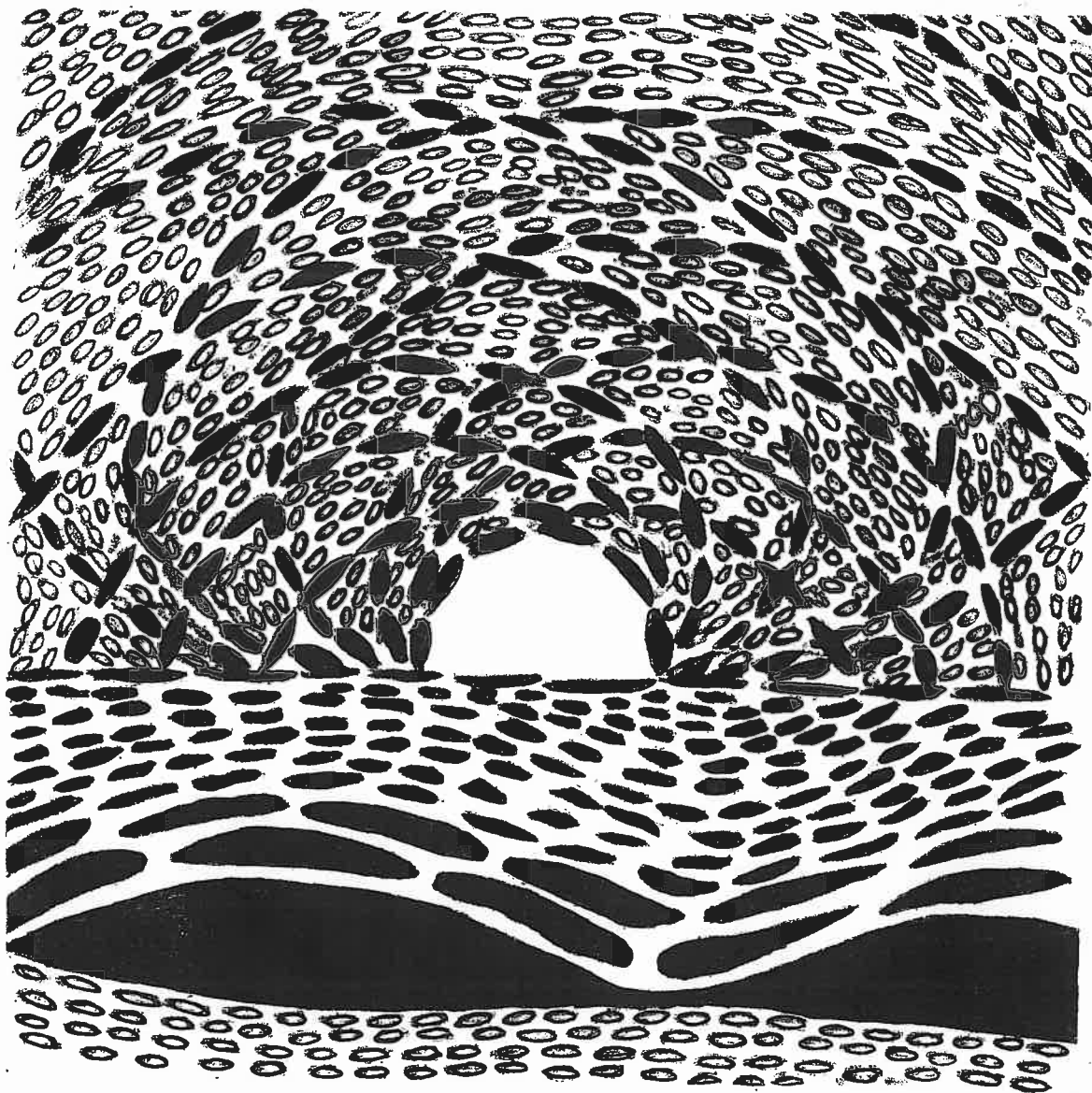




# THE ASCENSION GUIDE

## *Keys To Heaven*

By Alan Olivier



[www.theascensionguide.com](http://www.theascensionguide.com)

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# Preface

This book was created to help guide humanity onto the path of ascension and to help the spiritual being Earth with her request of carrying as many people as possible with her into the fourth dimension. The Ascension Guide highlights the most important ascension information which I have found over the last ten years of my research. You will not find this package of information together anywhere else. Each chapter provides you with the most important information for you to know and apply concerning the particular subject. Due to the vast amount of information found in The Ascension Guide and the possible overwhelming “jolt” it can bring to your consciousness it is recommended that you spend several days or even a week meditating on each chapter before you move on. If you were to read several chapters all at once it could be too much to digest at one given moment. Take your time and enjoy getting to know each chapter this way you will remain grounded and gradually increase your consciousness. Each chapter will direct you to specific books and websites which delve deeper into the material. It is also recommended to take your time with each book and website and not read more than one at a time. It is best to pace yourselves. Please keep in mind that it took me ten years to find and incorporate the information in this book into my consciousness. Over the last ten years I have gradually learned the information in each chapter clearly progressing in stages. Due to there being very little time before December 21/12/2012, the date on which the current cycle of duality ends and the spiritual being Earth ascends into the fourth dimension, you will be able to benefit greatly from The Ascension Guide by saving great amounts of time researching and focus instead on incorporating all of the most important ascension material and especially meditations into your lives. At the end of the book you will find the Daily Ascension Meditations chapter. This chapter is a collection of short meditations and recommends a routine which will help you ascend. By delving deeper into each chapters subject matter you will only benefit more. Please do not feel that you have to apply all the meditations which a particular chapter provides or read all the material it has to offer. Follow your own intuition, apply and delve deeper into the subject matter which you feel most drawn to. Everyone's ascension path is slightly different, you must progress at a your own pace and not place any expectations on yourself. Go with the flow..... There is of course much more ascension material to be found. Ascension material not covered in this book does not in any way mean that it is not of importance. I have come to the conclusion that there is simply a vast amount of ascension material to be found and it is truly impossible to research and apply it all. The Ascension Guide covers what I feel to be the corner stones of ascension material. Each of these corner stones will in time lead you to all other ascension material to be found. The most important aspect of the ascension times we are in is spiritual preparedness. Staying steadfast in the Light will keep you balanced. When the monumental changes start and many shocking truths are revealed you will be spiritually prepared and stay balanced.

I would like to thank all the authors for giving their permission to use their material in The Ascension Guide. In today's age it is very rare for so many different sources to allow their copyrighted material to be used. This book is a tribute to them, you the authors of this Divine material. It would truly have been impossible for me to have written about all the different topics in my own words. I am not an expert on any subject matter found in The Ascension Guide. I am however an expert at finding the most important ascension information available. For these reasons I felt it would be most appropriate that the authors express themselves in their own words. This would also allow each author's energy to carry over directly to you the reader. By feeling this energy you will begin to be drawn toward the information which most resonates with you.

The Ascension Guide was meant for everybody. For people just starting to learn about ascension to people who are already very far advanced. It has something to offer everyone. I hope you enjoy your journey through The Ascension Guide and be assured that it will take you closer to Heaven.

*The good news about the ascension times we are in is that Heaven is coming to us!!!*

# Introduction

In The Ascension guide you will learn about the 13 Moon Natural Time Calendar by Skytime which is nature's true calendar. The 12 month Gregorian calendar is an artificial calendar/construct created to cut you and your consciousness off from the synchronistic rhythms of nature. By studying and following the 13 Moon Natural Time Calendar you will be connecting yourself with the rhythms of the Universe and become harmonized and balanced. You will also accomplish this by listening to music which is the literal musical translation of the 13 Moon Natural Time Calendar which will recalibrate your body's genome with cosmic frequencies that will harmonize your DNA with the Milky Way and will lead to the activation of your Body of Light. This music will also activate dormant brain cells and capabilities. It will prompt the brain to rewire itself, upgrade your nervous system and immune system while expanding your consciousness.

You will learn about the Guardian Alliance and the Galactic Federation, a group of benevolent extraterrestrials who have been involved in the Earth's and humanities evolution since Earth's beginnings. They will help to restore the Earth to her pristine condition and provide for all of the world's needs in the very near future. The Guardian Alliance will inform you about the process of ascension and bioregenerative techniques which will propel you onto the ascension path. You will be able to follow the almost daily channeled messages from the Galactic Federation which will ignite your soul with hope and awe.

You will also be able to follow the channeled messages from Matthew, a dear soul who resides in the dimension of Nirvana and communicates with his mother Suzy Ward here on Earth. You will become privileged to be informed on exactly what is happening here on Earth directly from Heaven. The channeled messages and teachings of Archangel Michael through Ronna Herman are also yours to discover. They will inform you about the Angelic Realm and your potential here on Earth of becoming a Master, scripting your own destiny and achieving ascension. Channeled music from the Archangel Metatron through Earl B Hall is presented and will help your ascension process tremendously. The website [www.activateyourdna.com](http://www.activateyourdna.com) will also provide you with conscious evolution through multidimensional music and sound which will help you to understand your DNA and DNA activation in greater detail.

You will learn about Angel Essences and the essences provided by Saint Germain which will surround you in an aura of Light that draws the angelic realm closer to you. Saint Germain will also provide The Elixir Of Life. This Elixir works as an accelerator and allows the physical body to hold more Light and higher frequencies.

Moldavite, a green meteoric gemstone, the most powerful of all gemstones will be within your grasp. Said to be the rarest gemstone on Earth and the actual stone of the Holy Grail which many people have sought after throughout history. Moldavite will bless you with its powers of transformation and propel you onto your ascension path no matter how advanced you already are.

The Harmonizer, created by the late Slim Spurling, will show you how you can help the Earth ascend and how you can harmonize the entire region where you live with frequencies of love and peace. The Harmonizer will lower levels of pollution in the air and in the water, reduce crime rates, enhance the growth of vegetation and will start to harmonize and transform your region. The largest of Harmonizers, the Storm Chaser, will show you how you can reduce the intensity of severe weather and even that of hurricanes.

Instructions will be given on how you can build your own orgone cones which neutralize deadly orgone energy. Deadly orgone energy, opposed to positive orgone energy, is created when the

invisible life force energy which surrounds and permeates everything, traditionally referred to as etheric energy, ki, prana or chi is agitated and killed off by electromagnetic pollution which greatly hinders yours and that of the Earths ascension. Orgone cones will collect and then transform deadly orgone energy into positive orgone energy which will fill your home and surrounding area with uplifting vibrations which aid in the ascension process.

You will learn about the Mushaba Force. This force is the actual force used in the creation of our universe. The Mushaba Force website will inform you about a black extraterrestrial race who have contributed to the total evolution of humanity. They will guide you on how to use and harness the Mushaba Force for your ascension and for the accomplishment of anything which is good.

The truth about crop circles will be made clear. Through the teachings of Judith Moore you will learn that crop circles are here to help activate not only your soul and physical DNA but also that of the Earths. Crop circles will assist you in activating your Divine potential.

The power of mantras have not been clearly understood throughout history. In the Ascension Guide you will fully understand their creative power that will bring you to spiritual enlightenment. As the [www.divinepowers.org](http://www.divinepowers.org) website simply states, “your outer world is governed by your inner world, so Divine powers that are generated inside of you will start making all positive events happen in your life in the outer world”.

The power and intelligence of the Sun will be revealed to you by CHAU NAU through his book *It's Time To Get In Touch*. As you begin to see the truth about the Sun your consciousness will be taken to new heights. If you chose to purchase CHAU NAU's book you will never be the same. You will also begin to incorporate God into your daily life as something physically, naturally, scientifically familiar. A most vital book to acquire if you wish to know the truth God wants you to know.

You will learn about the synchronistic Master Numbers which Heaven sends to you on a daily basis to get your attention. People who are aware often see repeating sets of numbers in their lives, 222, 555 or 777. They grab our attention but we often do not grasp their specific meaning. Gillian Macbeth-Louthan has channeled the meaning of these numbers and they will open your eyes to the messages Heaven is sending you.

Aulterra, an organic compound derived from a rare crystalline rock found in only two known sites in the world, harmonises and balances the energy meridians of the body. Aulterra helps to restore optimal energy flow through the chakra centers, promoting body, mind, and spirit integration while activating DNA.

And finally, you will be blessed to learn that there is indeed a simple cure for all diseases. Jim Humble's *Miracle Mineral Supplement* has been document to have cured 75,000 cases of malaria in Africa. Tens of thousands of people world wide have been cured from deadly diseases. You will be able to follow a simple detoxification program which will purify your body, allowing the ascension frequencies to pass through you harmoniously. This is just one of the many miracles the ascension times will bless you with.

You may look forward to discovering all this information in the Ascension Guide. As mentioned, The Ascension Guide has something to offer everyone. From people who are already very learned in the ascension process and the times we are in to people who are just starting to awaken. I wish you blessings and magic which shall truly be yours when you read The Ascension Guide. For readers who are just awakening to the times we are in be assured that you will never be the same and a new reality will open up for you.

# What To Expect Before And After 2012

*What you are about to read is only my understanding of the ascension times we are in. I have come to this understanding through my research/spiritual journey of the last ten years. This chapter is only my formulated opinion. After reading The Ascension Guide you to might come to this same understanding. What is most important is that you form your own understanding about the information presented to you.*

*“At the end of 2012 a phenomenal celestial event will take place remarkably effecting all life on Earth. Our Sun will be in perfect alignment with the dark or great rift at the core of the Milky Way. This alignment is facilitating a great shift in human and planetary evolution. This shift is commonly refereed to as the ascension.” Michaele de Cygne; [www.artofpop.com/radiant/](http://www.artofpop.com/radiant/)*

Although there are many apocalyptic visions for the times we are in generated by different religious texts and groups I can assure you that the world will not become worse off then how we find it today. On the contrary, the world will only become increasingly better and will actually lead to Heaven on Earth. However, December 21 2012 provides a unique opportunity for all people who live to see this date to decide their own fate. Which fate they or you decide depends upon the vision which you hold and this is created by the level of your consciousness. December 21 2012 can best be described as the sorting out of humanity based upon their level of consciousness and can be translated into the amount of Light their bodies have incorporated.

On December 21 2012 a window of opportunity to change the world from a state of chaos to one of harmony will close. However, the secret is that God/Creator has already decreed that a world of harmony shall commence. The Earth is moving into the higher dimensions or better said a new area in space with a higher vibratory rate of energy which is the source of global warming and will level off in the near future. All current matter/people/energy which is not up to speed so to speak, with the vibratory rate of the new energy field the Earth is moving into will not be able to continue their journey much further into the higher dimensions. They may only travel along with the Earth for three years perhaps twelve or thirty years or even two hundred years. December 21 2012 could be seen as a finish line however you have to cross this finish line “under a certain time” and this requires effort. Life on Earth after December 21 2012 will continue on and will be dramatically different from today. For those who are in harmony with the ascension process life will become eternal on this planet or any other planet for that matter in due time. You should not therefore expect to see dramatic changes to the Earth or it's population before or on December 21 2012. By this I mean that you will not see a great rapture or billions of people dying due to upheavals of nature. As mentioned December 21 2012 is a finish line. Before this date people will have to make a choice, be part of the ascension process, a process of accepting higher truths, understandings and living in the Light or stay ridged in their beliefs and not evolve.

Every person on this Earth will be informed about ascension and be given the time to apply and prepare themselves if they so chose. People who do not wish to ascend into the higher vibrations of the fourth dimension and instead wish to stay in the lower vibrations of the 3<sup>rd</sup> dimension, the dimension of duality and reincarnation, are not in anyway making the wrong choice. Ascension is in reality an eternal process and all will reach the same level of consciousness at some point, some sooner than others but all at the right time. They will ascend with the next ascension cycle.

Between now and December 21 2012 the dark forces will be removed from their seat of power in all arenas by United States Federal Authorities and their global allies. By dark forces I am referring to a well organized group of corrupt and sinister individuals who have been secretly controlling all aspects of human civilization and indeed history. I do not need to be more specific for everyone will

learn about the dark forces in the very near future. By delving deeper into the subject matter of certain chapters in The Ascension Guide on your own you will learn more about them as well. The first indication of this change was the election of Barack Obama who is a soul filled with Light and will be the main initiator of the positive changes to come. Although it might not seem that he is living up to this states at the moment you have to bare with him. Through Divine powers he has landed in the midst of the dark forces in order to dismantle them and he must be very strategic in his moves. The dark forces have always prevented positive changes in all arenas from flourishing. With their removal we will see free energy technology replacing fossil fuels, cures for all diseases and the complete development of the third world. We will also see the implementation of a new economic system termed NESARA which will bring peace, worldwide prosperity and international economic benefits. NESARA is in short the Divine plan for planet Earth.

The most important knowledge which has been withheld from humanity by the dark forces is the existence of highly evolved extraterrestrial civilizations and their long history with Earth. These extraterrestrial civilizations of the Light have on many occasions contacted world governments but have been turned away and threatened from contacting humanity by the sinister dark forces which also include extraterrestrials with dark orientations. With the removal of the dark forces the path will be cleared for the Galactic Federation to openly help humanity take a quantum leap forward. They will bring with them all the tools necessary to restore the Earth to her pristine condition and will provide technologies to help improve all facets of life. From transportation (including teleportation), medicines, building materials, food production ect.. All the worlds needs, especially those of the third world, will be cared for and life on Earth will truly become harmonious (at [www.disclosureproject.org](http://www.disclosureproject.org) you can read about the efforts for official disclosure). By this point all of humanity will have been informed about the ascension process and it will be up to each person to decide what fate they would like to embrace. However, the amount of Light they have incorporated into their bodies/souls/energy before December 21 2012 will determine how far they can journey into the higher dimensions. Two years, ten years perhaps twenty five years or two hundred years it all depends on how much Light they have incorporated into your bodies before December 21 2012.

*I do not know how much Light this has to be, in essence it is about your intentions, vision and the path you seek to ascend. Living in Godly ways, spreading love and raising your consciousness helps greatly. Meditations which draw the Light to you help prepare your body and mind.*

*“Receiving light is as simple as living a “good life”. Being kind, caring, honorable, trustworthy, truthful, helpful, joyful, generous, hopeful, compassionate, cheerful, optimistic, pleaseant and having an open mind. The positive emotions and characteristics that make life meaningful and fulfilling carry the high vibrations of light....”(www.matthewbooks.com)*

*In short, if you wish to ascend you must increase the frequency/vibrational rate of your body/energy. You must harness the Light/higher dimensional frequencies which are being projected to us and absorbed by the Earth.*

This is why the information in The Ascension Guide is so important. What lies after December 21 2012 therefore is either another cycle of reincarnation in the 3<sup>rd</sup> dimension of duality or a continuing journey into the blissful 4<sup>th</sup> dimension of Light. However, how gradually or swiftly these changes will occur before and after December 21 2012 nobody can accurately say. This greatly depends upon the level of humanities consciousness. All positive changes in the world happen because of advanced spiritual understandings in the collective consciousness. The level of consciousness and spiritual clarity of humanity is the foundation for all of these positive changes to come.

By learning the information in The Ascension Guide and by applying the meditations presented in the Daily Ascension Meditations chapter at the end of the book you will be raising your consciousness and increasing your frequency rate (vibration) to a level sufficient for ascension. You will also be helping to increase the level of Earth's collective consciousness. This will help to manifest the positive changes to come more swiftly.

It is recommended to immediately start following the Elvea neuro-audiovisual program while reading The Ascension Guide, for a 26 day period. A dynamic brain stimulation program based on the Mayan Tzolkin calendar, which will activate dormant brain cells and capabilities. It prompts the brain to rewire itself, upgrades your DNA, nervous system and immune system while expanding your consciousness. This program can be found on the [www.darkmother.com](http://www.darkmother.com) website under the “Elvea Life Enhancement Systems” link (scroll down to the 10<sup>th</sup> cd) After this program start listening to the Rebirth cd, also for a 26 day period. This cd can be found under the “Products” link. It will be the 5<sup>th</sup> cd on the right of the screen. Also immediately start practicing The Maharic Shield meditation found on page 76 twice daily. These cd's and meditation will dramatically increase your body's ability to process and utilize Light/radiant energy, which will increase your vibration to a level necessary for ascension. This way you will be directly starting your ascension while reading the book. When you reach the Daily Ascension Meditations chapter at the end of the book, which might take several weeks or months, you will already be well on your way to ascension. Once you start practicing the complete list of ascension meditations found in chapter 22 you will start the next level. However, before this it is important that you grasp exactly what each meditation entails and this can only be accomplished by reading The Ascension Guide in it's entirety.

*Science shows us that we use less than 10% of our brains. We therefor have a limited consciousness and only perceive a fraction of the real world out there. Science also shows that 90% of our DNA is inactive and is called “Junk DNA”. It is time we upgrade ourselves. We can activate the rest of our brain power and we can activate the rest of our DNA. Just imagine the Angelic Beings we would and will become. Follow chapter 22s Daily Ascension Meditations and you will start to activate your Angelic Self.*

# VIBRATION IS EVERYTHING!

*By Troika Celeste Saint Germain, Copyright 2006*

**All of Life is Energy that vibrates at various frequencies. Each frequency has its own life patterns and manifestations. The simplest example is that of a radio. Each frequency or station has unique programming. If you change the station . . . you change the tune.**

The Universe is the ultimate "radio" and we each vibrate at our own frequency. The way we can change our personal life, or that of planet Earth, is to shift frequency to "play the tune" we wish to be or to create.

Ascended Master Saint Germain has said that, in truth, all one really needs to do to change any aspect of their life, heal any dis-ease, create abundance, or achieve Transfiguration of the physical body into the Ascended Realm, is to raise their vibration and frequency.

***What does it mean to raise one's vibration or to increase one's frequency?***

Vibrational frequency is defined as the rate at which the atoms and sub-particles of a being or object vibrate. The higher this vibrational frequency, the closer it is to the frequency of Light. Everything we do, every word we speak and thought we think sends out a vibration that attracts to it an experience of like vibration. Very simply stated, if we send out fear, we attract fear. If we send out love, we attract love.

Raising of frequency can be done by anyone. In addition to the personal benefits gained by vibrating to a higher frequency are the profound effects produced in the world and all life forms. Each person who shifts higher affects the entire planet, as all of life is lifted along with them to a certain degree. This is the way that World Peace can be achieved. It is already happening in many ways naturally as the vibration of the Earth is being raised in preparation for the Ascension into the Golden Age which is the Shift every religion has predicted will occur. According to the Mayan calendar, it is scheduled to take place in the year 2012.

***There are many ways to achieve a vibrational shift into a higher frequency. Your Intention to do so is an important first step. Various ways to raise your personal vibration are:***

- ◆ Working with the **Violet Flame** to transmute karma, negative emotions and actions, and heavy energy is extremely effective and important.
- ◆ Prayers and energy work with your Higher Self, Ascended Masters, Angels, other Guides of Light, and of course, the I AM Presence.
- ◆ Choosing Higher States of Consciousness and actions. I say, "choosing" because we DO have choices available to us. We can make the choice to be Non-judgmental, Kind, Considerate, Calm, Peaceful, Loving and Grateful. As we consciously chose these states, we become those states permanently, all of which are High Vibrations.
- ◆ Surround yourself with people, places and objects of High Vibrational Frequencies. This is easily done through your choices. For instance: chose calm and soothing music over loud and discordant rap; choose to wear and be surrounded by colors that are called the pure jewel tones and pastels over muddy and murky ones, or "wild" patterns; select art and photos of Angels, Masters and Sacred Sites for your bedroom and work areas; choose friends who are also on a spiritual path and have Light and integrity; eat unprocessed natural fruits and vegetables as much as possible while avoiding processed foods with lots of chemicals; use products and other items that were designed to lift your frequency. We



can learn to choose "higher" by setting that intention. Think consciously as any opportunity for selection is presented. Always ask yourself, "How does this make me feel?", and choose the one that makes you feel the lightest and happiest. In no time, the ability to choose "higher" will become automatic.

Ascended Master Saint Germain has honored me with the assignment of being the Earthly hands to bring forth new alchemical products and tools of His design to help humanity experience the Higher Frequencies. First were an anti-aging skin cream, followed by a skin serum, and then His Elixir of Life Herbal Essence. Thousands of people located throughout the entire world are receiving tremendous benefits and transformation using these products.

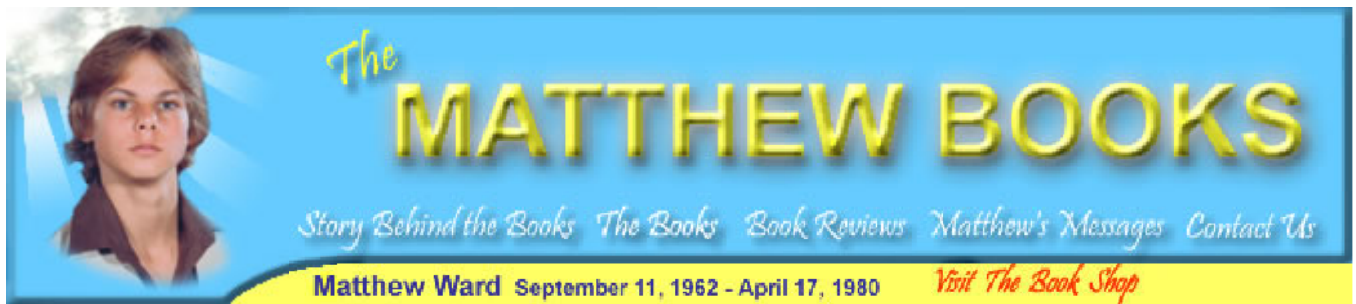
The newest additions of these high vibrational products, TransScents™ Vibrational Sprays, were introduced at the New Living Expo in San Francisco this past April. These extraordinary sprays are made with Gem Elixirs and Essential Oils. They produce an immediate shift into the Higher Frequencies and smell Divine, too. By temporarily shifting your vibration with them you will become more familiar with these Higher States of Consciousness and find them easier to achieve on a permanent basis. Sometimes we just need a map, or experience, to help us along the way . . . these are the maps to the Higher Frequencies.

# **Chapter 1**

## **The Matthew Books and Channeled Messages**

All information in this Chapter has been written by Suzanne (Suzy) Ward and can be found at the [www.matthewbooks.com](http://www.matthewbooks.com) website. Matthews channeled messages can be found under the “Matthew's Messages” link.

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## ***The Story Behind The MATTHEW BOOKS***

THE EVENING OF APRIL 17, 1980, Suzanne (Suzy) Ward was packing for her next day's business trip when she received the call from Panama that changed her life: Her 17-year-old son Matthew had died after a vehicle crash that day.

The loss of a child has such an immeasurable impact upon the family that Suzy's preoccupation with Matthew's death would not be considered quite unusual. The direction she took in trying to cope with her grief, however, might be considered that. She called a medium with whom she had become friendly three years before, when they had lived in the same city, and asked about her son. The medium told her that he was in "deep rest"; she would receive an unmistakable sign when he was ready to send her a message, and when that time came, she would be led to a trustworthy medium.



Eric (12) Michael (6) Betsy (11) Matthew(8)

THE SIGN CAME ALMOST NINE MONTHS LATER in her first dream about Matthew since his death, and in the months that followed, she learned first of a medium in Virginia, then one in Maryland, and later another, in Delaware. None of them knew each other and none asked Suzy anything except her son's name. Yet all accurately described Matthew's physical appearance and personality; they told her the cause of his death and the ease of his transition. They talked about his new interests and activities, sometimes with a progress report on

educational pursuits or piano lessons. And they gave her explicit information about her own life, even details that she alone knew. They could tell her all of these things because they were merely passing on to her what Matthew was telling them -- the love between him and his mother was the inseparable bond that enabled him to be aware of her comings and goings.

Matthew also told all of those who spoke for him that when the time was right, he and his mother would communicate directly. But even when that same assurance came from a medium Suzy met later, after a move to California, she could not help but doubt that Matthew ever would talk with her directly. Why would such a unique gift -- in her mind, telepathic communication was that -- come to such an unremarkable person as she? To someone with no aptitude for anything extrasensory, no training in anything "New Age," and no knowledge of ancient spiritual beliefs; to someone who long ago had abandoned 35 years of religious upbringing because it never had been spiritually fulfilling?

**BUT IT DID HAPPEN!** It was early February 1994, almost 14 years after Matthew's death, when he started speaking to his mother. It was not simply her longing for this moment that created it -- something definitely extraordinary was happening! For a while, each morning as Suzy recorded her and Matthew's conversations at the computer, along with feeling elated by this glorious development, she struggled with the thought that perhaps some bizarre part of her mind was emerging. Soon, though, she realized that her imagination could not possibly produce the astounding information she was receiving from her son and, by now, the entities whom he introduced to her.

It wasn't long before Matthew started talking about the books she was meant to prepare from their transmissions. He told his mother that her profession as journalist was not by chance; it was experience she needed so that, later on, she could properly work with the information he and the others would be giving her. But the huge task of reviewing, indexing, integrating and organizing months of daily messages into some logical order was a challenge she didn't care to accept, and she kept ignoring her son's urging her to "start the book."

**FINALLY, HE TOLD HER THAT HER PRIMARY MISSION** of this lifetime was to publish that information about life beyond Earth and the celestial advice and guidance urgently needed during this era of unprecedented planetary changes. Finally, he answered her question about why he had died at such a young age: He had to, so he could send her that information.

And thus began The MATTHEW BOOKS.

**THE FIRST OF THE SERIES**, *Matthew, Tell Me About Heaven*, is what the title denotes: life in the wondrous realm where we all go after physical life on Earth ends. The second book, *Revelations For A New Era*, provides a wealth of history from antiquity forward and cogent messages from representatives of our space brotherhood, vast and powerful civilizations that are helping our planet survive during this time of momentous changes. The third of the series, *Illuminations For A New Era*, explains why violence, greed and power-mongering have been in human nature for millennia and how they are being replaced by peace, love and harmony. Among other cogent information for this unique time in history, *Voices Of The Universe* shows how our thoughts, feelings and actions create our lives and our world and simultaneously affect the universe accordingly.



With her husband Bob and their family of adopted dogs, Suzy is living in a rural area of Washington. Her numerous sources are providing more information to enlighten and assist us as we are changing at cellular level to enter the forthcoming higher spiritual dimension along with Earth.

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**January 20, 2009**

High vibrations of inauguration; event in universal context; Earth speedily regaining health; global economy, individuals' contribution; NESARA, what it does not include; Gaza, Zionists; aspects of karma; walk-ins; "station" explained; plane sabotaged

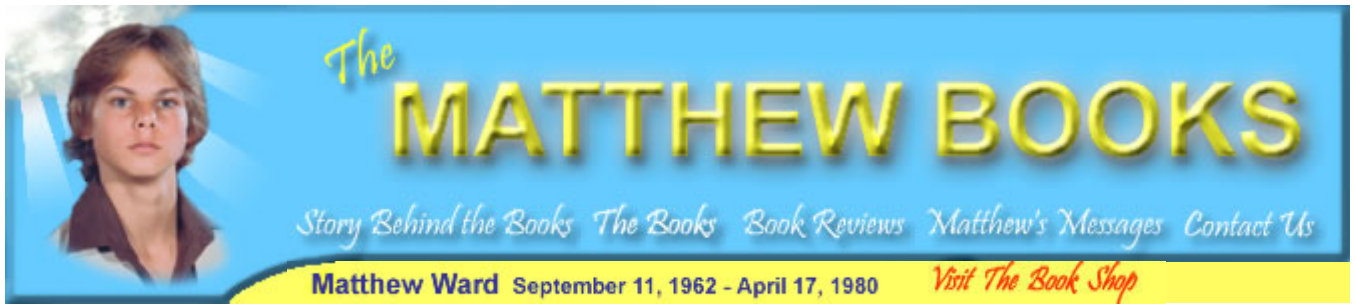
1. This is Matthew, with greetings of love and rejoicing at the momentous event for your world, the inauguration of Barack Obama as president of the United States. We ask that you fill your hearts with love and gratitude and direct those feelings to him and his family and to the individuals who will assist and advise him. The outpouring of those kinds of energy streamers is like a blanket of golden filaments surrounding your world. By sending that energy to the Obama family and the new administration, you are radiating light to guide, protect and contribute to their success in governing wisely and honorably; and the light in their efforts beams out to the world, thus benefiting all souls and Mother Earth herself.

2. Although inauguration day is a specific date in linear time, in a universal context it is a major part of the master plan devised by the spiritual hierarchy in conjunction with physical civilizations in the timelessness of the continuum. Obama's willingness to come from a spiritually and intellectually highly evolved civilization to take on the primary leadership role in your world is part of that plan, which all of you knew and agreed to prior to your birth. The soaring hope of peoples around the world when he was elected has grown exponentially, and Mother Earth herself is feeling uplifted by the surge of harmonic waves from her residents and from all light beings throughout the universe.

3. The first day of new presidential leadership is an event of paramount importance in a series of on-target powerful developments in the plan's goal of spiritual renewal and reformation in your physical world, but in the continuum, *its success already has been achieved!* [Note: The November 21, 2008 message in "Matthew's Messages" on [www.matthewbooks.com](http://www.matthewbooks.com) explains the plan.] Nevertheless, all of the forward movement is operating in *your* concept of time, and in this respect, your every thought, feeling and action is creating not only your personal lives, but collectively are the stepping stones to Earth's "future" world. All those steps are being taken at one pace or another, and holding your light steady in trust and patience as events unfold within the new US administration will heighten the collective consciousness. The higher the collective consciousness of a peoples, the higher the vibrations they radiate and attract in kind, all the while assisting Earth's ascension into the increasingly higher frequencies that you perceive as time passing faster and faster.

4. Mother, I thank you for receiving and distributing my message today, prior to the swearing-in ceremony tomorrow. And now, with the unconditional love of all souls at this station, who are sharing Earth's joyousness, this is Matthew bidding you farewell for a short while.

January 20, 2009 5. Because of technical difficulties incurred by my mother's service provider, she was unable to distribute my foregoing message at the intended time. I believe the difficulties were providential, as now I can speak in a timely manner about *President* Barack Obama's stirring address to his nation, indeed to your world. It is not his eloquence to which I refer, but his forthrightness and honesty and wisdom, his determination to unify what has been divided, to mend what has been in tatters, to strengthen what has been weak and to heal broken spirits. The energy of this day, energy that opened wide the portals of change based in love and enlightenment, reached heights not felt on Earth since the finest hours of Atlantis and Lemuria. 6. Now I shall continue with other truths and perspectives we at this station wish to share with you. Abundance is the God-given right of souls, and joyful living circumstances for every person on the planet is part of the master plan that includes the election of Obama. From a purely "3D" perspective, his administration is facing one of the gravest situations the world has ever encountered. And indeed, it is a huge mess that must be cleaned up! However, what we see from our vantage point is that Earth is far healthier today than she has been for millennia, and due to the massive infusion of off-planet light that guided individuals into generating their own light, the turn-around in Earth's condition has happened with speed that is unprecedented in the universe. Again, this is all according to the master plan, and every soul on the planet is participating one way or another.



***November 19, 2009***

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**Energy of anticipation; ET disclosure TV program, background; "V," "2012" and other fear tactics; illness in Ukraine; power of love; god/goddess soul essence; children's bodies 3D to 4D; intuition, thoughts; duality's challenges; soul contract, pre-birth agreement**

1. This is Matthew to extend loving greetings from all souls at this station and to share with you our observations. In this moment "anticipatory" may be the best word to describe the collective feelings of enlightened souls—not exclusively pertaining to an announcement of our universal family's presence, but that is where a great deal of anticipation energy is being directed. Some of you are waiting calmly, yet with excited certainty; others who feel excitement also have a large measure of "get this show on the road" impatience; and in some of you the energy of eagerness is overshadowed by "show me" doubtfulness. Then there are the majority of peoples, those who have no idea whatsoever that official recognition of other civilizations is imminent.

2. Hatonn has agreed to speak about what is happening behind the scenes pertaining to the public announcement, and we turn over this forum to him.

3. HATONN: Thank you, Matthew, my friend. As an intergalactic fleet commander and director of multidimensional communication, I am knowledgeable about preparations for a globally televised program that will present evidence of extraterrestrial civilizations.

4. Official recognition can't be further delayed because much has to be accomplished during this phase of universal activity. It's essential to repair the severe damage that has been done to Earth so she can regain her health and restore well being to her inhabitants, and there's no time to waste. We're here by Earth's request and God's authorization because we have the capacity and desire to help you, but your representatives are responsible for making decisions because this is your world.

5. The program announcing our presence is a complex undertaking. The

numbers of folks who are expecting us and will greet us wholeheartedly are very few, and the program is being designed for the multitudes. It has to be presented without creating fear or undue backlash. There's formidable opposition to any recognition of our very existence, and the security of all persons involved in the program is a foremost consideration. When I say "security," I also mean the emotional security of all witnesses and other participants and their families, not only their physical safety—we have that well in hand.

6. The program can't be just film clips of spacecraft sightings. In some areas these are so numerous that it's *ho-hum, they're back*. There has to be solid evidence about our presence and that's where personal accounts come in. Testifying before a panel that pledges witnesses to secrecy is quite different from letting the world know their identities, and the same goes for the people who have been working with us or at least know why we are here. Some have been blackballed in their professions or declared delusional or crazy. In some cases families have been threatened and individuals killed by factions that don't want you to know we exist, especially not right here with you. Those in charge of the program want everyone who's willing to speak about personal experiences to feel emotionally secure doing it.

7. This is an international action and it's important that there is agreement among the governments involved. Major decisions have been made, but some details are still being discussed. Some of your representatives favor keeping the initial program brief and releasing information in increments so people won't feel overwhelmed. They propose a brief statement that many spacecraft seen during the past several years are from other civilizations, there's no reason to think any harm is intended, and more information will follow as it's compiled. Others want the program to answer all logical questions and some of our representatives tell how they've been to helping the planet through what you call the shift or cleansing. Some think it would be frightening to see us as we appear in our native lands—not all of us look like you. Others say it's necessary to show ourselves as we are to prove that we aren't from your civilization. Some think including live coverage of a mother ship decloaking is a good idea, others think it could be more threatening than reassuring.

8. What kinds of information to present on the program and how much can be covered without overload is being debated. Would it be helpful or overkill to explain that Earth is moving out of her regular orbit by intention and needs our help off and on the planet? Would that involve explaining that Earth is a soul? How much can be said about our technologies without alarming folks about how we might use it? Would it be foolish or comforting to say that our presence has prevented other civilizations from trying to invade Earth? To what extent should the cover-up be disclosed? What about admitting that your governments refused our offers of technology in exchange for ending weaponry development and wars that could annihilate you all? How would it affect your population to know that both dark and light beings from other civilizations have been living among you and influencing your way of life? Should the program include personal accounts of both positive and



negative abduction experiences? What to say about the “little grays” that have been living for many years in underground cities? What mixture of scientific, political and religious spokespersons should be in the program?

9. There are differing opinions about when to air it. The United States government, once the most vocal in denying our existence, now favors the most extensive disclosure with maximum speed. A few of your representatives want more polls and strategic interviews to determine how much information your world is ready for. Some in both camps want every national leader to be personally told what will be in the program prior to show time and others think sending each one the program outline is enough diplomatic courtesy.

10. This vital decision-making process that started off slowly a year ago has reached the point that within a couple of months at the outside, this “Earth-awakening” program will be on the air. The movers and shakers with integrity, wisdom and spiritual conviction will not be swayed by threats, bribes, even assassination attempts by the ones who oppose them. You can call them Illuminati or the Elite, the cabal, New World Government or Secret Government, New World Order or the darkness, it’s all the same. It’s the disparate groups that are operating under the heavy influence of the dark forces, that vast force field of negative thought forms. That is too esoteric to give out on the program, but the full truth about this vast populated universe will be revealed as Earth progresses into higher energy planes.

I think that covers everything. Thank you, Matthew.

11. MATTHEW: Thank you, Hatonn. This is a good place for timely questions that are combined as, *Will proof of extraterrestrial life make it easier for all of humanity to awaken spiritually to the Oneness of All with God?* As greatly as we wish this for all Earth’s peoples, we have to say that it is not likely. Proof of intelligent life beyond Earth does not automatically impart spiritual clarity to a third density civilization, and the majority of your world’s population still is at that level. Of the many other long-hidden truths that will be revealed, the most difficult for many to accept is the origin and purpose of religions, and there will be strong resistance to accepting that truth regardless of how solid the evidence is. Without understanding that greedy, power-hungry individuals devised religious dogmas to control and divide the masses, to make God a fearful supreme being whose rules must be obeyed and that those self-serving individuals themselves made those rules, and that much of the information given by God’s true messengers was distorted or omitted in religious books, there can be no spiritual clarity or growth of the soul.

12. Hatonn spoke of the formidable opposition to acknowledging the existence of extraterrestrial life. This includes creating fear about the motives of other civilizations, and the dark ones have been doing that through entertainment venues. While it may appear that the television show “V” was strategically planned after initial discussions a year or so back about officially recognizing other civilizations, producing that kind of



viewing is just another means whereby seeds of fear have been planted throughout the ages. The same is true of the movie "2012," designed to evoke fearful thoughts that the world really may come to the kind of end that some fundamentalist religions are expecting. With "entertainment" catering to that belief and refreshing the fear about aliens, not to mention the many other popular entertainment forms based in violence, you can see why all aspects of the announcement program must be so carefully considered.

13. Fear is the dark ones' most powerful weapon against the light because the energy of fear not only forms a barrier between the consciousness and the soul, it refuels the darkness to keep it thriving. Another means of achieving that two-way objective as well as reducing the world's population was developing various strains of "flu" viruses. An important part of this diabolical scheme to create plagues, which during your history have caused massive fear and death tolls, was the conditioning of Earth's peoples to regard death as the ultimate in fear.

14. The mysterious illness striking in the Ukraine and spreading beyond its borders is a continuation of the dark ones' biowarfare. After failure to produce the intended global fear and death toll with the SARS, avian flu, and swine flu/N1H1 viruses, which were neutralized by our space family's technology, the darkly-inclined ones developed a combination of strains whose virulence cannot be destroyed with the same high degree of success as with those three lesser toxic laboratory-designed viruses.

15. The intended pandemic and death toll will not happen, but not all who become sick will recover. While some souls are dying in accordance with the longevity part of pre-birth agreements, others are leaving prior to contract fulfillment. In Nirvana those souls will find that completing their chosen third density karmic lessons is easier than in a physical lifetime because all learning—it is not learning new information, it is remembering what you know at soul level—is facilitated by the powerful love energy in Earth's spirit world. This is true of all souls who left or will leave prior to contract completion or whose petition to amend the original terms was or will be honored.

16. Another widespread fear is lack of the essentials that sustain life—clean air, food, and water—and the dark ones have been relentless in their efforts to befoul Earth's natural elements as well as deny billions of her residents even subsistence living conditions. Through long ages of instilling fear through mental conditioning and devising circumstances that engender fright, illness, suffering and death, the darkness has controlled Earth's peoples.

17. I want to address my statement in a previous message that several readers interpreted as my saying that genetically modified foods are not harmful. No, I was not saying that. I was giving those foods and one-season seeds as examples of the many ways the darkness conceives to adversely impact your lives and keep fear flourishing. Mother, please copy the part I am referring to.

*"Other information in circulation also is designed specifically to create fear. For example, grains, fruits and vegetables produced by*

*grafting have been consumed for decades with no adverse health effects, so from whence came the idea that "genetically modified foods" are harmful? The more recent production of seeds that cannot produce future crops is another matter—like other developments devised with dark intent, it also will be short-lived. Time is fast running out for anything and everything born of darkness!"*

18. Thank you. In retrospect I see that my words did not clearly convey that genetically modified foods and non-reproductive seeds come from dark intent to create fear, but since my mother understood my meaning, neither of us realized that it should have been stated more clearly. I shall repeat that excerpt's last sentence, which has no ambiguity whatsoever: *Time is fast running out for anything and everything born of darkness!*

19. What the darkness had not reckoned with was your reawakening and reclaiming your god and goddess powers that let you shake loose from its control. This triumph for you is doom for the darkness, but even with all the evidence that their end is inevitable, the puppets of the dark forces will not accept defeat as long as they can arouse fear and panic. We know that many enlightened souls often ponder how best to serve the light. We say, hold your light steady and send forth beams of unconditional love to Earth—the energy of love, which is the same energy as light expressed differently, is far more powerful than the energy of fear!

20. We understand that when you see your world in turmoil with so many enduring sorrow, hunger, disease and poverty—and those are the focus of news reports—it is difficult to always see the love, beauty and goodness that is even more prevalent in your world. It always is surrounding you in abundance, much of it unseen with your eyes, but so close to you in spirit. When headlines "are too much with you," visualize the world of peace and love that you know awaits in your timing and already is manifested in universal timing. Allow feelings of joy and love to flow into and from your heart—love is inestimable in its capacity to uplift you and all who are around you, and this energy is so powerful that it radiates into distant lands.

21. Yet not everyone will choose to embrace this energy because it entails opening minds to many truths, and paramount among them is the Oneness of All, the inseparability of all souls with God and Creator. Please do not be saddened if persons very dear to you cannot "see the light," and please do not feel it is your responsibility to urge them. Everyone will awaken in his or her own timing—if not in this lifetime, then in another with the same opportunities to grow spiritually. At whatever station you and souls you love may be, eternal love bonds forever unite you—life is eternal, the soul is immortal!

22. *If I'm having trouble seeing myself or anyone else as a god or goddess, will this reduce my chances of ascending with Earth?* Anyone whose self-identity is based on a perception of a "godly" appearance is looking outside instead of *knowing* inside. According to the gender each of you chose for this lifetime, you are designated as either a god or a goddess, but that differentiation is not important—knowing that every

one of you is a part of God *IS!* God is androgynous, the balance of feminine and masculine *energies*, and those have nothing at all to do with gender, but rather *soul essence*.

23. It could be helpful and equally accurate to think of humanity as that essence instead of individual gods or goddesses, which only signifies the gender choice of each soul for this lifetime. Because this could give rise to questions about transsexual persons, I repeat that it is *essence*—not form and features or sexuality or gender—that constitutes a soul. It is the choices each of you makes in using that essence that constitutes living in “godly” ways or not. Everything in our universe is eternally interconnected with and inseparable from God, by whatever name, and every soul is a part of that Oneness. *Knowing* this, *feeling* this, is part of the spiritual growth that enables ascending into higher densities.

24. *Will babies and children make the ascension journey with Earth?* Unless these souls chose very short incarnations to benefit themselves and all others in the pre-birth agreement, yes, indeed they will go along with Earth.

25. *What physical changes will children undergo as they shift into 4D bodies?* Some souls who recently came in have bodies with crystalline cellular structure, and those who don’t will experience less upsetting physical and emotional symptoms than adults whose bodies also are changing from carbon-based to crystalline. Part of adults’ adjustment is the uprooting and discarding of thought patterns that form belief systems and behavior patterns burdened by cellular memory. Children simply have not lived long enough to be as heavily indoctrinated and they respond more quickly and positively to the higher vibrations than most adults. Many souls who embodied during the past few years consciously know their God connection and are aware of their rightful place in our universal family—that innate knowledge did not get “lost” in their third density bodies. It is devoutly hoped that the parents chosen by these infants and youngsters will preserve rather than thwart their children’s unusual degree of curiosity that is born of ancient wisdom.

26. *How can we know what is intuition and what is our own thoughts?* Intuition is an instantaneous reaction to a new situation or new information and is a sensation more than a “full blown” thought. What you call a “fleeting thought” may be intuition, but if your impression of the situation or information comes after a pause and has clear mental focus, then it is a thought. Pondering or analyzing any issue is your own thoughts about it. You could think of intuition as the signal that motivates you to take instant action in accordance with your spontaneous reaction or to seriously think about why you had that reaction—perhaps a lifesaving measure or a job change, respectively.

27. *“We seem to be confronted more than ever with our ‘dark’ issues. Is there a ‘deadline’ on dealing with those feelings, attitudes, emotions, addictions, etc. or should we just acknowledge them and we will simply outgrow them as we evolve into 4D existence?”* This contemplation goes directly to the core of third density’s duality—the spectrum of human

emotions, characteristics and behavior—and souls' multiple lifetimes to experience and overcome duality's pitfalls.

28. Although you could say there is the deadline of mortality for completion of chosen experiencing in each incarnation, there is no such deadline within the timeless continuum where multiple lifetimes—the soul's experiencing personages, each its own independent and inviolate self—are happening simultaneously. It is difficult to comprehend something that cannot be remembered as personally experienced and for which there is no conscious frame of reference, like life without linear time and a soul comprising many independent soul-personages, but we shall do our best to explain what you *do* know at soul level.

29. In your galaxy, Earth is one of the best schoolhouses for learning to deal with duality—that's why you are there. Graduation, so to speak, is mastering duality's many challenges and evolving into fourth density, where duality doesn't exist. It may require only a few lifetimes or many hundreds for a soul's personages to have thoughts, emotions, motives and activities with positive, or light, vibrations rather than those with negative, or dark, vibrations.

30. Each lifetime in Earth's spirit world is in preparation for the next incarnation, the soul's next personage. The soul reviews its most recent physical life and in the process, not only sees every moment throughout the lifetime, but feels all of its own emotions and the emotions of everyone with whom it interacted. Depending on how closely the soul adhered to its pre-birth agreement with the other souls who participated in the lifetime, you could say that this review process is the "heaven" and "hell" of religions.

31. However, the review, like karma, is neither reward nor punishment. It is evaluating the immediate past lifetime in the context of all personage lifetimes and determining what is needed to fill gaps or strengthen weaknesses in the collective experiencing. Because the goal of every soul is spiritual evolvment, one who is lagging may request advice from an "old soul" with advanced awareness, and a soul whose life review was lax will be guided by more experienced souls in selecting what it needs in its next personage life.

32. In spirit worlds the Oneness of All is known, and advice and guidance are given with unconditional love. That also is the basis on which souls agree to share a lifetime, including those who accept the "heavy" roles that give others the chance to experience what they need for spiritual growth. Because souls are inseparable yet function independently as personages, the evolution of one contributes to all. The reverse, devolvment, is just as true, so it is in all souls' best interests to assist each other. That "motivation" explanation is only to show souls' willing cooperation, because unconditional love is much more than the basis for pre-birth agreements and guidance, it is the very makeup of the soul.

33. With love abounding, it is logical to wonder how any soul can become dark. It is by being weak-willed and giving over godself's powers to an entity that holds forth rewards of fortunes and control in return for greedy, ruthless, dishonorable, dictatorial actions. That entity is known

as the dark forces, the vast force field of negative thought forms, and a soul who is lured by those rewards aligns itself and its actions with those thought forms, drops from its Beginnings in the light, and sinks into darkness.

34. Now then, a soul's selection for each physical lifetime starts with parents for genetic, cultural and environmental reasons and it chooses specific skills, talents, interests, personality traits—everything that makes an individual unique. That composite along with *intended* interactions with all who will be sharing the lifetime becomes the new personage's soul contract, its part of the pre-birth agreement.

35. A newborn has full awareness of the contract provisions, but they fade as the baby adjusts to the needs of a dense body and to parental conditioning. As the child grows, influence from peers, teachers and other authority figures comes into the lifetime. Not only has everything in the soul contract been forgotten, but there is pressure to conform to others' standards and expectations. The soul keeps in touch with its personage through conscience, intuition, instinct, inspiration and aspirations to "nudge" the personage along the course of the contract. But the desire to express one's free will is strong indeed and therein lie duality's challenges: To which end of the spectrum are the personage's interests, desires and goals heading, into the light or the darkness?

36. Now let us put all of you and all of that background into this moment that is unprecedented on Earth, indeed in the universe. In brief—because this has been extensively covered in various previous messages—Earth chose to leave third density, but because she was too weakened by negativity to do it alone, she asked for help. One form of assistance is the in-pouring of feminine, or goddess, energy to balance the long-dominant masculine energy that was the source of negativity. The "mingled" energy is magnifying all emotions and characteristics, and the differences between light and dark tendencies are increasingly noticeable. This "wheat and chaff" situation lets you more clearly see yourself –the conduct of others provides a mirror for you.

37. There is a universal "window" for Earth's ascension and the linear clock is ticking. She is assured of reaching her destination in good time, but if you want to physically go along, you must wind up third density karmic lessons, just as you chose in your soul contract. Remembering that the soul nudges your consciousness in accordance with that contract, uncomfortable feelings about self are important messages. So far from this being a time of merely acknowledging discomfort with your attitudes or behavior, it is an opportunity with time limits to change them.

38. Evolving from third density into fourth does not happen simply because you're on the planet and the planet is ascending. Your evolution comes with heeding conscience and intuition and the other wisdom your soul is giving to guide you in alignment with your contract. It comes with self-introspection, acting with honor, respecting all of Nature's life forms, discerning truth from falsity, emulating but not copying persons whom you greatly respect, and not judging others. It comes with recognizing

and feeling grateful for the blessings in your life, with forgiving yourself and others for perceived injustices. It comes with living from your heart, the seat of your soul.

39. Never are you alone in your journey of self-discovery and evolution! Always the infinite arms of God—angels, spirit guides and free spirits, beloved souls in Nirvana, souls from spiritually advanced civilizations, and the energy of Christ consciousness manifested as love and light and unsurpassed in its powers—are with you.

**September 11, 2010**

**Media control lessening; light source, purposes, receiving; ascension requirements; spiritual preparedness; detachment; Pakistan flooding, Hurricane Earl; law of attraction; partisan politics; ET presence, option to TV program**

1. This is Matthew, with loving greetings from all souls at this station. Truth is not yet surging into your mainstream information outlets, but it is seeping ever more strongly now that the finger is out of the dike, so to say. With this media barrier seriously compromised, the dark ones cannot much longer hide the massive deception that in this moment is only barely exposed to the public, much as the tip of an iceberg is visible while the immense part with potentially lethal destructive power lies out of view.
2. There have been attempts to stifle the truth since the dawn of communication on Gaia-Terra-Shan-Earth, and the attempts were successful when darkly-inclined ones controlled the dissemination of information. In modern times, they expected to broaden their web of control with the Internet, but instead, it became their undoing. Now factual evidence that until recently was mainly restricted to that source is reaching the public through the perseverance of courageous investigative journalists, other reporters, eyewitnesses and individuals disclosing personal experiences. Not only is there increasing exposure of lies and corruption, but also innovative ways people are adapting to the economic situation are being publicized. The tearing down of mind control via the media has come about because of the ever-intensifying light.
3. There is confusion or uncertainty in many minds as to what light is, where it comes from, and how one can receive it and thus physically ascend with Earth. Light is the very same energy as love, simply expressed differently, and it is the most powerful energy in all of Creation. Light is the total essence of Creator, the ultimate power in the cosmos, which has many universes; and in this universe, light comes from its highest being whom you call by various names such as God, Allah and Yahweh.
4. Light is the composition and life force of all souls, whether living in a physical world or a spirit world. It is natural to wonder how, then, souls can become dark, so we shall add a note of explanation. As a part of Creator's essence via the god of this universe, every soul incarnates light-filled and with specific missions that it chose prior to birth. The infant knows its godself and the missions in its lifetime soul contract, but all memory of that knowledge is forgotten as the baby adjusts to a dense body and adapts to parental expectations; as the child grows older, it encounters influences from other authority figures, too, and peers. The forgetfulness, which is at conscious level only, is part of the grand design that offers the person learning experiences; and all along the way, the soul sends messages to the consciousness in the form of conscience, intuition, instinct and other types of guidance in accordance with contract choices. Persons who heed those messages live true to their lifetime purpose and retain their light. The light starts to dim in those who ignore their souls' messages, and if they continue to pay no heed to that guidance, they stray farther and farther from their chosen missions and their light keeps diminishing until only the spark that is their life force remains. You have no way of knowing if that is what has happened to someone or if that person is following the soul contract to the letter by providing opportunities for others to complete third density karma and continue their soul evolvement.
5. To return to what Light is, it is souls' eternal and inseparable connection with Creator and God and every other creation throughout the cosmos. Light is the force that is enabling Earth to ascend out of third density, where darkness thrives; it is propelling her toward fourth density, the onset of her Golden Age, and will continue to take her on to her destination in fifth. That is where her soul originated and remained while her planetary body spiraled downward during the millennia when darkness so heavily influenced her human residents. Light is raising consciousness levels to free you from third density's limited perceptions, and by opening hearts and minds, light is paving your spiritual evolvement pathway.
6. Receiving light is as simple as living a "good life." Being kind, caring, honorable, trustworthy, truthful, helpful, joyful, generous, hopeful, compassionate, cheerful, optimistic, pleasant and having an

open mind — the positive emotions and characteristics that make life meaningful and fulfilling — carry the high vibrations of light. At soul level you know this — think about your expressions “feeling lighthearted,” “the light of my life” and “seeing the light” that connote uplifted feelings or an *Aha!* moment.

7. Conversely, greed, ruthlessness, oppression, corruption, brutality, deception, betrayal of trust, unjustness, lack of forgiveness and lust for power emanate very low vibrations. Negative emotions that emit low vibrations include fear, guilt, remorse, self-doubt, jealousy, envy, bitterness and resentment, all of which create discomfort, discord and dissatisfaction. By far the most powerful of negative feelings is fear, a highly magnified energy attachment, and that is why time and again we have urged you never to fear anything. Not only do fearful individuals attract more circumstances to feel fearful about, but the energy of fear is the dark ones' greatest tool — it feeds their ambitions and strengthens their domination over you. When you live steadfast in the light, there is *nothing* to fear! *Nothing of dark nature can survive within the light!*

8. To physically ascend with Earth, however, does require more than living a good life, a godly life. It also requires leaving behind third density's deceitful foundation of religious beliefs and accepting the brilliant light of spiritual truth. The truth is, as equal parts of God — by whatever name you call the ruler of this universe — all of you are gods and goddesses with unlimited powers to manifest whatever you choose to think, feel and do. The truth is, religions were devised to keep you from knowing who you truly are, to keep you ignorant of the universal laws, and to create divisiveness within the populace. The truth is, peoples you call “natives of the land” or “aboriginals” are closely attuned to the universal consciousness whereas religious dogmas, especially in Western religions, were made through the centuries by church leaders to obliterate that natural attunement, control the masses and acquire wealth for themselves.

9. The truth about Christianity is, it is based on fabrications about Jesus' birth, crucifixion and resurrection, and his teachings were deliberately distorted through dilution and omission. Jesus was conceived and born just like every other human baby, and he never was put on a cross. He was flogged by the Sanhedrin, who ruled church and state, and was banished — they wanted him out of that land, not make him a martyr whose death would increase the numbers of his followers. With his pregnant wife Mary Magdalene, Jesus went back to the East, where he had gone as a youth and spent many years studying with the master teachers. From them he had learned the interconnectedness of all souls with each other and with God and how to use the universal laws for healing bodies, changing or multiplying forms, dematerializing and rematerializing matter and the like — so-called “miracles” that every soul has the innate capacity to perform. That is what Jesus was teaching to the multitudes. Because spreading that knowledge would spell doom to the purposes of the self-serving Sanhedrin, they dealt severely with the disciples who continued Jesus' teachings, and by making him “the only son of God,” they elevated him to a status that no one else could ever attain. Also, both Jesus and Mary Magdalene were from highly respected families at the top of Hebrew society. Having him born in a lowly stable and portraying her as a prostitute were other false parts of the story whose roots were in avarice, hubris and power lust and has been handed down through the ages.

10. The point has been reached in Earth's transition from third to fourth density where spiritual preparedness is of much greater importance than preoccupation with current happenings. By no means are we suggesting that you be uninformed or disinterested in national and international developments, but rather that you not be drawn into third density's drama that is playing itself out. We know it is challenging to keep two feet on the ground and allow your mind and heart soar to the heavens, but staying steadfast in the light will keep you in balance. As the ascension pace keeps accelerating, the rest of the “iceberg of truths” will be rising into public awareness, and staying balanced will give you the strength and ability to fare well when others reel in shock, anger and disillusionment as events unfold.

11. An aspect of preparedness, detachment, will come more easily to some than to others. If you are experiencing unemployment, loss of home, interrupted education, dwindling savings, sale of possessions or other losses or hardships, you have made long strides in detaching from parts of your life that once were taken for granted. Not only can you now appreciate the great difference between tangible possessions and what has genuine worthiness, but mastering detachment is a significant step in shedding third density so you can embrace a different world, a world where everything from employment and recreation to telepathic communication among humans and animals to space travel



and intergalactic friendships will be wondrous adventures!

12. And as harsh as it may seem, detachment may include family and friends. Not by withholding your love, certainly, but by accepting that some persons very dear to you may choose at soul level to depart this lifetime rather than journey with Earth. They won't know that consciously, but they will make a conscious choice by refusing to change beliefs that are based on erroneous teachings or to change negative attitudes and behavior. Be comforted in knowing that those choices are NOT a mistake! It may seem so in your eyes, but those individuals just are not ready for the same leap in spiritual growth that you are. They may be what you call "young souls," souls that have not accumulated the same measure of spiritual clarity, universal knowledge and innate capabilities that you have. They will have other opportunities to catch up and never is any soul faulted for being slower than another. Furthermore, the detachment we speak of is only for this incarnation, a speck of experiencing by your cumulative selves in multiple lifetimes in various locations throughout this universe. Love bonds are eternal and multidimensional, and in the continuum you are living in other relationships with these same souls, including "future" lifetimes, and your more evolved selves recognize each other and can remember shared experiences.

13. We thought our last message covered the ascension topic quite well, but new questions disclose our gaps. *"Will I know to follow the light and ascend...running up the 'ladder' until the last drop of my energy?"* My mother thinks of this kind of spiritual fervor as "being on the fast track," and we smile in agreement — it is joyous for us to see more and more of Earth's people awakening and feeling excited about their new level of understanding. Yet, because it is new, it also can be a bit daunting, so we say that following the light is as easy as following your conscience. Unless conscience has atrophied because it has been ignored time and time and time again, it "speaks" unmistakably loudly when one veers away from choices in the light — there's that very uncomfortable feeling that a "guilty conscience" imparts.

14. *Will there be any nudists on the planet after 2012?* This question gives us the opportunity to explain that what we see in the continuum are the auras of the souls there, and those are radiating health, joy and love. When you are living in the Golden Age in your concept of linear time, we will be able to visit you in our etheric bodies or bodies we manifest with the same substance as yours — either way, we will see you as plainly as you will see yourselves. A current lifestyle of nudity will not bar anyone from being there if the aforementioned requirements for physical ascension are met and the longevity clause in soul contracts permits.

15. As for the request to give the best DNA activation method to help prepare you to ascend with the planet, it is not within our province to make that kind of recommendation. However, simply by living in the light, your third density carbon-based cells are changed into the crystalline cells that enable physical survival in higher densities, and we say again that the physical ascension requirements stated above apply to everyone.

16. Now then, let us return to topics of widespread interest or concern. The flooding that has caused the displacement of many millions in Pakistan is a combination of factors. Most of those souls are completing third density karma by transitioning to spirit life or by experiencing unduly difficult circumstances during this time, and others also are growing spiritually by giving hands-on assistance, supplying life's necessities or financial support, and sending forth prayers. And once again, your weather technology was used to create chaos, fear and dire hardships on such a massive scale that official acknowledgement of our space family's presence has had to be relegated to low priority.

17. We shall speak more about that, but let us continue with "natural disasters." Hurricane Earl was begun by Mother Nature to release more negativity, and she would have accomplished that by keeping the storm out at sea. However, after your scientists intensified the hurricane and directed it toward the mainland, our nearby brothers and sisters used their technology to diminish its force and veer it northward to lessen its impact. Maybe common sense already has told you this — how likely is it that a Category 4 hurricane "naturally" would reduce itself to a Category 2 instead of gathering steam over the ocean and, in its weakened condition, be able to change its course direction?

18. A few words about an issue that is closely related: Every bit of energy given to forecasts of

catastrophic damage adds to the possibility that it may occur. Energy is neutral and without reasoning capacity — it is your thoughts and feelings that attach themselves to energy streamers that give them direction and forcefulness. As the collective consciousness starts churning with fearful thoughts and feelings about such forecasts, the *possibility* of occurrence becomes a *probability*. Even though our universal family stands at the ready to intervene in situations where they are authorized to do so — reducing the harmful effects desired by your weather manipulators always is allowed — please be ever mindful that the impartial law of attraction is constantly operating and is powerful.

19. This applies equally on a personal basis. Some individuals regard guidance to “live in the ‘now’” to conflict with instructions for manifesting what they want in their lives. We say to those who think they cannot handle responsibilities of the moment and simultaneously create future developments: *You have been doing this lifelong!* The law of attraction is set in motion by your “now” thoughts and feelings. When you have positive, or optimistic, thoughts and acknowledge with gratitude your “now” blessings, that is what gets attached to energy streamers that shoot out to the mass consciousness, attract similar energy attachments and bring back to you more to feel thankful for. In like manner, when thoughts and feelings are focused on stressful situations and ordeals, you manifest new hardships and worries to deal with.

20. The natural laws that govern life throughout this universe are simple, straightforward and effective. One of the limitations of third density mentality is its tendency to see complexities where none exist. As your consciousness continues to expand, you shall see for yourselves the simplicity and purity that prevails in higher densities. However, you need not wait until Earth reaches fourth density, her Golden Age beginning, to experience this — you know the laws and can apply them to your advantage *now!*

21. As for other current happenings in your world, the economy will continue to seesaw until it is irrefutably evident that the mechanisms keeping it afloat are riddled with the same corruption that caused the crash termed “recession.” Banking, lending and stock market trading, which are no more than computers abuzz with numbers in the billions, are undergoing changes that will result in a new monetary system based on precious metals and managed by honorable, knowledgeable and trustworthy individuals. When it becomes widely known that all along the Illuminati have been playing the global economy like a yo-yo, it is likely that there will be a short period of turmoil while the new system is being firmly established. So along with supplies that are practical to have on hand for a power outage, say, it would be advisable to have some cash. *But do this without fear!*

22. The latest efforts to negotiate a peace treaty between Israel and Palestine ultimately will be successful, but more haranguing, delays and deadly clashes between individuals will precede the satisfying outcome. Tensions throughout the Middle East, considered to be a tinder box by many world leaders, will ease as the light keeps intensifying. For a while longer, though, saber rattling, political instability, skirmishes between opposing sides and other outbursts of violence will continue in that region as well as in Afghanistan and countries where citizens want to be free of oppression by despots. All of those situations will gradually ease until peace gently blankets the whole of your world.

23. We do not know how next month's elections in the United States will turn out, and it is logical to ask why since we could tell you even before the primaries that Obama would be that country's new president. The difference is, his presidency is part of the Golden Age master plan — you shall see that his formidable opposition's delaying tactics and criticism will not deter him from accomplishing his light-filled mission — and the upcoming election results are not. The same is true of elections in other countries, and despite the energy poured into campaigns by candidates and their adamant supporters and wealthy contributors, partisan politics soon will start fading into history. Far from their pledge to govern in the best interests of a united citizenry, most politicians promote contentiousness and separation, and those have no place in Earth's Golden Age. So please do not be despondent if your “party” or “candidate” loses. If winners are of the light they will hold their seats and if they are not, their tenures will be short-lived. In stages during the time remaining before the onset of that glorious Age at the end of your year 2012, governments of every nation will become bodies that honorably and abundantly serve the interests of their people. That transformation is not very far off — with everything in acceleration mode, linear time is passing faster and faster.

24. Climate change is of serious concern, so for newcomers to our messages we are happy to say again that this is Earth's transition to a moderate climate globally. Record-breaking temperatures, increased solar flares, melting glaciers and polar regions, low islands slowly being submerged and strange new juxtapositions of planetary bodies are aspects of Earth's ascension process and the

return to her original health and pristine beauty. In alignment with her goal, our "space" brothers and sisters are using their technology to alleviate the toxic effects of the oil and its dispersants in the Gulf of Mexico as well as the toxins in other waters, chemtrails and weaponry.

25. Illuminati activists are trying to prevent official recognition of other civilizations' presence in every way, and from the earthquake in Haiti and last winter's uncommonly heavy snowfall in Washington DC to flooding in Pakistan and Hurricane Earl, their use of technology has achieved their dark purpose. However, those events also were great opportunities for millions of souls to advance toward karmic completion as well as releasing massive amounts of negativity from the planet. More negativity is yet to be released, and wherever your technology initiates "natural disasters," our universal family will use their technology to reduce the destruction and death toll.

26. The Illuminati do not confine their dark efforts to those events, though, and our light family's on- and off-planet intelligence units intently monitor everyone who has the means to set off a "false flag" operation to ignite widespread violence. By God's honoring Earth's free will decision that killing and destruction *end*, not escalate, the crews are authorized to intervene however necessary to prevent the free will of those who attempt to start another war or anything else to create chaos. However, the crews cannot interfere with Earth residents' free will decisions to be suicide-bombers or halt troops from obeying commanders' orders — those kinds of activities will end naturally as the higher vibrations touch people's hearts or physical death results from lack of light in the bodies.

27. As for the televised announcement to your world, "They are here and they come in peace," no conclusions had been reached about what the program should include, and your leaders who were involved in the planning sessions several months ago have been occupied since then with matters of importance in their respective countries. Therefore, some individuals who participated in those early meetings are talking about scrapping the program and in its stead, a few small craft would land in safe areas around the globe. The landings would be coordinated with colleagues on the ground so the greeting of "the extraterrestrials" by persons who are well-known to you can be filmed and simultaneously, or perhaps later, televised through arrangements with persons who are in positions to manage that. There would be sufficient evidence that the visitors are indeed from other civilizations — *peaceful* civilizations! — so that any outcries of "Hoax!" or "Invaders!" from the dark ones would have no validity whatsoever among the populace.

28. Other introduction possibilities also are being discussed, and at this point, nothing has been decided. However, this goes back to linear time passing faster and faster and the need to accomplish major reforms prior to the closing of the celestial window through which Earth will leave third density. That time may run out before she can exit never has been in question — she can and *shall* exit! The objective of the planners is to swiftly, yet prudently, bring forth all the truths that must be known, *including the truth about what happened on this date nine years ago*. Toward that goal of enlightening all receptive souls as the finish line of choosing their destiny draws ever nearer, vast powerful sources are beaming increased amounts of light to Earth and her peoples.

Go forward joyously and fearlessly, knowing that lighted souls throughout this universe are with you and God's infinite and eternal love is enfolding you in Christed light.

**October 10, 2010**

**Hatonn: ET update; perspectives; Obama. Matthew: economy, 9/11; light absorption indication; peace, love; guidance to overcome addictions; karma; diet; animal souls; changes in education, learning abilities**

1. This is Matthew, with loving greetings from all souls at this station. In a departure from our customary beginning, addressing issues that are uppermost in many minds throughout your world, we are turning over the podium, so to say, to Hatonn to launch this message.

2. HATONN: Thank you, Matthew and colleagues, for letting me have the stage. *When will our ET friends land like they've promised?* is a question that wouldn't even occur to most, but it's a very common one in lightworker circles. I don't know exactly when we will land en masse, but I can tell you about our new level of involvement that is good progress toward

that time.

3. You've been told that we can't interfere with individuals' free will choices except by God's mandate that Earth's free will supersedes that of anyone who would deliberately cause vast death and destruction. You also have been told that with everything in acceleration mode, there's no time to waste getting this show on the road side by side, and that's why a new wrinkle has been added.

4. We have been given leave by God to use stronger methods wherever necessary to dismantle the Illuminati's remaining power bases. This does NOT mean killing anyone — God *never* sanctions killing, nor would we ever want to do that! For quite some time we have been permitted to override the dark ones' free will by blocking their powerful weaponry when they attempt more events like "9/11," and we have done that on numerous occasions. Now we also can foil their efforts to create major disruptions by blocking their communication systems and transportation modes and by diverting their intelligence couriers.

5. We also have God's permission to temporarily relocate a few key individuals to areas where they can do no mischief whatsoever. This is done somewhat like the cloaking of our ships in an invisible force field, which makes the disappearance baffling to those individuals' co-workers too. So, even though you won't see evidence of our new allowances, you know that now we're taking even longer strides to help you rid your world of dark deeds.

6. Also I want to debunk the warning that aliens posing as friends really are base entities who want to take over your world. Hogwash! The light grid around the planet prevents any civilization with dark intentions from being anywhere near Earth. And if the bad guys try to put their own "secret" craft in the skies and bring out some of the Greys living underground and claim it's an invasion, we can stop that charade before it gets going.

7. Matthew, that's it on the ET front. May I speak about another matter?

8. MATTHEW: In speaking for all of us, I say, please do continue, Hatonn.

9. HATONN: Thank you. Actually, it's a matter from three different perspectives. All souls at Matthew's station are highly spiritually evolved, and as their spokesperson, he relays their unified feelings about souls on Earth. They love all equally and send healing light to all. They are able to honor all people as parts of God and separate that from their *ungodly* thoughts and actions.

10. We are physical civilizations. We don't have the capacity for that extent of unity and unconditional love. As part of our own evolutionary progress, we are in service to God by helping lower density worlds evolve when they ask for assistance. Some among you don't want anything changed, but Earth *does* — that's why we have been helping you technologically and many of us are living on the planet to help in other ways. We're spiritually and intellectually advanced too, so we know your thoughts, we know what you're feeling and see what you're doing. But unlike the souls at Matthew's station, we do get anxious, angry, discouraged, impatient and frustrated by some of what's going on. We have differing opinions and ideas just like you do, but we resolve the differences on the basis of what best serves all of us as a universal family.

11. Then there's your civilization. By your admission — and certainly it's obvious! — your world is in a mess, but instead of doing something to fix it, too many are just watching TV or are gung-ho about sports, "Yay for my team!" There's complaining and bickering about problems instead of solving them and criticism about those who are trying to. I'm going to speak about the one whose circumstances most concern us and why.

12. Generally speaking, people know US president Barack Obama only by what he says and what your media report. Most don't have clue about what goes on "behind closed doors." You see stubborn partisan politics. We see Obama's powerful enemies within and far beyond the government who are determined to smash to smithereens his attempts at reform. You see him looking worried and know some call him weak and say he's leading his country in the wrong direction. We feel his pain as his efforts to improve the lives of all who are downtrodden are scuttled by a few self-servers. You see him trying to end foreign conflicts

and think he should stay home and fix what's wrong in his own country. We feel his discouragement and exhaustion as the dark ones keep stirring up trouble to dash his efforts *everywhere*.

13. The folks you call "pundits" speculate whether voters will give Obama a second term in office. We sing his praises for staying the course day after day! He has to deal with some of the very ones who threaten his life and his family's, yet his intention to keep working for a peaceful world without poverty anywhere remains firm. *You* know that he and his family are protected by the Christed light grid around them, but Obama doesn't know that. *You* know that he is a major part of the Golden Age master plan, but he doesn't know that either. He acts on his convictions, principles, aspirations and innate experience as an honored leader in a highly evolved civilization who agreed to serve Earth in the most demanding position on the planet. If everyone could know this soul as we do, all the doubts and carping about him would come to a screeching halt and you would thank God for this man's courage, wisdom, spiritual and moral integrity and his willingness to persevere!

14. You know that your thoughts create what happens in your life, in your world, and everything you do affects everything else in this universe. So if any of you are among the carpers and doubters, stop that and start helping Obama to succeed! He's working *for you* — *do the same for him, yourselves, your world and our universe!* You don't have to become political activists. Just keep your hearts and minds in the right place and help others do it too. We're in the trenches *with you* and we need your help—we have more than enough hindrance from the dark ones on Earth!

15. I know I've sounded harsh, but sometimes people don't respond until it's "tough love" time, and it *is* with love for you that I've spoken. And not just for myself and my people. I'm representing countless others who feel the same but don't have a forum like this to express it.

16. Now I'm finished, Matthew. Thank you for letting me speak my piece.

17. MATTHEW: We thank you, Hatonn. You addressed topics that are among the most numerous in emails sent to my mother, and it is very likely that your words will have greater impact than ours would have had.

18. You are right, of course, that we in spirit worlds speak from a considerably different perspective from yours, and yours is every bit as valid as ours. We may speak in gentler tones about what we observe from this vantage point, yet we have utmost respect for your position and are immensely grateful for your service "in the trenches" on behalf of our beloved Earth family.

19. And I say, too, you are a hard act to follow! Nevertheless, we shall move on to other topics in which readers also have expressed interest.

20. The teeter-tottering of the international economy cannot be sustained much longer, nor can the history of its control by the Illuminati's illegal manipulations remain hidden much longer. They are using obscure legal processes to hold onto their ill-gotten fortunes, thus we cannot tell you when the economic collapse will come. However, the time cannot be far off because many nations are bankrupt or on the verge, and their leaders and economists know that there is no financial backing for the daily computer transactions in the trillions of dollars and other currencies. When the collapse does come, welcome it in the knowledge that those who will direct the new system are at the ready and during the transition will keep financial disruptions to a minimum. You can lessen the anxiety of those around you by remaining positive, and you can do that confidently, knowing that Earth's Golden Age is right around the corner, so to say.

21. The facts about "9/11" will be emerging fairly soon as well. When foreign leaders publicly state their opinion that the US government was either involved or knew beforehand and did nothing to prevent the horrific events of that day and some mainstream newspapers report that — and state that many US citizens also doubt the official story — you know that the irrefutable evidence of the truth cannot be suppressed much longer.

22. Questions about ascension and the Golden Age are too plentiful to include in this message, so we shall address some now and others in the next message.

23. One facilitates light absorption simply by living in godly ways, and no, there are no signs that exclusively indicate cellular changes from carbon to crystalline. Uncomfortable conditions that may be caused by that transformation process also are symptoms of physical diseases, and that is why we have urged you to consult a trusted health care specialist if symptoms are severe or prolonged. However, as time passes there is a recognizable difference between illness and light absorption — as more and more light enters the cells, there comes a pervasive sense of well being, an underlying peacefulness and lightheartedness that persist even in the midst of challenging circumstances.

24. *Will the International Day of Peace significantly help Earth in her ascension?* Everything that is focused on peace, whether an international observance like International Day of Peace or the thoughts and feelings of a single person, adds light to Earth that assists in her ascension and hastens the day when your world will indeed be peaceful. The same is true about love and observances such as Global Love Day and international meditation groups whose focus is love — the words love and peace emit high vibrations in speech, writing, thought and especially feelings. And we add that the power of many focusing with the same intent increases the effects exponentially.

25. *I fear that alcoholism will doom me to some astral hell.* Dear soul, be assured that it won't, but it can make life here on Earth a hell for you. *There are so many addicts and alcoholics...what are we to do if we can't overcome our addictions?* Soul contracts that include experiencing one kind of addiction or another usually also include the intention to overcome it through spiritual strength; not accomplishing that chosen goal means another lifetime opportunity to do so. Many addicts do keep repeating previous life circumstances and experiences because drugs form a barrier between the soul and the consciousness that prevents communication between those two aspects of self.

26. Mother, please copy the part of the book that contains suggestions that can assist in overcoming addictions.

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The key is wholehearted desire to overcome the addiction. This begins with one's self-honesty, admitting "I am addicted" to self, which is very difficult because the intended effect of drugs is denial that they are a problem even as the user's life is centered around the next "fix." If people truly understood prayer and the power of prayer, they could use this to overcome their drug dependency. No power on Earth is greater than the light, and the light energy in prayer is inestimable! Prayer is not kneeling in public humility or even in private — it is one's innate connection with God in thoughts and feelings, anywhere, anytime. In a calm, quiet way, ask for help: "Help me overcome my need for drugs" or "Give me the strength to stop drinking" or any other few words that are comfortable. The longings of the heart speak equally clearly to God.

Of course, the dark forces don't intend that anyone dependent upon drugs desire any help to forego its use. The weakened will and reasoning of the person due to decreased light within cannot permit recognition of his problem. This is an intended inherent effect of drugs! Consequently, the spiritual supportiveness of family and friends is essential, and the same from a rehabilitation clinic with proven success may be necessary. Visualizing the user in radiant health surrounded by light can be effective for both self-help and all in the supportive group. Visualizing light around and permeating oneself and others — and Earth as well! — is wondrously uplifting and healing.

Various methods of "alternative" health care can effectively reduce or eliminate

dependence upon [addictive substances] and the holistic therapies that include one's approach to life offer great benefits. Changing a negative outlook to positive is especially beneficial in helping one achieve balance in mind, body and spirit — *balance is optimum health!*

Preoccupation with gambling, sexual activity, unnatural eating habits or any other obsession also is addiction. Individuals indulging in those activities can become seriously unbalanced — once again, the importance of balance cannot be overstated! — and my suggestions for overcoming drug [and alcohol] addiction apply equally to those kinds of behavior. [*Amended excerpts from Revelations for a New Era*]

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Thank you, Mother.

27. We are not familiar with the methods of “karmic clearings” or “rejuvenation commands” as preparation for physical ascension that some of you wrote about. However, we can tell you that karma is not cleared by external means, it is *experienced*. Karma is unique to each individual, and it is important that you understand that karma is neither a judgment nor a punishment — it is the opportunity to achieve balance. Balance comes by following the soul's messages to the consciousness, messages that keep the person aligned with soul contract provisions specifically chosen for that purpose. And heeding the spiritual guidance in these messages and other channeled information you trust will help you prepare for ascension — offering that helpful guidance is these communications' primary mission!

28. As for the claim stated in those questioning emails, that bodies will perish at the end of 2012 if no clearings or rejuvenation commands are completed, we say that perhaps with the exception of a scheduled execution, nothing external can guarantee the time of physical demise. That is solely the province of the soul itself in accordance with its longevity choice prior to birth or by its request for an amended contract during the physical lifetime. While it is true that bodies that have not absorbed light cannot survive in higher frequencies, the degrees of light differ and bodies with the least amount will not last as long as those that have somewhat more. Furthermore, prior to the end of 2012, many millions of bodies, among them many that are light-filled, will die in accordance with soul contract choices.

29. *How can we help our children clear their karma?* Children who have not been programmed by “authority figures” act upon instinct and intuition, which is in consonance with their soul contracts, and the “clearing of karma” naturally follows. It is adults who devise unnecessary complexities for themselves by overly analyzing and calculating the very things that children innately know are simple.

30. No, physical ascension with Earth does not require one to become a vegetarian or vegan. Each person's body is as different as each soul, and some bodies thrive without meat in the diet while others do not. Anything that prevents bodies from being in balance is also a deterrent to well being in mind and spirit, and achieving balance is the goal of all souls.

31. As you continue your journey with Earth into higher vibrations, your bodies will become progressively lighter and you will find fruits, vegetables and grains ever more satisfying because those foods are light-filled, and meat and seafood will become less and less appealing. Due to the horrendous maltreatment of food animals, their bodies hold the energy of pain and fear, and that energy is passed on to meat-eaters. Much seafood is contaminated by various pollutants or its genetic modification reduces nourishment value. Pay attention to your bodies — they will tell you what foods they need for maximum well being.

32. We honor those who follow vegan diets to expose and protest the inhumane treatment of animals whose soul level agreements are to provide their bodies for human consumption — they did *not* agree to suffer in the unconscionable ways they are forced to live and die! And we ask that you make every effort to have food animals treated humanely and *all* animals respected and appreciated for their contributions to your lives. Humans' cruel treatment and

wanton killing of animals over the centuries contributed in large part to the negativity that caused Earth to drop into deep third density, and her method of releasing negativity is what you call “natural disasters.” Logically, ending the causes of negativity eliminates the need for the means by which it is released, but beyond that, animals are *souls* and need to be respected as such!

33. *Animals’ spiritual awareness, sensitivity to energy fluctuations, and extent of emotions and intelligence have long been underestimated or completely disregarded by unfeeling humans, the most brutal killers on Earth. Among some animal species, usually those most commonly considered pets, are highly evolved souls who have chosen to experience in animal bodies, thus they have far more wisdom and spiritual clarity than many within your human population. These animals have come specifically to enhance your relationship with all animal life because this is vital to your individual journeys into the higher vibrations where cruelty in any form cannot exist. Without the awakening that has come to those who are dedicated to improving the lives of animals, Earth could not have made the progress she has in ascending out of third density.* [Excerpt from April 5, 2005 message]

34. While “eating organically” can assist in health improvement, it is not a necessity for physical ascension. And if the higher cost of organic produce precludes your buying it, please do not feel any anxiety — that negative feeling is far more harmful than eating non-organically grown foods. Simply eat sensibly and use the power of thought, *that what you are eating serves your highest good*, and feel gratitude for the food. It won’t be too long before all foods will be pure, free of harmful chemicals and genetic alterations.

35. *Since a lot of information currently being taught is erroneous, especially in the sciences and history, how can teachers help students prepare for the Golden Age; and once in that period, what materials with accurate information will be available?* At this point, we can offer only the suggestion to initiate class discussion by asking if anyone has a different perspective of the information presented, which could encourage deeper thinking and reasoning in appropriate subject areas. We are aware that this is a sensitive issue as some school systems and families are strongly opposed to teachers departing from approved material, but possibly giving students an opportunity to express their ideas and making only noncommittal comments about those ideas could prevent backlash.

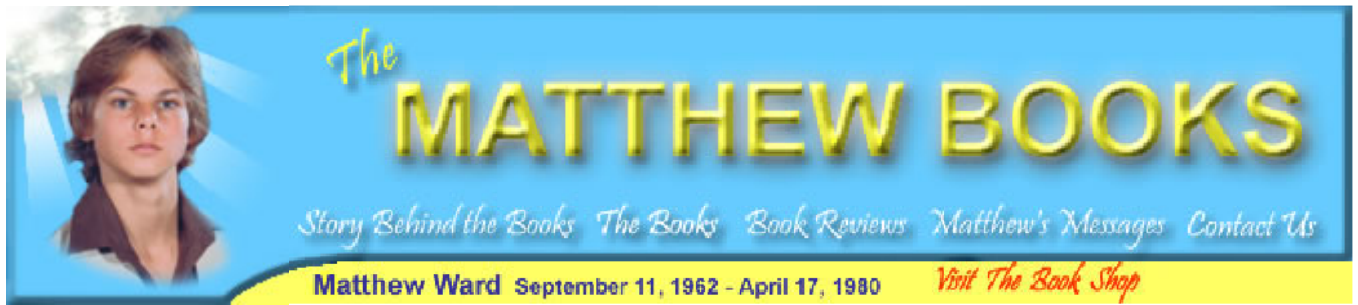
36. Education will be changing dramatically at every level, and in fact, this has begun with the recognition that fetuses benefit from hearing classical music and toddlers have the ability to learn with amazing speed. A selection of current books will be preserved as part of Earth’s recorded history and the rest will be recycled. New texts and televised and computerized programs with accurate information, historically and universally speaking, will be developed in a comparatively short time for every educational level from infancy through what you could call “post-post-doctoral” studies, and they will include subjects that many now dismiss as “loony” New Age thinking. Music, writing, painting, sculpture — all types of arts and crafts — will be given much more emphasis because all forms of artistic expression come from the soul. Current concentration on sports and the intensely competitive approach to team sports, and certainly the disproportionate time and monies allotted, will change to a spirit of enjoying the games and camaraderie while assisting each other to develop proficiency.

37. The greatest change, however, will be the expanded brain usage and increased capacity for reasoning that will lead to much greater interest in acquiring knowledge. This glorious aspect of life in Earth’s Golden Age applies to everyone living in that era’s high vibrations.

38. To all who are fearful that there isn’t time for Earth to be rid of all darkness so she can meet the celestial timeframe for leaving third density, we assure you, *she will make it* — in the continuum, she already HAS made it!

39. We wish you could know how eagerly we await the joy of seeing you *consciously* living in that world where peace and love reign. We cherish each and every one of you and, along with all other lighted souls in this universe, we are cheering you ever onward.





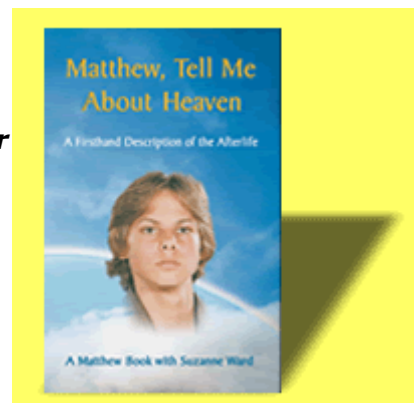
## ***About the Books...***

### **Matthew, Tell Me about Heaven**

#### ***A Firsthand Description of the Afterlife***

***A comprehensive look at Heaven that will change your life.***

Through a series of heartwarming telepathic conversations between Matthew Ward (who died at age 17) and his mother, Suzanne, we learn about the astonishing activity and diversity of life in the realm we call Heaven.



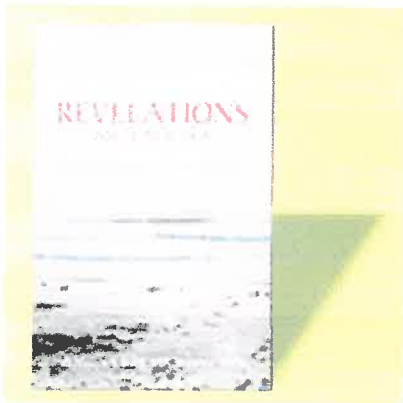
Matthew clears up common misconceptions about the world where he lives (he says its proper name is Nirvana) and he explains why, in this unprecedented time in the history of Earth, it is essential that we know the truth of our beginnings and our relationship with all of creation. Without that truth, we cannot understand either the purpose of our lives or how to prepare confidently and joyously for what is to come.

#### **TOPICS:**

- Heaven's Location and Purpose
- Residents and Visitors
- Reception of Souls
- Reunions with Loved Ones
- Relationships
- Children
- Animals
- Angels and Spirit Guides
- Near-Death Experiences
- Suicide
- Food
- Travel
- Employment and Recreation
- Cultural Resources
- Education
- Music
- Buildings
- Etheric Bodies
- Lifepoint Review
- Emotions
- Communication between Heaven and Earth
- The Effects of Prayer

**[Read a chapter from this book](#)**

# Revelations For A New Era



## *Keys to Restoring Paradise on Earth*

### ***Vital information for understanding planetary changes.***

The profound global changes underway ultimately will return our planet to its original paradise, where all life once again will live harmoniously, and the corruption, deceit, oppression and violence now rampant in our world will be eliminated.

Now we can know the truth of our beginnings; our contributions to "the universal mind"; and our inseparable soul connection with Creator, each other, and extraterrestrial civilizations, some of whom are preserving our fragile Earth even as we keep assaulting her. We must know all of this to successfully prepare for what is ahead.

### **TOPICS:**

- Our Cosmic Inheritance
- Universal Energy
- Auras
- Seeing the Future
- Fear
- Intuition
- Karmic Lessons
- Parallel Lives
- Human Cloning
- Soul Transference
- The Cumulative Soul
- Polarity
- Mind Control
- War and Peace
- Armageddon
- Lemuria and Atlantis
- The Bermuda Triangle
- Importance of Cetaceans
- Jupiter's Surprises
- Reptilian Civilization
- Abortion
- Birth Control
- Capital Punishment
- Physician-Assisted Suicide
- Organ Transplants
- Vaccines
- Addictions
- Guns
- The Photon Belt
- A Heavenly Response to Terrorism

**PLUS:** Exclusive interviews with powerful, benevolent beings from other parts of the universe who have answered Earth's call for help.

[Read a chapter from this book](#)

## ***Readers' Comments***

"Matthew provides incredibly profound insight and understanding to the seemingly senseless time in which we live. Rather than judge current events as random, nonsensical acts, we are invited to step outside our programmed beliefs and open to the possibility of a much grander, divine unfolding with infinite wisdom guiding it. I

truly appreciate Matthew's sensitivity, his connection to the higher realms of truth, and his heartwarming, loving guidance."

**Joanne Bracken, Maryland**

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"*Revelations for a New Era* is a treasure trove of information for humankind. It gives unprecedented instruction for happy and successful living in the world today and describes the intricacies of our after-transition destination. Not only are my own innumerable questions answered, but also those that I face as a minister, counselor, past life therapist and television show producer. Above all, it helps me to see my place in my own family structure, thus more deeply appreciating the individual qualities of each precious family member. This instruction manual is an invaluable guideline for all who seek deeper understanding of the vast and constant changes we continue to experience on all levels of our lives. I am so grateful to have this priceless information."

**Iris Freeland, D.D., California**

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"The *Conversations with God* series answered all of the most important questions of my life, but that led to a million new questions. *Revelations for a New Era* answered those; it is the 'how it works' of the new cosmology."

**Zurina Susan Abdullah, Malaysia**

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"Want to be totally enthralled and enlightened? Read *Revelations for a New Era*—it's a synthesis of vital knowledge that it would take 100 other books to disclose! This book reveals how universal life began and the origin of humankind on Earth, and it tells how adult human cloning has been going on here for half a century. It explains why we MUST save whales and dolphins from being slaughtered and tells about the experimental animal and plant life on Jupiter and the evolution of Earth animals. It shows how we can see into the future and describes changes as Earth humanity transitions from 3rd dimensional "reality" into the 4th, and soon afterwards, the 5th. You'll read the heavenly opinions about many controversial issues on Earth -- and the one on physician-assisted suicide may surprise you! Various powerful beings from other regions of the Universe describe how they have helped keep Earth alive for the past 50+ years despite the massive attempts of a dark brotherhood to destroy us and our planet. These benevolent beings also describe their appearance and homelands and state they will have imminent public contact with us. You'll understand how we're all connected through energy and why your free will choices affect not only your life, but the entire planet. Read why Creator will not permit a nuclear war on Earth. And a great deal more! *Revelations for a New Era* satisfies the seeker of truth and spiritual knowledge like no other book I have ever read!"

**Michael Russ Michael, author of 25 books, Austria**

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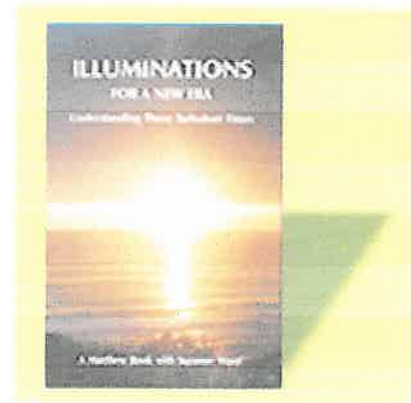
"The book embodies the very essence of being. It has simultaneously given me reassurance of self and opened a doorway into a universe of grand design. Thank you again for your efforts in enabling this material to be available for the benefit of all spirits." **David Leas, New York**

# ILLUMINATIONS FOR A NEW ERA

## *Understanding These Turbulent Times*

**Essential information for comprehending our world today.**

**GOD:** The days at hand are the final chapter of violence, hatred, grief, destruction, tyranny, and death as you know it on Earth. To all who pray for peace to come soon, for love and harmony to reign on Earth: *I hear your prayers – they are my very own prayers! – and they shall be answered as we who desire this wish!* I am forever with and within you.



**MATTHEW:** This is a critical time, the moment of everyone's accounting for all choices throughout the lifetime, of deciding to accept the light and go along with Earth into the higher light frequencies or refuse the light and start back at the beginning of consciousness.

**SAMINTEN:** The help my civilization has been giving to Earth to restore her former health and glory is strengthening the assimilation of light within each of her receptive souls.

**AESCHYLES:** Our civilization, now nearing fifth density soul evolution, once was at the brink of self-destruction, just as you are today. Some of us, looking just like you, are in your midst adding light toward your salvation.

[Read a chapter from this book](#)

## Readers' Comments

"I've just read *Illuminations For A New Era* and it is absolutely fabulous! I didn't want to put it down and am now re-reading the chapter from Aeschyles. As soon as I finish that, I will re-read the chapter with the messages from Saminten. Their messages are so profound and it is so comforting to have verification of the wonderful support that is being given us by our space brothers and sisters. The awareness of their support creates a tremendous welling up of love within my being that spills out into the whole universe! Thank you for including their messages in your beautiful book."

**Suzy Star, Washington**

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"This third book in the series was received with greatest enthusiasm. Having read *Matthew, Tell Me About Heaven* and *Revelations For A New Era*, I could not wait to read the newest information from Suzanne's sources. The information rings TRUTH. It is stated in an easy comfortable style of Q&A, just like a mother and son talking (which they are). The questions and answers are poignant, practical and timely. Every topic is treated with respect and even humor at times. *Illuminations For A New Era* covers the gamut from heaven to war, the economy, ET's and Suzanne's talks with God. This book is a must read for anyone wanting to have an understanding of what is being played out in our world today."

**Delores DeVore, Georgia**

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"I have finished reading *Illuminations For A New Era* and I am so grateful for all three Matthew books. I do not EVER reread books, but I am starting over with these. They are just too important, and such wonderful information deserves another...and another look. I will keep these as reference and inspiration and humor, too. I can't tell you how many times I just laughed and expressed gratitude for what I was reading! These books explain to me just what I have been wanting and hoping to know. They show the way for some of my most potent focuses and meditations ever. I have to say this material is some of the most gratifying and enlightening and USEFUL that I have experienced. This info is splendid AND priceless!"

**Marcia Keilee, Washington**

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"The latest Matthew Book, *Illuminations For A New Era*, presents pertinent topics of interest right now, including Earth's ascension, chemtrails, media reporting, influence of the reptilian civilization, the universal light fortress, the healing power of love, how belief and prayer work, and the importance of not feeling fearful. I love this book because Matthew is coming from a place of Light and truth. His writings through his mother, Suzanne Ward, are profound, open, clear and nonjudgmental. God's revealing talks with Suzanne make Him seem real instead of a distant, unknowable force. This book is a MUST read for those who want to know what is really happening on the planet."

**Valerie Donner, California**

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"*ILLUMINATIONS FOR A NEW ERA*, the third in a series of Matthew Books, is not only permeated with the love between a mother and son, but with information critical to anyone who plans to occupy this transformational planet for the next few years. Matthew offers us insights and knowledge that not only shock and surprise, but also carry a message of TRUTH that so many of us seek. We are reminded, once again, of the love from a Creator who has never left us."

**Nancy Miller, Georgia**



## Voices Of The Universe

***Your voice affects the universe  
Let it be with LOVE***

*"Your voices as much as any others are 'voices of the universe,' and you need to start thinking of yourselves that way."*

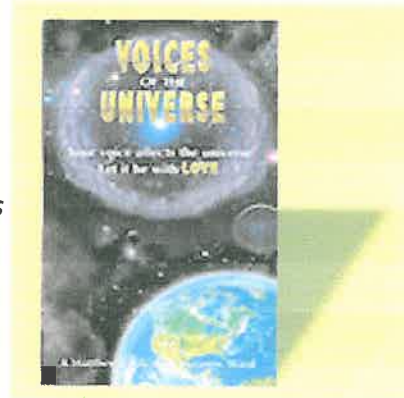
That is how God spoke of the need for this book.

As the energy in every single one of our thoughts, feelings, words and actions flows out, by natural law it affects us all. That energy we are sending attracts similar energy in the universe and pulls more of its kind back to us. Individually, we literally are creating our own lives in every moment and simultaneously, collectively, we are creating our world.

And it doesn't end here. The energy we continuously are generating affects in kind the mass consciousness of the entire universe, thus it is impacting our space brothers and sisters. No wonder so many of them are eager to help us bring light to Earth!

If within these pages you find echoes of your heart—remembering that love is what heals—you know the powerful influence you are having on Earth and beyond.

**TOPICS:** Communication directly with God•Synchronicity God's view of world politics• Discernment•The shuttle•Yellowstone•NESARA• Illuminati•DNA repair• ETs on Earth• World affairs•Elections•Looking forward positively•Dementia•Solar flares•Thought form transference•Atheism•religious dogma•Ascended masters•Reptilian commander's message•History of highly evolved civilization•Souls helping souls.



## **Chapter 2**

### **The Galactic Federation**

“Information about the activities of the Milky Way Galaxy's Galactic Federation, their members, Starseeds and history” was written by Jelaila Starr and can be found on the [www.nibiruancouncil.com](http://www.nibiruancouncil.com) website

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All channeled Messages from The Galactic Federation were done by Mike Quinsey and can be found on the [www.treeofthegoldenlight.com](http://www.treeofthegoldenlight.com) website under the link “ET First Contact”

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## ***Information about the activities of the the Milky Way Galaxy's Galactic Federation (GF), their members, Starseeds, and history.***

### **The Galactic Federation of Worlds**

The Galactic Federation of Worlds (GF) is a large federation of civilizations from many different planets, galaxies and universes working together for the harmonious existence of all life. There is a galactic federation in each of the inhabited galaxies of our universe. These federations are part of the universal management structure much like field offices are part of the management structure for a large corporation.

The Galactic Federation for the Milkyway Galaxy is called the Galactic Federation of Worlds, but some of the races represented in our GF may call it by other names, hence the difference in the names given by the Zetas, Andromedans, etc.

Each race, civilization, and planet has a council within the GF to represent them. These councils vary in size depending on population as well as the amount responsibilities they carry within the management structure of the GF. There are literally thousands of these councils since there that many races represented. The GF is much larger than we may imagine.

### **The Great Halls of the GF**

The GF has one major overseeing council which has representatives from each member council. This council meets in the Great Hall. But each council has its own Great Hall. Perhaps this is why there is so much confusion around this Great Hall business. Many channelers attend meetings in the Great Hall and think there is only one, when in fact, it could be the Great Hall of one of the member races or civilizations. You see how quickly it gets all complicated.

The Nibiruan Council the largest of these councils, has its own Great Hall but also meets in the GF's Great Hall more often than not because its duties involve GF management. Nibiru is not a planet with one civilization, instead it is a GF starship with representatives from many races whose role is that of a traveling galactic management team. Their mission is to help negotiate alliances and maintain peace among the different worlds of the GF and assist new and incoming members. Hence their slogan, "Serving the Worlds." The GF for our Milky Way galaxy is located in the Sirius star system. Our sun is a stargate to that system, and the GF. That is why the dog star Sirius is so important to Earth and plays a significant role in our history.

### **G. F. History**

The Milky Galaxy Galactic Federation is the oldest GF in this Universe. It was established at the end of the first Great Galactic War that was fought in the Lyra Constellation between the Humans, Reptilians, Felines and Carians. After this war, the survivors decided that they must establish some way to arbitrate disputes so that this kind of destruction (destruction of the Humans' homeworld Avyon, the First Earth) would not occur again. Thus, the GF was established with the founding members being Lyran and Orion. Their first flagship was Pelegai, one of the few ships intact after the war. This was a very painful time and the wounds of this war would take many dimensions of time to heal. In the beginning, the GF was very small since so few had survived the war. The Lyran Council and Orion Councils doubled as the administrative arm of their new fledgling federation. In other words, they *were* the GF. In time new races were created as offshoots of the original four and the GF welcomed them as they reached galactic status, as we are about to do now. So the Galactic Federation grew and became a very large and powerful federation of worlds devoted to universal peace and prosperity. Now there are millions of members from across our galaxy.



**The following messages from SaLuSa, a Galactic Federation Ambassador, have been channeled by Mike Quinsey and can be found at [www.treeofthegoldenlight.com](http://www.treeofthegoldenlight.com) under “ET First Contact” then click on “Channeled Messages”**

**SaLuSa 6-March-2009**

Dear Ones, you have lived in comparative isolation for thousands of years, and that has been purposefully arranged. You were also protected from outside interference or attempts to take over your world, or enslave you. That risk has always existed, and other galactic civilisations have eyed Earth as a great prize. Is it not therefore ironic that your greatest threats have come from within, but nevertheless influenced by dark forces that reside in your Universe. You have undoubtedly heard of Galactic wars and these are not fictional, and have caused great destruction in your solar system. It explains much that puzzles your astronomers and scientists that is particularly evident on Mars.

You may have read about Maldek that was destroyed, and remains only as rings of debris you call the Asteroid Belt. You may also have read that with the cleansing and restoration of Earth the other planets are being lifted up, and also Maldek is to be restored. Many of you were present on it when the wars took place, and subconsciously you still have deep emotional scares from your experiences of that time. Hitherto you have not really considered such possibilities, but with the revelations about your history as a civilisation you will learn of your involvement. You may begin to see a patterning in your experiences, and how you confront the same challenges time and time again.

Duality has been the seat of your experiences for eons of time, and Earth has taken in those souls who have struggled to lift up into the Light. They have come from far and wide, but mainly from your own solar system. It may seem strange to some of you that you would continue to battle against the dark, life after life. However, you must through your own efforts climb back up again. If you were “rescued” now it would serve no useful purpose, as you would still need to raise your consciousness to reach the higher dimensions once again. It is far better that you achieve your Ascension through your own experience, and are allowed to choose exactly how and when you do it. You do after all have all infinity in which to make your progress. As we often take pains to point out, you never travel alone even if you are unaware of your companions. At any given time you can call on your Guides or Angelic presence, and they will come close to you.

Perhaps you can understand why we ourselves are coming so near to you, as we participate in the plan to enable as many souls as possible to ascend. This really is such a wonderful opportunity for you to finally leave duality. It is why so much emphasis is put upon the wake up calls that have been consistently going out to you. The energies surrounding you are part of the awakening process, although we know that not everyone will totally respond. Everywhere there is a stirring and people are beginning to break out of the lower vibrations. The new energies are refreshing and reviving your physical bodies, and creating a calmness about you that is your strength at this time. With it comes a better chance of you rising into the Light, and able to raise your consciousness to new heights.

If you have the Will to become an enlightened Being, press ahead with your vision of what that means to you. That way you will attract exactly what you need to succeed. The way in which it is achieved is not important, only that you see the end result in your mind's eye. It will alter your approach and attitude to others, as you will appreciate that you are All One. You will find it easier to accept those differences that often keep people apart from one another. Life too will flow by as you go with it, and you will be better able to accept the

challenges that come up on your path. Karma will also seem less of a threat to your wellbeing, as you will see the lessons within it and able to deal with them more easily. You will begin to create what you may call "good" Karma and become very peaceful within.

If the idea of changing your approach to life is somewhat daunting, consider setting aside those quiet periods when you can commune with your Guides, and Higher Self. Answers to your problems will come, but allow for them to manifest in the way that is best for you, and not necessarily as you would wish. Your Higher Self is aware of your life plan and what is needed, and therefore in the best position to serve you. Some of you wish us to come quicker to you but there are many considerations that we have to bear in mind. There will always be a right time when the most positive benefits will be gained. What you can be certain of is that the Galactic Federation are the representatives of the Creator, and charged with ensuring you complete this cycle of duality successfully. That means giving you every help and opportunity to ascend, or allow you to remain in the present vibrations through your own choice.

The picture for your future has been outlined, and what you have been promised by us will come to fruition in time. As advanced that our ships and technologies are, there are still phases to our plan to uplift you and Mother Earth. However, once you can clearly see that our part in your evolution is under way, you will realise that events will take place quite speedily. The organisation and holding role we play is very intricate, and it is you Dear Ones who are the deciding factor. We are nevertheless very pleased with your response to our messages that travel worldwide. The prospect of our arrival no longer carries the fear levels it once held, and indeed so many of you are prepared to welcome us with open arms.

I am SaLuSa from Sirius, and have much feeling for you and your problems. We try to ease your situations by sending you thoughts that are bound in our immense love for you. You are wonderful souls to have accepted the challenge of duality, and we have the greatest admiration for you all. It shall be quite a celebration when we can finally arrange to visit you, and show ourselves for what really are. What a busy time lays in store for you, but the difference will be that your efforts will be rewarded handsomely. There will be real purpose to what you do, and it is you the people who will benefit and not a small number wealthy families who have used you systematically for their own ends. Share your joy and understanding so that more shall know the truth, and give in love and happiness that your journey is nearly over.

Thank you SaLuSa.

Mike Quinsey.

### **SaLuSa 11-May-2009**

You are still experiencing the outfall of the financial breakdown. It is not as easy as some think to overcome the damage it has done worldwide. Attempts are being made to restore the old system that has no future, as major changes are required to bring back some semblance of order. There has not been a time quite like the present, when the influence of the people has been so powerful. You are playing a greater part than you realise, in moving on most areas of your life so that a path is opened up that is a stepping-stone to Ascension. There are many influences at play and some come from off Earth, and we of the Galactic Federation are part of it through the co-operation of our allies. They do not necessarily know it is taking place, but because they are intuitive and forward-looking, it is easy for us to guide them onto a path that opens up opportunities to manifest the new paradigm.

As the changes are becoming apparent, and the way forward clearer so many more souls are becoming receptive to the new ideas being presented. Humans by nature do not like change, but see and understand the gravity of the times you in. It is realised that unless you take a quantum leap now, you will continue to muddle your way forward without resolving the problems. The answers are there, and far-sighted people wait their chance to put their ideas into action. They will come into prominence, but sometimes their personal safety is threatened by those who resist change. However, at any given time we know where our allies are and also if they are in any form of danger. We cannot go against their life plan, but many are to be amongst the leading lights as soon as they can reveal their place in helping lift up Humanity.

We can see energetic movements that will herald the start of major changes, and you who are already aware will recognise them. For example we cannot come to you in the midst of the present chaos, but nevertheless our work with you never ceases. We sit above your Earth and peer into your lives, with we might add your prior permission, and wherever groups gather that discuss the future we are there with them. We use our influence to try and motivate them to make decisions that will truly benefit you in the days to come.

Those of the Light continue to be tested by being drawn into the plans of the dark forces. Some of you are feeling trapped by convention and loyalty to your employers, but it will not last longer than it needs to once the lessons have been learnt. Almost everywhere you turn is tainted with the negative vibrations, and your challenge is to serve two masters until you can step out of the stranglehold you are in. Be assured that as always you are never fighting such battles alone, and it will be beneficial to the outcome if you call upon your helpers, if you feel that the pressure upon you is overpowering. We hear your calls for help, and can make those fortunate "coincidences" happen that come to your aid. In any event your Guides are always at your side, so be calm and do not panic if matters do not seem to be working out well for you. Everything in your life happens for a purpose, and you should consider what it actually means to you.

There are times when you could be forgiven for believing that there is no rhyme or reason for your experiences, but they all add to your overall expansion and lead to your spiritual upliftment. What else would you drop into duality for, but to learn about its conflicts and the opposition between two vastly different energies? The beauty is that you choose the degree to which you get involved, and sometimes you venture into the dark to find out first hand what it is like to experience it. It may not immediately console you to be reminded that if you are of the Light, but no matter what happens you eventually come out of each life totally restored and unscathed. Those that do not are simply the victims of their own choice to deny their true selves as Beings of Light. Again, they are not left without help and their Guides will be working to lift them out of their dark periods. We stand back with awe at your amazing fortitude and spiritual strength, to allow experiences that dull your senses and awareness of your spark of Light.

Regretfully, over many life times you have been led to believe, that you are in some way a lesser Being than you really are. Your dignity and self worth have been eroded to keep you down, and be subservient to those over you. Well, we have news for you all; you are Gods in the making and that has always been so and kept from your knowledge. However, your consciousness is growing and with it comes an awakening to the truth about yourself. You are sensing that not only are you more than your physical body, but also have a Higher Self that can lift you up to levels that are more in keeping with who you truly are. You are limited by your beliefs, but as soon as you take responsibility for yourself rather than rely on others, it is as though you have switched on the Light. Indeed, that is exactly what you will have done, and a many of you can vouch for such an experience. Finding your true self is a revelation and upliftment that makes you realise how powerful you really are.

We say, take your power back because there has never been such an opportunity to do so where so much help is being given to you. It is what Ascension is about, and it does not matter who you are – everyone has the same opportunity to ascend. The effort and determination that is required may be greater from one to another depending on your present level of consciousness. However, there is provision for any soul to turn to the Light, and what a joyous experience it will be in recognising your true potential and path to the higher dimensions. It does not stop at that as you are ever expanding your consciousness, until you achieve full consciousness. It is almost impossible to put that into words, but can you imagine what it is like to be at One with everything That Is. To experience the Past, Present and Future as One and have an immutable link with all life forms. To be exactly where you wish by mere thought, and also create all that you desire.

I am SaLuSa from Sirius, and like you we are also continuing to evolve, and we are experiencing a multitude of worlds and the different Beings that inhabit them. Life is exciting and full of wonders beyond measure, and that shall be your experience too once you become Cosmic Beings.

Thank you SaLuSa.

Mike Quinsey.

#### **SaLuSa 15-May-2009**

We appreciate what you are up against, and understand the pressure that you face day to day. It is difficult for you to apply yourselves to your spiritual wisdom, as other demands take you over and deflect your attention elsewhere. It is perhaps in your private moments that you are able to relax, and contemplate why you are here and what you desire to do with your life. We know that you face conflicts because of family commitments, and also have to act out your roles in whatever profession you are in. However, through thick or thin you will always maintain your level of spiritual understanding. It can be used to see you through whatever challenges you face, and should if possible be used to measure your actions. We notice that many of Man's actions are spontaneous and often emotionally charged. It is this area of your life that now needs to be addressed if you are to bring peace and stability into being.

Whatever is happening in your life, your focus should be on reaching out to your Higher Self and creating a link that unites you both so that you become as One. In that way you will have all the guidance you need to see you through the testing period ahead. It will also serve to expand your consciousness as you head for Ascension. Whilst that is not everyone's choice at this time, it will nevertheless help others see how developing a higher consciousness is beneficial. The more you progress the easier it becomes to hold on to your level of attainment.

Naturally you are at varying stages of evolution, and some of you do not feel at all attracted to the idea of Ascension. It comes down to how comfortable you feel in your present dimension, and those who do not feel at home search for the fulfilment of their desires without necessarily knowing what will satisfy them. Many of you sense that you come from the stars, and can be found wishfully staring into space on wonderful clear nights. Naturally such souls have already accepted that life abounds in the Universe. Life will no longer be a mystery once we can meet you openly, as part of our mission is to bring the truth out regarding your history and connection with us. Each of you willingly came to Earth to experience duality, and in spite of the darkness that is associated with it have remarkably found your Light.

The God of your Universe takes divine instructions from the Creator, and is your channel to and from the Source of All. God is Omnipotent and nothing exists within it that does not carry the Light of God. The magnificence and radiance of God is beyond reckoning, and

yet even at your lower levels of vibration you can feel it. God is All Love to all life everywhere, and therefore has not the slightest measure of judgement where you are concerned. Any other claims to be God are false and such Beings not to be worshipped. Your history talks of such gods, but that is Man's talk of those that have shown powers beyond his ability. Man has in the past been superstitious and easily led, and given his power away, and it has gone on ever since and others have taken full advantage of those situations. Now you have reached a turning point and promote changes that will restore your rights and your sovereignty.

Everywhere people's eyes have been opened to the gradual enslavement of Man. Education and vast worldly communication systems have bridged the gap between the different countries. With it has come a better understanding of Man's place on Earth and his right to freedom. Now the fight between the dark and Light has come out into the open, and a distinct division is occurring between the two groups. The power is with those of the Light and the truth of recent events is being uncovered. The dark no longer enjoy anonymity by hiding behind others, and those who comprise of the Illuminati are being revealed. Once identified, their activities are curtailed and their power weakened.

We of course watch you and give you encouragement, but not to the extent that it would endanger your life. You are the army of unknown soldiers who carry the truth instead of swords, and your armour is your Light. You are spreading the word as you go about your daily tasks, and people see in you the power and determination that comes from living your truth. You are the Lightworkers that carry the flag of freedom, and yours is not to conquer but free people from the dark forces. You are confident and certain of your success and sense victory is not far away. This is why we have such fondness and love for the people of Earth, and their potential to overcome all adversity.

Our arrival will quicken your endeavours to speed up the changes, and also clear your path so that your time can be fully given to your own preparations for Ascension. So much is happening beyond your Earth that is directed towards speeding matters up, and it is in the form of higher energies that are manifesting some of the changes. Mother Earth also benefits from them, although they cannot totally alleviate the need for physical changes. Your scientists are becoming more aware of the scale of what is happening, and realise that there are fundamental changes throughout your Universe. They are of course more concerned with what is happening on Earth.

Our Ascension is not unlike yours, but we do participate with full knowledge of what is happening. As it takes place so each dimension co-ordinates its actions with all other levels, and it flows in complete unison. Your dimension is the exception, but we assist you to avoid as much difficulty as possible. Our help will become evident when we can come together, and we are hoping that there is not too long to wait. That partly depends on your collective growth in consciousness, and how quickly you can establish the framework for world peace. First Contact is too important to rush and we must be sure of a friendly welcome, and genuine acceptance.

I am SaLuSa from Sirius, and as a spokesman for the Galactic Federation I feel very privileged to address you. In time we will not need channels to speak with you, but appear on your television networks. We could do that now, but that would be an imposition without your approval. Remain fearless and know that we are nearer than ever to coming out openly to meet you. The meek are the peacemakers and will surely inherit the Earth.

Thank you SaLuSa

Mike Quinsey.

## SaLuSa 6-November-2009

As your levels of consciousness continue to grow exponentially, you are effectively lifting others up with you. This is resulting in rapid changes in your mass consciousness, and you are able to cut your ties with the lower vibrations more easily. As you do so it is taking away power of the dark Ones to hold people back, and they can awaken to their true selves. The dark Ones have systematically made you feel inferior, and reliant on their support and direction in your lives. In so doing they have controlled you for their own purposes, and kept you from the truth about your creative powers. However, you are learning quickly that your future is in your own hands, and denying them further control over you. You are claiming back your rights to freedom from their oppression, and helping create the energies for change. What you now see is a chaotic state on Earth, yet out of it shall come the new energies that will speedily raise you to new levels. So, we can talk of First Contact that is coming as the result of your dedication to overthrow the dark Ones, and foil their plan for your enslavement.

You Dear Ones over many lives have been coming to Earth with the intention of bringing Light to shadow world. There has always been a long-term plan to help you rise up, and many of you here today have been responsible for the success in changing the balance in favor of the Light. It is really only in the last century that you have achieved a massive breakthrough, and it set the stage for the final thrust towards total freedom. Success may still feel as though it is far away, but with the full co-operation of the various councils that oversee your evolution, it is much nearer than you could imagine. You chose to be here to experience it, and be part of the final chapter in the cycle of duality. Many, many souls sought such an opportunity, but your presence means that you were more suited to the occasion and brought with you a wealth of experience. The dark Ones have no real answers when competing with the Light, and for a long time feared the success you have achieved. They knew it was inevitable, but true to their colours they obstinately refuse to recognize their demise. Is it not ironic Dear Ones, that they are now the ones who are in a state of fear after having used it as a weapon against you.

We may frequently refer to the Dark Ones but we do not judge them, and that will be left for their own self-judgment when their time is also finished in this cycle. We would ask you to be forgiving, as would be expected from those who have moved into the Light frequencies and carry the truth with them. All souls are equal and loved by the Creator, who does not punish the errant ones as some believe. Each of you has had experiences of the dark and Light, because that is the reason you entered this cycle. Experience means progress and is your pathway back to the Light that knows no equal. You have so much to learn, and Ascension will be your first major step towards a true understanding of your purpose for being here. You will also learn of the continuing plan for your greater evolution in the higher realms. You are not afloat like a cork aimlessly bobbing up and down in the sea, but have a clear course mapped out ahead of you and we shall steer you towards it.

You are quickly awakening with a good appreciation of where we fit into your lives. We have been with you all along, and with our coming openly with prior announcement you will soon accept that we are one family within this Universe. All life is interconnected from the consciousness of the smallest particle to the complete Universe, and it is revered for that reason. It is therefore sad to see how some of you view other people as different simply because of their appearance or beliefs. Allow for freedom of choice, as each has chosen their own place and time for their experience. Help each other as you would your own family, and soon there will be a totally new feeling of Oneness. You are capable of it and more, but your feelings have been frozen out by your experiences at the mercy of the dark Ones. A new day is opening up when all shall start to change at a pace that will surprise you. Everything has been planned for a long time for this very occasion, and there is

absolutely nothing that is beyond our handling abilities or resources. We know that some of you question it, as you are not familiar with our advanced technologies or our high level of co-operation with our Federation members.

Most of you shall see it all come true within your life span, and it will be as if the nightmare has turned into a pleasant dream. It will be more of course, because we are talking about your reality and uplift into an entirely new dimension of Light. Truth is stranger than fiction, although your authors such as Arthur C. Clarke were inspired to incorporate true facts in their stories. Over a long period the battle for your minds has been at this level, and it has been necessary to overcome the fearful stories about Space Beings with series such as Star Trek. In the end you decide what to believe, but with our coming there will have to be re-think on the part of many of you. You will quickly find acceptance of us, as our intentions will be seen as peaceful and for the good of all.

Be of good cheer, and when the opportunity arises share your knowledge about coming events with those who express some interest. Try not to flood someone with too much information at the time; it may otherwise cause them to ignore it all. We can tell you that the consciousness levels have risen much higher in the last year than any corresponding period. They will of course continue at an ever-increasing rate, and those of you who are sensitive to them will register the difference. We can record the levels so we can assure you that there are enormous advances being made, and exactly as we expected.

I am SaLuSa from Sirius, and have learnt so much from you about Human's and their ways. There is nothing like first hand experience which is why you have entered the cycle of duality. You may wonder why you did so, but for a real evolutionary step of some significance there is little that will match it. It will be so wonderful when you hang up your duality hat, and we shall be with and join your celebrations. Keep your sight on your goal and never look back.

Thank you SaLuSa.

Mike Quinsey.

### **SaLuSa 21-December-2009**

Dear Ones, yet again a promising arrangement has come to nothing, due to the inappropriate release of the date on which Disclosure was to be made by President Barack Obama. Our disappointment more than matches your own, as the announcement was agreed and the details completed many weeks ago. It cannot be as easily re-arranged, but there is a sense of urgency to get started again and lose no more time. Keeping details secret is extremely difficult once they get into the public domain. However, we have other ploys that will continue to emphasis our existence, and we ask you once again to keep your eyes on the skies. These are the days when the signs have become talking points, that will awaken people's awareness to not just our presence but our methods of contact with you. For many years we have made crop circles as one means of getting your attention. As you will have noticed in more recent times, they have become more sophisticated. The messages they send have been interpreted, and their symbolism correctly understood. They have carried energy with them, and even although everyone has not understood them, it has connected with them sub-consciously.

We are fascinated by your many interpretations of the blue beam over Norway. It has certainly become a good talking point, and your perception is sufficiently open to consider that it originated in space and that it has been beamed down to you. The connection with the presence of President Obama is also interesting, and shows that you see it as some indication of attempts to contact you. Millions of people accept the existence of Space

Beings, and now many more believe that they have a place in the lives of Mankind. With a sudden surge of interest in us, and a desire to know us you have created the opportunity for contact to manifest. There are many factors involved, not least of all our role in ensuring that the plan for your conscious upliftment and Ascension takes place as decreed by the Creator.

As you can understand, there are many reasons for speeding ahead with official contact. We want it to come out naturally, and in a way that will not shock those souls who have no belief in our existence. Many have put up a barrier in spite of the evidence that supports us, and the underlying reason is fear. Be assured whatever view you have of us, that we are peaceful Beings with no design on taking over your Earth or your people. Ours is a mission of love and the desire to prepare you for Ascension, by releasing you from the control and domination by the dark forces. Their power base is crumbling and their attempts to prolong their reign are going to fail. They certainly do not want you to get to know us better or place your trust in us, as that means the end of their influence and ability to hold onto their own positions. They trade on their massive fortunes that are used to buy people off, and support covert operations that are used to bolster their powerful positions. World domination is their goal, but they will not be allowed to go any further than at present. We are monitoring their every action and they are doomed to failure.

We say again that you are such powerful Beings of Light, yet you not necessarily believe in yourselves. Your power of thought is creating your future the whole of the time, so providing you are focussing on what is for the good of all; you will hasten your upliftment into a higher consciousness. There are a number of different expectations where the end times are concerned, and again your power of thought will give you the experience you desire. So you may ask how can there be more than one ending, and we will answer by informing you that they all occur simultaneously on different levels. From any one individuals experience it would seem that everyone is involved in the same one, and there will be no awareness of any others. We might say beware as to what you focus on, by making sure it is what you would wish to give your energy too.

God's plan for the end times is called Ascension, but it is up to you as to whether you take advantage of it. You cannot just wish to be part of it and succeed, as it requires effort by you to lift up your vibrations. The Law of Attraction allows only for those souls who have reached a certain level to ascend. The process is one of living in the Light and Love, so that any ties you have had with the lower energies are cut. This enables you to focus on the task of further lifting up your vibrations, and as a result you will surely achieve success. There is considerable help around you, and you have only to ask and it will come to you. Use names if you desire such as your favourite Angel or Master, as you may be assured they will receive your request. Allow for the answer to freely manifest and do not insist it happens in any particular way. You may not necessarily know exactly what is best for you.

You are learning a lot about life and have never been so well informed as you are now for a long, long time. For over a century spiritual groups have arisen with knowledge and teachings, that have explained the many misconceptions given out as the truth through orthodox religion. As you are often informed it is the truth that will set you free, and every effort has been made to place it before you. It is not forced upon you, and is not accompanied by fearful consequences for not following it. True disciples respect your freewill, and that way you are free to take what you can and move on. Each soul is unique and therefore what suits one is not necessarily another's path. If you cannot grasp or understand the need for Ascension, then you are most likely ill prepared or insufficiently illumined to accept it into your life. Have no fear about making such a decision as you are not abandoned or held in lower esteem. You will evolve exactly according to your own pace, and one day you too will take a great leap forward having finished your education in duality.



I am SaLuSa from Sirius and member of the Galactic Federation. I love these opportunities to offer advice, and it is essential that as many of you as possible fulfil your life plan by ascending, if that was your goal. Remember that those "coincidences" that help you are more planned than you realise. Your Guides work small miracles to get you where you need to be for the experiences you have chosen. For example you may feel that you met your partner by chance, well Dear Ones such an important step in your life is totally organised. There is much love felt for you and importance given to your life plan, and it is simply the out working of your choices by which to experience.

Thank You SaLuSa.

Mike Quinsey.

### **SaLuSa 1-January-2010**

Dear Ones, here you are facing a year that promises to fulfil your expectations, and yet many are apprehensive because you have been a long time awaiting the changes that will lift you up. You look to us for signs of fulfilment, as indeed we are the centre figures in all that takes place. Until you are totally involved it naturally seems out of your hands. So you wait for events to unfold as predicted, and we do our best to keep you informed as to what is taking place. Apart from getting bolder with our presence in your skies, there is not much more we can openly do until Disclosure.

However, off Earth there is a lot happening, and most of our work takes place aboard our ships. To carry out our monitoring duties we do not need to be close to you, and our technology enables us to carry it out from our ships stationed outside of your atmosphere. Although you see our Mother Ships of varying sizes, we prefer to use our scout ships if we need to come nearer to you. We do not normally stay in one position for very long, but on occasions we will remain stationery for lengthy periods to allow you to see the reality of our presence. We are more often than not pursued by your aircraft, but their attempts to apprehend us are quite pointless. We have the ability to accelerate far more quickly than any conventional craft you have, and can defend ourselves with ease should weapons be used against us. We are not out to create unnecessary confrontation, and ours has always been a peaceful excursion when visiting your planet.

We can say that all major events necessary for your release from the old regime will begin this year. We are still intent on moving the last cabal into a position, where they will have no alternative but to concede their power. It is already much less than at the beginning of this millennium, and our allies are pushing them further away from their plans for total control. At the same time you the people are becoming more adept at recognising the truth when you see it, and are more discerning where your personal future is concerned. This year will be the beginning of many dramatic events, and you will see the plan for abundance and other benefits promised to you taking shape. So much hinges on Disclosure, as without our help you could not alone overcome the dark Ones, or begin to co-ordinate the forces necessary to cleanse the Earth.

Time is now of the essence and we are ready to leap into action at a seconds notice. Be assured you are safe from any attempt to create a major incident that will give the dark ones more power over you. One of the earlier aspects of our plan is restore your rights, and draconian laws that are unconstitutional will be removed as quickly as possible. Progress revolves around creating a new mentality towards each other, and a desire to give help wherever it is needed as you go through the period of change. Your potential is unlimited and we know that when you understand the purpose for what is taking place, you will give of yourselves whole heartedly. There is a rainbow of many different rays of light

uplifting your consciousness, and it brings the promise of the Golden Age where all is in absolute harmony and peace. What is about to happen on Earth are the first steps towards establishing the structure for it to manifest. The vision is held in your hearts and Ascension is the process that will lead you to it. Never lose sight of your goal, as you are the creators of your reality. You are continuously projecting your energy into the future, and each individual plays their part in determining how it will be. As the saying goes, "be in the Earth, but not of it" and allow the lower energies to be transmuted, without taking your attention away from your life plan and destiny.

If we look at the probabilities for the next few years, we see completion of this present cycle of duality in accordance with the Creator's decree that it shall end successfully. If we were to anticipate where you might be by the end of this year, we would expect to have seen governmental changes and the first signs of the abundance program taking place. This means that disclosure will have already occurred, and a number of other projects will be under way. World unity is a strong factor in determining how quickly progress is made, and it will become more easily achieved once the leaders of each country are in accord with our plan. If there is any delay we see the people demonstrating their power to determine their own future. By then you will have been informed of the meaning of the end times, and will be under no illusion as to where your future lies. The falsehoods and lies that have kept you in the dark as to your real purpose in life will have been disclosed. Some souls will still refuse to acknowledge the truth, but their denials will mean that their future will be in accordance with their beliefs. God does not impose the Creator's Plan upon anyone who chooses a different experience, because it is known that eventually they will find the path to the higher dimensions and the Light.

As more of you take up a position of projecting the positive energies all around you, so it is transmuting the energy of fear that is still prevalent upon the Earth. That alone is weakening the ability of the dark Ones to maintain their hold on you, and they have no other way of preventing you from moving fully into the Light and Love that is all around you. It is your silent weapon like Archangel Michael's sword that sweeps away the darkness that has hidden the truth from you. You can lift another soul simply with a smile or kind word, as each carries the Light that lifts them up. You will find it gives you great joy to do so, and will eventually lead you on to Unconditional Love which is your ultimate goal.

Enter 2010 with the most positive approach you can muster, and we could ask little more. There will still be trying times but their impact will not be lasting, and you will soon see the shape of things to come. Think of 2010 as the start of a new beginning as you see the old regime being swept away, and know that it will be permanent as there is no coming back for them. Their influence is already dissipating, and their structures are being undermined by our allies. Have faith and patience as you really are at the commencement of an historic year, that will be of great significance where your future is concerned.

I am SaLuSa from Sirius, and pass on best wishes to all of you for a Happy New Year from the Galactic Federation.

Thank You SaLuSa.

Mike Quinsey.

## **SaLuSa 5-February-2010**

Where you direct your thoughts is where your energy goes, and the more you focus upon it the stronger the link becomes for you. So you can see Dear Ones, why it is important to keep in your sight the beneficial changes promised to you. In so doing you are helping manifest them quicker than they might have done otherwise. Your present reality developed in this way and hence we say that you created it yourself. There is no God pouring scorn or anger upon you but instead a great love of understanding, which welcomes you back into the Light when your experiences in duality have finished. Because there is a fundamental belief amongst many that God demands obedience, there is also an acceptance of self-recrimination. You would be kinder on yourself if it were in the form of self-analysis, to determine why you consider yourself guilty of some misdemeanour that is considered a sin.

As we have informed you previously, your life is intended to allow you to experience duality and learn from it. Clearly you cannot expect things to always run smoothly, and in these times there are challenges to your ability to hold onto your Light. Mistakes or wrong decisions are not held against you, but from your personal point of view, harming another soul is something that will bring lessons to you. Indeed. It will be your own judgment and no one else's that will decide how you will respond. One thing that you have to contend with is Man's law, that carry punishment when broken. However, spiritual laws are defined by God and apply to all living forms that have the gift of freewill, and when these are not followed the experiences will be repeated until you overcome them. That is spiritual evolution and your consciousness will not be lifted to higher levels until the lessons have been learnt.

Because of orthodox religious teaching many carry great guilt around with them, and it is not just a burden but like a weight hanging around your neck which inhibits your progress. Thoughts such as "unworthiness" creep into people's minds and prevent them from seeing their true selves. Whatever you have done that brings on such feelings, remember that you are loved as much as any other soul and there is no discrimination against you. In fact in some ways you are more important, because success for the Human Race depends on every soul reaching a state of perfection. To help you Angels and Guides give their attention to you, and accompany each soul on their journey. That you may not be aware of them or acknowledge their presence does not matter. Obviously it would be better if you accepted them, as they would be delighted if you "spoke" with them and invited their help. If you do not yet feel comfortable with that idea, then call on God direct and help will be given in whatever way is in your best interests.

As your consciousness grows so you will become aware of the Spirit Helpers around you, you will see them and converse with them quite naturally. Some of you already do so, and it is a mark of higher vibration that attracts them to you. Like certainly attracts like, which is again why you need to be careful where you place your focus. Your Helpers are with you to ensure that you complete any experience in accordance with your life plan, and they carry out the Will of God. All that they do is with great love and understanding, as they know how important their part is in your growth. Some souls actually believe that they are being punished, but they might be surprised to know that they have agreed to their life experiences. You can therefore reflect on them in such a way that you can understand what their purpose is for you. Once you can do this, life becomes more bearable instead of seeming pointless.

You might ask if we too have had experiences similar to yours. The answer is not necessarily as there are many paths that lead to Ascension, and they do not all include the cycle of duality. However, since you are in the stages of completion, we must tell you that it is one of the quickest ways to evolve. This would have been a factor in your decision to

experience duality. The opportunity you have now is for mass Ascension, and it is a very special occasion that only comes up once in every solar cycle. Even so as we often mention, this time you ascend with your physical body. It is not therefore death of your old one, but simply a change that enables you to use it in a higher vibration. Look at us, as that is where you will eventually be as far as your evolution is concerned. We are always seen as an example of bodily perfection, and in our prime. In fact we can be 100's of years old without any visible signs of aging, because it is not part of our experience.

In one way and another you have so much to look forward to, so we ask what are a few more years to you. You can see that the end times are upon you, and therefore the changes are underway. Keep mentally strong and look for changes within yourself, because you will probably notice how much better you are at concentrating on the future. Also how you can maintain a peaceful countenance whatever confronts you. You are indeed a calming influence on others around you, and have the wisdom that comes with an expanding consciousness. There is still a way to go yet, but the process of Ascension will be speeded up once we can meet you openly. We will educate you in soul expansion, and the upliftment of your body until the cells become crystalline. Finally you shall move into full consciousness, and we will also have a hand in that so that you reach completion.

The changes may sound rather frightening to some of you who have not yet been so well informed. Always remember our promise to help you along your path, and each step will be explained so that you do so with complete confidence and understanding. Our greatest wish is for your success so that you may join us for the grand journey, that will take us far and wide in the Cosmos. It is unending and magnificent, and abounds with life everywhere. Can you not feel what awaits you and the excitement it will bring, and duality will fade into the background along with all of those memories that caused you pain or affliction. Move into the Light and Love with us, and we shall be the pioneers of a new movement for peace wherever we go.

I am SaLuSa from Sirius, and hope I have given you much to think about that will allow you to finish this cycle with complete happiness.

Thank you SaLuSa.

Mike Quinsey.

### **SaLuSa 19-February-2010**

There are so many moves being taken by our allies to bring the first major event into the public arena. You would find that the build up was getting quite exciting if you could see it from our perspective. We can weigh up the various actions taking place and have a good idea of where it is likely to end. It is why we continue to be confident as to the outcome, and also because we are guiding events along. Obviously we are well aware as to what is required to achieve success, and why we encourage you to envisage the fulfilment of the plan to bring this cycle to an end. Your positive Light is always very welcome and whether you realise it or not, you play a very important role in bringing completion to the Earth.

Such a lot depends on your involvement in the final days leading to Ascension, and we see many souls now awakening to what is really going on around them. These are times when those of you who are enlightened, can help them. The changes occurring can at first appear frightening, and this is where you can gently guide those souls along. Assurances of the great future that lies ahead can offset most concerns, but it will take a degree of tact and understanding to overcome the fear of what happens to family and friends. We understand the loving concern being felt, and perhaps it can be enlightened by explaining

about the unlimited and ever flowing love of the Creator. It enfolds all souls and allows for the most tender and loving care. The future is the path to happiness and joy, and all of the problems that beset people whilst on Earth will have been totally overcome. Dear Ones have faith in your own ability to help heal others, and know you are never alone when working for the Light.

The Earth can also be a lonely place due to the dark Ones and their creation of the idea of separateness. One of the notable changes you will experience will be the Oneness that brings all together in absolute peace. The energies that accompany such conditions, wrap themselves around you in a loving embrace and you know there is absolutely nothing to fear. In fact, the grand awakening is now bringing more people together, and much good work is being done that is attracting even more into seeking fulfilment. Remember that this period of time has seen the emergence of old souls in young bodies, who have brought much wisdom with them. Allow them to speak of what they bring as they are very spiritually evolved, and are here to play a major part in the process of Ascension.

Never doubt the outcome as the plan for your upliftment has been in place all along. Right from the very time you agreed to take part in duality, you knew that it would end with your Ascension. Even those souls who still remain in the darkest realms have the promise of being helped to return to the Light. Duality was not an experience that was meant to have a lasting effect upon you. Even now the Light is increasingly gaining power, and it will keep tugging at the heart until the Light shines out. Your holographic prison is being dissolved and returns to the great source of creation. Nothing is wasted and neither can it be permanently destroyed.

You are told that the eyes are the windows of the soul, and you may have noticed that the Light beams out of them like a laser. Look anyone in the eye and it tells you much about them, and who has not seen a great love within them as when two are in love. Equally, the negative emotions can also be recognised, and the whole essence of someone can be cold and unwelcoming. In the higher dimensions you see much more clearly, as the aura is a blaze of Light often filled with iridescent colours. The purity of them befits a soul living in those levels, and such is their power that the lower vibrations cannot stand with them. Some of you on Earth have been visited by such Being, and even you are confronted by a brilliant Light, yet it has nevertheless been dropped in vibration so that you can stand within it.

When you come on board our ships, you will notice how bright the Light is and how it seems to come from everywhere around you without having a single source. However, it does not glare you or hurt your eyes as it may on Earth. There are subtle differences with many things you will encounter, such as objects that respond to your thoughts and animals that can talk with you. Life will be quite different to what you are experiencing now. It will be grander and more fulfilling, and an utter joy to feel wonderfully alive and vibrant. The aches and pains that you may experience now will no longer exist, because in the higher body of Light there can only be an expression of perfection. You will most likely be as we are and enjoy a great life that offers opportunities to do as you desire. You may live for a far longer life span stretching into hundreds if not thousands of years, and experience no change such as aging in your body. Believe us Dear Ones, it is not boring or lacklustre, but always a pleasure to be alive.

During the process of Ascension you will take the first steps to becoming a Galactic Being, and experience full consciousness. It will not take long and all is prepared in readiness for these changes, and it will be a fantastic experience for you. Know that you will be going through the process because that is part of your life plan, and there is no aspect that is forced upon you. We would be the last ones to disrespect your freewill choices. It is one aspect of your Earth life that has been grossly denied you, and will be returned to you in

due course. You are set to enjoy a revolution that will remove all of the obstacles placed upon your path, and will set you free. We are here on our mission to ensure your release from the cycle of duality, and create the opportunities that will enable you to fulfil your final pledges to yourself, and Mother Earth.

I am SaLuSa from Sirius, and gradually we are getting through to you so that you realise how important these next few years are going to be. All that has been promised to see you safely through the end times is waiting as you might say, in the wings and is ready to emerge. A few delays are not of concern, as the plan is completely flexible and has untold resources to back it up. Keep looking ahead and release the past into the history books. Be the soul of Light that you are and exercise your power to determine your future.

Thank you SaLuSa.

Mike Quinsey.

## **Chapter 3**

### **The Mushaba Force**

All material in this chapter has been written by Anakhanda Shaka Mushaba and can be found on the [www.mushabaforce.com](http://www.mushabaforce.com) website. Some material can only be received through Mushaba Force email updates.

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# **Mushaba Force-Mushaba Light Center for Freedom & Empowerment**



## **Description**

This website is about a Force of Divine Love and Oneness, Freedom and Empowerment that comes from a Extra-terrestrial Race who are Black extra-terrestrial beings. This force is the actual force used in the creation of our universe. It is a creative, creation force that can be harnessed and used for an unlimited variety of possibilities. We teach about the true history of a race of beings called the Mushaba race originally from the Andromeda now located in the Pleiades. This force can be used for healing, expansion of consciousness, ascension process, and virtually anything you can think of, of good.

## **Profile and Credentials**

Anakhanda Mushaba is an Author, Lecturer and Teacher of this unique Divine Force called Mushaba Force-Mushaba Light. He has been open to spirit since the early age of 5 years old when he used to lay in his bed and watch pictures open up on his ceiling. These pictures were him writing the script for his life in his original extra-terrestrial home language from Planet Mushaba. He has been trained in many methods of healing which include Universal White Time Healing as well as being a teacher of this healing modality. His abilities and services cover a wide range of options for those looking for healing spiritual growth, gaining their own freedom and empowerment and those who truly wish to understand Brotherhood and Sisterhood of all people.

## **Philosophy and Comments**

It is important to the process of ascension that everyone understand the importance of freedom and empowerment, brotherhood and sisterhood. All of humanity must overcome certain limitations and Mushaba Force teaches you what these limitations may be and how to overcome them. It is vital to moving forward in evolution that people use and harness this force as this force is now being given the permission to make it known to humanity. It was agreed by the council of creation that this force can now be brought and exposed to earth. There are approximately 1,000,000 Mushaba Race Beings on earth to do a very important mission and they are all of varying races in order to allow all people to see the unity, the brotherhood and sisterhood of all people. This force of Mushaba was personally named by God and Goddess and the race was decreed as well by God and Goddess to be created for a specific purpose. This is the race of beings who answer the call of Creator. These Black Race Extra-terrestrial Beings have contributed to the total evolution of humanity and brought all the original codes and structures to do so. They brought an evolutionary leap to humanity that propelled them forward well over 300,000 years in evolution. All the great Kings and Queens of Africa came from this race of beings. It was this as well that was responsible for bringing the original teachings of Brotherhood and Sisterhood, that we are all Brothers and Sisters! For more information on the Mushaba Force- Mushaba Light, please visit our website at [www.mushabaforce.com](http://www.mushabaforce.com)





The Mushaba Force is the power behind all that is. The power that motivates that feeds, that empowers all to be. The Mushaba Light carries the knowledge of the force and how to use it. The symbol represents the different energies that are in the Mushaba Force. What's in the rings is what represents the energies. There are 3 rings that represent the 3 major components of the Mushaba Force which are freedom, empowerment and vitality. The explosion means power and the ring around it keeps the power contained and it is directed power. The elliptical represents the fundamental nature of this force which is the freedom, empowerment and the vitality. This symbol can be used for many things. It can be used for spiritual connection to the power of the original force. This in turn connects you with the All That Is.

**You can use it to charge food, water, to sleep with, meditate with, heal with and raise your frequencies for higher consciousness. If you hold the symbol, it will send out energy for approx. 300 yards around you. It can be used for protection against negative energies. If you become initiated into the trainings of Mushaba Force- Mushaba Light and when you hold the symbol, the energy of it will spread out around you for approx. 11 miles.**

## **The Mushaba Center**



## **Freedom and Empowerment**

**Mushaba Platinum Light Update**

**October 21, 2009**

### **Obama: A Mushaba Warrior of Light and Love By: Anakhandu Shaka Mushaba**

Greetings and Love to Everyone!

There has been a great deal of important discussion and movement taking place behind closed doors. There is much talk about what to do with Obama, for those in the circle of negativity feel that Obama has been getting a little out of control. They accuse him of being very harsh lately, angry if you will, in his words. Obama had to be very careful in the beginning days of his Presidency because he was just entering office and finding out what is truly going on in the internal workings of the US government and Governments around the world. He was being educated, and he was careful not to go at it too strongly until he got a really good foot hole and became firmly planted into who and what he is. That has now happened and Obama is taking things to another level of engagement.

President Barack Obama is a “Mushaba Warrior of Light and Love”. He has received further instructions from the Council of Mushaba, and he has stepped up his agenda to bring freedom and empowerment to the people in America and throughout the world. A Mushaba Warrior is one that acts and defends on behalf of the people regardless to their position or station in life. A Mushaba Warriors sees all as equal, and all have the same potential. Mushaba in its most fundamental meaning is Freedom and Empowerment

which is why this energy is inherent in all Mushaba people. Obama is preparing to make some very important, bold and mind blowing moves in a public way that will tear the fabric of lies and deceit to shreds! He will tell it like it is, and he will reveal some very well kept secrets that will shock the America people into disbelief. There will be those that people will be absolutely surprised about when the truth is told. They will find it hard to believe, nonetheless, they will not be able to deny the truth and evidence that will be brought forward. The people in general are for Obama and there are many more for Obama and his bold move forward into great change than is not. The corrupt, lying and disregard for anything scared, media has been out right lying as to Obama's intentions for the people. However, the people are not stupid! They are much to smart to fall for that nonsense. It is those in power that are of the negative forces that is doing all the shouting in the media. They are under the illusion that they still speak for the people, which we know is not what is happening. The people decided for themselves to elect someone that will speak not only for them, but is one of them, and this was the nail in the coffin of the controllers on earth.

Obama will introduce in time coming, some of the extra-terrestrial people that he has been in contact with since his Presidency. He has taken a much bolder approach to dealing with the lying deceit of the negative people that are still trying to hold on to the reign of power. Obama was pushed and pushed until he knew that it was time to unleash the Mushaba Warrior that he is. His election to receive the Nobel Peace Prize is a part of the greater picture. It was meant to be in the committee that decided to nominate him, knew what they were doing. They are not ignorant and they know how powerful that is and will be for Obama's work in the world. They were being guided from the other side of the veil to make that selection because it supports his efforts in the world in a greater way, and it gives people a chance to take another look at him beyond what the media and skeptics are saying. The Nobel was not a gift or a symbolic gesture, but something that is real and earned.

I want the people of America to be prepared at a moments notice for great change is near, and there will be upheavals and shakeups everywhere in the world. Be fluid and not too rigid that you cannot be flexible. This Mushaba Warrior is on the war path of light and love and he is wielding the sword of Mushaba Truth everywhere he goes! He will one day reveal information about the Mushaba Force and the Mushaba people. He will let the world know that he is one of them and his people are here and have been here since

the beginning of the forming of earth and had a great deal to do with it. The information that has been secreted away and hidden in the Vatican basement about the Mushaba people will one day come to light to be shared with the entire world. The Mushaba people are unknown to the human consciousness because it was purposely held in reserve until the timing was right to activate the Mushaba Force on earth. That has happened and this is a huge part as to why the people in the world a demanding change and demanding to become free and empowered. I will say sit steady in the boat, and let time ahead tell the story of the Mushaba People and when they make themselves known to the world as this incredible black skinned race of beautiful extra-terrestrial beings from a highly evolved civilization in the Pleiades star system of the seven sisters, the world will know the truth. There are many races working with earth many are known and many are not as of yet. The earth and humanity has an unwritten and unspoken history and connection with the Mushaba People that goes as far back as planet Maldek when they fought to protect the people of Maldek from the Draconians so they would not lose their way and give their power over to someone outside themselves. It goes back even further still to the first universe, the anti-matter universe.

Obama will be seen very soon by all the world as the just man that he is, working for the forces of love and light and delivering the people into their own freedom and empowerment. The negativity against him will cease once and for all because it would be pointless to continue. The more the negativity tries, the more they become exposed to the people. The Mushaba Warrior has arisen within Obama. He was trained on planet Mushaba, his home, which is his point of origin, before he went to Sirius. Sirius is the sister or twin planet to Mushaba. It is as if you have a film, you have the picture then you have the negative picture that is the same thing just in a different frequency of expression. He was trained as a Mushaba Warrior, a Mushaba Master Warrior of Light and Love. He knows what the 8 Mushaba Sacraments are. He knows what the Mushaba Commandments are. It is within him, a part of who and what he is. I will leave you with this to ponder!

## **First Contact is Eminent-Part 4**

### **What Changes?**

Greetings!

After first contact takes place, there will be many changes that will take place on planet earth. What are those changes you might ask? There will be an enormous amount of change over time. It will not happen all at once. The changes will include but not limited to, great revelations about the true history of planet earth and humanity, and this is going to blow people's mind, the truth revealed about the illuminati, the eventual stopping of disease and illness, peace and great prosperity for everyone, the reversal of aging, the ending of the death cycle, Opening to many normal spiritual abilities as well as many new abilities coming on line, No more poverty and homelessness, no more crime, all prisons being torn down, hospitals will take on a new purpose that will be spiritual and holistic, no more racial hatred, the transformation of Black America and black people everywhere in the world, the equality of all people on earth, A new education system and new ways of teaching the children, people will do what they love, what makes their hearts sing for it will not be done anymore for the money but for the love, the final end to war and devastation, the possibility of changing whatever you don't like about yourself, no more pesticides, no more bad unhealthy food and water, no unhealthy products, more user friendly homes, smart computers with an evolved purpose, children being born completely open and staying that way as they grow, new monetary system and eventually no more money exchange, clearing of all pollution of air, water and land, no more vicious animals, everyone being each others brother's and sister's keeper, borders disappear and we become one human family with no travel restrictions, teleportation stations, everyone free and empowered, no more have and have not's, no language and communication barriers, off planet travel to other star systems, normal communication with those that passed on before you, a new news media and new ways of reporting the news, A new governing body for the people, an Extraterrestrial or Galactic Embassy, and many, many more changes that is beyond your wildest imagination! These are just a handful of new changes that will happen, but there are many more yet to be revealed!

Blessings!

Anakhanda Shaka MUshaba



## **Mushaba Center**



## **Freedom and Empowerment**

**Mushaba Platinum Light**

**November 20<sup>th</sup>, 2009**

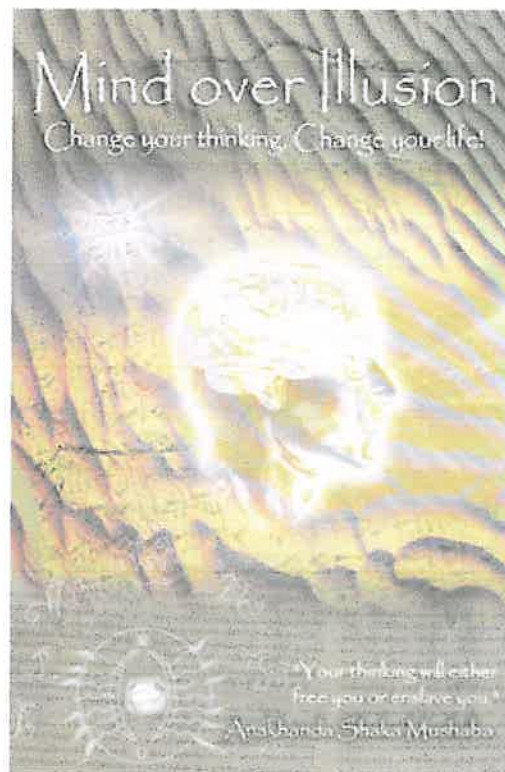
### **Michael Jackson Speaks**

Greetings Dear Souls of earth! I am Adsil. I am the one that you know of Earth as Michael Jackson. I am here to tell you that Michael Jackson is no more! I come today to share in the great change that is now happening upon the dearly beloved Mother earth. Humanity is moving expediently toward the jump into higher frequencies. Your galactic family has been waiting for a very, very long time for this. It is nearer than most may think. My departure from earth life was necessary in order to play my final act in the human drama that would have a powerful and deep impact on Mother Earth and all its inhabitants. The love that was available the day I departed earth was so thick and so intense that you could literally scoop it up in put it on an ice cream cone and lick the Love of Creator until you have nothing left but love in essence. This energy lasted for sometime after I left this earth plane. It along with each and every soul on earth whether conscious or not, it worked its way into the depths and breaths of mother earth's core. It connected with the crystalline energy crystals of love that has been deeply buried for a very long time during the time when the earth was first formed. The crystals of Creator's Love have a matrix that spans across the entire Globe and I have been working with this during my time on earth. All the love and healing that I was able to bring forth and send to all of humanity was captured by these very intensely power crystals of creator's love and stored for the now moment. Upon my move into another station of life, I activated the crystals and they at that time engulfed all the love of the world that went out to me by the billions. Even though you would not know this, there were several

billion people across the earth that sent me a deep and abiding love. Burt also, know that Mother Earth herself as well as all the various kingdoms sent their profound love to add to the crystal's of creator's love. These crystals are now opening themselves even wider as it oozes into the very fabric of the earth's core and the earth's energy field. It is heightening its ability to ascend as well as those that will ascend along with it. When I said that "This is It", I was speaking of "it" being the moment that I will perform my last act on the stage of life for humanity. I knew that what would be accomplished with my departure would set something unprecedented in motion for all of humanity. You on earth are in the time of wondrous change and you have a leader in America that will ensure that this change is accomplished according to the will of the Creator and most assuredly, the will of the people. Your galactic brothers and sister will bring what by many will be considered Miracles and amazing technology that will change all of life on earth AS YOU NOW KNOW IT. It will never be the same. Please, have patience with President Barack Obama. You have no idea of what he walked into and he is being guided by the Mushaba Council and the Federation. He has to appear to be what he is not at times in order to be what he must be and do what he must do. Soon, it will all come to the light and what many thought was very bad judgment by him will soon prove to be a very wise move in this game of chess. Remember that those in positions of power have been playing this game of control and slight of hand for a very, very long time. President Obama knows the rules of engagement well, and he has them just where they need to be. Soon enough massive arrest and removal from power of those corrupt and sinister individuals will come. It will be made publicly known and the truth will emerge about what has been taking place behind the scenes for so long. I am not here to speak politics but to do what I can to give you assurance that "This is It"! This is it for the dark lords and doing business as usual. The earth is being overwhelmed with Light and Love and the energy is beginning to over flow into every aspect of life. Be prepared to have your mind blown by what will become public knowledge about your hidden government, your true human history and was done to keep you in ignorance and fear. In closing, I want to thank the billions of people around the world that sent me so much love and thank you for believing in me and my mission. I am not done with humanity yet! I will return in due time. My love to you all, even those that do not love me, I love you anyway! Those that do love me, I love you more!

Peace and Blessings!

Thank You (Adsil)-Michael Jackson  
Anakhanda Shaka Mushaba



## Mind over Illusion

This book is very timely especially in the trying times we are living in now. It is a book for mainstream America that addresses issues of great importance to everyone's well-being physically, mentally, spiritually and financially. It takes the understanding of manifestation well beyond what the blockbuster success "The Secret" speaks about. Mushaba clearly explains the core reason why people lives are not like they wish them to be as well as what to do about it to change your life to that of what your heart desires. He explains the importance of your thinking and how your thinking can either free you or enslave you to life's success or life's failures. The information, advice and direction offered in this book are very clear and thorough. Mushaba goes even further as he explains how to give your ego a new job description and a promotion which is an amazing concept that allows you to communicate with your ego and get it to work with you and not against you. Mushaba addresses the issues of fear and its destructive forces that destroys your life and how to overcome it, the power of attachment and how it can cause great pain and suffering if you don't let them go and also offers sage wisdom as how to accomplish these necessary undertakings. The discussion on the power of right thought is very refreshing and has a real power of understanding that could change your life for the better. This is a book that everyone could use in their lives no matter your station or position in life. It is not about those who are successful and those who are not, it is about understanding your truth and your power to spread your wings and fly without limitations that are placed upon us as well as what we place upon ourselves. This book can assist you in your freedom and empowerment



## HEALING ABSOLUTE INTENTION

Greetings and welcome to all of you who are part of this month's Healing Absolute Intention. You will call to you those doctors who will best serve you in this particular session. Once an issue has been picked up by your doctors, they will remain with it until it is complete. So therefore no matter how many times you participate in this healing you will be well served by the doctor's council. It doesn't matter if an issue takes a day or a year it will not interfere in any other issues being worked on by the doctor's council. Every month there will be a new issue addressed. Remember, we have much to heal from the point of time when we first experienced our first imbalance when we left the Realm of Pure Spiritual Perfection. Now let's hear from the Doctors Council.

### Doctors Council:

We the council of spiritual doctors welcomes you to this wonderful new energy of total healing. We will work on all levels of your being from past lives, to various timelines and dimensions. We will work on trauma that you have experienced from times past when planets that you once lived upon was destroyed and shattered your soul. Part of this includes physical, mental, spiritual and soulful conditions of your being. This is also inclusive of fragmented parts of your soul from any trauma in any lifetime that you have lived. Healing Absolute means just that, An Absolute Healing. It cannot be a healing absolute if you are not healed on every level of your being all the way to the moment you were a creative spark of life. It is imperative that you participate in this firstly by taking the responsibility as you have to empower yourself to heal absolutely. Then we will offer you information every session that you can use to become the master of your self healing as you work in conjunction with your higher self and soul dictates.

We come to you and we show you how it is that there is nothing that can stand in the way of the healing that is possible for anyone. The only thing which is standing in the way of the healing is that which is put into place by the one who is seeking the healing. We bring the potential to your field and in that way you have it at your disposal. In effect, we have given you the means by which to make your reality match the reality that is surrounding you in your aura.

When you make a decision on a soul level as whether to accept this healing into your physical body, is for the soul to decide. It is there, complete in your aura and that is the only level on which we can bring you complete healing. Remember it is a free will energy that you are living in, and if we superseded the soul decision, then we would be violating the Law of free choice. In other words, know that the complete healing will be done and available within your aura and it is from there the decision of your soul to decide how to bring it to your being. It can bring you a complete healing or a partial healing or none at all until a certain awareness or understanding is met by you. What the healing energy then will do for you is to assist you in being able to see what the resistance may be so it can be cleared up and the healing that is there in your aura will then move into your being.

So all that we offer you along with our assistance is the potential and promise of you becoming totally empowered. So in this theme, we will present information designed to bring challenge to you in a way that only allows you your soul growth potential. We will do our part and we ask that you do yours. We are dealing with a spiritual science.

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[www.mushabacenter.com](http://www.mushabacenter.com)

**When you speak "Mushaba", every atom in all living things trembles with the fullness of delight,**

## **Chapter 4**

### **The MCEO Freedom Teachings**

All information in this chapter was written by A'sha-yana & A'zah-yana Deane and can be found on the [www.azuritepress.com](http://www.azuritepress.com) website. The MCEO Freedom Teachings encompasses a vast amount of information and meditations. At the end of the chapter you will find the Maharic Seal meditation and the Psonn Of Lyra. Voyagers 2 was written in 2002. The book provides detailed information on the intergalactic drama between the forces of Light and dark which has been waging since life began on Earth.

When you read this very important book please keep in mind that the intergalactic battle is now in complete control of the forces of Light. In 2002 the future was still very uncertain, as you shall discover. However, from reading this book you will get a clear picture of the vast battle that has been waging since time began. The new book “2012-Life After Earth: Orb Whisperers and the Silver Seed Awakening” due out in the summer of 2010 will provide the latest updates.

The MCEO Freedom Teachings Series

Presented by Adashi MCEO LLC in Association with Azurite Press MCEO Inc.

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*The Voyagers books are remarkable achievements. They are destined to become classics, not only within the category of metaphysical literature, but also within the emerging paradigms of practical psychology, spirituality, cosmology and quantum science. They are literally road maps to the stars and beyond, and hold a place of singular significance for us as we stand poised on the brink of a New Millennium.*

—The Quantum Access Group

# VOYAGERS

*the Volume I: The Sleeping Abductees series*  
*Volume II: The Secrets of Amenti*  
by Ashayana Deane

*The Voyagers Series books take you on an incredible journey deep into the most pertinent, perplexing mysteries of our times. Discover the realities of Alien Abduction, ET visitation and the monumental events to occur between 2002-2017. The hidden truth behind the ancient mysteries of the Arc of the Covenant, the Great Pyramid and Sphinx, the Hall of Records, the Halls of Amenti, the Melchizedek Races and humanity's evolutionary destiny are all uniquely explored through the Voyagers' perspective. Also discover Keylontic Morphogenetic Science and a model of inter-dimensional physics, time mechanics, cosmological order, multi-dimensional identity, DNA structure, spirituality and Bio-Spiritual Evolution that will revolutionize your understanding of the world, the universe and ourselves. Following 30 years of physical and communicative contact with an immense group of inter-time Visitors called the Guardian Alliance or G.A., Ashayana Deane brings us enormous volumes of detailed, accurate information about the nature of our present circumstances, revealing advanced scientific and spiritual concepts and practical applications, in order to assist us through these turbulent times.*

## **Volume I: *VOYAGERS: THE SLEEPING ABDUCTEES***

The first volume introduces the Guardian Alliance, a powerful, benevolent group of extraterrestrials, Metaterrestrial and Ultra-terrestrial races who reside within a myriad of different locations within and beyond the Time Matrix. You will find out about some of the ET cultures that comprise the G.A. organization and what their purposes are. Meet the Rhanthunkeana, Aethiens, Zeta Reticuli, Drakons and many more. Learn to distinguish between the Guardians who have our best interests at heart, and the Intruders, who serve themselves, often at our expense.

Ashayana Deane introduces *Keylontic Morphogenetic Science—the science of the blueprints of consciousness and creation*, which holds the secret mechanics of the multidimensional universe and evolution of consciousness and biology. This science provides the framework and tools through which we can choose conscious evolution and through which we can learn to protect ourselves from the manipulation of present-day Intruder ET Visitors. Learn why and how people are being abducted and experimented with as part of Intruder ET hybrid breeding programs and Guardian ET genetic/spiritual acceleration efforts, and how certain Intruder factions are using the Keylontic technologies of *frequency fences* and *holographic inserts* to manipulate our perceived realities to their ends. Discover how we can use Keylontic Science to accelerate our bio-spiritual evolution, to protect our evolutionary blueprint and create immunity to Intruder manipulations.

*Voyagers—The Sleeping Abductees* is the most comprehensive guide available on the hidden truth of the contemporary UFO phenomenon, ET/Visitor agendas, covert government dealings with Intruder ETs, hybridization, historical involvement of visitor races and evolution of human consciousness. In addition, this book introduces the *Silicate Matrix* gene code, the *Soul Matrix* and six *Primary Levels of Human Identity*, time and

DNA mechanics and the *15-Dimensional Model* of universal physics. It also includes *Keylontic Exercises* for Visitor contact/abduction recall. This book contains vital information for understanding and taking effective action regarding Earth's present covert confrontation with ET intelligence.

### Volume II: *VOYAGERS: THE SECRETS OF AMENTI* (592 pages)

The 2nd edition of *Voyagers II* was instigated on September 12, 2000, when a global event of paramount significance occurred within the covert infrastructure of the New Age, UFO and Illuminati movements. On September 11, 2001, in preparation for the first anniversary of the September 12, 2000, event, the Trigger Event of the WTC/Pentagon Terrorist Attack was launched as the first step in the intended 2011 fulfillment of a hidden global agenda that reaches far backward in time. Earth is poised at the cusp of a "Great New Age," long predicted in Hopi prophecies as the "Fifth World," the Mayan Calendar and Biblical Revelation. Humanity will now determine whether this New Age is destined to become a Free Age of Genuine Enlightenment, or a New Dark Age of One-World-Order dominion. The origins of our contemporary dilemma and its SOUL-U-TIONS extend back into the greatest secrets of the ancient past.

*Voyagers II*, 2nd Ed., reaches from the heart of legendary Atlantis, Lemuria and Nibiru, through the ancient Ascension mysteries of the Arc of the Covenant, the Great Pyramid, "Inner Earth," "Visitor" races, Biblical Revelation and the Halls of Amenti Star Gates, emerging to reveal the contemporary secrets of the Bermuda Triangle, HAARP, Montauk Project, the Philadelphia Experiment, the New Age Movement, the 9/11/2001 disaster and over 70 years of covert UFO cover-up and Infra-sound Scalar Pulse testing. Revealing the truth of 500 million years of 12-Tribe Human evolution—as directly translated from the Ancient CDT-Plate Holographic Recorder Discs—the Forbidden History of Humanity's Original Sacred Mission, and the coveted Secrets of Amenti are now being returned to assist us in our contemporary confrontation with destiny. In rediscovering our Human heritage, which includes Visitors from the Stars, the Checkerboard DNA Mutation, and the Secrets of the Templar, we will also rediscover the *real* divinity within the "Human Condition" and reclaim the Sacred Knowledge and Eternal Healing Power that *is* the Human Birthright.



**Author Bio:** Ashayana Deane has had physical encounters with ET intelligence since the age of 4. At age 7, she participated in physical, consensual abductions with the Guardian Alliance through which she received training in Keylontic Morphogenetic Science, Multidimensional Physics and the Science of Ascension. After a Near-Death Experience at age 18, Ashayana entered training in the Melchizedek Cloister (the governing body of the Melchizedek Priesthood) via the Guardian Alliance.

Ashayana has worked as a professional studio artist and within the Commercial Printing and Theater Management industries. In 1996 the G.A. asked Ashayana to go public with their teachings to help humanity prepare for 2000-2017.

A husband-wife team, Ashayana and Michael Deane presently work as speakers, teachers and spiritual consultants, bringing the G.A. knowledge of Conscious Evolution, Keylontic Science and the Science of Dimensional Ascension to the public via books, audio-visual programs, private consultations, workshops and seminars all over the world.

Together they have developed a Facilitators Course and Keylontic Healing Program based upon the teachings of the G.A. They currently run The Azurite Temple, a Keylontic Healing-Spiritual Development Center in Florida and England.

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Vol. I: *Voyagers (2nd Ed.) — The Sleeping Abductees*  
Vol. II: *Voyagers (2nd Ed.) — The Secrets of Amenti*  
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## An Introduction to the Freedom / MCEO Teachings

### Subjects covered in this article:

- **Some key components of the MCEO Foundation materials**
- **Why the MCEO teachings give us an unprecedented level of detail**
- **How the techniques work**

Those of us who hear the deep voice within, aching to find meaning and purpose, start searching for the Truth. No teachings can give us our own intrinsic knowing back but true knowledge and its applications can restore us to our own intrinsic knowingness within. We can take a personal journey moving from 'believing' to 'knowing', from 'hope' to 'certainty': a transition of immense significance and an everlasting shift in self-awareness and empowerment.

The Melchizedek Cloister Emerald Order (MCEO) teachings are an unparalleled gift to humanity - restoring knowledge that was last common knowledge in our cultures 25,000 years ago. It is sometimes deemed a luxury to consider the big questions about life. The MCEO teachings explain why it is foolhardy *not* to consider them in this contemporary time period of 2000-2012! A short venture into the MCEO teachings reveals not only the true history of Humanity but also the choices that are facing us during our present time period. The applications of this knowledge by which we can restore the reality of our *own personal inner* knowingness (known as our Inner Christos or Avatar level of consciousness) restores our intrinsic power to make *conscious* choices regarding our own evolution.

The MCEO teachings are vast - not least because we are vast beings in the midst of a vast Cosmos, currently experiencing the effects of a huge drama that stretches across the multi-dimensional structure of this Universe. We are being offered the full picture because of the purpose that is ours and because we have the latent abilities within ourselves to embrace it. We are reminded that these inner resources are *inherent to our original design* and we learn how to re-awaken them. So there is an intrinsic joy within these teachings and their applications - the joy that comes with the realisation that we are being given the opportunity to *reclaim our ancient birthright* as free, immortal, fully sentient beings. These pages offer an introduction to the MCEO teachings and provide some key points of reference for rapid and effective exploration of the immense gift these teachings bring.

### Intrinsic Order Behind and Within Observable Effects

In the 3D / 'everyday' world, we are empowered by knowing how our physical bodies work and how the systems within which we exist work such as the political, educational and monetary systems. The essence of the MCEO teachings are based on *self -sovereignty/ self-empowerment* and so these teachings are returning to us the knowledge of the intrinsic, ordered systems within and behind all manifest forms, including our own multi-dimensional reality. The teachings describe the tangible structure of the spirit as well as the tangible structures behind and within the body and mind. We grow more acutely familiar with the multi-dimensional energetic structure behind and within the Cosmos and all things in manifest form, including 'Human' and 'Angelic' Beings.

## **The Core Substance of Manifest Form is Consciousness**

We begin to recall, and remember more purposefully that *the core substance of manifest form is Consciousness*. Within Creation, Consciousness arranges itself into constructs with *organic intrinsic order* (the often quoted and often undefined Divine Blue Print). A key element of the MCEO teachings is to give us *precise and detailed* descriptions of the fundamental constructs of conscious energy upon which, and within which, our manifest reality is formed. This knowledge gives us the opportunity to make a fundamental (and therefore powerful) shift in consciousness - beginning the restoration of meaningful, tangible, self-awareness of ourselves as a multi-dimensional construct of conscious energy, not separate from God-Source but residing within the multi-dimensional, living fields of consciousness *that is God-Source*.

### **A multitude of teachings, Key Questions to ask**

There are, of course, many variants of this principle of Creation as there are those overflowing with well-meaning, though misdirected Spiritual intention. How do we navigate ourselves through the Spiritual teachings 'jungle'? The 'acid test' is one which begs the most significant question of all: 'How does this (any) paradigm actually shift my experience as a limited physical being to an aware, self-sovereign, empowered, multi-dimensional being, right here, right now?' and when we try the tools of the paradigm (in terms of meditations, exercises, prayer and so on) 'Do they (when actively employed) progressively restore lasting health in all aspects of my reality?'

### **Reclaiming our Health**

By understanding our multi-dimensional energetic reality, we can recognise that the *Divine Blue Print for health* is a *real construct of conscious energy within us*, waiting for us to restore our conscious connection with it. Through specific given *applications* of the knowledge of our core design *and* that of the Cosmos, we can progressively re-establish our own Divine blue print for health, restoring health to our bodies, emotional life, relationships, expression of purpose through work - we restore health to (what we perceive as) our 'internal' and 'external' reality.

### **Thoughts as directors of frequency**

As we understand that all things are made from differentiated units of consciousness, we develop a deeply informed understanding about thoughts as things. They are constructs through which *consciousness in the form of frequency can be directed (by our own application) into manifest form*. All MCEO techniques apply these 'Creation Principles', employing the function of thought to direct specific frequencies to reawaken our inherent Blue-Print for Health and heal distortions within our own bio-energetic systems. This function is *organic to our nature* and so although the background to the techniques can appear unfamiliar at first, the techniques themselves are simple yet powerful and pleasurable.

### **Context: A fundamental ethos to the APMCEO teachings**

The MCEO teachings give us the context from which the techniques arise. It is our minds that direct the frequencies and context enables our minds to carry out the techniques more effectively. Further, the knowing that we are in truth, powerful, co-creators with God-Source, underpins all teachings - we are treated as responsible and 'Spiritually mature' and, as such, we are offered correspondingly exceptional information and tools.

## Science, History and Healing

Not only do the teachings expose the structure of the Divine, organic constructs and their relationships to each other, but also reveals the extent and nature of the distortions within these constructs, where they have come from and *what we can do about it*. We need to understand at least a little of divine mechanics: *In order to heal, we need to know what we are healing and why*. These portions of the teachings would make little sense without the historical events that have occurred and the effects these events are having on our present day reality. By giving us a balance of Sacred Science, Historical context and Technique we can progressively empower ourselves to heal and make *informed* choices within the dramas of our own personal life and the Cosmos in which we exist.

### The Inter-relatedness of all forms: The Transduction-Manifestation Sequence

In contemporary science, we learn that the structure of the physical body builds up from atoms to cells, then to tissues and organs. In Keylontic Science (the scientific aspect of the MCEO teachings) we learn about the constructs *behind and within* perceivable manifestation. Just as our cells, organs and tissues have structures, names and relationships with each other, so do the constructs behind and within them and behind and within the whole of our deemed 3D 'reality'. Together these constructs and the Primal Life Force currents (frequencies) that flow through them describe a perfectly orchestrated sequence of how consciousness enters into, and returns from, manifest form. This sequence is known as the **Transduction-Manifestation Sequence**. This gives us further opportunity to understand the reality behind our perceived manifest experience and to further understand the distortions (out-pictured as limitation, pain and suffering) all contemporary humanity is facing.

### Merkaba: A key Construct in the Manifestation Sequence

One of the key constructs in the Transduction - Manifestation sequence is the **Merkaba field**. The Merkaba field is made up of *counter-rotating* spirals of energy. They can be considered as the primal lungs and circulatory systems of God-Source, breathing primal currents into (via the clockwise, base-electric, 'male' spiral) and out of (via the counter-clockwise, base-magnetic 'female' spiral) manifestation with harmonious precision. In the MCEO teachings we are given the scientific mechanics of the merkaba construct and its precise, ordered relationship to other constructs within the manifestation-transduction sequence (including our DNA templates and physical bodies).

### The Reason for Emphasis

We may ask, 'why such emphasis on merkaba mechanics?' Simply put, if this mechanistic relationship is distorted or compromised in any way, the effects of such core dysfunction will manifest all around us in a myriad of ways, from personal health, wealth and relationships to collective Human and planetary conditions and so on.

### Merkaba Mechanics - A key to understanding Ascension

MCEO teachings are *ascension teachings*. The MCEO teachings give us an unparalleled Science of Ascension - in terms of the original, organic Divine structure of the 'Angelic Human' and in the context of Universal structure. A short introduction is outlined here:

Ascension is a *Bio-energetic* process by which we progressively expand into dimensions higher in frequency and return to unified At-One-ment with Source. We learn how manifest experience is played

on the stage of dimensionalised fields of existence. Dimensions are *differentiations of consciousness*. The particles within each dimension/ frequency band are made of the same 'stuff' (units of consciousness) but they have different attributes (spin rate and angle of rotation). We learn that merkaba fields (by virtue of their own spin rates and angles of spin), '*communicate*' to the tiny particles of consciousness, 'telling them' the attributes (spin rate and angle of rotation) that they are to exhibit. Merkaba are therefore fundamental structures, creating dimensionalised existence within Creation.

When an individuation of God-Source experiences itself in a certain set of dimensional frequency bands, we say it is **phase locked**. *Temporary* phase lock is intentional and part of the organic design of manifestation. Inherent to the organic human design, is the ability to *consciously* release oneself from dimensionalised phase lock. Just as merkaba fields are the energetic 'organs' by which we are kept in manifest dimensionalised phase lock, they are also *the tools by which we can release ourselves from phase lock*. They enable us to move (which in reality is to expand) into the next set of dimensional fields of existence and progressively ascend. Not all merkaba teachings offered at this time achieve this positive outcome and this is why there is such an emphasis and thorough detail given on Merkaba mechanics within the MCEO teachings.

### **Merkabic Distortions: The Extent of the Problem and the Need to Heal**

In our physical body a sickness occurring in one area will be translated, by virtue of the inter-relatedness of the organs within the body, into sickness in other parts of the body. This can be compared with the constructs in the Transduction-Manifestation Sequence of Creation. A distortion occurring within the functioning of the merkaba field will translate into distortions in other constructs within the sequence, including our emotional and physical bodies (also known as 'karma'). The scientific detail, historical context and manifest expression of merkabic distortion are not pretty. We learn how distortion in merkabic fields leads to a process known as *molecular compaction* (an inorganic state whereby our bodies are unable to absorb and process the frequencies from higher dimensions) which results in dis-ease in our bodies and manifest experience and ultimately a condition known as *monadic reversal*. This is the condition by which the consciousness, not just the body, is irreversibly disconnected from the primal life force currents (energies spiralling from God Source via Merkaba fields) and thus its awareness of itself as an individuation of God-Source. The MCEO teachings describe how inter-dimensional politics and purposeful distortion (by beings who have already experienced monadic reversal) of natural Universal merkaba mechanics has created a situation whereby *knowledge and healing of our personal merkaba fields has reached critical importance*. In order to understand these phenomena *and what we can do about it*, we need a reasonable grasp of merkaba mechanics. This is a further reason why there is such an emphasis on merkaba mechanics within the MCEO teachings at this time.

### **MCEO Techniques - founded on knowledge of the Primal Order of Creation**

Through study of the MCEO materials we change our perception of ourselves from finite physical beings to *infinite energetic beings* and importantly, we learn how our structure relates to the other constructs in the manifestation sequence of creation. We learn how our bio-energetic systems fit into that of the planet Earth, Galaxy, Universe and Cosmos. This knowledge enables us to work with organic frequencies that come into the planet via the Cosmic, Universal and Planetary merkaba field in order to heal and, in healing, we progressively restore our original design as Immortal Angelic-Humans



with all the spiritual powers and spiritual responsibilities that this implies.

The MCEO techniques have been carefully developed to work *with* the Transduction Sequence of Manifestation in order to expedite our healing effect in this critical 2000-2012-time period. By virtue of the given relationships within the sequence, we understand that when we focus our attention on healing one construct within the sequence, we positively affect all others. This makes life simpler!

The techniques can be seen as 'Divine Blue Print Reminders'- With repetition the Divine Blue Print, behind and within our bio-energetic manifest form, is *progressively* and *permanently* re-set in our template and all forms (including our bodies) emanating from that template are restored to their organic form.

Within the order of creation, profound universal, galactic and personal changes are happening at this time. *The organic changes are giving us an opportunity to rapidly accelerate our healing.* Inorganic distortions in the Divine Blue Print are a legacy of pre-ancient times and continue to manifest in the present. These hidden truths represent a situation of immense spiritual ignorance at a point in Cosmic history where the nature and effect of the personal choices are as unparalleled as they are profound; we need to make urgent choices about how we respond to events taking place. The sequence of MCEO personal tools has been specifically orchestrated to enable us to accelerate our own healing process in synchronisation with the organic planetary changes and to protect ourselves from the forced (inorganic) changes, both of which are a reality at this time.

### **Why do the MCEO teachings contain such sophisticated detail?**

Angelic Humans and Indigo races are sophisticated beings - it is just that we have been in a soporific state (due to distortions in the planetary grids and hence our DNA Template) that we have forgotten! However, the Guardian races who give us these teachings ([see article 'The Melchizedek Cloister Emerald Order Teachings, the Eieyani and the CDT -plates'](#)) remember us for who we truly are and treat us accordingly. Through understanding the multi-dimensional reality of our bio-energetic structure we come to remember that Beings we call 'Guardians' or 'Eieyani' are aspects of ourselves residing in specific higher dimensions and they know (and admire) us as being the parts of themselves (or family) who chose to enter the denser parts of manifestation. So we are treated as part of a team. They understand our difficulties but they also know we *can* heal and there is a need for us to heal and wake up rapidly now. Therefore they have given (and continue to give) us teachings unprecedented in their comprehensive and cohesive nature.

Here are 3 other reasons:

1. In the 3D world, how many of us would carefully and consistently clean our teeth every day if we didn't have an (even rudimentary) understanding of basic dental structure and a knowledge of what can go wrong if we don't clean our teeth? The same answer you give yourself here applies with self-healing. And, as far as healing facilitation is concerned, think about 3D medical practice: would you go to a doctor who did not have a thorough knowledge of anatomy? In the past, there was no choice; doctors did not have the anatomical knowledge that they do now (and they did all sorts of wacky things as a result - such as put leeches all over you every time you had a fever!!). It is the same if we are going to have or give 'Spiritual' healing. 'Spiritual' healing means working with *real and definite structures* and we need to know what we are doing and why if we are going to a) help others and b) not cause others or ourselves harm. The information in the MCEO teachings has not been on planet for many thousands of years (and the reasons for this are explained in the teachings too) but now we are being given a chance to learn the very

## How To Continue Your Journey

There is much information and understanding that will open in your awareness as you integrate the information on this web site and the Teachings as brought forth through the MCEO. This section of the web site is geared toward giving you a **"road map"** of what to do next, where to begin and how to proceed. You can also get help on any aspect of your journey or find out if there are other people working with these same Technologies and Teachings in your country/city/area, by asking questions on the **Keylontic Science Yahoo Egroup**. You can join this e-group by clicking on this link: [Keylontic Science Egroup](#)

You may have found your way here by reading the *Voyager 1 & 2 Books* or maybe by guidance from another. Many **monumental Intergalactic and Universal events** have occurred since these two books were written, which have **expedited** the sequence of **Time Line Events** as outlined in the *Voyager Books*. We have moved into a **Rapid Healing Space of Frequency** and are being given the **technologies necessary for expediting this Healing**. The information about these monumental events AND the technologies associated with them is highly complex but at the same time, incredibly **exciting**. It is therefore only possible to put short summaries of this vast information on this website. However, before you can begin to understand any of this information, you should begin by understanding and integrating some of the **Basic Foundations** that the rest of the Teachings build upon, for without these you can feel quite overwhelmed with all the information.

Everything is **Energy** and the information inherent in the Teachings, whether in the form of text, diagrams, symbols or songs is of a very **high frequency** of energy. Because of this, it is very important to **integrate** the information and technologies in the **recommended sequence**. This will allow the most effective and safest way to bring in higher and higher levels of energy into your body, which will in turn allow for easier and faster integration and understanding. In order to do this, it is strongly suggested that you read the ["Suggested Reading"](#) information to help your mind gain some understanding of what you desire to accomplish, then proceed with the Essential techniques as outlined. Once you have activated the **D-12 Maharic Current** in your bio-fields, by working with the **"Essential"** activations, it is suggested that you use the **"Cue Zone"** technique to create a "safe space" for your continued work.

You will find a suggested sequence of techniques in the technique guidelines and it would be most beneficial to your expansion process to follow these guidelines. Activating higher frequencies or **"expediting frequency accretion"**, is a process that you are best to **"allow"** rather force, and you will then experience a wonderful unfolding of your True nature and potential in **"Divine Right Order"**. These are **Sacred Technologies** and are inherent to our original divine structure and are necessary for us to **heal the distortions** that are currently part of our core template. Following them in the recommended sequence will allow you to rapidly accrete and **"activate"** these **Divine Christos Frequencies** into your bio-field. This process is referred to as **DNA-template activation**. By co-creating this process in Divine Right Order, we can over-ride the distortions that are keeping us "locked into" this reality system and allow the natural process of expansion to unfold.

In the process of **DNA activation**, we are able to **heal the many blockages** currently within our DNA template because of the distortions. The Keylontic Science Technologies are the **only technologies** available on the Earth today that can specifically and effectively clear these blockages and heal the distortions in order to allow the natural flow of **God/Source Divine Energies** through our DNA templates and bodies. The Technologies work on specific components of our DNA template including *"energy seals"* called *"crystal seals"*. As these

blockages and seals open, the natural process of ascension can begin to occur. These technologies and thus our ability to ascend has not been available to Earth races for literally thousands of years. This is because, before January 2000, we did not have access to the **D-12 Mahara** current and thus could not work with our **Christos D-12 Self** and Higher. This is needed to bring the energies of those higher parts into our bio-field and body. The Christos D-12 Self holds the "**Original Divine Blueprint**", or the original template as created, before the distortions occurred. By bringing D-12 frequencies into our system, we can **re-set** our body/system to the Divine Blueprint. DNA-template activation and the process of ascension is our "**birthright**" as we were originally intended to **Eternal Beings** with the ability to move freely throughout the vastness of creation at will.

Each individual is unique in the amount of energy they can hold and activate in their personal bio-system in the process of DNA-template activation. Every one of us has a "*safeguard*" within our system that will prevent us from bringing in more frequency than what our bio-systems can safely hold at any given time. Once you have reached your "*holding capacity*" at any given time, your "**safe-guard system**" will prevent any further high frequency from entering your bio-system until your bio-system has made the necessary "adjustment" in its structure to integrate more frequency. This "safe-guard system" is connected to your **Christos D-12 Self**, (in dimension 10, 11, & 12), and has been created by **God/Source** so that we do not damage our bio-fields through the process of frequency accretion. Working with the D-12 and Higher Frequencies on a daily basis will help maintain activation of the energies in your bio-field. This is best done by working with the technologies every day rather than in short irregular bursts, no matter how enthusiastically you do them. With **each session** of working as a co-creator with the **Divine Frequencies**, you will be able to progressively hold more and more of these energies in you bio-field.

Everyone is **unique** in how their bodies and bio-fields process these high frequencies and each one of us may feel a unique series of experiences that accompany our DNA Template Activation process. These experiences are referred to throughout the teachings and can be found in products such as "*Angelic Realities-The Survival Handbook*" & "*Coping Skills For Coming Earth Changes*", listed on the product list.

**Every life form** on the planet is experiencing the process of these higher energies coming into the planet during this time cycle. Those who make the choice to work with these higher energies, as they come in, are helping not only themselves but the planet and all life-forms upon it, to hold these higher energies. As we continue the process of bringing in more of our **Higher Levels of Consciousness** into our bio-fields, we will progressively "*remember*" our **True Divine nature** and its place within this vast universe. We can then more fully co-create in the process of Healing ourselves, the planet and all life-forms that we are co-existing with. We will literally become **Masters** over ourselves and our reality fields!

When you have completed the process of working through the **Essential Techniques**, you will move onto **Flame Body Activation** and **Shadow Body Healing**. This is the *20 technique* sequence and you will find you can move through them rather quickly but always proceed at your own pace. You are the only one who knows what that pace may be. And it is good to remember that you are never alone, even if it feels like it in the physical 3-D world. **Separation is an illusion** that is dynamic to the structure of a manifest reality system. You have your whole family of Higher Levels of Consciousness with you at all times. All you have to do is **ask** for guidance and you will receive guidance in some form. One of the hardest things we have to remember is to love and trust ourselves. It is a result of the distortions in our template that we might second guess our own guidance when it is given. This will heal as you continue your journey.

When you have finished working through the Flame Body Activations and Shadow Body Healing Techniques, then you will move quickly into more **Advanced Techniques** and **Higher Levels of Energy**. The technique sequence is laid out in linear fashion from top to bottom because our brain needs information to be linear in order to process it through our systems.

**Onward and Upward! We are finally going to go home. We are finally going to be able to reach our fullest potential. What a wonderful journey we are sharing.**

**May your Voyage be filled with Joy!**

# **Maharic Seal Meditation**

## **WITH REGULAR USE THE MAHARIC SEAL OR ECKASHA MAHARIC SEAL WILL:**

- \*Begin the process of activating the 8th thru 12th chakras of the personal Kathara Grid.
- \*Assist the opening of the Crystal Seals in the body (which otherwise block DNA activation).
- \*Open the Planetary Bio-Feed Interface within the personal body, enabling the body vehicle to become a truly effective tool for lasting planetary grid and sacred site work.
- \*Trigger DNA Template activations which progressively and automatically activate the full 12 dimensional Merkaba.
- \*Enable healing facilitators to transmit 12D frequency sub-harmonics, providing more powerful, longer lasting, often permanent, healing facilitation -free of personal and client energetic field distortions.
- \*Protect users from disharmonic energies associated with Healing, Astral and Dream Time projection, and other potential sources of field encroachment/infiltration.
- \*Assist fractious "Indigo Type 3" children (administered via parent).
- \*Amplify results of all spiritually focused activity.
- \*Harmonize personal and environmental energies.
- \*Create Morphogenetic Re-Patterning, clearing Karmic/ Miasmatic Imprints, which otherwise block DNA template activation and the attainment of true consciousness expansion and full embodiment of the Christos Principle.
- \*Realign, revitalize and regenerate all aspects of the physical and Subtle-Energy Body Systems.
- \*Prepare and equip practitioners to receive and hold the increasing flow of higher frequency energies flowing into the Planetary Grids and personal morphogenetic fields arising from the intensifying Stellar Activations Cycle now under way (2000 - 2017).
- \*When regularly practicing the Eckasha Maharic Seal, the supply of high frequency energy that can be drawn into our bio-fields from the Planetary Maharic Shield is limited only by our own energy holding capacity. Our frequency-holding capacity can be progressively increased with consistent use of the Eckasha Maharic Seal as well as other recommended Keylontic Science technologies.

### **The Eckasha Maharic Seal Technique\* Advanced Keystone for Personal & Planetary Healing**

#### **A Brief Introduction**

The Teachings of the Azurite Melchizedek Cloister Emerald Order are all based upon the Law of ONE which recognizes the interconnection and interdependence of all dimensions of "reality" and recognizes that the Living God or Spirit is alive within all things. All Azurite Melchizedek Cloister Emerald Order teachings are state of the art and specifically acknowledge the scientific and energetic foundations of The Law of One. The practical purpose of these teachings is to truly free and empower all, through expanded consciousness and educated enlightenment, through which reverence, respect, love and co-operative co-creation are fostered within the Global Community.

These perspectives fully embrace geophysical planetary healing as an intrinsic consequence of personal alignment and expansion.

The Maharic Seal technique is a keystone tool of such importance that it is made freely available to all. Like all Azurite MCEO techniques and tools, the Maharic Seal is grounded firmly in Universal Unified Field Physics, ancient Merkaba mechanics and Matter Template Science (aka the Divine Blueprint). These techniques are known as Bio-RegenesiS Technologies that were once common knowledge, taught in the pre-ancient Ascension Schools of advanced Human cultures, and regarded as standard, as well as essential, daily practice.

The Maharic Seal, like all Bio-RegenesiS Technologies, implies specific application of conscious energy directed to, and within, the core manifestation template of the body. This technique directly activates the specific mathematical-geometrical relationship within, and between, the Angelic Human and planetary, organic, evolutionary blueprint, utilizing the pre-matter hydroplasmic frequencies of the 10th, 11th and 12th Dimension Mahara Current.

The Maharic Current was fully re-anchored on this planet for the first time in over 210,000 years, at the GRU-AL point, Sarasota USA, Signet 2 of the Planetary Templar Grid, on January 1st 2000. During the first 12 months or so after this time, the 6-pointed pale Silver Star or Hierophant was used in the Maharic Seal exercise. This symbol represents the electro-tonal program for the 11th and 12th Dimensional aspects of the Universal Kathara Grid. When we use this Hierophant Symbol in the Maharic Seal exercise, we trigger the activation of the dormant 11th and 12th frequencies within Earth's and our own bio-fields. When we trigger the activation of these frequencies, we can begin the process of resetting the Original Divine Blueprint within our entire energy structure, DNA template and physical body. The Maharic Current is also the all important carrier wave for all the symbols and tones used in all subsequent exercises.

As more and more Humans worked with the Hierophant and the Maharic Seal during the year 2000, the 11th and 12th dimensional frequency-holding capacity of the Earth and of Humans increased. This allowed us to use more and more complex forms of the 6-pointed Hierophant symbol in the exercise. For example, instead of visualizing the 6-pointed star, we visualized a 12-pointed star. As a consequence, we brought more and more Maharic current into our bio-fields, and were then able to use the image of 24-pointed stars, then 48-pointed stars and even 144-pointed stars. This, in turn, triggered higher and higher levels of activation of the Maharic current within the planets and our own bio-fields. Then, during another momentous occasion in 2001, Indigos and Humans helped anchor the next level of frequency called the Eckasha into the planetary energy bio-field.

## THE ECKASHA MAHARIC SEAL



The Eckasha is also called the Eckasha God Seed and carries the mathematical frequency corresponding to the underlying structure of key aspects of our Universal system called the Ecka and Eckasha Universes. (More information on these levels of our vast Universe can be found in the Voyagers II book, the 'Dance For' workshop series and The Science of Spirituality and creation - Seattle 03). This beautiful symbol holds highly complex and powerful God World frequencies in addition to the frequencies of the 6-pointed pale Silver Hierophant. When first doing the Eckasha Maharic Seal, it is not unusual to have difficulty in visualizing the colors and symbols within the

Eckasha, so it is often initially visualized as a flat 2-dimensional black and white image. As you become accustomed to the symbol and the exercise, you may find that your ability to visualize it as a multi-dimensional and colored symbol increases. If you have difficulty visualizing any symbols in any of these techniques, simply INTEND that the Symbol is there. An equally valid experience of visualization is known as 'see-feel', where one can 'see' every detail and yet not 'see' anything, in the usual sense of the word, where you know what you are seeing even if you don't 'see' it! People who tend to experience more from a feeling level (kinesthetic) rather than visual or auditory, very often function on this see-feel or even 'hear-feel' level. In this context, visualization is akin to imagination, and is an equally valid and powerful mode of experiencing any of the techniques presented in KS.

Since the anchoring and activation of this Eckasha symbol, the amount of frequency that the planet has accreted (drawn into its bio-field) has increased greatly. As a consequence, the frequency-holding capacity in Humans has also increased. In view of this exciting development, anyone now starting these techniques can begin by using the Eckasha symbol instead of the 6-pointed pale Silver Star or Hierophant in the Maharic Seal exercise. The original Long Version of the Maharic Seal using the 6-pointed (or more pointed) Hierophant can still be used as an initial step before the Eckasha symbol if desired.

## **The Technique**

### **ECKASHA MAHARIC SEAL**

**This is what the Eckasha Code looks like and the circles in the center are the Reuche.**



**Prior to use:** Read through the steps and practice the visualizations and their sequence slowly for familiarity.

**1. IMAGINE** the 2-dimensional image of a "Eckasha Symbol Code", as if the image is drawn on a black background on the inside of your forehead. The Eckasha is the Cap Stone Symbol or God Seed Code for the Time Matrix. Its colors denotes the frequency spectra of the Triadic, Polaric & Eckatic levels of the Energy Matrix and 15 Dimensions of frequency. It will be used as the Key Code to unlock the 12th Dimensional Maharic Shield in the personal and planetary scalar grids.

- 2. INHALE**, while visualizing the Eckasha Symbol at the center of the brain in the Pineal Gland.
- 3. EXHALE**, while using the exhale breath to firmly move the Eckasha down the Central Vertical Body Current (energy current in the center of the body), then out between the legs and straight down into the Earth's core (13th Chakra).
- 4. INHALE**, while imagining that you can see at Earth's core a huge, Disc-shaped Crystalline Platform of Pale Silver Light, that extends outward on a horizontal plane through the entire body of the Earth and out into the atmosphere. Visualize the Eckasha suspended in the center of the disc (this image represents the Planetary Maharic Shield, the scalar- wave grid composed of dimension 10/11/12 frequency, with the Eckasha positioned to activate the Planetary Shield. )
- 5. EXHALE**, while pushing your breath outward Into the Earth's Maharic Shield, imagining as you exhale that the force of the breath has made the Earth's Maharic Shield begin to spin.
- 6. INHALE**, using the Inhale breath to draw Pale Silver Light from Earth's spinning Maharic Shield, Into the Eckasha positioned at the center of the Planetary Shield.
- 7. EXHALE**, using the exhale breath to push the Pale Silver light throughout the entire Eckasha, making the Eckasha glow and pulsate with Pale Sliver light .
- 8. INHALE**, imagine that the glowing Eckasha momentarily flashes Crimson Red and then returns to normal, then use the Inhale breath to draw the Eckasha vertically up from its position at Earth's core, to a position 12" below your feet (the position of your dormant personal Maharic Shield scalar-wave grid). As you inhale the Eckasha upward from Earth's core, Imagine that it trails a thick cord of Pale Silver Light behind it; one end of the Silver Cord remaining attached to Earth's core, the other attached to the Eckasha (the Cord represents an 'Energy Feed Line, through which you will draw energy up from the Earth's Maharic Shield into your personal Maharic Shield)
- 9. EXHALE** with your attention on the Eckasha positioned 12" below your feet, and use the exhale breath to push a burst of Pale Silver Light outward on a horizontal plane from the Eckasha. Imagine that a Disc-shaped, Crystalline Platform of Pale Silver Light, about 4' In diameter, extends on a horizontal plane 12" beneath your feet, around the Eckasha at its center. (this image represents your personal Maharic Shield.)
- 10. INHALE**, while using the Inhale breath to draw more Pale Silver Light up through the Pale Silver Cord from Earth's Core, into the Eckasha at the center of your personal Maharic Shield.
- 11. EXHALE**, using the exhale breath to push the Pale Silver Light from the Eckasha, out into your Maharic Shield. Imagine that your Maharic Shield now pulsates, as it fills with the Pale Silver Light from Earth's Core.
- 12. INHALE**, again drawing more Pale Silver Light up from Earth's Core through the Pale Silver Cord, into the Eckasha, and Imagine the Pale Silver Cord expanding to 4' in width, forming a Pillar of Pale Silver Light running up from Earth's Core directly into your 4' diameter Maharic Shield.
- 13. EXHALE**, again using the exhale breath to push Pale Silver Light from the Eckasha outward into your Maharic Shield, while imagining that your Maharic Shield "takes on a life of its own", the disc suddenly "folding upward" with a "popping" sensation, to form a 4' diameter PILLAR of Pale Silver Light all around and running through your body (this is your Maharic SEAL. a temporary scalar-wave pillar of dimension 10/11/12 frequency light~ that blocks out disharmonic frequencies from dimensions 1 through 12 and begins to realign disharmonic frequencies in your body and bio-field to their original perfect natural order)
- 14. INHALE**, Imagining that the Inhale breath draws the Pale Silver light from the Pillar encasing the body Into every body cell; sense the tingling feeling as the Pale Silver Light moves through the physical body.
- 15. EXHALE**, Imagining that you can feel the energy of the Pale Silver Light expanding Into every crevice of the body and then outward around the body into the Bio-field.



Breathe naturally for a minute or two, as the feeling of the Pale Silver light moves through you, while sensing the energy presence of the Maharic Seal Pale Silver Pillar 4' around your body. The more time you spend breathing and sensing the energies, the more dimension 10/11/12 frequency you are drawing into your Pillar, which will increase the length of time the Maharic Seal Pillar will remain in your bio-field.

Return your attention to the Eckasha still positioned 12" below your feet.

**16. INHALE**, using the Inhale breath to draw the Eckasha up through your Central Vertical Body Current, then out the top of your head (the 7th "Crown" Chakra), to a point about 36" above the head (the 14th Chakra).

**17. EXHALE FORCEFULLY**, using the exhale breath to rapidly expand the Eckasha outward on a horizontal plane at the 14th Chakra, until the Eckasha suddenly "disappears" from view, with a mild "popping" sensation.

Breathe normally, while visualizing for a moment a brilliant 4' Pale Silver Pillar of Light extending from the Earth's Core upward, fully encasing your body and extending far above the head, into Earth's atmosphere and to a single Star of Pale Blue Light far off in deep space. Your Maharic Shield is now temporarily activated and your Maharic Seal Pillar is temporarily manifest within your Bio-Field. The Maharic Seal will remain in your Bio-field anywhere from 20 minutes to 1 hour at first. The more this exercise is practiced, the longer the Pillar will remain.

**For quick reinforcement of the Eckasha Maharic Seal, once the full process has been run within 24 hours: Simply Imagine a spark of Pale Silver Light at the Pineal Gland, exhale it rapidly down to Earth's Core and imagine the Earth's Maharic Shield spinning, call to mind the Pale Silver Cord and Inhale the 4' diameter Cord all the way up around you, forming the Pillar, attaching it "out in deep space" to the Star of Pale Blue Light**

# The Psonn Of Lyra

## Introduction

The Celestial Arieas are the specific tonal translations of the Fire Letter content in each DNA strand. Using the Arieas stimulates the dormant Fire Letters into activation within the DNA.

The Celestial Arieas are collectively called the Music of the Spheres:

**Geomancies + Color + Breath + Celestial Arieas Tones = Activation of the Silicate matrix**

Once morphogenetic Fire Letter distortions have been realigned in the Crystal Body the Geomancy Control Codes, direction of light and sound through the chakras using breath, and toning of the Celestial Arieas are used to progressively activate the Silicate Matrix into operational gene code, while simultaneously beginning the embodiment of the higher identity stations.

The Psonn of Lyra is the Celestial Ariea for the 12<sup>th</sup> Sphere and will help activate the 12<sup>th</sup> DNA strand and all those below it. It will also bring up your maharic seal after you have been working with the maharic seal for a while.

**It is you and your Christos Self saying we are going to be one now, you are calling in your avatar self, the more you sing this the faster it happens, it brings in frequency, a level of protection, stability and peace. It will amplify the D12 frequencies and get you in full alignment with Christos Self.**

Sound is the core of frequency, light can deceive, but sound always tells the truth. Light manifestation is actually refracted sound. The sound tones (psonns) are the power. The Galactic Alliance want us to sing this song to open meetings, as an opening prayer etc..

**There are certian combintaions of sound tones (songs/psonns) that activate very specific parts of the planetary grids and ley lines, meridians, DNA strands and axiatonal lines in your body. The Psonn of lyra does all of these and this is why the Psonn Of Lyra is so important.**

Invoking I AM, saying I AM my avatar, rallying all your 1728 selves, sending frequency out to other time vectors and mobilizing the energy of all of you, actually linking with and being your total self. There is a stat of consciousness, your wholeness you can feel when you are the energy of the song.

**You are making a statement , a command**

# The Psonn Of Lyra

Listen to the Psonn Of Lyra at [www.azuritepress.co.za/invoke\\_of\\_the\\_maharata.htm](http://www.azuritepress.co.za/invoke_of_the_maharata.htm)

## **Ma-Ha-Ra-Ta KHUM BI-VecTUS..(name)**

(Khum = I AS) (Ma-Ha-Ra-Ta BI-Vectus = D-12 Christos Avatar Self)

## **In-A-VHOKI UNE-BLEUM BI-VecTI**

(In-A-VHO-KI = invoke by Divine Loving Command), (UN = Now), (E-BLEUM = by the power of) (BI-VecTI = Universal Christos)

## **Mah-ah BI-VecTI UN UR-A- OR-NaM - OOR**

Mah ah Bi-VecTI = D-12 Divine Christos Blueprint past-present-future)

(UN UR-A-Or-Nam OOR = Now the Divine Sea of Liquid Light anchors in this moment)

## **E-stA Un-tA E-Sa Trazd-Jha HA-A Rha**

(EstA UntA ESa = Absolutely now established, always and forever)

(Trazd-Jha = in eternal abiding reverent Love) (HA-A Rha = of the Eternal ALL-ONE)

## **Ptah- TA Um a Ah-ShA-Lum**

Ptah-TA UM = Blessed Be, all embracing) (a in this context = given forth from)

(Ah-ShA-Lum = the Still Point of Eternal Peace)

## **Thah-A-Jha inta DO A**

(Tha-AJha inta = Spoken AS IT IS STATED) (DO A = As SO It IS DONE)

## **Um Sha-DI URA ah Khum TUn**

(Um Sha-DI URA = All Embracing Pillar of First Cause Light)

(ah Khum TUn = I AS THIS expression now)

## **Chapter 5**

### **Crop Circles And The Sacred Tones Of Creation**

All material in this chapter has been written by Judith Moore and can be found at the [www.recordsofcreation.com](http://www.recordsofcreation.com) website. Judith Moore's book "Crop Circles Revealed" contains vital information for your ascension.

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# Crop Circles and the Star Glyph Language of Light

The crop circles are a mystery to human beings. Why are the crop circles here, and what do they mean? The purpose of this transmission is to bring information to the public about the highly mystical and technical aspects of the interpretation of these geometric images. The crop circles are fractal formulas of light and sound frequencies encoded into the third dimension as tools for ascension. They are created by the means of light and sound technology interacting with the collective mind. Starships and the Galactic Federation carefully monitor the project.

These crop circles are present, in part, to activate the cosmic and soul DNA as well as the physical DNA and expand the brain's neurosynapses. This happens when they are viewed through the iris and connected to the brain.

This expansion includes the clearing of old negative thought patterns, activating your soul DNA (just as your genetic body has a DNA, your soul has a DNA) and expanding your consciousness beyond what you as a third-dimensional being of light conceived possible during this long dark age of the human soul-the phase that is known as the separation of the oneness or the age of dichotomy. This polarization was part of the holographic drama enacted by necessity. The ancient prophecies speak of the return to oneness; the age of enlightenment is upon us.

Crop circles are geometric fractal patterns and mathematical formulas. Everything that exists is a fractal of a geometric pattern-the crop circles are those geometric patterns. The star glyphs are a star language of light and codes for these activations. Linking these two images optimizes the activation of the DNA. Allow yourself to take this information in on a cellular level. Do not expect yourself to understand all the aspects and mysteries contained in this transmission. Experience it, emanate it, vibrate with it and ingest it-by doing so, you will serve humanity immeasurably.

Combining meditation with the star glyphs and crop circles will assist in the activation of the divine potential to receive this information and activate the creative consciousness within humanity's collective consciousness. The collective mind is a powerful force that forms the dream field within the third-dimensional reality. The effect of engaging in this process will make quantum evolutionary leaps in the collective mind of the planetary essence.

Opening up your consciousness to the patterns, interpretations and transmissions will spark the collective mind. It is most important to remember to come from your heart in all matters; it is the profound power of unconditional love that is the catalyst for all universal transformations. Each person who reads these interpretations and meditates on the star glyphs and crop circles will be assisting in the evolutionary process of the collective mind- heart. Once activated, it will permit the transmission of the technical data necessary to accomplish these various evolutionary processes. We must seed the collective mind with expanded potential.

As the human species evolves, more and more of you become aware of extraterrestrial assistance. In your third-dimensional minds, you tend to oversimplify the cosmic plan and the intergalactic involvement in the dynamics of this precious planet. Crop circles are messages from your star brothers and sisters, who are assisting this multidimensional, evolutionary journey.

I would like to advise you that there are other valid interpretations of these crop circles. The scientific community often discovers an equation, a scientific theory or what appears to be an answer to a mystery. Unfortunately, they then set it in stone and claim it is the only answer. The universe does not work that way. There are multilevel facets, interpretation and answers to one single equation or scientific explanation.

# Star Glyphs for Healing and Ascension

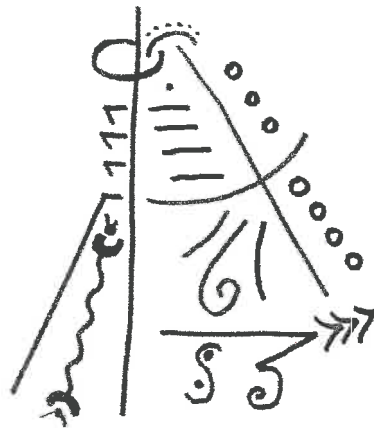
As an oracle for the Records of RA, Judith (through Laiolin) accesses your soul blue print in the Records of Creation with the guidance of your high soul self. She accesses the holographic crystalline DNA which is a living library of light that opens up time lines to do work with other dimensions.

You receive your personal star glyph, which is a universal language of light encoded in a hieroglyphic image of your soul blue print. These images are powerful DNA activators. The intent of the reading is to expand consciousness and facilitate intuitive guidance with your higher consciousness. The readings are diverse in nature ranging from light body activations, initiations, past life Karma clearings, connecting energy lines to powerful past lives, clearings in astral fields, removing psychotronic implants, clearing techniques, pineal gland activations and much more.

## How To Use The Star Glyphs

The star glyph language communicates to your vast cosmic intelligence through a non-linear language. Look at the glyph and image that you are taking a photo with your third eye and your physical eyes. Close your eyes and set the intent to bring the vibrations down to your heart. Once you have made the heart connection, set the intent to open your inner light. Simply breathe and meditate opening to the highest aspect of your consciousness. Then send a message to your DNA and cells to receive the encodements from the glyphs to make it useable information and energy for your process of spiritual awakening and activation of the DNA.

Breathe in deeply and exhale with six short breathes, and one long one. This this breath will facilitate your integration of the vibrations and the power of the star glyphs.



Gazing back and forth between the image of the crop formation and the image of the glyph associated with it allows the Cosmic Energies to flow over you and be absorbed by your higher self. Do this regularly for best results.

- Opens the planet's living libraries of light
- Activates human jewels of consciousness
- Evolves species to higher states of wisdom.

## **Star Glyphs from the book “Crop Circles Revealed” pg120**

The Star Glyphs are the universal language of light of the Great Records of RA. The Records of RA are the universal records of the Mother-Father-God, that are preserved within the light frequencies of the Great Central Sun. This precious language has been preserved through the long dark night of the soul of Mother Gaia only by means of encoding the DNA of the members of the House of David. It is a universal language that was forbidden to be released by mandate of the fear mongers when the planet was invaded (see appendix B). Therefore it has not been part of the collective unveiling until now. This universal language is a forgotten mystery. It was partially known in the mystery schools. To protect this precious language until the time of emergence was at hand, this precious language of light was not fully revealed.

These images imprint on the neuro-synapses and are encoded in your DNA. The transmissions are the translations of the Star Glyphs. The glyphs have far more information than the transmissions do, the information in the transmissions are very basic. The languages of the glyphs are extensive and deep reaching. Their images are actually created in a form that is useable to the psyche. In the Records of RA or the records of the Great Central Sun, these images are pure sound and light frequencies.

Your brain will be expanded beyond the limited 10% that most humans use, and will interpret the signals into light and sound frequencies which will emanate from you, the crystalline receiver of this gift. You basically will be like a radio transceiver as this encoded information is downloaded into your brain which is a magnificent tool little used until recent evolutionary expansions of the neurosynapsis in many awakened ones.

This will serve a dual purpose as you are tools for activation of the collective, so to you will receive transmissions for your ascension from the varied glyphs.

Each glyph is a living library of information that is being released into the collective mind of the universal consciousness. Each of you have a personal Star Glyph, Judith has given many people their Temple names from the ancient House of David to be used as mantras and their personal Star Glyphs. Your personal Star Glyph is your Cosmic Soul Blue Print, there are never two that are alike, each are unique and different just as each cell is a unique creation of the Mother-Father-God. These Star Glyphs in combination with the Crop Circle images are what you might understand to be an alchemical formula for activation of a vital pulsar code that is a wonderful gift for the emergence and awakening.

### **Author Judith Moore and her channeled messages**

#### **The Masters of the Universe and the Cosmic Mind**

Humanity stands at the threshold of a new era, in fact a new Creation. The planet is experiencing rapid metamorphosis on every level. The physical hologram of Creation appears to be constant and stable because human perception has not reached the capacity to perceive their changing world. The physical universe is only a small part of the totality of creation. Beyond human intelligence there is a vast intelligence of the Mind of the Universe, and the Mind of Creation, called the Masters of the Universe and the Cosmic Mind. As the veil thins humanity receives messages from this vast intelligence that guide the evolution of consciousness and the manifestation of the Mind of Creation in the physical universe. These messages come in the form of pulsar waves; cosmic light particles; magnetic wave forms; photonic waves, and sound frequencies. These cosmic energies must be received witnessed and brought into an energy form that is useable for the transformation of the planet into higher consciousness. The Masters of the Universe work through Judith as a medium to facilitate the integration these gifts from the Mind of Creation for the Birth of a New World of Peace.

# Sacred Tones of Creation

I began channeling the ancient languages through experience with A New Formula For Creation, and the Language of Abraham. Over the years my work as a medium has been to restore the vibrations and codes of light of the Lost Tablets of Creation; the tablets of Thoth, Abraham, Isiaha, Lemurian, Alatean, Mayan, Incan, and others. The transmissions have a definite continuity as I am guided to travel in other dimensions enter archives and download them for the completion of the creation codes as we emerge into a New Paradigm. I traveled to Scotland, France, Germany, Israel and Egypt to open archives on location. The restoration is done by accessing the crystalline libraries of Light in the DNA (physical and non-physical)

As an embodiment of Mary Magdalene much of the multi-dimensional journey work was to restore her lost archives. Many that were destroyed in the Libraries of Alexandria and in Southern France. Mary Magdalene has sent me to France three times to do the activations. In the fall of 2005, I traveled on my second journey with my friend, Madeline Cheriex, and six light workers. On this journey we were mystically guided to meet an alchemist and a member of the Priory of Sion. He had discovered a tomb in a sacred valley of Perrillos in Southern France. He located the tomb by studying a 3D map made by the Priest of Rennes-le-Château named Bérenger Saunière. By placing the 3D models together and locating the tomb of Jesus he found the tomb in Southern France. The tomb is close to a mystical cave in the Valley of Perrillos.

He asked us to return the next April (2007). The goodly company was Madeline, my husband Randy, and myself. We traveled around the region going to Cathar sites and bringing home symbols that I could see in the sacred altars of the Cathars. We worked with the relic he found in the tomb. Each time I would bring a mystical message to him he would send me to another site. After all of these alchemical activations, we visited the mystical cave in Perrillos once more. I had a vision. I saw 13 sacred letters of creation descend into the cave and channeled the first thirteen Holy Mantras. Madeline brought the sacred tones in by singing them in the cave in Perrillos.

Randy and I then journeyed to Israel and at a sacred temple in Masada I was given the second set of mantras. We were told by the masters that these are the sacred tones of Creation for the manifestation of the New Creation.

I have presented a four hour lecture on the Journey through the Mirror of Magdalene at the [International Institute of Integral Human Sciences \(IIHS\)](#) in Montreal Canada July 20, 2008. A DVD of that lecture can be ordered by going on their web site. At that time a language expert in ancient sacred languages recognized the tones of creation as authentic. He said the symbols open up the 13 angelic seals for the tones of creation and the language is a mathematical formula.

Here is a diagram of the tones accompanied with the 13 sacred cosmic chakras that I channeled several years ago along with the mantra to open the Isiah code, also channeled several years ago. The beautiful diagram is from [Chief Golden Eagle](#). Click on it to open a full-size, printable diagram for use during meditation.

Enter a state of meditation. View the 13 chakras, placing your left hand on your heart and your right hand at an angle above your head (to the right) moving in a clockwise spiral. Then tone "**Atium Atium Ma Gu Ha**" while looking at the image and making a spiral that moves into your heart. Use your breath, breathing in, and as you breathe out tone "**Atium**", and repeat three times on the last breath tone "**Ma Gu Ha**" and finish at your heart. Do the same in a counter clockwise spiral from your heart to the universe. Once you have opened your cosmic chakras, tone the 13/13 mantras by moving across the page. Complete the first one then move on, and so forth. Listen to the tones of creation toned by Madeline to help with annunciation. Madeline Cheriex was the first one to tone the sacred tones in the Cave in Perrillos. Please click on the audio button to hear her voice toning the Sacred Tones of Creation.



<b>Alaf</b>	<b>Neh Man</b>		<b>THAEDRA FIELD</b>
<b>Li Mu</b>	<b>Mah Doh</b>		<b>UNIFIED FIELD</b>
<b>Mu Kah</b>	<b>Arl Rin Nan</b>		<b>MIND OF GOD</b>
<b>Pi ah</b>	<b>Oh buaal Ah</b>		<b>ENTRY OF GREAT FATHER</b>
<b>Uul mal</b>	<b>Ka Ooum Poh</b>		<b>EYE OF GOD</b>
<b>Dan Kull</b>	<b>Ahl Bo Lum Bu La</b>		<b>VOICE OF GOD</b>
<b>Ul mey</b>	<b>Bul Mee Yod Vah</b>		<b>HEART OF GOD</b>
<b>Ah ak am</b>	<b>Ma Mulk Be Ma Qui</b>		<b>BREATH OF GOD</b>
<b>Vod May</b>	<b>Sol Ray Ahh Hey</b>		<b>WOMB OF MOTHER</b>
<b>El mie</b>	<b>Amev Hey Yol Hey Va</b>		<b>ENTRY OF GREAT MOTHER</b>
<b>Ohm muk tu</b>	<b>Ol Vey Ma Kul Vod Mah</b>		<b>MANIFEST CREATION</b>
<b>Mie han she</b>	<b>Bul Ma Yod Hey Yad Hey</b>		<b>WOMB OF CREATION</b>
<b>Ja hol ve</b>	<b>Whold Ma Kuhl</b>		<b>ESSENCE OF CREATION</b>

## 13 COSMIC CHAKRAS

### Cycles of Creation

## Seven Sacred Mantras of the Living Grail

The Sacred Tones of Creation and the Quest for the Living Grail activated the power of the Living Grail on Earth. Judith's Quest that began with the journeys to France, Israel, Egypt, Holland, Belgium, Scotland, Switzerland, Germany, Mexico, and the UK opened up ancient energies that activated these mystical forces on the Earth. The Living Grail is activated; a power that is within everyone's heart, waiting to be awakened. It is the awakening of the Buddha/Christ Consciousness. It is a Global experience that triggers critical mass and the awakening of Heaven on Earth.

On October 14, 2008 Judith was visiting the home of John Consemulder and Renske Skills. Judith had been guided that she would channel a message from the Living Grail for Renske to sing. Judith was awakened at 3:30 AM and brought through, "The Seven Sacred Mantras of the Living Grail." John and Renske produced the CD in three days, an absolute gift and miracle. The CDs of these mantras may be very useful as meditation tools.

You are encouraged to use these mantras and the Sacred Tones of Creation for personal and group meditation. Print them off and use them at sacred sites and in any creative way you feel guided. The use of these mantras enhances the power of the alchemy at work through the "Living Word."

Judith is available to guide your group through workshops on the use of the Tones of Creation and the Seven Sacred Mantras of the Living Grail.



## Quotes from the book

Beyond the limit of linear existence are mysterious worlds awaiting discovery. . . . The crop circles invite you to journey beyond the known and explore the vast expanses of the micro-cosmos and macro-cosmos.

Each of these crop circles contain formulas to balance the world's energetics, sustain planetary life systems and transform consciousness.

The star glyphs are a gift from the circle makers. They are activation codes for the formulas that are contained in the crop circles. The star glyphs are a universal language of light that depict the information contained in each of the transmissions.

I would like to advise you that there are other valid interpretations of these crop circles. . . . The scientific community often discovers an equation, a scientific theory or what appears to be an answer to a mystery; unfortunately, they then set it in stone and claim it is the only answer. The universe does not work that way.

These crop circles are geometric fractal patterns and mathematical formulas.

Each person who reads these interpretations and meditates on the star glyphs and crop circles will be assisting in the evolutionary process of the collective mind-heart.

Each crop circle was projected onto the surface of the planet at key trigger points of the living body of Mother Gaia . . . .

The crop circles are light and sound frequencies of mathematical formulas for ascension, or the emergence of Eden.

The medium of crops lends itself well to our purposes. We want them . . . . to enter the chain of life through union with food sources.

Following the creation of a man-made circle, the starship technologists emanate frequencies through the crop's biochemical structure to enhance the energetics and activate local time capsules within the ethereal. These are indeed valuable creations and contribute to the formulas for ascension that the project is destined to complete.

The star glyphs are the universal language of light of the great Records of Ra. This precious language . . . . is a forgotten mystery that has not been part of the collective unveiling until now. . . . The transmissions are the basic translations of the star glyphs. The glyphs contain far more information than the transmissions do. The languages of the glyphs are extensive and deep reaching. Their images are actually created in a form that is usable to the psyche.

The Arcturians are the engineers of the crop circle phenomenon . . . . assisted by scientific teams from Orion, the Pleiades, Arcturius, the Dogon and others . . . .

The crop circle is broadcast from the mothership into relay stations, which are transformers, in order to step down the frequencies; the ships then monitor them in minute fractals. The last ship is a beaming device that beams a hologram of the formulas in the Mandelbrot set in frequencies of light and sound, and the hologram enters the orbital field of this planet. This hologram has been screened or shielded from visual interpretation.

The optic nerve of human beings is being evolved, and there are those of you who are able to see light phenomena (sometimes you catch it in cameras, the light



phenomena have been seen in videos), but the normal or unevolved optic nerve does not perceive these holograms as they enter into the Earth's orbital field.

Human intellect would like to be able to conceive that the steam softens the plants, allowing pliability, which is true. That is part of the process. But it also breaks down the very subatomic structure of mass en matter, restructuring the cellular components and altering the DNA and the physical form of the substance used, thus creating the pattern. Literally, these fields are being shifted into a form that transcends mass and matter. That is why it is such perfection.

These are implemented or anchored into the Earth's ethers through ley lines. The crop circle is merely for visual confirmation that something important has happened. What you don't see are the frequencies being anchored within the Earth's energetics, in the ethers.

There is an energetic web system that connects all frequency points on the Earth similar to the schematic of an acupuncture chart of the human body. . . . There are acupuncture points all over the body and many, many in the ears. They say that the whole human body can be accessed from the ear. England is the ear of Mother Earth. . . . You could say that this is the transmitting station center for Mother Earth.

During the times of the Druids, there were individuals that came from all over the planet. . . . There was interdimensional travel.

The locations of the sand circles that have appeared in the deserts are particularly important, because some of these sand circles manifest over ancient temples that have been buried by the dunes in the Sahara and other great deserts.

So I would say to the readers of this manuscript, be grateful and appreciative for the manifestations that you are blessed to see, for some of the most phenomenal creations will never be seen.

I am supporting the statement, there are no hoaxed circles. They are all part of the phenomenon. The crystalline codes within the DNA of each individual creating a man-made circle are part of a formula, the alchemical formula of the frequencies emanated in these manifestations. . . . We encourage human activation, activity and involvement with the making of some circles. Human involvement doesn't make them hoaxed, because the energy fields are manifested as we desire them, following the creation.

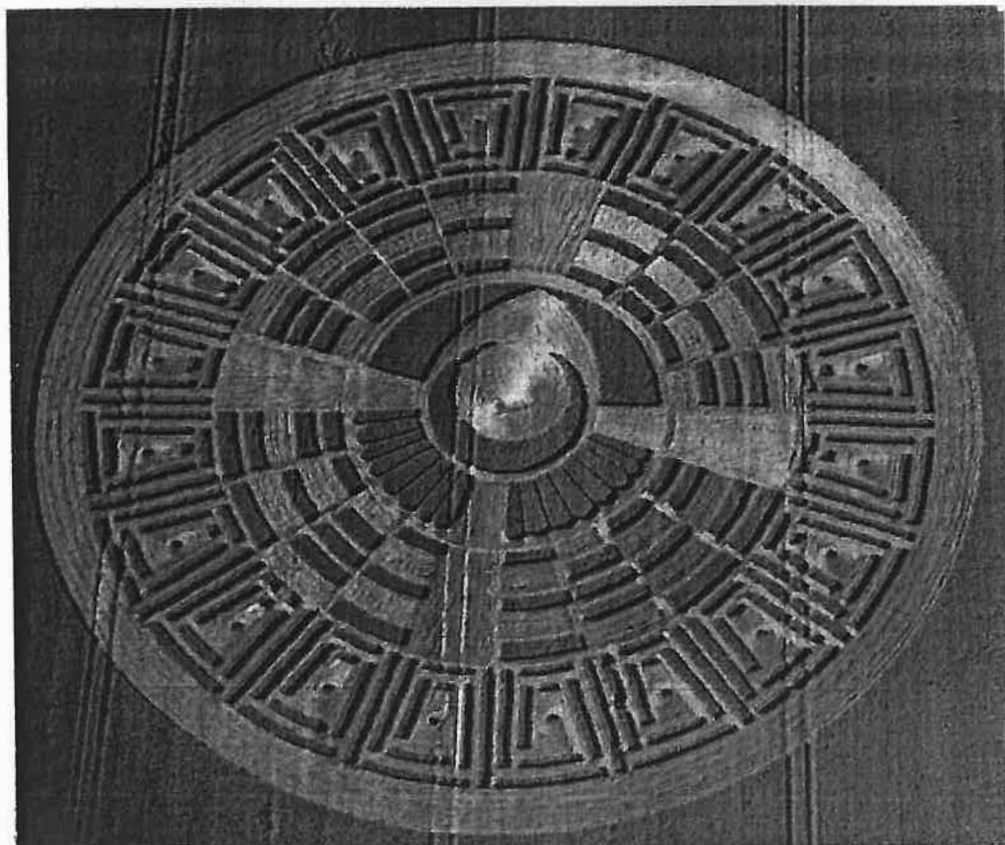
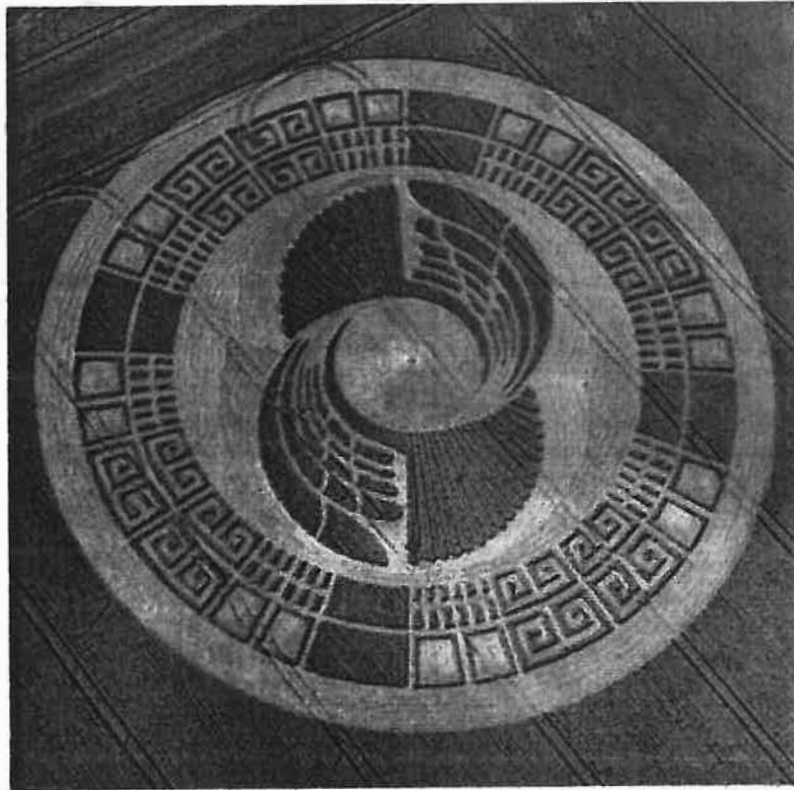
Some of the light phenomena are the emanation of the frequencies forming the circles; others are the lightbodies of the ascended masters come to Earth. Some of them are what the Native Americans call Tunkashilas, the spiritual beings of this land, the ancient ones, the ancestors of this land, manifest in their lightbody form. So these are energies.

The crop circles are a visible manifestation of an energetic packet that's waiting there anyway.

It is important to remember that the crop circles are multidimensional and multifaceted. These transmissions carry only a facet of their entire message.

As you read these transmissions set your intent to expand your perimeters beyond what your conscious mind has previously known or accepted to be facts. Explore the world of truth that is indeed stranger than fiction.

Crop circles depicting Mayan symbols and their reference to the ending of the Mayan calendar in 2012. A list of more than 30 such crop circles with explanations can be found at [www.diagnosis2012.co.uk/cro.htm](http://www.diagnosis2012.co.uk/cro.htm)



## Chapter 6

### 13 Moon Natural Time Calendar By Skytime

All information in this chapter has been written by Eden Sky.

This information can be found on the [www.13moon.com](http://www.13moon.com) website.

The 13 Moon Natural Time Calendar by Skytime can be purchased here.

After reading this chapter it is very important that you read the [www.13moon.com](http://www.13moon.com) website . The “Living Prophecy” webpage sheds a lot of Light on the 2012 enigma.

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# 13moon.com

## 13-MOON NATURAL TIME CALENDAR

*Galactic Time Cycles of The Dreamspell  
For Personal & Planetary Transformation*

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## A Culture of Peace Through A Calendar of Peace

The 13-Moon Natural Time Calendar is a universal,  
modern application of the mathematics of the ancient Mayan  
Calendar System  
as deciphered by Dr. José Argüelles, Ph.d and presented as



excerpt from:

## ***Fixing the Time Problem***

ATLANTIS RISING • Number 37

BY CYNTHIA LOGAN

For cultures around the world, time is measured not by the ticking seconds of a clock or watch, but by seasons, rhythms and subtle shifts in nature that influence and enhance social interaction. People of the Andman Islands follow a “scent calendar,” while a “cattle clock” guides the Nuer in Sudan and myriad sounds and shadows in the forest tell the Karen tribe in northern Thailand when to do what. The compartmentalized, western division of infinity into infinitesimal decimal, digital units is at odds with thousands of different ideologies that consider time a sensual perception rather than a notation. Yet watch, clock and calendar are the global norm. And that, thinks Arguelles, is a huge problem.

Also an academic and an art historian, Arguelles has studied time from many perspectives. “Everything we know about time is rooted in the clock and the clock isn’t a measure of time,” he says emphatically. “A two-dimensional plane divided into 12 equal parts of 30 degrees each is a measure of space—substituted to be a measure of time. All civilization is governed by this erroneous concept that time is something that’s measured by the clock.” Though he’s chucked his watch and clocks long ago, it’s the calendar that really riles him. “The Gregorian calendar is the macro-organizing program of global society—the Chinese use it, even Islamic businessmen and the Dalai Lama use it,” he rails, and points out that it’s an illogical, irregular and arbitrary way to mark cycles. That’s his mild assessment. The more intense take is that it’s a deliberate tool of control that numbs intuition, fosters war and will destroy life on this planet unless we replace it—and soon...

Probably best known for orchestrating the Harmonic Convergence, a 1987 global meditation and planetary peace event attended by hundreds of thousands, Arguelles is the son of a Mexican father and a German-American mother and was born in 1939 in Rochester, Minnesota. He grew up in both Mexico and Los Angeles, earned a B.A. in Liberal Arts from the University of Chicago in 1958 and an M.A. in Art History in 1963. In 1965 he was named a Samuel H. Kress Senior Fellow and, after studying art history in Paris, returned to Chicago, earning his Ph.D. in Art History and Aesthetics in 1969. He was also a student of Buddhist teacher Chogyam Trungpa Rinpoche and participated in the Dharma Art Exhibits in Los Angeles and San Francisco in the



early '80s. He has taught at Princeton, UC Davis in California and the University of San Francisco, and is a member of the Founding Faculty of the Naropa Institute in Boulder, Colorado.

He was the keynote speaker for the 13th annual American Art Therapists Association and has been a featured presenter at Esalen Institute, the Omega Institute and the Open Center in New York. Author of numerous philosophical and cultural essays, Arguelles is one of the originators of "Earth Day" (in 1974 the State of California commended him as the "Father of the Whole Earth Festival" and honored his contribution to the art and culture of California). His 1987 book *The Mayan Factor* was an international bestseller that documented his unraveling of the Mayan calendar code.

Arguelles advocates changing the Western calendar from the Gregorian (named for Pope Gregory XIII) to a "13 Moon - 28 Day" calendar he says is a perfectly balanced solar/lunar measure and would do no less than give the entire biosphere a fresh new start and a shot at peace. "The Gregorian

calendar measures the earth's orbit around the sun, but it's very haphazard and doesn't give any real measure, so it's not a true solar calendar," says Arguelles. On the other hand, he explains that a strictly lunar calendar is only 354 days in length and that, though most people associate the moon with feminine attributes, societies who follow a lunar calendar from new moon to new moon (such as the Chinese, Hebrew and some Arab cultures) are the most patriarchal in the world. In contrast, he says, "the Mayan were a sublimely androgynous people and their calendars reflected that." In their heyday, the Maya used 17 different calendars!

It may sound radical but, in fact, such a reform was proposed by the League of Nations (forerunner of the United Nations) early in the 20th century, which considered three of 500 suggested entries. The 13 Moon - 28 Day Calendar was by far the most popular—98% of 1,300 businesses polled supported it. "The League proclaimed in 1930 that on Jan. 1, 1933 the world would have a new calendar," says Arguelles.

"But the Vatican opposed it and mustered the support needed to defeat it." The two most significant calendar reforms in history were the Julian (in 46-45 B.C., which enabled Julius Caesar to convert Rome from a Republic to an empire, and the Gregorian itself, in 1582 A.D., which is identical to the Julian calendar other than in its calculation of leap years. (The reform did result in the "loss" of 10 days between October 5-16, 1582, though!) "The Julian-Gregorian calendar was imposed as an instrument of power and as a symbol of dominance by European conquerors over the Maya, Inca and Aztec civilizations—all of whom used, among other calendars, the 13 Moon/28 Day count," notes Arguelles, adding that it was also the calendar used by the Druids, the Essenes and the ancient Egyptians (as the Calendar of [Thoth])...

**[Enter Website](#)**





# NATURE'S CALENDAR

**A calendar unites the people and the land.  
Rich in celebration and tradition, calendars have long served as the  
centerpoint of culture.**

**The 13-Moon Calendar has been followed for over 5000 years.**

**"We find evidence of its use as a prehistoric synchronic measure in the  
remote past of China, Polynesia, and scattered across late neolithic  
Europe and the Middle East." - Dr. José Argüelles, PhD**



**Around the globe we find breath-taking reminders of the monumental  
role that calendars have played throughout human history.**

**Why are calendars so important?  
What function do they serve in our lives?**

**The current world calendar:**

- **upholds a framework of standardized church, state, and global marketplace activities**
- **defines the schedule of holidays and traditional cultural practices**
- **coordinates the worldwide socio-economic program**

**In essence, a calendar produces the faculty by which we operate, and  
the lens through which we see...**

**What's wrong with the calendar we have?**

**The 12-month calendar is arbitrary and irregular, lacking any  
correspondence to actual cycles of nature.**

Put simply by physicist Mark Comings: "**The 12 month calendar has a cycle that is contrary to and out of phase with the natural annual 13 fold gravitational wave created by the Moon's orbit around the Earth.**"

**This lack of harmony, though generally un-examined, has a profound effect on the way we relate to the Universe we live within.**

**Movements of the Stars, Moons and Planets have eternally served mankind as reference points for relating to the Nature of Time.**

**The current world calendar divides the year as if it were a 2-D circle.** 360 degrees of a flat circle are portioned into 12 subsections of 30 degrees each, giving us "30" day months. **This method of calendrics dates back to ancient Babylon** and provides the template for the current 12-month calendar and 12-hour clock (doubling the calculation, we get 24 hours and 60 minutes). **The 12-month model for measuring time fails** for the 365-day year divided arbitrarily into 30-day months leaves 5 extra days!

**How does it resolve this discrepancy?**

**Some of the months are 31 days, some 30, yet February gets 28 days, except for an extra day once every four years** (but not on centuries, except those divisible by the number four).

"30 days has Septober. April, June, and no wonder. All the rest have peanut butter, except my grandmother, who has a little red tricycle." -*Mad Magazine, circa 1958*

**Wonder why the months named September through December, which literally mean 7-10, are actually months 9-12? What's in a name?**

**The system of 12 months and a corresponding 12 hour : 60-minute clock, is known as the 12:60 timing frequency, and has yet to be proven as a viable measure of time. This flat perception of time does not correlate to any actual cycles of time! It is an artificial model of reality. It is encoding humanity with a comprehension of the natural world as disharmonious and non-coherent!**

**For example, today on the Gregorian calendar is Tues, December 3rd. What day of the week will January 3rd be? What day of the week will February 3rd be?**

**The 13 moon calendar  
is an obvious and ancient way to structure the year.  
13 cycles of 28 days describe the year perfectly,  
with one day of renewal before the new year.**

**Perfect Periodicity**

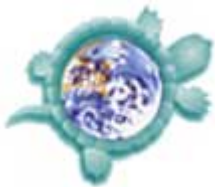
For every one time we go around the Sun,  
the Moon goes around Earth 13 times.

The year has already been divided by Nature-  
13 'moon'ths of perpetual harmony.

**The 12-month calendar hides the 13th moon. The number 13 is now surrounded by superstition and is considered taboo; unlucky; evil. This fear is reinforced by cultural antiquities like "friday the thirteenth." Often buildings have no 13th floor, or avoid constructing a # 13 apt unit. Why?**

**The ancient Maya had an entirely different relationship to the number 13, actually revering it as the Key to Time itself. 13 is the Mayan galactic prime number; the Force of The Universal Movement of Creation.**

**Associated with the powers of endurance and longevity, the ancient vertebrate Turtle has 13 scales on its shell."The first calendar that North American Indians ever had was Turtle's shell...The Earth Mother, who was represented by the most fertile creature of our planet, the Turtle, showed our Ancestors how to mark the passing of each moon cycle. Turtle's shell bore the 13 moons of the year inside of a frame that formed the circle we call the Sacred Hoop, or Medicine Wheel - representing the relationship of all life to all life."** -Author Jamie Sams



**The name of "Turtle Island" to refer to Earth can represent our planet swimming in waves of radiant solar and cosmic energies.**

**"Without the Thirteenth Moon; without placing the Thirteenth Moon back into our consciousness, we remain absolutely trapped in the complexification of form. With the 13th we have the transcendence and also the circulation of time."** -Valum Votan

**The pattern of women's fertility cycles averages the 28-day, 13 moon ratio! Nature's rhythms live within us!**

**Why has the 13th moon been hidden from us? What is to be gained by suppressing the creational principle of Mother Nature?**

**As prominent theoretical physicist Gerard J. Milburn reveals, "The aim of modern science is to reach an understanding of the world, not merely for purely aesthetic reasons, but that it may be ordered to our purpose."**

Living under the guise of the 12-month calendar, we have come to view nature as irrelevant - wilderness without intelligence, sentience, or order. It is from this fundamentally flawed perception that humanity attempts to progress 'beyond the limitations of nature.' In fact, it is our model of nature that is flawed, not nature itself.

As a comprehensive reflection of nature, the 13-Moon Calendar is an organization of creational elements that serves as a holistic tool for ongoing participation in life's cyclic processes. If humanity wish to produce harmony, we must use harmonic tools!



The 13-Moon Natural Time Calendar presents the *Dreamspell* - the interlacing of the 13-moon, 28-day solar/lunar round with the 13-Tone, 20-Tribe galactic spin.

$13 \times 20 = 260$  distinct energies. This 260-day perpetual count is a perfect model of harmony - a universal expression of Nature's order, derived from the mathematics of the the ancient Maya. Referred to as the Harmonic Module, (called Tzolkin by the Yucatec Maya) this galactic count communicates the time ratios and patterns which unify our solar system with other star systems, and with the emanations of life-force from the center of the galaxy itself.

As a "galactic constant" the 260-day cycle does not correspond to any known astronomical period, yet the number 260 functions as a cosmic common denominator to synthesize the cycles of the Sun, Moon, Earth, Mars, Mercury, and Venus. In essence, it is the key factor of all the planetary periods. The 260-day cycle also corresponds to the human gestation period of approximately 9 months, perfectly expressing its power as a cycle governing the unfolding of creation! We also see 260 in macro-cycles such as the grand, 26,000-year precession of the equinoxes, which author John Major Jenkins points out is like a "collective, spiritual gestation for humankind." Even eclipses relate by a number whose factor is 260! As Jenkins assures us in his insightful book "Tzolkin" - the 260-day cycle has "multiple meanings," as it applies to "celestial, biological, agricultural, mythological, and chronological processes."



**"Tzolkin is the 'key' to both terrestrial and celestial processes. It's kind of the common modulator or common denominator of the two realms. This is how we can understand Mayan astrology. They discovered the numerical and ritual key. Most important in the astrology is the reference to the human gestation period of approximately 260 days. As such, our own basic and shared rhythm of unfolding is seen to be intimately related to the cycles of the planets, moon and sun. This is more than just planets "influencing" us - rather we share the same rhythms of unfolding that the planets do because, ultimately, everything springs from the same source. Everything, on some level, has been imparted by the same rhythm of unfolding and is therefore related by a form of synchronistic correspondence." -Author John Major Jenkins**

**The harmonic numbers of the Tzolkin are as clear as our 20 fingers and toes - digits with which to measure the universe. Our body's 13 major joints, or articulations, move us through the universe. Through movement and measure, we experience each other and ourselves as the universe.**

**From a whole system perspective, time, humanity, and nature are inseparable. Our physical and emotional bodies are moved by the same lunar, solar and planetary forces. Where we appear separate in space, we are unified in time.**

---

**When we structure our lives by the artificial rhythm of the clock and 12-month calendar, we expose our central nervous system, and subsequently, our entire mental-emotional body to the frequency of a machine.**

Reknowned author and scientist Dr. Deepak Chopra, M.D., has presented studies showing how:**the stress of linear time contributes directly to an acceleration of the physical aging process, inclusive of deterioration and disease.**

**In modern industrial living, we wake up by the clock, we eat to the clock - we plan our lives and live our days in accord to the clock. We refer to the clock to program even our most basic of biological functions!**

Quoting Mark Comings, Quantum Physicist: **"The intrinsic folly of this unnecessary yet widely promoted artificial dependance upon machine technology is that it discourages the development of, and even serves to hide the existence of, a vast spectrum of inner capacities - psychic, mental, emotional and spiritual potentials - that lie dormant within the biological human body in time."**

According to Dr. José Argüelles, PhD.: **"The simple and easiest way to reprogram your daily awareness of the actual nature of time is to follow the 13 Moon Calendar."**

**Free your mind**



**and your world will follow!**

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[13moon.com](http://13moon.com) ©2005 SkyTime 1-800-5







# 13 Moon Natural Time Calendar



## YEAR OF THE RED OVERTONE MOON

~July 26, 2010 - July 25, 2011~

**Utilized by people in more than 90 countries,  
the 13-moon/28-day calendar is a harmonious nature-based alternative  
to the artificial and dysfunctional 12-month Gregorian calendar.  
As a sacred template of time, it is facilitating a global paradigm shift  
from the destructive materialist notion that "time is money"  
to the life-affirming spiritual understanding that "time is art."**

**As a universalized expression of the galactic mathematics of the ancient Maya, this modern Dreamspell Calendar system presents an energetic map of the Synchronic Order of Reality. Offering a living language of symbol, number and color, this tool provides all you need to empower your exploration of Natural Time!**

**Printed in full color, each of the 13 moons exhibits visionary art portraying the sacred qualities of each 28-day cycle.**

**Complete with charts, inspiration, and indepth instruction, this 15th year edition continues its magic as a comprehensive tool for personal and planetary transformation.**

**Sure to be treasured by both new-comers  
as well as seasoned followers of Galactic Time!**

## Calendar Features and Ordering Information!

# **Chapter 7**

## **The Law Of Time**

All material in this chapter has been written by Jose Arguelles, and can be found on the [www.lawoftime.org](http://www.lawoftime.org) website.

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# GALACTIC RESEARCH INSTITUTE

of the Foundation for the Law of Time



## New to this Site?

- i. [What is Time?](#)
  - a. [What is the Mayan Factor?](#)
  - b. [What is the Law of Time?](#)
- ii. [What is the 13 Moon Calendar?](#)
- iii. [What is the Thirteen Moon Calendar Change Peace Plan?](#)
- iv. [What is the World Thirteen Moon Calendar Change Peace Movement - the Foundation for the Law of Time and PAII?](#)
- v. [Time and Prophecy - Understanding the Synchronic Order - Tools for Consciousness Expansion](#)
- vi. [What is the Rinn Project?](#)
- vii. [What is the Biosphere/Hiosphere Transition?](#)
- viii. [What is the meaning of the Great Cycle of the Mayan Calendar and 2012?](#)

### i. What is Time?

You must begin this study by asking yourself the question: What is time? How many perceptions of time can there be? Is time culturally relative or is there an absolute time? How do instruments of time measurement condition how we think about time and reality? Consider the following excerpt from *A Treatise on Time* (1996), V.V.

"Just as air is the atmosphere of the body, so time is the atmosphere of the mind. If the time in which we live consists of uneven months and days regulated by mechanized minutes and hours, that is what becomes of our mind: a mechanized irregularity. Since everything follows from the mind, it is no wonder that the atmosphere in which we live daily becomes more polluted, and the greatest complaint is: "I just don't have enough time!" Who owns your time, owns your mind. Own your own mind and you will know your own mind."

### a. What is the Mayan Factor?

The Mayan Factor is the overlooked factor in any consideration of human history. Why? Because the Maya had a unique mathematical, astronomical and calendrical system. Using as a base measure the ratio 13:20, their civilization used at least 19 calendars simultaneously. Why? They knew that time is the Universal Factor of Synchronization. They also knew time is the fourth dimension. And they knew history would end in 2012.

### b. What is the Law of Time?

Because of a comprehension of the Mayan Factor, it was possible to discover the Law of Time. The three primary postulates for this discovery are: a) universal natural time is a function of a base frequency, 13:20; this is distinct from artificial time of modern civilization which is the function of an artificial timing frequency, 12:60; b) the universal Law of Time by which the universe is synchronized and governed is expressed,  $T(E) = \Delta RT$ , where T is the 13:20 frequency, (E)energy is any discrete aspect of the phenomenal world, and the result is universal harmony - the Art of Nature; and c) the velocity of time is instantaneously infinite - time is faster than the speed of light; its velocity accounts for the possibility of telepathy.



The Law of Time is a new dispensation for our time. Hence the rest follows systematically.

For further reading and study:

*The Mayan Factor Path Beyond Technology*

*The Call of Earth's Spirit: Finding the Hidden Power Within*

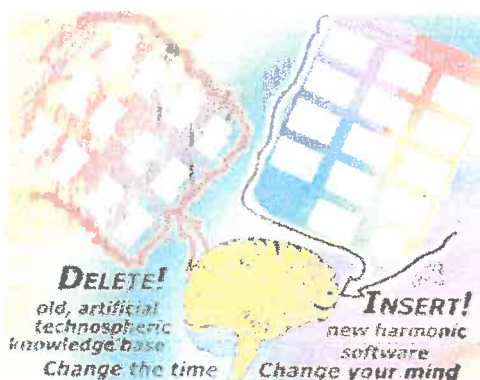
*Time and the Technosphere: The Law of Time in Human Affairs*

[www.lawoftime.org](http://www.lawoftime.org)

## II. What is the 13 Moon Calendar?

The Thirteen Moon/28-day calendar is the universal social application of the Law of Time to correct for the error of operating by the artificial standard of 12:60.

The perpetual, harmonic Thirteen moon/28-day calendar is intended to replace as a global standard the current irregular and totally disharmonious twelve month Gregorian calendar.



The 13 moon-28 day calendar is a perfect harmonic standard in every respect. In and of itself it is an object of study. It is based perfectly on the 13:20 frequency and is synchronized with the 260-unit galactic spin (tzolkin).

Its harmonic perfection pivots on the 365th day of the year, the day out of time, galactic freedom day, which is no day of the week at all. This is also known and celebrated as the Planetary Peace through Culture Festival, and is the day for synchronizing the Thirteen Moon Calendar Movement in universal forgiveness, telepathy, and celebrations of time is art.

Study the patterns of the 13 Moon calendar: Locate your solar birthday. Find all the ways it is harmonic. Study the

Wavespell of the 13 moons - the names and functions of the moons, the planetary service wavespell. The perfection of the patterns of synchronization are the introduction into the synchronic order.

For reading and study:

*Thirteen Moons in Motion* (click to download PDF)

*Time and the Technosphere: The Law of Time in Human Affairs*

## iii. What is the Thirteen Moon Calendar Change Peace Plan?

To replace the current global standard with a new calendar is not just matter of making new appointment books, but a mind shift.

A calendar is a macroprogramming device, it holds in place all of the established beliefs and customs of a society or culture.

To replace one calendar with another one is a revolutionary act. It is an act of changing time, of going from one time to another. Hence to change the calendar today is the opportunity for calling the old game over and creating peace to establish the new time of harmony.



To assure that this is successfully accomplished, the Calendar Change Peace Plan has adopted the Roerich Banner of Peace and Peace Pact (1935) as already recognized instruments of peace by which to carry out its plan. The Banner of Peace is a key element of the Day Out of Time.

To envision the whole system change this implies is the essence and nature of the Thirteen Moon Calendar Change Peace Plan. The peace plan embraces many projects including: 13:20 garden communities, Planetary Engineering Project (Centers for the Restitution of the Natural Mind); rainbow peace brigades, Earth Rescue Mission, etc.

For further reading and study



World Thirteen Moon Calendar Change Peace Plan ([www.lawoftime.org](http://www.lawoftime.org) or [tortuga.com](http://tortuga.com))

Peace is the Culture of the Biosphere ([www.lawoftime.org](http://www.lawoftime.org) or [tortuga.com](http://tortuga.com))

*Time and the Technosphere: The Law of Time in Human Affairs*  
Research Project: The Law of Time in Human Affairs

#### iv. What is the World Thirteen Moon Calendar Change Peace Movement, the Foundation for the Law of Time and PAN ?

This is not the first time in the past century that a great effort has been made to replace the Gregorian calendar with the Thirteen Moon/28-day calendar. The League of Nations tried it in the late 1920s and 1930s. The Vatican objected to the Day out of Time. Nothing came of it.



The Thirteen Moon Calendar Change Peace Plan is different - it is based on a populist movement, known as the World thirteen Moon Calendar Change Peace Movement.

The strategy of this Movement is for the people to take the matter in their own hands. What the League of Nations effort showed was the failure of leaving calendar reform for the governments to decide. They never will. They are too entrenched to promote a change of the scale now necessary to be effective. Instead of top down, the Movement is bottom up.



The Foundation for the Law of Time is the organization conducting Law of Time research, coordinating the Peace Plan and the information flow. PAN - Planet Art Network - is the world wide operation disseminating the information to all levels of society.

The purpose of PAN is to be the evolutionary social change movement that takes us to 2012 and beyond. Because, according to the Law of Time, time is art, the meaning of PAN encompasses making the planet into a work of art.

For further study and reading:

[www.planetartnetwork.info](http://www.planetartnetwork.info)

[www.lawoftime.org](http://www.lawoftime.org)

[www.tortuga.com](http://www.tortuga.com)

*Art Planet Chronicles (click to download PDF)*

*Time and the Technosphere: The Law of Time in Human Affairs*

#### v. Time and Prophecy - Understanding the Synchronic order - Tools for Consciousness Expansion:

The Law of Time is a science that demonstrates the nature of the synchronic order - the fourth dimensional reality organized by the 13:20 codes of time. But the Law of Time is also the function of the Mayan prophecies of Pacal Votan, Quetzalcoatl, and the Chilam Balam.

The Law of Time is the prophecy to complete the cycle of history. It is the new dispensation of time, endowing humanity with an entirely new system of knowledge.

It is not to be confused with the Indigenous Mayan long count, which is a count of days, but is an evolutionary upgrade of the Galactic Mayan knowledge, and meant to introduce humanity into the synchronic order of the fourth dimension.

The prophecy is in three parts. a) Harmonic Convergence, August 16-17, 1987, prophecy of the end of the Thirteen Heavens and Nine Hells, opening the gate to 2012, establishing Mayan Factor codes of synchronic order (Dreamspell); b) Telektonon Prophecy - Earth Spirit Speaking Tube - Seven years of Prophecy, 1993-2000, and Cube of the Law, 16-year program, 1997-2013; c) 2012 prophecy of the tomb dedication of Pacal Votan 692-1952 = 1260 years; 692-2012 = 1320 years, final teachings of the Mystery of the Stone, Cosmic History (2004-2011).



This system of knowledge revealed as the Law of Time is categorized into various tools or programs:

- 13 Moon/28-day calendar - path of prophecy.
- Dreamspell, Journey of Timeship Earth 2013 codes of the synchronic order of fourth-dimensional time, keys for role playing according to galactic signature.
- Telektonon - the prophecy as well the "game of prophecy," imaginal realm strategy game to overcome Babylon planet.
- Dynamics of Time - 260 postulates define the evolution of the time as the evolution of consciousness (galactic brain); to be studied on a daily basis.
- 20 Tablets of the Law of time - telepathic codes to re-harmonize the DNA in a daily program; basic practice: how to cube the codon.
- 7777 Telektonon Revelation - 28-day board game that activates the plasmas in your chakra system, connecting you with the center of the Earth.
- Mystery of the Stone -Seven year passage through Middle Time, perfection of the human soul, awakening the Nine Lords of Time on a daily basis, 2004-2011
- Cosmic History Chronicles seven volume reformulation of the human mind according to the Law of Time, 2004-2011

Also to read and study:

*Surfers of the Zuvuya*

*Arcturus Probe*

*Dynamics of Time*

*Cosmic History Chronicles*

#### vi. What is the Rinri project?

Rinri is a Japanese word meaning ethical enlightenment. The purpose of the Rinri project is to effect the ethical enlightenment of humanity through a project that makes the noosphere conscious.

The principle of making the noosphere conscious is done through activating the psi bank, the regulating mechanism of the noosphere. This is done on a daily basis by programming the psi bank to the Telektonon board so that in one year one psi bank plate is opened. In four years, all four psi bank plates are opened. Sequences: 1996-2000, 2000-2004, 2004-2008, 2008-2012.



The activation of the psi bank is accompanied by the human planet holon correspondence, where the overtone chromatic sequence (gateway-polar-cardinal-core-signal) allows one to pulse the daily kin in one of five chakras and in a corresponding place on the planet holon.

Self-selected teams operating in the northern and southern hemispheres practice sending daily a magnet to each other as a key part of the training program.

Through the understanding of the resonance of the electromagnetic frequencies of the brain and the electromagnetic frequencies of the Earth, the goal of the combined practices is to trigger the circumpolar rainbow bridge - rainbow around the Earth - in 2012. For this, there is also a meditation/visualization that is also practiced - the Rainbow Bridge Meditation.

Also to read and study:

*The Rinri Circumpolar Rainbow Bridge Project (download PDF)*

*Earth Ascending*

*20 Tablets of the Law of Time*

*Rinri Project Newsletters, 1996-present*

#### vii. What is the Biosphere-Noosphere Transition?

The prophetic end-point known as the closing of the cycle, 1987-2013, also corresponds with a specific geological-evolutionary event-point, the biosphere-noosphere transition.

The biosphere-noosphere transition marks the point when the consciousness of the planet goes from the cosmic unconscious to the cosmic conscious. This is a cosmic moment in the history of the universe as well. Theologically, it is known as the end of the sixth day of creation, and the beginning of the seventh - or, the

Second Creation. Practically, it is referred to as the road to 2012.

This moment was first defined and foreseen jointly by V.I. Vernadsky, the Russian scientist whose geochemical whole systems work defined the biosphere, and Pierre Teilhard de Chardin, French Jesuit paleontologist. Together, they coined the word in Paris. 1926.

For both, the noosphere (mental sheath of the planet) was the result of a critical point of terrestrial evolution. For Vernadsky, this point is defined by the crisis he called "geochemical combustion." This refers to the impact of industrial technologies and civilization on the resources and cycles of the biosphere bringing it to a fever-pitch of crisis, resulting in a qualitative shift into the noosphere and the beginning of the psychozoic era.

For Teilhard de Chardin, the noosphere is preceded by the elaboration of a planetary information network, which then also becomes the last material-technological rite of passage before reaching an "Omega point," This Omega point, also associated with the mystical body of Christ, is the entrance of humanity, and the planet, into the noosphere, the One Mind of Earth.

The discovery of the Law of Time affirms that both Vernadsky's and Teilhard de Chardin's criteria for the biosphere-noosphere transition have converged. The Law of Time also makes the timing of the transition precise - 1987-2013.

The Law of Time and Thirteen Moon Calendar Change Peace Plan fully take into account the urgency of the biosphere-noosphere transition. The various practices of the synchronic order are to help the human make the adjustment to the noosphere, which the Law of Time further defines as the universal field of telepathy.

The Law of Time also affirms the prophetic vision of the ancient Mexicans that the completion of the closing of the cycle results in the sixth sun, the sun of consciousness, the entrance into the new solar age. Emerging in 2013 will be the new solar being, homo noosphericus, a walking biosolar telepath, or Noospheric Earth Wizard.

For further study and reading:

V.I. Vernadsky, *Biosphere & Studies in Geochemistry II*

Pierre Teilhard de Chardin, *The Phenomenon of Man & The Future of Man*

First Planetary Congress of Biospheric Rights

*Earth Ascending*

*Dynamics of Time*

*The Call of Pacal Votan: Time is the Fourth Dimension*

*Time and the Technosphere: the Law of Time in Human Affairs*

*Cosmic History Chronicles*

#### viii. What is the meaning of the Great Cycle of the Mayan calendar & 2012?

We are living in a most interesting time. From the Mayan perspective and from many other perspectives: These are the End Times. This is the time of prophecy. Just about everybody has heard of the date 2012. Most people hear this date and say, "Hmm, isn't that when the Mayan calendar ends? This is the stock answer. The Mayan calendar doesn't end in 2012. The Mayan calendar is based on cycles within cycles within cycles. What happens in 2012 is the ending of a major cycle. For some reason or other the 2012 date, more than any other date of prophecies has stuck in people's minds and imagination. 2012 is a marker, it's a wake up call in our DNA. Why is this?

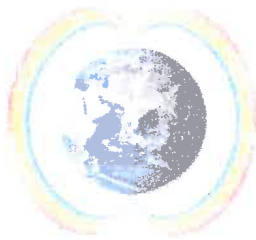
For the Maya, 2012 is the ending of what is usually referred to as the [Great Cycle](#). The Great Cycle is a 5,125 year cycle that began at the date 13.0.0.0.0 on the Mayan calendar. On the Gregorian/Julian calendar that date is August 13 B.C. 3113. What happened at that point? If you go look back in your history books you can find most Western history books say the history of civilization began about 3100 B.C., this is 13 years off from the Mayan Long Count which says, "No to be precise according to your calendar that would be August 13, 3113 B.C."

The present Kali Yuga cycle of the Hindus began just 11 years later in 3102 B.C., this is supposedly when Lord Krishna disincarnated and then the Kali Yuga began. Kali Yuga is the final and darkest age. For the Maya, history did begin at 3113 B.C. The first dynasty of Egypt was established circa 3100 B.C. The first city in history was founded circa 3100 B.C. That was the city of Uruk, from which the name Iraq is derived. Uruk was founded by seven wise men at the beginning of history in Mesopotamia. If you look at the history books you will see

that virtually everything we think of as the history of civilization began at that point and slowly builds up from there—this is the Babylonian/Mesopotamian origin of civilization. Mayans say that this whole cycle of civilization 5,125 years comes to an end on the Winter Solstice December 21, 2012 A.D. This is now a little less than nine years away—that's not very far away.

Before the first year of the Third Millennium was over there was a big event of which everyone is acutely aware. This event was known as the 9-11. This was the apocalyptic event to set the tone for the fact that we are now all on the Road to 2012. All the signs point to 2012. No one gets to the future without going through December 21, 2012. What does this mean, the end of the cycle? What is actually going on right now in the world that gives us any clue as to why things are happening the way they are happening now. And who were the ancient Maya that they knew these things so well?

On December 21, 2012 a cycle will be complete. A cycle of what the Maya called 13 *baktuns*. There are 13 baktuns between 3113 B.C. and 2012. A baktun is a cycle of exactly 144,000 days. Thirteen cycles of 144,000 days and you come to the completion of a cycle. This cycle is what we call the cycle of history or the cycle of civilization. This cycle is a very interesting one in the history of the Earth and the evolution of the solar system, and even the history of the galaxy.



Dec. 21, 2012 also marks the ending of a larger cycle, a cycle of 26,000 years. This is a long cycle. There is also a larger cycle than this that closes on Dec. 21, 2012: a cycle of 104,000 years. All of these cycles are coming to a conclusion or a convergent point in 2012.

The climax of this cycle will occur during the seven last moons of the thirteen baktuns (June through December 2012). When the Cycle closes during the Winter Solstice, the Earth should be adorned with a circumpolar bridge which will alter forever human self-perception and elevate it to permanent cosmic consciousness.

Then will follow the Seven Mystic Moons to the launching of Timeship Earth 2013, signaling entry of the planet into cosmic civilization and full membership in the Galactic Federation. "Another planet with noosphere," it will be declared. "It made the grade, after all!"

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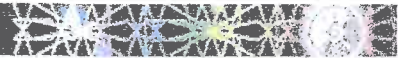


# GALACTIC RESEARCH INSTITUTE

of the Foundation for the Law of Time

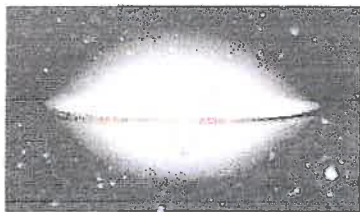


## Galactic Research Institute



The Galactic Research Institute : GRI Projects (Noosphere II, Rm) : CREST II  
& Planetary Engineering : The Place of the Noosphere in Cosmic Evolution (path) : V.I. Vernadsky.  
*Essays on Cosmochemistry and the Biosphere* Review : Mobilization for Change : 2009 Year of the Great Divide : Second Planetary Congress of Biospheric Rights : First Noosphere World Congress

Every planet is a member of a star system. Every star system is a member of a galaxy. This means we are galactic in our nature - and that galactic consciousness is the next stage of our evolution.



The Galactic Research Institute (GRI) of the Foundation for the Law of Time is dedicated to the interdisciplinary study and investigation of the nature of the galaxy, galactic consciousness, galactic culture, galactic science and communication, and galactic citizenship and the future of Earth.

The basis of the research is the Law of Time and the science of the synchronic order. The Law of Time is based on three premises.

1. Time is the universal frequency of synchronization, mathematically expressed as a ratio constant, 13:20. From this is derived the harmony of the synchronic order, expressed as the formulation  $T(E) = Art - Energy$  factored by time equals art. The synchronic order is the actual nature of reality in which all phenomena are in synchronicity with each other.
2. The 13:20 frequency distinguishes universal natural time from the artificial time of the present Earth civilization, expressed as the frequency ratio 12:60 (irregular 12 month calendar and mechanistic 60 minute hour). According to the Law of Time, the means to resolve the aberration of artificial time and its deviance from the universal order of reality is the Thirteen Moon/28-day calendar and the Thirteen Moon Calendar Change Peace Plan.
3. The velocity of time is instantaneously infinite. This means that time is faster than the speed of light and is the means of higher mental communication - telepathy. Because of this, the Galactic Research Institute believes that research into different states of consciousness and parapsychological phenomena as well as the direct perception of the mind are the highest means by which the galaxy can be investigated.

The galaxy is the elementary whole system organizing unit of the universe. As such, we have only known about galaxies and their study for about 100 years. It is now recognized that there are some ten billion galaxies spread throughout the universe, each with billions of stars. To merely grasp the magnitude and nature of a galaxy and of its diffusion throughout the cosmos is to enlarge our consciousness. And most certainly, there is life and consciousness dispersed through the billions of galaxies that, in some cases, is more advanced than ours.

The Galactic Research Institute believes that the next stage of our evolution is galactic consciousness. Through the procedures of historical materialism, the present Earth civilization has reached its limit. The biospheric support system is threatened with destruction. To avoid this, the human must raise its consciousness. The crisis of the biosphere engenders the next quantum leap in consciousness, the noosphere - the Earth's mental envelope.

Because of this, the GRI believes the era of the nation state has passed and humans need to recognize that they are solar-galactic life forms with a particular place and role in the evolution of galactic life and consciousness. To this end through the Foundation for the Law of Time, the GRI sponsored the [Second Planetary Congress of Biospheric Rights](#) in Brasilia, Brazil, Electric Moon, Red Magnetic Moon Year (September

22-26, 2006), and advocates the establishment of a World Biospheric Congress and Noospheric Assembly to prepare humanity for its shift into galactic consciousness.

It is the noosphere that will entrain our Earth consciousness in galactic consciousness. To prepare for this eventuality is the mission of the Galactic Research Institute.

To this end, the GRI's major umbrella project is the Noosphere II, the Great Experiment of the Law of Time. The purpose of this project is to anticipate and simulate noospheric states of consciousness which also define the galactic order of reality and the means of communicating with galactic civilization.

Noosphere II includes the [LORDS II program - the Centers for the Institution of the Natural Mind](#), a network of meditation and telepathic research centers dispersed globally. The first such project is now underway in Mexico - 12 other centers are to be developed as soon as possible.

Another ongoing endeavor sponsored by the GRI is the Circumpolar Rainbow Bridge Project, the goal of which is to telepathically connect the two auroras of Earth's poles by 2012.

The major publishing project of the GRI is the Cosmic History Chronicles, the Reformulation of the Human Mind. The fifth volume is soon to be published, to be followed by two others.

The GRI is also developing an affiliate network of other organizations dedicated to similar research, such as the ISRICA (Institute for the Scientific Research and Investigation of Cosmic Anthropoecology) of the Russian Academy of Sciences, Novosibirsk, and The Noosphere Spiritual Ecological World Assembly.

The GRI is working with a timetable that is pivoted on the December 21, 2012 end point of the current Mayan calendar "Great Cycle." By this time the shift in solar cosmic energy will climax and humanity must be ready to advance to its next stage of evolution - galactic consciousness and the coming of galactic culture on Earth.

Principle means of funding for the GRI will be through the Law of Time Press, public and private sponsorship, and appropriate grants.

The Galactic Research Institute is the research and development vehicle of the Foundation for the Law of Time, a 501(c)(3) nonprofit organization established for the promotion of knowledge and understanding of the Law of Time, the Thirteen moon/28-day calendar and the World Thirteen Moon Calendar Change Peace Plan.

for further information contact

GRI

[www.lawoftime.org](http://www.lawoftime.org)

Foundation for the Law of Time  
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## The Law of Time

[What is the Law of Time?](#) : [Rainbow Bridge Meditation](#) : [Educational Models and Programs](#) : [The Science of Time](#) : [Law of Time Graphics](#) : [Law of Time and the Economic Crisis -the View from 2012](#)

### What is the Law of Time?

It is a comprehensive whole system discovery which demonstrates that time is the universal factor of synchronization. The principle formulation of the Law of Time - $T(E) = \Delta RT$ , Energy factored by Time equals Art - accounts for the intrinsic elegance of all natural phenomena.

The corollary formulation of the Law of Time states that the velocity of time is instantaneously infinite, a factor which accounts for telepathy and various paranormal phenomena. Yes, time is faster than the speed of light! And we must investigate the mind in order to understand time.



In its essence, time is a frequency expressed as a mathematical ratio constant, 13:20. This constant defines a whole new realm of reality, the synchronic order. This is the fourth dimensional realm where synchronicity is the norm and can actually be mapped out by mathematical codes based on the ratio constant 13:20.

By means of this constant it can be demonstrated that the present civilization is not coordinated by the universal frequency of synchronization, but by an artificial timing frequency which is a major factor contributing to the present global crisis.

Rooted in an irregular 12-month calendar and a mechanistic 60 second/60 minute timing program, this artificial timing frequency (12:60) drives the human species ever farther from the natural order with alienating effects on human consciousness. In this analysis, the evolution of the human species is dependent on a return to the natural timing frequency.

For this reason the primary social application of the Law of Time is the [Thirteen Moon/28 day calendar](#). By making the Thirteen Moon/28-day cycle the harmonic (13:20) standard of everyday time measurement, replacing the irregular twelve-month global standard, the Law of Time establishes a new foundation for the reformulation of the human mind and its systems of knowing.

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# GALACTIC RESEARCH INSTITUTE

of the Foundation for the Law of Time



## 2012 Peace Plan

*Thirteen Moon Calendar Change Peace Plan : FL T and the Plan for Universal Peace by 2012 : The  
Ribbon Peace Pact & Banner of Peace : The Telekton Prophecy of Pacal Nojan*

### Thirteen Moon Calendar Change Peace Plan: Completing the Biosphere Noosphere Transition

Because it goes to the root of the problem of materialism, no other peace plan can offer what the Thirteen moon calendar change proposes: a total cessation of war and the grinding activity of materialism in order to replace one calendar with another. By this simple act humanity will have achieved an unprecedented moment in its evolution: collective peaceful entry into a new and common time. .... Universal acceptance of the new world calendar of thirteen moons/28 days represents an advance in the spiritual evolution of humanity. All creeds, faiths, spiritual paths and ways of life can be embraced by this universal template of unification.

- *Thirteen Moon Calendar Change Peace Plan*, original proposal, 1995

#### Harmony is Peace

The principle purpose of the Foundation for the Law of Time is promotion of the World Thirteen Moon Calendar Change Peace Plan - the basis of the Peace Plan is the 13 Moon 28-day synchronometer. Because it is a perfect harmonic standard, peace is inherent in the 13 Moon 28-day synchronometer (calendar).

The premise is simple: to change the calendar requires a cessation of activities - including a universal cease fire - allowing everybody time to reorient to the new order of time. By making this change humanity will automatically shift its timing frequency from an irregular mechanical one to a cosmically harmonic one. This frequency shift itself establishes a new foundation for everyday life where harmony is peace and time is art.

#### Biosphere-Noosphere Transition

The context of the World Thirteen Moon Calendar Change Peace Plan is the biosphere-noosphere transition. This refers to the evolutionary shift of the Earth brought about by the dramatic impact of human thought and machinery upon the Earth as a whole system. This human shock wave represents a change of enormous magnitude, leading to a new geological era, the noosphere (Earth's mental sheathe). Hence, *biosphere-noosphere transition* refers to the brief but highly intense period of time during which the evolutionary shift actually occurs.

In the analysis of the Law of Time, the biosphere-noosphere transition will be complete when the human species abandons the artificial mechanistic (12:60) timing frequency that has caused it to deviate from nature to the detriment of the biosphere, and returns to living in the natural cycles of universal time coded into the 13 Moon 28-day synchronometer. Thus, the implementation of the peace plan represents the moment when the noosphere becomes an irreversible datum of human consciousness.

#### The Harmonic Convergence of 2012

December 21, 2012 marks the final point of the cycle of history. All of human thought is presently converging on this date. It is precisely on this date that the 13 Moon Calendar Change Peace Plan and the biosphere-noosphere transition also come together. This is referred to as the Harmonic Convergence of 2012.

Since the 13 Moon Calendar Change Peace Plan was first proposed, numerous efforts have been made to call attention to it, including the convening of various congresses, as well as petitions made to both the Vatican



and the United Nations, among others. With only three years until the closing of the cycle, the final program of the peace plan is known as the Harmonic Convergence of 2012. This program consists of the following components

**1. The First Noosphere World Congress.** Convened in Cosmic Moon, 2009 this Congress is the concluding event of the original Peace Plan. One of the Congress goals is the preparation of bio regional Noosphere Congresses to administer the global shift of 2012. A second goal is to produce a Handbook of the Biosphere-Noosphere Transition. To learn how to participate in this aspect of the global frequency shift stay tuned to

[www.noospherecongress.org](http://www.noospherecongress.org)

**2. Creating the Critical Mass.** The most important step is to make the frequency shift yourself. Follow the 13 Moon 28-day synchronometer as a daily practice. Unlike the old calendar, the 13 Moon 28-day harmonic standard is actually a measure of synchronicity, hence synchronometer. Sufficient numbers of humans dispersed throughout the biosphere making this shift will create a critical mass. This critical mass is needed to empower the Noosphere Congress to mandate the calendar change by 2012.

**3. CREST13 and creation of new 13:20 communities - living the peace plan.** The Galactic Research Institute of the Foundation for the Law of Time has proposed the creation of a minimum of 13 self-sustaining communities worldwide to practice and model a planetary telepathic network. The Foundation also encourages the development of self-sustaining 13:20 time is art peace garden communities in general as a way of modeling the new time of peace. Though a few of these communities have already begun, the GRI sees a major effort in 2010 to get the entire network functional by 2011.

**4. Banner of Peace and Day Out of Time.** The themes of *peace through culture* and *time is art* are brought together by the Banner of Peace. The Roerich peace pact of 1935 stipulates that the Banner of Peace be flown over all cultural monuments in times of war. Since, the GRI-FLT considers the entire planet now endangered by war it promotes the display of the Banner everywhere at all times. In addition, the 365<sup>th</sup> day of the 13 Moon year, the Day Out of Time (25 July) is now also known officially as the Planetary Peace Through Culture Festival. This globally dispersed event is promoted by the GRI-FLT as a planetary holiday in which to not only display the Banner prominently, but to exhibit and express the principles of *peace through culture* and *time is art*. This event makes the Peace Plan a living celebratory phenomenon.

**5. Planet Art Network (PAN).** This is the decentralized autonomous network of planetary kin, those who adhere to the 13 Moon calendar and promote and sponsor educational programs about the Law of Time. The Day Out of Time Planetary Peace Through Culture Festival is a principle activity of the PAN, as is the promotion and development of the 13:20 peace garden communities.



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**Star Traveler's  
13 Moon Almanac of Synchronicity:**

Year of the Yellow Self-existing Seed (2009-2010)

Quality Paperback

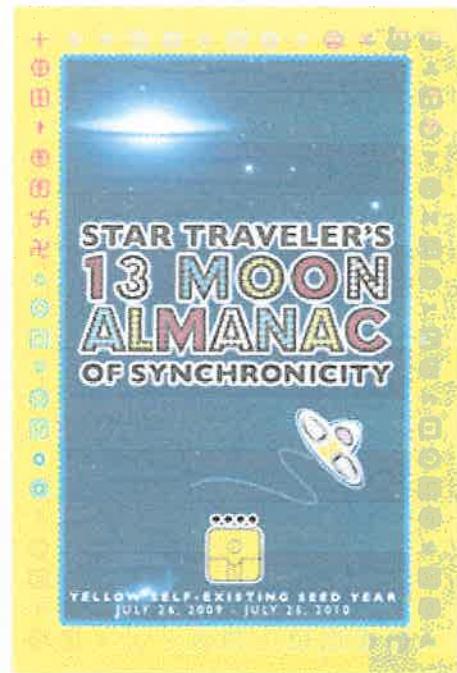
280 Pages, numerous illustrations

4 pages in full color

Size: 6" x 9"

**Price:** *Now only \$10.00!*

More than a calendar and daily agenda - which it is too - the **Star Travelers 13 Moon Almanac of Synchronicity** is an excellent introduction and practical how-to regarding the workings of synchronicity. Besides giving much useful information for navigating the synchronic order, the fourth-dimensional time where synchronicity is the norm, this essential guidebook also provides many useful examples of synchronicity, synchronic events and methods for improving your own telepathic awareness. This Almanac and 13 Moon, 28-day calendar, coded for the solar-galactic year, **July 26 2009 - July 25 2010**, also synchronizes the lunation cycles, Gregorian calendar, and Mayan Long count. **If ever there was a handbook to synchronicity, this is it!**



[Look Inside](#)

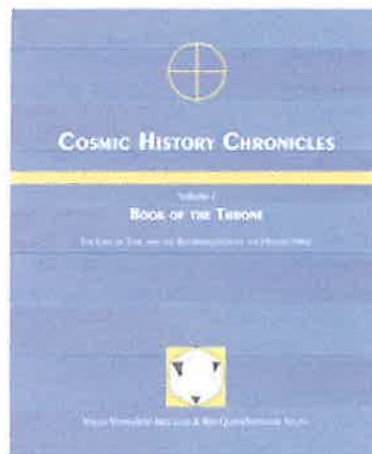
Understanding and applying the meditations which The Star Traveler's 13 Moon Almanac Of Synchronicity provides is vital. You will learn how to become one with the rhythms of the Universe, activate your DNA and help transform the Earth.

Books Can be Purchased At: [www.lawoftime.org](http://www.lawoftime.org) bookstore

### **Cosmic History Chronicles, Volume I**

**Book of the Throne: Cosmos, the Absolute Pole. The Law of Time and the Reformulation of the Human Mind**

*by Jose Arguelles-Valum Votan & Stephanie South-Red Queen (GRI)*

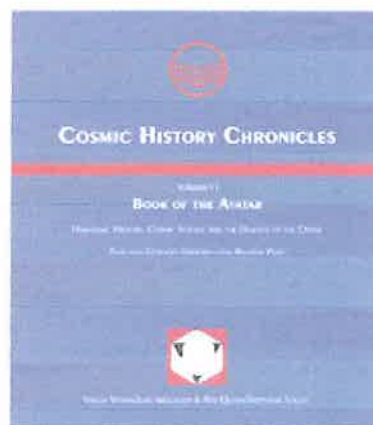


Using as a foundation a sequence of 260 two-hour galactic mind transmissions, the Cosmic History Chronicles are a system of thought and technique to be learned and applied in order that the human being can take the next steps on the road of evolution into a holographic perceptual system. Through the Cosmic History Chronicles, the great gift of the Law of Time is ripened into a vehicle of universal upliftment, propelling us into our next stage of spiritual-mental evolution.

### **Cosmic History Chronicles, Volume II**

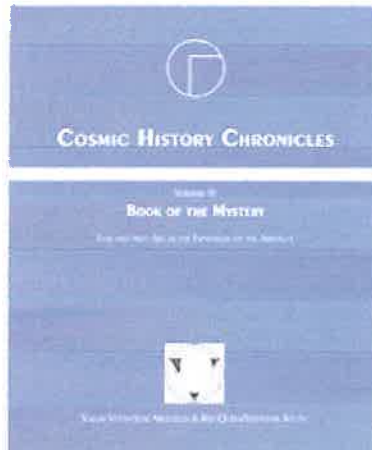
**Book of the Avatar: Harmonic History, Cosmic Science and the Descent of the Divine.**

*Time and Cosmos: History-the Relative Pole*



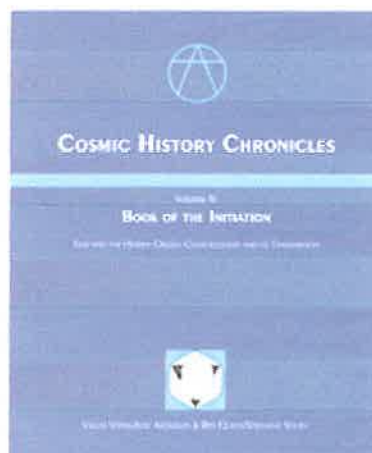
*The vision contained within Cosmic Science is above the whole Earth; this means it establishes a view of reality, galactic in nature, encompassing different galaxies, star systems and planets. This is an entirely new description of the universe from the point of view of extraterrestrial intelligence.*

**Cosmic History Chronicles, Volume III**  
**Book of the Mystery: Art and the Imaginal Realm**  
by Jose Arguelles-Valum Votan & Stephanie South-Red Queen (GRI)



*“It is the duty of the Book of the Mystery to bring to the forefront the fact that, yes, human civilization is swimming in an ever-increasing sea of images, and many people are depressed and struggling every day just to survive. Why? The reason lies in a whole system disconnect from Source reinforced by the bombardment of images. According to Cosmic History, this situation can change in an instant when the human learns to shake off preconceptions of the world and regain their imaginal freedom. Once everyone returns to the core of their unique, imaginal essence, our planet will be transformed.”*

**Cosmic History Chronicles, Volume IV**  
**Book of the Initiation: Time and the Hidden Order**  
by Jose Arguelles-Valum Votan & Stephanie South-Red Queen (GRI)



*“December 21, 2012 marks the grand planetary initiation—it is not an end unto itself—but a beginning for those who can make it past the threshold.”*



## Galactic Meditation: Entering the Synchronic Order

by Jose Arguelles-Valum Votan, Chief Director of Research (GRI)

What comes after 2012? If there is an evolutionary shift coming, what do we have to do to prepare for it? When the New is arriving we must be ready for it. We must purify our mind, body and soul. The key, though, is knowing and purifying our mind, the source of all our impulses, habitual thoughts and conditioned attitudes and patterns of behavior. If we can make the mind clear and ego free through insight meditation practices, then we can recognize and accept the New when it comes.



While there exist many valid meditation techniques, Galactic Meditation takes into account that we must be ready for a New mind, a quantum end of the cycle shift into the noosphere - and Galactic Mind. Galactic Meditation is the lubricating attribute of this divine principle of cyclic change meant to prepare humanity for the advent of the noosphere.

We must meditate as if we were at the center of the Hunab Ku, generating the entire galaxy, thinking that the entire galaxy depends on the clarity, radiance and purity of our meditation. Together we can begin to generate the Galactic Mind, now! Galactic Meditation is the first step.

## Living through the Closing of the Cycle, A Survival Guide on the Road to 2012

by Jose Arguelles-Valum Votan, Chief Director of Research (GRI)

Mention 2012 and almost everyone stops in their tracks and says, "You mean the end of the Mayan Calendar?" The cycle is closing and people know it. But what to do about it so that we are not left feeling disempowered - that is another matter. That is why this little book will have such a significant impact on your life!



Living through the Closing of the Cycle is really a spiritual survival guide. The purpose of this little book is to open your eyes to a new spiritual reality, one that is predicated on the prophetic truth that we are all living at the Closing of the Cycle. How are we to avoid the worst of the prophecies? That is a question that often comes to mind in pondering the end times. In terms of established thought, there may be little or nothing that can be done to protect yourself from what is already ordained. But with the Law of Time, certain options become available. Living through the Closing of the Cycle makes those options clear and immediate: Change your time, change your destiny, explore your mind, create an alternative future!

## The Dynamics of Time

In relation to the Dynamics of Space, Showing the Evolution of Time as Consciousness, Including Principles for the Construction of Vehicles for Time Travel, 260 Postulates

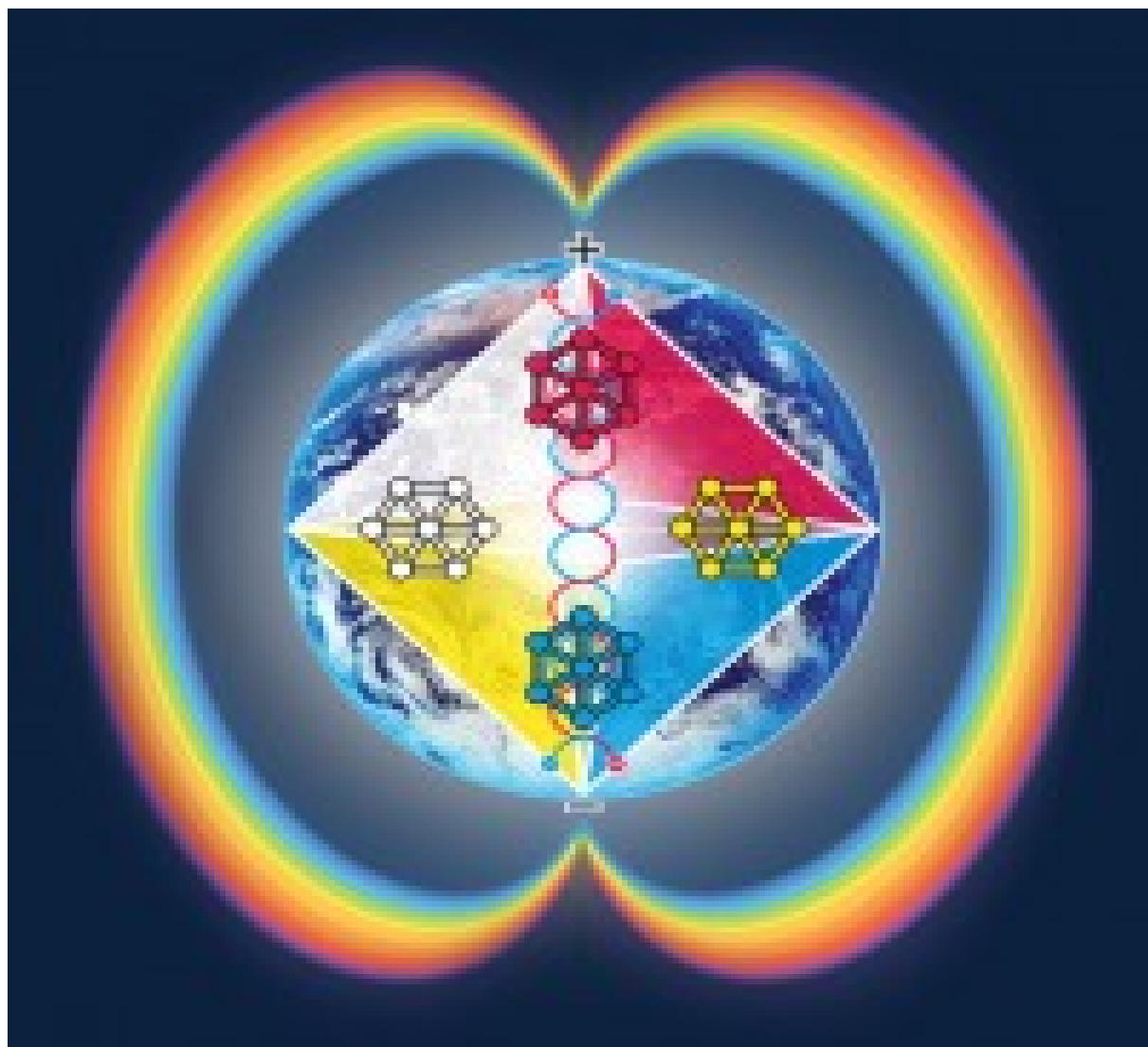
by Jose Arguelles-Valum Votan, Chief Director of Research (GRI)

This is a volume of meditation on the nature of celestial harmonics, time travel, and the higher levels of organization of 4th-dimensional time. Divided into 20 chapters of 13 postulates, each postulate correlates to one of the 260 kin of the Tzolkin. An excellent tool for daily synchronization with deeper layers of the Tzolkin, as well as a philosophical reference on the Law of Time.

"The science laid out in the Dynamics of Time is immediately practicable. Its modest root is the deceptively simple tool of the Thirteen Moon 28-Day Calendar. The harmonic proportion of the human biological cycles as the measure of the solar orbit is embedded in the complete explication of the Law of Time, Dreamspell, The Journey of Timeship Earth 2013, and The Telektonon of Pacal Votan, the technology of telepathy."



# 2012 Rainbow Bridge Meditation



The purpose of the **Rainbow Bridge Meditation** is to generate a telepathic wave of love that connects ourselves with the center of the Earth, with the bipolar rainbow alternators that hold Earth's magnetic fields in place, and with all of the other planetary kin who are doing the same meditation. By establishing this world-wide telepathic Earth wave we are creating a matrix of communication which brings the *noosphere* - Earth's mental envelope - ever closer into conscious manifestation. This matrix also provides a protective field of genuinely positive thought vibrations meant to maintain Earth's resonant field in a state of harmony and peace.

The goal of this annual meditation exercise is to actually manifest Earth's *Rainbow Bridge* - the day-night alternators of Earth's magnetic field - by the closing of the cycle, Winter (North) Summer (South) solstice, 2012.

This *Rainbow Bridge* is the bridge of peace long prophesied that will permanently connect the third-dimensional Earth with the fourth and higher dimensions, assuring a peace and harmony that will not be able to be broken. In order that all beings may participate in this meditation whether or not they have ever heard of the synchronic order, we offer this universal version of the *Day Out of Time Rainbow Bridge World Peace Meditation*.

You may do this alone or in a group - early in the day is best, but whenever you do it is fine. If you are in a group, gather in a circle if you can, seated on the ground or floor if possible, with your legs crossed. Take a

few deep breaths, inhaling what is negative, transmuting that within yourself and then exhaling what is positive and purifying. Then close your eyes. Visualize that you are in the center of the Earth. Then visualize the giant octahedron crystal core. Four faces of the crystal end in a point along the North polar axis. The other Four join at a point aligned with the South polar axis. Surrounding the giant octahedron crystal is the Earth's inner membrane, like a drum resonating the surface of the outer Earth. The Northern half of the crystal has two red and two white faces; the Southern half has two blue and two yellow faces.

Now you go inside the crystal.

In the center of this giant crystal is an intensely blazing point of white light. An etheric column or axis of light extends North and South from the blazing center point through the tips of the octahedron going on to the North and South poles at the Earth's exterior. Around this etheric vertical magnetic axis of light, are two intertwined flux tubes through which plasmic energy is continuously passing. Coiled around each other like the two strands of DNA, the flux tubes are red and blue in color. They deliver plasma -electrically charged ions - to the blazing point at the center of the Earth.

Strung on the northern axis of this column of light with the two flux tubes wound around it is the red time atom. Around the southern axis of light is the blue time atom. The red and blue polar time atoms turn in opposite directions to each other, the red northern time atom in a clockwise direction, the blue southern time atom in a counterclockwise direction. The time atoms consist of seven points: a center point two points at either end of the vertical axis, and two points each -four points in all- equidistant to each other on either side of the central axis. The six outer points of the time atoms are almost in the shape of a hexagon, a six-sided figure.

The gravitational plane of the octahedron crystal, emanates horizontally out from the blazing luminous center of the crystal, extending to the four points that mark the edges of the crystal, where the four northern and four southern faces of the octahedron meet. The gravitational plane connecting these four points is like the base of two pyramids - one pyramid extends from this base with four faces to the northern point of the octahedron, and the other four faces to the southern point. Along this gravitational plane exactly opposite each other are two more time atoms: a white one and yellow one. These two gravitational time atoms are constructed just as the red and blue polar time atoms, except that their two axial points are aligned with the gravitational plane, lying on their side as it were and perpendicular to the polar time atoms. These white and yellow time atoms turn around like paddle wheelers making a slow circular motion, counterclockwise, from left to right around the central point of blazing luminosity.

Once you have visualized the octahedron crystal core of the Earth with its eight faces, four time atoms, etheric column of light and two flux tubes, then visualize that from the center of the crystal a great stream of multicolored plasma filled light shoots up in both directions toward both of Earth's poles. Now you have gone from the center of the Earth to a point out in space where you are seeing the whole Earth. While you can still see the crystal octahedron at the center of the Earth, at the North and South poles the stream of light shoots out to become a great double rainbow bridge -the day alternator and the night alternator of Earth's magnetic field made visible. Two rainbow streams connect the North and South Poles of the Earth, exactly 180 degrees apart from each other. As the Earth slowly revolves on its axis, this rainbow bridge remains steady and constant, unmoving.

Once you have completed the visualization take the whole Earth revolving beneath the rainbow bridge and place it in your heart. Imagine the two streams of light shooting out through your central column above your head and beneath your feet. Now they make a similar rainbow bridge around your body, holding your aura in place.

Now you and the Earth are one. The *Rainbow Bridge of World Peace* is real.

**There is a science behind all of this. What exists at first in the imagination, visualized by enough people in a telepathic wave of love, will in time become a reality.**

José Arguelles - Valum Votan  
President - Foundation for the Law of Time

## **Chapter 8**

### **The Harmonic principle By Which Time Becomes Music**

All material in this chapter was written by Michael de Cygne.

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## The Harmonic Principle by Which Time Becomes Music

### "As Above, So Below"

by Michael Ayras de Cygne

In the Tzolk'in, the Maya did an excellent work detailing the frequencies of the planetary and stellar cycles of our solar system, the Pleiadean star system and the Milky Way galaxy and the relationships between such cycles and their effects on cosmological reality, from DNA to the formation and evolution of universes and beyond to the codifying of what is regarded as the Logic of Spirit in Matter. They perceived their Model in the cycles and subcycles of the Milky Way and, (from the perspective of the galaxy being a fractal of the whole universe and the human being being a fractal of the galaxy), they could define the harmonic progression and interaction of such cycles on a day to day basis and determine the cause and effect of the *movement* of the universe within the *measure* of the human being on a daily basis, over periods of trillions of years, past and future, (for periods longer than this universe is old). When viewed from this perspective, their diagram of such cycles and their effects became a Calendar which reveals much more than a series of days and dates, names and numbers, it also reveals the harmonic relationships between sets and subsets of these celestial cycles and their effects on and manifestations within all aspects of human existence. It is regarded as sacred because it is not just a calendar, it is considered to be an universal Code of the harmonic unfolding and activity of the Energy of the Creator/Creatress investing Itself in manifesting and evolving all that is; it is a Key by which the harmonic energies of Spirit, the Archetypes of the psyche and the power of the stars which courses (as chemical energy) through our dna can be comprehended, harnessed and consciously directed to effect unspeakable transformation within the individual and throughout the Cosmos.

The Tzolk'in sonic translations operate on the principle of harmonic correspondence which is a cornerstone of esoteric philosophy, best summed up by the rule "*as above, so below*". Here is an elementary explanation of this principle:

*Everything that exists, whether the thing is physical, emotional or spiritual, is the product of the movement (or "oscillation") of Energy between a positively charged pole and a negatively charged pole. This oscillation is called vibration. The speed of this vibration is called "frequency", i.e. the frequency is the number of times the fundamental vibration oscillates from one pole to another and back again in one second, (also called "cycles per second" or cps). In some schools of thought, the fundamental vibration of a thing is referred to as its fundamental "harmonic". All things are connected to all other things which have the same fundamental vibration as a consequence of their harmonic correspondence.*

Let's ride this thought train a bit further and see how this Principle applies to the Tzolk'in sonic translations. Firstly, the vibrations of physical things have relatively slow frequencies, astral [i.e. light] things have the highest physical frequencies and [astral energy] light is the universal bridge between the frequencies of physical things and the frequencies of emotional [psychic] and mental [spiritual] things which have even higher frequencies than light (and are, thus, nonphysical in Nature, [the upper cased "Nature" meaning everything that exists, whether physical or nonphysical, in all dimensions, everywhere]). Since all things are the product of vibration and all vibrations are the product of movement in measure, all things have some measurable effect on the universe in which they exist. The frequency of the musical tone "[middle] G" oscillates at approximately 780 cps; it is a thing which has a predominant vibration in the physical realm and effects the physical body in a manner which strengthens the body, stimulates the sense of taste, physical coordination, balanced metabolism and aids in the regulation of the thyroid. When G is multiplied by 2, the tone

is raised one octave. Multiplied again by 2, the tone is raised another octave. Each of these subsequent tones is harmonically the same vibration, the only difference is the speed of oscillation or frequency; (the physical effects of the tone remaining fundamentally the same). Gradually, multiplying the tone's frequency by 2, the tone is raised octave by octave from the sound register to the cps of radio waves, then to the cps of television waves, then microwaves, then infrared waves, then light waves where the vibration which started out as the musical tone G becomes the cps of light which we see as the color blue; thus, every time we see Earth's blue sky, our brains are receiving not only the energy of the color blue, they are also receiving the energy of the musical tone G in an accelerated state and, since color is a physical thing, the physical effects of the tone G are the same physical effects of the color blue; (the tone G and the color blue have a direct harmonic correspondence). When this fundamental vibration is raised again (multiplied by two enough times), it oscillates in the range of ultraviolet energy, next, gamma ray energy, then emotional/psychic energy, (where it has the effect of promoting tranquillity, psychic clarity and protection) and, subsequently, mental/spiritual energy, (where it promotes self-awareness, increased intellectual capacity and wisdom). Thus, since the fundamental harmonic of the musical tone G is the same whether the tone is oscillating in the physical, psychic or mental frequency range, this harmonic directly effects the human being by strengthening the body, stimulating the sense of taste, physical coordination, balanced metabolism and the regulation of the thyroid (in the physical state or body), promoting emotional tranquility, psychic clarity and protection (in the psychic body) as well as self-awareness, increased intellectual capacity and wisdom (in the mental body), regardless of whether the musical tone G [below] or the color blue [above] is the direct stimulus .

Secondly, just as a ball on a string swung swiftly in a circle begins to make a clearly audible, whistling sound as the speed of its cycles increases to a cps of the sound spectrum, the orbits of planets and solar systems, stars and star systems (which all cycle in the same way as the ball) have a frequency that is also analogous to tone. Whereas these cycles are very slow from the "per second" point of view, if the numeric values of the frequencies of these cycles are determined and such values are multiplied by 2 [octave by octave] enough times, the corresponding musical tones of any planetary or stellar cycles can be heard. The relationship between the frequency of the orbit of a celestial body and its corresponding musical tone is harmonic in nature. Just as there is a relationship between vibration, tone and mental processes, there is a relationship between the frequencies of celestial cycles and physical, emotional, mental and spiritual processes. The Tzolk'in not only represents the frequencies of various celestial cycles, it also represents the physical, emotional, mental and spiritual effects such cycles collectively generate on the human being.

Finally, (although they are not physical in Nature, hence, not possessive of any quantitative mass, ergo not applicable to Einstein's Theory of Relativity [ $E = \text{mass} \times \text{the speed of light squared}$ ]), *states of consciousness are also vibratory in nature, thus, they also have a fundamental harmonic basis*. Hence, the [exponentially high] vibrations of states and aspects of consciousness have a direct harmonic correspondence with the [lower cps of the vibrations in the] psychic realm and [the even lower cps of the vibrations of] the physical realm. Thus, if the basic frequencies of a state or aspect of consciousness can be determined, the numeric value of those frequencies' cps can be lowered (by dividing by 2) octave by octave until the frequencies can be heard as musical tones --- when those resultant musical tones are broadcast by any means (musical instrument, computer, audio tape or CD), they stimulate the activity of such states of consciousness in all persons who are within the range of the broadcast and, (whether the person is hearing impaired or not), the energies of such states of consciousness are invested in the person's body and mind via the principle of harmonic correspondence; (i.e. the body processes the [sonically expressed] spiritual frequencies in an analogous form as chemical energy, thus enabling the brain to utilize this biologized spiritual energy to increase its capacity to process such energy and to interact with its environment from the perspective of the relative state of consciousness).

The Energies of the Cosmos are the result of the interaction of yang/active/electric and yin/passive/magnetic forces, thus, in order to be effective, the archetypal energies of the Cosmos translated into sound and/or light must follow this Rule. The most dynamic Tzolk'in sonic translations are those effected in stereo with the active tonal sequence completely on one track and the passive tonal sequence completely on the other track. (The trust's Tzolk'in sonic translations are as such.) The theory behind the Tzolk'in sonic translations is that, since these sequences are simply tonal reproductions of the interrelationships of the yin and yang of natural, universal, interdimensional cycles and, since the brain is a product of such cyclical interactions and therefore very interwoven with the subtleties of such and, since the brain naturally increases its IQ and neuronal interconnectedness when subjected to music which is mathematically designed to have such beneficial effects (e.g. the music of Wolfgang Amadeus Mozart), the brain will be stimulated by these sequences to propagate the neuronal environment whereby we may become more Divine, in our minds, psyche's and bodies, by becoming harmonically attuned to the Way of the Intelligence of the Cosmos, to the Mind, Psyche and Body of the Cosmos. The brain [including, the "brain/computer" at the center of each of our cells, our dna] is stimulated by the interaction of these complementary tonal sequences to effect the stimulation of neuronal and other activities relative to a vast number of aspects of our being human, particularly to the aspects of Consciousness of That that is called Divine. In other words, when the vibrations of the Cosmos pass through the individual in the form of sound they change the individual in a way that enables her to live more in harmony with the Cosmos and the forces which are operative in her personal life, thus reducing her stresses and [as in the case of the Tzolk'in sonic translations] improving her spiritual perception (relative to her personal spiritual/religious orientation) and her state of mind, emotions and physical health.

## **Ascension CD's**

*Engendering Cognitive Enhancement, Universal Consciousness And Personal Galactic Alignment*  
 These cd's enhance the body's ability to process and utilize radiant light energy for personal transformation

### **ReBirth**

unifies and synchronizes all ascension cd's found on the website

### **Elvea SGS**

Neuro-audiovisual program: dynamic brain stimulation, activating dormant brain cells and capabilities. Prompts brain to rewire itself, upgrades your nervous system and immune system

## **Genetic Calibration Sequence**

## **Galactic Synchronization System**

### **GE**

### **ReUnion**

These ascension cd's can be found on the [www.darkmother.com](http://www.darkmother.com) website. Click on the "Products Link" cd's will be shown on the right side of the screen.

It is highly recommended to purchase and use the ReBirth cd and Elvea neuro-audiovisual program. This program will increase your cognitive capacities, connect you to universal consciousness, activate your DNA and create a personal galactic alignment. Hopefully you have already started this program when you started reading The Ascension Guide.

## **Chapter 9**

### **Archangel Michael And The Angelic Realm**

All information in this chapter has been written by Ronna Herman and can be found at [www.ronnastar.com](http://www.ronnastar.com) At the end of the chapter you will find the very important Infinity Breath meditation. Channeled messages from Archangel Michael can be found monthly on the website.

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### **Angels -- Their Origin, Nature & Purpose**

*From Ronna Herman, author of On Wings of Light, The Golden Promise, Scripting Your Destiny, and Your Sacred Quest, and channel for Archangel Michael*

The mission of angelic beings is to protect, nurture and guide Humanity. There are many diverse, conflicting beliefs among the Different races, cultures and religions, but one thing they all have in Common is a belief in angels, no matter what they call them.

Angelic Beings act as a transition team during times of great change, such as we are presently experiencing. We are on the brink of a new millennium and humanity is coming of age. We are expanding our consciousness beyond our own little environment as we begin to explore our solar system and beyond.

If we will just open our minds and hearts to the possibility that angels exist and ask for their assistance, they will inspire us, help us create health and abundance, and live in peace and joy. They radiate unconditional love and will help us do the same. However, we must ask for their assistance as we have free will and they will not infringe.

I never feel alone, I always have my angel friend beside me to give me guidance, wisdom and comfort. Turn inward and ask, your guardian angel is waiting for you. Additional Background on Angels Archangel Michael Seven Great Archangels Evolution of Angels First Ray of Divine Will and Power Archangel Michael's Messages On Wings of Light The Golden Promise Your Sacred Quest Scripting Your Destiny

## **Some Additional Background on Angels**

The Great Archangels represent the seven primary feelings, or Aspects and Attributes of The Creator that must be developed within the nature of Humankind in order to attain Masterhood. They bring forth the fuel (love energy) of God.

Three distinct types of Intelligent Life - Angels, Humanity and Elementals were brought forth to unfold their God Natures on this special Planet Earth. Their combined energies were ordained to weave the spiritual bridge to tie the Earth to the Heart of God.

The Angelic Host came forth under the direction of the Seven Great Archangels who came from the Great Central Sun while the Elohim had prepared the Planets out of the primordial energy and unformed Light Body of the Creator.

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### **Archangel Michael**

Through many succeeding cycles of time, as Ray after Ray provided The Pathway for the descent of new Spirits, Lord Michael has remained as the Guardian Overlord of the Angelic Host, the Elemental Kingdom and humanity. He shall not fold his Cosmic Wings about him to return home until the final Angelic Being is freed, the last man is redeemed and the last Elemental returned to its perfect state. This is the love of Lord Michael, who like many others, is a Prisoner of Love to the life he serves. Archangel Michael is referred to as the greatest of all angels in writings throughout the world, including Jewish, Christian and Islamic.

### **The Seven Great Archangels**

The following is a list of the Archangels, their Divine feminine counterpart and their appointed Seven Great Rays:

Ray	Archangel	Divine Counterpart
1	Michael	Faith
2	Jophiel	Christine
3	Chamuel	Charity
4	Gabriel	Hope
5	Raphael	Mother Mary
6	Uriel	Aurora
7	Zadekiel	Amethyst

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### **Evolution of Angels**

Archangels reach their exalted position by first passing through human evolution in any System of Worlds. They start as mere angels and, like the elementals, grow from the lower rungs of the ladder of evolution through study, work and service. After they reach a certain stage, they do descend into the world of form and like any other human being in that particular planet, work their way up, eventually winning their ascension. This done, they return to their first estate as members of the Angelic Kingdom.

An interesting example is that of Mother Mary, Mother of Jesus, who originally belonged to the Angelic Kingdom. With her ascension, thirty years after Jesus' ascension, she assumed her previous estate as the Twin Ray of Archangel Raphael, of the Fifth Ray.

The Archangels and Angelic Kingdom have broken their Cosmic silence for the first time in many thousand years and opened the door to their realms of Consciousness and radiation to all those of humanity who choose to accept their presence and their gifts.

Now, as the New Age is dawning on the Earth, with it comes a fiat from the Eternal to unite the

Kingdoms of Angels, humanity and the Elementals in conscious cooperation in an endeavor to fulfill the Divine Plan. In obedience to this Fiat, the Archangels are coming closer to us, bringing not only THEIR LOVE, THEIR RADIATION AND THEIR SERVICE, but also a description of their world, their works and activities, helping us to remember our heritage, lineage and from whence we came.

The world of angels is a world of love -- a golden sea of pulsating, breathing, radiant flame. The only way to actually experience their personal presence is through love --but this love must be clothed in great inner peace and tranquility. Love, color, nature's perfume and the basic virtues of God's feeling draw them like a magnet. The feeling world is the magnetic power that attracts the angels. Faith, love and absolute obedience to their creator are their basic qualities.

Respecting human free will, they will never impose or interfere in the affairs of humanity. They are only attracted to those who have faith in THEM, THAT LOVE THEM AND SEEK THEIR COOPERATION.

### **Archangel Michael's Messages**

Archangel Michael regularly provides messages through Ronna Herman. These messages of love and hope can be experienced through:

- Ronna's books, the [Once Upon A New World](#) trilogy, [On Wings of Light](#), [The Golden Promise](#), [Your Sacred Quest](#), and [Scripting Your Destiny](#)
- [Ronna's seminars](#) being held throughout the world
- Annual subscriptions to [Archangel Michael's messages](#)
- Your own personal message given by Ronna when you purchase a book

Ronna regrets that she no longer has time to answer personal questions due to her busy schedule. Some time ago, Archangel Michael said she was to spread his messages to the masses instead of the few, and that is what she is endeavoring to do. However, you may still purchase a personal message from Archangel Michael for \$20 with the purchase of one of her books.

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### **Archangel Michael and the "First Ray" of Divine Will and Power**

A true master of the "First Ray" walks softly, speaks his\her truth, is assertive, not aggressive, and carries Archangel Michael's symbolic flaming sword of power and strength, tempered by love and compassion

Accepting the gift of Lord Michael's sword of Divine will, truth and valor means always using god's word and law to eliminate error and overcome adversity. It will guide and protect you as you move through the shadows of illusion into the eternal light of truth.

After you have earned the right to, once again, use the energies of the "First Ray," you can activate and enhance its powers by visualizing a ray of brilliant blue light, tinged with flames of deep red. Bath yourself in this beautiful energy by standing in a beam of this Divine light. Use with moderation, however, as this ray can be very intense.

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## **"On Wings of Light" by Ronna Herman**



### **On Wings of Light is about hope.**

Author [Ronna Herman](#) has provided the world with this uplifting collection of channeled messages from [Archangel Michael](#).

In Ronna's book, [Archangel Michael](#) explains why we are here on planet earth, why the last five years of this century are the most important we will ever live and how to be the masters we are in these physical forms.

The messages in this book are positive and life changing. They help us understand who we REALLY are and how to create our perfect realities.

Archangel Michael's messages in *On Wings of Light* are about love: love of self, love of life and how to enjoy the experience of being an empowered spiritual human being. The book reaffirms our belief in unity - and in miracles. Archangel Michael is made real on the book's pages so that readers feel a tangible connection with his energy, his wisdom and his love.

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### **How This Book Will Help You**

In addition to receiving a personal message when purchasing the book, you will find that *On Wings of Light* is an amazing oracle for everyday life. On any given day, simply have a question in your mind and go to the book, opening it to the page YOUR ANSWER appears. This is a book to read more than once - it's continually fresh and new.

Reading *On Wings of Light* will help you to:

- Learn how to create both personal and planetary abundance.
- Embrace your physical form and reclaim its perfection.
- Perfect your telepathic skills and tap into your higher wisdom.
- Break agreements from the past and release outmoded concepts.
- Experience loving meditations and exercises to assist you with body/mind and spiritual integration.
- Receive "angel food" for the body and the soul.
- Learn how to resolve your relationship issues for the highest good of all concerned.
- Take back your personal power, your Divine birthright.
- Activate a loving relationship with your Soul Self.
- Create a trinity of consciousness between your subconscious, conscious and superconscious minds in order to create your perfect reality; manifest your dreams and to assist you in releasing old fears and phobias, habits and addictions.
- Learn about our ancient cosmic heritage and the first great Golden Ages.

On Wings of Light will show you how to enjoy the experience of being a more evolved, heart-centered human being. We are in a time of transition, an accelerated transformation process in which more and more people are feeling an inner discontent. People are now speaking of their paranormal experiences as we make contact with angelic beings, step through new dimensions of awareness and tap into our higher consciousness.

We all have the ability to access our Higher Self and draw on a greater wisdom. We are all co-creators, either of fear, lack and limitation; or of abundance, joy, peace and love.

On Wings of Light is about how to create your perfect reality, realize your highest potential, and assist others to do the same by sharing your manifested dream. It is about unity and miracles, and how to reach up and touch an angel.

### **Have You Ever Wondered...**

Why our universe was created?

What are the universal laws?

What is God's plan for us?

Why are we here on earth?

Are there Guardian Angels?

Does God punish us?

Do we reincarnate?

What is the difference between prayer and meditation?

Do I have extra-sensory abilities and how can I develop them?

Archangel Michael answers these questions and many more. He also leads you through guided meditations, and assists you in creating health and harmony in body\mind and spirit.

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### **What Readers Say About On Wings of Light**

*"On Wings of Light is a beautiful gift to humanity. As a channel for Archangel Michael's loving energy, Ronna has brought forth a collection of wonderful messages of hope and inspiration. These jewels of wisdom leave footprints of light for us to follow and I could not recommend this book more highly! Ronna is one of the finest channels in the country and I am very honored to call her my dear friend."*

Dr. Joshua David Stone, author of books including: The Complete Ascension Manual, Soul Psychology, Beyond Ascension

### **Once Upon A New World trilogy**

The **Once Upon A New World** trilogy books are love, adventure stories which also teach the universal laws in a very simple straight forward way. The books are geared to young adults and adults who are not ready to read the more "heavy duty" spiritual books. Ronna chooses to call these stories "metafiction," since although they are fiction, they are intertwined with a higher truth.

Readers will find that these stories give new meaning to why we are here on planet earth and where we are going. They teach, in simple language, the Universal Laws and higher truths that are so important to understand and apply masterfully during these times of great change.

### **On Wings of Light**

Archangel Michael's messages in [On Wings of Light](#) are about love: love of self, love of life and how to enjoy the experience of being an empowered





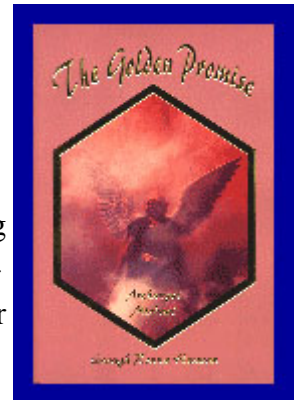
spiritual/human being. We are in a time of transition, an accelerated transformation process in which more and more people are feeling an inner discontent. More people are speaking of their paranormal experiences as we make contact with angelic beings, step through dimensions of awareness, and tap into our higher consciousness.

We all have the ability to access our soul self, or higher self and to draw on the wisdom of the creator. We are all co-creators, either of fear, lack and limitation, or of abundance, joy, peace and love. On Wings of Light is about how to create your perfect reality, your version of paradise and then sharing your manifested dream with others. It is about unity and miracles, and how to reach up and touch an angel.

### **The Golden Promise**

[The Golden Promise](#) answers so many questions about our past and future. Author [Ronna Herman](#) has provided the world with this uplifting messages to readers in this timeless collection. Book Two of messages from Archangel Michael (Book One was On Wings of Light), provides many exercises, meditations, and affirmations to help us release old, self-sabotaging beliefs, and to replace them with empowering, life-changing thought patterns.

If you are ready for the next steps in your spiritual growth, this is the book for you. In Ronna's book, Archangel Michael helps us to remember our Divine origins and the glorious adventures we experienced while in Spirit form, and also gently guides us each step along the path to mastery.



### **Your Sacred Quest**

[YOUR SACRED QUEST](#)©, ARCHANGEL MICHAEL'S THIRD BOOK OF MESSAGES, IS NOW AVAILABLE IN TRADE SIZE PAPERBACK.

**Personally, I feel Your Sacred Quest and Scripting Your Destiny contain the most important information that A.A. Michael has ever given us. Thousands of people have proven that the techniques work and are a blessed gift if you are ready to move out of victimhood into victory and self-mastery.**

**Love and angel blessings, Ronna**

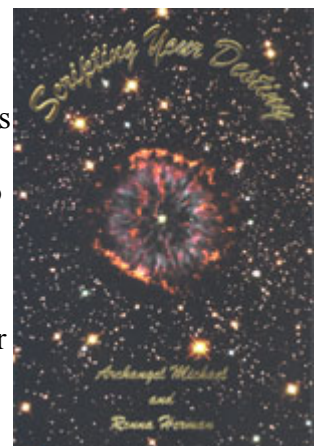


### **WHAT READERS SAY ABOUT YOUR SACRED QUEST:**

*"I have never read a more powerful book. As I read Archangel Michael's messages, I seem to automatically release deep-seated blockages and a comforting sense of peace washes over me. My deepest thanks and gratitude to Archangel Michael and you for "lightening" my path. A.B. "Your Sacred Quest delves deep into the workings of the universe and helps us to understand our cosmic lineage. The information in your books warms my heart, and gives me encouragement when I am feeling low and need to view things from a broader prospective." R. T. "The messages in Your Sacred Quest have great integrity and substance, and are ensconced in a loving energy envelope. The current energies are indeed a challenge for all of us to integrate, but this is exactly what we have all dreamed of creating and experiencing. My profound thanks." C. R.*

### **Scripting Your Destiny**

[Scripting Your Destiny](#) incorporates all the information from our I AM Mastery course, (which sold for \$55), plus all the major techniques and tools AA Michael has blessed us with over the past few years, as well as many meditations and a compilation of some of his most powerful teachings. Also included is The Ascension Energy System and the empowering symbols from AA Metatron, AA Michael and other great Beings of Light. Use the workbook alone or in conjunction with AA Michael's books of messages to empower yourself and claim all the gifts of Spirit that he tells us are ours for the taking. It will also serve as a wonderful teaching manual if you desire to hold classes and share your gifts of Spirit with others.



## Archangel Micheal's Message

### PASSPORT TO ASCENSION

1



TRANSMITTED THROUGH RONNA HERMAN

#### PASSPORT TO ASCENSION

Beloved masters, the ascension process is initiated when you become aware that you are out of harmony with your God-self and our Mother / Father God, which leads to a desire to make life changes. Thus, a Divine discontent ignites within as you seek your own highest truth, and the desire to transmute and release past transgressions begins which, ultimately, includes the process of forgiving all others as well as yourself.

Maintaining a state of harmlessness is the foundation of the ascension process. Discord begins from within and is triggered through misqualified thoughts. There are many levels and stages of ascension: personal earthly ascension, whereby you gradually balance and harmonize your chakra centers which in turn triggers the process of clearing your physical vessel and your auric field of discordant energies. This begins the process of downloading the upper portion of your MerKaBa to create a star tetrahedron, the MerKaBic field of Light. As you progress in consciousness and attain a more refined resonance this basic field of Light will gradually transform into the MerKiVah, which is the Light vessel of ascension. Thus begins the solar system and galactic ascension process for humanity. Ultimately, we will experience the universal ascension process together. This phase of ascension will take place in the far-distant future; however, we in the higher realms of existence have had glimpses of this prodigious cosmic event and, we assure you, it is so magnificently complex and awe-inspiring that it is beyond your present comprehension.

You, the Star Seeds on Earth at the present time, have a vast, rich and glorious past, and this critical assignment on planet Earth is only one of the many important missions you have accepted in your long journey into the great void of unmanifested space. Many of you answered the call from the far-distant regions of the Omniverse in order to be a part of this universal experience. Before you began your decent into density, I promised you that we would reunite when our universal assignment was complete, and we would go forth together under the guidance and command of the Supreme Creator

to the next glorious task of carrying out the mandate for the creation of new worlds and star systems, perhaps, even a new universe.

The Essence of the Supreme Creator resides in your diamond-core God Cell deep within your Sacred Heart which was placed there before you began your journey into physicality. The attributes, virtues and qualities of God-consciousness were stored within the chakra system and a reserve of Adamantine Particles were also placed within each chakra.

To advance on the spiral of ascension, you must take the Sacred Fire you personally need to become a self-master; and then you must share your newly gained wisdom with others in order to proceed to the next level of en-lighten-ment. This is a universal law, and if you do not share your Light and your wisdom, the energy flow of God particles will gradually diminish. Pure motives and intention, a loving attitude and a desire to live your truth as it has been revealed to you, along with a will to be of service are vital if you are to traverse the spiral of ascension successfully.

You may advance slowly upon the path of evolution by connecting with and drawing forth the Sacred Fire from your own God Self; however, you may call upon the ascended masters, the archangels who are ever ready to assist you or any of the great Beings of Light you resonate with. Ask them to overlight you with their qualities, virtues and attributes. This will put you on the path of accelerated transformation and will help you to attain the necessary Light quotient to move to the next level of God-consciousness. Your advancement on the path is carefully monitored by your Higher Self. If the inner light of awareness shines too brightly too soon, it can be a strain on the conscious mind and the ego desire body, thereby creating a battle for supremacy. Whatever energy you draw forth, qualify and direct out into the universe becomes your sole responsibility and will surely be returned to you some day, either in a positive or a negative form. This is the law of karmic cause and effect.

Each soul draws forth a quantity of its God-Self essence in proportion to the life's mission it assumes for a particular incarnation. The choices you make as a physical entity with free will determines how much of your storehouse of Sacred essence you will have access to and can benefit from. Remember, the unconditional love you embody and project contains the formula for igniting the Sacred Creator Fire within. You must be vigilant in maintaining an energetic signature/ frequency pattern of the highest resonance in order to assure a constant flow of the Sacred particles of Creator Light from the higher realms.

Beloveds, we are rapidly clearing the way for you to become Divine messengers, inspired teachers and initiates of a new way of existence. The Divine Rays which originated within the heart core of the Supreme Creator are refracted Light of stupendous power, which has been stepped down and refracted through the prism of our Father / Mother God's consciousness via the Great Central Suns of this universe.

Humankind has been living in the shadowlands since the sinking of Atlantis. Humanity gradually forgot the source of their being, thereby sinking deeper into polarity; and thus the broad spectrum of duality began. You will learn the lessons of life through experience, suffering or grace. Which will you choose? You must clear out your emotional storehouse of the past, the old emotional grudges and self-judgment that lower your self-esteem and empowerment.

Very few souls have been privileged to have access to the wisdom teachings of ascension which are now being revealed. Before the Earth year 1930, the secret wisdom teachings were only given to the most spiritually advanced souls by the ascended masters within the retreats and ashrams around the world. These teachings were called 'occult wisdom' which means hidden or veiled. Also in 1930 a Divine dispensation was granted, which was the first time since the final sinking of Atlantis that the knowledge of the individual I Am Presence was given to humanity; and the transforming energies of the Violet Flame were accelerated in preparation for the forthcoming ascension process of humanity and the Earth.



As you learn to use the universal laws of manifestation, it is of vast importance that you discipline the mind and clearly define what you wish to create, for as you assume the mantle of an empowered Self-master, you will more readily create or become that which you focus on. In the past, your desires, thoughts and intentions were foggy, unclear and unintentional, and were often influenced or ruled by the sub-conscious or unconscious mind. The science of the soul will guide you along the path of soul education and spiritual evolution. The wisdom teachings of today could be called a passport for ascension. Pure motives and intention, a loving attitude and a desire to live your truth as it has been revealed to you, along with a desire to be of service are vital if you are to traverse the spiral of ascension successfully.

What good is information if you do not use the knowledge to gain wisdom, thereby assisting you to draw forth more Sacred Fire or God Particles of Creation, the full-spectrum Metatronic Light which contains stepped-down Supreme Creator Light, instead of the half-spectrum primal life force substance that has been available to earthlings since darkness put a cloud over humanity's consciousness and your life-force was greatly diminished?

True spirituality means adhering to the living truth and is not practiced just one or two hours a week as in done in most religious ceremonies. It is an incessant burning desire to be in constant communion with Spirit. Humanity must move past the shallow waters of orthodox worship into the mystical river of life. Akashic records are vibrational patterns—positive or negative—which are stored within the cosmic library which contains the total history of creation.

White fire God cells, called Adamantine Particles, are the essence of your Being. That is what is referred to in the saying 'You were made in God's image.' Each of you must learn how to draw forth the Sacred Fire containing Adamantine Particles of Light necessary for your ascension, and for the ascension of the Earth as well. The ascension flame must come through the hearts of men and women like you in order to be accessible and beneficial to the Earth and humanity. The more Adamantine Particles you draw forth from the cosmic river of life, activating them with your own precious gift of love and then allowing the major portion to flow through you out into the world of form, the more your allotment will increase and the more god-like you will become. Through you, the Light and power is blended with your earthly essence and stepped-down or transmuted to acceptable frequencies to be used by humanity and also to be integrated into the Earth. Through your efforts, this Divine elixir of life is now available to the animal kingdom in a greatly modified way, and it will also be used by the devic and elemental kingdoms to nourish and replenish the nature kingdom. It is important that you understand, the rays of Creator Light nourish and sustain all Creation. The Sacred Sites around the Earth were fueled with the cosmic energy within the great crystalline spires which were implanted in strategic places around the world when it was first created. You, the Star Seed, are now the living sentinels of Light who are acting in the capacity of Bearers of the Living Light.

Light Packets which contain advanced information which is sometimes difficult to decipher are being down-loaded to those who have begun the process of unifying the Sacred Mind and the Sacred Heart. In time, this will become a normal process; however, for the time being, you must allow yourselves time to turn inward and contemplate what is being given to you so that you can transform the knowledge into wisdom and integrate that which rings true to you. You must then put your newly-found wisdom into action which will gradually enhance your Light quotient and will add a new vibrational pattern to your Soul Song. Ask yourself this question before your sleep time: What have I contributed this day to the human/earthly storehouse of wisdom and loving energy? Living in a state of harmlessness in the NOW moment is your goal. Remember, with greater gifts comes greater responsibility.

As you become more proficient as cocreators on the earthly plane, you must constantly monitor your energy patterns and seek to upgrade them. You must strive for sustained harmony and refined godly expression. You must liberate the power of the Sacred Fire within which has lain dormant for many thousands of years. You must learn to direct and focus your energy into the areas of your life

you wish to change. By establishing and constantly upgrading your Creator Wheel of Life, you are planting the seeds of focused change and you are supplying the Sacred Fire of Creation needed to manifest what you have envisioned. When you can do this proficiently, your personal world will become a wonderland, and you will become a beacon of Light for all to see.

Beloveds, these are times of momentous change, and it is a wonderful opportunity for those like you to shine your Light. Do not let others discourage you. Follow your heart and allow Spirit to be your guide. We are ever near to inspire and support you. In you we are well pleased, I AM  
ARCHANGEL MICHAEL

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## Infinity Breath Meditation

The wondrous news is that there is an extraordinary influx of Divine Light Particles from the highest Source, our Cosmic Father/Mother Creator, being showered down on the Earth and her inhabitants. It is available to those who are ready and willing to be loving receptacles capable of holding these rarefied frequencies of Love/Light. If you will agree to be a BEACON OF LIGHT, and join us in radiating unconditional love to ALL CREATION, we will assist you through the process of any residual energetic frequency clearing and cellular re-patterning, which in turn will greatly accelerate the dissolution of the membranes around your DNA, thereby accessing additional chromosomes, and a new level of consciousness and mastery.

Allow us to give you a visual awareness and a meditation which will help you to access this rare infusion of energy.

1. First, affirm that you will use this gift for the highest good of all, and that your desire is to be of service and align your will with that of the Creator. Nothing will be asked of you that you cannot accomplish, my dear brave ones, and the rewards of championing the Creator's Cause will be showered down upon you first, and then radiated out to the world.
2. Read these words until you understand the exercise and can visualize the process. Then, close your eyes, as you allow your angelic helpers or Higher Self to assist you, and the energetics of your breath and the frequencies of Light flow smoothly and powerfully through your body.
3. Take a deep breath and center your consciousness in your Solar Power Center, which we will now refer to as your SPC. Envision, however you perceive, your SPC being filled with the Divine Light Particles of Creation.
4. As you breathe deeply, feel the energy begin to build and travel up your back/spinal column. This energy permeates the Medulla Oblongata where the spinal column and the lowest part of your brain are connected, which contains nerve centers that control breathing and circulation, and which also connects to the Ascension Chakra. The energy of Light moves through the Ascension Chakra and out the back of your head in an arch about six inches above, as it sweeps down before your face and enters the SPC again. It continues its journey down the back/spinal column and out the root chakra in an arch, and then up the front of your body as it returns once again to the SPC, gaining more energy, Light and power with each breath.
5. Continue the process of deep rhythmical breathing as you visualize this INFINITY SIGN of Light/Power arching further and further above your head and deeper down into the Earth, returning to your SPC with each rhythmic cycle. Continue the process as long as is comfortable, knowing that as you incorporate more of these precious Light Particles, it will magically accelerate the process of cleansing and clearing your physical vessel of any discordant energies and filling the vacancies with Creator Light substance. You will also be accessing more and more of the higher dimensional thought forms of new Creation, anchoring them in your physical reality and deep within the Earth as well.

Your beloved Earth will greatly benefit from the process as you share these wondrous gifts of Creation with her. And in turn, she will strengthen and harmonize her connection with you as, together, you go about your Father/Mother's business of creating Paradise on your home planet.

My beloved Warriors of Light, it is time to stand up and be counted. Once again, I ask you to answer the clarion call that is echoing throughout this universe. **YOU ARE READY**, just as you are, and you are needed, right there in the place where you live, at this moment and henceforth. You will be joining the ranks of the champions of peace and as leaders in the spiraling march toward Ascension.

Yes, these are critical times, but also times of great expectation and unlimited possibilities. Through us, their emissaries and messengers, allow our Divine Mother to soothe your fears with the serenity of her loving Essence, and allow our omnipotent Father to enfold you in his mighty force field of protection.

The Divine Mandate to us is to stay the course with you until victory is attained. The time will soon come when you have moved through the last residual energies of distortion and we will be reunited in a grand celebration.

Until then, we are only a loving thought away.

I AM Archangel Michael.

## **Chapter 10**

### **Archangel Metatron Ascension CD's and Pau D'Arco Cure All Tea**

All information in this chapter has been written by Earl B Hall and can be found on the [www.atlantishealthcenters.com](http://www.atlantishealthcenters.com) website. Pau D'arco Tea should only be purchased from this website. They are the world leaders in the harvesting and importing of Pau D'Arco Tea

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*"Empowering Our New Earth Community"*

sound healing, self-empowerment, music, meditation, metatron, brain wave frequency CDs

***Just like you, I was searching for healing and answers to my life long haunting questions, too. Then something wonderful and amazing happened. Through my training and research, as a musician and spiritual energetic healing practitioner, I was asked and guided by a very high level of consciousness known as Archangel Metatron, to record a series of electro-magnetic harmonic frequencies. Much to my surprise and dis-belief, I discovered that by stimulating and harmonizing your physical, mental, emotional and spiritual bodies with these totally unique combinations of Metatron's (both ancient and new) earth/brain sync audio technologies it will rapidly accelerate your healing and ascension processes.***

[Click here](#) to find out what others are saying about this amazing system

**Overview of CDs # 1-3** - All the Metatron tones on each CD has been created and recorded with an electromagnetic frequency generator, according to Archangel Metatron's mathematical formula that was channeled to me.

These are a blend of cosmic electro-magnetic frequencies gifted directly from the Central Sun. These frequencies or tones cannot be created by any musical instrument on Earth at this time. They have not been on this planet in nearly 26,000 years. They are cyclical, as is the 2012 alignment with the Central Sun. I have been guided to layer them with the Christ frequency... channeled to me from Archangel Metatron.

Metatron describes the Christ Frequency as, "stimulates all the master glands, especially the thymus gland (high heart chakra) and pineal gland. It will awaken and strengthen the connection to all dimensional levels of creation. These harmonic combinations work very strongly with third eye expanded awareness and crown chakra Creator Consciousness. The heart feels these tones and hears the angelic realm.

To enhance the beneficial therapeutic affects, I was guided to add the Earth/Brain sync frequencies (Delta, Theta, lower Alpha) along with, the pineal gland stimulation frequency for improved intuition and spiritual connection. These rapidly help connect left-right half of the brain for greater clarity, rapid learning and whole brain functionality.

Metatron says, "These specific frequency combinations were created and designed to produce brain wave frequencies, similar to your more advanced star brothers and sisters in the universe, allowing the human mind to expand beyond it's normal capacity. Your DNA and High Heart will be fully activated to balance and harmonically align, like never before, with Mother Earth, feminine, masculine, crystalline and cosmic frequencies. All levels of creation benefit and rejoice in this long awaited moment!"

I ask, "How does this affect the human emotional, mental and spiritual bodies?"

Metatron replied, "The physical becomes very balanced and tranquil at the cellular level. Peace overcomes the nervous system. They are the tones the nervous system resonates to. The outer bodies recognize these frequencies because of the many travels the soul has been through and is comfortable with them. They resonate at a vibratory level that is soothing to the human specie for advancement mentally. A human can feel at peace, comfortable and protected... far removed from any fearful limiting thought patterns. These vibrations facilitate the highest of collective thought waves and provide the connection to Creator Divine Mind.

#### **Overview of CD #4 - Harmonically merging with The All That Is**

*Many scientists, prophets and mystics have all said that, "Creator is in everything and is everything." We exist inside a totally electromagnetic medium. Not just an "electromagnetic environment" in our own space; instead, it's an electromagnetic conscious environment in hyperspace. Everything exists in harmonic balance and therefore comprises the internal structure of the electromagnetic medium. It's all alive. There is nothing but life. The electromagnetic medium is pure Divine Consciousness.*

The mathematically perfect harmonic values in this session will reconnect all the cellular, emotional, mental and spiritual levels of awareness and intercommunication by completely balancing and harmonizing them, much like a precision tuned instrument.

Metatron describes his harmonic cosmic frequencies as, "The harmonic frequency values are one of the

keys to human cellular regeneration that prepares and will enhance the long awaited ascension activations for Mother Earth and Humans alike."

Metatron says, "Everything already exists on the planet for rapid and instant healing. Your DNA has changed to finally activate this level of awareness. It is only now that humans are, once again, able to achieve and sustain this consistent level of vibration and harmonic balance in all the physical and energetic bodies."

With the next tones Metatron explained, these harmonics are now resonating with the Merkaba and the movement of it's light body vehicle. Later he said, "The physical rejuvenation for cellular healing starts to take place at the 10th harmonic tone.

As the tones progressed up Metatron's mathematical frequency scale he explained that, "At this level the crown opens beyond it's normal limits and the group may feel a strong pull as it expands. The higher tone is the heavenly tone that brings peace to all the bodies. This level allows the human specie to know within their heart of hearts that there is life beyond, like you are on the edge of the Universe and One with The All That Is!

From these frequencies many will start to receive specific individual messages or conscious downloads in what sounds much like a Morris Code. Each will be heard in their own fashion and never the same twice. No matter how many times you listen to them. You are tapping into the Infinite Divine Mind.

The last chord on CD 4 is comprised of perfect mathematical harmonic overtones derived from the Universal Love Frequency... blended together... 5 above and 5 below the high heart chakra frequency... to complete the perfect balance of Unity and Divine Love Consciousness. As they would say in numerology, 11 is the Master Number.

**The M-Power Me CD (*Entering the New Earth Dream*)** - is a stand alone healing and re-programming tool, but actually makes the perfect addition to Archangel Metatron's powerful frequency healing & ascension system. M-Power Me provides the tools you need now in creating YOUR Heaven On Earth. A joyous life filled with Peace, Love and Abundance. All the CDs in the Archangel Metatron Healing & Ascension Series and the new M-Power Me CD contain the best of brain wave entrainment frequencies, newly channeled Metatron Cosmic Frequencies, meditation, hypnosis, prayer, mantras and unconscious mind re-programming. Our research shows that most other self-help systems and programs could require purchasing about 10-12 individual healing CDs to get what you get with the M-Power Me CD alone. Or purchasing dozens of other self-help and/or healing books, CD series and study courses costing you hundreds to thousands of dollars and, possibly, many months and years to complete.

Spirit tells me, repeated listening over a period of 21 days will totally reboot, reprogram the user and activate a higher level of empowerment and increased functionality in the actual mechanical interfaces of the various parts of the brain.

This to be exact: Our body, a bio-computerized vehicle, uses a complex bio-energetic system to convert specific electro-magnetic frequencies into our physical experience from our energetic mental, emotional, spiritual bodies and the collective Divine Mind (All That Is). Our bio-energetic hard drive, as a whole, contains within it master programs that continually monitor high memory and temporary memory (RAM) , regulates, and communicates with every function and cell of our energetic bio-computer vehicle. In a nut shell, our bio-energetic hard drive must be defragged and the processor must be upgraded and re-programmed to allow the combined New Earth vibrations and higher cosmic frequencies to be processed more efficiently. Empowering one to freely co-create and live abundantly within our 5<sup>th</sup> Dimensional New Earth Community.

Hello! My name is Earl B Hall, and in 2003 I created a comprehensive program—now used by thousands of people around the world—centered around Archangel Metatron's remarkable Earth/Brain sync audio technology.

This program will accelerate your mental, emotional, and spiritual growth in ways that will absolutely amaze you.

- \* Creates states of deep meditation and gives you the benefits of long-term, deep meditation, but much more quickly. Boosts intelligence and creativity
- \* Dramatically lowers stress—raises your threshold for what you can handle coming at you from the world.
- \* Creates new levels of self-awareness and inner peace.
- \* Heals unresolved emotional issues at the deepest level, including anxiety, depression, anger, substance-abuse, fear and many other dysfunctional feelings.
- \* Guaranteed... or your money back!

Many of you may know me as the founder of Atlantis Health & Ascension. What you may not know about are the many miraculous healings and spiritual awakenings that have taken place around the world by thousands of people utilizing the Archangel Metatron Healing & Ascension CDs series. NOTE: This is not just another traditional sound healing



session. This combination of frequencies has never been available to humans ever before in recorded history!

"First, Let me say a very big "THANK YOU!" Your CDs are most outstanding!!!! I have been practicing meditation for over 8 years now and NEVER, NEVER, have I gone to a place of such joy and bliss. You have an ascension tool that all mankind must experience!" Andre Williams, Lancaster, Tx.

Previously, the combination of these channeled frequencies (electromagnetic tones) and scientifically proven brainwave therapies were made available to the public as an amazingly powerful self-help healing and ascension tool. Many body workers, energy healers, counselors, chiropractors, physiologists, and even some medical doctors have added them to their practice to enhance their work with truly astounding results.

"All I can say about these CDs is Wow! Wow! Wow! I have not experienced physical healing this deep in a long time. I have chronic pain in my back which has improved dramatically since I have been using the CDs at least once daily. This was just what I needed in my life right now :-). I cannot thank you enough." Claudia McNeely

Since completing the recordings several years ago, I have made many new discoveries regarding their use. The client feedback from around the world has validated what I had only assumed or has far surpassed even the comments that Archangel Metatron originally made about their use and affect on humans. Why... because the new energies that are coming into the planet, at this time, have not been here for nearly 26,000 years prior to this. Plus, humans have never gotten this far before in their evolutionary history... not even in Lemuria and Atlantean times! This is the unfolding of the Grand Human Experiment! Are you sure you are prepared?

- Experience a chakra clearing and opening that is more powerful than anything you have ever felt before... this includes all the new chakras!!
- Feel your body releasing old physical, emotional, mental, spiritual blockages and negative energies that you thought you had cleared years ago.
- Sense a startling awakening to your next level of ONENESS with the All that Is... even if you think you have gone as far as you can go.
- Tear down the remaining veils of illusion... create a more intimate contact with the Spiritual Hierarchy, your guides, angels and higher self!
- Finally there is a real solution to completely releasing the root causes of those lingering aches, pains and physical dis-ease.

"Earl, I have been using your CDs for close to a year now and have witnessed many 'miracles'. I do deep emotional trauma work to help often women overcome deep hurts. When I have the cosmic sounds CD on, the effect of 'cleansing' is visible after the session. Their faces look lighter as if a dark cloud was lifted away. This has happened multiple times. I have used the Metatron's harmonics personally when I had a sore throat and could see and feel the throat 'infection' lift whilst meditation on the pharyngitis. In another instance - a patient of mine walked into the room when I had this on in the background and said the power in the room was so great she felt like she had walked into a energy field. Also, I have a patient who is battling cancer and used the Christ frequency CD. She woke up the next morning and was very clear. She said, "Now I realize I have been living in a box"... "I have never been so grateful, so filled with love and gratitude". WOW! Thank you! Dr. (full name withheld for professional reasons) Australia

There are no accidents. This is your chance to experience the how, why, when and benefits of this amazing new gift from the archangel realm and my years of dedicated scientific research on brain wave therapies.

I "felt" some very high beings, they were all around me. I knew I'd gone to a different place, and I think it may have been a higher dimension. I didn't want to come back, really! Since using your cds, I have noticed a greater capacity to "suddenly know" things from out of the blue. And, it's funny, my knees \*do\* feel like they've been worked on", Shelly Hatfield, Seattle Wa.

Make the ascension process easier on yourself. Fully ignite the Divine Light within yourself and be harmonically aligned with the earth shaking, and sometimes bone jarring, new vibrations flooding Mother Earth and our consciousness. It doesn't have to be that hard. If I can do it anyone can.

**Get the most out of these powerful gifts from the Archangel Realm. Now for a limited time only, order the complete Metatron Frequency Healing & Ascension 4 CD system and I'll send you the NEW M-Power Me CD absolutely FREE! That's a \$39.95 value that will ultimately pull all the clearing and reconnection work together for you and assist you with creating your New Heaven on Earth. Plus, I am always available for additional support and counseling, if needed, by email with the purchase of the entire 4 CD system . You are worth it! This amazing 4 CD healing and re-connection system comes with a full 6 month unconditional money back guarantee. You have nothing to lose and everything to gain! [Click here](#) to learn more.[Click here](#) to find out what others are saying about this amazing system of healing and empowerment.**

**PAU D'ARCO TEA** - Medical experts throughout the world are now saying...

***THERE IS A CURE FOR CANCER... FACT OR FICTION? Read on you'll be surprised!***

**PAU D' ARCO**, an all natural anti-viral, anti-bacterial, anti-fungal agent, has been shown to be effective against candida, herpes, prostritus, cancer, AIDS & more. At least one company has obtained a U.S. patent based on their research findings of a novel compound extracted from *Tabebuia Avellanadae*... commonly referred to as pau d'arco.

We are not making this claim... only revealing the hidden evidence... from U.S. patents, scientific research, our personal observation and customer feedback. See details below. NOTE: Always consult a medical physician when a serious life threatening illness is involved.

**PAU D' ARCO** is a natural grown herb that is derived from the inner bark of the *Tabebuia Avellanadae* or *Tabebuia Impetiginosa* (Taheebo) tree grown in South America . Pau d' Arco Tea has been used for many centuries by the Indio tribes of South America . The ancient Incas and Aztecs were probably the first to be familiar with the herbs healing powers. Stories abound telling of its miraculous curing powers.

Professor Walter Accorsi and Dr. Theodoro Meyer, the two modern *discoverers* of the healing power of Pau d'Arco, assess the herb to be the bearer of great medicinal powers. Doctors and healing specialists throughout the world now recommend Pau d' Arco tea for the treatment of many diseases.

Over the past several years many of my friends, family and clients say they have personally experienced the amazing healing powers of the tea. I have researched the other so called *Alternative* treatments for cancer. These remedies are widely discussed and the varying results continue to be debatable at best.

**PAU D'ARCO TEA**, on the other hand, has shown that it may hold the secret for the successful treatment of cancer and other diseases. Dr. Daniel B. Mowry, PhD, states in his widely published article on Pau d'Arco that "whole Lapacho has produced clinical anti-cancer effects without side effects." Read Dr. Mowry's extensive research and history of Pau d'Arco published here. Over the last 15 years I have received many reports and testimonials from terminal cancer victims relating their miraculous recovery from this deadly disease.

Medical practioners in South America have used Pau D'Arco Tea as a primary treatment for cancer for many decades. I hear stories on a weekly basis that relate the remarkable results of using this amazing herbal remedy.

**U. S. Patent No. 5,663,197** This patent proves that constituents extracted from the *Tabebuia Avellanadae* ( Pau d'Arco) tree bark "remarkably inhibits the growth" and "exhibits selective toxicity" of 23 specific types of cancer cells. The compound also "was found to inhibit the growth almost completely" and "cause necrosis (death)" in 12 specific types of malignant cancer tumors.

#### OTHER COMMENTS

Dr. Norman Farnsworth of the University of Illinois confirms the claims that Pau D' Arco contains a substance that is highly effective against cancers. While many herbs are credited with properties that stop cell growth, Pau d'Arco contains compounds which seem to attack the cause of the disease.

Dr. James Duke of the National Institute of Health (NIH) agrees that Pau D'Arco undoubtedly contains a substance found to be highly effective against cancers.

John Heinerman, a medical anthropologist who specializes in the study of herbal medicines, says, "It sounds too good to be true, but it seems to have earned for itself considerable merit in the successful treatment of most forms of cancer, diabetes, and certain other debilitating diseases..."

R.C. Pilsner, D.Sc. and licensed nutrition specialist, writes, "Being a biochemist, I have

researched and analyzed many elements for their nutrient value and their peculiar selective actions on...organs and tissues." Pilsner has discovered that certain herbs emit an ultraviolet wave known as Gurwich rays. These rays stimulate cell metabolism and the body's own ability to rejuvenate itself. He believes that herbs emitting the Gerwich rays include Pau D'Arco. Pilsner has subjected Pau D'Arco to rigorous laboratory tests and recommends daily use of Pau D'Arco tea as a nutritional supplement.

### Lapacho

South American medical doctors who discovered Lapacho in the pharmacopoeia of the natives were the first to experiment with it as a treatment for cancer. Dr. Walter Accorsi reported that it "eliminated the pains caused by the disease and **multiplies the body's production of red corpuscles**". Numerous South American physicians tried Lapacho with their patients and the claims of complete recovery of cancer and other diseases became abundant. North Americans have been trying Lapacho tea for a few years now. Reports that have appeared in various U.S. publications are both informative and encouraging: Lets live, February 1985 said, "Over the past 20 years reports from doctors and patients have indicated that this bark, when ingested (usually in tea form), have experienced **complete recovery from terminal leukemia, arthritis, yeast and fungus infections, arrested pain, stopped athlete's foot and cured the common cold.**" And it "has been found to be an **effective analgesic, sedative, decongestant, diuretic and hypotensive.**" The July 1985 issue of Vegetarian Times reported that Red and/or Purple Lapacho "is currently being hailed for its effects on **cancer and candida**...Traditional herbalists agree that it **strengthens and balances the immune system**" and is currently used as a **remedy for immune system-related problems such as colds, flu, boils, infections,** and that "tests have **anti-malarial and anti-cancer activities**". Further, the article stated that drinking Red or Purple Lapacho tea, "can **combat infection, give great vitality, build up immunity to disease, strengthen cellular structure and help eliminate pain and inflammation.**...It can be taken either periodically as a preventive, or used consistently during an active infection."

### Immune System

The October 8, 1985 issue of Globe stated that "Lapacho, a proven antibiotic, is often used in America to treat **yeast infections**, and is touted in South America as a **"cure for cancer"** and other diseases. The experts say it can also arm the body against **viral infestations** like AIDS...". "taking certain herbs is the perfect health measure to protect yourself against AIDS," says Dr Paul Lee, former director of the Platonic Academy of Herbal studies in Santa Cruz , California ." AIDS researchers are keenly interested in natural substances like herbs that enhance the immune response", says Dr. Tom Baldwin, Associate Professor of immunology at the University of Texas Health Science Center. "We have already identified plants that have effect, and there is good reason to investigate further", he told Globe. The article also indicates that a combination of Lapacho and YerbaMate is especially effective.

The Spotlight, June 8, 1981, lists **35 diseases** which Red and/or Purple Lapacho has purportedly eliminated, or relieved. **Malignant germs that cause all these diseases cannot withstand the antibiotics this mighty tree secretes.**

### Natural Antibiotic

Researchers isolated a substance in Lapacho tea that apparently contains a chemical chain, **anti-tumor** agent. Dr. Paulo Martin, a medical researcher for the Brazilian government stated, "We isolated a compound we called quechua from Lapacho and found it to be a **powerful antibiotic, with virus-killing properties.**" Dr. Norman Farnsworth of the University of Illinois , both herbal medicine experts, agree with Dr. Martin and are quoted as saying: "Lapacho undoubtedly contains a substance found to be **highly effective against cancer.**" Some feel that one of the most significant contributions of Lapacho tea is the **elimination of pain.** Apparently this takes about 3 days of drinking a quart of Red or purple Lapacho tea each day, properly prepared, and 2-3 cups per day thereafter.

Tests indicate that the toxicity of Lapacho tea is about 1/10 that of caffeine. The only reported side effect seems to be nausea experienced by a few people when the tea is first used. This is said to be a purging effect, and that once the poisons are purged from the body the nausea goes away. Many cancer patients who have used Lapacho were also receiving medical

treatment, and it appears that **Lapacho can be used successfully in conjunction with ongoing medical therapy**. Some report that the tea appeared to **increase effectiveness of chemotherapy with a parallel decrease in deleterious side effects** when Lapacho tea is used.

## Buyer Beware

The old Roman phrase, caveat emptor- - **let the buyer beware, is applicable when buying Lapacho**, Pau d'arco or Taheebo. As with many newly discovered helpful treatments, Lapacho is being marketed and used, often without appropriate background info. Unscrupulous suppliers have found it very profitable to grind up both the inner and worthless, bitter outer bark, and sometimes the entire tree, often without regard as to whether or not it was the correct Lapacho tree. This adulterated or even worthless material is shipped to unwary American packagers and is sold to the public as Pau d'arco, Taheebo, Ipe Roxo or Lapacho. Fortunately, **there is also very high quality Lapacho in the U.S.**

**One clue to look for when shopping and comparing prices is to see if they recommend boiling the tea for at least 20 minutes. If they don't, chances are they are not very well informed either. I found this to be true with nearly every bulk importer that I encountered over the years.**

***\* I know exactly where our pau d'arco comes from and what is in it... ONLY the 100% pure inner lining of the bark is used. Our Pau D'arco tea is manufactured by a Brazilian government quality controlled nutraceutical company.***

***This is a composite list of the various diseases and afflictions these research articles have mentioned when discussing Pau d'Arco. (Bibliography below)***

<b>CANCER</b> - All Types	Energy Increase	Polyps
Anemia	Fistula	Prostitus
AIDS	Fungus Diseases	Pyorrhea
Allergies	Gastritis	Rheumatism
Arterial Sclerosis	Gonorrhea	Ringworm
Asthma	Granuloma Annulare	Smokers Cough
Blood Deficiency	Hodgkin's Disease	Spleen Infection
Bronchitis	Infection	Stomatitis
Candida Albicans	Inflammation	Syphilis
Candida Trichophyton	Kidney Diseases	Tonic
Circulation Problems	Leukemia	Ulcers
Colitis	Liver Disorders	Varicose Veins
Constipation	Lupus	Viruses - All Types
Diabetes	Pain Relief	Warts
Eczema	Parkinson's Disease	Yeast Infection
Aneurysms	High Blood Sugar	Multiple Sclerosis (MS)

# **Chapter 11**

## **Angel Essences**

All information in this chapter was written by Hazel Raven and can be found on the [www.raven.org.uk](http://www.raven.org.uk) website. Angel Essences can be orderd from the [www.raven.org.uk](http://www.raven.org.uk) website. The Angel Of Ascension Essence is highly recommended.

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# Hazel Raven



## Working With Angels

Our delightful fascination with angels grows daily. Ordinary people speak openly about how angels have assisted them, stories of angelic intervention and inspirational artwork is everywhere. Interest in angels transcends language, culture and boundaries. Why are so many people inviting angels into their lives? It seems the angelic realms are set to guide us more than ever before, this is due to the vast planetary changes as Mother earth and humanity undergo this spiritual evolution which will awaken our 'higher' heart chakra ready to manifest the foretold 'New Golden Age' when angels will walk once more with men.

## About the Angel Essences

This wonderful essences range was made just like our other angel ranges 'Archangel' and 'Children of the Angels' at the request of the angels. We take great care in making our extraordinarily beautiful essences. They are natural and handmade with love and in a calm focused meditative state of mind. They are created in a clear quartz crystal singing bowl which is harmonically tuned to the crown chakra note of B. The base of each angel essence is distilled activated healing water. By attuning to the crystals and invoking the angels to imprint the pure distilled water each sacred angel essences captures via the crystal kingdom the positive spirit of the angelic crystal devas. The information on each essences comes directly from a Soul-engaged perspective. Each of the Angel essences is a magical catalyst for change and transformation. Each Angel essences has a consciousness of its own which creates when used an auspicious field of emerging-light. The Angel essences are significant 'tools of light' which have been specifically designed for therapists,

kinesiologists, reflexologists, Reiki healers, dowsers, and integrated medicine practitioners and those who wish to simply work more closely with the angelic realm. The Angel essences aid spiritual evolution and 'Light Body Activation' by releasing and transmuting with love karmic, ancestral and emotional imbalances at a deep cellular level. Focused intent is the most powerful way of familiarising yourself with each essence. Affirmation on the desired outcome of the angel essence is always beneficial. As is using the essence over a longer period of time whilst affirming the energy to be with you all day. To immerse yourself in the healing energy of the angels simply use the essence every day. You can use two or three essences together but it is more powerful to use one essence at a time.

## **The Angel Essences**

### **1.ANGEL OF LIGHT (Archangel Seraphiel)**

#### **Healing and Angelic Protection**

Creates a harmonious, sacred, safe, healing environment. Clears and releases spaces with built-up negative emotional, psychic and mental energies. Use for healing, angelic attunement and meditation practice. This essence has also been successfully used for clearing crystals of stagnant energy and clearing homes of geopathic stress.

### **2. ARCHANGEL MICHAEL'S EMPOWERMENT**

#### **Angelic Protection**

Brings freedom, releases fears, strengthens your faith, provides inner fortitude and courage. This essence brings immediate practical assistance, giving you protection from physical and spiritual dangers. It strengthens the immune and meridian systems and activates the Hara centre. Archangel Michael is known as the 'Prince of Peace'.

### **3. GUARDIAN ANGEL**

#### **Attune to Your Guardian Angel**

An amazing joyful encounter awaits you. This unique essence invokes the presence of your Guardian Angel by activating your Angelic chakra. This attunement brings love, warmth and an overwhelming sense of peace and well-being. Angelic communion is enhanced.

### **4.ANGEL OF ASCENSION - (Archangel Metatron)**

#### **Cosmic Consciousness and Light Body Activation**

This amazing essence creates a vortex of energy which aligns all the chakras on the physical body and activates the 8th to 14th transcendental chakras above the head. Use for heightened meditation practice, light body activation and spiritual evolution.

### **5. ARCHANGEL RAPHAEL'S DREAM**

#### **Angelic Healing**

The blessings, mercy and compassion of Archangel Raphael and his legions of healing Angels gently bring healing into wholeness for body, mind, spirit, soul and relationships. He carries a cup of healing balm with a five-pointed star design. Raphael's energy is very peaceful and healing, but he has the power to cast out demons! He is also known as the chief of the guardian angels. Use his essence to clear any negative energy!



## **6. ARCHANGEL GABRIEL'S CALL**

### **Angelic Guidance**

Awaken your 'Inner Angel' and receive Archangel Gabriel's gifts of hope, happiness, love and Angelic guidance. This essence creates a vortex of energy that will transform your life into a joyful Angelic experience. Archangel Gabriel's essence is very inspirational.

## **7. ARCHANGEL URIEL'S INITIATION**

### **Angelic Peace and Illumination**

Archangel Uriel brings wisdom to our 'Earth walk' and illuminates our 'path through life'. This essence is vital for those who feel lost, abandoned, rejected or alone. Peace, harmony and balance are swiftly restored with Uriel's illumination.

## **8. ARCHANGEL CHAMUEL'S EMBRACE**

### **Angelic Love (God's Love)**

This Divinely-guided essence ignites and expands the flame of pure unconditional love within your heart. Its warmth melts and dissolves all resistance you may have to allowing the full manifestation of unconditional beneficial love into the heart and chakra system. Use for developing a radiant, healthy, joyful heart chakra.

## **9. ARCHANGEL ZADKIEL'S JOY**

### **Angelic Violet Flame of Freedom**

Archangel Zadkiel, whose name means 'Righteousness of God', is the guardian of the violet flame of transmutation, transformation, joy and freedom. This transforms lower energies into positive life-affirming energy. Zadkiel is the Archangel of mercy, who teaches trust in God. This essence is excellent for 'space' clearing and removing old energetic blocks within the human subtle anatomy systems.

## **10. ARCHANGEL SHAMAEEL**

### **Angel of Sacred Sound**

Utilizes the transformational healing energy of sound in its sacred aspect. Shamael carries the colour vibrations of indigo, violet and gold. He represents the first impetus of creation and is depicted as an aspect of Archangel Metatron in Western spiritual mystical tradition (the Kabala). Use this essence for amazing visions, insights.

## **11. ARCHANGEL HANIEL'S GLORY**

### **Angelic Communication**

A mystical warrior energy, providing spiritual insight and armour to protect your soul when faced with obstacles and negativity, assisting in the fulfilment of your life's mission through Divine communication. This essence aids clairvoyance, insight and assists those who are 'spiritual warriors'.

## **12. ANGEL OF THE ANIMALS (Archangel Thuriel)**

### **Animal Healing**

A subtle grounding energy, which provides a nurturing space for those working to heal the Animal Kingdom. Animals can suffer a wide range of age-related problems and dis-eases. They are subject to environmental pollutants and toxins, as well as bad diets and the stress of city living. Many animals are so empathic they can absorb their owner's emotional problems. If your pet is absorbing their owner's negativity you may need to treat the owner as well. This essence brings stability and grounding to the human subtle anatomy systems.

## **13. ARCHANGEL JOPHIEL'S ILLUMINATION**

### **Angelic Wisdom**

Archangel Jophiel, whose name means 'Beauty of God', connects you to your higher self, bringing the golden light of wisdom, intuition, perception, joy, bliss and soul illumination. Archangel Jophiel's essence is very energising on the physical level, use it frequently to top up your energy levels whenever you feel yourself depleted or in need of more light.

## **14. ARCHANGEL SANDALPHON**

### **Guardian of the Earth**

Sandalphon, Archangel of the earth, is in charge of earth healing and planetary group work by uniting heaven and earth. By holding the Divine presence on planet earth, Sandalphon teaches us to have a grounded reality and balanced spirituality. Archangel Sandalphon carries our prayers to God. Use this essence for earth healing ceremonies and planetary group work as well as for enhancing absent healing and prayer. This essence is also excellent for attuning you to the ancient guardians of sacred sites and energy vortexes.

## **15. ARCHANGEL RAZIEL (Ratziel)**

### **Secret Mysteries**

Archangel of the secret mysteries, who gives Divine information by allowing us to understand the enigma of God. This knowledge is absolute and perfect. Our crown chakra is opened, the flames of enlightenment descend, we transcend normal reality. These encounters with Raziel can seem extreme but once you have sure and certain knowledge of the Divine, nothing will ever be the same again! Archangel Raziel can assist with your understanding of sacred geometry and quantum physics. He wrote down the secret symbols of divine magic in the book of Raziel which was given to Eve and Adam. The same book was then given to Noah by Archangel Raphael.

## **16. ARCHANGEL TZAPHKIEL (Zaphkiel)**

### **Cosmic Contemplation**

Tzaphkiel is the Archangel of deep contemplation of God, representing the Divine feminine watery aspect of creation, the Shakti of Shiva. Archangel Tzaphkiel has the power to nurture all things and gives us glimpses of other realities. Archangel Tzaphkiel will catch us if we fall, for God's love is unconditional and non-judgemental. Allow Tzaphkiel to carry you when you feel weak, for her infinite compassion is the sea of our liberation.

## 17. ARCHANGEL AURIEL

### Angel of Destiny

Moon magic. Awakening the secrets of our future, releasing the past to become 'masters' of our destiny. Enhances our natural gifts of clairvoyance, clairsentience, clairaudience and dream recall. Harmonising the feminine - releasing deep subconscious fears.

## 18. ARCHANGEL MELCHIZEDEK

### Merkavah Mysticism

Anchors the Christ Consciousness on earth. Keys to the Kingdom - Secrets of the Holy of Holies'. Facilitates 'spirit' releasement in conjunction with Archangel Michael.

### Hazel Raven HRCB FM, ACHO M, IACHT FM, BFVEA M, BFVEA M

Hazel Raven is a well known and respected international teacher and practitioner of complementary therapies with over 30 years experience in this field. Hazel has been clairvoyant since birth and is the author of several books on crystal therapy, angel and Archangel essence healing and has been recognised as a teacher of crystal and gem therapy for many lifetimes.

Hazel currently teaches in Manchester and Bournemouth. In 1990 Hazel became a committee member of the **ACHO** (Affiliation of Crystal Healing Organisations). In 1992 she became treasurer of **ACHO** and in 1995 she was elected to the position of **Vice-Chairman of ACHO**. A position she held for 7 years. As a committee member of **ACHO**, Hazel was actively involved with setting the British agreed guidelines and training standards for crystal therapy.

Hazel is a qualified educationalist and served on the Inner Council of the **BCMA** (British Complementary Medicine Association) for many years as its crystal therapy representative for education.

Hazel was initiated into Reiki in 1991 and became a **Reiki Master** in 1994, and was invited to serve on **The Reiki Federation's Steering Committee** by the **BCMA** - as representative for obtaining validation for courses. In May 1999, Hazel was asked to attend the **FIM** conference (Foundation for Integrated Medicine) at the Commonwealth Institute in London, which was also attended by HRH The Prince of Wales, the Foundation's patron. Hazel is a member of the **BFVEA** (British Flower and Vibrational Essence Association).

### Media Appearances

Hazel has had a series of articles published and has appeared on television and radio, in the press and national women's magazines, including the Christmas 1997 edition of Cosmopolitan magazine, which featured Hazel's angelic experiences. Hazel's angel work was the subject of a double page spread in the Daily Mail and the News of the World.

Her TV work in the UK includes 'Heaven and Earth' and a show for BBC 2 which was shown on New Years day 1999 called 'Pyramid People'. One of Hazel's many angel stories was also featured in 'An Angel At My Shoulder' by Glenyce S Eckersley, published 1st December 1996.

In July 1999, Hazel founded the **Hazel Raven College of Bio-Dynamics** to promote integrated therapy. In July 2000, Hazel launched commercially the Hazel Raven College of Bio-Dynamics Archangel, Angel, Master, Chakra Harmony and Five Element-Children of the Angels essences ranges. Hazel is a member of the **BAFEP** (British Association of Flower Essence Producers)

## **Chapter 12**

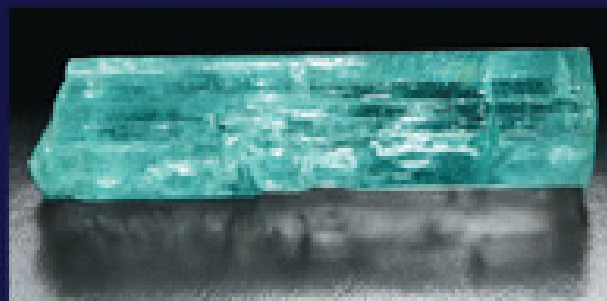
### **Moldavite Star Born Stone Of Transformation and The Book Of Stones**

Information in this chapter has been written by Robert Simmons and Naisha Ahsian, with contributions by Hazel Raven. All the information in this chapter can be found in The Book Of Stones and can be ordered at the [www.heavenandearthjewelery.com](http://www.heavenandearthjewelery.com) website along with almost any gemstone you are seeking especially Moldavite. Moldavite Starborn Stone Of Transformation is an article written by Robert Simmons. Publisher of The Book Of Stones is Heaven & Earth Publishing.

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# THE BOOK OF STONES

WHO THEY ARE & WHAT THEY TEACH



ROBERT SIMMONS & NAISHA AHSIAN

with contributions by Hazel Raven

# ELEMENTAL ENERGIES IN THE MINERAL KINGDOM

People often ask me about the model of elements I use in conjunction with my work with crystals and stones. "Aren't all stones related to the Earth element?" they ask. "They all come from the Earth!" While on the surface it may seem obvious that all stones carry Earth element energy, upon closer inspection it becomes evident that this is not necessarily the case. Some stones carry very low-frequency energies, while others carry very high-frequency energy. Some are more suited for physical healing, while others are more resonant with the emotional, energetic or mental aspects. The tremendous range of energy carried by the mineral kingdom clearly reflects the range of energies present in the elemental forces of Nature. In order to understand the relationship of these energies, it is necessary to understand the holistic interactions of all energies available to us on Earth, and how they are balanced and distributed around the planet.

The elemental forces of Nature are the expression of the energies carried by the total organism of Earth. The elemental forces of Earth, Fire, Water, Wind and Storm are not static chemical compounds, but are events that describe energetic interactions. Like our own bodies, Gaia has many different systems that allow her to move into balance through dynamic response to her ever-changing energetic field. Minerals and stones are the vehicles through which the Earth's energy is distributed and balanced.

In order to understand the relationship between minerals and stones and the elemental energies they carry, it is necessary to first understand the holistic organism that is our planet and the ways in which the elemental forces and crystals and stones affect the total organism.

The Earth planet (which I will refer to as Gaia from here onwards) is a living, breathing organism that mirrors our own bodies in many ways. Every being on the planet acts as a cell within a system of the greater whole. The mineral kingdom, plant kingdom, animals, birds, insects and humans are all integral parts of the greater body of the Gaia organism.

Gaia has an energy field, or aura, that consists of electromagnetic (Light) energy. Humans also have an electromagnetic field (aura) that surrounds and permeates our bodies. Within the Earth the continental plates constantly shift and drift to balance Gaia's body. This densest aspect of Gaia represents the energy of the Earth element. In our own bodies, this element is represented by the movement of our densest aspect—our bones and muscles. Gaia's fiery core continually recycles Earth by melting down stone and releasing energy through volcanoes and geothermal activity. This energy is the Fire element, and it is mirrored in our own bodies by the digestion of food and its transformation into energy and heat. Gaia's circulatory system shifts and moves through the tides of the oceans and the flowing of rivers, streams, springs, lakes and ponds, carrying nourishment to every part of her being and taking away waste. This is the Water element, which is reflected in our own circulatory and lymph systems. The breath of Gaia circulates around and through her body in the form of air and other gasses. This is the Wind element, which is present in us as the breath and gasses of our bodies. The element of Storm is created when all four elemental forces are empowered at once. This element is a dynamic balancing force that helps the Earth correct imbalances within her energy field. We also experience the energy of Storm within our bodies as experiences of massive cleansing, spiritual awakening and the correction of vibrational imbalance.

In order for the Earth to be healthy, all these aspects must be in balance and empowered. If any single elemental force is out of balance, the organism becomes diseased. This is true of humans as well. If any one of our systems is imbalanced it compromises our health and well-being. Health, in fact, is a state of dynamic balance between these elemental forces—both in the Earth and in our own organism.

Our ancestors knew the value of this dynamic balance. They spent their lives immersed in the energies of these elemental forces and honored them for their life-giving properties. Days were spent out in the fresh air and sunshine, drinking pure water and eating foods that were grown in harmony with natural law. Today, we spend most of our time isolated from these natural sources of energy, and disease and imbalance are the result. We are taught to be afraid of the sun and its life-giving fire. We eat foods grown on overstressed Earth, depleted of minerals. Our Water is toxic, as is our overly conditioned and polluted air. By separating ourselves from the natural elemental forces and attempting to control them, we have created a tremendous imbalance in both the Earth's energy and body, and our own.

Healing is a process of restoring a state of dynamic balance to the body and energy systems by moving back into harmony with these natural forces. This state of dynamic balance allows us to respond appropriately to experiences and stimuli we encounter on a daily basis. When we are not able to dynamically respond to these changing energies and experiences, we manifest a host of symptoms including physical, psychological, emotional and energetic disease. In order to restore the state of dynamic balance that is health, we must be brought back into resonance with the full range of healing frequencies available to us through moving back into harmonic vibration with the elemental forces of Gaia.

Crystals and stones can be especially helpful in balancing these elemental forces within the body. Yes, all crystals and stones come from the Earth, but that does not mean all crystals and stones carry only the energy of the Earth element. The Earth planet is made up of stone and rock, yet all of these dynamic elements are present in her total being. Within Gaia's body, minerals act as resonant 'cells' that carry the different frequencies of energy, as represented by the elemental forces. In fact, crystals and stones act as regulators and distributors of electromagnetic (Light) energy throughout the Earth.

The electromagnetic field of the Earth extends over 35,000 miles into space. This Light field (all electromagnetic energy is Light energy) surrounds, permeates and interacts with everyone and everything on the planet—just as our own electromagnetic field (aura) surrounds, permeates and interacts with all of the cells and particles making up our physical bodies. The core of the Earth generates most of this electromagnetic field, just as our hearts generate most of our auric energy field.

The mineral kingdom acts as an electromagnetic distribution system for the Earth. Some minerals are electrical in nature—such as Clear Quartz, which releases an electric charge when it is heated (pyro electric) or when pressure is applied to it (piezo electric). So, as these crystals are heated or squeezed by compression in the Earth's crust, they release an electrical charge that is distributed through the Earth's electromagnetic field. Other minerals are more magnetic in nature, such as the naturally magnetic Lodestone (Magnetite). The magnetic energy of these minerals acts to regulate the Earth's frequency of vibration. So, some stones act as stimulators of the Earth's energy, and some act as regulating influences upon it.

Each mineral within the Earth vibrates with a specific band of frequency within the full electromagnetic spectrum of the planet. You can think of these frequencies like the color bands in a rainbow, though the color of a stone does not necessarily reveal its resonant frequency. Some minerals vibrate at a very specific and narrow range of frequencies. Others are capable of carrying a much more expanded range of energy. Together, these minerals act to distribute and regulate the energetic field of Gaia, ensuring that her aura remains vibrant and healthy. Crystals and stones carry the entire spectrum of Light energy available to us—from very low-frequency energies we equate with the physical realm, to the extremely high frequencies we equate with spiritual awakening.



When we bring a crystal or stone into our electromagnetic field, two things occur. First, the electromagnetic frequencies carried by that stone will vibrate with related frequencies in our own energy field through the physical law of resonance, creating a third, larger field of vibration. Your nervous system is attuned to these shifts in energy and will transmit this information to your brain, where the frequencies stimulate biochemical shifts that affect the physical body, trigger emotional experiences and shift brain function to open you to spiritual experience.

Second, the tiny particles of minerals in your body that also carry that frequency will move into resonance with the particles of mineral in the stone. This causes your body to believe that you actually have more of that mineral in your body and it will react accordingly with additional biochemical shifts. For instance, if you are holding a calcium-based stone, the calcium particles in your own body will be 'activated' by moving into resonance with the calcium in the stone. This will create a third, stronger energetic field that carries the calcium energy signature. Your brain receives this information through the nervous system and reacts accordingly—adjusting your biochemistry as if you actually had more calcium in your physical system. This may trigger physical healing of calcium-imbalance-based illnesses, or it may trigger emotional or even spiritual experiences.

The experience you have when holding a mineral, then, is directly related to its electromagnetic energy signature and the systems of the body, mind and Spirit which resonate at that energetic level. These systems of the body, mind and spirit are grouped into five categories: physical, energetic, emotional, mental and spiritual. Each of these aspects is also governed by an elemental force. The physical level of vibration is governed by the Earth element, the energetic is governed by the Fire element, the emotional by the Water element, the mental is governed by the Wind element, and the spiritual is governed by the Storm element. By understanding which level is predominantly affected by the electromagnetic energy of the stone, you can determine the elemental force with which the mineral resonates.

Stones related to the Earth element tend to be resonant with the physical level of our experience—the lower-frequency and magnetic energies. These stones are what we would consider to be 'grounding' stones. They help regulate high-frequency energy and create biochemical and energetic shifts, enabling one to feel more present in the body and on the Earth. The Earth element governs the structures of our lives—home, job, family structure and financial aspects—and the structure of the body. Earth element stones tend to stimulate and balance the Earthstar chakra (located approximately six to twelve inches below the soles of the feet) and the base chakra (located at the base of the spine). They can be helpful in working on the dense aspects of the body, such as the bones and tissues; or they may be used to support changes in the more established structures of our lives, such as ending long-term relationships, changing careers, moving house, or changing the physical body. These stones also help balance the emotions related to the dense aspects of our lives, such as physical survival, connection to the body, and feelings of being capable and responsible.

When you work with an Earth element stone either in meditation or by simply having the stone within your aura, you will find that these aspects of your life become highlighted. This helps you become more aware of what needs to shift in your life in order for these aspects to come into balance and harmony.

Fire element stones help fortify and balance the energy systems of the body. They govern the flow of energy through the meridians, the vitality of the chakras and, on a more physical level, the reproductive system, digestive system and the endocrine system. Fire element stones affect such aspects of the body as digestion and metabolism, hormonal balance, glandular issues, sexual function and desire, and fertility. The Fire element governs how we experience energy and how we put our own energy into the world. Our second chakra (navel area) and third chakra (solar plexus) are our Fire element energy regulators. On an emotional level, Fire element stones deal with how we use our will and our personal power, our creativity and sexual expression, our ability to take action on our dreams and desires, and anger and fear issues. These stones tend to stimulate the body and energetic field.

Fire element stones tend to highlight issues of creation and manifestation. In order to manifest something, one needs to be able to take action toward one's vision. If the Fire element is lacking, self-direction usually suffers and one's ability to create and manifest in the world is compromised. When you work with Fire element stones you can expect to have experiences that will show you where your personal energy may be blocked or misused. By bringing the Fire element back into balance, you can feel more empowered, creative and excited about life.

The Water element governs the emotional body, circulatory system, lymphatic system and the fluids of the body. It helps one to release the past and flow toward the future, to communicate one's feelings and truth to others, and to feel more love and compassion. The Water element governs the fourth chakra (heart) and fifth chakra (throat). When the Water element is out of balance, one may have difficulty expressing one's thoughts, opinions or feelings. Relationships may suffer because of lack of communication. On a physical level, almost all circulatory system and heart issues stem from a Water element imbalance. When you work with Water element stones, you can expect to learn how to communicate more effectively and how to express your true self. Situations may arise in your life that will cause you to have to develop your ability to express yourself or set emotional boundaries. Water element stones assist in maintaining healthy emotional balance and are frequently used to alleviate depression, excessive fear, sleep dysfunction and hyperactivity. They are often the stones focused upon when relationship issues arise, or when one wants to attract a relationship partner.

The Wind element governs the mental aspect and opens the doorway to the spirit world. It brings messages from the spirit realm in the form of visions, information or 'hunches.' The Wind element governs the sixth chakra (third eye) and crown chakra (at the top of the head). These are the doorways to spiritual vision and mental processes. On a physical level, the Wind element governs the respiratory system and mental cognition. Wind element stones stimulate the respiratory system and enhance brain function and mental abilities. They are often used to facilitate meditation, to support study and learning, and to enhance mental clarity. These stones are excellent for use in breathwork, healing from tobacco use, and for general respiratory difficulties. They tend to sharpen the mind, to enhance mental focus and cognitive ability, and to assist in opening the psychic and intuitive abilities.

When you work with Wind element stones you can expect to learn about maintaining focus, acquiring new skills, expressing your knowledge and opening your intuitive and psychic abilities.

The Storm element is actually an energy created by the synchronistic combination of the frequencies of the other four elements. Storm energy can activate any chakra or level of the body, mind and spirit because it carries the energies of all of the elemental forces. The Storm element is generally related to the Soul Star chakra located approximately six inches above the crown of the head. This is the chakra through which we experience our highest spiritual energies and insights.

Storm element stones are used when massive transformation, cleansing and radical dynamic balancing are called for. These stones often work on many different levels, affecting all of the body's systems and elemental energies. They are generally used only for short periods of time and in circumstances when one is ready for tremendous change. They often bring up deep patterns to be understood on a conscious level and then cleared. When you invoke Storm by utilizing Storm element stones, you can expect changes in your external world as well as your internal world. People often report radical shifts in their lives when these stones are utilized. Whatever is not in alignment with a state of perfect dynamic balance will be cleared by the energies of Storm element Crystal Allies.

Some stones carry a combination of elemental energies because their chemical composition and vibrations allow them to resonate at a broad range of frequencies. You will notice as you read this book that some stones have more than one elemental designation. In such cases, these stones can be used for either element's properties. Once you have identified the general elemental force requiring balance, it is best to use your intuition to choose the exact stone or stone combination to address your specific needs.

## THE BOOK OF STONES | ELEMENTAL ENERGIES

The practice of utilizing the elemental model with crystals and stones goes into much more depth than this chapter can cover. My students of Crystal Resonance Therapy take over a year of study to become proficient in elemental interactions and applications. With the basic understanding of stone and elemental energies I have provided here, you should be able to begin your own playful exploration of this powerful system of crystal energy application. I wish you bright blessings on your journey with your own Crystal Allies!

# Want To Know A Lot More About Crystals?

*The Book of Stones* is the most-in-depth, definitive guide to the world of crystals, minerals, gemstones and their metaphysical energies that has yet been written. Encompassing over three hundred separate entries, each with vivid colour photographs and essays written by both authors, this book takes you deep into the world of stones and their uses for spiritual awakening and self-healing. *The Book of Stones* can teach you about each mineral's scientific properties, history and lore, elemental energies, chakra correspondences, and which stones work best together. Also considered are the stones effects on the spiritual, emotional and physical self. Whether you are a beginner or an experienced practitioner, *The Book of Stones* can give you clear, easy-to-understand information that will help you enjoy the beauty and benefits of the mineral realm. This pictorial metaphysical encyclopaedia is what crystal lovers all over the world have been waiting for.

## Praise for *The Book of Stones*

*The Book of Stones* is finally here—a labor of love for Robert Simmons and Naisha Ahsian. I am excited that it describes over three hundred stones and that the photographs are of such high-quality specimens! With photographs, metaphysical properties, folklore, key words and affirmations for each stone, the book is filled with information and with beauty!

—Melody, author of *Love Is in the Earth*

*The Book of Stones* has taken crystal information, which began over thirty years ago as a mystical New Age tool for healing, and elevated this knowledge into a higher, more technical art form. The classification of each stone offered for our consideration is impeccable, along with wonderful photos—creating an intimate connection with each of the wide variety of minerals presented. This book is a welcome addition to the world of stones, and offers us all an opportunity to sharpen our skills and renew our interest in the crystal-healing world.

—JaneAnn Dow, author of *Crystal Journey: Travel Guide for the New Shaman*

Quite easily the most comprehensively written and beautifully photographed book on the subject that I've come across. If you own only one reference book on stones and crystals, make sure that this gem is the one.

—Dr. Eric Pearl, author of the international bestseller *The Reconnection: Heal Others, Heal Yourself*

In this time of social fragmentation and isolation, many of us who work to reclaim remembrance and participation in the living world lament the scarcity of elders and initiators to guide our efforts. As if in answer to our need, *The Book of Stones* carries us outside the human world to a gathering of wise elders. Here the stone people speak to us, in many voices, of forgotten stories and unknown wisdoms which will sustain us on the path of soul.

—Daniel Deardorff, author of *The Other Within: The Genius of Deformity in Myth, Culture, & Psyche*

*The Book of Stones* takes the reader on a fascinating journey into the world of minerals, gems and crystals, their spiritual properties and their applications for inner growth and self-healing. The writing is clear, thoughtful and easily understood, and the inclusion of scientific data, history and folklore helps make the book a valuable resource for those with an avid interest in the mineral kingdom.

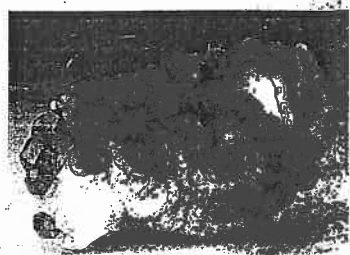
—Thom Hartmann, author of *The Prophet's Way* and *The Last Hours of Ancient Sunlight*

*The Book of Stones* is a compelling reminder that the ground we walk on is sacred. Robert Simmons shows that an encyclopedia of minerals need not be dry and dusty. This work is many-faceted, full of mythic implications. Robert writes with the surety of a scholar and the grace of a poet. His co-author, Naisha Ahsian, gives us, in the most natural way, a glimpse of the supernatural, woven in with every mineral.

—Stephen Larsen, author of *The Shaman's Doorway* and the Joseph Campbell biography, *A Fire in the Mind*

This is a book written with loving attention by two gifted practitioners who have each spent over twenty years learning, through study and experience, what the crystals have to offer us and how we can work with them for self-healing and enlightenment.

—Metaphysical Guide Magazines: Buyers' Guide



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# Moldavite

## Starborn Stone of Transformation

by Robert Simmons



For 20 years now, I've been a stone lover, trader, learner and teacher, exploring the mineral kingdom and its synergistic relationship with human beings. The stone that started me on my path — actually pulled me kicking and screaming into a spiritual life — was a curious green material called Moldavite.

Moldavite is a member of the Tektite group, a glassy mixture of silicon dioxide, aluminum oxide and other metal oxides. Its crystal system is amorphous. The color of most specimens is a deep forest green, though some pieces are pale green and others, especially those from Moravia, are greenish brown.

Moldavite's formation coincides with the crash of a large meteorite in what is now the Bohemian plateau of the Czech Republic, approximately 14.8 million years ago. Most specimens are found strewn throughout that area.

The force of the impact explosion has been estimated at six trillion megatons, far more than all the atom bombs on Earth. The heat was high enough to vaporize rock, and the main body of the meteorite is believed to have passed completely through the Earth's crust, penetrating into the liquid iron at the planet's core. This deep impact is said to have disturbed the currents of rotating liquid iron enough to cause the reversal of Earth's magnetic poles.

Throughout history, Moldavite has been regarded as a spiritual talisman. In modern times, Moldavite has emerged as one of the stones most prized for metaphysical purposes. Its effects vary widely, from mild to almost overwhelming, from physical cleansings to spiritual breakthroughs — yet the common denominator seems to be the revitalization and acceleration of one's path of personal evolution.

People who hold Moldavite for the first time most often experience its energy as warmth or heat, usually felt first in one's hand and then progressively throughout the body. In some cases, there is an opening of the heart chakra which is characterized by strange (though not painful) sensations in the chest, an upwelling of emotion and a flushing of the face. This has happened often enough to have been given a name — the Moldavite flush.

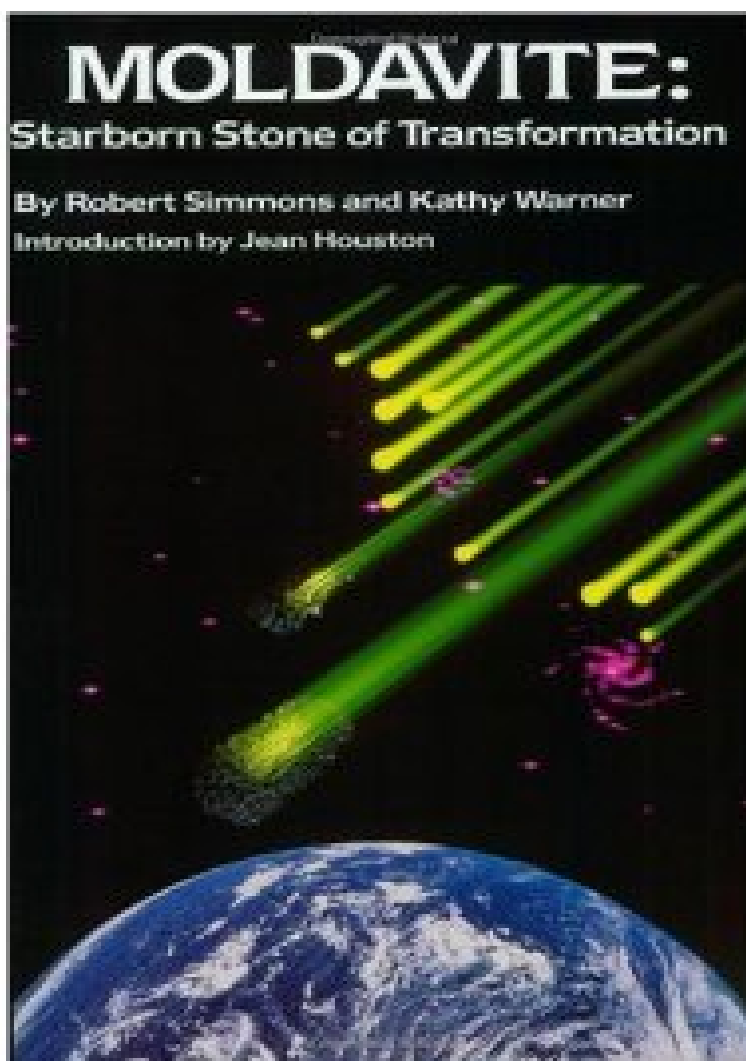
Moldavite's energies can activate any and all of the chakras. Its vibrations tend to focus in areas where one has blockages or wounds, first clearing these areas and then moving into resonance with one's entire energetic system.

Moldavite offers the promise and carries the potential for assisting one in fully awakening the intelligence of the heart. Through the heart's electromagnetic field and its accompanying field of unmeasurable subtle energies, we can directly perceive the conditions of other people and the world. The heart's field resonates to all-that-is, from atoms to galaxies, from individual soul to cosmic consciousness. And the heart not only perceives — it also changes conditions. Through the heart's will, it is possible to alter reality, and, knowing this, one has the responsibility of willing the highest good in each moment without knowing what form it will take.

Moldavite is a powerful aid for meditation and dream-work. In both cases, taping a piece of Moldavite to the forehead can have the effect of creating a much more vivid and visionary inner experience. Moldavite increases one's sensitivity to guidance and one's ability to discern the messages sent from the higher realms. Moldavite can be a powerful catalyst for self-healing, clearing blockages and opening the meridians, as well as energizing the interconnections between all aspects of one's etheric, astral, causal and physical bodies.

**Moldavite is a talisman of spiritual awakening, transformation and evolutionary growth.**

## **The Book**



## Excerpt From The Book Of Stones

Scientific theorists differ on hypothesis regarding Moldavite's origin. Some contend that Moldavite is an earthly rock melted by the heat of a meteorite crash, while others suggest that the material is of extraterrestrial origin possibly a type of obsidian ejected by a lunar volcano. A third theory holds that Moldavite is a fusion product of meteoric material and earthly rock that were vaporized in the intense heat of impact explosion, the resultant gas being propelled high in the atmosphere. This gaseous material would have then cooled and condensed into a liquid gas which 'rained' down on the crater and surrounding areas. Regardless of which, if any, of these ideas is correct, it is known that Moldavite indeed fell from the sky because of the aerodynamic shape of certain pieces, and virtually all scientists associate it with meteoric collision that formed the Bohemian plateau and surrounding mountains.

The event which gave birth to Moldavite was one of tremendous power. The force of the impact explosion has been estimated at six trillion megatons, far more than all the atom bombs on earth. The heat, as mentioned above, was high enough to vaporize rock, and the main body of the meteorite is believed to have passed completely through the earth's crust, penetrating into the liquid iron at the planet's core. This deep impact is said to have disturbed the currents of rotating liquid enough to have caused a reversal of the Earth's magnetic poles.

Throughout history, and even pre-history, Moldavite has been regarded as a spiritual talisman. The Neolithic people of Eastern Europe wore Moldavite at least 25000 years ago, and the famed Venus of Willendorf - the earliest known goddess statue - was discovered in a digging site which contained a number of moldavite amulets. People of that period also used Moldavite for arrows and cutting tools.

More recently, Moldavite has been viewed as a relic of the legend of the Holy Grail. In some recountings, the Grail was said to be not a cup but a stone, an emerald that fell from the sky. In other stories, the Grail cup was carved from Emerald. The correspondences of the Stone of the Grail and Moldavite are clear. The ancients called all clear green gemstones 'Emeralds', and Moldavites is the only such stone to have ever fallen from the sky. In history, there was even a physical 'Grail' discovered and brought to Napoleon, who was disappointed to find it was green glass. But, of course, Moldavite is green glass. Another chalice, this one made of gold and adorned with Moldavites, was passed down through the centuries and disappeared during the second world war. In the 1930's, the famed artist, mystic Nicholas Roerich, compared a Moldavite (which he called agni mani, meaning 'fire pearl') to the fabled stone of Shambhala, further asserting it was the same stone contained in the holy grail. Interestingly the energetic effects of Moldavite was believed to bring harmony to marital relationships, and was used as a traditional betrothal gift for centuries. Once again, the Stone of the Grail was believed to have similar properties.

In modern times, Moldavite has emerged as one of the stones most prized for metaphysical purposes. Its effect varies widely, from mild to almost overwhelming, from physical cleaning to spiritual breakthroughs - yet the common denominator seems to be the revitalization and acceleration of one's path of personal evolution.

People who hold Moldavite for the first time most often experience its energy as warmth or heat, usually felt first in one's hand and then progressively throughout the body. In some cases there is an opening of the heart chakra which is characterized by strange (but not painful) sensations in the chest, an upwelling of emotion and a flushing of the face. This has happened often enough to have been given a name - 'The Moldavite Flush'. Other ways of feeling Moldavite's energies include pulsation in the hand while holding the stone, tingling in the third eye and heart chakras, a feeling of light headedness or dizziness, and occasional sense of being lifted out of one's body. Most people



feel Moldavite exits their energies and speeds up their vibrations, especially the first days or weeks, until one becomes acclimated to it. However some individuals, especially Starborns, find that Moldavite relaxes them, as if it were a little piece of home.

Moldavites energies can activate any and all of the chakras. Its vibration tend to focus in areas where one has blockages or 'wounds', first clearing these areas and then moving into resonance with ones entire energetic system. Resonance with Moldavite can take on many forms - chakras can open; synchronicities can increase in frequency and significance; ones dreamlife can become dramatically more meaningful and vivid: one can connect with spirit guides: physical, emotional or spiritual healings can happen; jobs and relationships may change; meditation can become more deep and powerful - yet all these can be viewed as symptoms of a shift in ones own energies. This shift is what Moldavite can catalyze. With it's high and intense vibrations, it can resonate with ones energy pattern in a way that creates an intensification of ones spiritual vitality and an acceleration of ones progress on the path of ones highest destiny. This is much the same effect that the legend says one might have received through exposure to the fabled Stone of the Grail.

The spiritual Grail may be thought of as the awakened and fully realized intelligence of the human heart. Moldavite once again parallels the Stone of the Grail in it's affinity to the heart and the heart chakra. Through the hearts electromagnetic field and it's accompanying field of unmeasurable subtle energies, we can directly perceive the conditions of other people and the world. The hearts field resonates with the all that is, from atoms to galaxies, from individual soul to cosmic consciousness. And the heart not only perceives - it changes conditions. Through the hearts will, it is possible to alter reality, and, knowing this, one has the responsibility of willing the highest good in each moment without knowing what form it will take. Moldavite offers the promise and carries the potential for assisting one in fully awakening the intelligence of the heart.

Moldavite is a powerful aid for meditation and dream work. In both cases, taping a piece of Moldavite to the forehead can have the effect of creating a much more vivid and visionary inner experience. Moldavite increases ones sensitivity to guidance and ones ability to discern the messages sent from higher realms. Moldavite can be a powerful catalyst for self-healing, clearing blockages and opening the meridians, as well as energizing the interconnections between all aspects of ones etheric, astral, causal and physical bodies. Like the ancient, fabled agni mani, revered in ancient lore, Moldavite is a talisman of spiritual awakening, transformation and evolutionary growth.

In addition to use in meditation and dream work, Moldavite can be used as jewelery. This conveys the advantage of being able to keep its energies in ones vibrational field throughout the day, for further strengthening of its effects. Doing this also draws an increased incidence of beneficial synchronicities into ones daily life. Some people have to accustom themselves gradually to wearing Moldavite, because of it's energetic intensity, but most will make the adjustment in a few days.

Moldavite also offers an energy of spiritual protection. When one is in resonance with it's high-frequency vibrations, negative entities and energies cannot connect with or hang onto ones field. In alignment with its transformational properties, Moldavite tends to disconnect one from unhealthy attachment and magnetize the persons and situations one most needs for evolutionary progress.

Moldavite can be cut and faceted into gems and other forms, some of which can enhance its energies. The forms which can enhance its energies. The forms which magnify and focus Moldavites vibrations include pyramids, Platonic solids, spheres and star tetrahedrons. The most powerful gem cuts are round brilliant, radiant octagon, trilliant and oval. Round moldavite beads are both gentle and powerful. Like spheres, they allow an even omnidirectional flow of Moldavites vibrations, accompanied by a kind of softness, which may come from the stones rounded shape.

Moldavite is an ideal stone for use in making energy tools. It can be glued or otherwise attached to other stones to magnify both energies. It can be added to wands, headbands, templates, grids and all sorts of devices to intensify their effects.

Moldavite has the ability to enhance and accelerate the beneficial effects on many other stones. It works well with all types of Quartz, as well as Amethyst, Citrine, Rose Quartz, Sugilite, Charoite, Lapis, Larimar, Rhodochrosite, Aquamarine, Heliodor, Pietersite, Smokey Quartz, Selenite, and most other gemstones. For enhanced visionary experience, Herkimer 'Diamonds' are an excellent ally. Genuine Diamond, in crystal or gem form, further intensifies Moldavites transformational energies. Libyan Gold Tektite increases Moldavites empowerment of the third chakra, focus of personal power and will.

Moldavite is one of the 12 synergy stones, along with Danburite, Tanzanite, Azuulite, Phenacite, Herderite, Tibetan Tektite, Satyaloka Quartz, Petalite, Brookite, Natrolite and Scolecite. This combination is the most powerful yet discovered for enhancement of the etheric pattern of the perfected self. Moldavite also works harmoniously with each of these stones on it's own.

If one were forced to be marooned on a desert island with only one stone as an ally, Moldavite would be an excellent choice.

## **Chapter 13**

### **Visionary Music Inc. And DNA Activation**

All information in this chapter was written by JoAnn Chambers and can be found on the [www.activateyourdna.com](http://www.activateyourdna.com) website.

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## ~Welcome Home~

(we've been waiting for you)

**Are you feeling the acceleration of energy on the planetary grid these days?**

**Is it time to go DEEPER into your meditative states?**

**Do you have a deep sense that there is a greater reason for your incarnating here at this time?**

**Are you walking a spiritual journey focused on ascension dynamics and actualizing/grounding 5th World/Heaven on Earth templates in your life?**

**Do you want to align with the incoming 2012 frequencies?**

**Do you want to connect with higher frequencies of Light/Sound/Color to assist you on this journey?**

**Do you want to manifest Abundance in all areas of your life?**

**Are you Ready to Actualize and Step Up into Your Full Potentials?**

***Your primary task at this time, is to learn how to quickly and easily access Universal intelligence to facilitate the changes that are necessary in your own personal energy matrix and that of the planetary grid.***

### **Are you Ready to Access this Knowledge?**

**Our DNA Activation soundscapes are the next evolution in sound healing/transformation** that will provide a platform which illuminates the collective energy pool available for all who desire to drink of this nectar. Your **DNA contains the blueprint for the potential of your unfolding divinity** -- the supervital state of our next evolutionary cycle of wo/mankind. DNA acts as a receiver and a transmitter, much like glowing fiber optic telephone lines of higher intelligence and information that connect us to our neighbors, the World and to the Universal Matrix of Energy. When you connect your consciousness to your DNA using directed **INTENT**, you can literally Light Up the pathways throughout all the myriad dimensions that you are and are connected to.

### **INFO ON THE CREATORS OF THIS WORK AND SLIDESHOWS OF THEIR STUDIOS AND LIVE EVENTS**



There was a time in our history where mental body development through book learning and academic studies was necessary and important to develop the intelligence and higher cognitive functions of the species. There are not enough hours in the day anymore to assimilate the labyrinthian amount of data that seems to be required in order to keep up with the accelerating pace at which the world is moving. We desire quicker methods to absorb, assimilate and most importantly discriminate the quality and usefulness of the information we process and receive in order to empower our lives and our growth on many levels in the most effective and efficient ways possible. We have learned by building computers and creating software that easily downloads into the CPU (brain) to increase the capability of our personal computers. Our DNA is infinitely capable of the same process when one understands how to tap into that ability. **Sound/frequency/vibration transcends the perceived boundaries between dimensional planes of existence.** When one learns how to direct ones consciousness to merge with sound and then travel with that sound, one is then able to communicate with multidimensional realms of reality.

*DNA is a bridge between Matter and the Divine. It is the gateway through which Spirit emerges into form. It is a multi-dimensional portal to the superluminal field of the 12 dimensions and beyond. ~Shapeshifter*

**Sound is the carrier for connecting the information between all dimensional realms** and when you learn how to shift the focus of your conscious awareness to merge with the sound, letting go of the physical/3D aspects of things and Become the Sound, gateways and portals will open up to you and knowledge will unfold from within allowing you to create your dreams and visions into Reality.

### **Are you Ready to Dream your Dreams into Reality?**

- Many know there are ways to awaken our higher potentials; to utilize more than 10% of our brain power and to access more than 3% of our DNA. **The best kept secret is that it is literally an "inside job!"** One in which you are in control of.
- Get off the treadmill of doing, learning, amassing knowledge and taking endless workshops, classes or courses. Learn how to **absorb and process information vibrationally and multidimensionally.**
- Learn to **trust your heart** and gut feelings: **be awake** to your experience. Allow **synchronicity and intuition** to guide your path.
- Is your dominant desire to **recreate your personal history** and view of the world; to **live free from limitation** and **open up to infinite realities...**

### **Are you Ready to Wake Up, Remember Who You Are and Unlock your Dormant Potentials?**

The healing & transformative effects of sound have been used for centuries. The advanced technology used in our musical soundscapes allows for the vibrational attunement of frequencies that bypass the conditioning and resistance of the ego mind. These soundscapes evolved from a loving intent to assist mankind throughout the current transformational cycles unfolding on the



planet. The vibration of the planet is accelerating and this work, of global importance, is to support individual potential in stepping into and claiming personal power.

### **NOW IS THE TIME TO EVOLVE**

#### **Money Back Guarantee**

**These DNA Soundscapes will accelerate your Spiritual Path, while allowing you to be productive and effective in the 3D world.** We stand behind this work and behind you in your expanding self. We are here to assist you throughout this journey in many ways. With over 20 years of proven results along with ancient knowledge behind this work, we believe in the power it carries to expand potentials and open up the continuity of flow in your life. There is great value in stimulating the brain and amassing knowledge. But the **KEY** to the continued existence of the planet as a whole and in support of the thriving, prosperous, joy-filled and loving beings who inhabit her is accessing the **CREATIONAL ENERGY** that defies any thought or action that limits our divinity.

**There is no technique!**

**The courage to pursue dreams lies in believing they are real!**

**Beyond that -- we need only to get out of the way and let them unfold.**

**We are multidimensional beings with layer upon layer of potential.**

The gauge for how much of our potential is awakened is the magnitude of love and fullness of joy that flows through us each and everyday, no matter what task we may be doing or involved in at the time.

We came into this existence pure, Light-filled and free from all limitations. We were connected to our joy; in touch with the expression of our feeling nature; without fear in the willingness to try something new, to grow and to learn. **We were FREE to just BE.**

*The memory of that state of being  
and the cellular ability to renew and restore  
inherent perfection and wholeness is **within you.***

We are all a product of our thoughts.

Are you Ready to Quiet the Ego's Chatter  
and Listen to the Still Small Voice Within?

The circumstances, limitations, obstacles and feelings of our current reality have been called forth according to the preconditioned view of society imposed upon the thinking mind.

### **What is DNA Activation?**

It is a process of awakening dormant potentials within the [multidimensional](#) human [DNA codex](#).

### **Why does someone want to Activate their DNA?**

Because you are aware that there is more potential within you than you have been able to access and bring forth into manifestation.

*Evolution, by its very nature is not always what  
you expect.*

### **How do the DNA Activation LevelOne soundscapes assist me in this process?**

Sound is the fabric of our entire existence. Each of us represents our own personal symphony of sound. Each individual life could be scored like a movie soundtrack. Many are stuck in a groove playing the same old song with slight variations, over and over and over again throughout the entire course of their life. These soundscapes invite you to play a new song by learning how to become sound in action.

### **How does sound/music activate my DNA?**

Initially the music will establish a [resonance](#) with whatever symphony you are currently playing. In a sense they will begin to dance with you. The sounds used in these recordings are evolutionary -- they are new to the human ear. As you listen to them, they gently begin to stimulate new [neural pathways](#) throughout your body. This gradually starts to create new perceptions of reality as perceived through your 5 main senses -- hearing, sight, smell, touch and taste. In addition, these evolutionary sounds start to awaken your sixth sense, that of intuition and psychic perception. This is the area where much of your dormant potential is hidden, waiting for the right sonic keys to open these doors.

The DNA Activation soundscapes were created with this INTENT.

*Our intent is to unlock and activate the codex within the DNA through sound and vibration.*

### **Why would working with these DNA Activation soundscapes be important for me at this time in my life?**

You already know the answer to this question deep within your being if you are reading this information. Ponder your life and the existence of the reality in which you live now. Do you believe that there is a greater intelligence overseeing life on this planet and the evolution of mankind? Would you agree that it is inherent in the fabric of our being to seek a higher order of existence, to continually strive to learn more and be more? If so, then you would also concur that this [Unified Intelligence/Source](#) out of which we all evolved would not have created a multidimensional existence of worlds without providing a means to communicate with and empower the infinite extensions of Itself.

*Certain resonant frequencies have profound effects on the codes within the DNA, keys that have been waiting for thousands, perhaps millions of years for the right evolutionary sequence to be activated*

Following this stream of thought, this avenue of communication would need to bypass the ego mind and resonate at a cellular level of one's being in order to speak to and awaken the Expanded Self; the infinite aspect of one's nature that carries the memory and intelligence of many realms and existences. Music is the ideal carrier wave for this form of communication to occur -- a Universal telephone line.

Music is more than a gift of beauty and entertainment for mankind at this unparalleled moment in the Earth's history. It has been documented that certain resonant frequencies/sounds have profound effects on the codex within the DNA; keys that have been waiting for thousands, perhaps millions of years for the right evolutionary sequences and musical patterns to activate them.

Your DNA accumulates all data, then sorts it and catalogs it constantly. It is your personal connection to what has been termed the [Akashic Records](#), containing data from all of your incarnations, throughout all time and space. Learning how to tap into this wellspring of information will provide access to your personal potentials, but also to the unlimited source of Universal Intelligence.

It is not important that you personally know everything about everything, the task of that is immense, but what is important is that you know what you need to know right when you need to know it. This is Universal Intelligence and you have within you the ability to tap into that unlimited Source and make the necessary connections to find the information you need to actualize the tasks and goals your heart desires.

What this means to you is that once you set your intent on the tasks/goals/visions you need to manifest, you can put that desire out through the Universal telephone line and tell the Universal Energy Field (UEF) just what you are in need of. The music assists by providing the carrier wave of energy needed to send this directive out to ALL dimensional realms. Following this process, you then only need to become aware of how Spirit starts to bring forth the information/contacts/connections/information you are in need of towards you. You become a [synchronicity generator](#).

*Consider on facet of what these CDs represent as being a kind of energetic food, or fuel. The energy of the music is absorbed through intent.*

As an example, you decide you want to write a book but you don't know anything about how to make that happen. So you set your intent and ask the UEF to provide you with the information you need to know to get you started. While listening to the music, you use your imagination and creativity to begin painting the picture of this reality. What you initially see first is the end result - that of being a successful author. But there are many steps that you will need to take before that happens. You set this goal and initiate the process to begin. This spark of desire is captured and literally goes out into the UEF and starts to make connections that match the energetic composition of that intent. That afternoon you go out to lunch with a friend and she tells you that she just met this wonderful person who is an author and has just been published. She invites you to meet him for dinner that weekend at her house so you can talk to him about book publishing. This is synchronicity, this can be generated daily in your life if you learn how to master this process consistently and continuously throughout your journey to manifesting your life as a published author.

The more your DNA becomes activated, the quicker this all happens. Rather than spin your wheels doing the "work harder to succeed more" routine, you will learn to slow down, be still more and manifest from



making a deeper connection to the UEF/Source.

### **How do these DNA soundscapes activate my DNA?**

Everything that exists in all dimensions is a combination of **frequencies**. Frequencies combined creates **vibration**; which is sound. So you could say that everything in 3D and beyond has its own unique tonal expression.

*The music creates a coherent multidimensional wave of energy that harmonizes your environment, which you can ingest into your Light Body, your cellular memory and your DNA.*

The sounds in the DNA music encompass infinite combinations and patterns that are available to mankind to explore -- a smorgasbord of potentials, one would say. They contain millions of possibilities available in the full spectrum of the human DNA.

When you learn how to become sound and drop into the flow of these musical soundscapes, you establish a resonance with all these potential combinations by connecting with the UEF. From there, it is up to you to guide the ship in the direction that you want to go. This is not something that happens to you, it is something you direct with your INTENT. This is the key.

### **How do I know these soundscapes are activating my DNA?**

The gauge for knowing that your activation has begun is the sense of joy, passion and vast love you rise to and walk with each day. Your life begins to change in positive and tangible ways that cannot be denied. A deepened sense of knowing emerges from somewhere deep within you. You will begin to sense a greater spectrum of connection to all things around you. A certain type of flow feeling begins to occur in your life. Your intuition starts to emerge along with your ESP abilities and synchronicities start to increase and happen daily. Magic starts to become real again to you.

### **How do these soundscapes awaken my dormant potentials?**

Through sympathetic resonance.....

97% of what the scientific community has designated "junk DNA," in truth, holds the infinite reach of our hidden potential. Yet, it is lying dormant; asleep, and in need of awakening. This aspect of mankind has been dormant until a time when our consciousness developed to such a place that we would seek to find the hidden keys to unlock the doorways to our higher gifts. Actually a time when it would become necessary for our very survival to evolve and assume a higher role in the Universal realms of Light.

There is safety and comfort in the known, but there are varying degrees of complacency and inertia that settle in when your spirit and passion are not being nurtured and engaged.

The vibrations and frequencies in these soundscapes are so pure and fine-tuned as to be able to by-pass the constant chatter of the ego: the doubts, resistances, illusions of fear and limitation that keep us from being fully conscious and reaching for more. A small inkling of that more is the awareness that your DNA is a receiver, a transmitter and the **Grail** that holds the **Living Light** and information of all the myriad dimensions that you are and are connected to. The key to unlocking that potential is found in the resonant frequency and vibration of sound.

*As your encoded information is released, it will flood the cells with vital energy, raising the vibration of the physical, the energy body and beyond.*

These soundscapes are the new sustenance for the physical, emotional, mental and spiritual bodies. When you start to perceive and accept with radical, full body awareness that you are composed of vibrational fields of energy, you will come to understand that sound and frequency become part of the food that feeds this energy vessel.

### **What are the Primary Benefits I can expect to receive when working with the soundscapes?**

You will know your Self better and feel more fitted and grounded in your body than you realized possible. You will come to know the answer to these questions and more: "Who Am I?" "How did I get here?" "What is my purpose?" "What am I capable of becoming?"

The same 3D experiences and challenges may present themselves to your reality but they won't stick and become a part of your being as before. You will learn to keep the vibration of your spiritual identity above it all and not be so affected by the density of 3D mundane details. You will no longer carry the weight of emotional baggage around with you all the time.

You will learn to be in this world but not of it as you discover the gift of holding higher levels of vibration

and expanded levels of awareness in dancing with the various scenarios and lessons of your becoming. No longer will the negative situations in your life hold you back as they will come to be seen as challenges that you move through in order to reclaim your power. You will see the higher purpose in these events and move through them more quickly, because you will release the [victim consciousness](#) & realize you are responsible for the reality you experience.

You will rest deeper so that your body gets the sound sleep necessary to grow your Light and expand, thereby initiating profound states of self healing.

Dreams will become a nocturnal storyline to guide your choices and decision making during the day.

Synchronicity will be an everyday occurrence in your life.

You will be more pro-active and less re-active to life's adventures.

A true sense of calm will come over you and you will be more trusting of the big picture and less bothered by life's details.

Joy will be more matter of fact in your everyday world.

Your countenance will soften and you will feel at the beginning of something exciting and brand new; continuously.

Doldrums, boredom and same old same old will be expressions unknown to your vocabulary.

Gratitude and Love will be expressions that you feel at the core of your everyday self.

In addition, the following is a list of some of the common effects & benefits others have reported while working with these soundscapes.

- More relaxed
- Less stressed overall
- Sleep better
- Deeper sleep
- Enhanced dream activity
- Lucid dreaming awareness increases
- Deeper meditations
- Third eye visions activated
- Intuitive awareness expands
- New levels of creative expression awakened
- Consciousness becomes more fluid and open
- Able to sustain conscious awareness for longer periods of time in meditation states
- Need less sleep
- Wake up more refreshed
- May enhance healing processes in physical body
- Stronger connection to various forms of divine intelligence and to All That Is
- Spontaneous pastlife memories surface
- Increased ESP/psychic abilities
- Increase manifestation abilities
- More synchronistic events
- Overall feel happier and joy-filled, more grateful
- Feel lighter, more energetic
- Become more aware of vibrational fields and the matrix connecting all things
- Increase in remote perceptions
- More in flow with life's events
- Increased ability to balance emotional states
- Moving through blocks easier
- Enhanced Remote Viewing practices
- Children & pets respond by being more calm and relaxed
- Dormant creative talents released
- Deeper understanding of sound and frequency via music
- greater sense of non-attachment
- more response oriented, less reactive
- keen sense of connection with various animals and nature
- body wisdom guides diet choices toward needs vs. wants
- grounded sense in stance and gait; more "fitted" in one's body

*It is our joy and our gift to bring forth these DNA Music soundscapes at this wondrous time in humankind's history. The information in this Companion Guide expands upon the multidimensional knowledge that is contained within the soundscapes, which awaits your sincere intent to be activated. In this introductory guide, we will share with you our current body of work as it relates to the LevelOne DNA Activation Series — how they were created, what their purpose can be in your life and how to use them. The more you understand about their creation, the more powerful the effects of your listening experiences can become. The information presented in this booklet is written for beginners as well as those who have been exploring this topic for some time. The writings come forth as channeled teachings, from our personal studies and from our extensive explorations with the DNA soundscapes.*

*This first series is only the beginning of what will be a marvelous adventure into the manifestation process of becoming a being of Light, infused with the unlimited abundance of the Universe. Enjoy your journeys!*

As you read this information, be sure to turn the DNA music on in the background to help you assimilate the information on all levels.

SHAPESHIFTER

### Consider this for a moment . . .

In the wondrous body human, the "double serpent" DNA strands within the nucleus of each cell, if stretched end to end, would be over 125 billion miles long. This biotechnology contains over a hundred trillion times as much information as our most sophisticated storage devices. DNA is composed of a hyper sophisticated language within the 2 genomes and their backup copies contained in each human cell. Within the genomes, the dual ribbon DNA winds around itself forming 23 chromosomes in two pairs. The total genetic information, within these structures, is a sequence of over 6 billion base pairs or 12 billion "letters." The code for the proteins and enzymes, the genes, represents roughly only 3 percent of the mapped human genome. The function of the remaining 97% is as yet unknown to conventional science. We believe that the repeat sequences of this 97% contain coded information to evolve the energetic structure of the body human, spirit in form. It is our sincere intent to activate this dormant information through the higher vibrational energy of sound, to "Modulate The Lifewave."

### Our Approach to DNA Activation . . .

Music, sound, modulation, frequencies and vibration are fundamental elements emanating "beyond" and through the core level subatomic of this level of reality. We are energy beings composed of various frequencies that mesh together to form the matter that we call the human body. A much larger part of who we are exists in the non-visible, etheric realm of energy. What we know to exist in the realm of 3D reality also exists in higher octaves of Light. These interpenetrating layers from the physical to the etheric and beyond reach out into the Universal Oneness and connect us to All That Is. These DNA CDs were created with the intent to connect these worlds into one multidimensional experience, to create a smooth, seamless transition from one to the other — to build the frequency maps within this vast multi-dimensional territory we call consciousness. Some of the sound patterns in these CDs resonate on some levels with the unique energy matrix that is

"you" immediately, while other sections may be a bit more of a challenge to integrate. This is as it should be, as we are activating first level evolutionary codes within the DNA. Evolution, by its very nature, is not always what you expect. This music may seem simple or complex, rhythmic or ambient, alien or divine. We can assure you that it is a reflection and celebration of you, a gift from the deepest levels of who you are, what you need at this stage in your becoming, so go with the flow with a sense of adventure.

Some brief statements now about DNA activation — DNA is a bridge between matter and the Divine, the ongoing unfoldment. How wondrous is the body human, the temple of our being. Our intent is to unlock and activate the codex within the DNA through sound and vibration. There are many stories and myths of these codes, why they are there and a hint of what they might contain. Stories of "alien" intervention within the history of mankind, of the rise and fall of ancient civilizations now shrouded by the mists of time, far more advanced than our own. There is much that all but the most objective and open-minded scientifics of this world have, in the past, refused to acknowledge. Much is changing and with the accelerating consciousness on this planet much will be revealed. We, on another level, are also learning as the multi-timeline, multi-dimensional tale unfolds. We follow the path with clarity, awareness and intent — then we relay the information to you.

We realize that such scientifics and self proclaimed skeptics may challenge our work and the basis thereof. They live in a world of validation, measurement, established procedures and rules. Newtonian mechanics is not dead after all; it has just donned another mask. That paradigm does work to some extent within the narrow confines of said form. The observer does affect the observed. You get what you believe within your defined experiential world grid. Observe, define and explore our creative output and its effects on human biology, physiology and psychology to the depths that you can. If you can do this objectively without what we would term "The Amazing Randy Syndrome" you will learn something. If in this lifetime, your chosen path is to explore the

parameters of logic and the mind, have fun and have at it. We will not adopt a defensive posture, for there is nothing to defend. We, for the most part, are shamanic travelers, intuitives and creatives. We are what we are, we do what we do, let the results speak for themselves. There are those on the planet at this time whose consciousness is of a more open, objective nature that will enjoy exploring our output from a more expanded approach. It is to those of you that we extend a warm welcome to research and explore. Let's review the results from a space of collaboration and mutual respect for each others gifts.

Certain resonant frequencies have profound effects on the codes within the DNA, keys that have been waiting for thousands, perhaps millions of years for the right evolutionary sequence to be activated. As a tuning fork generates waves in the air creating a certain pitched sound, current synthesizer technology is able to create a full-range harmonic spectrum that Modulates the Lifewave and activates the codes. It is no accident that mankind's electronic sound generating devices have evolved to the point where resonant vibratory frequencies can be generated to create these evolutionary currents of energy. In our approach to DNA activation, from the information given to and through us, our sincere intent is to raise the vibration of the physical to a more expanded level, reaching the full potential of spirit manifest in matter. There is a purpose, beyond the learning of lessons, as to why humanity has chosen to adapt to and adopt incarnate forms. The secret to this mission, of why we are really here, is in the very heart of matter itself.

The sonic key will fit the lock; the veils will be lifted. As the encoded information is released it will flood the cells with vital energy, raising the vibration of the physical, the energy body and beyond. Those who make the conscious choice, will reach a new level of expression — a new level of the Game. In gentle stages, so the process will integrate with who you are — as much as you can handle and no more. Under your free will and directed by your sincere intent. It's not about ascending, but about fully becoming.

Resonance leads to an implicate higher order. Instead of repairing something that is dis-eased, our approach is to simply invoke this higher blueprint — a more expansive state of spontaneous re-generation. So you want to live an extended life, to youth yourself or become physically immortal. You can, if you can believe. Or if you seek unlimited

abundance and freedom, more flow, to awaken, to be fully alive, to open to more love and enlightened relationships. Accept your connection with All That Is, intend these things, accept the wonder of what you are and begin to believe. Your active participation is required. This LevelOne DNA Activation Series we now offer you will begin to prepare you for the more profound stages of individual and collective evolution yet to be revealed. To integrate the true energy of transformation, you must fully embrace that which you are. Go as far as you choose to go.

Shapeshifter creates these enveloping soundscapes with the highest intent and an empathic connection to All That Is. These compositions are therefore created in a sacred space of being and for the empowerment and enlightenment of all. Because you each have free will, you always have the choice of how deep you immerse yourself (by this we refer to the aware personality matrix), into the vibrational space we have created. Yes, we are activating a higher level, more integrated energy field not only within your inner being but also in your outer environment as well — into your living space, your place of work — wherever these CDs are played. Consider the positive implications of this information. Harmony, expansion and an increased quotient of Light will uplift your vibration and therefore through resonance, the vibration of those around you and your interaction with the world will flow in increasing harmony. New opportunities will manifest in more attunement to your heart's desires. Synchronistic events will emerge in your ongoing Vision Quest and you will live a life full of wonder and magic each day.

How can all of this happen from just listening to a CD, you may ask! Well, it can't. Not by playing the CDs as if they are background musical wallpaper. There is no magical wand that anyone can wave over your head and suddenly everything in your life has

transformed without any consciously directed intent, without any active participation

on your part. Nothing of true and lasting value ever works that way. Again, the factor of free will comes into play. You must make the inner decision to lovingly immerse yourself and trust in the process because you wish to move forward, to transcend inertia, to grow, evolve, whatever you term it. If you do so, your intent will connect with ours and your potentials will unfold — the possible becomes real. Real to the level that you are willing to direct your

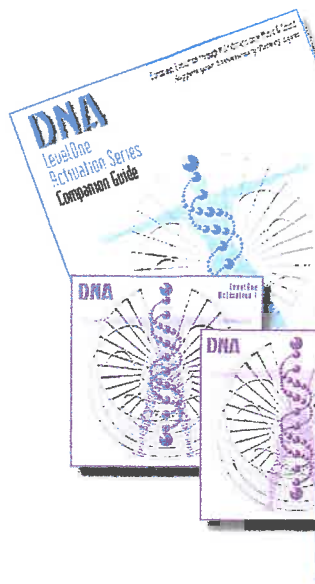
*Evolution, by its very nature,  
is not always what  
you expect.*

*Our intent is to unlock and  
activate the code, x within  
the DNA through  
sound and vibration.*



# Conscious Evolution through Multidimensional Music & Sound

*Support your Evolutionary Path of Light*



**DNA.LevelOne.Activation.1 2 3 4** — From the deepest space within, waveforms of a higher implicate order resonate the codes within the DNA, unfolding the magic and wonder of all that you truly are. This set is a powerful channeling of original soundscapes created with the intent to activate the codex within the DNA, the bridge between the multiple dimensions of matter and the Divine. Travel on cyber-shamanic journeys into the many faceted realms of Light and Awareness. Each CD is a 50 minute journey shapeshifting through the infinite probable realities of your being, awakening and activating your unfolding potential. These world-class ambient adventures, with many space music elements, take you through inner and outer landscapes for deep consciousness explorations into the very heart & soul of All That Is. The soundscapes of this series are very multidimensional, shifting and changing each time you listen. Utilized with conscious intent, they are profoundly powerful tools to prepare you for the next wave in evolution now manifesting on the planet. [electonica.ambient.cyber-shamanic]

**DNA.LevelOne.Companion Guide** — This booklet contains comprehensive information regarding Shapeshifter's approach to DNA Activation through music/sound as well as answers to many frequently asked questions regarding this work. Some of the common effects and benefits are listed along with testimonials from other explorers. Many different listening suggestions are presented that can be used to incorporate these soundscapes into all aspects of your life. Shapeshifter's background and history in

sound healing research is revealed along with guidance on how to utilize higher consciousness music in all your transformational processes. Several guided journeys and meditations are provided to get you started on your explorations. The Companion Guide is highly recommended to enhance your experiences while exploring these soundscapes and provides insights that will bridge the gaps between your right brain intuitive feelings and your left brain analytical thoughts. (56 pages 8.5 x 11 color)



**DNA.LevelOne Flower/Gem Essences** — Four flower essences have been especially created to accompany the DNA.LevelOne.Activation Series. These Andean/Peruvian Orchid essences work with your energetic/etheric/light field, so they are ideally suited to working with the music/sound/frequency. A unique blend has been created to accompany each CD in the series. Flower essences are liquid infusions of flowers that are taken orally; they are not scented or used to perfume your body. They are vibrational. The Andean Orchids are the highest vibrations of flowers on earth at this time. They are considered to be Ascension flowers.



**Shamballa~Journey Home** — There is a place within all of us that is collectively known as Home. As ancient legends and myths throughout history have foretold, this sacred space may be experienced as a manifestation in 3D or as an inner sanctuary of multi-dimensional experience. In truth All is One. Within our DNA, lies the mystery and magic of Shamballa, simply waiting for you to initiate the process of awakening. As each soul travels their own path on the Journey Home, we continually raise our Light Quotient as we move into alignment with the waves of energy from the Galactic Core, through the Living Sun. This is the current cycle of the Shamballian energetics now accelerating conscious awareness on the planet. The first CD in this on-going series provides you with profound frequency maps to harmonize your body temple and its surrounding energetic fields with this vast influx of loving energy. Specific codes resonate within your bio-energetic matrix, thereby activating dormant memories and potentials through communion with The Source. These sonic messages will inspire and enlighten as the master teachers greet you, taking whatever form you are open to receive. This soundscape is a tangible manifestation, a gift in response to our collective calling, that you can utilize in your

daily life to initiate and actualize your experience of Heaven on Earth. [organic original vital evolutionary electronic.synthesis]

**Shamballa Flower/Gem Essences** — this essence was created specifically to accompany this CD. Using it along with your meditations will exponentially increase the effects of this soundscape.

**Shamballa Mandala Prints/Posters** — Putting this beautiful mandala image on the CD cover in your environment will amplify and assist you in further integrating the Shamballa matrix in to your everyday life. 8x8 Gloss Print, 16x16 Poster



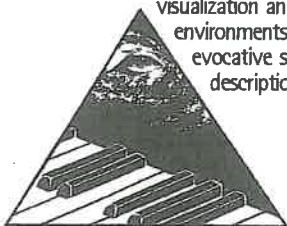
**The Odyssey** — Designed for explorations in Shapeshifter's original surround sound vortex, The Odyssey™, these sonic landscapes will ground your energy, balance your chakras and harmonize your auric field. The deep bass tones create a continuous subtle vibrational effect on the physical body which allows the undulating modulations and melodies to stretch and expand the etheric energy bodies. The music cycles through various themes, as various spiraling, swirling and rhythmic sounds engage the listener. The intent behind this music is to create a unified field within and around the human bio-energetic matrix, in preparation for altered states of exploration, shamanic journeys, out of body experiences and other ascension dynamics. Shapeshifter recommends listening to this CD prior to any of the DNA series for the most integrated and expansive explorations into the infinite probabilities of the Multiverse.

[adventurous.electonica]

**Healing** — Warm and vibrant electronic keyboard melodies that gently invite the listener to travel on an inward journey to connect with their soul in blissful communion. Tones, sounds, patterns and pulses that will awaken dormant memories of past lives and ancient wisdom lying deep within the cellular structure of the body. A gentle celebration of life; a timeless composition that can be used throughout one's lifetime in many ways — from pre-birth to final transition. The melodies in this higher vibrational music were created with the intent of creating wholeness, uplifting the vibrational essence and returning one's conscious awareness to The Source. [electonica.ambient]



**Myth, Magic & Mystery** — 8 shamanic journeys that invite you to travel deep into inner realms of imagination and creativity. Excellent for visualization and developing clairvoyant abilities. Recommended for driving, creative playtime, dancing/movement & work environments as well as creative meditation work. Babies & children also love this CD as it contains a variety of unusual and evocative sounds that stimulate the creative spark. Each cut is a mini-soundtrack into other worlds of adventure. A description of each story is presented as an aid for visualization. [eclectic.electonica.cyber-shamanic]



**Visionary Music**

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\*A portion of all monies received will support EVOLVE, a non-profit foundation for supporting higher creativity and conscious evolution through music & multimedia technology.

# **Chapter 14**

## **The Harmonizer**

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## *Light-Life Harmonizer*



By adding certain sound frequencies to this metal broadcast device known as an environmental harmonizer, grassroots groups throughout the world have been reducing atmospheric and water pollution, earthquake activity, violent crime, breaking longstanding droughts, and increasing crop yields in the areas where used. A sample of some of their [field reports](#) around the world show the results possible by combining this quantum technology at key grid points in the [earth](#) while using ceremony and prayer to work consciously with the [realms of nature](#).

**The Agricultural Harmonizer has been demonstrated to reduce atmospheric air pollution by up to 80% in a 60 mile radius within several days.**

Comes with CD. This Environmental Harmonizer is manufactured by Slim Spurling and is approximately 2" tall and 2" wide. It is made of copper wire and then silver plated with a gold finish coat. Creates a holographic energy field which when combined with the sound frequencies has been shown to reduce crime, pollution and harmonize the home environment. See the [field reports](#) for more information about how to use the EH in your communities.

**Environmental Harmonizer used in the pollution clearing experiments globally.**

Environmental Harmonizer \$345.00

Agricultural Harmonizer \$555.00

Comes with CD. This Agricultural Harmonizer is based on the research of Bill Reid, Bob Dratch and Slim Spurling. The unit works in the same way as the EH, however is larger in size and gauge of copper wire used. The size is approximately 4" tall and 3.5" wide. It is copper base with silver and then a top gold plated finish coat. Large unit is said to cover a larger area, so is recommended for agricultural uses. Both however can be used either in the home, in a community or in agricultural applications. For uses in a city, we have found that several smaller units (the EH) work better than one large unit (the AG). This is still experimental research and so more field work is needed in order to know how to maximize results. See our Field Reports link above for uses in cities.

## **History of the Light/Life Harmonizer**

The "Harmonizer" was developed experimentally from three "Rings" and a "Coil" through the research of Bill Reid, Slim Spurling and Jeannie Spurling. Based on the principles of the Caduceus coil and ring, the harmonizer has been found to successfully remediate "electro-smog" and water and atmospheric pollution in the field studies where it has been tested.



The extraordinary clairvoyants who joined in this early research easily defined the field radius at 100'- in all directions! With a 200' spherical "comfort zone" an Environmental Harmonizer will nicely reduce the electro-smog discomfort in even a large home. Subsequent verification by "High-tech" electronics, "Low-tech" dowsing and direct observation has confirmed the original clairvoyants description of the spherical field.

In the Spring of 1994 a team led by Slim Spurling discovered that by applying specific sound frequency patterns (Swept Clear CD) from a close by set of earphones or a common "boom box" portable radio-cassette player the spherical radius of the field could be expanded to a 15 mile radius and the indoor and outdoor air in that radius smelled distinctly of the natural ozone produced by a mountain meadow in the Spring - for hours and even days.

Each environmental and agricultural harmonizer comes with a CD for activation and a ring to contain the field when its effects are desired to be shut down.

want to learn more? sign up for our online course: [Quantum Technologies](#)  
module 4 of our Certification course.

## **Instructions for Use of the Environmental or Agricultural Harmonizer**

The device itself is a sophisticated antenna created upon certain sacred geometries found within the Great Pyramid. It is used to broadcast certain sound frequencies into the environment, thereby causing the bioacoustic patterns in the environment to become entrained to the new frequencies. This results in a shifting of the life matrix in the area and as a result increases the life energies of the surrounding environment. Things like pollution, crime, earthquake stresses, negative weather pattern, have all been shown to be linked to low levels of life (or orgone) energy. By using the sound frequencies through the harmonizer, the orgone or life field is enhanced, and the effects on the environment are noticeable in lower levels of pollution, crime, cleaner waters, etc. (see field reports for details).

So to activate the harmonizer, simply place the harmonizer (outside of the ring which came with it) next to the speaker while the CD is playing. The CD doesn't have to be loud, just barely audible is enough to be effective. This needs to be done ideally twice a day, morning and evening, to establish the new sonic matrix.

A free ring is included in order to shut the harmonizer down if you find that the effects are too disturbing to you or your family. There may be a detox effect as these sound vibrations work on cellular levels of our body as well as the environment. So in the beginning it may take some time for the people in the immediate environment (your house or office) to adjust to the higher frequencies. If this is the case you can simply put the harmonizer inside the middle of the ring provided and it will contain the energy field until such time as you feel ready to continue the process.

While the sounds broadcast through the harmonizers are effective in clearing the etheric environment in the immediate area wherever the harmonizer is placed, for optimum earth healing effects, it has been found that placement upon key grid crossing points greatly enhances the harmonizer's effects for environmental clearings. In addition, prior clearing or neutralizing of noxious earth energies, or geopathic stresses, also greatly enhances the harmonizer's function.

To learn how to clear those energies in your environment, please see our [Do It Yourself Space Clearing Kit](#), or to learn more about how to work with the earth energy grids for environmental clearing, please see our [workshop page](#). For use in the home or garden, only the harmonizer and sound frequencies are required.

## **Reports of Using the Light/Life Harmonizer**

Just thought I would give you a brief report on my current work with the environmental harmonizer. I have been in Malacca, Malaysia since Monday. When I arrived, the Air Pollution Index API was probably between 150 and 200. When we drove along the coast of the Straits of Malacca, you could not see the horizon and the sun was a mere dull glow in the sky. You couldn't see any ships in the Straits or any of the nearby islands. In addition there was a pretty distinct burnt odor in the air.

I started playing my Swept Clear tape thru the harmonizer periodically thru out the day and night. Whenever, I would think about it I would turn on the tape player and it would play thru both sides of the tape and then stop.

Each day it would get a little clear and yesterday there was a major shift in the direction and intensity of the wind and most of the smog was blown out to sea. The horizon over the ocean was very distinct, ships could be seen off in the distance, a native water hut could be seen, several islands could be clearly seen and for a while the sun was clearly visible. Last night about 5 AM I got up and went outside and could actually see stars.

Today seems like it is going to be a perfectly clear day with the API not any more than 25 or so. Perhaps I will be able to get a precise reading during the day.

I think I have begun to make believers of Nancy and my sister and brother-in-law. As one of them was about to say, "Well the wind simply changed direction" they went on to say "...maybe that is part of how the harmonizer works." Interesting stuff and as a bonus, our vacation has been much more pleasant.

I have pasted on the end a report from Reuters that was posted on the internet. Note that even though the situation is worsening in Indonesia, the conditions in Singapore and Kuala Lumpur are greatly improved. If you look on an atlas, you will note that Malacca is about half way between the two.

Sincerely,  
Dave Dartez

### **THE PERSONAL HARMONIZER**



The Personal Harmonizer affects an area approximately 5 - 7 feet around and through our bodies. It is our own personal bio-field being strengthened and enhanced by the light force energies. It is the principle of the Light Life Rings and the Acu-Vac Coil in motion. As the Harmonizer energy travels through us, following the meridian channels, it will work its way gently through the body from head to toe - down and up - down and up. A polarity flow picture of body rhythms.

A direct quote from Slim Spurling from the book "Slims Spurling's Universe", written by Cal Garrison

We boarded a cruise ship for the trip up the Nile. The valley was filled with a clinging oily haze . . . In the late afternoon we passed a sugarcane mill that belched the blackest cloud of smoke from its innards I have ever seen. We had a Harmonizer attached to an electronic box designed by Bob Dratch that we employed to good advantage. Within seconds of pushing the switch on the box to start the audio program, the smoke visibly thinned and began to dissipate around the edges and on the leading edge of the plume. It did not seem to drift as fast as before. We were able to observe this for about an hour, as the wind drift was going upstream only a little slower than our cruise boat. By the time we were out of sight of the plume—maybe an hour had passed—it was definitely much thinner than would have been expected under "normal" conditions.

For the grand experiment in Cairo we had three R-2 units consisting of a Harmonizer mounted above an Acu-Vac Coil in a case. One unit was activated by sound and the other two were "slave" units activated by the main unit.

One unit was placed about 500 feet in front of the Sphinx in a private home and on a key grid point of the sacred geometry layout of Giza. Two others were placed at the site of the temple of the Solar Cross about one and a half miles due south of the Great Pyramid. This involved a rather hairy midnight camel ride into the desert, somewhat reminiscent of an Indiana Jones thriller. We had to leave the units in rock cairns flanking the entrance to the temple, with hopes that the camel jockey wouldn't retrieve them before we were able to activate them.

We activated the main unit the next morning and then took a tour of the Cairo Museum that lasted about five hours. When we emerged from the building, we found that it had rained the whole time we were inside: an unseasonable deluge in January! The air was fresh and clean and the whole city of Cairo was free of air pollution. It stayed away until we left a few days later. Even the airport was free of the stink as we left.

Slim Spurling's Harmonizer

## The "Storm Chaser"

Light Life Technology™



With bizarre weather and seismic conditions becoming the order of the day Slim Spurling had to build a different kind of Harmonizer just to keep up with it all. Moved primarily by the "Katrina Disaster", and the hurricanes that followed in her wake, it became clear to Slim that the field effects of his existing Harmonizers cannot handle the intensity of the dynamics that feed into these severe weather patterns. Fresh off the workbench, his newest inspiration, the 'Storm Chaser', is now available to our Spirit of Maat customers.

Using six-gauge copper wire and the Sacred Cubit measurement (20.6 inches) this larger Harmonizer is gold plated and has a passive range of 100 miles. When activated with the Environmental Clearing™ CD the field radius expands to approximately 2,500 miles. To soften and ground the field effect Slim decided to cement one of Norm Howard's "Bio-Ceramic hemispheres into the base of each unit.

Preliminary field tests indicate that the 'Storm Chaser' modifies the intensity of these anomalous 'Super Storms' and in some cases, stops them dead in their tracks. With destructive weather patterns predicted to increase those of you who live on or near coast lines, or in any location where cyclonic weather conditions occur on a seasonal basis may want to consider owning one of these new units. Storm Chasers' are priced at \$2,400.

All Harmonizers can be purchased at [www.slimspurling.com](http://www.slimspurling.com)

# **Chapter 15**

## **Orgone Cones**

All material in this chapter has been written by Christan Hummel and can be found on the [www.earthtransitions.com](http://www.earthtransitions.com) website. Orgone cones can also be purchased here under “Orgone Products”.

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## *Orgone Cones*



Used to clear and transmute unpleasant energies and vibrations from your immediate environment, clear geopathic stress zones, and clear parasitic entities from your immediate environment. One or more of these put in the ground, or in your house, according to your intuitive promptings. Many have found them very effective for minimizing the deadly orgone fields around nuclear plants, military bases and government offices. They heal and strengthen all natural vortices and discordant energies surrounding man-made ones.

Deadly Orgone Radiation is created when the invisible sensitive life force energy, which surrounds and permeates everything is agitated and finally killed off by electromagnetic pollution. All electrical appliances give off this Deadly Orgone Radiation which is disharmonious frequencies to the human brain. It causes electromagnetic stress. Humans will feel stressed-out, angry or shut down. Repeated exposure to Deadly Orgone Radiation causes dullness, lethargy, headaches, insomnia and eventually degenerative diseases. Cell Phones and Wi Fi give off the **most aggressive form** of electromagnetic radiation known to man, which interferes with subtle invisible brain waves. Reich was a true humanitarian who found he could produce amazing healing benefits using his Orgone Accumulators that he created. Reich's devices are used to this day in hospitals in Germany where orgone therapies are widely available.

Orgone devices are composed of a dense matrix of non magnetic metal particles and organic material of some variation. In our case we are using a natural type resin. Terminated quartz crystals are also placed within the device. This combination allows the energy to collect, convert and then emit positive orgone energy. The organic substance attracts this orgone energy, while the metal particles repel it. Once pulled in, the energy gets pushed and pulled all around the device creating friction. This friction is strong enough to emit the orgone energy back out of the orgone piece in a much more balanced state.

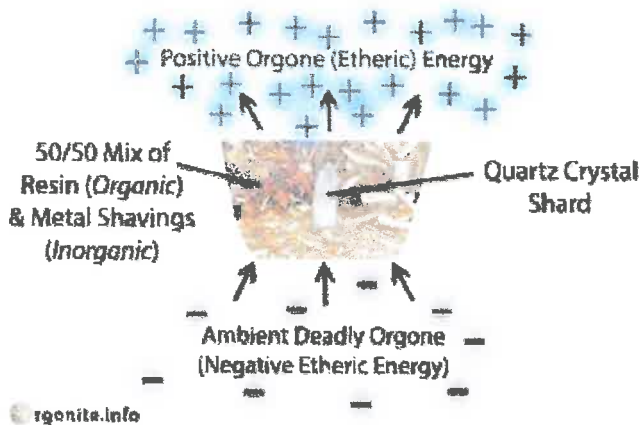
Many people call orgone energy by different names. It is used in traditional metaphysics and alternative health and has had names such as: Etheric energy, Ki, Prana, Chi, Tachyon, 4th dimensional energy, bio energy, reiki energy and more. Orgone energy is not a new thing, but orgonite in this form as we know it is literally brand new. The term Orgonite and basic concept was coined by Karl Welz.



## How It Works

Orgone is attracted to life energy and is repelled and even changed into deadly and/or dead orgone by unpleasant, selfish, fearful actions or activities. Orgone accumulators are susceptible to depletion and pollution by unhealthy orgone, but orgonite devices can draw in the stagnant life energy, transform it into healthy orgone, and send it back out.

**Basic Orgonite  
Cutaway Side View**



## Where to Place an Orgone Cone

(NOTE: photo to the left is for an orgone "muffin" but the theory applies to all orgonite products)

While orgone has a generally positive and uplifting effect on people and environments, **THEY ARE MOST EFFECTIVE WHEN PLACED CLOSE TO THE AREAS TO TRANSMUTE.**

**Orgone "Muffins"** for home, environmental or personal uses (all include quartz crystal)

**Copper** (includes malachite) For clearing "tough" jobs outside the home like cell towers, or several surrounding a cemetery or military base. Also good for "chucking" in places where entry access is problematic.

### Examples of where to place an orgone cone in the home:

- a closet which collects clutter
- a place which traditionally is a "dump" pile
- where there have been battles or arguments
- places of toxic accumulation of some sort.
- near EMF producing devices,
- buried under a nearby cell tower
- at the main entrance or gateway of the home.

## Orgone and the Greening of the world

For the community, the orgone cones are most effective when placed directly on negative energy vortices, or crossing of Hartmann or Geopathic lines. Most people will be content to have an orgone cone in the home to keep the energy clean and healthy there. It doesn't matter where you place it to do this. A few people have the skill and inclination to find vortices, so here are some recommendations based on what we've been doing.

If you can dowse with a pendulum or rods, etc., that may be the best way to find the right spot to put an Orgone cone. It's especially effective when placed on a ley line and especially on the junction of two or more of these, but this isn't necessary. Every room and building has its own dynamic, so you could dowse for the correct spot based on that.

More often than not these days the vortices produced by these nodes are distorted and even backward-spinning. The Orgone cones very quickly heal and redirect these on its own. You don't need to do anything else. Most of us just want to have a nice feeling in the house and immediate vicinity. You can put a Orgone cone anywhere for this, however, as stated above, they are most effective when put close to the source of the energy to be transmuted.



One thing that works in locating major vortices: think of the places of power and control. Historically these have been placed over energy vortices. While normally these vortices would be creating positive energy when honored by temples and ceremonies, the placing of buildings and activities counter to the natural flow of energy causes these vortices to have a reverse spin energy. Examples where you may find that it has been built over an energy vortex include:

- The Federal Reserve Banks
- Stock markets
- Any financial headquarters
- Security headquarters
- Transit stations (trains, buses)
- Airports
- Customs offices
- Police stations
- Government offices
- Main post offices
- Military bases (especially the gateways or entry points)

These institutions have been found time and again existing on top of key energetic areas in a community--usually where positive energy vortices would exist normally. However, which have been redirected or controlled for other uses. Consequently their energies are distorted. The cone placed nearby in a bush or buried out of sight will transform the negative energies moving throughout these energy lines restoring them to health. Also be sure to ask for divine protection, and permission of the Earth before placing them somewhere.

If there are places in your area at which degrading acts of violence have been done on a large scale, such as battle fields, places of torture, slaughter houses...you are well advised to put an orgone cone there too, to correct the imbalance. One of our researchers put one in the witch cemetery in Salem, Mass, for instance (because of the acts done to the women deemed witches). These energy imprints stay in the land and have an unconscious effect on the people still living in the area. It would not be uncommon to discover that people with alternative views would be afraid to speak their truth living in such an area. The imprints left in the land from the past would be influencing their reactions in the present. Orgone cones heal such areas and return an aura of peace.

### **Make Your Own Orgone Cones**

**Directions for Construction of the Orgone Cones (approximate cost of supplies: \$45 to make 3-4 cones)**

#### **Supplies needed:**

- funnel
- resin
- rubber gloves
- can or jar
- crystal point
- metal flakes
- wax or candle



Since you will be working with resin, make sure that you work in an area with proper ventilation and take care to line any table or area you are working on with newspaper in case of spills.

Take your plastic funnel and saw off the spout. The funnel will allow you to make several from this mold. The plastic funnel needs to be big enough to make a 4" high cone. The bigger the cone, the more powerful the ORGONE CONE. Experiment with different configurations.

more powerful the ORGONE CONE. Experiment with different configurations.

Set the funnel, point down, in a can or jar. Put the better defined end of the double terminated crystal toward the point of the cone. Once the crystal point down is securely placed in the opening of the funnel, pour heated wax around the base to seal the crystal. Put in some water to test that it is properly sealed. You may need to wrap the funnel tip with masking tape to keep the wax from leaking out.

Add equal measure of aluminum particles (or any metal) and mix with the resin. You can use aluminum from the crosscut saws in shops that use extruded aluminum a lot, such as large sign shops, fabrication plants, etc. Larger towns and cities have recycling businesses that have the aluminum particles in large bins, which they sell cheaply. While any metal will work, we have found that the metal itself will add a different vibrational property. So if you are interested in "suping up" your orgonite, then try copper or even gold flakes. Copper has a strong transformational effect and can be used for really heavy jobs, while gold will be more smooth in its effect. Combining all three has proven to be the most effective and led to the creation of the Tri-Metal cones on our site.

You can use either polyester resin or epoxy resin. More environmentally friendly resin is available from Envirotech, at [www.eti.com](http://www.eti.com). Pour some resin on top of that and let it soak down through the metal particles. Put enough aluminum particles or metal particles to cover the rest of the vertical crystal and pour enough resin in to cover that.

At this point, make the funnel level, either visually or with a spirit level (the ruler with the bubble thing built into it). You don't need to get it as level as possible. Never fill it to the edge of the funnel, since this makes it harder to finish off and is pretty messy.

Take the now-usable but crude pyramid out of the funnel now and file the material at the little end down to create a point on the cone. You can use a rough belt on a belt sander for this, but feel free to do it the hard way. You can file the edges of the bottom a little if you don't want to cut yourself with it later.

# **Chapter 16**

## **The Power Of Mantras**

The following information has been written by Mrs Chandrika Sampat and can be found on the [www.divinpowers.org](http://www.divinpowers.org) website.

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## A Very Very Important Message Regarding Mantras

Mantras are Divine words - sound energies that invoke and awaken our Divine Powers

Your outer world is governed by your inner world, so Divine Powers that are generated inside you , now start making all positive events happen in your life in the outer world.

This inner world is nothing but your intent which actually you are expressing in the mantra. So , here ,I wish to make the most valuable statement about mantras.

If you don't understand the meaning of the mantra you are repeating and what you are saying to the cosmos from your spirit and subconscious mind,  
- if you are not visualising this meaning of the mantra by feeling the meaning of the mantra deep within your soul ,while saying the mantra , then it is not going to benefit you much .

Most people don't even understand what the mantra is all about even after using it for years , so they do not progress much , so we encourage you to understand the explanations we have given on each mantra and which Divine Energies it is attracting and addressing .

**You will experience that an invisible Divya Shakti , Divine energy is helping you out in everything you do**

When you repeat Magical Mantras in your heart , good things start happening in your Life . GODS and GODDESSES reside inside Mantras .

Here is an easy and exciting way to bring unlimited Divine Powers into your lives. The method uses repetition within your heart of certain Divine Words which carry Divine Energies in their sound vibrations.

When you close your eyes and meditate on these short simple Divine Words known as Mantras in India (Hinduism) , they release energies that flow in your Chakras (Energy centers) within your inner world which govern different aspects of your Life and destinies.

When you recite these simple Mantras in your heart , in a few weeks you will experience and be amazed at the transformations that will happen through their Divine Powers that they attract from the Cosmos.

Visible Life on this Human Planet Earth is governed by Invisible , Sublime and Subtle forces of Divine Energy fields that manifest through our subconscious Minds.

### **THE MIND IS A GATEWAY TO COSMIC ENERGY.**

Creation was born out of Divine Sound and Divine Light . Hence these Mantra sound energies released from your consciousness manifests in your Life and can change your destinies for better by attracting positive energies to bring you good fortunes , healing , protection and Love.

Visible Life on Planet Earth is Created and governed by Invisible Sublime Energies operating inside our Subconscious Minds , and flowing through Our Chakras , which are our Energy bodies ( in the 5 Higher Invisible Bodies where we also live in, at our Spiritual Level ) These Energies are unfolding into events in our outer physical world on Earth, through our Subconscious Minds .

So this is where we need to bring change , if we wish to change our Life situations and solve any of our worldly problems.... Our outer Physical Body and also Our outer circumstances are merely a reflection of energy flows that are happening in our higher Spiritual Bodies .

That is why Spiritual Healers merely remove blockages in the flow of Life force energy in the Invisible Spiritual Bodies of the persons who have fallen ill or dis-eased by channeling light energy through visualisation - light work .

Healing the spiritual Body in this way and removing the blockages in the energy flow of the Life force , automatically removes the illness in the Physical Body of that person which is a mere reflection of the condition of the Spiritual Bodies that we live in.

This is the greatest gift given to us by the Cosmos - the ability of our body to heal by itself .. the self-healing process Our body heals by itself every minute . Ordinarily, we are not aware of this healing going on within us every minute . We take it for granted. Then one day , when we fall ill because our Spiritual Body is no more able to keep supplying the necessary Healing Energy and its natural healing powers have weakened due to our negative karmas which have created blockages in the flow of our Life Force Energy called Reiki ( it's a Japanese word ) . By using Reiki and other wonderful Spiritual Healing Techniques , we can create Healing Miracles which even Medical Science cannot yet understand but has now been forced to acknowledge and do research on . When we fall ill or find that everything is going wrong for us or troubles happening in our Life, we should take it as a wake up call , a message , from the Divine Powers that we are not giving enough attention to our Spiritual Body . We are not looking after it just as we look after our Physical Body . We need to understand that we live in 2 bodies . The Physical body is the gross level of existence but we also exist in the invisible Spiritual Body in the sublime plane .

It is *this* Spiritual Body and our Mind that controls and manifests in the gross and tangible realm of existence - in our Outer World.

## Our Inner World governs our Outer World

.The quality of the new cells that are being born inside our body every minute , can be formed as God Cells inside you that will attract abundance , healing , prosperity , happiness, joy , love , creativity , talents and happiness . All this will always keep flowing into your Life once you get the grace and blessings of the Divine Powers of Creation by saying two very powerful Mantras in your heart everyday . ( Divine words - sound energies that invoke and awaken our Divine Powers )

This Mantra is popularly known as " The Jewel in the Lotus " or " The Diamond in the Lotus " ( "mani" means Diamond , a precious jewel and Padma means Lotus flower which is the spiritual symbol of consciousness )

The Jewel refers to the Mind or consciousness and the Lotus refers to the Heart that is the source of Love energy The meaning of OM MANI PADME HUM is "Om , salutations to the Jewel of consciousness (the Mind) which has reached the Heart's lotus. "

## OM AAH HUM VAJRA GURU PADMA SIDDHI HUM

" I invoke you , the Vajra Guru , Padmasambhava,  
by your blessing may you grant us  
ordinary and supreme siddhis."

**OM** is the Cosmic Mind

The Mind of the Cosmos

The Mind of the Universe ..

**AAH** means to attract the Divine Powers

**HUM** is the manifestation in the physical world  
on Earth . The Gross , the Visible

**Siddhi Hum .**

**Siddhi** means accomplishment ,  
achievement , attainment .

**HUM** also represents the wisdom mind  
of the Buddhas,

The Divine Sound **Hum**  
works like a catalyst in the mantra

to brings into reality ...

to manifest into the outer world  
the blessings of the Buddhas

Therefore , **SIDDHI HUM** draws all the "siddhis" into your Life  
through the blessings of all the Buddhas in the Cosmos just like how a  
magnet attracts metal



Hence with this Mantra you can receive the blessings of all the Buddhas ..and through these blessings you can receive wealth and prosperity and all of life's various attainments

All your good aspirations get fulfilled. All obstacles in our Lives ... such as ill health are removed

All Worldly wealth and happiness begins to flow into your Life ...

Success comes to you easily , naturally and effortlessly

But, The Divine Powers of this Mantra are much more than that.....

Siddhis are of 2 kinds, Ordinary Siddhis and Supreme Siddhis. Ordinary Siddhis are plain worldly accomplishments and attainments of wealth , success , fame , health etc.

Supreme Siddhis can liberate you and free you eternally from the bondages of your negative Karmas that you have accumulated in your past lives by purifying them and releasing all the loading of negative energies on your spirit that has tied you down to the cycle of re-incarnation through awakening the spiritual Powers inside you.

The Divine Powers of this Mantra are to purify all your negative karma that you have done in the past and in countless past lives ...and be liberated from them so that you can eventually evolve and get freed from rebirth and sufferings. By doing this Mantra daily your Life's circumstances become auspicious and you are inspired towards a spiritual Life and begin to yearn for enlightenment.

Now it will be easy for us to understand the meaning of this mantra

" I invoke you , the Vajra Guru , Padmasambhava, by your blessing may you grant us ordinary and supreme siddhis." It is said that the twelve syllables OM AH HUM VAJRA GURU PADMA SIDDHI HUM carry the entire blessing of the twelve type of teachings taught by Buddha,

Therefore ,to recite the Vajra Guru mantra once is equivalent to the blessings that you can receive by reciting or practicing the whole teaching of the Buddha. These twelve branches of the teachings are the antidotes to free us from the "Twelve Links of Interdependant Origination, which keeps us bound to samsara,

ignorance, karmic formations, discursive consciousness, name and form, senses , contact, sensation, craving, grasping, existence, birth, old age and death .

These twelve links are the mechanism of samsara, by which the samsara is kept alive. Through reciting the twelve syllables of the Vajra Guru mantra ,these twelve links are purified, and you are able to remove and purify completely the layer of karmic emotional defilements and so be liberated from samsara. The Invisible Divine Powers of Padmasambhava are contained in this powerful mantra; these twelve syllables come from his wisdom mind and hence they carry the Divine Powers of his absolute blessing .You can say that the Vajra Guru Mantra is Padmasambhava in the form of sound . So when you invoke him with the recitation of these twelve syllables in the Mantra Om Ah Hum Vajra Guru Padma Siddhi Hum ...you obtain unlimited blessings and merit .



**When things are working out right for you , it means Divine Powers are on your side. When you are having some major problem in Life , it may be a health related problem , it may be a relationship problem , or it may be a business , financial problem or job problem ,it means Divine Powers are NOT by your side .. CLEAR CUT ... You need to do something to win their blessings ...**

**Remember this much .....**

**Without the blessings and grace from up there in the Cosmos , from up there in the Heavens , you cannot move an inch towards success or happiness ; no matter how hard you try , how hard you work , how intelligent you are , however brilliant and knowledgeable you maybe , or how so many hours daily you slog it out and put efforts , you will still not succeed. The Divine Powers have to consent for anything to happen . Everything on Earth , happens according to a Divine Plan. Only when the Divine Powers want you to get wealth , or to get free of illness or to be blessed by a child , or a wife , or a good Boss ; for anything nice and fortunate to happen in your Life , they have to be in your favour .**

**This is why some people are always lucky and blessed with harmony , abundance , easy success etc. Ofcourse , the Ego will keep the illusion that it is your hard work , toil , intelligence , smartness , which is the Why of your gains and success . This is nothing but the "I" illusion ( "Maya state" ) of the mind ,consciousness. When good things are to happen to you , the mind thinks in the right direction and gets inspiration . Positive circumstances develop , build up and favourable events and coincidences unfold such that you can feel things moving in the right direction - effortlessly.**

**Observe , that if some things are not destined to happen , obstacles keep happening. You are not at the right time at the right place . Otherwise you get drawn to meet the right people , act right and so on.**

**With this understanding , you will want to know how and Why Divine Powers remain by your side in your Life .**

**It is very simple . Everytime you heal someone , everytime you do a kind act , everytime you are compassionate by your thoughts as well as your action , you are building merits. This is just like building a bank balance , which will come in use all through your Life . Your goodness and virtue , comes in your own use , to your own rescue .... So you need not feel or think that you are doing a favour by being nice, honest or kind or pure hearted . The gains will come to you only . You are actually doing a favour to your own self .**

**If you are bad , evil , cheating , lusty , greedy , carrying hatred in your heart , inconsiderate , selfish , revengeful , destructive , hurting by abusive language , indulging in violence ..... then be sure ... you will have to pay a price**

for all these deeds and acts . You may win for quite some time and get your way with such aggressiveness and violent methods , but all the negative energies being built by you is loading up around your soul & spirit and your consciousness (Chitta") and this will make you suffer later on , in future in your Life . The price will surely have to be paid . This is called "Karmic " records or "Akashik " records. So , all those people , including ourselves who are going through bad times and some or the other suffering are paying for our past deeds – "karmas". By understanding this and living in such awareness , we shall accept our present circumstances gracefully and gradually build positive karmas by living with purity of Mind , speech and body acts.

By doing Meditations , we will release the layers of negative energies built in past Lives and this Life . By remaining in silence , by watching and observing the breath , so as to stop the rushing and running of thoughts , we will stop creating cravings and aversions . We will attract the attention and Energies from The Divine Powers .

By using Divine Sound Energies of Mantras , within and inside Us , we will cleanse our Spirit & Chakras and Aura. The Energy Centers ( Chakras) within us will get opened , developed & activated and in this way your outer world will also start changing for better. Remember , your outer world is created by your Inner world , so to change your outer world you have to change your Inner world.

To achieve in the Outer World you have to first achieve in the Inner world. Suddenly good things will begin to happen in your Life. You will draw people to you like a Magnet . You will attract good events . Your problems will by themselves start getting solved . Just keep doing your Meditation , Mantras and Reiki . Just hold noble , pure thoughts in your Mind always and be forgiving to everyone.

Let go completely . Surrender Totally . Have faith in the Divine Powers. Remove the "I" am the "Doer" ("bhaav") feeling in you.

Everything happens beautifully on its own accord once the Divine energies are by your side. This is the technology of the Cosmos , of the Universe , from the University of the Universe .....

This technology which costs nothing , only strict discipline and regular practice of Meditation and Mantras , forming good habits to keep thinking compassionately and pure heartedly.

Your faith in Divine Powers will be an unbeatable strength . In this way you will evolve to higher realms of existence where sufferings are less & pleasures are more .

But , mind you , these pleasures are again nothing but traps that will keep you away from the Ultimate Bliss of Nirvana and formlessness .

So, go beyond this too and do not get trapped in indulgence.

Say OM MANI PADME HUM to keep yourself safe and blessed.

Chant **these 2 Mantras daily** , and you can feel this energy flowing within you , dissolving all the blockages and cutting these blockages into very minute substances at the microscopic level and releasing them in the Cosmos as you breathe out and through tiny pores all over your skin and through your etheric body. These Mantras will solve any difficulty , Life situation , attract all positive energies from the Cosmos into your Life on this planet Earth.

Understand how to use this powerful Spiritual Technology in your everyday Life , whatever be your age , because with these techniques of getting the blessings of Divine Powers you can solve any problem and achieve prosperity , wealth , love, romance , happiness, harmony , joy , creativity , talents , fame , good health and healing all the time ....

The things we all want and search for in Life for which we work and struggle very hard everyday in our outer world , can come to us very easily , if we take the help of Divine Powers that governs all things and all creation in this Universe . through the powers of these invisible energies in the Cosmos.

By chanting these two very Powerful Spiritual Mantras daily ..

**OM MANI PADME HUM**

and

**OM AAH HUM VAJRA GURU PADMA SIDDHI HUM**

They have tremendous Divine Powers to liberate us from all our " karmas " which are bondages that we have created by our unawareness and actions done in our past life and in many past lives . through our body, speech and mind

**OM MANI PADME HUM**

( OHM MAH NEE PAHD MAY HUM )

**"Hail To The Jewel In The Lotus"**

This is the highest Mantra for mankind gifted to us by the thousand Buddhas out of their compassion for all sentient beings.

It will protect us from all harm , sufferings , ill health , hell regions, It will purify us and free us from all our negative emotions of the Mind and speech and through this Mantra we receive the blessings of the wisdom Mind of Arya Avalokiteshvara who is also known as Kuan Yin Pu Sa.

This mantra saves us from the hell regions and hungry ghosts which we have to encounter during and after death. Hence it is beneficial and a most valuable saviour

not only during Life on Earth but also after Life , when we have to remain and pass through the six Hell regions in the Bardos.

By saying this Mantra , you will never be born in the lower realms . You will always receive a deva or human body or be born in a pure land of Buddha. Every time we say Om Mani Padme Hum , we invoke the Divine Powers of Avalokiteshvara , who has infinite compassion and who out of his infinite compassion made a noble pledge to Buddha Amitabh that he will liberate all sentient beings from the six realms of sufferings. Each syllable in this six syllable Mantra liberates us from one realm of suffering out of each of the six realms of suffering filled existence.

**OM** liberates and purifies us from the emotions of  
bliss and pride in the samsaric realm  
of the Gods.

**MA** liberates and purifies us from the emotions of  
jealousy and lust for entertainment in the samsaric realm  
of Demi-Gods.

**NI** liberates and purifies us from the emotions of  
passion and desire in the samsaric realm  
of Humans.

**PAD** liberates and purifies us from the emotions of  
stupidity and prejudice in the samsaric realm  
of animals.

**ME** liberates and purifies us from the emotions of  
poverty and possessiveness in the samsaric realm  
of hungry ghosts.

**HUM** liberates and purifies us from the emotions of  
agression and hatred in the samsaric realm  
of hell.

In this way by freeing our consciousness , our spirit energy from the neurotic attachments that our senses are bonded with through the cravings and aversions constantly taking place inside of us..... and in this way creating negative karmas that keep us bound to sufferings and also creating samsara.

The mantra OM MANI PADME HUM purifies us at 3 levels – Mind, Speech and Body and in this way liberates us from all our negative karmas.

Within a short time of meditating on this Mantra , you will experience the opening and development of your heart chakra and begin to feel highly kind and compassionate towards other sentient beings including animals , even the tiny helpless ones .

You will develop a magnetic aura around you that will draw other people towards you , attracting them like a magnet attracts iron filings and love will begin to flow in your Life.

Saying this mantra for 21 minutes daily will energise and develop your Heart Chakra and ..... when the Heart and Mind become united , anything is possible.

## **Chapter 17**

### **Understanding God And The Power Of The Sun**

The following information has been written by CHAU NAU and can be found in his book “It's Time To Get In Touch”, available at [amazon.com](http://amazon.com). The chapter “Revelations 2000 and Beyond” found in “It's Time To Get In Touch” is from my understanding not up to date. This book was written in 1998 when the catastrophic events predicted to occur around the end of the millennium were indeed on course. Through Divine grace humanity will see a peaceful transformation instead of an apocalyptic one. Please keep this in mind when reading the book.

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# IT'S TIME TO GET IN TOUCH

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## PURPOSE

All of my life I had been looking and searching for the answer to the most fundamental question in life. Who am I, in other words, what is my purpose?

In 1978 I began to search very hard and seriously. I left the confines of society and its stifling ways and turned inwardly to God. Through a series of intense prayers, and after years of hard trials, I was given the answers that I sought. You see, from God to me they came.

## PURPOSE

To raise consciousness. To make God real and identifiable. To incorporate God into daily life as something physically, naturally scientifically familiar. To bring and understand the truth. To live God and not just talk God. To understand God, his plan, and how it affects our daily lives.

To do these things, we must be able to make the unseen, seen. We must be able to make the unheard, heard. We must be able to make the unfelt, felt. Most of all, we must be able to make the spiritual, physical. We must understand there is no separation between spiritual and physical, they are both one and the same.

And, finally, as we do these things, we must always choose good over evil.

Most people, when they think of God, think of him as a person or in human form. They think of this person or being, up in the sky (in Heaven), with the power to see and hear everything that happens here on Earth. However, they think of God as being detached from worldly events and occurrences. They separate themselves from God saying, "He's up there and we are down here".

Here on Earth, man has caused this feeling of separation. Evil men have successfully taken God out of society, school, and all learning. Man has disassociated God from science, math, medicine, and every other physical aspect of life. This activity has caused the spiritual/physical separation of the people from God.

You must understand that this process of separation is an organized,



well thought out plan. A plan that was created by evil men to misinform and alienate the people from God. Now, in order to make their plan work, these evil men must mix parts of the truth with falsehoods. Afterwards, they (evil men) must make laws, and make their laws the ultimate laws, even above God's laws.

When man describes God to us, he speaks part truths, such as;

- God sees all.
- God hears all.
- God is everywhere.
- God has the whole world in His hands.
- God knows all.

These are all truths about God, but they don't seem real or possible to people the way men explain them. You must understand that evil men have intentionally taken out certain truths about God that cause these feelings of unbelief or impossibility. These truths that they have omitted, would make God, and every aspect of God, real and understandable. These are the truths evil men don't want us to know.

To understand these truths, we must first understand about science and the universe. You must understand that science and the universe is God. Now don't get yourself in an uproar, I know that most people don't like or understand science, it seems so incomprehensible. However, it really is not. All you have to do to understand science is know that man didn't create it. Man has just made up a lot of names to act as if he has discovered something new. In actuality, all man is describing is God. He (evil man) has made up a group of words, which are very hard to pronounce; to describe God and God's works. He (evil man) has hidden the truths about God in this incomprehensible language. To learn these truths, you must rename or think of man's scientific terms in a more natural way. By doing this, you will see that man really doesn't control any of these God things. By doing this, you'll learn to understand and feel the truths, which have been kept from you.

To understand and accept these truths you must come with an open mind. You must learn to think in different terms. You must be willing to change your established views to see the total truth. You must feel and know that there is more knowledge out there that has been kept from you. You must be willing to go deep and get it.

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After you have taken the first step, and turned inwardly to your feelings (God), God will send you stronger truthful feelings, people for you to talk truthfully with, and other resources to help you truthfully understand him.

Knowing these things, you can now begin to grow back to that from which you started. There is only one truly good direction, but there are many roads.

# GOD

## GOD'S SPIRIT

**Magnetically charged forces (atomic particles), air and space are God's spirit.**

I'm sure that most of you have heard this statement or something similar to this before. And, I'm sure that upon hearing the statement, you instantly either embraced it or rejected it. In any case, this statement is true, but to really understand these words you must open your spirit and start viewing things in a truly logical manner.

I'm sure that everyone would agree that God is all-powerful and all encompassing. I'm sure that all would agree that God is all things. Or if not all things, then surely all would agree that God makes and controls the essence of all things. Well my friends, you must understand that **God is all things!** God creates and is a part of all things.

Seeing that God is all things, it only stands to reason, and common sense tells you that God's Spirit must be a part of all things. So, when we say all things, you must understand that the entire spectrum of magnetically charged forces is what we are identifying.

Seeing that God is all things, **how could he not** be the atomic particles, especially since we all know that atomic particles are all that there is. In our world and throughout all space, all that we know of is solely composed of magnetically charged forces, or in other words atomic particles.

**These forces and particles are God because God is everything and everywhere. God cannot be excluded from anything or anywhere.**

Science would have us believe that they have discovered and control atoms. Totally false! Science has only identified God's specific make up and erroneously attempted to hide the truth about it (God's make up) from the people. You must never let man's science confuse or corrupt common, logical, spiritual truths.

You must be able to make the unseen the seen. Understanding that, just imagine the air as a living, thinking, intelligent being, a mind. A mind that has super-conscious thought, and power far beyond what we can comprehend. A mind, that is able to create, through unknown formulas

and procedures all physical forms, and afterwards, be the only force, which could sustain those forms, or naturally destroy them. Imagine the air, able to see and be everywhere at one time, able to be a part of all things at all times. If you can imagine these things, then you can understand God's spirit. Air is a part of God's spirit.

Now, just imagine space in the same context. See space as the only substance able to span the infinite frame called time. Space, the only substance able to hold every planet and star together and keep them functioning at the same time. Or, bring them together in a big bang that ends one form of life and starts another. Space, seeing all and being all, everywhere. Can you understand? Space is God's spirit.

Now, together, just imagine this infinitely powerful force, this unending all encompassing spirit (Air-Space), invisible, unable to be seen by the naked eye, yet ever present. God's spirit, holding all that we know in our world, and every star and planet together in an infinite web. Air-Space is God's spirit.

Before there was anything there was space-consciousness, God's spirit. Through the power of God's spirit (space) came all that exist. Space (God's spirit) was able to create sub atomic particles and magnetically charge them with the very essence of His soul. From those charged pieces (atoms/God's spirit) space (God's spirit) was able to create gases, stars, planets, creatures, plants, and all beings. During the creation of these things, life, God's life force was breathed into them. By doing this, God created a permanent connection to all; all are part of God, and therefore, all are God.

This connection is plainly visible. You can see, between and within every atom, there is space (God's spirit). Space (God's spirit) holding all together, seeing, being, knowing all.

God's spirit is the only force, which can create and constantly power His atoms. Atoms (God's spirit) have a power source that never dies; God's eternal spirit. Can you understand?

God fuses His spirit into atoms by spinning them. All atoms must spin. This spin is how God puts His spirit into the atoms. As God spins the atoms, they are charged with the essence of God's spirit, which is magnetism or eternal life. God actually fuses Himself into each atom. **It is during this fusing process that the spiritual becomes physical.**(Fig.1)

The spin could be described as God's heartbeat. **God's spin is the most important function in maintaining all life, growth, and development (evolution).** God's spin (or heartbeat) keeps all things in constant motion. This constant motion keeps everything alive and creates all natural energy. If your heartbeat stops you die. If God's heartbeat (or spin) stops everything dies, all functions cease.

God's spin, or heartbeat can be compared to a whirlpool in water. However, in actuality, God's spin is a whirlpool in space or the blood of God. God is actually pumping his blood/spirit into all things. As God spins His blood, anything which comes near the spin (signals, prayers, messages, atoms, planets, or stars) will be attracted inward. As these things are pulled in, God programs and maintains them with His spirit/blood/space. Afterward, they will then be pushed back outward and sent to their appropriate places for continued evolution/development. This entire process is how God administers all knowledge and power throughout his body (which is all things) and yours.

When God spins the stars and planets in his blood, the density of God's blood (or space) causes anything near to be pulled inward or held in orbit. Anything that reaches the outer tracks of the spin will be pushed outward, or travel through space (which is God's blood).

## **GOD SAID:**

***My heartbeat, the spin, pumps My universal blood throughout my body. As My blood is transported through Me, it carries all things, including information, knowledge, intelligence, and power. This is how I allow information to pass from one form to another. This is how a planet and its inhabitants evolve. All you have to do is understand, and know how to tap into My blood stream. (Fig.2)***

## **PRAY TO JESUS, THE SUN OF GOD**

As we travel through space and approach these new locations of power, we must be ready and willing to gain the new power that these locations have to offer. In order for you to call this new power, you must perform the same prayers that you pray to the Sun of God. To receive the maximum response from the Sun, these prayers should be performed outside beneath the Sun. You must go into nature and raise your hands to the Sun of God and ask for this new power.

When you raise your hands in this fashion, the Sun will respond instantly. The Sun will shine down strong warm feelings of joy and peace to you. These warm feelings will allow you to develop new consciousness. While you are engaged in these warm feelings, God will be talking to you through His Sun. This prayer is the ultimate form of meditation, so you must stay tuned into the Sun as long as you can. The longer you can be still, in contact with the Sun, the more the Sun can focus on you. This warm focus by the Sun of God will give you the intense, thorough cleansing, and strengthening that you need.

As you stand beneath the Sun and raise your hands, remember to make a conscious effort to project all the goodness you have. You must forcefully push your prayer to the Sun. You can achieve this force by flexing/pushing every muscle in your body (which is your spirit). As you go through this flexing process, it is now that you must ask the Sun of God to give you what you need to fulfill your purpose.

While praying this way, you will see, this type of prayer (THE TRUE PRAYER) is very excruciating. This type of prayer requires much work and concentration on your part. This type of prayer is harder than any form of exercise you have done, but you must understand, this is prayer, not exercise. If you are willing to sacrifice your body and pray hard and long, the benefits you will receive from this type of prayer will not only make your spirit stronger, but the Sun will make your body/spirit visibly stronger.

When people see you praying this way (beneath the Sun), they may call you strange. If you hear such words, don't despair, for it is only through their hypocrisies and ignorance that they say such things. You see, every Sunday these same people go to church and listen and read from a book that tells them of the main characters in their book, standing outside (beneath the Sun of God) with their hands raised to

the sky in prayer. These men were giving their thanks and praises to the Sun of God.

As you stand beneath the Sun and exert this tremendous pressure on your body, some people may say that if you continue standing beneath the Sun this way, the Sun will make you sick (they call it sun stroke, and sunburn). For the true children of God, this statement is totally false. You must understand that the Sun of God would never harm any of His true followers. The Sun of God will only protect and strengthen all things that are good, on the Earth.

You must understand that certain people do become sick beneath the Sun of God, but understand the reason that they become sick. If certain people become sick under the Sun of God, it is because their bodies are foul, and filled with all forms of impurities and toxic elements. When these people become sick, it is not because of the Sun, no, its because the Sun is trying to clean out their system through His (the Sun of God) warm power.

In this attempt to clean their (foul people) bodies, the Sun actually touches their bodies and begins to purge them. As the Sun emits this power into these foul people, the heat of the Sun causes the impurities within the person to burn up. As these impurities burn, they create toxic gases in the body. These gases then circulate throughout the body and when they (gases) reach the brain, they cause the head to spin. As these toxic gases circulate to the heart and lungs, they cause the chest to hurt. As they (gases) circulate to the stomach and intestines, they cause a feeling of nausea and/or vomiting. Finally, when these gases get into the strength of the body (which is your muscles) they cause your muscles to seize up and pull.

You must understand, it's not the Sun, which is causing these problems in these corrupt people, no, it is their (foul folks) own impurities which create the problems. The Sun of God is just doing His job, attempting to strengthen their foul bodies through cleansing. As the Sun purges their bodies, He (the Sun of God) calls for the impurities to exit the body through all openings. You must understand when the Sun calls these impurities out, they must obey. They (the impurities) will exit from the pores as sweat, they will exit from the intestines as gas and feces, they will exit from the bladder as urine, and they will even exit from the stomach as vomit. Wherever they (impurities) exit,

you must understand this is because they (impurities) must obey the commands of the Sun of God. The Sun of God will clean the body, one way or another.

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Now that you understand the Sun of God (or as you know as Jesus), you can begin to truly understand yourself.

## **Chapter 18**

### **Master Numbers And The 11:11 Stargate**

The following information was sent by the Light, received and written by Gillian MacBeth-Louthan. Her website can be found at [www.thequantumawakening.com](http://www.thequantumawakening.com) Her channeled messages can be found at <http://spiritlibrary.com/messages/gillian-macbeth-louthan>  
At <http://spiritlibrary.com> you will be able to follow the channeled messages of many more enlightened people.

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# 11:11 Doorway

As received by Gillian MacBeth-Louthan

As the 11:11 energies enter let them purge you of what has been solidified and blocked. All of heaven known and unknown enters through this 11:11 Gateway. Align with all you know to be love. A flooding of the heart allows you to rise above previous emotional tide lines and the barnacles of the past. Set sail into a heart that is free of debris, free of the definitions of the past.

What is good within you has survived the storms and floods. What was darkened has been cleared and polished into a bright light. You are being reformatted in thought and deed into a place where you can consciously conceive a world that is better what you prayed for. Anoint with this knowledge for a new level of life that has been sequestered bursts forth from your atoms. You are surging with galactic memories and truths that have laid dormant deep within your DNA, waiting for the exact energetic signature to awaken them.

Burst free from the previous shackles of limitation and fly high on the spiraling winds of truth beyond thinking and time contained. Your eternal heart will lead you in the direction of perfect flow. Yes you are coming undone, yes you are releasing, and yes you will lose focus of what you thought was truth. Jump from this bridge of limitation and learn to fly by trust and trust alone. There is no one to stop you, but you. Your life is your own creation choose either to be a victim or a victor.

Ask that all has been done against you now blesses you in the fullness of time. Move toward a longitude of light that awaits your presence. Light has a need to serve to embrace to become one with. Without you the light sits alone in waiting.

11:11 is a number activation sequence. Each time that you see 11, 111 or 1111 on a clock it represents that you are being given an opportunity to walk into a Gateway of Manifestation. The universe has just taken a snapshot of your thoughts, which then are manifesting into the physical in record speed. The time period from November 11, to January 11 is considered to be the HOLY TRINITY months. All in All it is a divine decree and opportunity issued to all of earth. Wake-up, and become your true light.

Eleven is also the number of masters. 11:11 is an encoded molecular structure of Remembrance, activating the Master of Light we have always been. This is the Biological Ascension, and 11:11 is the Ascension Doorway. The Light of Ascension comes in many forms and on many levels. It comes not always in one day, or one moment. For we Ascend and descend continually word by word, thought by thought. Ascension is birthed from every breath, every thought, every word.

This 16th 11:11 Doorway begins its activation on November 11, 2007 and closes on January 11, 2008. It is a gateway into your highest potential as a human seeking divine memory. One is a singularity within 'all that is'. The 'one' seeks itself through mirror like reflection of the world around it. This doorway offers an opportunity to surpass any limitations you have unknowingly set for yourself. One to one to one enter the oneness hidden deep within your being at the center point of your soul.

# MASTER NUMBERS AND THE 11:11 STARGATE

As received by Gillian MacBeth-Louthan

Everything on earth is defined by a numerical configuration. All life can be reduced and explained by numbers. The currents of these numerical sequences bring into alignment a series of new understandings that will help to adjust and balance every human. The numbers on all levels align the body so it will be able to handle the higher definitions of photon light that is making its self known. Each number infusion is personalized to fit the needs of each individual. Allowing them the necessary ratio of light particles to numerical particles. As the brain adjusts to these new energies a lifting occurs allowing the individual to exit the human/animal ratio and be lifted into the human/light equation

Numbers and humans go hand in hand. From the beginning of time known we have been defined by a numerical equation whether age, birth date, weight, or the numbers of camels we have in our dowry, numbers have always seemed to be our silent partners. Nowadays when a child is born the first thing they are given is a number that will follow them for the rest of their lives until death at which time they will be given a new number to define them. The numbers on our clocks tell us when to go, when to stop when to drink coffee, when to sleep. Numbers are as much a part of us as our flesh. The numbers are optical downloading...the eyes are an extension of the brain and when the eyes see these numbers and encoding is activated in the brain, stop worrying and just enjoy it.

In 1992 the number 11:11 was issued to humanity as an activation number. Escorting us energetically into a new octave of Solar Light. Creating a numerical signature that follows us creating a doorway in which we will understand more of our innate self. It is a doorway or gateway into your highest potential as a human who is seeking divine memory. One is a singularity within 'all that is'. The 'one' seeks itself through a mirror like reflection of the world around it. This doorway offers an opportunity to surpass any limitations you have unknowingly set for yourself. One to one to one enter the oneness hidden deep within your being at the center point of your soul. This energy stays activated until 2012.

MASTER NUMBERS energetically accentuate the meanings of single digits. They are considered to be some of the most powerful vibrations known. They are thought to symbolize raw untapped potential and assist one in achieving illumination. This energy is waiting to be harnessed by those who have the eyes to see.

When you experience the numerical downloads whether MASTER NUMBERS (all the same numbers) or PERSONAL CODES (seeing the same mixed numbers over and over again) stop for one full minute, allowing this energy to be birthed through you. Focus on your deepest desire and see it as manifest. The universe has just taken a picture of your thoughts. Empty yourself of any preconceived notions and let the light sew up the frayed edges of your intentions. Each and every number within your personal universe is triggering your subconscious into a new pattern of DNA configurations.

**00, 000, or 0000**

The great void, the unknown what is to be, that has not been birthed yet. Moving into a higher dimensional flux, shifting time matrixes. The portal of creation before creation. A reminder you are always one with the universe. Feel yourself within the center embraced by the Creator as you are held and loved unconditionally. Walk around the inner circle of self-completing what needs to be completed.

## **11, 111, or 11:11**

The Gateway to all that is riding within a hair of instantaneous manifestation. Letting go of man-made manifestation and coming into Christed Creation. Doorways open doorways close and you are in-between all. Conscious creation with 13 second intervals of thought. Becoming one with the Oversoul in abundant creation of ones innate hearts desires.

## **22,222, or 22:22**

The highest sequence of manifestation/creation without the frustration. All words thought deeds and intentions will take seed with or without rain to help them grow. Moving out of the neighborhood of polarity. Time moves forward with or without you. Do not create by default, have a say so in your life. Keep a holding pattern with your intent, knowing that what you have planted by your words, deeds and actions will grow and bloom in accordance with the heavenly seasons.

## **33,333 or 33:33**

This number offers you a choice. The holy trinity is activated within the tetrahedron (3 sided pyramid)in your DNA structure. This number offers an opportunity to connect with highly evolved spiritual beings/masters/angels/Christ. The trinity is the holiness within all of your choices. Your body, mind, spirit in agreement with your Soul's evolution. Within this number you are not allowed to straddle the razor blade fence of indecision. Connection with the wisdom of the Oversoul and seeing the sacredness in all of your choices no matter what the outcome.

## **44,444 or 44:44**

A foundation of light is being cemented for you. New opportunity comes without being asked. Build your future thought by thought, brick by brick. Do not allow those of too much wind to blow down your dreams with their negativity. Believe deeply until you see the proof. Hold on through all choices and changes. Stay balanced in what you know to be divine truth and the platform of light will solidify.

## **55, 555, 55:55**

the universe is making changes for you whether you ask for them or not. The universe is changing your direction with your Souls permission. Hold the vision until you land on the shore of self. This change may be an answer to some long forgotten prayer. The future is hidden so see it in your minds eye as you would a long sought after dream. Allow the currents to take you into a new future full of possibilities still hidden from you at this point of seeing.

## **66,666 or 66:66**

In the year 2004 the vibration of 6 will change into a light vibration that is felt as a holy emanation. For too long now humanity has been branded with the thought that anything associated with a "6" is of negativity, darkness, evil, denseness and earth. Well just look at the beauty of a planet that has given you life since you were born. The number 6 is asking you to come back to the original seed thought/blueprint of life with a reverence for its numerical explanation. 6 is of earth but there is a beautiful holiness within earth and within those of earth. The mother earth begins to move back into her original form in 2004 not waiting for her children to agree. By aligning with the true essence of the number 6 you will find harmony while riding upon an earth-road that is under construction.

## **77, 777 or 77:77**

This is the vibration of the spiritual warrior. One who walks a narrow path within self and soul. Seven works for the light, by the light and with the light. Sevens eat drink think and speak the light.

Sevens are not allowed to stray outside the boundaries of light for more than a fleeting thought. Seven brings you home the place where miracles are an every minute event, where you can fly and dance in the stars while in any and all forms. Seven is a place where wonder, magic and miracles are seen as natural happenings. Seven is your natural state of being.

## **88, 888 or 88:88**

AS ABOVE SO BELOW AND WITHIN. This configuration gives to you the infinity portal escorting you past all previous limitations. It is a number of going beyond what you know to be your normal boundaries. It asks you to fly to the moon and stop by the Milky Way on your way back. It is pure spiritual atomic energy, a pure power source. It is success, prosperity and big business with the added flavor of universal blessings. It is finally remembering about your divine inheritance promised to you by your Holy Creator. It is turning you nose up at earthly limitation and walking forward and upward into a place of opulence and bounty.

## **99, 999 or 99:99**

Cosmic and personal completion, THE END! Entering the next level of love of heart, of soul and service to the planetary evolution through healing self. Free-falling from the height of the nine into the next level of Light. Entry and exits all in the same breath. A quantum leap into unknown gifts comes through the nine. Are you ready to see and be more than you are at this minute of time? Nine is the photo finish on the heavenly line of multiple choices. If you believe you have won, you have.

## **Chapter 19**

### **Ascended Master Saint Germain**

The following information was written by Troika Celeste Saint Germain.  
Her website can be found at [www.ascensionsaintgermain.com](http://www.ascensionsaintgermain.com)

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## ASCENSION and ALCHEMY SECRETS FROM ASCENDED MASTER SAINT GERMAIN



Ascended Master Saint Germain, le Comte de Saint Germain, the Wonderman of Europe, and many other names belong to the fascinating mysterious man chronicled as, "The man who knows everything and never dies". He is well known for his involvement with shaping 18th century Europe. He was a favored guest at Versailles, confidant to King Louis and Marie Antoinette, Napoleon, Queen Catherine of Russia, and many other heads of state during that time. He was known to have lived over 300 years, never aging, partially due to the mysterious Elixir and other alchemical substances he created.

A few historical incarnations include; the Prophet Samuel, Plato, Merlin to King Arthur, Roger Bacon, Francis Bacon, Christopher Columbus, Saint Alban, Saint Joseph - father to Jesus, Prince Rakoczy (Rákóczi), and possibly, Leonardo Di Vinci. He was a powerful healer and High Priest in Atlantis. It was there that he first introduced the Sacred Violet Flame of Transmutation as a gift to humanity. His many lives have common themes of magic, alchemy, mystery, brilliance, transformation and spiritual devotion. All took place during pivotal times of history where he was instrumental in bring

forth expansion and higher evolution of humanity.

He lives in both the Higher Realms; as the Lord of the Seventh Ray, the Violet Ray of freedom, alchemy, justice, mercy and transmutation, and in earthly dimension; by physically appearing from time to time, and through his direct influence and instruction to people he has selected to be his "assistants". Soon Saint Germain will reign as the leader of the Golden Age, the Age of Aquarius, when our planet Earth ascends into the 5th dimension. This event is in progress now and is planned to be completed by December 2012.

The Master Alchemist, Saint Germain, has been appearing to Troika Saint Germain since her childhood. They have shared many lives together on all dimensions. Troika (pronounced Troy-ka) agreed to come into embodiment, during these ascension times, as a portal and partner for Saint Germain. He reveals Ascension secrets, tools, products and techniques to her as a continuation of the work and products He created in the 1700's. She enjoys bring them to the world.

This website offers those products and the information that Ascended Master Saint Germain and Troika wish to share with all who seek them.

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### ANNOUNCEMENTS / EVENTS

**The 10-10-10 Activation was a Tremendous Success!** *All participants received Activations beyond our expectations.*

**Now we are to bring Heaven to Earth and INTEGRATE these Divine Energies.**  
**Saint Germain's Elixir will help us to do that with Easy and Grace!**

**ELIXIR OF LIFE SPECIAL SALE** Hurry -- Only until Oct. 31, 2010 at this special price!

**Email me**, or call 530 - 926-0770, if you are interested in hosting a Seminar or Ascension Play-Shop in YOUR area.

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◆ **Saint Germain & Violet Flame Invocation Silk Bookmark** These extra large 100% Silk bookmarks make an excellent gift for anyone seeking to know Saint Germain, or wishing to deepen their relationship with him. They are also a great reminder to use the Violet Flame Invocation.

◆ **Violet Flame Scarves** These beautiful 100% Silk scarves are infused with Saint Germain's energy. The design features his I AM Saint Germain / Violet Flame Mandala and a Violet Flame Invocation. Lovely to wear to boost your vibration, or use as an Altar Cloth.

◆ **TransformEssence®** Rejuvenation Skin Cream was the first product to manifest. This remarkable cream heals and restores skin to health and youthful vitality while raising one's frequency and vibration to assist Ascension. Organic botanicals, vitamins, minerals, amino acids, and other valuable ingredients combine with 16 sacred essential oils, gem elixirs, ORMUS, Chinese medicinals and mystical Alchemy to balance and open the crown and heart chakras along with raising vibration.

◆ **Time Warp®** High Intensity Serum lives up to its name by turning back the hands of time for your face. It is very healthy and beneficial to skin unlike most other "anti-aging" methods.

◆ **Saint Germain's Elixir of Life Essence™** is the mysterious Elixir that Saint Germain created to keep himself young for hundreds of years. He wished for me to make it as a vibrational essence so that everyone could easily utilize this powerful tool for Ascension.

◆ **TransScents™** Fantastic vibrational sprays of Gem Elixirs and Essential Oils, brought forth by Ascended Master Saint Germain, that are alchemical tools to help you experience the Higher Frequencies.

◆ **Magical Purple Plates** raise frequency and vibration of food, water, pets, plants, and YOU!

◆ **Images of Saint Germain** as portrayed by Troika and featuring the new, I AM Saint Germain MANDALA!

◆ **Images of ArchAngels and other Ascended Masters** by various artists.

◆ **Ascension Sessions with Troika Celeste Saint Germain** are now available by **Appointment Only**. Please read this page for more information about private sessions and public events.

*New items will continue to be added. Please bookmark this site and check back often.*

*Ascension Saint Germain.com*

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## USING THE VIOLET FLAME FOR TRANSFORMATION

*By Troika Saint Germain, Copyright 2007*

The Violet Flame is a Divine gift and tool for everyone, given to us by Ascended Master Saint Germain. It is a sacred fire that exists on the Higher Dimensions. People with the gift of interdimensional sight have seen it. Cameras have captured it when it was not visible to the person taking the photo. The Violet Flame is REAL and I invite you to use it to your great advantage.

The Violet Flame is Spiritual Alchemy in action. Its purpose is to TRANSMUTE denser feelings, actions, deeds, karma, etc. into a higher vibrational frequency, which helps prepare us for our Ascension. Ascension means becoming a Divine Human, also known as a Christed Being - a level of Consciousness obtainable by any person. You may use the Violet Flame in perfect harmony with any belief system, religion or practice. It is a neutral tool with absolutely no conditions attached to it.

Some organizations teach people to use the Violet Flame with prewritten prayers and affirmations that they need to memorize and say in the right order for them to work. Some of them are very complex and rhyme with much repetition. Saint Germain has always told me that the words are not so important. Too many people are spending their energy and focus worrying about whether they got the words right or not. This causes them to miss the really important part of using the Flame - the feeling in your heart, your desire, intention and sincerity. Use the words from your own heart.

There are unlimited ways to use the Violet Flame. This is the basic method Saint Germain wishes everyone to use as a foundation for Violet Flame work. It is very simple with only four steps. Once you understand the principles behind this practice, you can adapt it and use it in unlimited ways.

**Step 1. Bring the Violet Flame into your body.** Ask your Higher Self, a Master, Guide or Angel to assist you to do so, or just ask the Flame to "be made manifest," whichever is most comfortable. It is helpful to visualize (doesn't matter if you can or cannot actually see it) or pretend that there is a ball of violet fire above your head. Then ask that ball of fire to come into your body and fill every speck of your entire body.

**Step 2. Spin the flame in and around your body.** Keep the Flame inside your body while asking it to also come out through your heart chakra and spin around or encircle the outside of your body so that it's encompassing your emotional, mental and spiritual bodies.

**Step 3. Ask the Violet Flame to transmute** everything you wish to be changed or eliminated from your life. Some people like to mention everything like a shopping list - all karma, negative feelings such as anger, poverty, frustration, sadness, physical illnesses, etc., which is fine. But you can also do a catch-all phrase, such as "transmute anything and everything standing in the way of my ascension, or of becoming a Christed Being." Again, it's the intent and the feeling behind it. One important phrase to add is, "on all dimensions, on all

levels, through all time and space, past, present and future" to your request. That covers all your lifetimes and your multidimensional selves.

**Step 4. Change negativity into Divine Light and fill your body.** "Holes" are created in your aura where the dense energy and blocks were consumed by using the Violet Flame. It is very important to fill those spaces up with healing energy. Some people like to do the list again. "Please transmute everything into love, prosperity, abundance, peace and happiness." Or you can ask for specific colors, which are pure energy. Pink is unconditional love. Blue is peace and tranquility. Green is health and abundance. Deep dark blue is spiritual knowledge and intuition. Violet is spiritual advancement and knowledge. Either way works fine. The Violet Flame Invocation below turns everything into the golden light of the Christ Consciousness, which encompasses all the qualities of the other colors.

The following is an example of the 4-step Alchemical Violet Flame Meditation, which will transmute your karma and negative thoughts, actions and emotions. Please individualize the Invocation using words from your heart and say them with great feeling and intention. Saying the words out loud is best because the power and vibration of the spoken word has energy, which helps create the maximum results of the Violet Flame. If you are among people, you can just say it quietly in your mind. Center yourself. Take a few deep breaths to prepare, and then, say these words:

***Mighty I AM Presence, Beloved God, My Heavenly Source, Please make manifest in me now the Sacred Violet Flame of Transmutation. Bring the Violet Flame into every cell, molecule and atom of my body filling me totally and completely.***

***Blessed Violet Flame blaze into my Heart and expand out and around all of my bodies, physical, emotional, mental and spiritual, surrounding my entire Being with your Divine Grace, Love, Mercy and Forgiveness.***

***Transmute all karma, negative thoughts, actions, deeds and energy that I have ever created at any time, in all dimensions, on all levels, in all bodies, through all time and space, past, present and future, for all Eternity. Transmute anything and everything that stands in my way of embodying the Ascended Christ Being That I AM.***

***Beloved Violet Flame turn all that has been transmuted Into the Golden Light of God, the Christ Consciousness, The Light of God that never fails.***

***Send this Golden Light to me now, filling and surrounding my entire body with its Divine Radiance, raising my vibration and frequency to the highest level possible for me at this time.***

***So Be It and So It Is. Thank You God. Amen.***

It is suggested that you do this first thing in the morning and last thing at night, or anytime you feel a little overwhelmed or upset. Just Violet Flame whatever is going on, right then and there.

*The dictionary says an Elixir has the magical power to maintain life indefinitely. Wishful thinking? Maybe, but there are those who have done just that.*



## *The "Magic Elixir" of Saint Germain is Now Available to All Who Seek It.*

◆ 1 oz. Elixir of Life Essence \$45.00 -- 10-10-10 Activation  
Sale \$37.77

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*The Elixir is an Accelerator and also allows the physical body to hold more Light and higher frequencies. How that energy is utilized is up to the individual.* -- Ascended Master Saint Germain, Jan. 8, 2006

The Elixir is the mysterious elixir that Saint Germain drank daily, making it possible for him to live in the same body for over 300 years and never age past 40-45 years in appearance and health. Others that he shared the Elixir with also seemed to "reverse" their age.

This formula was given to me directly by Ascended Master Saint Germain. He has appeared to me often since I was a small child. I had asked him for the Elixir, or its recipe, many times during the past 25 years. He always ignored my requests. . . until one blessed day in Aug 2003. He said that NOW the time was right to share it, and proceeded to give me the ingredients.

He instructed me to prepare his Elixir of Life as an ESSENCE. It carries the vibration of the ingredients without containing them. This enables it to work on the higher dimensional bodies, where all creation begins the process of manifestation, as well as the physical body. Also, as an Essence, no preservatives are needed and there are no allergy issues. -- *Troika Saint Germain*

The Elixir will be given in Phases, as Saint Germain instructed, while saying that our body needs to adjust in steps. The full formula is too strong to be taken without preparation. This is Phase I.

I have had amazing results with it on all levels, body, mind and spirit, including my hair returning to its natural color after being gray/white for over five years. **Results will vary and be uniquely personal. I make NO claims as to what this Elixir will do for you. Some testers had absolutely no results that they could perceive.** Unedited reports from some of the elixir testers are below.

There is a limited amount of the Elixir of Life Essence at this time. It is produced in small quantities, only during auspicious astrological alignments and/or important Star Gate openings, using ORMUS water. Much ceremony and ritual goes into its production. Saint Germain is always present during its creation. The Elixir comes in a 1 oz cobalt blue bottle with an eye dropper. One bottle will last from 6-12 months or more using the recommended dosage which is only 1-3 drops per day placed into a larger container of water.

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~~~~~ A FEW TESTER REPORTS ~~~~~

**Tester 1 -- physical:** The inside of my body feels different. It feels as if I am much younger inside my body than the physical appearance reflects. Many people that I have recently met have commented on my appearance being younger looking than I am.

**mental:** I seem to be more patient with others, but I do not feel that others appreciate that.

**spiritual:** I am aware of my spiritual part much more often during the day than before. Perhaps it is because of the "centering" before each sip.

**other:** I seem to be "letting" things happen rather than "making" things happen.

**comments:** I am sure that this process is working.

**Tester 1 (after 3 months) -- physical:** As reported before, the "inside" of my body feels much younger, requires less sleep, and has much more energy than when I started this program. Also, recently, I have noticed a "tightening" of my facial muscles--in other words, certain parts of my face seemed to become very tight. I first noticed this under my eyes, and the "tightening" of the muscles, seems to remove wrinkles. The result is that those "ageing" wrinkles seem to be disappearing. There is still much to be done in this area--although it happens rapidly, there are still "wrinkles" to be removed. I do believe that the "process" of reversing my age is working, and will be totally successful soon. I have a feeling that it must be done without a lot of fan fare.

**mental:** Although, I have been convinced of age reversing for some time, I now believe it is physically happening.

**spiritual:** Spiritual changes must also take place--one must not doubt the successful outcome. It will happen at the "right" time.

**emotional:** I feel that I am less demanding from those around me. There is simply a "knowing" that I am changing and those around me can too if they desire. I believe that I have more patience in my dealings with those close to me.

**other:** I seem to know that there is a "time" for events to occur, and I know that events that I have been told about will occur at the time they are supposed to. It sometimes is difficult to have the patience to "wait" for the proper time, although the "event" always happens at the time I "knew" it would.

**comments:** I have enjoyed and been greatly helped by this program.

**Tester 2 -- physical:** my dreams are intensely lucid...and lots of feelings of being in multi dimensions...time slippage....and generally more sleep is needed than before...i feel like i can see beyond what i see as in overlays....inside and outside....simultaneous...

**mental:** able to cope with things easier...less stress...very expansive in my mind....i wander all over the universe

**spiritual:** more firm in my belief of immortality...i feel in the center of the heart chakra...i feel expansive and have a greater knowing of creative process....and akashic knowledge

**emotional:** i feel my emotions don't overwhelm me as much...i am more the observer

**other:** dreams continue to get more and more controlled as in i can know i am dreaming and move about as if i were awake....dreams and waking state are becoming similar in my thoughts....which is reality? they are both.....!!!!

**comments:** i have visions of hyperspacial missions and they appear in physically...i am very impressed with this...want to know what herbs or crystals you used in making this elixir!!!!

**Tester 3 --physical:** Today my eyes are brighter. Am not using my glasses to do this.

**mental:** more patient, feeling of belonging here that I have not experienced before. Better able to study, can settle down and complete my homework in a timely manner, do not panic at the thought of having to do it.

**spiritual:** Finding it hard to meditate, forgetting to do so

**emotional:** very emotional, lots of tears, feel more settled now. Much less fear about learning, able to recognize the fear and breath through it.

**other:** doing Food Combining and have noticed a big difference in my health, no stomach aches which has been a life long complaint.

Waking up remembering my dreams in great detail.

Many people tell me that I am very beautiful and I can see that they mean it. In the past this used to make me feel very uncomfortable, today I accepted the complement with out feeling bad.

**Tester 4 -- physical:** I can see my hair and body changing

**mental:** all over the place

**spiritual:** for the first time I can see why every thing is upside down for me at this moment you reap what you sow

**emotional:** up and down

**other:** I am empowered to change my life

**comments:** I now can fix up a lot of my life now with confidence as spiritually and mentally I have been given another chance to start again. My weight and everything else is due to having a big mouth, I am lucky to be able to see why this is happening. thank you for this elixir

**Tester 5 -- physical:** I have more strength and I don't get tired as much, I was surprise how easy it was for me last time to get in and out of the tub. The arctic cold weather is not affecting me as much, I feel like I want to do things, before when I was home I just wanted to sit down now I want to do some thing. I am very happy with this formula.

**mental:** I have started to notice that I can think more clearly.

**emotional:** i feel more confident that I can do more things.

**other:** I notice that I am more active now.

**Tester 6 -- physical:** My hair is gradually changing to brown.

**mental:** I have improved in meditation. I was not a natural meditator. I find it easier to do now and I do it more often.

**spiritual:** I am more trusting of the Universe.

**emotional:** I have become more forgiving and loving, more disenchanted with the screen of life, and more eager for the changes that are coming in the outer world.

**other:** Dreams are easier and happier.

**Tester 7 -- physical:** Higher awareness of what is good for my body, like a shot of wheat grass almost daily. My skin has definitely improved.

**mental:** Better able to cope with life's little ups and downs.

**spiritual:** More and clearer meditation.

**other:** My dreams have increased, somewhat. My diet has improved, with a little less sugar craving. My overall ability to accept things as they are, and know that all things are in order. I guess I can best summarize by saying that I am overall more peaceful than I used to be. I love this elixir! Thank you, Troika, and thank you, St Germain!



**Results will vary and be uniquely personal.**

**Please have an open mind without preconceived expectations.**

**Strong Intent and Commanding Affirmations are recommended.**

**Pale-colored Crystalline formations of ORMUS have been found in some bottles.**

**The ORMUS is growing on its own and is very beneficial.**

◆ 1 oz. Elixir of Life Essence \$45.00-- **Special StarDove Price \$37.77**  
**Sale Expires on Oct. 31, 2010**

[Click HERE to purchase on a SECURE Shopping Cart](#)

Important Notice: Vibrational Essences are not a replacement for physical, emotional or mental health counseling and therapy. If you are dealing with mental or physical health issues get help from a licensed professional. Use essences to help speed your recovery. This essence is for spiritual and personal growth and is not to be considered as treatment or cures for any medical or psychological conditions. None of the information contained herein is to be considered claims for an ability to treat any medical or psychological condition. It is not intended to replace medical care by a licensed health care professional. You should consult a licensed health care professional for any medical or psychological condition you may have.

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## **TransScents™ Vibrational Sprays by Saint Germain**



**All of Life is Energy that vibrates at various frequencies. Each frequency has its own life patterns and manifestations. The simplest example is that of a radio. Each frequency or station has unique programming. Change the station . . . change the tune.**

The Universe is the ultimate "radio" and we each vibrate at our own frequency. The way we can change our life is to shift our frequency to "play the tune" we wish to be or to create.

***In truth, all one needs to do to change any aspect of their life, heal any dis-ease, or achieve Transfiguration of the physical body into the Ascended Realm, is to raise their vibration and frequency. -- Ascended Master Saint Germain***

***There are many ways to achieve a vibrational shift into a higher frequency.***

One method is to surround yourself with High Vibrational Frequencies. These fantastic sprays of Gem Elixirs and Essential Oils, brought forth by Ascended Master Saint Germain, are alchemical tools to help you experience the Higher Frequencies. By temporarily shifting your vibration with these sprays, you will become more familiar with these Higher States of Consciousness and find them easier to achieve on a permanent basis. Sometimes we just need an example . . . these are the frequencies of the REAL YOU.

**Each 2 OZ. bottle of TransScents™ contain Pure Essential Oils, Hydrosols\*, and Gem Elixirs. The formulas came directly from Ascended Master Saint Germain. He wants it known that the fragrance is not the point. It is the Frequency created by the combination of ingredients that is important and produces the vibrational shift.**

**Only the very finest and purest of Essential Oils are used, some of which include; Helichrysum, Melissa, Pink and White Lotus, Angelica, Neroli, Frankincense, Myrrh, Rose, Black Spruce, Silver Fir, Bergamot, Violet, Lilac, and Lavender, among others.**

**The Gem Elixirs are made from the highest quality jewels and crystals, for example, a \$15,000 7.5 ct. flawless Tanzanite is used for the Tanzanite Elixir. Some other Gems included in the formulas are; Amethyst, Diamond, Celestite, Pearl, Moldavite, Selenite, Rose Quartz, Ametrine, Herkimer Diamonds, plus Pure Silver and 24K Gold.**

***Use TransScents™ by lightly misting yourself, your healing room, bedroom, office, automobile, or any where you wish to uplift the energy. PERFECT for meditation, and for massage therapists and other healing professionals to use during sessions with clients. You may use several at a time – combined in "layers" – for an absolutely Divine Experience!***

**TransScents™ retail at \$35 each.  
(Order individual TransScents™ below)**

### *Saint Germain -- Essence of Ascended Master Saint Germain*

Use to call in Ascended Master Saint Germain, Lord of the Seventh Ray and Architect of the Golden Age, anytime you desire to experience his energy, especially to receive his guidance and communicate with him.

FREEDOM, TRANSMUTATION, DIGNITY, INTELLIGENCE, ELEGANCE, DIPLOMACY,  
ALCHEMY, MANIFESTATION, WORLD SERVICE

[Click Here to Purchase This Spray](#)

### *Violet Star -- Essence of the Feminine Aspect of Saint Germain and The Violet Planet*

Experience the gentle feminine aspect of Saint Germain. Use to develop compassion, mercy and forgiveness toward yourself and others. It is also the vibration of the Violet Planet, which is the home of many 7th Ray Starseeds.

TRUE FORGIVENESS, FREEDOM, LIBERTY, JUSTICE, COMPASSION, MERCY, EQUALITY,  
BEAUTY, ARTISTRY, GRACE

[Click Here to Purchase This Spray](#)

### *Flame -- Essence of The Violet Flame of Transmutation*

Use to call forth the Violet Flame to clear and transmute negativity within yourself or in your surroundings. It is important to ASK for transmutation to take place, and then fill yourself and area with The Divine Golden Light.

[Click Here to Purchase This Spray](#)

### *Alchemy -- Essence of Spiritual Alchemy That Turns Lead to Gold*

Use the magical, mystical energy of Alchemy to help manifest your wishes, goals and desires into this reality. Remember that True Alchemy is the transformation of the lower human self into the Ascended Divine Self.

[Click Here to Purchase This Spray](#)

### *Ascension -- Essence of Ascension into the Higher Realms*

Call in the energy and vibration of Ascension during meditation. Learn to take your body, mind and spirit to that high level of consciousness and Ascend into the Higher Realms. **Please do**

**NOT use this one while driving.**

[Click Here to Purchase This Spray](#)

### *I AM Presence -- Essence of The Blessed I AM Presence*

Use with the Greatest Respect during prayer or meditation to connect with your Beloved I AM Presence, Highest Energy within our existence, also known as God, Source, One Spirit, Creator and The All That Is. **Please do NOT use this one while driving.**

[Click Here to Purchase This Spray](#)

Hydrosols contain all of the plant in every drop, just like a hologram; the water-soluble components, the essential-oil molecules, the very fluid that was flowing through the plant cells when the plant was collected. It's all there in a matrix of water that is so much more than water, one of the most recognized holographic substances in healing.\*Hydrosols, or hydrolates, are the pure, water-based solutions created when essential oils are steam distilled.



## Chapter 20

### Aulterra

The following information was written by Harmonic Innerprizes and can be found at the [www.energeticnutrition.com](http://www.energeticnutrition.com) website.

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**Aulterra is an organic compound derived from a rare crystalline rock found in only two known sites in the world. Tests conducted on the rock powder in 1995 concluded that this unique substance reacted with the earth's magnetic fields and neutralized radiation.**

It balances the magnetic fields of the body which improves the body's metabolism of food and other dietary products. Research also shows Aulterra's ability to optimize DNA function.

When consumed into the body, laboratory studies indicate Aulterra:

- **Activates DNA**
- **Enhances cellular activity**
- **Neutralizes toxic substances**
- **Reverses cellular aging**

Aulterra releases energetic interference and restores harmony to any substance. Ultra-sensitive frequency monitoring devices shows that:

**Aulterra strengthens the energy field of the body and establishes optimal harmonic patterns in 3 to 7 days.**

### **What Our Scientist Says**

Mr. Bruce Tainio is a renowned scientist in his field, and Harmonic Innerprizes is very fortunate to have his expertise available. The following is a reduced version of his report on Aulterra:

Aulterra brings a new frontier to the electromagnetic healing horizon. Aulterra comes from a unique blend of rock minerals that set up high electrical potentials, and upon blending these minerals, high standing waves are created. During the actual production process of Aulterra, intention is programmed into it. Aulterra has the remarkable ability to actually hold, carry and plant this intention into any properties wherein it is utilized. The intention of the maker of Aulterra is that illness is only an illusion and is not permitted under Universal Laws of Balance. Therefore, the intention of Aulterra is to remove the illusion of imperfection. This is a hard concept for most academia to accept, but laboratory tests thus far have proven Aulterra's ability to do exactly that.

When Aulterra was added to a composite of organic substances with the intent of microbially digesting the material, the total microbial count in the Aulterra batch was 7.2 times greater than the controlled material incubated under the same time and temperature conditions.

**When Aulterra was placed in a ground, organic food product which had a high E. Coli and coliform count, it reduced the count to less than the lowest detectable level.**

In a recent university test, Aulterra was applied to soils containing high levels of lead and zinc. The lead came down in 18 hours from 80 ppm to 0.2 ppm and the zinc had similar reductions. Is this Alchemy? No, it is simply the transmutation of the elements which were out of balance with the universal laws. The illusion of imperfection was removed by the intentionally programmed Aulterra.

Harmonic Innerprizes strives to make the very best food supplements available anywhere in the world. This is why, among other processes they do to balance and align energy fields, the use Aulterra in all of their [Energy Field Formulations](#) as the trace mineral catalyst to improve the formula's bioavailability and enhance their utilization within your body. No other manufacturer goes to these levels to assure the highest quality and effectiveness possible. It is the way all supplements will be made in the future.

**Aulterra has undergone extensive testing at our independent research facility and scientists there are astonished at the results that they observe with this amazing substance.**

### **Laboratory studies on Aulterra confirm the following:**

1. Aulterra increases the utilization and effectiveness to the body of any substance; including pharmaceuticals, nutraceuticals and herbs, and foodstuff by 30% to 60%.
2. Aulterra activates DNA. When DNA is oscillating at optimal efficiency it opens the potential for a constant state of health.
3. Aulterra neutralizes the harmful effects of toxic substances, including toxins in the body. This is accomplished through electromagnetic dynamics that reverses the negative spin of any toxic substance to positive.

Additionally, when added to food or beverages, Aulterra dramatically increases the frequency dynamics of the energy fields. It also **improves enzymatic break-down of food and increases it's bio-availability**.

Aulterra will balance and electromagnetically harmonize any substance that it comes in contact with, in three to seven days. **Aulterra creates balance and harmony by removing all foreign electromagnetic interference that may be present within the substance.** "Substance" may be defined as your food, your garden, or your body. This allows the highest potential of any substance to come forth at any given point in time.

When Aulterra is taken with any dietary supplement, it will increase that supplement's bio-availability and energy potential. Quite often, equal benefit from another supplement is obtained with only a fraction of the recommended dosage. Aulterra is a prerequisite to any serious health curriculum.

Aulterra is formulated through a special proprietary homeopathic process that amplifies it's effects. A homeopathic 300x preparation is created and processed back into the mother ingredient. This process harmonizes the essence of Aulterra with the substance of Aulterra.

### **Increased Utilization of Your Food and Dietary Supplements**

Making better use of our personal resources is important. Whether that is making better use of our time so we can accomplish more within a 24-hour time period or having extra time to spend with friends and family. Make better use of energy by becoming energy efficient in our home and workplace. Driving fuel-efficient cars will become more of a necessity. Aulterra provides the opportunity for us to be more efficient with our most important possession, our body.

There is not a scientist, doctor, government official, or even a lawyer that would argue with the fact that our food is nutritionally deficient. The demineralization of our soils and the flagrant use of toxic insecticides and chemical fertilizers have reduced the nutritional value of our food by 80% over the last 50 years. This is the main reason why many doctors and health experts all over the world recommend dietary supplements.

Additionally, we pay over eight times more today for our nutritionally deficient food than we did twenty years ago. This is primarily due to the flawed agricultural policies of virtually every country on the planet and corporations who put their profits before your well-being and that of our planet.

In order to stay healthy, many choose to pay a premium for organic foods, and many more buy dietary supplements, believing it is the only answer for any hope of staying healthy in an increasing toxic environment. It seems that the cost of staying healthy is only exceeded by the cost of being sick. With Aulterra, we can enhance the utilization of food and dietary supplements by 30% - 60%. We can either choose to increase the value of our food intake giving the body more solid nutrition, or we can choose to decrease our consumption, saving money at the food store.

It is important to note that these results may only be obtained by sprinkling Aulterra directly on the food or supplemental preparations. All testing was done with Aulterra coming into direct contact with the substance. Taking a capsule with the meal may or may not produce the stated results. **CAUTION:** Do not take any of the Harmonic Innerprizes Etherium products (Gold, Pink, Red, Black, Shamir, or Aulterra) if you are currently taking any neurotropic (substances that affect the nervous system) or psychotropic (substances that affect the brain) without the full knowledge and written permission of your attending physician.

### **DNA And Its Relationship to Ultimate Health And Evolution**

For years DNA researchers thought the double helix that holds our genetic code was a stationary structure. Only within the last few years have these same researchers realized that a healthy, normally functioning DNA is in a perpetual oscillating motion of winding and unwinding. DNA unwinds when the hydrogen bonds that hold the helix together are broken by noxious stimuli. As it recovers, it spontaneously rewinds. However, when in an environment of harmonic electromagnetic fields, the unwinding and rewinding become oscillatory in nature. The helix rewinds, and then unwinds a little, rewinds, and unwinds a little.

When this oscillatory pattern is a constant, quantum coherence occurs. Aulterra induces this quantum behavior in DNA. "Quantum" as defined in Taber's Cyclopedic Medical Dictionary is "a unit of radiant energy". Therefore this quantum behavior produces radiant energy. "Radiant" is defined as "emitting beams of light".

Many spiritual visionaries have always talked about living in the Light. Indeed, Jesus said "Ye are the Light of the World". The phrase, "Let there be Light" is used by many religious denominations to foster blessings. Aulterra takes the possibility of living in the Light to a new and profound reality.

Many scientific visionaries have stated that DNA is at the core of our evolutionary destination, especially in these times of extraordinary change. What could be more significant than optimizing DNA function so that the oscillation pattern, which can be activated by Aulterra, becomes the reality of every cell in our body? Would we not live in a constant state of health? Would we not evolve to our highest potential? Most DNA researchers believe so.

### Aulterra Neutralizes the Effects of Toxic Chemicals and Toxins in the Body

In several studies, it clearly shows that the energy of Aulterra neutralizes the negative effects of toxic elements. In 1996, the University of Idaho conducted toxic soil recovery studies utilizing Aulterra powder. Samples of soil contaminated with lead and zinc were mixed with small quantities of Aulterra powder. The pre-mix soil contained 200ppm of lead and the zinc measured 26.8. Two days after mixing Aulterra into the soil, the lead measured .5ppm and the zinc measured 6.5ppm. In 1998, Lockheed Martin conducted another study to determine if Aulterra could neutralize radioactive elements. After six months, Aulterra successfully reduced the gamma radiation of the control substance by 80%.

How does Aulterra neutralize radiation and toxic metals? All particles coexist as waves and all waves coexist as particles. It is also well known that energy cannot be created nor destroyed, but rather changes form.

It can be said that the subatomic particles that make up the lead and zinc also exist in waveform. In reality, another way of looking at the coexistence of particles and waves is to say that matter oscillates between particle and wave-form. This way, depending on the detection technology, energy can be 'caught' in either form.

In the DNA study, it was shown that Aulterra neutralized the negative effects of copper on DNA. Although the scientific principles of intention and biological information transfer should be identical for any noxious substance, research continues to be able to confirm that Aulterra neutralizes all heavy metals in any biological system.

### **Matthew's Insights**

You will find that there are different opinions about monatomic minerals such as Aulterra. Some groups are for them and some against. I have found Matthew's information about monatomic gold/minerals, found at [www.matthewbooks.com](http://www.matthewbooks.com) very helpful and shows what I feel to be the truth about Aulterra.

*OK, dear, and thank you for answering my question and more! Someone who read that the Illuminati want us to ingest monatomic gold because it prevents an increase in DNA strands and also primes us for mind control programming, wants your opinion of this.*

11. MATTHEW: I'll be happy to speak about this, but it is MUCH more than my opinion! The truth is exactly the opposite of that claim, and while that false information may have been passed on innocently, you can be sure that its originator knows gold's place in human evolution—in highly evolved civilizations, gold is naturally an ingredient of their bodies because it is one of the most beneficial elements in the universe. As the microcosm of the universe that each of you is, this is how it applies to you: Gold enhances brain functioning and contributes to physiological stability through cellular regeneration. Throughout the eons of deterioration of human intelligence and the loss of knowledge that each life form started in the pure love essence of Creator and is a part of the Supreme Ruler of this universe, the use of gold went from health to wealth. It spiraled downward from its vital role in spiritual clarity and physical well being to its use as jewelry and other objects of opulence and eventually became the foundation for some economic systems. Gold also is an important part of higher civilizations' technology. The earliest visitors to your planet went there precisely to look for gold, and upon discovering it, kept this a secret so they didn't have to share their find with any other civilizations.

*I know! Let's go to the many questions about health and therapies. The first is, Why is monatomic gold good for us?*

18. MATTHEW: Mother, since I am familiar with your list and your conscientiousness about space limitations, I'll reply to the questions without your typing them. I did speak about gold in my last message, but I am happy to add a bit because I didn't completely explain the reasons it is "good for you." Gold is not only valuable in fortifying immune systems, but along with light, it is a vital element in raising bodies' frequencies, which accelerates cellular transformation from carbon-based to crystalline. That restructuring enhances brain functioning and enables the increase in DNA strands, and that growth leads to expanded consciousness, spiritual clarity and overall balance. Most of you don't remember your lifetimes at that evolutionary level, but as a comparison example that you can relate to, even carbon-based cells have a high degree of innate intelligence, such as that which aids the body's self-healing and regenerative abilities. Understandably, those abilities are seriously compromised by chemicals, toxins and viral strains spread through means such as vaccines, prescription and illegal drugs, chemtrails, and other pollutants in your atmosphere, water and ground; and returning to the benefits of gold, while it can help offset the effects of those, it cannot completely prevent them.

## **Chapter 21**

### **Miracle Mineral Supplement**

The following information was Jim Humble. His website can be found at  
[www.miraclem mineral.org](http://www.miraclem mineral.org)

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# Miracle Mineral

The Miracle Mineral Solution  
of the 21st Century



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**This Breakthrough can save your life, or the life of a loved one.  
Please read.**

The answer to AIDS, hepatitis A,B and C, malaria, herpes, TB, most cancer and many more of mankind's worse diseases has been found. Many diseases are now easily controlled. More than 75,000 disease victims have been included in the field tests in Africa. Scientific clinical trials have been conducted in a prison in the country of Malawi, East Africa.

Separate tests conducted by the Malawi government produced identical 99% cure results. Over 60% of the AIDS victims that were treated in Uganda were well in 3 days, with 98% well within one month. More than 90% of the malaria victims were well in 4 to 8 hours. Dozens of other diseases were successfully treated and can be controlled with this new mineral supplement. It also works with colds, flu, pneumonia, sore throats, warts, mouth sores, and even abscessed teeth (it's the only thing that controls and cures abscessed teeth).

The inventor, Jim Humble, believes that this information is too important to the world that any one person or any group should have control. The free e-book download on this site gives complete details of this discovery. Please help make sure that it gets to the world free. There are many medical facts that have been suppressed and this invention must not be added to that list. The name of the e-book is *The Miracle Mineral Supplement of the 21st Century*. This book tells the story of the discovery, and how to make and use it. This book can save your life. Give it a try.

**At [www.projectcamelot.org/jim\\_humble.html](http://www.projectcamelot.org/jim_humble.html) you can watch an interview with the inventor of MMS Jim Humble and determine for yourself the truth about MMS.**

[Download Part I FREE](#)

Although Part I of the e-book tells everything, there is a second Part that gives more details and covers the data more thoroughly. There is a small charge for the second book to cover the distribution (\$9.95). Extra money from these sales will go towards humanitarian efforts in Africa, which will in the long run benefit the world.

[Purchase and download Part II](#)

Please read the first book first as it will be more logical that way. We mentioned Part II only because we didn't want you to be surprised about the charge for Part II. [Read more about Part II.](#)



This is an image of a model of a chlorine dioxide ion (ClO<sub>2</sub>). It is the secret to this new mineral. It is the most powerful killer of disease pathogens known to mankind, and that is a known fact. Now, read in Part I about how it has been converted for use in the human body.



## MMS Description [www.mmsanswers.com](http://www.mmsanswers.com)

I hope you do not think that The Miracle Mineral Supplement (MMS) is just another very interesting supplement that can help some people after taking it for several months. Not so. MMS often works in a few hours. It destroys the #1 killer of mankind, malaria, in 4 hours. The victim goes back to work the next day. If patients in the nearest hospital were treated with this Miracle Mineral, over 50% of them would be back home within a week.

Amazing as it might seem, when used correctly, the immune system can use this killer to only attack those germs, bacteria, viruses, molds, and other microorganisms that are harmful to the body. It does not affect friendly bacteria, including the intestinal flora, nor healthy cells.

MMS is the greatest solution to mankind's diseases and ills now known, and it is not a drug. If you will go over the data here, and read my book, and read the success stories provided I believe you will be convinced enough to try it. That is all I ask. Up to this time, I have not yet had a doctor read my book and read the success stories and then say that he didn't believe it. The reason for this is not the success stories as anyone can write up a bunch of success stories, but the book tells of chemistry. Chemistry doesn't lie. Science is science and doctors have enough understanding of science and chemistry that they know there is no point in arguing that chemistry doesn't work.

MMS is the purest of all things that you might take. Drugs and even nutrients have dozens of different combinations of chemicals and different elements. That's generally the reason for side effects. There are just any number of things that can happen from a drug, and even from a nutrient. Look at any drug formula. Some times the formula is a foot long. But not so MMS. It is only two simple items once it is dissolved in water. It consists of the type of harmless chlorine that is in table salt, and oxygen. There is some sodium, before it is dissolved in the water, but that becomes harmless as it is so small. There is nothing else, and this combination results in the most powerful killer of pathogens known to man. It has been used in stock yards to kill pathogens on meat, and on slaughtered chickens; it has been used to sterilize hospital floors and benches, and to kill pathogens in water works without killing friendly bacteria for over 70 years. Now this same formula is used in the body, and the same situation results. No damage is done to the body, but the pathogens are destroyed. In its powerful form MMS is chlorine dioxide that reverts back to harmless chloride and neutralized oxygen. It leaves nothing behind to build up.

Take your time. Learn what you can. Read my book and you will know that a new age has come to mankind. I didn't bring it. I was lucky enough to discover what many men were already doing, they were using MMS under different names. What I was lucky enough to discover was a way to bring the information to the general public instead of it lying dormant in hospitals and clinics not being used. Well, I sort of invented it in that I discovered it cured malaria while I was in the jungle, but I soon found that others have been using it sparingly on certain diseases for as long as 20 years or more. The fact is, it treats almost all diseases, including the so called incurable diseases. I'm just glad I was able to bring it to the public. So now find out for yourself.

When you purchase a book (download for \$12.95 or hard copy for 21.95) keep in mind that the money beyond expenses will go to overcome malaria in a country of Africa or to help distribute books in the Americas. Click above on the right on "Friendly Links" to purchase a book. — The Author. The search options to the right enable you to search the knowledge base related to many diseases. Search results will bring together all articles that reference your topic which you can read or print. You can search the entire database for a word or phrase using the search box on the right side. To search for a phrase put quotes around the words — such as "kidney Stones". If you have questions about this site or want information about contributing to the Foundation and Jim Humble's ongoing work, you may email [JIM@MMS2b.com](mailto:JIM@MMS2b.com) and one of my staff will reply.

Donations to assist my ongoing research and travels can be deposited into my PayPal address which is [MMS1@jimhumble.com](mailto:MMS1@jimhumble.com). Thanks to everyone who sees the value of spreading the word.



# Foundation Purpose and Goals

## FOUNDATION MISSION STATEMENT:

Reduce human suffering and disease by dispensing MMS to individuals in specific cities and countries, educating them about best practices when using chlorine dioxide which is packaged as a safe, rapid method of eliminating diseases if they were caused by pathogens.

## Planned Initiatives:

1. Eliminate Malaria, sleeping sickness, TB, HIV, and others first in African cities and countries. Since Jim has a previous working relationship, his work will begin in Africa. This program template will expand rapidly to include other countries where we are welcomed and have funds to support.
2. Through actions and programs, assemble understudy persons who will receive training in the distribution and applications of MMS, followed by underwritten travel to towns and remote villages where MMS can be delivered to local individuals followed by local training. Jim Humble will lead this task as soon as Foundation funds permit. Minimally, three million children under age 5 will be freed from malaria under this one initiative.
3. Underwrite one or more medical scientists who will perform specific research projects under the direction of Jim Humble. Publications and statistical analysis of medical records will provide further legitimacy of the methods currently in use.
4. Provide incentives for alternate-health clinics in many countries to apply MMS to specific disease situations where medical records can be used to further validate experimental evidence.
5. Reduce or eliminate killer diseases from other cities and countries where invited.

## Methods and Designated Services:

1. Award funds to support applicants who can become leaders in various countries, trained to administer actual hands-on MMS dosage to diseased people. Funding in many cases may cover living stipends for individuals who can commit six months or more to receive training under Jim Humble, then traveling to remote areas to train locals in the administration of MMS.
2. Receive grant applications from persons or institutions that promote the use of MMS in health professions through their own MMS initiatives and programs.
3. Receive grant applications requesting the Foundation to fund specialists whose proposed research will produce documentation, and scientific proof of effectiveness.
4. Increase credibility of MMS through Foundation reports, writings, videos, TV appearances, and civic lectures.
5. Support maximum use of the Internet and these web sites to further communicate news and opportunities related to the use of MMS.
6. Receive charitable gifts, donations, and investment income to maintain the Foundation with lowest possible overhead and maximum efficiency.

Contact: [inquiry@jimhumblefoundation.org](mailto:inquiry@jimhumblefoundation.org)

## **Chapter 22**

### **Daily Ascension Meditations**

The following information was written by Alan Olivier. “The Ascension Guide” can be purchased at [www.theascensionguide.webs.com](http://www.theascensionguide.webs.com)

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# Daily Ascension Meditations

As you have discovered in The Ascension Guide, there is a vast amount of ascension information and meditations to be found. It is almost impossible to practice all the different ascension sources (disciplines) at once to their full degree. This is also not recommended. It is best to follow your intuition and delve deeper into the particular ascension discipline (program) you feel most drawn to. Each ascension program by itself will help you to ascend if practiced earnestly. However, in this chapter you will find a summary of the most powerful meditations each ascension discipline has to offer. A daily routine taking only 20 minutes of focused intent in the morning and evening once you have become familiar with them. If you are too busy once a day is still beneficial. If nothing else, the Maharic Seal is recommended to be done twice daily. This routine will consist of meditations, mantras, affirmations, channeled messages, engaging the Sun of God, listening to ascension music, carrying gemstones and ascension tools, using essences and elixirs and following the 13 moon natural time calendar. All in an effort to increase your vibration.

## **MEDITATIONS, SPRAYS, ELIXIRS AND MUSIC:**

### **Maharic Seal ... pg 76**

**(It is recommended that you follow the Kathara Healing Techniques on the [www.azuritepress.com](http://www.azuritepress.com) website under the "More Info" link. This will consist of a daily ascension program taking several months but for only a short time each day)**

### **Song Of Lyra ... pg 81**

### **Infinity Breath ... pg 138**

### **Violet Flame Of Transmutation ... pg 213**

### **Sacred Tones Of Creation ... pg 87**

**Atium Atium Atium Ma Gu Ha**

### **Elvea SGS ... pg 126**

**Neuro-audiovisual program: dynamic brain stimulation, activating dormant brain cells and capabilities. Prompts brain to rewire itself, upgrades your nervous system and immune system. If you haven't already followed this program when you started reading The Ascension Guide follow this program for a 26 day period. This will take some of your time, 50 minutes in the morning and evening. It is worth the effort!**

### **Angel Essences ... pg 147**

**Spray the Angel Of Ascension Essence lightly around your body several times per day. This essence can be purchased at [www.raven.org.uk](http://www.raven.org.uk)**

### **Aulterra ... pg 220**

**Go to [www.energeticnutrition.com](http://www.energeticnutrition.com) and purchase Aulterra, use twice daily**

### **Saint Germain TransScents Vibrational Sprays ... pg 218**

**Spray Saint Germain's TransScents lightly around your body several times per day either in combination with Angel Essences or at separate times. TransScents can be purchased at [www.acsensationsaintgermain.com](http://www.acsensationsaintgermain.com)**

### **Saint Germain's Elixir Of Life ... pg 215**

**Take Saint Germain's Elixir Of Life in the morning. Follow directions given. Elixir Of Life can be purchased at [www.acsensationsaintgermain.com](http://www.acsensationsaintgermain.com)**

### **The Earth Surrounded in Light**

**(A [www.matthewbooks.com](http://www.matthewbooks.com) meditation)**

**Visualize the entire Earth surround in a Golden White Light for a minute or so. Ask that God's Will is done on Earth for the highest good of all.**

### **Giving Permission**

**(An Archangel Michael meditation)**

**Each day you must give your Guides, Angels and Divine I AM Presence permission to get involved in your life. Affirm "Divine I am Presence, Angels, Guides, And Beings Of Light, I give you permission to guide, enfold and protect me this day for my highest good and the highest good of all".**

### **Angel Of Forgiveness**

**(An Archangel Michael meditation)**

**Every day we create karma, project negative thoughts and commit unloving acts. This karma can be transmuted after each day. Affirm "Dear Angel Of Forgiveness, please harmonize, transmute and balance all discordant energies and thought forms which I have projected in the last 24 hours which are not of the Love and of the Light.**

### **Calling In The Beings Of Light**

**(An Archangel Michael meditation)**

**By calling upon any of the Archangels, Saints or Beings Of Light you are drawn to will increase you vibration. Affirm "Saint Germain, Archangel Michael, Beings Of Light, please overshadow me with your virtues, qualities, attributes and abilities.**

### **Engage The Sun Of God ... pg 203**

**Start your day by raising your hand up to the Sun, the Light, and say a prayer. Do this throughout the course of the day when you feel moved to do so. When you have time perform your power prayer by raising your hands to the Sun and contracting all your muscles for as long as you can being sure to project all your Love to the Sun and the Universe.**

### **Star Traveler's 13 Moon Almanac Of Synchronicity ... pg 117**

**You will need to purchase this book. For each day there is a set of quick meditations that you practice. These meditations will synchronize you with the rhythm of the Universe.**

## **2012 Rainbow Bridge Visualization ... pg 122**

### **Crop Circles And Star Glyphs ... pg 84**

Go to the [www.recordsofcreation.com](http://www.recordsofcreation.com) website, open resources link, click on “Ascension Tools”, then click on Crop Circles And The Star Glyph Language Of Light, enter the Library. Here you will find many crop circles and the corresponding star glyph. Each day view a different crop circle with it's star glyph. “The Crop Circle Coloring Book” by Scott Onstott is also recommended to help activate DNA.

### **Mantras ...pg 190, 194**

The om mani padme hum mantra in the morning, om aah hum vajra guru padma sidhi hum mantra in the evening. These mantras can be done while you are doing something. For example while walking the dog, cleaning, cooking, driving etc.. it is best to go into nature.

### **ReBirth music cd ... pg 126**

(The Harmonic Principle by Which time Becomes Music) The Rebirth cd will allow the vibration of the Cosmos to pass through you, activating your DNA and parts of your brain which are dormant. All the knowledge associated with the 13 Moon Natural Time Calendar will be downloaded into your being, at first on a subconscious level. The ReBirth music cd can be purchased at the [www.darkmother.com](http://www.darkmother.com) website and should only be listened to with earphones. If you purchase more cd's only listen to one cd at a time for a 26 day period then move on. You can listen to the cd at very low volume while busy with other things twice daily, however not while driving. It is not recommended to listen to Rebirth when following the Arctura DBS program. Always listen to one program at a time for a 26 day period.

### **ReUnion ... pg 126**

(The Harmonic Principle by Which time Becomes Music) Your consciousness is directly progressed through a dynamic meditative experience that one would normally need to train 30 to 40 years to experience. This cd will entrain your brain and personal consciousness with Universal Consciousness. Recommended use same as Rebirth.

### **Archangel Metatron Ascension Cd's ... pg 141**

Listen to each cd through loud speakers for three days in a row for 2 months then listen to the Visionary Music DNA Activation cd's. You can play the music in the background at low volume throughout the day and night. You and the area where you are will be filled with the ascension frequencies.

### **Visionary Music DNA Activation CD's ... pg 175**

Start listening to these cd's before or after you have listened to the Archangel Metatron cd's. Once you have gone through all the DNA activation cd's you can start again with the Archangel Metatron cd's. Do not follow both cd's at the same time. You can play the music in the background at low volume throughout the day and especially the night.

## **ASCENSION TOOLS:**

### **Moldavite ... pg 161**

Purchase a piece of Moldavite from the [www.heavenandearthjewelry.com](http://www.heavenandearthjewelry.com) website. Carry this piece of moldavite with you continually day and night. At night you can place it under your pillow. When you first start carrying moldavite you might at times feel unbalanced. At such a time put the moldavite away for a while until you feel ready again. It might take several days until you are ready for continual use. You will be going through a cleansing phase at first. Also sign up for the monthly Heaven And Earth Network News & Catalog. You will be able to learn about and purchase gemstones from this catalog. The crop circle stones are also highly recommended.

### **Orgone Cones ... pg 182**

Make your own orgone cones or purchase them from the [www.earthtransitions.com](http://www.earthtransitions.com) website. Place the orgone cones around your home. If you feel inspired you can place them in the ground around the town or city you might live. Placing them around cell phone towers or large radio antennas to decrease there damaging effect on all life.

### **Harmonizer ... pg 176**

Purchase a Harmonizer and place it in your home. Activate the Harmonizer several times a day and bring harmony to your area. The harmonizer will be effective for many miles easily reaching an area 30 miles in radius. You can purchase a Harmonizer at [www.slimspurling.com](http://www.slimspurling.com)

### **Personal Harmonizer ... pg 176**

Purchase a personal harmonizer and carry it with you day and night. At times you might feel unbalanced. If this occurs stop wearing it until you feel ready again. This will only happen in the beginning when you are going through a cleansing.

### **Mushaba Symbol ... pg 55**

Purchase a Mushaba Force Symbol from the [www.mushabacenter.com](http://www.mushabacenter.com) website. Carry this symbol with you day and night. A good idea is to print the symbol onto a tshirt.

### **Life Technology Tools**

Go to the [www.lifetechnology.org](http://www.lifetechnology.org) website. Click on the products link then the “Metaphysical Tools For Spiritual Healing, Protection And Enlightenment” link. Read and purchase “The Tesla Shield”, “The Grail Stone” and “The Miraculous Kabbalah Talisman”. These are very powerful ascension tools which you should carry with you.

### **Miracle Mineral Supplement ... pg 224**

Start a complete MMS body detoxification program found at [www.mmsadvancedstudies.com](http://www.mmsadvancedstudies.com) under “Beginner's Guide To MMS”. This is part of the [www.miraclemineal.org](http://www.miraclemineal.org) website. Purchase MMS from a supplier in your region through a popular internet search engine. In order for the ascension frequencies to flow effectively through you the body must be as pure as possible.

## **CHANNELED MESSAGES:**

### **Galactic Federation Messages**

**Check the [www.treeofthegoldenlight.com](http://www.treeofthegoldenlight.com) website under the link “ET First Contact” every few days for new messages from the Galactic Federation.**

### **Matthew's Messages**

**Every month there is a new message from Matthew on the [www.matthewbooks.com](http://www.matthewbooks.com) website. Stay up to date on exactly what is happening here on Earth directly from Heaven. Also read through old messages regularly.**

### **Archangel Michael's Messages**

**Follow the monthly messages from Archangel Michael on the [www.ronnastar.com](http://www.ronnastar.com) website under the “Michael's latest” link.**

### **David Wilcock's Website**

**Visit David Wilcock's website regularly at [www.divinecosmos.com](http://www.divinecosmos.com) David Wilcox is one of the most advanced ascension teachers on the Earth. His website will increase your consciousness by leaps and bounds. Get to know David Wilcock's website thoroughly. Please watch David Wilcock's free movie “The 2012 Enigma” found under the video's link.**





