be absolutely inflexible, so that the child sees that if he chooses to continue the misbehavior, he must pay the price every time.

One final point is of utmost importance: the consequence must be carried out gently, kindly and lovingly — even with laughter and good humor where possible. This ensures that the child will not be under the pressure of fear. As the toddler is carried to his room, the parent talks to him reassuringly. "Well, you chose to do such-and-such, so now we have to have the consequence. So, I'll carry you gently to your room. After a little while you can come out, get a big hug from mummy and daddy, and try again." The child may rant and rave while the parent is speaking in this manner, but the message is being conveyed.

While some authorities frown on the idea of locking a child in his room, this will in most cases be necessary in the system we are describing. However we emphasize that the duration of this isolation should be relatively short. The purpose is not to punish the child, but to subject him to an undesirable consequence following misbehavior. In light of this, five minutes in the room should be sufficient for most pre-schoolers. If the isolation lasts too long, the

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child will begin to fear that his parents dislike him, and that is why he has been abandoned in his room. This turns the consequence into a punishment, and is to be avoided.

When the child is allowed out of his room, it should be done on a fully positive note. Do not remind him that he had misbehaved; simply greet him with a smile and a hug, saying something like, "well, now we can try again, eh?"

For older children approaching the teen years, isolation in one's room will not be appropriate in most cases. However a consequence which causes *embarrassment* is often quite effective. It is also advisable, when possible, to choose a consequence which is connected in some way with the misdemeanor. For example a child who always leaves the lamp on in his room, even when he is not there, loses the bulb for one day.

We have digressed from the main theme of this chapter, but we did not want to lose the opportunity to explain this approach to raising children for it will be immensely helpful in the New Age which is about to dawn. We should emphasize that children will still need to learn the same lessons, the same self-control in many areas, even though a time of much greater love and spirituality will be upon the earth. The reason is simply the point we have been making in this chapter, namely that each new consciousness born into the earth plane is exactly like the Great Being of the human life-stream before it descended into the cycles of material learning. As such, that new-born consciousness needs the loving guidance and discipline of the parental figures, just as the Great Being has needed the help and direction of its own creator-guides, whom we have called the 'Elohim' in our book, *Other Kingdoms*.

Indeed, even the system of 'consequences' can be discovered at work in the gentle guidance of the Great Being that is humanity. This comes through the Law of Karma, with which we have dealt fully in earlier books. In effect, the guides of the human life-stream allow it to taste virtually any mode of behavior which it chooses, knowing that the Law of Karma (or Law of Consequences,

as it is sometimes called) will exert its steady pressure in the direction of improvement. Each time an individual (a fragment of the life-stream) "misbehaves", the karmic consequence of his action becomes attached to him, and the meeting of that karma (by undergoing the same pain or restriction caused to another) usually prompts an improvement in conduct.

But the law acts impersonally. Neither God nor humanity's guides become 'angry' at misbehavior. The Creator does not condemn His creations; He merely places them in a learning environment, and allows them to choose freely how they will conduct themselves. → Karma Law.

In fact, it is all done in an aura of the greatest love possible. What better evidence of God's love than to regard the face of the sun itself — the sun that provides virtually all warmth and light to the creatures of the earth. That warmth and that light are literally the love of God being flooded down upon this little planet. In no lesser fashion should the parents of a little child, of the tender gift which God has given them, guide and discipline that child in a gentle aura of love and support.

We have seen how the three lesser kingdoms of the earth (mineral, vegetable, animal) are used primarily to teach certain broad lessons which are particularly suited to those forms.

However there remains, after the animal manifestations, one great realm of experience that is yet to open, yet to blossom forth its magnificent fruits. That is the mental sphere, where the power of thought and imagination are to be tasted, where the sublime heights of fantasy and the wondrous creative force of the intellect can be experienced.

The flower of the mind is the great gift of the human life-form. In the next chapter we shall discuss the mind, its proper utilization, and the best means to control it.



nothing to do with respect, honesty or equality.

In giving birth to an infant, the female puts herself through a hormonal adventure in which released chemicals prompt her to love without question the new stranger that has entered through her body. This is the first step in the journey from 'physical' to 'emotional'. Even a soul with a very rudimentary capacity to love another human being, if it incarnates as a female and then gives birth, will certainly experience this unquestioning devotion to the newborn that is hers. In this manner, it is hoped that the chemical prompting of love will give the soul a taste of that divine emotion, and that this sublime experience will lead the soul to wish to develop the capacity to love as an inherent facet of its own nature.

Of course, the fact that the mother-to-be carries the foetus for nine months prior to birth is another inducement to develop love for the baby.

The next stage in learning to broaden the love nature is encountered in the bond of marriage. (We are not saying that birthing should happen before the marriage experience — merely that in a series of incarnations, a soul's main attention will typically be drawn first to the love of the newborn, and later to the love of the partner.) In marriage, one must learn to love someone who has his or her own individuality, and is far from being a helpless, dependent infant. Thus there are many potential conflicts, which the developing love must be able to resolve. This requires a greater capacity to love, and a determination to keep the love intact through conflict and adversity. It needs nothing less than the will to love. Here again, the 'physical' side comes to the aid of the process, because the sexual attraction between the partners is intended to provide the incentive to work at the relationship, i.e., to work at loving.

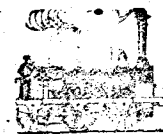
The next stage is that of nurturing children through the teenage "break-away" phase of their lives. The parent needs to be able to love those who give back resentment, criticism in return for food, lodging, encouragement and

affection. This requires immense determination and self-control. The teen-age rebellion often coincides with a mother's menopause, hence the physical or hormonal activity in both child and parent is making it harder to love. However, seen from our point of view, the hormonal complications are actually a positive thing, because by waging the struggle to keep on loving in the midst of these chemical obstacles, the parent learns far better than otherwise how to will love into being. That is, those who do not give up on their children learn this. Unfortunately many parents (especially mothers of teen-age girls) turn their backs on the relentless conflict, signalling to the child that it is as unloved as it's adolescent hormones make it feel.

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The last stage we shall discuss here (please realize that we are somewhat artificially superimposing levels on a process that is really one continuous spectrum of progress) is what we shall term the 'convent'.

When a woman 'marries the church', takes religious vows and becomes a nun, she is asked to dedicate her life to a much broader segment of humanity. Unfortunately, many nuns become embroiled in the petty politics of the convent or the church itself, and lose this opportunity to expand the boundaries of their capacity to love. But a few have truly wished to spread the Love that Christ knew among all mankind, and these have become the Mother Teresas of the earth realm, shining the glorious radiance of their souls out upon the whole waiting world.



HILARION: "TAPESTRY" (1.985)

allowing the number seven (7) to move across your screen. It enters at the right side and passes over to disappear at the left. As it disappears, the number six (6) comes onto the right side and moves across. This is followed by 5, 4, 3, 2 and 1 in sequence, each one appearing as the previous one disappears. Finally, as the 1 moves off the left side, allow zero (0) to enter at the right and to move slowly toward the other side. Slow it down further, and as it reaches the middle of your screen, halt its motion and keep it on the screen. Remember that you have been concentrating all of your attention on these numerals and have not allowed any other thoughts to enter your mind. And now the zero — an oval circle — is standing still in the middle of your screen. Keep looking at it; do not judge or compare it. Do not allow other thoughts to come onto the screen. If something tries to creep in from the edge, push it back and out of sight, then return your full observing attention to the circle of the zero.

The zero represents the *absence of thought*. Hold your gaze on this figure as long as you can, preferably timing it. With practice you will be able to lengthen your concentration to five minutes. And you will notice something important: your ego or being is not diminished in any way by the fact that thought has ceased. *You are not your thoughts*. Your mental abilities are merely tools for you to use — no different than your hands, for example.

Now, having achieved this state of pure observation, you are learning what the control of thought is like; you are learning to submit the thinking process to your will. You can start and stop it merely by willing it to be so.

Furthermore, you have achieved a mental state in which you can open yourself to information from other sources — your guides and teachers for example. Indeed, this book is being written now by that very process. This channel no longer needs to go through an elaborate exercise like the screen visualization in order to stop his own thoughts; he merely 'clears' the mind and we can begin to talk to or through him.

For those who are beginning the study of this technique, it can be useful to imagine that the zero on your screen is like a portal to another dimension, an opening through which your teachers can allow you to see pictures in answer to your questions. While looking at the zero, allow your mind to frame a simple, clear, direct question, then return to the state of pure observation, simply waiting to see what will show up in the circle.

The first thing that comes is the answer.

The first thing is *always* the answer!

Far too many people will immediately allow the rational mind to jump in, judging, comparing, rejecting. They will think that their own consciousness has projected the picture and they will assume that the process is not working. But in almost every case, the *first* picture or impression was influenced by their guides or teachers, and should be carefully assessed for what meaning those entities may have intended. A word of advice, however: avoid questions about your personal future. Your teachers are under some limitations regarding what they can tell you about what is to come. Often they will step back and allow your own *desires* to influence the picture that is created.

We had not intended to offer a course in channeling, *per se*, and therefore this sketch of a useful technique is as much as we will give here. The most important factor is that which we discussed first, namely the possibility of learning to cease all self-generated thought, by simply clearing the mind and becoming a pure observer. After a little practice, the student will find that he is able to enter that mental state at will, and very quickly.

We began this discussion by saying there were two techniques that could be used to overcome negative thoughts, especially the kind of negativity that is directed toward others. The first we have now given is the ability to cease thinking altogether.

The second is the ability to direct love toward any being, at will. Here again we find a kind of block which prevents most people from imagining that such a thing is even

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Here is an opportunity to mention another process at work in relation to fire: the manner in which human beings provide the energies which manifest in many of the fires which destroy property. Fire is the phenomenon which most closely corresponds to rage and anger. "Fire in the blood", is one expression. "He was all fired up over that", is another. These connections of fire with anger come not by accident. When any two persons indulge in a fierce argument, with much shouting and anger — but

without giving full vent to the anger in a physical way, there is created at the aetheric level a seething cloud of fire-like energy which seeks expression on the earth plane. If it cannot find expression in violence between the two persons who created it, then it will, given the right circumstances, release itself in a destructive fire. Naturally some spark must be present to allow the fire to start, but once it is initiated, its full fury will manifest. Many readers will be familiar with stories about house fires which burn ferociously and spread great damage in only minutes — burning much more intensely than would normally be expected. It is likely that such a fire would be the mechanism for release of an aetheric cloud of pent-up anger like that we have described.

c) Finally, the Dark Brothers are able to literally take over certain persons for brief periods of time, and through them carry out specific actions. This can even happen to those who are normally of a spiritual nature, if such persons open themselves up to the dark forces. Such opening up comes most typically through the over-indulgence in alcohol. When one takes alcohol into the system, in any form, an access opens up at the back of the head, through which the darker forces, if they put enough effort into it, can gain access. Because this process requires great energy on their part, it happens only rarely. Moreover, the time of the actual control of the body is usually short. However, much can be accomplished in a short time by one properly placed, and the Dark Brothers will normally only undertake this procedure if it promises to yield rich dividends for them.

Whenever a seeker is confronted with another human whom he suspects has been taken over, however briefly, by a darker entity, there is only one proper way to deal with the situation. Address the entity that is in the body, say to it that it does not belong there, and then, in the name of Jesus Christ, command it to depart the body. It will in every case do so almost immediately.

Although we have set forth the main techniques by which

hopes that the spiritual message will penetrate through the hypnotic blare of sound. Other composers have called upon more imaginative melodies and harmonies to uplift the general tone of the numbers they write.

We have said enough to alert the reader to the true nature of the rock phenomenon, and we leave to him the responsibility of discerning the vibrational level of any music he hears.

Another gift to mankind was that of the written word. We do not need to chronicle in any great detail the way in which this gift has been perverted by the Dark Forces working through humans who are attuned to them. In our view, one of the most deplorable genres of present-day popular fiction is the 'romantic novel' of the kind which is read so avidly by women in search of the excitement of a love-affair. In every such book, the appeal is to the selfish desire to be stimulated by love, and those who read these tomes are encouraged to think that if only the 'right person' comes along, all would end happily. Alas, love does not depend upon finding the right person, but upon being the right person. If you realize that you can love anyone whom you decide you are going to love, then the happy ending can be now. We have discussed earlier in this book the technique for developing this ability to focus love on any person.

There are many other forms of degenerate writing now available on the shelves, and very few books of an uplifting or even informative nature. The novels which sell best seem to be those that pander to the public's desire for stimulation. They deal with violence, sex, intrigue, danger, power, money and fame, and tend to appeal to the reader's half-hidden hankering to live the experiences of the main characters. The unfortunate thing is that people who find no other choice of book on the shelves eventually conclude that such experiences are normal and natural, even positive in nature, and they are tempted to allow their own lives to be guided by these dark lanterns.

(It is hardly necessary to deal with the clearly perverse material which is provided by 'specialty' bookshops for the delight of abnormal personalities.)

Another gift to mankind has been the invention of the moving picture. Here again, a great battle is raging at all times. Currently, the public appetite for violence, sex and evil has resulted in a rash of pictures that highlight these themes, and one can be assured that the Dark Forces have had a considerable hand in their production (though generally unsuspected by the humans through which the material is 'channelled'). In the past few years, however, several pictures have worked primarily for the Forces of Light. *Close Encounters* was one; *E.T.* was another. Again, we must leave the reader to use his own discernment in judging these matters.

Remember that the warring sides ring you round at all times, that you are ever in the thick of the struggle. We hope that the light shed by this little book will help you to pick your way safely through the battlefields of reality, and that you will emerge victorious in the new dawn of hope and wonder that the Age of Miracles soon will bring.



Be assured that the Dark Forces have a considerable hand in their production (though generally unsuspected by the humans through which the material is 'channelled').