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## A message for survival as the nuclear age develops

L.M. BULE: "TEN COMMANDMENTS OF  
NUCLEAR MAN"

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anger? How do you deal with your brother? To know thyself means to know what motivates you in your actions, what motivates you in your spiritual and physical journey through life. Knowing thyself is knowing what reactions people have to you. How are you perceived by others? Is that perception what you hope it will be? Do you do unto others as you would have them do to you?

Mankind is born into this world with all knowledge. The very knowledge of all that has been given to him is in his very cell structure, in the atoms of his body. And the glory he would see in that knowledge would make him recognize the profound creature he is.

As man goes through life learning many things the hard way and yet learning many things the easy way, his awareness must change. He cannot be alone in his life. His awareness of his brother, how deeply this awareness affects him, is the true knowledge of the self. The self will reach out to the brother in time of need, will reach out to the brother to uplift, to enfold. And this is how man knows himself. By his actions he is known, not just by his thoughts. The best mind is ineffectual if the actions do not follow that mind pattern to manifest that intelligence to others. Know thyself. This is vital and must be the first commandment.

## II. BE THY BROTHER

Man must BE his brother. Only as man understands he is his brother will he live as the true spiritual being he is meant to be. Take thy brother's hand within your own, no matter what that color, and let that hand meet in love and friendship. Look into thy brother's eyes. Look deeply into them and see that spirit within that shines through. And even if that brother averts his eyes, know thy inner self has seen what was necessary to see.

Be thy brother. For only when you can walk as that brother has walked, often in despair, only as you can understand how thy brother can die before your eyes and you know it not, only then can you understand the true needs of thy brother. And the greatest need is the recognition of the God-self of that other being. The least of God's creatures can be touched by that inner knowledge of the God-self.

Remember, even the least of humanity is your brother. When you carry that thought, that knowledge with you, you will have the empathy, you will have the compassion to help in whatever way you can to alleviate the sufferings of those who need your love. Be aware of the words you

*Just as the New Testament was an addition to the Old Testament, these commandments do not replace the original commandments but merely add to them.*

*Each of these commandments dwells within the others. They blend and meld, and were you to take one out of context, it would still have the others within its framework. Let these be given to and shared with all who would hear. As the nuclear age develops, man will need to work with these commandments if he is to survive in the best possible way.*

## I. KNOW THYSELF

This is first and foremost. For only by knowing himself can man understand who and what he is. He must trust himself and that divinity within before he can begin to trust others.

To know thyself, be aware of what brings joy, what brings right feelings in dealing with others. What brings

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***"Support one another."***

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speaking that they not be in anger, anger that is destructive.

See then in thy brother the mirror of thyself and know when changes are necessary in thy brother, those changes often necessary in thyself.

### **III. ESTABLISH THE LINKAGE SYSTEM**

Between people, between countries, between religions, between all aspects of living—establish a linkage system. It is only by that linkage that man will give his brother his due. Teach this in thy own ways, in thy own words. Help people to understand themselves, not by preaching, but by example, by showing them the nature of their true spiritual being, by encouraging them, by love, and by telling them you love especially that part of them that links you as creatures of God.

The love of what seems to be the worst of His creatures is needed—even those who are the criminals of your society. Even these need love sent to them—to that spiritual core that never grew. That seed was there and did not grow or was not allowed to grow. But that nucleus, that nuclear energy in that person, still has a spiritual crystalline form that could have grown. Send recognition to that form. Send love to that spiritual entity that lies buried deep within that outer form and, in this way, small changes come in the consciousness of mankind.

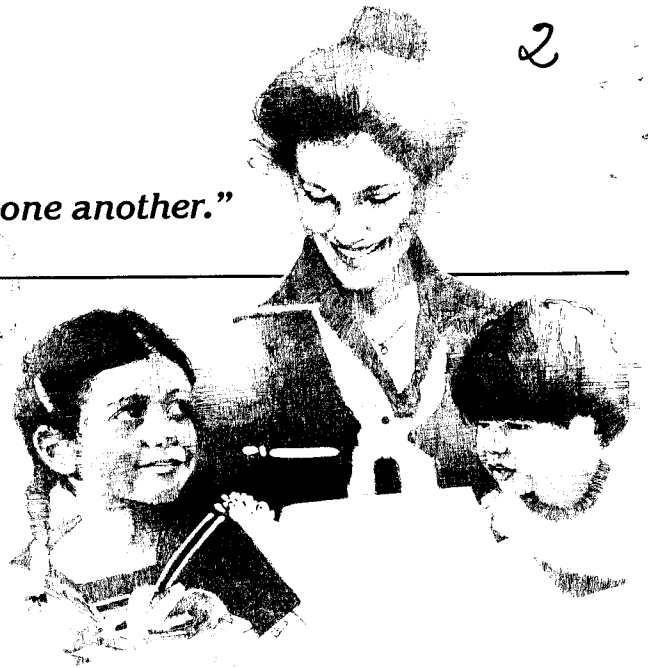
### **IV. SUPPORT ONE ANOTHER**

Out of pure love, lift one another to greater heights of understanding. Whenever thy hand is offered to another to pull someone up another rung of the ladder of life, you have used that support system.

Be an impartial listening ear. There are many who cry out from their hearts for help in the words they speak and that help is not given, is not understood because of its subtlety.

Listen to the children as they explain what they see of the inner world. Allow them to share those inner worlds through which they travel and grow and learn. Listen to them. They say much that is not really heard.

Listen to those who reach out to you, who ask questions of you, questions that have questions within them that they do not speak. Often a question is merely a cover for a request for other information. Learn to discern when this is the case, for there are many who are afraid to speak



from the recesses of their heart, afraid to reveal themselves too much and, in that revealing, strip themselves bare of whatever cover they feel they have left. By listening with inner ears as well as outer ears, you will sense when this is the case.

As your technology grows, as your society becomes so technical that it rules out the human element, the need to listen to others becomes greater. The need to interpret the questions of others will be greater. Listening is becoming a lost art in your society. You do well in your own way to correct this.

### **V. CREATE AN AURA**

Create that aura that reaches out to others in its energy pattern, to share where needed, but never to over-power another. In being aware of your own energy patterns and how they operate, in being aware of the aura that you carry, you can realize more deeply on a conscious level, the aura and energy pattern of others. You learn to blend in safely that energy and aura that you wear with other people.

As that aura pattern changes from time to time, it will extend in greater measure and grow beyond your conception of it. You have the ability to send energy forth to all who need it, to all who request it. Be aware then of the pattern that you carry. Be aware of the times you ask for more energy from that source of ALL GOOD. Be aware as you ask of the moments and times when the energy pattern does well to be in a reduced state, for these times, too, are needed.

Always be aware of your own field of energy. And when your energy is low, take that time to rest. Take that time to reflect and meditate. Make use of that time to pray. And know, when the body is ready, the field of energy will again

***“Even the smallest cell feels the result of an  
action against any part of it . . .  
Be aware of tampering with genetic coding.”***

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change.

If you see the aura of someone indicating a need for healing, send that healing energy to them gently. Use this wisely. There are those who do not wish to be healed, even though they ask. There are those who have the soul desire to be healed and do not know how to ask. Their asking may be a touch on your arm, a look in your eyes, a need to stand close to you, to be in your presence. These non-verbal signs can be heard by your soul if you are in tune with your brother, if you are open to that attunement with the creator that allows the flow of understanding in your inner self. And this can be learned and must be taught.

## **VI. ESTABLISH A FOUNDATION**

Establish a foundation from which you operate in your life. A foundation that gives you the solid basis in whatever work you do—that solid basis of rightness, or right intent and right motive in all you do. Be aware of motive. If done in love to help one's fellow being, the motive is correct.

That spiritual foundation from which all things must flow is the basis for all the other commandments. You have the first and the last that encompasses all when you have established your own foundation, your own inner pattern of development with that source of All Good. That foundation becomes firm, is able to withstand the mightiest blows, is the basis then of allowing that flow from the creative force to work with you and through you. And the stronger that foundation of knowledge of the inner self, that spiritual base, that flow will be beyond what you could imagine.

So know then who and what you are. Build that foundation strongly, but do not build it through the efforts of others. Build that foundation yourself. That network, that linkage spoken of, is used in building that foundation. For as you learn from others, and as you learn through the flow of that inner good, you will draw to you those who help to firm that foundation.

You link with one another as your energy pattern grows. Your energy patterns link. And that network enlarges more and more. Time and distance are no barrier. Realize this. For as you draw those humans to you in your work and in your love of the creator, you also draw countless to you that do not see. You may feel them at times. Their presence may be known by the scent of a flower. And that invisible network grows even larger as you grow in your work.

## **VII. DRAW CREATIVE ENERGY**

Draw to you creative energy from the universe by being in touch with that divine force which is the source of All Good—energy to be used to bring forth programs in which nuclear power can be used for the benefit of man.

As one is aware of the creative process that brought him into being, as one becomes aware of that creative process within the self—be it working with one's hands, be it working with one's mind, be it working with one's heart—ask then that that creative process be enlarged for the self.

Ask to be that direct channel of the creative force in bringing another up the ladder to greater understanding. Create the rungs in that ladder, for yourself and for others, through that creative energy process that is available at all times and without measure. It may be through a conversation, it may be through some physical help, it may be from dispelling the despair of another person.

It is by drawing on that creative force yourself that more is given to others. Man does not know the extent to which this is available to him. Were he to understand better, his own understanding of his nuclear body would become conscious to him.

## **VIII. REDUCE NEGATIVE ENERGY**

Reduce the stockpile of your own negative energy which you harbor without being aware of it. Reduce negative thoughts of fear.

We see the fear of your society. We see the inner wars that go on within people, not only within nations. As the accumulation of grievances against one another grows, so does that stockpile of negative energy grow.

Here again, we have, as has been from time immemorial, the need for others to control nations, to control other humans, to control governments, to be in control instead of being in control of oneself, in control of those negative energies and negative patterns. Man needs to control himself before he can begin to understand why he cannot control another—because that other is his brother.

Be aware that, when that control is attempted, the retribution is far greater than man would ever dream. This is on the physical level, the mental level and the spiritual level. It makes no difference what framework of leadership or religion is used when there is need to control. No one has the right to control another being. NO ONE has that right!



***"Create an educational system."***

## IX. CREATE AN EDUCATIONAL SYSTEM

The need for education is far greater than realized. Every Universal Law is embodied in the form of man without exception. Even the smallest molecule, the smallest cell, the smallest aspect of the human form feels the result of an action against any part of it. Be aware of tampering with genetic coding. As genes are manipulated, what is done to the most minute element of that gene can have repercussions beyond imagination. Altering the human genetic code needs the force of the creator—not chemicals, not computers, not machines.

Even the smallest child responds to love. The first thing a child learns is its own response to the love given to it. Let that then be the basis for an educational system that understands compassion. Teach the children, listen to them, follow that pattern of listening as they grow and mature. It may seem at times as though you are being tuned-out, yet when you speak from the heart to the God-self of that person, even in its most difficult ages, that person does hear.

Speak then to that God-self if you cannot speak in words to the physical person. This too, then, is an educational system. There is need to understand the search for freedom, the search to be less restricted in actions, the search to grow in many ways that all humans go through in those ages of stress. Listen to what that person is not saying. For in the very absence of words, lies the unspoken requests, the unspoken questions, the unspoken need to be accepted in that growing process as an individual, a unique individual, a person.

Let that educational system be broad and encompass all that will help the individual to grow in love and under-

standing of who and what he is—a creature of God. A wonderful being brought forth by the creator. And give joy where you can in that system to help uplift as much as you can.

## X. PREPARE YOURSELF WITHIN

Prepare yourself for that infusion within of your total nuclear nature. For this is what immortality is. Offer yourselves to be those channels of light, of energy, of spirit that you may be the examples of nuclear man. As man allows this infusion of spirit to take place, he then becomes free of fear.

As you begin to generate your own nuclear pattern more and more, as you develop in that spiritual nature more and more—understanding that God-self and knowing your own attunement to the creator—that energy force then grows.

There are times within your historical framework when fusion has taken place, and the resurrected form is one of these. The fusion of light that no eye can withstand is the resurrection of the self. When the resurrection of your Christ, that one whom we love, took place, all the heavens were aware and rejoiced. This was the lesson for which He came to earth—to show man the glorified nature of nuclear being. And though man did not see it, man was aware because of the energy process that was released in that resurrection. You may picture it in your mind, but you would never understand the magnitude of that glory. For, as that energy flowed through the universe, new planets came into being, new star systems were born.

Man can prepare himself in his daily actions and, in his efforts to reach and understand, his true inner self begins that infusion process. As the spirit grows within him, as what he does he allows to be guided to do by the spirit, as he works as it were from the inside out, he is infusing himself more and more with that nuclear energy and can reach that resurrection, that state of fusion. This can be done. This is his heritage. And if you can help others to understand this, you are blessed.

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*This message, communicated by energy beings from a spiritual plane, was received and transcribed by L.M. Bule, Parapsychological Researcher.*