

The Law of One
The
RA
MATERIAL

THE LAW OF ONE

Study Guide V.2

With Quotes from **A COURSE IN MIRACLES**

Compiled by Robert W Childers, Ph.D



A rearrangement of the material in
“The Law of One,” books I - IV,
by Don Elkins, Carla Rueckert, and James Allen McCarty,
interspersed with quotes from *“A Course in Miracles”*
Compiled by **Bob Childers**

Editors Note:

The original Law of One Study Guide that can be found scattered throughout the internet evolved from a set of handouts/notes prepared by Bob Childers for a study group we had in the early 90's.

This revised Study Guide comes from a similar class we had at Bob's house in the 2007-08 time period. It is not in any way meant to replace the original guide, it is merely a sort of alternate version that contains some topics not touched on in the first version.

The most prominent differences in this newer version are;

1. A much more comprehensive introduction by Bob Childers in Chapter 1.
2. References and quotes from A Course in Miracles are interspersed throughout.
3. Much more in-depth exploration of the path of the negative elite.

This guide is completely copyright-free, so please, put it up on your website; copy it; print it out; and share it with everyone, to your hearts content. We only ask that you respect the original copyright on the *Law of One* books I through IV by Rueckert-McCarty-Elkins, and of course, please don't quote any statements out of context, or in any way that changes the quotation's original meaning or intent.

Blessings

Manny

Acknowledgements;

Thanks to the original trio that brought this material forth; Don Elkins, Carla Rueckert, and James Allen McCarty. And in the true spirit of STO [service to others] making all the Ra Material (and much more) available on their websites, free of charge. Their website is <http://www.llresearch.org/> along with their new sister site and the forums at <http://www.bring4th.org/>.

Thank you Bob Childers, for compiling this guide, and for the excellent study groups you've put together over the years. Look for Bob's upcoming book "*A Practical Guide to A Course in Miracles*" The first of a 3 volume set is due out in the summer of 2009.

Also thanks to David Wilcock and his website and the forums at <http://www.DivineCosmos.com>. David was instrumental in making the original Study Guide available to the general public, and he seems to have a kind of soul connection with Ra. Look for his upcoming movie *Convergence*, due out in the latter part of 2009.

Last but not least, a huge 'thank you' to Tobey Wheelock for making all the Ra sessions available online, in a convenient and searchable database, making the study of the Law of One material infinitely more accessible and easier to research.
<http://www.lawofone.info> and also at <http://wiki.lawofone.info>

About Bob Childers

After a stellar career as a physics professor at the University of Tennessee, Bob has devoted his life to teaching and (perhaps more importantly) living the concepts of A Course in Miracles and the Law of One. He has been teaching classes and workshops, and leading study groups from his home in Knoxville Tennessee, for over 20 years, never charging a fee for any of them.

Bob is perhaps the most spiritual man I've ever known. He actually embodies the ideas he teaches in a way that's quite miraculous. One thing that always impresses me is that when he gets any type of physical pain, he can trace it back to what ACIM calls an 'unloving thought' and simply release the cause of the pain or discomfort at its source.

Over the years Bob has been my mentor; teacher; best man at my wedding, etc. and I'm truly honored to call him my friend.

He is currently finishing up the first book of a 3-volume series, called "*A Practical Guide to A Course in Miracles*" and can usually be found on Sundays giving a talk at the Oasis Institute in Knoxville. <http://www.oasisinstitute.org/>

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CHAPTER I

**TWO DIAMETRICALLY
OPPOSED PATHS
EMERGED FROM THE
LAW OF CONFUSION**

1. FROM THE 3RD TO 5TH DENSITIES, UNIVERSAL ONENESS SUPPORTS THE DUALITY OF TWO OPPOSING SPIRITUAL PATHS

TWO PATHS: A HIGH WAY AND A LOW

The last stanza from the poem, “The Cross at the Crossways,” by the British writer, John Oxenham, (1852 -1941) is a convenient excerpt to use to introduce a central teaching in The Law of One (TLOO).

“To every man there openeth,
A way, and ways, and a way,
And the high soul climbs the high way,
And the low soul gropes the low.
And in between, on the misty flats,
The rest drift to and fro.
But to every man there openeth,
A high way and a low,
And every man decideth
The way his soul shall go.”

As you wander about on the “misty flats,” life offers many experiences. At some point you decide to leave your wandering and seek a way out of the misty valley. There are only two such pathways. One is the high way; the other is the low way. If you select one of these two pathways but refrain from stepping onto it, you do not leave the valley. In the language used in “The Law of One,” or TLOO (or LoO) for short, you are said to be unpolarized. Likewise, when you commit to your path and move along it, you are said to be polarized. Becoming polarized toward the high pathway is allowing yourself to be transformed by the inner working of light and love. For example, in the language of Protestant Christianity; it would probably correspond to making a commitment to follow Jesus and then being transformed by the working of spirit and manifesting the “fruits of the spirit.” in a form allowed by your abilities and situation. Those who are unpolarized don’t seem to be going anywhere in the spiritual sense. As the poem so aptly puts it, they just “drift to and fro.”

TWO POLARITIES: ONE POSITIVE AND ONE NEGATIVE

To be polarized means you are moving along either the high path or the low path. You are positively polarized if you chose the high path and negatively polarized if you choose the low one. . In Oxenham’s poem the high soul is one who has chosen the path of positive polarity; the low soul, one who has chosen the path of negative polarity. However, in TLOO no soul is better than another. In ACIM, the word “soul” would be replaced by “lower mind.”

EARTH'S RELIGIOUS/SPIRITUAL VIEWS OF THE HIGH & LOW WAYS

What exactly is the high way or the low way? It depends on who you ask, doesn't it?. Different religions give different answers. Many descriptions are available. Some common examples are:

The way of the devil vs the way of God.

The path of sin vs the path of Jesus.

The path of ignorance vs the path of Krishna or Buddha.

The path of good works vs the path of evil, or selfish, behavior.

The path of the infidel vs the path of Allah.

USE A BIGGER LENS - GET A BIGGER PICTURE

All of the examples given above come from some spiritual or religious teacher on Earth, and they describe only a short segment of the path to God, namely, the part relating to your experiences on Earth. Of course, that is the most important part for you at this time. However, you may be interested in having a more broadly based understanding that applies to a larger part of the path to God. It would need to be applicable not only to people on Earth, but to beings on other planets throughout the galaxy.

TLOO IS THE BIGGER "LENS"

It probably seems very unlikely that we will ever have such a description - assuming that it even exists. If it does exist, it would have to originate from a source beyond our own planet; to reach us, there would have to be some way to communicate it to someone on Earth. How likely is that scenario? Well, likely or not, there is an account that contains such information, and it claims to come from just such a source. It is presented in four books entitled "The Law of One." The information is said to be from beings from another planet. Millions of years ago these entities had physical forms. . They have followed the high pathway to a point where they no longer live on their planet or need physical bodies - yet they are still moving along the high pathway seeking the Creator. They are aware of beings from other planets, those who have followed the low pathway, as well as those who took the high pathway. Although they have united into a group consciousness, Ra is an individualized part of that consciousness who can speak for them

GREETINGS FROM RA

At the beginning of each session, Ra starts by saying:

RA: *I am Ra. I greet you in the light and love of the One Infinite Creator. We communicate now.*

His purpose is to inform and encourage.

RA: *We came to your peoples to enunciate the Law of One. We wished to impress upon those who wished to learn of unity that in unity all paradoxes are resolved; all that is broken is healed; all that is forgotten is brought to light. (B4,142)*

At the end of each session, Ra says:

RA: *I am Ra. I leave you in the light and love of the One Infinite Creator. Go forth, therefore, rejoicing in the power and peace of the One Infinite Creator. Adonai.*

CONSCIOUSNESS EVOLVES THROUGH 7 DENSITIES

In TLOO the word “density” is used to refer to a level of consciousness, but it may also refer to the plane of existence associated with that consciousness level. Higher density means higher consciousness. In total there are 8 densities. Consciousness evolves through the first 7 densities to reach the final, or 8th, density. We, on Earth, are 3rd density. The density of intelligent infinity - the Creator is the 8th density. Heaven, as described in ACIM, seems to refer to the 8th density - or perhaps to the 7th and the 8th. Ra does not know much about the 8th density because he is only in the 6th density. However, he is aware of the general thought patterns of beings living on all the planets in our galaxy, and to some extent, of those in distant galaxies.

ACIM’S WORLD OF PERCEPTION IS NOT JUST “OUR” WORLD

When ACIM uses the word, “world,” it refers to the world of perception. That world includes all planes of existence in which perception, of any type, is utilized. That, of course, includes our planet as we perceive it. It also includes higher, and lower, planes of existence that we are not generally able to perceive with our level of consciousness. According to Ra there are only 8 levels of consciousness, but many planes of existence. These various levels of consciousness are referred to as different densities. High density means more consciousness in a given being. There are two more planes of existence than levels of consciousness. For example, the planes of existence available to 3rd density beings can be grouped as follows:

- (1) the physical plane,
- (2) the astral plane,
- (3) the inner planes, and
- (4) the devachnic planes.

There are significant differences in consciousness within a given density but there is a much larger change between one density and the next.

THE BIGGER PICTURE OF THE HIGH WAY AND THE LOW WAY

Ra knows, from experience, what the high and low pathways are. They are pathways for the universal evolution of consciousness; Ra knows them to be valid throughout our galaxy and, to some extent, beyond our galaxy. He knows this from entities who come from planets other than his and have joined his group consciousness.

Ra says the same two pathways are found to occur again and again, on planet after planet, independently of the religious views of the planet’s inhabitants. The high pathway may be called the Path of Positive Polarity, or just the positive path for short; likewise, the low pathway may be called the Path of Negative polarity, or just the negative path for short. However, the more informative names given in TLOO are the following:

A. THE SERVICE-TO-OTHERS PATH

(the positive path of acceptance and love)

ACIM: FOLLOWING THE HOLY SPIRIT

B. THE SERVICE-TO-SELF PATH

(the negative path of control and fear)

ACIM: FOLLOWING THE EGO.

Note: In general, the word “ego” will be used in the sense given in ACIM - except when it appears in a quote from TLOO.

A COMPARISON WITH ACIM

ACIM, speaks of two voices in your mind, namely, the Holy Spirit and the ego, but not of two paths. Following the guidance of the Holy Spirit corresponds to being on the service-to-others path. If ACIM did speak of the negative path, it would describe it as following the instructions of the ego.

Only one path is considered in ACIM because ACIM has no intention of teaching you how to be more egotistical and unloving. Rather, it is written for those who wish to be on a path that leads to the relinquishment of the ego. In fact, ACIM gives no indication at all that there is a path leading to higher states of consciousness (4th and 5th density) which is based on the teachings of the ego. How could it? It does not say anything about such states.

A BRIEF DISCUSSION OF THE TWO PATHS IN TLOO

If an action you perform is not a service to others, it is a service to your self, or it could be both for yourself and others. Yet, it is really not the action itself that matters, but the level of consciousness that is strengthened by the action. If the action is an expression of love, it strengthens your inner sense of love. If a service for others is done from duty, or necessity, and you resent doing it, then it does not raise your level of consciousness.

Progressing along either of these two paths involves the ability to work with universal spiritual energy. At this point, it is sufficient to say that if you have a strong polarization towards the path of positive polarization, you love and help others most of the time; if you are strongly polarized toward the path of negative polarization, you use and manipulate others to meet your own ends almost all the time - and without any regard for the other's well-being.

THE PATH SPLITS IN 3RD DENSITY & RE-COMBINES IN 6TH DENSITY

ACIM teaches that the mind is split between the ego and the Holy Spirit. TLOO teaches that a splitting off of one path from the other occurs in the 3rd density, and that their convergence back into one path occurs in the 6th density. From that point on there is only one pathway, and it leads, without the omission of the heart energy, straight to the heart of God.

BOTH PATHS LEAD TOWARDS HEAVEN - NEITHER LEAD TO HELL

What is omitted, or unknown, in almost all other teachings about the spiritual journey is that one can make progress toward God on the negative path, not only in 3rd density but in the 4th and 5th densities as well. Certainly no major religion on Earth would concur with this. It would be more in line with these teachings to state that those of positive polarization are on a path that leads to heaven, and those of negative polarization are on one that leads to hell.

However, according to TLOO, heaven exists but hell does not. Of course, there can be temporary situations that are so difficult they seem “hellish” - but there is no eternal hell. Therefore, all beings must eventually reach heaven. No one entity is better or worse than another no matter what path he is on or how far along it he might be.

ACIM: If they perceive any of their brothers as anything other than their perfect equals, the idea of competition has entered their minds. Be vigilant against this idea, because all your conflicts come from it. (117.0)

ACIM: Ultimately, every member of the family of God must return (to God). (13.1)

THE BEINGS IN NEGATIVE 4TH AND 5TH DENSITY ARE NOT DEMONS

In these negative higher densities, there are entities whose goal is to manipulate, control, kill, torture and enslave other beings - for example, as was done in 3rd density by Nazi Germany. Furthermore, in the 4th and 5th densities, these beings have learned to use mental powers which we, in 3rd density, have not yet accessed. If your religious upbringing taught you to believe in a hell which was controlled by Satan and his demons, you might be tempted to regard these negative 4th and 5th density beings as such “demons from hell.” However, this is incorrect according to TLOO. It teaches that these beings are not in hell but are on their way to God. Of course, you may call them demons if you wish, but they do not really qualify for that “title” for several reasons:

(1) They can only affect you (or any 3rd density being), in a direct sense, through your ego. All they can do is to place their ego-based thoughts into your mind - and all you have to do is to recognize those thoughts as coming from the ego and turn your attention away from

them. Since your ego only has the power you give it, there is nothing to fear as long as you are being vigilant against the ego and taking back whatever power you may have given it.

(2) They are beings, just like you, but, at this time, they are without a “heart.” They have no clue about what loving another being is like. And this is what they must eventually learn.

No one can return all the way to God without having unconditional love for all beings. They are your brothers, as are all of God’s creations, but they cannot receive your gift of unconditional, universal love. They are simply entities moving along a different path to God. Ra’s answer may be a little hard to grasp at first.

Ra says that what you might think of as demons are, in fact, not demons at all - even if they look that way to you. In the language of ACIM, this just calls for a change in your perception. These negative beings simply have not yet found their heart energy.

Of course, they will have to find it before they can return to God, but at this point they do not know this and, for the most part, do not agree with this fact. In this sense, a 3rd density positive entity has a spiritual understanding that 3rd, 4th or 5th density negative entities lack.

Conclusion: There are no such thing as demons - only egos.

NEGATIVE 3RD DENSITY BEINGS ARE THE GREATER CHALLENGE

It is actually the 3rd density negatives that present the greater challenge to people on Earth; they come in the form of verbal abusers, serial killers, ruthless dictators and despots. It is not in their best interests to use force to enslave you although not all of them realize this. Hence they try to convince you to willingly give up your power to them; if you do, they are under no obligation to return it to you just because you ask. They then are free to follow their path and suck you dry of all your energy.

Their path is as legitimate as yours. It is important to understand their path so their deceptions will not work on you. Remember, they have nothing of value to offer you, and the only thing you have that they want (your slavery), you do not want to give. Do not underestimate their ability to deceive; they are very clever.

2. THE LAW OF CONFUSION MAKES FREE WILL POSSIBLE

A BALANCE BETWEEN INPUT FROM POSITIVE & NEGATIVE HIGHER DENSITIES IS NEEDED FOR THE EXERCISE OF FREE WILL

There is a principle called the “Law of Confusion” which is needed to support the exercise of free will on 3rd density (veiled) planets. It refers to the confusion between truth and illusion which is experienced on Earth, and similar 3rd density planets..

MOVE ELSEWHERE

The goal of the service-to-others path is unconditional love and acceptance of all beings. Those on the service-to-self path believe that is foolishness. Their heart centers are not open, so they have discovered another way to move towards the Creator. Their path is that of control and domination of other beings. This ranges from the individual verbal abuser, or sexual offender, to negative entities who form themselves into an elite group that dominates “lesser” beings through the use of deception and force.

Their honest belief is that other people are there to be used for their benefit; otherwise, they see no other value in other people. What surprises those on the positive path is that those on the negative (non-loving) path actually benefit spiritually and can make progress in their effort to reach the Creator in this way. They can even be harvested into the 4th density negative if they are sufficiently polarized.

The belief that negative entities are only misguided positive entities often plays into the hands of those of negative polarization. A positive entity may absorb considerable abuse because he believes he can help the negative entity be more loving - not realizing that the negative entity has no use for love and uses that pretense only so he can continue his attack and break down the others sense of self-worth.

When positive entities are not alerted to this process, they can be unwittingly drawn into the control of the negative entity. If negative beings gain control of the government, their goal is to use deception, propaganda, and disinformation to literally enslave other beings. Force is used only when necessary. Nazi Germany is a good example. Some use of force was necessary at first, but their hold on their people was maintained primarily by controlling the media so only the information approved by the state was available to the people.

In such a case, the elite group seeks, and receives, help (primarily technological help) from negative higher densities. If this help is not balanced by help from positive higher densities, the negative group may succeed in conquering other countries. If that occurs, the exercise of free will by those on the positive path is essentially obliterated in both the conquering and conquered countries; it is the result, at least in part, of interference from negative higher densities. Likewise, if the help from positive higher densities is unbalanced, love for others can grow to such an extent that those on the negative path become depolarized and incapable of finding entities they are able to control. In this case, the exercise of free will in moving along the negative path disappears due to interference from positive higher densities.

It follows that free will requires a relative balance between the opportunities presented for believing, and choosing, the service-to-others path or believing the service-to-self path. This is similar to the equal time rule that TV networks used to have regarding the political candidates for the presidency. If a major network gave 30 min to the Republican candidate, it also gave 30 min to the Democratic candidate.

There is no protection of this kind from those within your own density, but there is protection from interference from higher densities. This need for balance between positive and negative input is formalized into a law, the so called "Law of Confusion." Ra knows how much he can say without violating this law.

DON: Would Ra describe techniques Ra used to evolve while Ra was in 3rd density?

RA: *This query lies beyond the Law of Confusion. (B3,98)*

DON: Would Ra talk about possible records left near, or under, the Great Pyramid?

RA: *Any words on this subject create the possibility of infringement upon free will. (B3,99)*

MIRACLES AND FREE WILL

JESUS DID NOT INFRINGE UPON FREE WILL

DON: What was the orientation of Jesus with respect to this type of communication (the communication style used by evangelists)? (B3,173)

RA: *Jesus offered himself as a teacher to those mind/body/spirit complexes which gathered to hear and even then he spoke as through a veil so as to leave room for those not wishing to hear. (B3,173)*

WHY DIDN'T HIS MAGICAL WORKS INFRINGE UPON FREE WILL?

DON: An observation of the working itself by another entity would seem to me to partially abridge free will in that a seemingly magical occurrence has taken place as a result of the working of an adept. Could you speak on this paradox that is immediately the problem of anyone doing healing. (B3,173)

RA: *We are humble messengers of the Law of One. To us there are no paradoxes. The workings which seem magical and therefore seem to infringe upon free will do not, in themselves, do so, for each witness sees what it desires to see. (B3,173)*

INFRINGEMENT OCCURS IF YOU CLAIM THE HEALING IS FROM YOU

RA: *Infringement upon free will occurs in the circumstance of magical healing only if the entity doing the working ascribes the authorship of this event to its self or its own skills. He who states that no working comes from it but only through it is not infringing upon free will. (B3,173)*

3. *THESE IDEAS HOLD IN MILLIONS OF STAR SYSTEMS*

According to Ra, consciousness evolves along the lines described in TLOO on all the various planets of which he is aware. This includes all the planets in our galaxy, and perhaps some in other galaxies as well. It would be of interest to know just how many that is.

THERE ARE BILLIONS OF STAR SYSTEMS IN OUR GALAXY

Our sun is a star. There are nine [or eight?] well known major planets (Mercury, Venus, Earth, Mars, Jupiter, Saturn, etc) that are in orbit around the sun.. Therefore our sun can be called a “star system,” in short for a “star with a system of planets.”

To gain an appreciation of the extent of Ra’s understanding, in one session Don Elkins asked Ra about how many planets there are in our Milky Way galaxy, how many had some kind of life forms on them, and how many possessed intelligent life forms. Ra answered as follows: There are 250 billion star systems in the Milky Way galaxy. In other words, there is at least one planet, and probably more, orbiting about each of these 250 billion stars. Most have no living beings on their surface, but many do.

At one point Don asked Ra how many planets in our Milky Way galaxy are aware at some density or other. He was referring, not to the planet itself, but to the beings on its surface, who had some degree, or density, of awareness.

DON: How many planets, in total, in this galaxy of stars are aware, regardless of density?

RA: *Approximately 67 million. (B1,154)*

These beings could be of various densities, namely, 1st density (mineral), 2nd density (plants and animals), 3rd density (human-type consciousness), or higher (4th,5th); 6th and 7th density beings do not live on planets. In other words, rocks and minerals have their own level of consciousness (1st density), as do plants and animals (2nd density).

There is great individual variation in the levels of consciousness among beings within a given density, but all beings in a given density operate in the same plane of existence - with one exception. As mentioned above, there are several planes of existence available to 3rd density consciousness. In this regard, it should be noted that Ra refers to the physical plane of space and time as space/time and the astral plane as time/space.

RA KNOWS THE HIGHEST DENSITY ON EVERY PLANET IN OUR GALAXY

It would be especially interesting to know how many of these planets were inhabited by intelligent (and self-reflective) life forms. Therefore, Don asked Ra how many of these planets had only 1st density forms; how many had only 1st and 2nd density beings; how many had only 1st, 2nd, and 3rd density beings, etc. Ra's answer was as follows:

17 % of the planets have only 1st density entities;
20 %, have 1st and 2nd density entities;
27 % have 1st, 2nd and 3rd density entities;
in 16 % 4th density is the highest density;
in 6 % 5th density is the highest density.

Therefore in our galaxy alone, there are about 18 million planets (27% of 67 million) with inhabitants at the same level of consciousness as people on Earth. Notice that the above percentages only add up to 86 % (instead of 100%).

When asked about this, Ra said he could not comment on the remaining 14% without violating our free will. Why that has anything to do with our free will is discussed next.

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CHAPTER II

EARTH AND VENUS

1. WHO IS RA?

TRANSMISSIONS FROM RA

In the period beginning in Jan 1981 and extending to Nov 1982, a set of 26 transmissions came through Carla Rueckert (aided by Don Elkins and Jim McCarty). In each, Carla would be in a trance state in which she was unaware of what she was saying.

The recordings were transcribed and published in 1984. They stated that they came from Ra, a source that has already traveled the path of service-to-others and reached states beyond ordinary physical existence. He knows, from experience, the nature of both the positive and the negative path.

RA STILL SEEKS TO BECOME ALL THAT IS

According to these transmissions, Ra is a collective consciousness consisting of many individual entities.

RA: *We are those who are of the Law of One, of Unity. In our vibration the polarities are harmonized; the paradoxes have a solution. We are one. We have walked your planet and seen the faces of your peoples. (B1,65)*

When Ra says “We are one,” he is referring to all the beings in his collective consciousness. Of course, this is true for all beings everywhere, but it is certainly not apparent to everybody. Ra is saying that it is apparent to all in his group. Such a group is referred to as a social memory complex in TLOO.

RA: *We still seek to become all that there is, and still we are Ra. Thus our paths go forward. (B1,78)*

Millions of years ago they were individual beings with physical bodies, but they were not on our planet - they lived on the 2nd planet from the sun, Venus, which was not as close to the sun as it is now. At present, it is uninhabitable for beings with physical bodies.

RA: *The third-density conditions are not hospitable to the life-forms of your peoples. But the 5th and 6th dimensions of that planetary sphere are quite conducive to growing/learning. (B1,90)*

RA: *The beings inhabiting Venus at this space/time are 5th density entities. (B4,124)*

IS RA ONE OR MANY?

DON: When I am communicating with you as Ra, are you at times individualized as an entity or am I speaking to an entire social memory complex?

RA: *You speak with Ra. There is no separation. You would call it a social memory complex [a totally harmonious group mind] thus indicating many-ness. To our understanding, you are speaking to an individualized portion of consciousness. (B1,162)*

7th DENSITY = BEING AT HEAVEN'S GATE

God the Father as used in ACIM probably refers to the 8th density rather than the 7th; this is made clearer in Ch. 3

RA: *At the 7th level or dimension (or density), we shall, if our humble efforts are sufficient, become one with all, thus having no memory, no identity, no past or future, but existing in the all. (B1,153)*

ACIM Memory, like perception, is a skill made up by you to take the place of what God gave in your creation. (589.2)

DON: Does this mean that (in the 8th density) you would have awareness of all that is?

RA: *This is partially correct. It is our understanding that it would not be our awareness, but simply awareness of the Creator. In the Creator is all there is. (B1,153)*

ACIM: As [the Son of God] sees the gate of Heaven stand open before him, he will enter in and disappear into the Heart of God. (W;469/479.5)

ACIM: Oneness is simply the idea God is. And in His Being, He encompasses all things. No mind holds anything but Him. (W;L#169)
The Son of God has merely disappeared into his Father, as his Father has in him. (W;L#169)

RA IS PART OF A GROUP CALLED THE CONFEDERATION

There are other group minds besides Ra. Each consists of the positively oriented beings who evolved on a planet that has already ascended beyond the 3rd density. All of these group minds are part of what Ra calls The Confederation. All members of the Confederation are on the service to others path.

This reminds one of the term used in the TV series, Star Trek, but there it was a 3rd density organization.

THE CYCLES RA HAS COMPLETED

RA: *The path of our learning is graven in the present moment. There is no history as you understand the concept. Picture a circle of being. We know the alpha and omega as infinite intelligence. The circle never ceases. It is present. The densities or cycles we have traversed are:*

1ST DENSITY: The cycle of awareness

2ND DENSITY: Growth

3RD DENSITY: Self-awareness

4TH DENSITY: Love or understanding

5TH DENSITY: Light or wisdom

6TH DENSITY: Light/love, love/light or unity

RA: *We spent much time/space in 5th density balancing the intense compassion we had gained in 4th density. (B2,93)*

THE CYCLES RA HAS YET TO ACHIEVE

7TH DENSITY: The gateway cycle

RA: *At the 7th level or dimension, we shall, if our humble efforts are sufficient, become one with all, thus having no memory, no identity, no past or future, but existing in the all. (B1,153)*

8TH DENSITY

RA: *The eighth [density is] the octave which moves into a mystery we do not plumb. (B1,153)*

DON: Does this mean that (in the 8th density) you would have awareness of all that is?

RA: *This is partially correct. It is our understanding that it would not be our awareness, but simply awareness of the Creator. In the Creator is all there is. (B1,153)*

2. THE 4th DENSITY HARVEST OF A PLANET

AN ANALOGY FOR THE HARVEST OF A PLANET

The harvest of a planet is somewhat like the harvest of a cornfield. The time for the harvest of the field is determined by the weather and the passage of the seasons, not by the farmer. Likewise, the time for the harvest of a planet is determined by cosmological cycles and the passage of the planet through the varying regions of space, that is, the heavens or outer space. You might think that when the Earth orbits the sun, it merely returns to the same region of space it was in a year ago. However, this is incorrect because the sun itself is moving. You also might think that one region of space is no different from another, but this too is incorrect.

Space is filled with electromagnetic radiation of various frequencies (like microwaves, radio waves, ultraviolet waves, light waves, etc.) Each region of space has its own particular distribution of radiation and range of frequencies. The radiation in each different region affects the planets moving through it in different ways, just as different weather patterns affect a cornfield in different ways. For example, it takes the Earth approximately 75,000 years to reach the time for its harvest as it makes its way through the heavens, and it has almost reached the end of this 75,000 period of time.

Suppose a farmer has planted almost equal amounts of white and yellow corn in his field (but slightly more white corn). At harvest time a farmer goes into his cornfield and begins pulling the mature ears of corn off the stalks. The farmer measures the amounts of white and yellow corn. If there is more white corn than yellow, the white corn is taken into the farmhouse and the yellow corn is sent to a neighbor's farmhouse. If there is more yellow corn, the yellow corn goes into the farmhouse, and the white corn is sent to a neighbor's farmhouse. The immature ears of corn are described as not harvestable. They are left on the stalks which are cut down and moved to a field on another farm. There they are plowed under to make for another crop of corn for the next growing season. To improve the analogy work, assume the immature ears of corn turn into seeds that will produce a new crop of corn for the next year.

In this analogy, a farm stands for a planet as perceived by 3rd density entities. A farmhouse stands for the planet as perceived by 4th density entities. The white corn represents entities of positive polarization; yellow corn represents those of negative polarization. Having more white corn corresponds to a 4th density positive harvest; having more yellow corn corresponds to a 4th density negative harvest. Immature corn stands for those of either polarization who have not yet developed the qualities needed for 4th density. Being sent to another farm and plowed under is like going into the astral plane of another 3rd density planet to begin another reincarnational cycle (corresponding to Earth's 75,000 year cycle).

TWO MINIATURE HARVESTS

This occurs for Earth at 25,000 years and 50,000 years. At these two times any entities that are harvestable are allowed to move from 3rd density Earth to some 4th density planet.

ALL WHO ARE READY GO INTO 4TH DENSITY AT THE END OF A PLANETARY CYCLE

At the end of a planet's cycle the vibrational energy level of every entity on a 3rd density planet, is checked to see if that entity will be able to work with and "stand" the higher energy levels of the 4th density. This is indicated by the entities own indigo ray associated with the third eye chakra. Those that are not able to do this must repeat a 3rd density planetary cycle. Those who can do this move together into a higher consciousness and plane of existence referred to as the 4th density.

ACIM: The real world is the state of mind in which the only purpose of the world is seen to be forgiveness. There is a wish to understand all things as they really are.(635.3)

ACIM: Not yet is Heaven quite remembered, for the purpose of forgiveness still remains. Yet everyone is certain he will go beyond forgiveness, and he but remains until it is made perfect in himself. There is a hope of happiness in so sure and constant he can barely stay and wait a little longer, with his feet still touching earth. Yet he is glad to wait till every hand is joined, and every heart made ready to arise and go with him. (636.1)

THE ASCENSION

The ascension happens to many beings at the same time; it's a group phenomena. It is a part of the harvest and refers to the movement of a group of entities from 3rd to 4th density. On Earth it can occur only once every 75,000 years. This time is presumably different for each different planet. Since 27% of 67 million is 18 million, that is the number of planets in our galaxy inhabited by 3rd density beings who are moving, at their own pace, towards their own planetary ascension. The ascension occurred for Venus millions of years ago. The ascension of Earth is imminent; it could happen any time, but probably not before the year 2011.

WANDERERS ARE EXCEPTIONS

JESUS WENT TO THE 5TH DENSITY WHEN HE ASCENDED

If a being came into the 3rd density from a higher density, then he can return to that higher density when he leaves the body. A good example is Jesus. He had already ascended at some point because he came into 3rd density Earth from the highest reaches of 4th density. When he ascended, he went to the 5th density.

WANDERERS RETURN TO THE DENSITY OF THEIR HOME PLANET

However, there is no guarantee that this will occur. The wanderer may be depolarized in his earthly experience. The definition of a wanderer is given in the discussion of the harvest of Venus.

ASCENSION EXAMPLES CONSIDERED NEXT

1. **VENUS:** About 17% of the 3rd density inhabitants of Venus ascended into the 4th density when the harvest of Venus occurred; this took place millions of years ago.
2. **EARTH:** In the near future, some percentage (probably smaller than 17%) of Earth's inhabitants will ascend into the 4th density.

3. THE HARVEST OF VENUS

THE WANDERERS

To understand the harvest of Venus it is necessary to be familiar with a group of helpers called Wanderers.

CARLA: Another concept that has come out of the many communications from alleged UFO entities is that of "Wanderers". They are usually service-oriented people, and have a great deal of difficulty fitting into the planetary vibrations of Earth. According to Ra, much of the Ra material will be most easily recognized as being useful by Wanderers. There are not just a few Wanderers on Earth today. Ra suggests a figure of approximately 65 million. (B1,36)

CARLA: They have left other densities in harmonious environments to take on a job that is most difficult and dangerous. If the wanderers do not at least begin to pierce the forgetting process that occurs at birth into this density during his or her lifetime on planet Earth, and remember the love and light that the person was intended to share, the Wanderer could conceivably become caught in the 3rd density illusion by acquiring karma. This would delay him from returning to his home planet until all that is unbalanced has been balanced. (B1, 36)

THE HARVEST OF VENUS WAS OVERWHELMINGLY POSITIVE

DON: I am guessing that before 3rd density was completed Ra, being polarized positively, probably had some difficulty in that the negative polarity was not appreciated. Is that correct? (B4,128)

RA: *Our harvest was overwhelmingly positive [17%] and our appreciation of those which were negative was relatively uninformed.*

Although there was no negative (planetary) harvest as such, there were two entities which harvested themselves during the 3rd density in the service-to-self path. (B4,129)

DON: What was the average total population of Venus in 3rd density?

RA: *We were a small population which dwelt upon what you would consider difficult conditions. It was a harshly bright planet in the physical sense. Our harvest was approximately 6.5 million mind/body/spirit complexes out of a total population of 38.5 million. Those of us which had the gift of polarity felt deep compassion for those who seemed to dwell in darkness. To those who wish to sleep we could only offer those comforts designed for sleeping.*

SERVICE IS ONLY POSSIBLE TO THE EXTENT IT IS REQUESTED. (B4,129)

THERE WERE ONLY TWO HARVESTABLE NEGATIVE ENTITIES

DON: What techniques did the two negatively harvested entities use for negative polarization upon such a positively polarized planet? (B4,130)

RA: *The technique of control over others and domination unto the physical death was used. On a planetary influence much unused to slaughter these entities were able to polarize by these means. You would call these two entities, ruthless despots which waged the holy war. (B4,130)*

THESE TWO WERE PREVIOUSLY POSITIVELY ORIENTED WANDERERS

DON: What was the origin of these two entities?

RA: *These entities were Wanderers from early positive 5th density. (B4,130)*

DON: And though they had already evolved through a positive 4th density, they switched polarity in the reincarnating in 3rd density. Is this correct? (B4,131)

RA: *That is correct. (B4,131)*

THE CATALYST FOR THEIR POLARITY SWITCH: OVERABUNDANCE OF LOVE ON VENUS

DON: What was the catalyst for their change?

RA: *From the viewpoint of wisdom there was an overabundance of love. These entities looked at those still in darkness and saw many who found such harmony sickening. The Wanderers felt a more wisdom oriented way of seeking love could be more appealing to those in darkness. These entities had agreed to serve together and so they did, glorifying the One Creator, but not as they intended. The end of this was the graduation of the two Wanderers into 4th density negative. (B4,131)*

DON: I'm guessing that these Wanderers entered Ra's 3rd density to seed greater wisdom in what they saw as an overabundance of compassion in the Ra culture. Is this correct? (B4,131-132)

RA: *This is incorrect. Before the incarnation it was the desire of these Wanderers only to aid in service to others. (B4,132)*

DON: I can't understand why they thought Venus needed help with harvest when it was doing so well.

RA: *Wanderers are always drawn to whatever percentage has not yet polarized, and come when there is a call. There was a call from those which were not positively polarized but which sought to be positively polarized and sought wisdom, feeling the compassion of other-selves upon Venus as complacent or pitying towards other-selves. (B4,132)*

THESE TWO EVENTUALLY RETURNED TO POSITIVE POLARITY

DON: What was the attitude of these two entities after they graduated into 4th density negative and realized they had switched polarities? (B4,132)

RA: *They were disconcerted. (B4,132)*

DON: What happened to them?

RA: *They worked with the 4th density negative for some period until within this framework, the previously learned patterns of the self had been recaptured and the polarity was, with great effort, reversed. There was a great deal of 4th density positive work then to be retraced. (B4,132)*

DON: How is Ra aware of this information?

RA: *These entities joined Ra in 4th density positive for a portion of the cycle which we experienced. (B4,133)*

THE ASCENDED ONES OF VENUS BECAME RA

This does not occur immediately. The linking together of all these individual minds to become a “social memory complex” as Ra calls it, is a relatively slow process. By the end of the 4th density it is done, and Ra came into play as the “spokesperson” for the group.

4. THE COMING HARVEST OF PLANET EARTH

WHAT ABOUT THE HARVEST 50,000 YEARS AGO?

(the end of the 1st cycle)

RA: *There was none. (B1,138)*

WHAT ABOUT THE HARVEST 25,000 YEARS AGO?

(the end of the 2nd cycle)

RA: *There was none. Harvest at that time was extremely small and consisted of those entities of extreme distortion towards service toward those who would be repeating the major cycle. (B1,138)*

DON: Then these entities who could have been harvested into the 4th density chose to remain here in service to the planetary population.

RA: *That is correct. There were harvestable entities who chose the manner of their entrance into the 4th dimension. (B1,138)*

DON: In the 2nd 25,000 year major cycle was there any great civilization that developed?

RA: *None became great as the greatness of Lemuria or Atlantis. However, in the South American region there grew to be a great vibratory distortion towards love. These entities were harvestable at the end of the 2nd major cycle without having ever formed strong social or technological complexes. (B1,196)*

DON: What was the lifespan of these entities. And what was the world population then?

RA: *The lifetime of these entities was about 900 years. The population of Earth at that time was about 345,000 entities. (B1,198)*

DON: How many of this number were harvestable?

RA: *Approximately 150.*

DON: These were the ones who stayed to work on the planet. Correct?

RA: *That is correct. They were visited by the Confederation and became desirous of staying in order to aid the planetary consciousness. (B1,199)*

DON: What type of visit was this?

RA: *A light being appeared bearing what might be called a shield of light. It spoke of the oneness and infinity of all creation and of those things that await*

those ready for harvest. It described in golden words the beauties of love as lived. It then showed those who were interested the plight of 3rd density when seen as a planetary complex. It then left. And all these entities stayed. (B1,199)

DON: Are any of these entities names that we would know from our historical past?

RA: *Saint Augustine, Saint Teresa, Saint Francis of Assisi. (B1,199)*

THE REACTION OF THE CONFEDERATION TO THE LACK OF HARVEST

DON: As the cycle terminated 25000 years ago, what was the reaction of the Confederation to the lack of harvest? (B1,200)

RA: *We became concerned. We allowed entry of other entities, not Wanderers, into 3rd density. This was done randomly so that free will would not be violated for there was not yet a call. (B1,200)*

DON: When was the first call (for help) sent out?

RA: *The first calling was that of the Atlanteans in a time before they became technologically advanced. At about the time when we first appeared in the skies over Egypt, other entities of the Confederation appeared unto Atlanteans. (B1,200)*

DON: What conditions were necessary for these visitations to occur?

RA: *There were two: (1) the calling by those whose square overcame the resistance of those unwilling to search or learn. (2) the relative naivete of those members of the Confederation who felt that transfer of information to the Atlanteans would be as helpful to them as it had been for the Confederation entity. We remind you that we were one of the naive members of the Confederation and are still trying to recoup the damage for which we feel responsibility. (B1,201)*

DON: This turned out to be a mistake because it was perverted by the Atlanteans. Is this correct?

RA: *This is correct.*

WHAT IS THE DENSITY LEVEL OF PLANET EARTH NOW?

The planet itself is a 3rd density planet because that is the density of the people on its surface, but the region of space into which it has moved is 4th density. This affects the planet; for example, it alters the earth's magnetic field.

RA: *Your planet is 3rd density in the beingness of its peoples, but it is now in a 4th density space-time continuum. (B1,133)*

HOW DOES A 3RD DENSITY PLANET BECOME A 4TH DENSITY PLANET?

EARTH HAS MOVED INTO A REGION OF SPACE WITH A DIFFERENT (HIGHER) VIBRATIONAL PATTERN

This probably means that this region of space is filled with electromagnetic energy (photons) having an average frequency that is higher than that encountered in previously occupied regions of space.

RA: *The 4th density is as regularized in its approach as the striking of a clock upon the hour. Your planetary sphere has spiraled into space/time of a different vibrational configuration. This causes the planetary sphere to be molded by these new distortions. (B1,133)*

MANY PEOPLE WILL HAVE TO REPEAT THE 3RD DENSITY CYCLE

RA: *However, the thought-forms of your people vary greatly and are not able to point in one direction. Thus the harvest will be such that many will repeat the 3rd density cycle. The energies of your Wanderers, your teachers, and your adepts at this time are all bent upon increasing the harvest. However there are few to harvest. (B1,133)*

THE TIME OF THE HARVEST IS VERY SOON

RA: *The harvest is now. There is at this time no reason to aim for longevity, but rather to encourage efforts toward seeking the heart of the self, for this which resides clearly in the violet-ray energy field will determine the harvesting of each person. (B1,138)*

ACIM: This is reminiscent of the reply that Jesus gave to Helen when she asked why it was important for the information in ACIM to be made available at this time. Jesus answered by saying that it was needed because of the “celestial speedup.”

THE UPCOMING HARVEST INTO 4TH DENSITY

ALL BEINGS ON EARTH WILL BE 4TH DENSITY POSITIVE

DON: The Earth seems to be negative. So why will Earth go into 4th density positive instead of 4th density negative?

RA: *For those of harvestable quality, those oriented in the ways of service to others greatly outnumber those whose orientation is toward service to self. (B1,166)*

WHO GOES WHERE?

DON: As we enter the 4th density there will be a 3 way split. (B1,151)

- (1) Harvestable entities of positive polarity will remain for 4th density experience on this planet
- (2) Harvestable entities of negative polarity going to another 4th density planet
- (3) Unharvestable entities going to another 3rd density planet.

Is this correct? (B3,89)

RA: *This is correct but the positively oriented harvestable entities will remain in this planetary influence but not upon this plane. (B3,89-90)*

THERE IS NO LOSS

DON: What will we lose as the yellow goes from activation into potentiation, and what will we gain as green comes into total activation?

RA: *It is misleading to speak of gains and losses. It is to be kept in the forefront of the faculties of intelligence that there is one creation in which there is no loss. (B3,89)*

EARTH WILL HAVE BECOME 4TH DENSITY BY THE YEAR 2011

DON: In 30 years this will be a 4th density planet. Is this correct? (1981 + 30 = 2011)

RA: *This is so. (B1,93)*

DON: Our planetary population has only a certain amount of time to progress. This time is divided into three 25,000 year cycles. At the end of 75,000 years the planet progresses itself. Why is this so precise?

RA: *The living flow creates a rhythm which is as inevitable as one of your timepieces. Intelligent energy offers a type of clock. The gateway from intelligent energy to intelligent infinity opens regardless of circumstance on the striking of the hour. (B1,105)*

THE TIMING IS UNALTERABLE

DON: Is there a clock-like face, shall I say, associated with the entire galaxy so that as it revolves it carries all of those stars and planetary systems through transitions from density to density? Is that how it works? (B3,95)

RA: *You are perceptive. You may see (imagine) a 3-dimensional clock face or spiral of endlessness which is planned by the Logos for this purpose. (B3,95)*

RA: *This material world is transformed by the spirit into that which is infinite and eternal. (B4,53)*

HOW LONG ARE THESE CYCLES?

RA: *One major cycle is approximately 25,000 of your years. (B1,92)*

RA: *There are 3 cycles of this nature. Those who have progressed (sufficiently) may be harvested at the end of (any of these) 3 major cycles. After this is completed (75,000 years) all are harvested regardless of their progress, for during that time the planet itself has moved through the useful part of that dimension and begins to cease being useful for the lower levels of vibration within that density. (B1,93)*

A 3RD DENSITY PHYSICAL BODY CANNOT ENTER 4TH DENSITY

For many people the belief that their physical body must die in the next few years (by or before 2011) may be frightening. Ra has indicated that if he attempts to provide information that will prove the correctness of this material, like a specific date for some event, then negative entities are allowed an opportunity to distort this information on the basis of the Law of Confusion, for example, by causing the person hearing Ra to hear the wrong date. On that basis, one might be suspicious of the exact date given for the upcoming harvest of planet Earth, namely the year 2011. However, that date, if correct, will not establish the correctness of the Law of One any more than the harvest itself. Therefore, there is no particular reason to be suspicious of this date (other than the fact that you just might not like the nearness of it). In addition, it is indicated elsewhere in TLOO that the time for the harvest is near.

ALL 3RD DENSITY PHYSICAL BODIES MUST DIE BEFORE BEING HARVESTED

DON: As this transition continues into 4th density activation, in order to inhabit this 4th density sphere it will be necessary for all 3rd density physical bodies to go through the process which we refer to as death. Is this correct? (B3,92)

RA: *This is correct.*

INCOMPATIBILITY OF 3RD AND 4TH DENSITY ELECTRICAL FIELDS

RA: *If a 3rd density entity were electrically aware of 4th density in full, the 3rd density electrical fields would fail due to incompatibility. (B3,90)*

CONDITIONS FOR BEING HARVESTABLE

OVER 51 % SERVICE TO OTHERS, LESS THAN 50 % SERVICE TO SELF

DON: If an entity is over 51% service to others and less than 50% service to self, then the entity is harvestable for the positive 4th dimensional level. (Is this correct?)

RA: *This is correct. The negative path is quite difficult for attaining harvestability and requires great dedication. To be harvestable in the negative orientation requires at least 95 % service to self and 5 % service to others. (B1,167)*

DON: Does this mean these two percentages for the positive and negative path yield the same rate of vibration?

RA: *The vibratory rates are not to be understood as the same in the positive and negative orientations, They are to be understood as having the power to accept and work with intelligent infinity to a certain degree or intensity. Neither the blue or green vibratory energies are seen in the vibratory patterns of negative 4th and 5th rates of vibration. On the other hand, the positive entity has the full spectrum of true color time/space vibratory patterns. Each is capable of doing 4th density work. This is the criteria for harvest. (B2,112)*

BALANCE, NOT BRILLIANCE, OF CHAKRA ENERGIES IS NEEDED

RA: *The brilliance or rotational speed of the energy centers is not considered above the balanced aspect or violet ray manifestation of an entity in regarding harvestability. (B2,90)*

DON: Is each chakra activated to completion and greatest intensity by the end of the experience of each density?

RA: *Hypothetically speaking, this is correct. However, the fully activated being is rare. (B2,80)*

RA: *It is necessary for graduation across densities for the primary energy centers to be functioning in such a way as to communicate with intelligent infinity and to appreciate and bask in this light in all its purity. However, to fully activate each energy center is the mastery of the few, for each center has a variable speed of rotation or activity. The important observation to be made once all necessary centers are activated to the minimal necessary degree is the harmony and balance between these energy centers. (B2,80)*

ENTITIES WITH A LACK OF BALANCE IN THE 1ST, 3RD, AND 5TH CHAKRA ENERGIES CANNOT BE HARVESTED

RA: *For those entities which are unbalanced, especially as to the primary rays (red, yellow and blue, see B2,92), will not be capable of sustaining the impact of the love and light of intelligent infinity to the extent necessary for harvest. (B2,90)*

AWARENESS OF THE LAW OF ONE

AWARENESS OF THE LAW OF ONE IS NOT NEEDED FOR HARVEST INTO 4TH DENSITY

DON: It is not necessary for an entity to be consciously aware of the Law of One to go from 3rd to 4th density. Is this correct? (B1,157)

RA: *That is correct. (B1,157)*

FOR WHICH HARVEST IS AWARENESS OF THE LAW OF ONE NEEDED?

DON: At what point in the densities is it necessary for an entity to be consciously aware of the Law of One in order to progress?

RA: *The 5th density harvest is of those whose vibratory distortions consciously accept the honor/duty of the Law of One. (B1,157)*

WILL JESUS RETURN TO EARTH?

DON: Will Jesus return to Earth (the 2nd coming)?

RA: *The particular mind/body/spirit complex you call Jesus will not return except as a member of the Confederation speaking through a channel. However there are others of the identical congruency of consciousness that will welcome those to the 4th density. This is the meaning of the 2nd coming. (B1,165)*

WILL ANYONE GO TO A 4TH DENSITY NEGATIVE TYPE PLANET?

RA: *There is a possibility of a small harvest of this type. (B1,117)*

DON: Has anyone well known in our history gone to a 4th density negative type planet?

RA: *Yes but the number is small. A few have penetrated the 8th level (while in 3rd density).*

DON: What are some specific examples? (B1,117)

RA: *Taras Bulba, Genghis Khan and Rasputin. They were aware, through memory of Atlantean understandings involving use of the various centers of mind/body/spirit complex energy influx in attaining the gateway to intelligent infinity. (B1,118)*

DON: Could they do paranormal things (magic)?

RA: *That is correct. They were bent single mindedly upon service to self, sparing no efforts in personal discipline to empower this gateway. (B1,118)*

WHAT TYPE OF BEINGS WILL BE ON THE PLANET AFTER THE HARVEST?

WILL 4TH DENSITY BEINGS BE INCARNATE ON THE PLANET?

RA: *The probability/possibility vortices indicate this to be most likely. (B2,105)*

WILL ANY 5TH DENSITY ENTITIES BE ON THE SURFACE OF THE PLANET?

RA: *Not for a fairly long measure of your time as 4th density beings need to spend their learn/teaching space/time with their own density's entities. (B2,105)*

RA: *5th density beings will not live on the surface of the planetary sphere until the planet reaches 5th density vibratory level. (B2,106)*

RA WORKS TO INCREASE EARTH'S HARVEST

DOES RA WORK WITH ANY OTHER PLANETS BESIDES EARTH?

RA: *We work only with this planet at this time. (B1,139)*

HOW MANY PEOPLE CALL ON YOU NOW?

RA: *Approximately 352,000 people. (B1,139)*

HOW DOES RA PERFORM SERVICE?

RA: *We have used channels such as this one, but usually they just feel inspired by their dreams. (B1,140)*

DON: When you contact people in their dreams or otherwise, they first have to be seeking in the direction of the Law of One. Is that correct?

RA: *That is correct. (B1,140)*

5. THE COMING EARTH CHANGES

OUR DISHARMONY AFFECTS THE EARTH

RA: *When an entire planetary system of peoples and cultures repeatedly experiences disharmony on a great scale, the earth under the feet of these entities shall begin to resonate with this disharmony. (B3,68)*

RA: *In the event of mixed harvest there is nearly always disharmony and therefore, added catalyst in the form of your so-called "Earth changes". It is the Confederation's desire to serve those who may indeed seek more intensely because of this added catalyst.*

We do not seek for the success of added numbers to the harvest for this would not be appropriate. We are servants. If we are called, we shall serve with all our strength. To count the numbers is without virtue. (B3,109)

EARTH IS AFFECTED BY THE HIGHER VIBRATIONAL PATTERN

RA: *The 4th density is a vibrational spectrum. Your time/space continuum has spiraled your solar system into this vibration. This will cause the planet itself to electromagnetically realign its vortices of reception of the in-streaming of cosmic forces expressing themselves as vibrational webs so that*

the Earth will be 4th density magnetized. This is going to occur with some inconvenience due to the energy of the thought-forms of your peoples which disturb the orderly constructs of energy patterns within your Earth's spirals of energy

which increases entropy and unusable heat. This will cause your planet to have some ruptures in its outer garment while making itself appropriately magnetized for 4th density. Those who remain in 4th density on Earth will be of positive orientation. (B1,160)

THE SHIFTING OF THE MAGNETIC POLE

DON: When the planetary axis realigns, will it realign 20 degrees east of north to conform to the green vibration? (B3,63)

RA: *There is every indication that this will occur. We cannot speak of certainties. (B3,64)*

6. RA'S EARLIER CONTACT WITH EARTH

WHAT DID RA LOOK LIKE?

Ra is in the 6th density. If he appeared on Earth in his 6th density true form, all we see would be light. He must have some kind of light body in 6th density. However, Ra could clothe his light body in a duplicate of his 6th density mind/body/spirit complex, and this can be seen by 3rd density beings.

RA: When we chose this mission among your peoples, we needed to study your peoples for had we arrived in no other form than our own, we would have been perceived as light. (B1,103)

RA: From the 6th dimension we are capable of manipulating (energy) with thought which is the intelligent infinity present in each particle of light or distorted light so that we were able to clothe ourselves in a replica of our 6th density mind/body/spirit complexes which were visible in the third density. (B1,91)

RA BUILT THE PYRAMIDS

RA: I am part of the social memory complex that voyaged outward from a planet in your solar system, the one you call Venus. We are a race old in your measures. When we were at the 6th dimension, our physical beings were what you call golden. We were tall and somewhat delicate. The covering of our physical body complex had a golden luster. In this form we decided to come among your peoples. Your peoples were much unlike us in physical appearance. Thus we did not mix well with the population and were obviously other than they. Our visit was relatively short. This was when we built the pyramids. (B1,90)

HOW DID RA JOURNEY FROM VENUS TO EARTH?

RA: We used thought. (B1,90)

THE PYRAMIDS WERE BUILT BY THE FORCE OF ONE

RA: The larger pyramids were built by our ability using the forces of One.

THE STONES ARE ALIVE. THIS HAS NOT BEEN UNDERSTOOD
BY YOUR CULTURE. (B1,72-73)

HOW WERE THE BLOCKS MAKING UP THE PYRAMIDS MOVED ?

RA: Picture the activity within all that is created. The energy, though finite, is quite large. This energy is intelligent. It is hierarchical. Just as you have a hierarchy of vehicles (bodies), so does each atom of such a material as rock. (B1,77)

RA: When one can speak to that intelligence, the finite energy of the physical rock body is put into contact with that infinite energy which is resident in the more well-tuned bodies, be they rock or human. With this connection made a request may be given. The intelligence of infinite rock-ness communicates to its physical vehicle, and that splitting and moving which is desired is then carried out. (B1,77)

WAS THIS WAS DONE MENTALLY BY ONE INDIVIDUAL?

RA: There is a distinction between individual power through the Law of One and the power available through the combined understanding of the Law of One by a societal memory complex. (B1,78)

RA: One individual, purified of all flaws could indeed move a mountain. However, in the case of mass understanding of unity, each individual may contain an acceptable amount of distortion and yet the mass mind could move mountains. (B1,78)

ACIM:

1. It is hard to recognize that thought and belief combine into a power surge that can literally move mountains. (33.1)
2. The joint will of the Sonship is the only creator that can create like the Father, because only the complete can think completely, and the thinking of God lacks nothing. (83.1)

RA: There are those among your people at this time whose purity is already one with intelligent infinity. (B1,82)

WHY NOT CREATE THE PYRAMIDS AS A WHOLE INSTEAD OF WITH BLOCKS?

RA: *We did not want to be worshiped as builders of a miraculous pyramid. Thus it appears to be made, not thought. (B1,79)*

INITIATION - QUEEN'S CHAMBER

RA: *The concept of initiation demands the centering of the being upon the seeking of the Creator.*

THE INITIATION IN THE QUEEN'S CHAMBER INVOLVED THE ABANDONING OF SELF TO SUCH DESIRE TO KNOW THE CREATOR IN FULL THAT THE PURIFIED IN-STREAMING LIGHT IS DRAWN IN BALANCED FASHION THROUGH ALL ENERGY CENTERS, MEETING IN INDIGO (INNER EYE CHAKRA) AND OPENING THE GATE TO INTELLIGENT INFINITY. THEN TRUE LIFE IS EXPERIENCED, or, as your people call it, resurrection. (B3,49)

THE USE OF THE RESONATING CHAMBER

DON: You said that the resonating chamber was used so the adept could meet the self. Would you explain that?

RA: *One meets the self in the center or in the deeps of the being. It is analogous to the burial and resurrection of the body wherein the entity dies to self and, through this confrontation of apparent loss and realization of essential gain, is transmuted into a new and risen being.*

The chamber worked on the mind and the body. The mind was affected by sensory deprivation and the archetypical reactions to being buried alive with no possibility of extricating the self. The body was affected by both the configuration of the mind and by the electrical properties (piezoelectrical) of the materials used. (B3,112)

TRANSMUTED INTO A NEW BEING

DON: (Concerning the use of the resonating chamber in Egypt's Great Pyramid) you said that the resonating chamber was used so the adept could meet the self. Would you explain that?

RA: *One meets the self in the center or in the deeps of the being. It is analogous to the burial and resurrection of the body wherein the entity dies to*

self and, through this confrontation of apparent loss and realization of essential gain, is transmuted into a new and risen being. (B3,112)

ACIM: Until you understand there is no loss, you will have some regrets about the way you have chosen. And you will not see the many gains your choice has offered you. (608.3)

RA: *The chamber worked on the mind and the body. The mind was affected by sensory deprivation and the archetypical reactions to being buried alive with no possibility of extricating the self. The body was affected by both the configuration of the mind and by the electrical properties (piezoelectrical) of the materials used. (B3,112)*

CAN THE PYRAMID STILL BE USED FOR HEALING AND INITIATION?

RA: *It is like a piano out of tune. It plays the tune, but, oh, so poorly. Only the ghost of the streaming still remains. The time of the pyramids is past.(B1,81-82)*

PERMISSION WAS REQUESTED AND GIVEN BY A PROTECTIVE BODY

RA: *We were allowed this experiment by the council that guards this planet. This Council is located in the 8th dimension of the planet Saturn, taking place, in 3rd dimensional terms, in the rings of Saturn. (B1,91)*

Note: The Council is located in the 8th dimension of the planet. The members of the Council are from an octave above Ra's (and hence above ours as well) as stated in the discussion of the higher self and the Holy Spirit in Chapter3.

7. WHY RA IS HELPING EARTH

IN RA'S 3RD DENSITY EXPERIENCE, HE WAS HELPED BY 6TH DENSITY ENTITIES

RA: *We were aided by 6th density entities during our own 3rd density experiences. Being less bellicose (warlike) in the extreme found this teaching to be of help. We had not developed the interrelationships of your money system and power. We were a more philosophical 3rd density planet than your own and our choices of polarity were much more centered about understanding sexual energy transfers and the appropriate relationships between self and other-self. (B3,66)*

DON: What civilization was it that helped Ra, using the pyramid shape, while Ra was in 3rd density?

RA: *Your people have a fondness for the naming. These entities have begun their travel back to the Creator and are no longer experiencing time. (B3,71)*

LIKEWISE, RA GAVE 6TH DENSITY AID TO 3RD DENSITY EARTH

RA: *We, as a group, which you would call a social memory complex, made contact with a race of your planetary kind which you call Egyptians. We spoke to one who heard and understood, and was in a position to decree the Law of One. (presumably the pharaoh). However the priests and the peoples of that era quickly distorted our message, robbing it of the compassion with which unity is informed. (B1,66)*

DON: For the last 2300 years you have been working to create as large a harvest as possible at the end of the 75,000 year cycle. Why have you done this?

RA: *We came among you to aid you about 11,000 years ago to aid you but our efforts toward service were distorted. Our desire is to eliminate as far as possible the distortions caused by those misreading our information. The One Being of the creation is like a body. Would one ignore a pain in the leg? (B1,139)*

RA: *We are those of the Confederation who, eleven thousand years ago, came to two of your planetary cultures which at that time were closely in touch with the creation of the One Creator. It was our naive belief that we could teach/learn by direct contact.*

These cultures were already closely aligned with an all-embracing belief in the live-ness or consciousness of all. We came and were welcomed by the peoples we wished to serve. We attempted to aid them in technical ways having to do with healing of mind/body/spirit complex through the use of the crystal. Thus were the pyramids created. However, it turned out that those in power reserved this technology for themselves. This was not intended by the Law of the One. We left your peoples.

However we have never left your vibration due to our responsibility for the changes in consciousness we had first caused and then found distorted in ways not relegated to the Law of One.

We attempted to contact (mentally) the rulers of this land (Egypt). In the 18th dynasty we were able to contact a pharaoh, Aten or Ikhnaton. He was a wanderer. This entity became convinced that the vibration of One was the true spiritual vibration and thus decreed the Law of One. But his beliefs were accepted by few. When he died, the polarized beliefs in many gods came into their own. (B1,70-71)

RA: *We came to your peoples to enunciate the Law of One. We wished to impress upon those who wished to learn of unity that in unity all paradoxes are resolved; all that is broken is healed; all that is forgotten is brought to light. (B4,142)*

IN RETROSPECT, RA WAS TOO COMPASSIONATE IN 5TH DENSITY

RA: *We, as a social memory complex, had the tendency towards compassion even to martyrdom in aid of other selves. When the 5th density harvest (leaving 5th & entering 6th density) was achieved, we found that in this vibratory level flaws could be seen in the efficacy of such unrelieved compassion. We spent much time/space in contemplation of those ways of the Creator which imbue love with wisdom. (B2,95)*

RA'S PRESENT MISSION RELATIVE TO EARTH

RA: *We now feel a great responsibility of helping remove certain distortions that have been given to the Law of One. (B1,65)*

DON: Can you tell me if we have covered the necessary material at this point to, if published, make the necessary reparations for the naive actions (of Ra)? - Asked near the end of Book 3.

RA: *We mean no disrespect for your service, but we do not expect to make full reparations for these distortions. The nature of your language is such that what is distorted cannot, to our knowledge, be fully undistorted but only illuminated somewhat. (B3,162)*

8. REMARKS FROM HATONN

(Hatonn has spoken with their group and many others for many years)

YOU CAN BE BEYOND THE LAWS OF THE WORLD

HATONN: As long as your objectives lie within this physical illusion it will be necessary for you to be subject to the laws which prevail within this illusion. (B1,23)

ACIM: Until you see the healing of the Son of God as all you wish to be accomplished by the world, by time and all appearances, you will not know the Father nor yourself. For you will use the world for what is not its purpose, and will not escape its laws of violence and death. (24.1)

DESIRE IS THE KEY

HATONN: Desire is the key to what you receive. If you desire it, you shall receive it. This was the Creator's plan. Often in the illusion which you now experience this does not seem to be so. Yet we state, without exception, that man receives exactly what he desires. It may be necessary to spend time in meditation to become aware of your real desire.

ACIM Ask with desire. (W;L#165)

YOUR IDEA OF CAUSE AND EFFECT IS AN ILLUSION

HATONN: It is very difficult for the peoples of this planet to give up their illusion, to give up the preconceived knowledge of what they believe to be cause and effect. However, this is not reality. This is illusion, born of illusion. (B1,26)

ACIM:

1. Everything that seems to happen to me I ask for, and receive as I have asked. (448.2)
2. It is impossible the Son of God be merely driven by events outside of him. His power of decision is the determiner of every situation in which he seems to find himself by chance or accident. (448.3)

TO RESPECT YOUR FREEDOM, TRUTH IS OFFERED WITHOUT PROOF

HATONN: We are attempting to extract the greatest possible harvest from the planet. This is our mission. We offer Truth without proof. In that way, the motivation will come from the individual. In this way the individual vibratory rate will be increased. Impressing this Truth upon an individual in such a way that he would be forced to accept it would have no usable effect upon his vibratory rate. (B1,34-36)

ACIM: The Holy Spirit's teaching takes only one direction and has only one goal. His direction is freedom and His goal is God. (149.4)

TRUTH COMES FROM WITHIN -- DIRECT CONTACT WOULD BE A DISSERVICE

HATONN: How does contact work? First, it is necessary for the entity to become of a certain vibration as a result of his thinking. Groups help this. An then it is finally done through meditation. We of the Confederation of Planets in the service of the Infinite Creator are very sorry that we cannot step upon your soil and teach those of your people who desire our service. But that would be a very great disservice to those who do not desire our service at this time, and we are afraid we would have little effect in bringing understanding even to those who desire it, for understanding comes from within. (B1,21)

ACIM: Seek not outside yourself. For all your pain comes simply from a futile search for what you want, insisting where it must be found. What if it is not there? Do you prefer that you be right or happy? (617.2)

HATONN: We do not wish to impose our understanding of truth upon your peoples, and this would be something that we would do if we contacted them directly. We could not help it, for our very utterance of truth would be accepted by many of your peoples as valid. We do not wish to be thought of as the ultimate representatives of the Creator's truth.

We have been required by our understanding of our Creator's principle to remain in hiding, for we cannot serve one individual and at the same time do a disservice to his neighbor by proving within his own mind that we exist, for many of those of planet Earth at this time do not desire to believe in or have proof of our existence. (B1,27)

MANY DESIRE TO BE WHERE YOU ARE - GREAT GAINS ARE POSSIBLE NOW

HATONN: Many of us who are now circling your planet would desire to have the opportunity that you have, the opportunity to be within the illusion and, then, through the generation of understanding, use the potentials of the illusion. This is a way of gaining progress spiritually.

I cannot over-emphasize the necessity of becoming able to understand the nature of the potentials within your illusion and then reacting to that in a way that will express the thought that generated us: the thought of our Creator. There are many souls experiencing the illusion in which you find yourself; however, there are few using this illusion to grow, other than at a subliminal level. (B1,25)

HATONN: Once an individual has become aware of the possibility of using the illusion in which he finds himself in your physical world for spiritual growth, it is necessary that he take the next step and use his knowledge to express the love and understanding of the Creator, regardless of the potentials which affect him. (B1,25-26)

NOTE: The fact that Hatonn is in a spaceship means that he still requires mechanical aids to move through space. This is not the case with Ra.

9. THE VARIOUS ORIGINS OF 3RD DENSITY BEINGS ON EARTH

THE FIRST GROUP CAME FROM MARS

THE MARTIAN PLANET BECAME UNINHABITABLE AND THERE WAS NO HARVEST

RA: *The first entities of 3rd density to come here were brought from Mars. This planet's environment became inhospitable to 3rd density beings.*

DON: I assume you're saying that the guardians transferred the Martian race here after the race had died from the physical as we know it on Mars.

RA: *This is correct. (B1,106)*

RA: *The tendencies of these peoples toward warlike actions caused such difficulties in the atmospheric environment of their planet that it became inhospitable for 3rd density experience before the end of its cycle. Thus the Red Planet entities were unharvested and continued in your illusion to attempt to learn the Law of One. (B1,107)*

DON: How long ago was this?

RA: *About 75,000 years ago. Your planet was not 3rd density in its environment until this time. (B1,107)*

WHAT TYPE OF ENTITIES WERE ALREADY HERE ON EARTH?

RA: *Those of 2nd density. The second density is the density of the higher plant life and animal life which exists without the upward drive towards the infinite. (B1,107)*

DON: Recent research has indicated that the normal sleep cycle for entities on this planet is 25 hours instead of 24 hours. Is this correct, and, if so, why is this?

RA: *This is correct in some cases. The planetary influences experienced in memory by those from Mars have some effect upon the 3rd density bodily complexes. This (Martian) race has given its genetic material to many bodies upon your plane. (B3,100)*

65 MILLION ARE WANDERERS

WHO ARE THE WANDERERS?

RA: *Imagine, if you will, the sands of your shores. As countless as the grains of sand are the sources of intelligent infinity. When a social memory complex has achieved a complete understanding of its desire, it may conclude that its desire is to serve any entities who call for aid. These entities whom you may call the Brothers and Sisters of Sorrow move toward this calling of sorrow. They come from all reaches of the infinite creation. They are the Wanderers. There are approximately 65 million on Earth. (B1,127)*

MOST ARE 6TH DENSITY

RA: *Few there are of 4th density. Most are of 6th density. The desire to serve must be distorted towards a great deal of purity of mind and what you call foolhardiness or bravery. The challenge/danger of the Wanderer is that it will forget its mission, become karmically involved, and thus be swept into the maelstrom of which it had incarnated to avert. (B1,127)*

DO WANDERERS TEND TO BE ILL?

DON: Do the Wanderers have physical ailments in this 3rd density situation?

RA: *Due to the extreme variance between the vibratory distortions of 3rd density and the higher densities, they generally have some kind of handicap or feeling of alienation which is severe, for example, allergies. (B1,127-128)*

WHY DO THEY INCARNATE IN A LOWER (3RD) DENSITY?

RA: *The Wanderer has the potential of greatly accelerating the density from whence it comes in its progress in evolution. This is due to the intensive life experiences and opportunities of the 3rd density. Thus the positively oriented Wanderer chooses to hazard the danger of forgetting in order to be of service to others by radiating love of others.*

If the forgetting is penetrated the amount of catalyst in 3rd density will polarize the Wanderer with much greater efficiency than shall be expected in the higher and more harmonious densities. (B2,67)

SOME CAME INTO 2ND DENSITY FROM 3RD DENSITY

THEY CAME FROM MALDEK

RA: *There are those from Maldek. At one time/space which was your past (about 500,000 years ago) there was a population of 3rd density beings upon a planet which was within your solar system. [They had a civilization somewhat similar to Atlantis (B1,109)] After destroying their planet, they came to Earth. It was the only planet in your solar system which was hospitable and capable of offering the lessons necessary to decrease their mind/body/spirit distortions with respect to the Law of One. (B1,91)*

THEY WERE TRAUMATIZED BY THE DEVASTATION

RA: *The disintegration of their biosphere was caused by war. These entities were so traumatized by this occurrence that they were in what you might call a knot or tangle of fear. No beings could aid them. No one could reach them. Finally about 600,000 years ago [Not consistent with the 500,000 years given above] the Confederation succeeded in reaching them and untied the knot of fear. The entities were then able to recall that they were conscious. This awareness brought them to what you might call the lower astral planes where they could be nurtured until all were healed of this trauma. Then the group decision was to place upon itself a type of what you may call karmic alleviation. For this purpose they came into incarnation upon your planet in what were not acceptable human forms. They experience this until the distortions of destruction are replaced by distortions toward the desire for a less distorted vision of service to others. (B1,110)*

DON: Was the body complex available at that time what we refer to as the ape body?

RA: *That is correct. (B1,110).*

RA: *Many have removed the karma and gone on to a 3rd density experience in a 3rd density body. (B1,111)*

DID ALL THE PEOPLE OF MALDEK HAVE THE FEAR PROBLEM?

RA: *In the occurrence of planetary dissolution none escaped. (B1,111-112)*

HOW DID THEY COME HERE?

RA: *They came through the process of harvest and were incarnated through the process of incarnation from your higher sphere within this density. (B1,91)*

RA: *Many incarnated within your Earth's surface instead of upon it. (B1,92)*

IS THERE A RACE HERE WHO INCARNATED FROM 2ND DENSITY?

RA: *There are no 2nd density consciousness complexes here on your planet at this time. However there are two races which use the 2nd density form. One is from Maldek. They dwell within your deeper underground passageways and are known to you as "Bigfoot". They are working on what you would call karmic restitutions.*

The other race that is here in 2nd density form is one whose body complexes are greatly able to withstand the rigors of nuclear radiation which the body complexes you use could not do - in the event that there is a nuclear war. They dwell in uninhabited deep forest in various places on your planet. They are scarce and very able to escape detection. These entities of the glowing eyes are those most familiar to your peoples. (B1,108)

THEN THERE ARE 2 TYPES OF BIGFOOT?

RA: *There are 3 types of Bigfoot, using the same name for 3 different races. The 3rd is a thought-form. (B1,109)*

WHY ARE NO REMAINS OF BIGFOOT FOUND?

RA: *Exploration of the caves which underlie some of the western coastal mountain regions of your continent will one day offer such remains. (B3,102)*

WHAT ARE THE PERCENTAGES?

RA: *About 1/2 of the 3rd density entities are from Mars; about 1/4 are from 2nd density of your own planet; the other 1/4 are from elsewhere. (B1,187)*

THE LAW OF ONE
Study Guide V.2

With Quotes from **A COURSE IN MIRACLES**

CHAPTER III

**THE EVOLUTION OF
CONSCIOUSNESS
THROUGH THE 8
DENSITIES**

1. THE SOCIAL MEMORY COMPLEX

DON: At what stage does a planet achieve social memory?

RA: *When its entire group of entities are of one orientation or seeking. Then the group memory lost to the individuals in the roots of the tree of mind becomes known to the social complex, thus creating a social memory complex. (B1,119)*

RA: *The social memory complex is properly a 4th density phenomenon. (B2,72)*

RA: *When a group of mind/body/spirits becomes able to form a social memory complex, all experiences of each entity is available to the whole of the complex. (B2,111)*

ACIM: Here there is only holiness and joining without limit. For what is heaven but union, direct and perfect, and without the veil of fear upon it. Here we are one. Here all thoughts of any separation between us become impossible. (431.2)

2. THE DIFFERENT DENSITIES

ACIM: Consciousness is the receptive mechanism, receiving messages from above or below; from the Holy Spirit or the ego. Consciousness has levels and awareness can shift quite dramatically, but it cannot transcend the perceptual realm. At its highest it becomes aware of the real world. The very fact that it has levels demonstrates that it cannot reach knowledge. (M;80.0)

THE 1ST DENSITY

IT IS NOT AWARE AND, AT FIRST, IT IS FORMLESS

DON: When 1st density is formed we have fire, air, earth and water. At some point there is the first movement of life towards consciousness. Could you describe this?

RA: *The 1st or red ray density, though attracted towards growth, is not in the proper vibration for those conditions conducive to the spark of awareness.*
(B2,87)

WIND AND FIRE BRING FORM TO EARTH AND WATER

DON: Can you tell me how, in the 1st density, wind and fire teach earth and water. (B4,32)

RA: *The air and fire of that which is formless literally illuminates and forms the formless, for earth and water were, in the timeless state, unformed. As the active principles of fire and air blow and burn incandescently about that which nurtures that which is to come, the water learns to become sea, lake and river, and the earth learns to be shaped, both offering opportunity for viable life.*
(B4,32)

THE 2ND DENSITY

HOW LONG DID THE 2ND DENSITY LAST ON THIS PLANET?

RA: *It is your longest density. It lasted approximately 4.6 billion years.* (B4,13)

END OF RA'S 3RD = START OF OUR 2ND

DON: The end of Ra's 3rd density coincided with the beginning of this planet's 2nd density. Is that correct? (B4,124)

RA: *This is roughly correct.* (B4,124)

DON: Did Venus become a 4th density planet at that time? (B4,124)

RA: *This is so.* (B4,124)

WHAT TYPE OF 2ND DENSITY ENTITIES CAN CHANGE TO 3RD DENSITY?

DON: Suppose an individual entity of 2nd density is ready for transition to 3rd density. Would this 2nd density entity be an animal?

RA: *There are 3 types of 2nd density entities which become enspirited. (i.e., 3rd density).*

1. The most common are animals.
2. The second most common are trees.
3. The third is mineral.

Occasionally a certain location becomes energized to individuality through the love it receives and gives in relationship to a 3rd density entity which is in relationship to it. This is the least common transition. (B1,177)

HOW DO 2ND DENSITY ENTITIES BECOME INSPIRITED?

RA: *Entities do not become enspirited. They become aware of the intelligent energy within each portion, cell, or atom of its beingness.*

The self-awareness comes from within given the catalyst of certain experiences. There is an inevitable pull toward eventual realization of self. (B1,177)

WHY DID THE LOGOS USE BIPEDAL ERECT FORMS EVOLVE INTO 3RD DENSITY?

RA: *We are not entirely sure why our Logos and several neighboring Logoi chose the bipedal, erect form of the 2nd density apes to invest (with higher consciousness). It has been our supposition that our Logos was interested in further intensifying the veiling process by offering to the 3rd density form the near certain probability for the development of speech taking precedence over telepathy - and offering tool making abilities to lessen the probability of rediscovering the powers of the mind. (B4,138)*

HAVING ANIMALS AS PETS

RA: *Much as you would put on a vestment, so do your 3rd density beings invest or clothe some 2nd density beings with self-awareness. This is often done through the opportunity of what you call pets. It has also been done by various other means of investiture. These include many so-called religious practices which personify and send love to various natural 2nd density beings in their group form. (B1,134)*

RA: *This also occurs without such investiture because the upward line of spiraling light calls distortion from density to (higher) density - but it takes longer when no investiture is made. (B1,135)*

THOUGHT-FORMS

RA: *Thought-form entities feed upon fear...*

Some exist in the astral plane. Others wait within the Earth's surface. It is our impression that this type of information is unimportant. (B2,101)

OVERVIEW OF 3RD THROUGH 7TH DENSITIES

RA: *The 3rd density being, having the potential for complete self-awareness, thus has the potential for minimum activation of all energy centers. The 4th, 5th, and 6th densities are those refining the higher energy centers. The 7th density is a density of completion and turning towards timelessness or foreverness. (B2,89)*

RA: *The intensity of 4th density is that of the refining of the rough-hewn sculpture. However, in the 3rd density the statue is forged in the fire. This is a type of intensity which is not the property of 4th, 5th, 6th, or 7th densities. (B4,20)*

RA: *In the 4th and 5th densities the positive polarity functions without any need of the negative polarity and vice versa. It is to be noted that in attempting to sway 3rd density entities in choosing polarity there evolves a good bit of interaction between the two polarities.*

In 6th density, the density of unity, the 2 paths must take in each other. This is not difficult for the positive polarity which sends light/love to all other-selves. It is difficult enough for service-to-self polarized entities that at some point the negative polarity is abandoned. (B4,31)

THE 3RD DENSITY

WHAT IS ITS PURPOSE?

RA: *The purpose of incarnation in 3rd density is to learn the ways of love. (B4,67)*

HOW LONG DOES 3RD DENSITY LAST?

DON: *The 3rd density is, comparatively speaking, the twinkling of an eye, the snap of a finger in time compared to the others. Why is it so short compared to 1st and 2nd density?*

RA: *The 3rd density is a choice. The prelude to choice must encompass the laying of the foundation, the establishment of the illusion and the viability of that which can be made spiritually viable. The remainder of the densities is continuous refining of the choice. The choice is, as you put it, the work of a moment but is the axis upon which the creation turns. (B4,13-14)*

RA: *We are aware of creations in which 3rd density is lengthier to give a variant experience of the Creator. This creation is somewhat more condensed by its Logos than some other Logoi have chosen. This creation is seen by us to be quite vivid. (B4,14)*

WHAT IS THE REQUIREMENT FOR BEING IN 3RD DENSITY?

DON: What is needed to be in 3rd density?

RA: *There is one necessity for 3rd density, namely, self-awareness or self-consciousness. The body must be capable of abstract thought. The fundamental necessity is the combination of rational and intuitive thinking. (B1,179)*

THE 3RD DENSITY HAS MORE CATALYSTS

RA: *Consider a 2nd density entity, the tree for instance. It is self-sufficient. Consider a 3rd density entity. The weakening of the physical vehicle was designed to distort entities towards a predisposition to deal with each other. Thus, the lessons which approach a knowing of love can be begun.*

The quickest way to learn is to deal with other-selves. This is a much greater catalyst than dealing with the self. Dealing with the self without other-selves is akin to living without mirrors. Then the self cannot see the fruits of its beingness. (B1,180)

MUCH GREATER CHANGES IN CONSCIOUSNESS OCCUR IN 3RD DENSITY

RA: *There is very little work in consciousness in 4th and in 5th densities compared to the work done in 3rd density. (B2,119)*

THE ASTRAL AND DEVACHNIC PLANES ARE INNER PLANES OF 3RD DENSITY

THE ASTRAL AND DEVACHNIC PLANES

DON: How many levels do we have here in the 3rd density at this time?

RA: The 3rd density has an infinite number of levels.

DON: I've heard that there are 7 astral planes and 7 devachanic levels. Is this correct?

RA: *You speak of some of the more large distinctions in levels in your inner planes. That is correct. (B1,168)*

DON: Who inhabits the astral and devachnic planes?

RA: *The astral planes vary from thought-forms in the lower extremities to enlightened beings who become dedicated to teach/learning in the higher astral planes. In the devachnic planes are those even more close to the primal distortions of love/light. Beyond these planes there are others.*

The invisible, or inner, 3rd density planes are inhabited by those who do not have body complexes such as yours; they do not collect about their spirit/mind complexes a chemical body. In the upper levels, desire to communicate knowledge back down to the outer planes of existence becomes less due to the intensive learn/teaching which occurs on these levels. (B1,168)

HOW DOES REINCARNATION WORK?

RA: *The illusion is created of light, or more properly but less understandably, light/love. This is in varying degrees of intensity. The spirit complex of each entity moves along the line of light until the light grows too glaring, at which time the entity stops. The entity may have barely reached 3rd density or may be very, very close to the ending of the 3rd density light/love distortion vibratory complex.*

Those who fall within this octave of intensifying light/love then experience a major cycle during which there are opportunities for the discovery of the distortions which are inherent in each entity and, therefore, the lessening of these distortions.

RA: *Some incarnate automatically, that is, without any conscious self-awareness of the process of spiritual evolution. They are under the Guardians, beings whom you may call angelic. (B2,121)*

RA: *When the entity becomes aware of the mechanism for spiritual evolution, it will arrange and place those entities and lessons necessary for maximum growth and expression of polarity in the incarnative experience before the forgetting occurs.*

The only disadvantage of this is that some entities will attempt to learn so much during one incarnative experience that the intensity of the catalyst disarranges the entity and is not maximally useful as intended. (B2,122)

HOW ARE REINCARNATIONS INTO THE PHYSICAL ALLOCATED?

RA: *Entities wishing to obtain critically needed experience in order to become harvestable are incarnated with priority over those who will, without too much probable/possible doubt, need to re-experience this density. (B1,169)*

CAN WE CHOOSE OUR PARENTS?

DON: When incarnation ceases to be automatic, can an entity decide when he needs to incarnate for the benefit of his own learning. Does he select his parents? (B1,194)

RA: *This is correct.*

DON: At this time what percentage of the entities incarnating are making their own choices?

RA: *About 54%. (B1,194)*

WE CAN GROW MORE IN 3RD DENSITY THAN IN BETWEEN INCARNATIONS

RA: *This is correct. (B1,113)*

THE 4TH DENSITY FOR THOSE OF POSITIVE ORIENTATION

WHAT DETERMINES WHETHER YOU GRADUATE INTO 4TH DENSITY?

RA: *The necessity for graduation to 4th density is an ability to use, welcome and enjoy a certain intensity of the white light of the One Infinite Creator. (B4,71)*

(Paraphrasing) It's a function of the intensity of the violet ray of the individual. (B2,103)

WHAT THE 4TH DENSITY IS LIKE

RA: *There are no appropriate words. We can only say what it is not and approximate what is. Beyond 4th density our ability (to describe the density) grows more limited until we become without words. (B1.157)*

1. It uses a type of bipedal vehicle which is much denser (in consciousness) and more full of life. (B1.157)
2. One is aware of the thoughts and vibrations of other-selves.
3. It is a plane of compassion and understanding of the sorrows of 3rd density.
4. It is a plane striving towards wisdom or light
5. It is a plane wherein individual differences are pronounced although automatically harmonized by group consensus. (B1,157)
6. When sickness is present, it is easily healed

RA: *The 4th density is one of revealed information. Selves are not hidden to self or other-selves. The imbalances or distortions which are of a destructive nature show in more obvious ways, the vehicle of the mind/body/spirit complex thus acting as a teaching resource for self revelation. These illnesses, such as cancer are correspondingly very amenable to self-healing once the mechanism of the destructive influence has been grasped by the individual. (B2,82)*

RA: *The 4th density abounds in compassion. This compassion is folly when seen through the eyes of wisdom. It is the salvation of 3rd density but creates a mismatch in the ultimate balance of the entity. (B2,95)*

FOOD IS EATEN TO TEACH PATIENCE

DON: Is the physical vehicle similar to the one in 3rd density? (B2,103)

RA: *The chemical elements are not the same. However, the appearance is similar.*

DON: Is it necessary to eat food?

RA: *This is correct. (B2,103)*

DON: This means the social catalyst of feeding the body (making a living) is active in 4th density. is this correct?

RA: *This is incorrect. The 4th density being desires to serve and the preparation of foodstuffs is extremely simple due to increased communication between entity and living foodstuff. Therefore, this is not a significant catalyst. The catalyst involved is the necessity for the ingestion of foodstuffs. This is not considered to be of importance to 4th density entities and therefore aids in teaching patience. (B2,104)*

DON: How does it teach patience?

RA: To stop the functioning of service-to-others long enough to ingest food is to invoke patience. (B2,104)

THE 4TH DENSITY HAS NO WORDS OR DISHARMONY

1. 4th density is not of words, unless chosen.
2. It does not use heavy chemical vehicles for body complex activities.
3. It is not of disharmony within self.
4. It is not of disharmony within peoples.
5. It is not within the limits of possibility to cause disharmony in any way. (B1,157)

THE SOCIAL MEMORY COMPLEX IS A 4TH DENSITY PHENOMENA. (B2,72)

RA: *The work that is accomplished in positive 4th density is that work whereby the positive social memory complex, having through slow stages, harmoniously integrated itself, goes forth to aid those of less positive orientation which seek their aid. Greater and greater intensities of understanding or compassion are attained. This intensity continues until the appropriate intensity of the light may be welcomed. this is 4th density harvest. (B2,119)*

IS AN ENTITY IN THE 4TH DENSITY NORMALLY INVISIBLE TO US?

RA: *The 4th density is, by choice, not visible to third density. It is possible for fourth density to be visible. However, the 4th density entity must concentrate upon a rather difficult vibrational complex - which is the 3rd density you experience. (B1,126)*

IT HAS THE CONCEPT OF PROTECTING LOVED OTHER-SELF

RA: *The impulse to protect the loved other-self is one which persists through the 4th density, a density abounding in compassion. (B2,48)*

LIFE SPAN AND LENGTH OF CYCLE

RA: *The space/time incarnation typical of harmonious 4th density is approximately 90,000 of your years as you measure time. (B2,102)*

DON: How long is a cycle of experience in 4th density in our years?

RA: *The cycle lasts approximately 30 million of your years if the entities are not capable of being harvested sooner. (B2,103)*

PHYSICAL PAIN IS PRESENT MINIMALLY

DON: In the 4th density, is the catalyst of physical pain used as a mechanism for experiential balancing?

RA: *The use of physical pain is minimal, having only to do with the end of the 4th density incarnation. This physical pain would not be considered severe enough to treat in the 3rd density. The catalysts of mental and physical pain are used in 4th density. (B3,102)*

DON: Why is physical pain a part of the end of 4th density?

RA: *You would call this variety of pain, weariness. (B3,102)*

THE 4TH DENSITY FOR THOSE OF NEGATIVE ORIENTATION

DON: Could you give me some idea of what conditions are like on a 4th density negative or service-to-self planet?

RA: *The planetary conditions of 4th density negative include the constant alignment and realignment of entities in efforts to form dominant patterns of combined energy. The early 4th density is one of most intensive struggle. When the order of authority has been established and all have fought until convinced that each is in the proper placement for power structure, the social memory complex begins. Always the 4th density effect of telepathy and the transparency of thought are used for the sake of those at the apex of the power structure. (B2,73-74)*

RA: *As 4th density occurs the parameters of bellicose (warlike) actions become those of thought rather than manifested weapons. (B3,123)*

THE 5TH DENSITY

THE 5TH DENSITY IS THE WISDOM DENSITY

DON: Graduation into 5th density is a function of the violet ray for the entire memory complex. Is this correct?

RA: *This is correct although in 5th density entities may choose to learn as a social memory complex or as mind/body/spirit complex. The wisdom density is an extremely free density whereas the lessons of compassion leading to wisdom necessarily have to do with other-selves. (B2,103)*

THE LAW OF ONE IS CONSCIOUSLY ACCEPTED

DON: At what point in the densities is it necessary for an entity to be consciously aware of the Law of One in order to progress?

RA: *The 5th density harvest is of those whose vibratory distortions consciously accept the honor/duty of the Law of One. (B1,157)*

AMBROSIA IS CONSUMED, BUT IT IS NOT A CATALYST

DON: I'm guessing that it is not necessary to ingest foodstuffs in 5th density. Is this correct?

RA: *This is incorrect. However, the vehicle needs food which may be prepared by thought - a nectar or ambrosia or light broth of golden white hue. (B2,104)*

DON: Does the fueling of the body complex teach (is it a catalyst for learning)?

RA: *In 5th density it is a comfort for those of like mind gathered together to share in this broth, thus becoming one in light and wisdom while joining hearts and hands in physical activity. It becomes a solace rather than a catalyst for learning. (B2,105)*

PHYSICAL APPEARANCE

DON: Do some of them look just like us? Could they pass for Earth people?

RA: *Those of this nature are most often 5th density. (B3,22)*

DON: I assume the same answer would apply to the Orion group. Is this correct?

RA: *This is correct. (B3,22)*

RA: *In 5th density the manifestation of the physical complex is more and more under the control of the conscious mind complex. Therefore the 5th density entity may dissolve one manifestation and create another. (B4,136)*

RA: *5th density is extremely white in vibration. (B2,50)*

LIGHT IS A TOOL

RA: *In 5th density light is as visible a tool as your pencil's writing. (B3,131)*

RA IS 6TH DENSITY

RA: *6th density is white with a golden quality. This quality relates to the blending into wisdom of the compassion learned in 4th density. (B2,50)*

RA: *I am 6th density with a strong seeking towards 7th density. The harvest for us will be in only (approximately) 2.5 million of your years and it is our desire to be ready for harvest as it approaches our space/time continuum. (B1,138)*

DON: And you ready yourselves for this harvest through service?

RA: *This is correct. (B1,139)*

DON: Can you describe the techniques used by Ra in seeking in the direction of service?

RA: *Much is lost in transmission of concept from density to density, and the discussion of 6th density is inevitably distorted greatly. However, we shall attempt to answer. We seek the Creator upon a level of shared experience to*

which you are not privy (privileged to know about). Rather than surrounding ourselves in light we have become light.

Our understanding is that there is no other material except light. Our techniques are an infinitely subtle continuation of the balancing processes which you are now beginning to experience.

We seek now without polarity. Thus we do not invoke any power from without, for our search has become internalized as we become light/love and love/light. We seek balances between love and wisdom which more and more allow our understanding of experience to be informed that we may come closer and closer to the unity with the One Creator which we so joyfully seek. (B3,98)

THE 7TH DENSITY - A COMPLETED BEING - GOD'S SON

RA: *The 7th density being, the completed being, the Creator who knows Itself, accumulates mass (ie, spiritual mass) and compacts into the One Creator once again (presumably as it enters 8th density). (B2,75)*

RA: *There are portions of the 7th density which, although described to us by our teachers, remain mysterious. We have experienced a great deal of the available refining catalyst of this octave, and our teachers have worked with us most carefully that we may be one with all, that in turn our eventual returning to the great all-ness of creation shall be complete. (B4,58)*

THE HIGHEST DENSITY IS THE 8TH DENSITY

DON: The Law of One is truly universal in creating a progression towards the 8th density in all galaxies. Correct?

RA: *That is correct. There are infinite forms, infinite understandings, but the progression is one. (B1,156)*

RA: *Intelligent infinity is brought into intelligent energy from the 8th density. (B1,141)*

THE NEXT OCTAVE BEGINS AT THE COMPLETION OF THE 8TH DENSITY

RA: *The 8th density functions also as the beginning density or 1st density of the next octave of densities.*

DON: Are you saying that there are an infinite number of octaves of densities?

RA: *We can not speak in firm knowledge of all the creations. We only know that they are infinite. We assume an infinite number of octaves. However it has been impressed upon us by our own teachers that there is a mystery clad unity of creation in which all consciousness periodically coalesces and again begins. We understand it is cyclical in nature. (B2,15)*

THE AKASHIC RECORDS

RA: *Intelligent infinity is brought into intelligent energy from 8th density. Edgar Cayce used this gateway to view the present, which is not the continuum you experience but your planet's potential social memory complex - which you call the "Akashic Records" or the "Hall of Records". (B1,141)*

DEFINITION OF DENSITY

DON: Could you define the word density? (B1,158)

RA: *The term density is a mathematical one. The closest analogy is that of music whereby after 7 notes on your western type of scale, the 8th note begins a new octave. (B1,158)*

(Also see B1,32 where he uses the phrase "density of consciousness")

3. JESUS

JESUS CAME FROM THE HIGHEST LEVEL OF THE 4TH DENSITY

RA: *The entity Jesus was a member of 4th density of the highest level of that sub-octave. He desired to enter planetary service in order to share the love vibration in as pure a manner as possible. This entity could have gone onto the 5th density but chose instead to return to 3rd density for this particular mission. (B1,162)*

THE ORION GROUP OPPOSED HIM

DON: When Jesus incarnated was there an attempt by the Orion group to discredit him?

RA: *This is correct. They built on negative information already present given by the one your peoples call "Yahweh". This led Judas to believe that Jesus, if pushed into a corner, could be made to see the wisdom of using the power of intelligent infinity to rule others. This resulted in the death of Jesus.*

WHY WAS JESUS SUCH A GOOD HEALER?

DON: If Jesus was 4th density and there are Wanderers on the planet today who came from 5th and 6th density, what made Jesus such a good healer and could these 5th and 6th density beings here now do the same? (B1,164)

RA: *Those who heal may be of any density which has the consciousness of spirit, ie, 4th through 7th). The gate to intelligent infinity can only be opened when an understanding of the in-streramings of intelligent energy are opened to the healer.*

True healing is simply the radiance of the self causing an environment in which a catalyst can occur to cause the recognition of the self, by the self. (B1,164)

Jesus first discovered his ability to penetrate intelligent infinity when he became angry at a playmate who was fatally wounded by Jesus's touch. This entity determined to discover how to use this energy for the good, not for the negative. This entity was extremely positively polarized and remembered more than most Wanderers do.

He was galvanized by this experience and he left his home when he was 13.5 years old and walked to many other places seeking further information. This went on until he was 25. Then he returned home. When he became able to integrate synthesize all experiences, he began to speak to other-selves. He was absolved karmically of the destruction of the other-self when he forgave those who put him to death. In forgiveness lies the stoppage of the wheel of action, of what you call karma. (B1,164-165)

NOW JESUS IS IN 5TH DENSITY

DON: In what density is Jesus now?

RA: *This entity studies now the lessons of the wisdom vibration, the 5th density, also called the light vibration. (B1,165)*

THE CHOICE TO BE A MARTYR

RA: *When the entity Jehoshuah (Jesus) decided to return to the location called Jerusalem for the holy days, it turned from work mixing love and wisdom and embraced martyrdom which is the work of love without wisdom. (B3,185)*

RA: *This entity (Jesus) is aware of certain over-balances towards love, even to martyrdom but has not yet, to any significant degree, balanced these distortions. We do not imply that this course of unbridled compassion has any fault but affirm its perfection. It is an example of love which has served as beacon to many. For those who seek further, the consequences of martyrdom must be considered, for in martyrdom lies the end of the opportunity, in the density of the martyr, to offer light and love. Each entity must seek its deepest path. (B3,186)*

RA: *Jesus incarnated with the plan of martyrdom. There is no wisdom in this plan but rather understanding and compassion extended to its fullest perfection. (B4,82)*

4. FAMOUS PEOPLE

NICHOLAS TESLA

RA: *The one known as Nicola Tesla received information from Confederation sources desirous of aiding this extremely, shall we say, angelically positive entity in bettering the existence of other people. Unfortunately, like many Wanderers, the vibratory distortions of 3rd density caused him to become distorted in his perceptions of other people and his mission was not completed. (B1,121)*

RA: *Information offered Tesla was also experimented with for potential destruction: example: your so-called Philadelphia Experiment. (B1,219)*

ALBERT SCHWEITZER

RA: *This entity was able to mobilize great amounts of energy and money. This entity spent much green ray energy both as a healer and as a lover of what you know as an organ. This entity yellow ray was bright and crystallized by the efforts needed to procure the funds to promulgate its efforts. However, the green and blue rays were of a toweringly brilliant nature as well. (B2,53-54)*

GENERAL GEORGE PATTON

RA: *This entity was of a strong yellow ray activation with frequent green ray openings and occasional blue ray openings. This entity polarized somewhat towards the positive due to its singleness of belief in truth and beauty. It perceived itself a gallant figure. It polarized somewhat towards the negative in its lack of understanding the green ray it carried with it, rejecting the forgiveness principle which is explicit in universal love. The sum total was a slight increase in positive polarity but a decrease in harvestability due to the rejection of the Law of Responsibility, that is, seeing universal love. (B2,56)*

DON: Did the death of this entity almost immediately after the war occur so it could be immediately reincarnated so it could make harvest? (B2,56)

RA: *That is precisely correct.*

FRANKLIN D. ROOSEVELDT

RA: *The one known as FDR developed very quickly up through red, orange, yellow and green and began to work in the blue ray energy center at a tender age. He mated with an entity whose blue ray vibrations were of a strength more than equal to his own thus acquiring catalyst for further growth that was to persist throughout the incarnation. This entity had some difficulty with continued green ray activity due to the need to acquire power.*

Polio opened the opportunity for concentration upon the more universal or idealistic aspects of power; that is, the non-abusive uses of power. Thus the entity had lost some positive polarity due to excessive use of orange and yellow ray energies at the expense of green and blue ray energies, and then had regained the polarity due to the catalytic effects of a painful physical limitation. (B2,57-58)

DON: Did FDR place the physical limitations on his body himself?

RA: *This is partially correct. The basic guidelines for the lessons and purposes of incarnation had been carefully set forth before incarnation by the mind/body/spirit complex totality. If FDR had avoided the excessive enjoyment or attachment to the competitiveness which may be seen to be inherent in the processes of its occupation, this entity would not have had the limitation (polio) (B2,58-59)*

ADOLF HITLER

RA: *This is an entity who, in attempting activation of the highest rays of energy while lacking the green ray key, cancelled itself out as far as polarization towards either positive or negative. This entity was basically negative. However, its confusion was such that the personality disintegrated, thus leaving the mind/body/spirit complex unharvestable and much in need of healing.*

This entity followed the pattern of negative polarization, which suggests the elite and the enslaved, this being seen by the entity to be of a helpful nature for the societal structure. However, in drifting from the conscious polarization into a twilight dream world, this entity failed in its attempt to serve the Creator in a harvestable degree along the path of service to self.

Thus we see insanity which may often arise when an entity attempts to polarize more quickly than experience may be integrated.

(Some of the people in his government were able to polarize in a harvestable nature on the negative path.) (B2,59)

DON: Where is Adolf Hitler now?

RA: *At this time he is in a healing process in the middle astral planes of your spherical force field. This entity was greatly confused and needed a great deal of care. (B1,117)*

ABRAHAM LINCOLN

RA: *This entity saw the work done by those who began the democratic concept of freedom in danger of being abridged by the rising belief and use of the principle of enslavement of entities. This is a negative concept of a fairly serious nature in your density.*

This entity therefore went forward into what it saw as the battle for the light. This entity did not gain or lose karma by these activities due to its detachment from any outcome. Its attitude throughout was one of service to others. The polarity of the individual was somewhat, but not severely, lessened by the cumulative feelings and thought forms which were created due to large numbers of entities leaving the physical plane due to trauma of battle. (B2,61)

5. THE COMPLETELY BALANCED ENTITY

DOES A BALANCED ENTITY HAVE AN EMOTIONAL RESPONSE TO BEING ATTACKED?

DON: Would a perfectly balanced entity feel any emotional response when attacked by the other-self?

RA: *Yes, it would. The response is love.*

BALANCE IS NOT INDIFFERENCE BUT RATHER THE OBSERVER
NOT BLINDED BY ANY FEELINGS OF SEPARATION BUT RATHER
FULLY IMBUED WITH LOVE. (B2,95)

ARE ANY SITUATIONS EMOTIONALLY CHARGED TO A BALANCED ENTITY?

RA: *For a balanced entity no situation has an emotional charge but is simply a situation like any other in which the entity may or may not observe an opportunity to be of service. (B2,97)*

RA: *The closer an entity comes to this attitude the closer an entity is to balance. It is not our recommendation that reactions to catalyst be repressed or suppressed unless such reactions would be a stumbling block not consonant with the Law of One to an other-self. It is far, far better to allow the experience to express itself in order that the entity may then make fuller use of this catalyst. (B2,97)*

6. THE HIGHER SELF AND THE HOLY SPIRIT

ACIM and TLOO

The Holy Spirit is mentioned repeatedly in ACIM, but there is no mention of the Holy Spirit in the Law of One. However, it does teach that each being (on the high path) has a Higher Self which knows how that being's path can be made smoother and less difficult. It is assumed that the collection of all Higher Selves, as described in TLOO, is equivalent to the Holy Spirit, as described in ACIM.

THE HIGHER SELF KNOWS WHAT LESSONS HAVE NOT BEEN LEARNED PROPERLY

DON: What is the Higher Self?

RA: *The Higher Self, as you call it, is the self which exists with full understanding of the accumulation of experiences which have not been learned properly, aids the entity in achieving healing, and assists in further life experience programming. (B2,62)*

RA: *The Higher Self may communicate with the mind/body/spirit complex during the discarnate part of a cycle or rebirth - or during the incarnation if the proper pathways or channels through the roots of mind are opened. (B2,65)*

THE MIND/BODY/SPIRIT TOTALITY CONTAINS ALL THE PARALLEL DEVELOPMENTS OF AN ENTITY

RA: *The mind/body/spirit complex totality is a nebulous collection of all that may occur held in understanding; it is as the shifting sands and is in some part a collection of parallel developments of the same entity. This information is made available to the Higher Self aspect. This aspect may then use these projected probability/possibility vortices in order to better aid in what you would call future life programming. (B2,62 and 65)*

THE HIGHER SELF = YOUR SELF FROM YOUR FUTURE

RA: *The Higher Self seems to exist simultaneously with the mind/body/spirit complex which it aids. This is not actually simultaneous, for the Higher Self is moving to the mind/body/spirit complex as needed from a position in development of the entity which would be considered in the future of the entity. (B2,63-64)*

ACIM: Time is a trick, a sleight of hand, a vast illusion in which figures come and go as if by magic. Yet there is a plan behind appearances that does not change. The script is written. When experience will come to end your doubting has been set. For we but see the journey from the point at which it is ended, looking back on it, imaging we make it once again; reviewing mentally what has gone by. (W;L#158)

DON: Then the Higher Self operates from the future as we understand things, and it would know, as far as I am concerned, what was going to happen. Is this correct? (B2,64)

RA: *This is incorrect, as it would be an abrogation (or violation) of free will. The Higher Self is aware of the lessons learned through 6th density. The choices which must be made to achieve the Higher Self as it is must be made by the mind/spirit/body complex itself.*

Thus the Higher Self is like a map on which the destination is known and the roads are shown, and the traveler has already reached the destination in some universe, maybe this one. The Higher Self [the destination] looks back on the way that has been traveled and assists the traveler in arriving at the goal in an easier way.

So the Higher Self can program the mind/body/spirit complex for certain lessons and predisposing limitations, but the rest is up to the free choice of the entity. (B2,64)

ACIM This world was over long ago. The thoughts that made it are no longer in the mind that thought of them. He miracle but shows the past is gone. (589.1)

THE HIGHER SELF IS A GIFT FROM THE MID 7TH DENSITY SELF

DON: Is the Higher Self of every entity of a 6th density nature?

RA: *Yes. It is an honor/duty of self to self as one approaches 7th density. (B2,64-65)*

DON: Does the Higher Self have some type of vehicle? Does it have a bodily complex? (B2,64)

RA: *This is correct.*

RA: *The Higher Self is a manifestation given to the late 6th density mind/ body/ spirit complex as a gift from its future selfness. The mid 7th density's last action before turning towards the allness of the Creator and gaining spiritual mass is to give this resource (Higher Self) to the 6th density self.*

This self, the mind/body/spirit complex of the late 6th density, [offers its living bank of memory of experience to the Higher Self]. In this way you may see your self, your Higher self, and your mind/body/spirit complex totality as one. They are the same being. (B2,69)

TRUE SIMULTANEITY REMOVES ALL SEEMING CONTRADICTIONS

RA: *The Higher Self protects when possible and guides when asked, but the force of free will is paramount. The seeming contradictions of determinism and free will melt away when it is accepted that there is such a thing as true simultaneity. The Higher Self is the end result of all the development experienced by the mind/body/spirit complex up to that point (at the end of 6th density). (B3,150)*

THE HIGHER SELF IS SOMETIMES CALLED THE MAGICAL PERSONALITY

RA: *When the magical personality is properly and efficaciously invoked the self has invoked its Higher Self. Thus a bridge betwixt space/time and time/space is made and the 6th density magical personality experiences directly the 3rd density catalyst for the duration of the working. It is most central to deliberately take off the magical personality after the working in order that the Higher Self resume its appropriate configuration as analog to the space/time mind/body/spirit. (B3,191)*

DON: The 3 aspects of the magical personality are stated to be power, love and wisdom. Are these its only primary aspects? (B3,192)

RA: *The magical personality is a being of unity, a being of 6th density, and the equivalent of what you call your Higher Self and at the same time is a personality enormously rich in variety of experience and subtlety of emotion. (B3,192)*

CARLA'S REMARKS ABOUT THE HIGHER SELF

In the Introduction of TLOO Carla Reuckert comments on what she calls the magical personality . It is the same as the Higher Self mentioned later in TLOO.

CARLA: There is a thread that runs through our daily lives which we can grasp and, using that thread, remove ourselves into a framework in which we see reality as being that of the spiritual body, which exists from incarnation to incarnation. (B1,18)

(**Note:** This spiritual body will be called the magical personality or the higher self.)

By working upon this magical personality, by interiorizing experience,

by accepting responsibility for all that occurs, by having our actions generated within the self and no longer simple reactions to outward stimulus, we strengthen the so-called magical personality until we are able to have some small claim to "the art of causing changes in consciousness at will".

This is the classic definition of magic.

Each time a person sustains an unfortunate situation and reacts to it by not giving anger for anger or sadness for sadness but offering compassion and comfort where none was expected, we strengthen that thread of inner strength within us. (B1,19)

ACIM: [Inner peace] enables you to remain unshaken by lack of love from without and capable, through your acceptance of miracles, of correcting the conditions proceeding from lack of love in others. (18.2)

NO ONE IS WITHOUT HELPERS

RA: *There are those whose lessons are more random due to their inability to comprehend the nature of evolution of mind, body and spirit. Of these we may say that the process is guarded by those who never cease their watchful expectation of being of service.*

There is no entity without help,

either through self-awareness of the unity of creation or through guardians which protect the less sophisticated mind/body/spirit from any permanent separation from unity while the lessons of your density continue. (B2,130)

THERE ARE 3 LEVELS OF HELPERS THAT ASSIST IN THE HARVEST

RA: In time of harvest there are always harvesters. There is some supervision necessary to ensure that this bounty is placed as it should be without bruise or blemish. There are 3 levels watching over the harvest. (B3,6)

1. PLANETARY HELPERS = ANGELS, HIGHER SELF

RA: The 1st type is planetary and that which may be called angelic. This type of helper includes the Higher Self of an entity and those inner plane entities which have been attracted to this entity through its inner seeking. (B3,6)

2. CONFEDERATION HELPERS

RA: The 2nd class are those of the Confederation who stand at the edge of the steps of light/love so that those entities being harvested will not, no matter how confused or unable to make contact with their Higher Self, stumble and fall away for any reason other than the strength of the light. These Confederation entities catch those who stumble and set them aright so that they may continue into the light. (B3,6)

3. THE GUARDIANS

RA: The 3rd group is called the Guardians. This group is from the octave above our own and serve as light bringers. They provide the precise emissions of light/love that allow the precise light/love vibration of each entity to be determined. (B3,6)

THE LAW OF ONE
Study Guide V.2

With Quotes from **A COURSE IN MIRACLES**

CHAPTER IV

**CREATION OF
ALL THAT IS
(MANY-NESS)**

1. CREATION AND THE FIRST THREE DISTORTIONS

ORIGINALLY THERE WAS INFINITY; INFINITY = THE ONE CREATOR OR THE ONE INFINITE CREATOR (GOD)

“Before” there was any space or time or beings of any sort, before there was love or anything to be loved, there was something. The only thing that can be said about It is that It was, and is, infinite; It was the One Infinite Creator - or just the One Creator - but It was without awareness. Although, It had not yet created anything, It has the ability to do so and is appropriately referred to as the Creator. It is what we call “God;” It is the divine Father, or the divine Mother, of all that is. Of course, time, as we know it, did not exist then, so the word “before” is a metaphor in the context in which it is being used.

DON: Can you tell me the first known thing in creation?

RA: *The first known thing in creation is infinity. The infinity is creation. (B1,129)*

AWARENESS DAWNS

Then there was the dawn of awareness. How or why cannot be said.

DON: What is the next step?

RA: *Infinity became aware. (B1,129)*

INFINITY FOCUSES → INTELLIGENT INFINITY (INTELLIGENT INFINITY = THE CREATOR (not the same as the One Infinite Creator)

There is this infinite beingness (Tillich’s ground of being) that becomes aware and therefore intelligent. It is now an infinite awareness which Ra calls intelligent infinity

RA: *The Creator is the focusing of infinity as an aware conscious principle called intelligent infinity. (B1,129)*

IN INTELLIGENT INFINITY THERE'S A RHYTHM, OR FLOW, OF BEINGNESS

RA: Intelligent infinity has a rhythm or flow as of a giant heart beginning with the central sun, the presence of the flow inevitable as a tide of beingness without polarity, without finitude; the vast and silent all beating outward, outward, focusing outward and inward until the focuses are compete. The intelligence or consciousness of foci have reached a state where their spiritual nature (or mass) calls them inward, inward until all is coalesced. This is the rhythm of reality. (B2,6)

THE RHYTHMS ARE CLOTHED IN MYSTERY

RA: The basic rhythms of intelligent infinity are totally without distortion of any kind. The rhythms are clothed in mystery, for they are being itself. (B2,7)

1ST DISTORTION = FREE WILL

(FREE WILL → THE CONCEPT OF MANY-NESS)

Being aware, Intelligent Infinity became aware of the concept of free will. It realized It was even free to consider the idea of many-ness, that is, more than one - whereas Its nature was Oneness, namely, the one infinite undifferentiated ground of being. Ra says the concept of many-ness was finiteness because it included many finite beings. Then Intelligent Infinity decided to explore this idea, and in so doing Intelligent Infinity became the Creator. Free will is therefore a distortion away from undifferentiated Oneness because it immediately gives rise to many-ness. It is called the first, or primal, distortion.

RA: Intelligent infinity discerned a concept, namely, freedom of will of awareness. (B1,130)

RA: This concept was (finiteness). This was the first and primal paradox or distortion of the Law of One. Thus the one intelligent infinity invested Itself in an exploration of many-ness. (B1,130-131)

RA: Due to the infinite possibilities of intelligent infinity, there is no ending to many-ness. The exploration thus is free to continue infinitely into an eternal present. (B1,131)

RA: The primal distortion is free will. (B2,8)

RA: In this distortion (free will) of the Law of One, it is recognized that the Creator will know Itself (or experience Itself). (B2,7)

THE 2ND DISTORTION = LOVE

INFINITY FOCUSES → THE INFINITE LOVING ENERGY OF THE PRIMAL CoCREATOR - OR LOGOS

Using His awareness of free will, God focuses Himself into an infinite creative energy of “Love,” which may be called “Logos.” God does this many times so there are many Logos entities (or Logoi). They are CoCreators with God of the highest possible order. Each Logos then creates a galaxy of stars.

RA: *Awareness led to the focus of infinity into infinite energy. You have called this by various names, the most common being "Logos" or "Love". (B1,129)*

RA: *The 1st distortion, free will, finds focus. This is the 2nd distortion known to you as Logos, the Creative Principle or Love. (B1,148)*

RA: *Love may be seen as the type of energy of an extremely high order which causes intelligent energy to be formed from the potential of intelligent infinity in a particular way. All Love emanates from the Oneness. (B2,8)*

The 2nd distortion is the appearance of love which is identified as the primal coCreator, a creative energy.

RA: *The distortion Love is the great activator and primal co-Creator of various creations using intelligent infinity. (B2,8)*

RA: *The second distortion is the distortion of love. (B2,7-8)*

RA: *The creation itself is a form of consciousness which is unified. (B4,65)*

ACIM: God created His Sons by extending His Thought, and retaining the extensions of His Thought in His Mind. All His Thoughts are thus perfectly unified within themselves and with each other. (97.4)

THE CoCREATOR, WHICH IS LOVE, CREATES THE DENSITIES

Love creates various densities or illusions in order to understand, or experience, itself.

RA: *Love uses Its intelligent energy to create a certain pattern of illusions or densities in order to satisfy Its own intelligent estimate of a method of knowing itself. (B2,9)*

ACIM: The attraction of love for love remains irresistible. For it is the function of love to unite all things unto itself. (235.0)

NON-PHYSICAL UNIVERSES ARE CREATED FROM RHYTHMS OF RANDOMIZED CREATIVE ENERGY POURING OUT OF THE CREATOR

RA: *The next step is an infinite reaction to the creative principle (love) following the Law of One in one of its primal distortions, freedom of will. Thus many, many dimensions, infinite in number, are possible. The energy moves from the intelligent infinity due first to the outpouring of randomized creative force which then creates patterns. These patterns of energy begin to regularize their own rhythms and fields of energy, thus creating dimensions and universes. At this point the physical universes were not yet born. The steps are simultaneous and infinite. (B1,129-130)*

THE 3RD DISTORTION = LIGHT

RA: *This intelligent energy thus creates a distortion known as Light. From these 3 distortions come many, many hierarchies of distortions each having its own paradoxes to be synthesized, no one being any more important than another. (B1,148)*

RA: *The origin of all energy is the action of free will upon love. The nature of all energy is light, including the inner light which is the guiding star of the self. This is the true nature of all entities. (B3,30)*

Based on **ACIM:** 1st Principle of Attitudinal Healing: The essence of all beings is love.

RA: *The inner light is your heart of being. Its strength equals your strength of will to seek the light. A certain amount of awareness of the inner light is necessary to attract the in-streaming light upward spiralling from the south magnetic pole of being (the root chakra). (B3,46)*

ACIM: The Atonement can only be accepted within you by releasing the inner light. (21..1)

CREATION OF DIMENSIONS:

WHITE LIGHT COMES TO ORGANIZE THE CHAOS

RA: *The white light which emanates and forms the articulated sub-Logos has its beginning in what may be metaphysically seen as darkness. The light comes into that darkness and transfigures it, causing the chaos to organize and become reflective or radiant. Thus the dimensions come into being. (B2,78-79)*

TO KNOW ITSELF THE CREATOR PRODUCES SPACE, OR OUTER SPACE

Intelligent Infinity decides to find out what It is. It does this by generating into the void of nothingness and manifesting the creation of space in which all things rest and move, namely the Earth, the sun the moon, the stars and all that is upon or within them. All of these creations are holographic portions of Intelligent Infinity, which means they share in all that the Creator is but do so with less strength and less purity of thought.

RA: *As the Creator decides to know Itself It generates into that plenum [nothingness that has the potential for being] full of the glory and the power of the One Infinite Creator which is manifest to your perceptions as space or outer space. (B4,65)*

THE CREATOR IS BECOMING SELF AWARE - OR ABLE TO KNOW ITSELF

RA: *Step by step, the Creator becomes that which may know Itself, and the portions of the Creator partake less purely in the power of the original word or thought. (B4,65)*

RA: *Each mind/body/spirit complex is a unique portion of the One Creator. (B2,22)*

ACIM: You are altogether irreplaceable in the Mind of God. No one else can fill your part in it, and while you leave your part of it empty your eternal place merely waits for your return. (170.4)

RA: *THE CREATOR DOES NOT PROPERLY CREATE AS MUCH AS IT EXPERIENCES ITSELF. (B4,65)*

ACIM: [GOD] created you out of Himself, but still within Him. (280.0)

AN INDIVIDUALIZED PORTION OF THE CREATOR CREATED OUR GALAXY

DON: Was our galaxy created by the infinite intelligence or by a portion of it?

RA: *The galaxy and all other material things are products of individualized portions of intelligent infinity. As each exploration began, it, in turn, found its focus and became coCreator. Using intelligent infinity each portion created a universe. Allowing the rhythm of free choice to flow and playing with the infinite*

spectrum of possibilities, each individualized portion channeled love/light into intelligent energy, thus creating the so-called Natural Laws of any particular universe. Each has its own local version of illusory Natural Laws. (B1,131)

ACIM: Creation includes both (God's) creation of the Son of God, and the Son's creations when his mind is healed. This requires God's endowment of the Son with free will. (17.2)

ALL CREATIONS ARE HOLOGRAMS OF THE ONE INFINITE CREATOR

RA: *It shall be understood that any portion, no matter how small, of any density or of any illusory pattern contains, as in a holographic picture, the One Creator which is infinity. Thus all begins and ends in mystery. (B1,131)*

OUTWARD SWIRLING ENERGIES PRODUCE GALACTIC CENTERS AND THEN THE STARS WITHIN THE GALAXIES

DON: Considering only our Milky Way Galaxy at its beginnings, I will assume that the first occurrence that we could see with our telescopes was the appearance of a star of the nature of our sun. Is this correct? (B4,64)

RA: *In the case of the galactic systems the first manifestation of the Logos is a cluster of central systems which generate the outward swirling energies producing, in their turn, further energy centers for the Logos or what you would call stars. The closer to the, shall we say, beginning of the manifestation of the Logos the star is, the more it partakes in the one original thought. (B4,64)*

THEN THESE ENERGIES PRODUCE THE PLANETS

RA: *The co-Creator, individualizing the galaxy, created energy patterns which focused in many centers of conscious awareness of intelligent infinity. [rephrased]. The progression is from the galaxy spiralling energy to the solar spiraling energy to the planetary spiraling energy to the spiraling energy which started the 1st density of awareness in planetary entities. (B1.131-132)*

IS ALL OF CREATION SIMULTANEOUS?

RA: *The nature of true simultaneity is such that, indeed, all is simultaneous. However, in your mode of perception you perhaps would more properly view the seeding of the creation as that of growth from the center or core outward. (B4,63)*

ACIM: Timelessness belongs to God. In time we are for and with each other. In timelessness we coexist with God. (28.3)

RA: *There is a center to infinity. From this center all spreads. Therefore there are centers to the creation, to the galaxies, to star systems, to planetary systems and to consciousness. (B4,63)*

ACIM: The Atonement works all the time and in all the dimensions of time. (4.13)

THE CREATION OF BEINGS ON EARTH: THE FOCUSING OF AWARENESS INTO INDIVIDUAL CONSCIOUSNESS

1ST DENSITY ENTITIES APPEAR ON EARTH

RA: *Each step plays out again the discovery of awareness by intelligent infinity. In a planetary environment all begins in what you would call chaos, energy undirected and random. Slowly there forms a focus of self-awareness. Thus the Logos moves. Light comes to form the darkness, according to the coCreator's patterns and vibratory rhythms. This begins with the 1st density which is the density of consciousness, the mineral and water life upon the planet learning from fire and wind the awareness of being, This is the 1st density. (B1,132)*

HOW DOES THE 1ST DENSITY PROGRESS TOWARD GREATER AWARENESS?

RA: *The spiraling energy, which is the characteristic of what you call "light," moves in a straight line spiral thus giving spirals an inevitable vector upwards toward a more comprehensive beingness with regards to intelligent infinity. Thus, 1st density beingness strives toward the 2nd density lessons of a type of awareness which includes growth rather than dissolution or random change. (B1,132)*

DON: What do you mean by growth?

RA: *(Consider) the difference between 1st vibrational mineral or water life and the lower 2nd density beings which move within and upon (Earth's) being. This movement is characteristic of 2nd density, the striving towards light and growth.*

2ND DENSITY ENTITIES APPEAR

RA: *On the planet second density beings begin to move about within and upon its being. (B1,132)*

3RD DENSITY ENTITIES EVOLVE FROM 2ND DENSITY

RA: *The 2nd density strives towards the 3rd density which is the density of self-consciousness or self-awareness. (B1,133)*

ACIM: God, Who encompasses all being, created beings who have everything individually, but who want to share it to increase their joy. (70.3)

THE CREATOR ALLOWS TOTAL FREEDOM (before love exists)

DON: The Creator then grants total freedom of choice in the ways of knowing. Is this correct? (B2,7)

RA: *This is quite correct. (B2,7)*

DON: All other distortions spring from this first distortion. Is this correct?

RA: *It is both correct and incorrect.*

RA: *In your illusion (physical existence) all experience springs from the Law of Free Will or the Way of Confusion.*

RA: *In another sense, which we are learning, the experiences are this distortion. (B2,7)*

THE BIRTH OF THE EARTH

DON: The planetary entity is somewhat of a single entity made up of billions of mind/body/spirit complexes. Is this correct? (B3,110)

RA: *You are quite correct.*

DON: Then we deal with an entity that has not yet formed a social memory complex but is an entity just as one of us can be called a single entity. (B3,110)

RA: *In your space/time you and your peoples are the parents of that which is in the womb. The Earth, as you call it, is ready to be born and the delivery is not going smoothly. When this entity (Earth) has become born, it will be instinct with the social memory complex of its parents which have become 4th density positive. (B3,110)*

RA: *Recognize parts of the Logos throughout the one infinite creation. Feel, with the roots of mind informing the intuition, the parents aiding their planets in evolution in reaches vast and unknown in the creation, for this process occurs many, many times in the evolution of the creation as a whole. (B3,110-1110)*

3. CREATION OF GALAXIES

EACH GALAXY IS CREATED BY A DIFFERENT LOGOS

RA: *A Logos may create what you call a star system or a Logos may create billions of star systems (ie, a galaxy). There are many different Logos entities or creations. (B2,13)*

DON: How much of the creation was created by the same Logos that created this planet?

RA: *This planetary Logos is a strong Logos, creating approximately 250 billion of your star systems for Its creation. (B2,13)*

DON: I believe that some planets develop quite rapidly into higher density planets and some take longer times. Can you give some idea of that development?

RA: *The particular Logos of your major galaxy has used a large portion of Its coalesced material to reflect the being-ness of the Creator. In this way there is much of your galactic system which does not have the progression you speak of but dwells spiritually as a portion of the Logos.*

Of those entities (planets) on which consciousness dwells there is a variety of time periods needed to attain higher densities of consciousness. (B2,24)

DON: Does that mean that the stars near the center of the galaxy do not have planets?

RA: *That is incorrect. The Logos has distributed Itself throughout your galactic system. However, the time/space continua of some of your more central sun systems are much further advanced. (B2,29)*

DON: Could you say that there is a greater spiritual density or quality in the center of this galaxy?

RA: *The spiritual density or mass of those towards the center of the galactic spiral is due to the varying timelessness states during which the planetary spheres may coalesce. (B2,29)*

RA: *There have been Logoi with greater percentages of negative harvests. There are Logoi which have offered a neutral background against which to polarize. This Logos chose not to do so but instead to allow more of the love and light of the Infinite Creator to be both inwardly and outwardly visible and available to the sensations and conceptualizations of the mind/body/spirit complexes undergoing Its care in experimenting. (B4,141)*

DON: Were there any other plans set up by the Logos for the evolution of Its parts through the densities?

RA: *One more; that is, the permeability of the densities so that there may be communication from density to density. (B4,141)*

SUBDIVISION OF THE LOGOS

DON: Since there are many individualizes portions of consciousness in this lenticular galaxy, did the Logos then subdivide into more individualization of consciousness to create these consciousnesses? (B2,14)

RA: *This is correct. It would seem that if one Logos creates the intelligent energy ways for a large system there would not be the necessity of the further sub-Logos differentiation. However, within limits, this is precisely the case. (B2,14)*

THERE ARE AN INFINITE NUMBER OF GALAXIES

DON: We presently find ourselves in the Milky Way Galaxy of some 200 or so billion stars, and we know of millions and millions of these large galaxies spread out through what we call space.(B4,59)

DON: To Ra's knowledge, can I assume that the number of these galaxies is infinite? (B4,59)

RA: *This is precisely correct and is a significant point.*

DON: The point being that we have unity. Is that correct?

RA: *You are perceptive.*

HOW MANY DOES RA HAVE CONTACT WITH?

DON: Then what portion of these galaxies is Ra aware of? Has Ra experienced consciousness in many other of these galaxies? (B4,59)

RA: *No*

DON: Has Ra experienced or does Ra have knowledge of any of these other galaxies? Has Ra traveled to, in one form or another, any of these galaxies? (B4,59)

RA: *We have opened our hearts in radiation of love to the entire creation. Approximately 90% of the creation is at some level aware of the sending and able to reply. All of the infinite Logoi are one in the consciousness of love. This is the type of contact which we enjoy rather than travel. (B4,59)*

Note: Since there are an infinite number of galaxies, there must be an infinite number that reply and an infinite number that do not. Ra doesn't explain how he knew that 90% replied. Perhaps some galaxy replied and said that of the 200 galaxies it is aware of, there are about 10 % that cannot return Ra's radiation of love. Perhaps other responding galaxies also said that, of the galaxies they are aware of, about 10% will not reply. Then Ra would know that 90% could reply.

RA CAN MOVE ANYWHERE WITHIN THIS GALAXY

DON: What are the limits of Ra's travel in the sense of directly experiencing or seeing the activities of various places? Is it solely in this galaxy, and if so, how much of this galaxy?

RA: *Although it would be possible for us to move at will throughout the creation within this Logos, that is to say, the Milky Way Galaxy, so-called, we have moved where we were called to service; these locations being local and including Alpha Centauri, the planets of your solar system, Cephus and Zeta Reticuli. To these sub-Logoi we have come, having been called. (B4,59-60)*

RA RECEIVES CALLS FOR HELP PRIMARILY FROM HIGHER DENSITIES

DON: Were the calls from 3rd density or some other density? (B4,60)

RA: *In general, from other densities. In the case of your Sun 3rd density is the density of calling.*

DON: Ra then has not moved at any time into one of the other major galaxies. Is this correct?

RA: *That is correct. (B4,60)*

KNOWLEDGE OF THE ARCHETYPICAL MINDS OF OTHER GALAXIES STAGGERS RA'S MIND

DON: Does Ra have knowledge of any other major galaxy or the consciousness of anything in that galaxy?

RA: *There are those among our social memory complex which have become Wanderers in other major galaxies. Thus there has been knowledge of other major galaxies, for to one whose mind/body/spirit complex has been crystallized the universe is one place and there is no bar upon travel. (B4,60)*

DON: Is Ra familiar with the archetypical mind of some other Logos that is not the same as the one we experience? (B4,139)

RA: *There are some of Ra which have served as far Wanderers to those of another Logos. The experience has been one which staggers the intellectual and intuitive capacities. (B4,139)*

ALL ARE OF THIS OCTAVE

DON: All of these galaxies, this infinite number of galaxies that we can just begin to become aware of with our telescopes, are all of the same octave. Is this correct? (B4,60)

RA: *That is correct.*

4. THE SUN

THERE IS A HIERARCHY OF CREATORS: THE CoCREATOR (LOGOS) CREATED THE SUN; THE SUN CREATED THE PLANETS

(Recall that the Logos = the Primal CoCreator)

DON: Is our sun the physical manifestation of a sub-Logos? (B2,18)

RA: *that is correct.*

DON: The planetary system of our sun, in all its densities, is the total of the experience created by our sun as a Logos. Is that correct. (B3,23)

RA: *That is correct.*

DON: Are there any sub-sub-Logoi that are found in our planetary system that are sub to our sun?

RA: *That is correct.*

DON: Would you give me an example of what I call a sub-sub-Logos?

RA: *One example is your mind/body/spirit complex. (B2,18)*

DON: Then every entity that exists would be some type of sub or sub-sub-Logos. Is this correct?

RA: *This is correct. (B2,18)*

RA: THE ENTIRE CREATION IS ALIVE. (B2,18)

THE SUN HAS NO LESSONS TO LEARN, NO DENSITIES TO MOVE THROUGH

DON: Do the sub-Logoi, such as our sun, have a (metaphysical) positive or negative polarity?

RA: *Not as you use the term. Entities through the level of planetary have the strength of intelligent infinity through the use of free will.*

**THE CREATION OF THE ONE INFINITE CREATOR DOES NOT HAVE
THE POLARITY YOU SPEAK OF. (B2,18)**

DON: Does the sun itself have a density?

RA: *The sub-Logos (the sun) is of the entire octave and is not that entity which experiences the learning/teachings of entities such as yourself. (B2,86)*

THE SUN IS SEEN AS IT REALLY IS ONLY IN 4TH - 7TH DENSITY

DON: Could I look at a single sun in its planetary system as an entity?

RA: *YOU CAN, BUT NOT WITHIN THE FRAMEWORK OF 3RD DENSITY SPACE/TIME. (B3,110)*

RA: *Metaphysically, the sun achieves a meaning to 4th through 7th density according to the growing abilities of entities in these densities to grasp the living creation and co-entity, or other-self, nature of this sun body.*

Thus by the 6th density the sun may be visited and inhabited by those dwelling in time/space and may even be partially created from moment to moment by the processes of 6th density entities in their evolution. (B2,85)

6TH DENSITY LOVE PRODUCES THE LIGHT OF THE SUN

DON: Could you explain how the 6th density entities are creating the sun?

RA: *In this density some entities whose means of reproduction is fusion may choose to perform this portion of experience as part of the beingness of the sun body. Thus you may think of the light that you receive as offspring of the generative expression of 6th density love. (B2,85-86)*

5. GRAVITY AND BLACK HOLES

GRAVITY

RA: *Gravity, the attractive force, which we also describe as the pressing outward force towards the Creator, is greater spiritually upon the entity you call Venus due to the greater degree of success at seeking the Creator. When all of creation, in its infinity has reached a spiritual gravitational mass of sufficient nature, the new creation infinitely coalesces; the light seeking and finding its source and thusly ending the creation, and then beginning a new creation, much as you consider the black hole with its condition of infinitely great mass at the zero point from which no light may be seen. (B2,20)*

RA: THE METAPHYSICAL AND PHYSICAL ARE INSEPARABLE. (B2,20)

BLACK HOLES

DON: Then the black hole is a point at which the environmental material has succeeded in uniting with the Creator. Is this correct?

RA: *The black hole which manifests 3rd density is the physical complex manifestation of this spiritual or metaphysical state. That is correct. (B2,20-21)*

DON: The white light contains the experiences through all the densities. As we go into the 8th density we go into a black hole which becomes, on the other side, another Logos or sun and starts another octave of experience. Can you comment on this? (B2,78)

RA: *The blackness of the black hole, metaphysically speaking, is a concentration of white light being systematically absorbed once again into the One Creator. Finally, this absorption into the One Creator continues until all the infinity of creations have attained sufficient spiritual mass in order that all form once again the great central sun, if you would so imagine it, of the intelligent infinity awaiting potentiation by free will. Thus the transition of the octave is a process which may be seen to enter into timelessness of unimaginable nature. (B2,79)*

RA: *To attempt to measure it by your time measures would be useless. Therefore the concept of moving through the black hole of the ultimate spiritual gravity well and coming immediately into the next octave misses the subconcept of this process which is timeless. (B2,79)*

DON: What is spiritual mass?

RA: *Spiritual mass is that which begins to attract the out-moving and on-going vibratory oscillations of being-ness into the gravity well of the great central sun, core, or Creator of the infinite universes. (B2,69-70)*

THE LAW OF ONE

Study Guide V.2

With Quotes from **A COURSE IN MIRACLES**

CHAPTER V

NEGATIVE POLARITY

1. SOME PLANETS WERE SET UP WITHOUT ANY NEGATIVITY

FREE WILL IS NOT REALLY PRESENT ON THESE PLANETS - BECAUSE CERTAIN CHOICES ARE NOT POSSIBLE

DON: Would it be possible for this work of our density to be performed if all of the sub-Logoi chose the same polarity for a particular expression of a Logos? Suppose our sun created nothing but positive polarity. Would work then be done in 4th density and higher on that basis.? (B4,21)

RA: *It is, to our knowledge, only in the absence of free will that the conditions of which you speak obtain. (B4,21)*

THERE WAS NO VEIL OF FORGETFULNESS

DON: Was the veil that blocked out knowledge of previous incarnations, etc, in effect for these entities which know only the service-to-others orientation. (B4,37)

RA: *No.*

PROGRESS THROUGH THE 3RD AND 4TH DENSITIES WAS EXTREMELY SLOW

RA: *In such a procession of densities you find an extraordinarily long 3rd density, as you measure time; and likewise, for 4th density. Then as the entities begin to see the Creator, there is a very rapid procession towards the 8th density. This is due to the fact that one who knows not, cares not. (B4,21)*

THE FINAL GIFT TO THE CREATOR WAS WITHOUT QUALITY

RA: *Those Logoi, whose creations have been set up without free will have not, in the feeling of the Logoi, given the Creator the quality and variety of experience of Itself as have those Logoi which have incorporated free will as paramount. (B4,21)*

WHAT WERE THESE SOCIETIES LIKE?

DON: Prior to the forgetting process there was no concept of anything but service-to-others polarization. What sort of societies evolved in this condition?

RA: *It was a most pallid experiential nexus (connection) in which lessons were garnered with the relative speed of the turtle compared to the cheetah. (B4,67)*

RA: *When one dwells within what might be seen as a state of constant potential inspiration, even their most sophisticated societies lacked will or, to use a more plebeian term, gusto or elan vital. (B4,68)*

RA: *The societies did not have intentional enslavement of some for the benefit of others, this not being seen to be a possibility when all are seen as one. There was, however, the requisite amount of disharmony to produce various experiments in what you may call governmental structures. (B4,75)*

WHY COULDN'T THEY PROGRESS MORE RAPIDLY?

THEY DID NOT EXHIBIT STRONG LOVE OR SERVICE-TO-OTHERS

DON: Why did they have such a difficult time serving others to the extent necessary for graduation since this was the only polarization available? (B4,68)

RA: *Consider, if you will, the tendency of those who are divinely happy, as you call this distortion, to have little urge to alter or better their condition. (B4,69)*

RA: *There is the possibility of love of other-selves and service to other-selves, but there is the overwhelming awareness of the Creator in the self. The connection with the Creator is that of the umbilical cord. The security is total. Therefore no love is terribly important; no pain terribly frightening; no effort, therefore, is made to serve for love or to benefit from fear. (B4,69)*

THEY HAD TROUBLE OVERCOMING THE "BARRIER" BETWEEN THE DENSITIES

DON: Elsewhere you stated that the condition for being harvestable into 4th density is being polarized more than 50% service to others. Was this also the condition before the veil? (B4,70)

RA: *Prior to the veiling process the movement through densities would be that of an entity walking up a set of your stairs, each of which was imbued with a certain quality of light. The stair upon which an entity stopped would be either 3rd density light or 4th density light. Between the two stairs lies the threshold. To cross that threshold is difficult. There is resistance at the edge, shall we say, of each density.*

The faculty of faith or will needs to be understood, nourished and developed in order to have an entity which seeks past the boundary of 3rd density. Those entities which do not do their homework, be they ever so amiable, shall not cross.

It was this situation that which faced the Logoi prior to the veiling process.(B4,71)

CATALYSTS WERE NOT EFFECTIVE

DON'S STATEMENT: Prior to the veiling process that which we call catalyst after the veiling was not catalyst simply because it was not efficiently creating polarity. What we call catalyst was seen much more clearly as the experience of the One Creator and not something that was a function of (i.e., caused by) other entities. (B4,176)

THERE WAS A REVIEW, BUT NO HEALING IN THE PLACE IN BETWEEN INCARNATIONS

DON: We have presently an activity between physical incarnations called the healing and review of the incarnation. Did that occur prior to the veil? (B4,69)

RA: *Where there has been no harm there need be no healing. (B4,69)*

DON: Before the veil, during the review of the incarnation, were the entities at that time aware that what they were trying to do was to polarize sufficiently for graduation? (B4,70)

RA: *That is correct.*

DON: Then I am assuming that this awareness was somehow reduced as they went into the yellow-ray 3rd density incarnative state even though there was no veil. Is this correct? (B4,70)

RA: *That is distinctly correct.*

DON: I assume that the condition of having an overwhelming awareness of the Creator was present throughout the entire spectrum of experience, whether it might be between incarnations or during incarnations; and that the entities just simply could not manifest the desire to create the polarization necessary for graduation. Is this correct? (B4,70)

RA: *You begin to grasp the situation.*

PLANETS WITH ONLY POSITIVE POLARIZATION ARE NEAR THE CENTER OF THE GALAXY

DON: The progress of evolution was from the center outward toward the rim (of the galaxy). In the early evolution of this galaxy the 1st distortion (free will) was not extended down past the sub-Logos simply because it was not thought of or conceived of. This extension of the first distortion, which created polarization, was something that occurs in what we would call a later time as the

evolution progressed outward from the center of the galaxy. Is this correct? (B4,26)

RA: *that is correct.*

DON: Is this pattern, where the central suns had no negative polarization, also found in the other major galaxies with which Wanderers from Ra have experience? (B4,61)

RA: *That is correct.*

THE CONSEQUENCES OF POLARITY WERE UNIMAGINED UNTIL EXPERIENCED

DON: Did any Logoi that chose this type of evolution choose the service-to-self path?

RA: *Those whom you would call early Logoi which chose lack of free will foundations, with no exception, chose the service-to-others path. The, shall we say, saga of polarity, its consequences and limits, were unimaginable until experienced. (B4,22)*

DON: The Logoi that did not choose this free will path did not choose it simply because they had not conceived of it. Later Logoi experienced it as an outcropping or growth from their extension of the 1st distortion. Is that correct? (B4,22)

RA: *Yes.*

DON: The central suns of our galaxy, in starting the evolutionary process in this galaxy, provided for the refinement of consciousness through the densities we experience here. However, they did not conceive of the polarization of consciousness of the type, service-to-self and service-to-others. Is that correct? (B4,28)

RA: *Yes, that is correct.*

WAS THERE ANY PREVIOUS EXPERIENCE TO GUIDE THE LOGOI?

DON: I presume these Logoi in the center of the galaxy wished to create a system of experience for the One Creator. Did they then start with no previous experience or information about how to do this? (B4,26)

RA: *At the beginning of this creation, or octave, there were things known which were the harvest of the preceding octave. About the preceding creation, we know as little as we do of the octave to come. (B4,27)*

WAS THE CONCEPT OF POLARITY BROUGHT OVER FROM THE PREVIOUS OCTAVE?

DON: Was there any concept of polarity carried through from the previous octave in the sense of service-to-others or service-to-self polarity?

RA: *There was polarity in the sense of the mover and the moved. There was no polarity in the sense of service-to-self and service-to-others. (B4,28)*

DON: Was the concept of the 7 densities of vibration with the evolutionary process taking place in discrete densities carried through from the previous octave?

RA: *To the limits of our knowledge, which are narrow, the ways of the octave are without time; that is, there are 7 densities in each creation infinitely. (B4,28)*

POLARITY AROSE FROM THE EXTENSION OF THE 1ST DISTORTION

DON: In the original evolution plan, the 1st distortion was not extended by the Logos to the product (of its creation). At some point the 1st distortion was extended, and the first service-to-self polarity emerged. Is this correct? (B4,29)

RA: *The Logoi always conceived of themselves as offering free will to the sub-Logoi in their care. The sub-Logoi had freedom to experience and to experiment with consciousness, the experiences of the body, and the illumination of the spirit. (B4,29)*

DON: Was the veil, or loss of remembering consciously, which occurred before the incarnation the primary tool for extending the first distortion. (B4,38)

RA: *This was the first tool.*

BOTH POLARITIES APPEARED IMMEDIATELY

DON: When this experiment with the veiling process first occurred, did it result in service-to-self polarization in the first experiment? (B4,42)

RA: *The early, if we may use this term, Logoi produced service-to-self and service-to-others mind/body/spirit complexes immediately. The harvestability of these entities was not so immediate and thus refinements of the archetypes began apace. (B4,42)*

NOTE FROM THE FOREWORD: The archetypical mind is the mind of the Logos, the blueprint used to make the creation and the means by which we evolve in mind, body and spirit. (B4,Foreword p.1)

LUCIFER IS NOT A “FALLEN” ANGEL BUT HE IS THE BRINGER OF THE “KNOWLEDGE OF GOOD AND EVIL”

RA: *For example, consider the relative harmony and unchanging quality of existence in one of your primitive tribes. The entities have the concept of lawful and taboo, but the law is inexorable and all events occur as predestined. There is no concept of right and wrong, good or bad. It is a culture in monochrome. In this context you may see the one you call Lucifer as the true light-bringer in that the knowledge of good and evil both precipitated the mind/body/spirits of this Logos from the Edenic conditions of constant contentment and also provided the impetus to move, to work, and to learn. (B4,21)*

Note: This puts the Garden of Eden story in a totally new perspective. The Garden of Eden in the Bible is now seen to refer to the existence of beings on the unveiled planets near the center of the galaxy. The serpent in that story refers to Lucifer. He brought Light into that situation by setting up a veil in our minds and introducing the ideas of good and evil (or perhaps God did all this at his suggestion). The purpose was to get us out the stagnation of the Garden of Eden. The subsequent appearance of the service-to-self path was completely unanticipated. Hence the veiled experience became more difficult than expected.

OUR LOGOS INCLUDED POLARITY IN HIS PLAN

DON: Then did this particular Logos that we experience plan for this polarity and know all about it prior to its plan? (B4,22)

RA: *That is quite correct.*

FREE WILL IN THE FULL SENSE (TOTAL FREE WILL) IS GIVEN

RA: *The first Logos to instill what you now see as free will, in the full sense, in its sub-Logoi came to this position after contemplation in depth of what we call signifiers. The Logos posited the possibility of the mind, body, and spirit as being complex and having a signifier that could balance all catalysts. In order for the signifier to be what it is not, it then must be granted the free will of the Creator. (B4,29)*

EXPERIENCE AND THE VEIL OF FORGETFULNESS

RA: *This is the only plane of forgetting. It is necessary for the 3rd density entity to forget so that the mechanisms of confusion or free will may operate upon the newly individuated consciousness complex. (B1,193)*

ACIM: 1. You who knew have forgotten. (234,1)
2. Tell yourself: "I have forgotten what I really am, for I mistook my body for myself." (W;L#136)

DON: Why must an entity come into an incarnation and lose conscious memory of what he wants to do? Why can't he accomplish the same the same thing in between incarnations when the entity is aware of what he wants to do? (B2,132)

RA: *Were there no potentials for misunderstanding, there would be no experience. (B3,24)*

ACIM: Choosing depends on a split mind. (76.3)
[And, your experience depends on how you choose.]

THE SPLIT MIND

DON: The first change made for the extension of free will was to make the communication between the conscious mind (Ra calls it the Matrix) and unconscious mind (Ra calls it the Potentiator) relatively unavailable one to the other during the incarnation. Is this correct? (B4,40)

RA: *We would perhaps rather term the condition as relatively more mystery-filled than relatively unavailable. (B4,41)*

DON: The unconscious mind doesn't use words - correct?

RA: *The nature of the unconscious is of the nature of concept rather than word. (B4,97)*

DON: The idea was then to create some type of veil between the conscious mind and the unconscious mind. Is this correct? (B4,41)

RA: *This is correct.*

DON: It was probably the design of the Logos to allow the conscious mind greater freedom under the first distortion by partitioning it from the unconscious mind which had a greater communication with the total mind, therefore allowing for the birth of "uneducated" portions of consciousness. Is this correct? (B4,41)

RA: *This is roughly correct. (B4,41)*

ACIM: THE 1ST SPLIT

1. Because your mind is split, you can perceive as well as think. (90/97.4)
2. You have split your mind into what does and does not know the truth. (W;L#139)
3. The separation is another term for a split mind. (73/80.0)
4. Spirit cannot perceive and the ego cannot know. (48/53.2)
5. Consciousness, the level of perception, was the first split introduced into the mind after

the separation, making the mind a perceiver rather than a creator. Consciousness is correctly identified as the domain of the ego. (42.1)

THE 2ND SPLIT

The mind is split (the second split) between the ego and the Holy Spirit. (43/48.2)

DID TOTAL FREE WILL INCREASE MAGICAL ABILITY?

DON: Was the magical potential at the end of the 4th density, before the extension of free will, as great as it is now at the end of the 4th density? (B4,43)

RA: *If we may use this misnomer, magic, the magical potential in 3rd and 4th density was then far greater than after the change. However, there was far, far less desire or will to use this potential. (B4,43)*

DON: Why was it less?

RA: *Magical ability is the ability to consciously use the so-called unconscious. Therefore there was maximal magical ability prior to the veiling. (B4,43)*

"WORD" OF THE EFFECTIVENESS OF TOTAL FREE WILL SPREAD TO OTHER GALAXIES

DON: There must have been some type of communication throughout the octave so that, when the first experiment became effective, knowledge of this spread rapidly and was picked up by budding galactic spirals. Is this correct? (B4,62)

RA: *That is correct. To be aware of the nature of this communication is to be aware of the nature of the Logos. Much of what you call creation has never separated from the One Logos of this octave and resides within the One Infinite Creator. Communication in such an environment is the communication of cells of the body. That which is learned by one is known to all. (B4,62)*

2. ENTITIES OF NEGATIVE POLARIZATION

THE ELITE GROUP SEEKS TO ENSLAVE ALL OTHERS

The goal of the service-to-others path is unconditional love and acceptance of all beings. Those on the service-to-self path believe that is foolishness. Their heart centers are not open, so they have discovered another way to move towards the Creator. Their path is that of control and domination of other beings. This ranges from the individual verbal abuser, or sexual offender, to negative entities who form themselves into an elite group that dominates “lesser” beings through the use of deception and force.

Their honest belief is that other people are there to be used for their benefit; otherwise, they see no other value in other people. What surprises those on the positive path is that those on the negative (non-loving) path actually benefit spiritually and can make progress in their effort to reach the Creator in this way. They can even be harvested into the 4th density negative if they are sufficiently polarized. The belief that negative entities are only misguided positive entities often plays into the hands of those of negative polarization.

A positive entity may absorb considerable abuse because he believes he can help the negative entity be more loving - not realizing that the negative entity has no use for love and uses that pretense only so he can continue his attack and break down the others sense of self-worth. In such a case, an entity can be unwittingly drawn into the control of the negative entity. On a larger scale, negative beings may be able to gain control of the government of a country. Their goal is to use deception, propaganda, and dis-information to literally enslave those who are not a part of the elite. Force is used only when necessary.

Nazi Germany is a good example. Some use of force was necessary at first, but their hold on their people was maintained primarily by controlling the media so only the information approved by the state was available to the people. In such a case, the elite group seeks, and receives, help (primarily technological help) from negative higher densities, for example the Orion group.

RA: *Consider a simple example of bad/good intentions, namely Adolf Hitler. The intention was to unify by choosing the distortion complex called elite from a social memory complex and then enslaving those who are seen by the distortion as non-elite. The Orion group added to that the distortion thought of empire. (B1,100)*

IN 3RD DENSITY, NEGATIVE ENTITIES PROGRAM THEIR INCARNATION FOR HEALTH, WEALTH, BEAUTY, POWER AND CONTROL

RA: *The negatively oriented entity will program for maximal separation from and control over all those things and conscious entities it perceives as other than the self. (B3,28)*

RA: *A negatively oriented individual mind/body/spirit complex will ordinarily program (his next incarnation) for wealth, ease of existence and the utmost opportunity for power. (B3,28)*

RA: *Thus many negative entities burst with the physical complex distortion you call health. However, it may choose a painful condition in order to improve the distortion towards negative states such as anger, hatred and frustration.*

Such an entity may use an entire incarnative experience honing a blunt edge of hatred or anger so that it may polarize more towards the negative or separated pole. (B3,28)

RA: *There are those on the negative path who take great care in the preservation of the distortion your peoples perceive as fairness/ugliness. This fairness (beauty) is, of course, then used to manipulate other-selves. (B4,103)*

ACIM: The ego despises weakness. (159.1)

THE MORE NEGATIVE HE IS, THE MORE THE NEGATIVE ENTITY IS PROTECTED FROM OTHERS

RA: *Those who choose separation, that being the quality most indicative of the negative path, are protected from other-selves by a strength equivalent to their degree of transformation which the mind has experienced in the negative sense. Those on the positive path have no such protection against other-selves for upon that path the seeker encounters mirrors for reflection in each other-self it encounters. (B4,201)*

This seems to work at a personal, not a national, level. For example, those Iraqis near Saddam Hussein found it difficult to harm him. He was reported to have pulled out his pistol at a meeting of his cabinet and shot a cabinet member because he could sense that the cabinet member was going to begin thinking about betraying him before that person even knew it himself. However, this protection presented no obstacle to the invading American army to defeat his army or bring down his government.

THEIR RAY PATTERN OMITTS GREEN RAY ENERGY (LOVE)

RA: *The negative ray pattern is the red/orange/yellow moving directly to the blue, this (blue) being used only to contact intelligent infinity. (B2,78)*

RA: The 4th density entity is aware of the full array of possible methods of viewing the universe of the One Creator and it is convinced that the ignoring and non-use of the green-ray energy center will be the method most efficient in providing harvestability of 4th density. (B4,107)

ACIM: The ego cannot love. (223.3)

RA: *The service-to-self choice is one which denies the very center of the spectrum, that being universal love. Therefore all that is built is based on an omission. This omission shall manifest in 4th density as the love of self, that is, the fullest expression of the orange and yellow energy centers which are then used to potentiate adepthood. When 5th density has been achieved, the wisdom density is explored by entities which have no compassion, no universal love.*

THEY EXPERIENCE THAT WHICH THEY WISH BY FREE CHOICE, BEING OF THE EARNEST OPINION THAT GREEN-RAY ENERGY IS FOLLY. (B4,91)

RA: *That which is not may be seen as a self-imposed darkness in which harmony is changed into a continuing disharmony. However, that which is not cannot endure throughout the octave and as darkness eventually calls the light, so does that which is not eventually call that which is. (B4,92)*

IF ANGER IS USED FOR POLARIZATION, IT DOESN'T CAUSE SICKNESS

DON: If an entity polarizes toward the service-to-self path, would anger have the same physical effect that it would have on the entity polarizing on the service-to-others path? Would it cause cancer for example?

RA: *The catalytic mechanisms are not dependent on which polarity is chosen but on the use to which this catalyst is put. The entity which uses anger to polarize consciously on the positive or negative path does not experience the bodily catalyst but uses the catalyst in mental configuration. (B2,108)*

DON: Then if a negatively polarized entity is unable to control his own anger, he may get cancer. Is that correct?

RA: *This is correct. (B,109)*

USE ANGER AND SEX ONLY FOR CONTROL

RA: *The negatively oriented entity will funnel this energy into a practical means of venting the negative aspect of this emotion so as to obtain control over other-self, or otherwise control the situation causing anger.*

**CONTROL IS THE KEY TO NEGATIVELY POLARIZED USE OF CATALYST.
ACCEPTANCE IS THE KEY TO POSITIVELY POLARIZED USE OF CATALYST.
BETWEEN THESE POLARITIES LIES THE POTENTIAL FOR THE CANCEROUS
GROWTH OF TISSUE. (B2,108)**

RA: *Emotion, which is of itself disorganized, needs to be repressed and then brought to the surface in an organized use in order to be useful to a negatively polarized entity. For example, negative entities may control and repress sexual desire in order that in the practice thereof, the will of the entity may be used to enforce itself upon the other-self with greater efficiency when the sexual behavior is allowed.(B2,109)*

CONTROL AND REPRESSION ARE IMPORTANT

RA: *The negative polarization contains a great requirement for control and repression. (B2,109)*

THE ORION GROUP ARE NEGATIVE ENTITIES FROM THE 4TH DENSITY

DON: What is the purpose of the Orion group?

RA: *Their purpose is conquest. (B1,102)*

RA: The negative polarization is greatly aided by the subjugation or enslavement of other-selves. The entity which enslaves the other or is able to dominate the other gains in negative polarity. The other-self loses negative polarity but it will gain in its desire for further negative polarization. (B3,33)

RA: *In negative thinking there is always the pecking order, and the power against power in separation. (B3,82-83)*

DON: Assuming that a single negatively oriented entity is responsible for the recruiting of a harvested 3rd density entity and adds its polarity to his negative polarity and power, what type of benefit is this and how is it used by the entity? (B4,108)

RA: *The so-called pecking order is immediately challenged. The entity with more power exercises that power to control more other-selves. (B4,108)*

DON: How is that power measured?

RA: *In some cases there is a kind of battle, a battle of wills. The weapons consist of the light that can be formed by each contender. (B4,108)*

RA: *In most cases where the shift of power has been obvious it is simply acknowledged. (B4,108)*

THEY HAVE A PROBLEM WITH SEPARATION AND SPIRITUAL ENTROPY

RA: *In the Orion group there are a very few 3rd density, a larger number of 4th density, a similarly large number of 5th density, and very few of 6th density. Their numbers are perhaps one tenth of ours as the problem of spiritual entropy causes them to experience constant disintegration of their social memory complexes. Their power is the same as ours.*

THE LAW OF ONE BLINKS AT NEITHER THE LIGHT OR THE DARKNESS, BUT IS AVAILABLE FOR SERVICE TO SELF AS WELL AS SERVICE TO OTHERS. (B1,100)

RA: *Those seeking intelligent infinity through the use of service to self create the same amount of power but have constant difficulty because of the concept of separation which is implicit in seeking power over others. (B1,100)*

RA: *Only very rarely is the social memory complex of negative polarity capable of acting totally as one being. The loss of polarity due to spiritual entropy is quite large. (B4,108)*

THE LAW OF ONE IS AVAILABLE TO EITHER PATH

RA: *It should be noted, and carefully pondered, and accepted, that the Law of One is available to any social memory complex striving together for any goal, be it service to others or service to self. The laws are placed into operation and the illusion of space/time is used as a medium for the development of the results of the choices freely made. Thus all entities learn, no matter what they seek. (B1,100)*

RA: *THOSE WHICH HAVE CHOSEN THE SERVICE-TO-SELF PATH HAVE SIMPLY USED THE VEILING PROCESS IN ORDER TO POTENTIATE THAT WHICH IS NOT. THIS IS AN ENTIRELY ACCEPTABLE METHOD OF SELF-KNOWLEDGE OF AND BY THE CREATOR. (B4,91)*

THE SPIRITUAL POWER OF THE NEGATIVE ENTITY

DON: When the negative entity increases his power, for example through removing light, what kind of power is it?

RA: *The power of which you speak is a spiritual power. The powers of the mind do not encompass such works as these. Consider the possibilities of moonlight. You are aware that we have described the Matrix of the Spirit as a Night. (B4,49)*

[-Earlier:] RA: The Matrix of the Spirit is what you may call the Night of the Soul or Primeval Darkness. The Potentiator of the Spirit is light in its sudden and fiery form; ie, lightning itself.(B4,27)

RA: *The moonlight, then, offers either a true picture seen in shadow or a chimera and falsity. The power of falsity is as deep as is the power to discern truth from shadow. The shadow of hidden things is an infinite depth in which is stored the power of the One Infinite Creator.*

The negative adept, then, is working with the power of hidden things (only partially) illuminated (and seen in a way) that...can be false or true. To embrace falsity, to know it, and to seek it, and to use it gives a power that is most great. This is the nature of the power of the visitor. This may shed some light upon the power of one who seeks to serve others, for the mis-steps in the night are oh! so easy. (B4,49)

RA: *The relationship of a 5th density negative to 4th density negative entities is one of the more powerful and the less powerful. Thus 4th density negative entities are willing slaves of such a 5th density entity, there being no doubt whatsoever of the relative power of each. (B4,106)*

RA: **ANY ORGANIZATION WHICH DEMANDS OBEDIENCE WITHOUT QUESTION UPON THE BASIS OF RELATIVE POWER IS FUNCTIONING ACCORDING TO THE ABOVE DESCRIBED PLAN. (B4,106)**

ILLNESS ON A 3RD DENSITY NEGATIVE PLANET

DON: Is physical disease and illness rather widespread on a 3rd density negative planet before harvest into 4th density negative?

RA: *They are less likely to be found as 4th density negative begins to be a probable choice of harvest. Much more care is taken of the physical body as well as more discipline being offered to the self mentally. This is an orientation of great self-interest and self-discipline. (B3,123)*

THE PROGRESSION OF NEGATIVE ENTITIES INTO THE 4TH DENSITY

RA: *The negatively polarized entity achieves harvest due to extremely efficient use of red and yellow/orange (energy centers), moving directly to the gateway indigo (inner eye chakra). He brings the in-streamings of intelligent infinity through this intelligent energy channel. (B2,112)*

DON: As our cycle ends and graduation occurs, is it possible for anyone to go from a 3rd density to a 4th density planet that is of a self-service or negative type?

RA: *That is correct. (B1,117)*

DON: Has this happened to anyone well known in our history?

RA: *The number of entities thus harvested is small. However, a few have penetrated the 8th level. Penetration of the 8th level or intelligent infinity level allows the entity to be harvested if it wishes at any time during the cycle. Examples are, Taras Bulba, Genghis Khan, and Rasputin. (B1,117-118).*

DON: How do these negative entities get to 4th density?

RA: *They were aware through memory of Atlantean understandings having to do with the use of various centers of mind/body/spirit complex energy influx in attaining the gateway to intelligent infinity. (B1,118)*

DON: Could they do paranormal things while incarnate?

RA: *That is correct. The first two made little use of theses abilities but they were bent single-mindedly upon service to self. All three of them are now in the 4th density. Each chose a 4th density planet which was dedicated to the pursuit of the understanding of the Law of One through service to self. One is in the Orion group. (B1,118)*

RA: *The one you speak of as Genghis Khan is incarnate in a physical light body distributing material on thought control to those you would call crusaders, i.e., a shipping clerk. These crusaders move in their chariots to conquer planetary social complexes before they reach the stage of achieving social memory. (B1,119)*

HOW DO NEGATIVE ENTITIES PROGRESS FROM 4TH TO 5TH DENSITY?

RA: *The graduation into 4th density negative is achieved by those beings who have consciously contacted intelligent infinity through the use of red, orange and yellow rays of energy. (B2,73)*

RA: *The 5th density is harvested from the 4th density who are in turn harvested from 3rd density. Those not oriented towards seeking service for others can use the gateway to intelligent infinity. The beings are harvested because they can see and enjoy the light/love of the appropriate density. Those who have found this without benefit of a desire for service to others nevertheless, by the Law of Free Will, have the right to the use of that light/love for whatever purpose. There are systems of study which enable the seeker of separation to gain these gateways. The distortion lies in the effect that*

those who seek to serve the self are seen by the Law of One as precisely the same as those who seek to serve others, for are not all one? To serve yourself and to serve others is a dual method of saying the same thing, if you can understand the essence of the Law of One. (B1,101)

RA: *The ability to love, accept and use a certain intensity of light thus creates the requirement for both positive and negative 4th to 5th density harvesting. (B2,113)*

NEGATIVE ENTITIES IN THE 5TH DENSITY

RA: *The 5th density is the density of light or wisdom. The so-called negative service-to-self entity in this density is at a high level of awareness and wisdom and has ceased activity except by thought.*

The 5th density negative is extraordinarily compacted and separated from all else. (B1,215)

RA: *Orion members do not perceive any virtue in other selves.*

Therefore there are very, very few 5th density Orion members. (B2,120)

DON: What does a 5th density negative entity look like?

RA: *5th density beings are very light beings although they do have the type of physical vehicle which you understand.*

Fifth density negative beings are very fair to look upon in your standard of beauty. But there is little or no means of perceiving such an entity. (B3,84)

ARE THERE ANY 6TH DENSITY NEGATIVELY POLARIZED WANDERERS IN OUR PAST?

RA: *This information could be harmful. We withhold it. Please attempt to view the entities about you as part of the Creator. (B2,67)*

THERE ARE NO NEGATIVE HIGHER SELVES

RA: *There are no negative beings that have obtained the Higher Self manifestation. (B2,66)*

NEGATIVE 6TH DENSITY ENTITIES SWITCH TO THE POSITIVE PATH

RA: *As the 6th density approaches, the negative orientation is thrown into confusion and little space travel is attempted. (B3,13)*

RA: *These negatively oriented mind/body/spirit complexes have a difficulty which to our knowledge has never been overcome. After graduation from 5th density into 6th density negative, wisdom is available but it must be matched with an equal amount of love. This is difficult to do for negatively oriented entities so they will choose to release the negativity and leap into 6th density positive. (B2,66)*

RA: *The 6th density negative entity is extremely wise. It observes the spiritual entropy occurring due to the lack of ability to express the unity of the 6th density. Thus, loving the Creator and realizing at some point that the Creator is not only self but other-self as self, this entity consciously chooses an instantaneous energy reorientation so that it can continue its evolution. (B2,66)*

ORION'S 1ST SERIOUS INROAD INTO HUMAN CONSCIOUSNESS

RA: *The Yahweh group worked with those living on Mars 75,000 years ago to make the body bigger and stronger through a new genetic coding. (B1,174)*

RA: *However, the Orion group were able to use this distortion (larger body) to teach the thoughts of the elite. Those of the Orion group were able for the first time to make serious inroads upon the consciousness of the planetary complex. (B1,175)*

DON: What allowed the Orion group to succeed at this?

RA: *Those who are strong, intelligent, etc, have a temptation to feel different from those who are less intelligent and strong. This allowed the Orion group to form the concept of the holy war, as you may call it. This is a seriously distorted perception. There were many of these wars of a destructive nature. (B1,175)*

HOW DOES ORION USE MIND CONTROL TO ENSLAVE POPULATIONS?

RA: *The most typical approach of Orion entities is to choose what you might call the weaker-minded entity that it might suggest a greater amount of Orion philosophy to be disseminated. (B3,21)*

RA: **A mistaken Orion contact with highly polarized positive entities can wreak havoc with Orion troops unless these Crusaders are able to depolarize the entity mistakenly contacted. This occurrence is almost unheard of.**

THEREFORE THE ORION GROUP PREFERS TO MAKE CONTACT ONLY WITH THE WEAKER-MINDED ENTITY. (B3,21)

RA: *They follow the law of one, observing free will. Contact is made with those who call. Those contacted disseminate the philosophy of their particular understanding of the Law of One which is service to self. These become the elite.*

THEY (THE ELITE) BEGIN TO CREATE CONDITIONS WHEREBY THE REMAINDER OF THE POPULATION IS ENSLAVED BY THEIR FREE WILL.

Technology is provided by this group in the form of various means of control or manipulation of others to serve the self. (B1,119-120)

DON: You mean that some scientists receive technical information telepathically that results in usable gadgetry? (B1,120)

RA: *That is correct.*

DON: What non-technical information do they give?

RA: *Through telepathy the philosophy of the Law of One with the distortion of service to self is promulgated. In advanced groups there are exercises and rituals given. (B1,125)*

WHAT ABOUT THE ABDUCTIONS AND PHYSICAL EXAMS?

RA: *The Orion group uses the physical examination as a means of terrifying the individual and causing it to feel the feelings of an advanced 2nd density being such as a laboratory animal. The sexual experiences are a sub-type of this experience. The intent is to demonstrate the control of the Orion entities over the Terran inhabitant. The thought-form experiences are subjective and, for the most part, do not occur in this density. (B3,21)*

ORION'S METHODS IN THE 1ST CYCLE

DON: What is an example of orion's early methods?

RA: *In the 1st 25,000 year cycle the Orion group tried (unsuccessfully) using statues of stone in your Pacific areas and in the Central American areas. (B1,189)*

DON: The stone heads of Easter Island?

RA: *That is correct.*

DON: Did the Orion entities land or do it from mental planes? (B1,189)

RA: *They were constructed at a distance by thought.*

DON: How would these heads influence people to take up the path of service to self? (B1,189)

RA: *Picture, if you will, entities living in such a way that their mind/body/spirit complexes seem to be at the mercy of forces they cannot control. Given a statue or rock formation charged with power, it is possible for those viewing this structure to ascribe to this power the power of nature. Then this has the potential for the further distortion to power over others. (B1,189-190) .*

ARE THERE ANY ORION ENTITIES LIVING ON EARTH NOW?

RA: *No. However, the crusaders from potential for further distortion to power over others. (B189-190)*

RA: *Orion use two types of entities to do their bidding. The first is a thought form; the second, a kind of robot. (B1,126)*

DON: Is the robot what is normally called the "Men in Black"?

RA: *This is incorrect. The Men in Black are a thought-form type of entity which have some beingness to their makeup. They have certain physical characteristics given them. They are able to materialize and dematerialize when necessary. (B1,126)*

NEGATIVE ENTITIES IN THE INNER PLANES OF 3RD DENSITY

RA: *Temptations are offered by those negative entities of what you would call your inner planes. These, shall we say, dark angels have been impressed by the service-to-self path offered by those who have come through the quarantine from days of old. (B4,135)*

DO POSITIVE ENTITIES EVER CALL ON THOSE FROM ORION?

DON: Is it possible for a person to be confused and call on both the Confederation and the Orion group?

RA: *It is entirely possible.*

Many of your so-called contacts among your peoples have been confused and self-destructive because the channels were oriented towards service towards others, but, in the desire for proof, were open to the lying information of the crusaders from Orion who were then able to neutralize the effectiveness of the channel. (B1,125)

DAYDREAMS

DON: If I were to daydream strongly about building a ship, would this occur in one of the other densities? (B1,158)

RA: *This would, or would have, or shall occur. (B1,158)*

DON: Does the Orion group use this principle to create conditions favorable to their purpose?

RA: *The Orion group uses daydreams of hostile or other negative natures to strengthen these thought-forms. (B1,159)*

WHY DO THE CRUSADERS FROM ORION DO THIS?

RA: *To serve the self is to serve all. But the service of the self, when seen in this perspective, requires an ever-expanding use of the energies of others for the manipulation to the benefit of the self with distortion towards power. (B1,122)*

RA: THE NEGATIVELY ORIENTED BEING WILL BE ONE WHO FEELS THAT IT HAS FOUND POWER THAT GIVES MEANING TO ITS EXISTENCE PRECISELY AS THE POSITIVE POLARIZATION DOES FEEL. (B2,130)

RA: *This negative entity will strive to offer these understandings to the other-selves, most usually by the process of forming the elite, the disciples, and teaching the need and rightness of the enslavement of other-selves for their own good. These other-selves are conceived to be dependent upon the self and in need of the wisdom and guidance of the self (and the elite group). (B2,130)*

3. HOW TO RESPOND TO ENTITIES OF NEGATIVE POLARIZATION

RA: *Send them love, light, peace and joy, and bid them well. (B3,129)*

APPRECIATE THE OPPORTUNITY TO OFFER LIGHT AND LOVE

DON: Then we experience in this seeming difficulty the wisdom of the 1st distortion and therefore must fully accept what we experience. Is this correct? (B3,131)

RA: *In our view we would perhaps go further. One can express appreciation of this opportunity. This is an intensive opportunity, and as it affects the instrument's (Carla's) distortions toward pain and dizziness, it enables the instrument to continuously choose to serve others and to serve the Creator.*

Similarly it offers a continual opportunity for each in the group to express support and demonstrate the light and love of the Infinite Creator. (B3,132)

ACCEPT A POLARIZED BUT BALANCED POSITION

DON: There is no other service at this time that we can offer this 5th density Orion entity. Is that correct?

RA: *That is correct. There is a natural difficulty in being of service to this entity since what you consider service is considered non-service by this entity.*

AS YOU SEND THIS ENTITY LOVE AND LIGHT AND WISH IT WELL, IT LOSES ITS POLARITY AND NEEDS TO REGROUP.

On the other hand, if you allowed it to be of service by removing Carla from your midst you might perhaps perceive this as not being of service.

You have here a balanced and polarized view of the Creator; two services offered, mutually rejected, and in a state of equilibrium in which free will is preserved and each allowed to go upon its own path of experiencing the One Infinite Creator. (B3,133)

DO NOT OFFER SERVICE WHERE NONE IS WANTED

DON: If there is anything we can do for this particular entity, if you would communicate its requests to us we will at least consider them because we would like to serve in every respect.

RA: *We perceive that we have not been able to clarify your service versus its desire for service. You need, in our humble opinion, to*

RELINQUISH YOUR DESIRE TO SERVE WHERE NO SERVICE IS REQUESTED. GLORY IN THE STRENGTH OF YOUR POLARITY AND ALLOW OTHERS OF OPPOSITE POLARITY TO SIMILARLY DO SO,

seeing the great humor of this polarity in view of the unification in 6th density of these two paths. (B3,134)

THERE WAS ONLY ONE WAY FOR THE GROUP TO END THE ATTACK ON CARLA

DON: Is there something that the instrument (Carla) could do to eliminate the problems that she has, i.e, the cold feeling of these attacks? (B3,85)

RA: *Yes*

DON: What?

RA: *You could cease in your attempts to be channels for the love and the light of the One Infinite Creator. (B3,85)*

BUT THERE ARE VARIOUS SAFEGUARDS

DON: This instrument (Carla) performs service that involve channeling other members of the Confederation. We are reluctant to continue this because of the possibility of her slipping into trance and being offered the services of the negatively polarized entity. Are there any safeguards to create a situation whereby she cannot go into trance other than at a protected working such as this one? (B3,146)

RA: *There are three. The third is a simple means to keep the instrument in its physical complex. The hand may be held.*

DON: Are you saying that just by holding Carla's hand during the channeling sessions, this would prevent trance? (B3,147)

RA: *That is correct. It prevents those levels of meditation which necessarily precede trance. (B3,147)*

FREE WILL DOES NOT GUARANTEE "SMOOTH SAILING"

DON: You mentioned a positively oriented entity that was "enticed" into moving into negatively polarized time/space. I am sure that if the positively oriented entity had full understanding of what he was doing he would not have done it. What philosophical principle is operating here (ie, is his free will being violated)? (B3,146)

RA: *There are two important points here.*

(1) Firstly, free will does not mean that there will be no circumstances when calculations go awry. This is so in all of the life experience. Although there are no mistakes (ACIM would say, no *sins*), there are surprises. (B3,146)

(2) Secondly, that which we and you do in workings such as this carries a magical charge, if you would use this much misunderstood term, perhaps we may say a metaphysical power. Those who do work of power are available for communication to and from entities of roughly similar power. It is fortunate that the Orion entity does not have the native power of this group. However it is quite disciplined whereas this group lacks the finesse equivalent to its power. Each is working in consciousness but the group has not begun a work as a group. (B3,146)

EXAMPLE: THE 10 COMMANDMENTS

RA: *The origin of the 10 commandments follow the law of negative entities impressing information upon positively oriented mind/body/spirit complexes. The information attempted to copy or ape positive information while retaining negative characteristics. This was done by the Orion group. (B1,152)*

DON: What was there purpose in doing this?

RA: *Their purpose is conquest and enslavement. This is done by establishing an elite and causing others to serve the elite through various devices such as the laws you mentioned. (B1,152)*

RA: *They created an elite called the Sons of Levi. (B3,67)*

DON: Was the recipient of the commandments (Moses) positively or negatively oriented?

RA: *The recipient was one of extreme positivity. (B1,152)*

RA: *He (Moses) gave to your planetary peoples the possibility of a path to the One Infinite Creator which is completely positive. (B3,67)*

DON: It would be wholly unlike an entity fully aware of the knowledge of the Law of One to ever say, "Thou shalt not". Is this correct? (B1,152)

RA: *That is correct.*

4. PSYCHIC ATTACKS BY NEGATIVELY ORIENTED ENTITIES

(Carla was under psychic attack during most of the trance-channeling)

THE PROCESS

RA: *The negative entity becomes aware of power. This power has the capacity of energizing those which may be available for harvest. This entity is desirous of disabling this power source. It sends its legions. Temptations are offered. If they are ignored, the entity decides that it must attempt the disabling itself.*

IT IS BOUND BY THE 1ST DISTORTION BUT MAY TAKE ADVANTAGE OF ANY FREE WILL DISTORTION. THE FREE-WILL, PRE-INCARNATIVE DISTORTIONS OF THE INSTRUMENT WITH REGARDS TO THE PHYSICAL VEHICLE SEEM THE MOST PROMISING TARGET. (B3,140)

ATTACKS BY NEGATIVE ENTITIES ARE LIMITED BY YOUR ALLEGIANCE TO YOUR EGO

ACIM All negative thoughts are understood to come from the ego as it is defined in ACIM. Therefore all attacks by these negative entities are ego attacks. You are susceptible to attacks by negative entities only to the extent you are susceptible to the voice of the ego.

ATTACKS ARE USUALLY FROM 4TH AND 5TH DENSITY NEGATIVE ENTITIES

RA: *The 5th density sees the difficulty posed by the light (ie, this group channeling Ra) and directs negative entities (of 4th density) to seek targets of opportunity (for attacking). If 4th density temptations toward distortions of the ego are not successful, the 5th density entity then thinks in terms of the removal of the light (ie, making Carla's body unviable). (B3,84)*

RA: *4th density entities lack the subtlety and magical practice which the 5th density experience offers. (B4,106)*

ATTACKS BY 5TH DENSITY ENTITIES ARE RARE

DON: Isn't it unusual that a 5th density negative entity would do this (attack Carla) rather than sending a 4th density servant? (B3,85)

RA: *This is correct.*

NEARLY ALL POSITIVE CHANNELS AND GROUPS MAY BE LESSENERED IN THEIR POSITIVITY OR RENDERED QUITE USELESS BY WHAT YOU MIGHT CALL THE TEMPTATIONS OFFERED BY THE 4TH DENSITY NEGATIVE THOUGHT FORMS.

They may suggest many distortions.

THEY SUGGEST DISTORTIONS TOWARDS THE AGGRANDIZEMENT OF THE SELF OR TOWARDS THE FLOWERING OF THE ORGANIZATION IN SOME POLITICAL, SOCIAL OR FISCAL WAY. THESE DISTORTIONS REMOVE THE FOCUS FROM THE ONE INFINITE SOURCE OF LOVE AND LIGHT

of which we are all messengers; humble and knowing that we, of ourselves, are but the tiniest portion of the Creator, a small part of a magnificent entirety of infinite intelligence. (B3,85)

5TH DENSITY ENTITIES ARE MORE ABLE TO PENETRATE THE QUARANTINE

RA: *This 5th density entity is able to penetrate in time/space configuration the field of this particular entity (Carla). It has moved through the quarantine without any vehicle and thus has been more able to escape detection by the net of Guardians. (B3,130)*

5TH DENSITY ENTITIES USE THE POWER OF SUGGESTION DIRECTLY IN THE MIND

RA: *Consciousness is sent forth without vehicle as light. The light would work instantly upon an untuned individual by suggestion, that is the stepping out in front of the traffic because the suggestion is that there is no traffic. This entity (Carla), as each in this group, is enough disciplined in the ways of love and light that it is not suggestible to any great extent. However, there is a predisposition of (Carla's) physical complex which this negative entity is making maximal use of as regards the instrument (Carla), hoping for instance, by means of increasing dizziness, to cause the instrument to fall or to indeed to walk in front of your traffic because of impaired vision. (B3,130)*

THEY CAN ONLY ATTACK THROUGH PRE-EXISTING DISTORTIONS

RA: *You may expect this psychic attack to be constant as this instrument has been under observation by negatively oriented entities for some time. The attack now is in the area of the kidneys and urinary tract. There is also distortion in the form of arthritis. (B3,87)*

DON: Is there anything we can do to alleviate this attack?

RA: *No but understanding its mechanism might be of aid.*

The Orion group cannot interfere directly but only through preexisting distortions of mind/body/spirit complexes. (B3,42)

ONE DAY THE ATTACKS ON CARLA INCREASED

DON: Can you tell me the reason for the intensification of this psychic attack?

RA: *The cause is the intensive seeking for what you may call enlightenment. The seeking upon your parts has not abated, but intensified. (B3,148)*

DON: What was the Orion entity's objective with respect to this entity (Carla)?

RA: *The Orion entity wishes to remove the instrument (Carla). (B3,187)*

DON: Is this a 4th or 5th density entity?

RA: *The instrument (Carla) is being greeted by a 5th density Orion entity which has lost some of its polarity due to its lack of dictatorship over the disposition of the instrument's yellow-ray activated physical complex. (B3,187)*

RA: *The instrument (Carla) has attracted the attention of an Orion light being. This is extremely rare. (B3,186-187)*

AN EXTREMELY RARE POSSIBILITY: BEING SWITCHED INTO NEGATIVE POLARITY

IT'S ONLY HAPPENED ONCE IN THIS MASTER CYCLE

RA: *The plan is to take the mind/body/spirit complex, while it was separated from its yellow body complex shell, and then place it within the negative portions of your time/space. The shell would die and the Higher Self would have the choice of leaving the mind/body/spirit complex in negative time/space or of allowing incarnation with negative polarity. Thus the entity would become a negatively polarized entity without the advantage of native negative polarization. It would find a long path to the Creator under these circumstances although the path would eventually end well. (B3,137-138)*

RA: *When the instrument leaves the physical vehicle, it does so freely. Thus the misplacement of the mind would not be a violation of its free will if it followed the entity willingly. (B3,140)*

DON: Why would the instrument follow the negatively polarized entity to the place of negative time/space? Why would one of us freely follow the negative entity?

RA: *The positive polarity sees love in all things. The negative polarity is clever. (B3,140)*

DON: How many Wanderers here have experienced this displacement into negative time/space?

RA: *There has been only one. (B3,145)*

DON: If the negative polarity used any other approach that did not use the free will of the other-self, he would lose polarization and magical power. Is this correct? (B3,140-141)

RA: *This is correct.*

IT REQUIRES A TRANCE-STATE-CONTACT WITH A SOCIAL MEMORY COMPLEX

RA: *You inquire whether in the death experience, no matter what the cause, the negative friends are not able to remove an entity. This is correct largely because*

the entity without the attachment to the space/time physical complex is far more aware and without the gullibility which is somewhat the hallmark of those who love wholeheartedly. (B3,143)

DON: Why is the trance state different? Why are there not protective entities available in this particular state? (B3,142)

RA: *The unique characteristic here is the willing of the mind/body/spirit complex outward from the physical complex of 3rd density for the purpose of service-to-others. (B3,143)*

RA: *The uniqueness of this situation is not the lack of friends, guides, angelic presences, etc. The unique characteristic of the workings which the social memory complex Ra and your group have begun is the intent to serve others with the highest attempt at near purity which we as comrades may achieve. This has alerted a much more determined friend of negative polarity which is interested in removing this particular opportunity (ie, this group). (B3,142)*

CARLA WAS MOST SUSCEPTIBLE TO ATTACK WHILE IN THE TRANCE STATE

DON: When a 6th density Wanderer is in what we call the trance state, leaving the 3rd density physical, he does not have the full capability to magically defend himself. Is that right?

RA: *In the case of this instrument this is correct. It is also correct when applied almost without exception to those instruments working in trance which have not consciously experienced magical training in time/space in the present incarnation. The entities of your density capable of magical defense in this situation are extremely rare. (B3,139)*

ATTACKS ON THE OTHERS IN THE GROUP WERE UNSUCCESSFUL

DON: Is this so-called attack offered to myself and _____ as well as to Carla?

RA: *That is correct.*

DON: I personally have felt no effect that I am aware of.

RA: *The questioner has been offered the service of doubting the self and of becoming disheartened over various distortions of a personal nature. The questioner has not chosen to use these opportunities, and the Orion entity has basically ceased to be interested in maintaining constant surveillance of this entity (the questioner). (B3,132)*

WHY CARLA WAS ATTACKED SO PERSISTENTLY?

DON: The 5th density negative visitor is dead set against this communication. Can you tell me why this is so important to him since it will have a very limited effect, I would guess, on the harvest of this planet. (B4,48)

RA: *The fidelity of Ra to remove distortions is total. The instrument through which we speak and its support group have a similar fidelity. The questions have led rapidly into somewhat abstruse regions of commentary. This content does not lessen the underlying purity. Such purity is as a light. Such an intensity of light attracts attention. (B4,48)*

DON: What does the 5th density negative visitor hope to gain from all this?

RA: *The entity hopes to gain a portion of the light, that is, the mind/body/spirit of the instrument. Barring this, the entity intends to put out the light. (B4,48)*

RA: *The gain for the negative entity is an increase in negative polarity because it has removed a source of radiance and, thereby, offered to this space/time the opportunity of darkness where once there was light. In the event that it succeeded in enslaving the mind/body/spirit complex of the instrument it would have enslaved a fairly powerful entity, thus adding to its power. (B4,49)*

RA'S COMMENT ON HOW TO VIEW THE ENTITY ATTACKING CARLA

RA: Upon the many other planes of existence there are those whose every fiber rejoices at your service and [there are] those such as the entity responsible for the psychic attacks which wish only to terminate the life upon the 3rd density plane of this instrument (Carla). All are the Creator.

There is only one vast panoply of biases and distortions, colors and hues, in an unending pattern.

IN THE CASE OF THOSE WITH WHOM YOU ARE NOT IN RESONANCE, YOU WISH THEM LOVE, LIGHT, PEACE, JOY AND BID THEM WELL. NO MORE THAN THIS CAN YOU DO - FOR YOUR PORTION OF THE CREATOR IS AS IT IS. YOUR EXPERIENCE AND OFFERING OF EXPERIENCE, TO BE VALUABLE, NEEDS BE MORE AND MORE A PERFECT REPRESENTATION OF WHO YOU TRULY ARE.

Could you, then, serve a negative entity by offering the instrument's life (i.e., offering Carla's physical form to them so it can be destroyed)? It is unlikely that you would find this a true service.

Thus you may see in many cases the loving balance being achieved, the love offered, light being sent, and the service of the service-to-self oriented entity gratefully acknowledged while being rejected as not being useful in your journey at this time. Thus you serve One Creator without paradox. (B3,129-130)

IT IS THE 1ST DISTORTION THAT ALLOWS THE PSYCHIC ATTACK ON CARLA

DON: How did the 5th density negative entity who attacked Carla penetrate the quarantine?

RA: *This was done through a very slight window which less magically oriented entities could not have used to advantage. (B3,131)*

DON: Why did the window exist? Does it have to do with the 1st distortion (free will)? Are we experiencing the same type of balancing in receiving the offerings of this entity as the planet as a whole receives?

RA: *This is precisely correct. (B3,131)*

RA: *As the planetary sphere accepts more highly evolved positive entities or groups with information to offer, the same opportunity must be offered to similarly wise negatively oriented entities. (B3,131)*

DON: All of this is a result of the 1st distortion in creating a totally free atmosphere for the Creator to become more knowledgeable of Itself through the interplay of its portions, one with respect to another. Is this correct? (B3,166)

RA: *That is correct.*

THE LAW OF ONE
Study Guide V.2

With Quotes from **A COURSE IN MIRACLES**

CHAPTER VI

FREE WILL

1. THE VEIL OF FORGETFULNESS

THE VEIL IS PRESENT ONLY IN THE 3RD DENSITY

RA: *This is the only plane of forgetting. It is necessary for the 3rd density entity to forget so that the mechanisms of confusion or free will may operate upon the newly individuated consciousness complex. (B1,193)*

RA: *The same conditions existed in time/space (the metaphysical realms) both before and after the veiling (or veil of forgetfulness); that is, the veiling process is a space/time phenomenon. (B4,73)*

RA: *Without the veil the mind was not caught in your illusory time. (B4,94)*

THE VEIL IS NEEDED IN ORDER TO HAVE “EXPERIENCE”

DON: Why must an entity come into an incarnation and lose conscious memory of what he wants to do? Why can't he accomplish the same thing in between incarnations when the entity is aware of what he wants to do? (B2,132)

**RA: WERE THERE NO POTENTIALS
FOR MISUNDERSTANDING,
THERE WOULD BE NO EXPERIENCE. (B3,24)**

DON: The first change made for the extension of free will was to make the communication between the conscious mind (Ra calls it the Matrix) and unconscious mind (Ra calls it the Potentiator) relatively unavailable one to the other during the incarnation. Is this correct? (B4,40)

RA: *We would perhaps rather term the condition as relatively more mystery-filled than relatively unavailable. (B4,41)*

DON: The idea was then to create some type of veil between the conscious mind and the unconscious mind. Is this correct? (B4,41)

RA: *This is correct.*

DON: It was probably the design of the Logos to allow the conscious mind greater freedom under the first distortion by partitioning it from the unconscious mind which had a greater communication with the total mind, therefore allowing for the birth of "uneducated" portions of consciousness. Is this correct? (B4,41)

RA: *This is roughly correct. (B4,41)*

2. THE LAW OF CONFUSION

RA DOES NOT GIVE INFORMATION THAT WOULD VIOLATE THE LAW OF CONFUSION

RA: *There is a line beyond which information (if given by Ra) would be an intrusion upon the law of confusion. (B3,53)*

RA: *It is not our understanding that we have the right/duty to share our perceptions on any subject except philosophy without direct question. (B1, 73)*

RA: *Unless the question contains the potential for answer-giving which may infringe upon free will, we offer our answers - even if the question is unimportant. (B1,95)*

DON: Would it be helpful if Ra were to describe the techniques that Ra used while Ra was in 3rd density to evolve the mind/body/spirit? (B3,98)

RA: *That query lies beyond the Law of Confusion. (B3,98)*

DOES RA INCORPORATE INCORRECT DATA?

DON: If I were in the place of Ra right now, the 1st distortion of the Law of One might cause me to mix some erroneous data with the true information I was transmitting to this group. Do you do this?

RA: *We do not intentionally do this. However there will be some confusion. It is not our intent to create erroneous information, but to express the feeling of the Infinite Mystery of the One Creation in its infinite and intelligent unity. (B1,170)*

THE “EQUAL TIME” RULE: OPPORTUNITY, FOR BOTH POLARIZATIONS, MUST BE BALANCED

THE MALDEK EXAMPLE

DON: How did the Confederation send this love and light to those of Maldek after they destroyed their planet?

RA: *There dwell within the Confederation planetary entities who from their planetary spheres do nothing but send love and light as pure streamings to those who call. This is not in the form of conceptual thought but of pure and undifferentiated love. (B1,195)*

DON: Did the 1st distortion of the Law of One require that equal time be given to the self-service group?

RA: *In this case it was not necessary for a certain time because the orientation of these entities was such that the aid of the Confederation was not perceived. (B1,195)*

DON: Since it was not perceived, it was not necessary to balance this. Is that correct?

RA: *That is correct. What is necessary to balance is opportunity. When there is ignorance, there is no opportunity. (B1,195)*

CHILDREN WITH A DOUBLE BODY IN ACTIVATION

DON: There are many children now who have demonstrated the ability to bend metal mentally which is a 4th density phenomenon. (B3,91)

RA: *These entities are those incarnating with a double body in activation. This transitional body is one which will be able to appreciate 4th density vibratory complexes as the in-streamings increase without the accompanying disruption of the 3rd density body. (B3,90)*

DON: Is the reason that they can do this (bend metal) and the 5th density Wanderers who are here cannot the fact that they (these children) have the 4th density body in activation?

RA: *This is correct. Wanderers are 3rd density activated in mind/body/spirit and are subject to the forgetting which can only be penetrated with disciplined meditation and working. (B3,92)*

DON: **These children are not infringing upon the 1st distortion because they are children now and they won't be old enough to really affect any of the polarization until the transition is well advanced.** However, the Wanderers who have come here are older and have a greater ability to affect the polarization. They must do their affecting as a function of their ability to penetrate the forgetting process in order to be within the 1st distortion. Is this correct? (B3,92)

RA: *That is quite correct.*

NOTE: This is another indirect indication that the harvest of Earth will occur in the near future.

RA: *It would be an infringement of the 1st distortion (free will) if Wanderers penetrated the forgetting so far as to activate the more dense (or higher density) bodies and thus be able to live in a god-like manner. (B3,111)*

THE LAW OF CONFUSION IS IMPLEMENTED THROUGH THE QUARANTINE OF EARTH

RA: *Every effort is made to quarantine this planet. However, the network of guardians does not hinder each and every entity from penetrating the quarantine. (B1,123)*

DON: Considering the free will distortion of the Law of One, how can the Guardians quarantine Earth? Does this interfere with free will?

RA: *The Guardians guard the free will distortion of the mind/body/complexes of 3rd density on Earth. The events which required activation of quarantine were interfering with the free will distortion of your people. (B1,149)*

DON: Does this not interfere with the free will of the Orion group?

RA: *The balancing is from dimension to dimension. The attempts of the Orion Crusaders to interfere with free will are acceptable upon the dimension of their own understanding. However, those of your dimension form a dimension of free will which is not able to recognize in full the distortions toward manipulation. (B1,149)*

Thus the quarantine is needed to balance the dimensional variances in vibration. (B1,149)

HOW DOES THE CONFEDERATION STOP ORION'S SHIPS?

RA: *There is contact at the level of light form or light-body-being, depending on the level of the guardian. These guardians sweep reaches of your Earth's energy fields to be aware of any entities approaching. An entity approaching is hailed in the name of the One Creator. Any entity thus hailed is bathed in love/light, and it will, of free will, obey the quarantine due to the power of the Law of One. (B1,124)*

DON: What would happen if the entity, so hailed, did not obey?

RA: *To not obey quarantine after being hailed on the level of which we speak would be equivalent to your not stopping upon walking into a solid brick wall. (B1,124)*

DON: What would happen if they tried?

RA: *The Creator is one being. The vibratory level of those able to breach the quarantine boundaries is such that upon seeing the love/light net, it is impossible to break this Law. Therefore nothing happens. No attempt is made. There is no*

confrontation. The only beings who are able to penetrate the quarantine are those who discover windows or distortions in the space/time continua surrounding your planet's energy fields. Through these windows they come. These windows are rare and unpredictable. (B1,124)

DON: Does this account for the large numbers of UFO's in 1973?

RA: *This is correct. (B1,124)*

WINDOWS IN THE QUARANTINE, MORE ON FREE WILL

DON: Windows occur to let the Orion group come through once in a while. Are they needed as a balancing to prevent the Guardians from reducing their positive polarization by totaling eliminating the Orion contact through shielding? (B1,150)

RA: *This is partially correct.*

Balancing allows an equal amount of positive and negative influx. In your particular planetary sphere less negative information or stimulus is necessary than positive due to the somewhat negative orientation of your social complex distortion. (B1,150)

DON: In this way, total free will is balanced so that individuals may have an equal opportunity to choose service to others or service to self. Is this correct?

RA: *This is correct. (B1,150)*

DON: This is a profound revelation, I believe, in the Law of Free Will. (B1,150)

3. THE GREAT CHOICE: TO SERVE OTHERS OR SELF

THE CHOICE IS MADE IN 3RD DENSITY, NOT IN 2ND DENSITY

DON: Can an entity start in 2nd density with service to self and just stay on the path of service to self and never be pulled out of it. Is this correct?

RA: *This is incorrect. The 2nd density concept of serving self includes the serving of those in the tribe or pack. This is not seen in 2nd density as separation of self and other-self. All this is seen as self. If the pack becomes weakened, so does the entity within the pack. (B1,180-181)*

RA: *The new or initial 3rd density has this innocent bias toward viewing those in the family, the society, or the country, as self. This distortion, though not useful for progress in 3rd density, is without polarity. (B1,180-181)*

RA: THE BREAK BECOMES APPARENT WHEN THE ENTITY PERCEIVES OTHER-SELVES AND CONSCIOUSLY DETERMINES TO MANIPULATE OTHER SELVES FOR THE BENEFIT OF THE SELF. THIS IS THE BEGINNING OF THE NEGATIVE PATH. (B1,180-181)

IS IT A CONSCIOUS CHOICE?

DON: Does the entity consciously choose which path (service to self or service to others) it will take?

RA: *The majority of 3rd density beings is far along the chosen path before realization of that path is conscious. (B1,181)*

WHAT CREATES THE BIAS TOWARD THE CHOSEN PATH?

RA: *We can speak only in metaphor. Some love the light. Some love the darkness. It is a matter of the unique and infinitely various Creator choosing and*

playing among its experiences as a child upon a picnic. Some enjoy the picnic and find the sun beautiful, the food delicious and glow with the joy of creation. Some find the night delicious, their picnic being pain, difficulty, sufferings of others and the examination of the perversities of nature. These enjoy a different picnic. All these experiences are available. It is the free will of each entity which chooses the form of play. (B1,181)

ACIM: Eyes become used to darkness, and the light of brilliant day seems painful to the eyes grown long accustomed to the dim effects perceived at twilight. And they turn away from sunlight and the clarity it brings to what they look upon. DIMNESS SEEMS BETTER; EASIER TO SEE, AND BETTER RECOGNIZED. Somehow the vague and more obscure seems easier to look upon; less painful to the eyes than what is wholly clear and unambiguous. Yet who can say that he prefers the darkness and maintain he wants to see? (529.2)

RA: *Your 3rd density experience is distorted or skewed so that the positive orientation has more aid than the so-called negative. (B4,204)*

THE DEPENDANCE OF BOTH POLARITIES ON THE VEIL

DON: The very nature of the service-to-self distortions that create the negative path are a function of the veil and depend on at least a partial continued veiling. Is this correct? (B4,204)

RA: ***THE POLARITIES OF BOTH PATHS ARE DEPENDENT UPON A LIMITED VIEWPOINT. (B4,204)***

(1) Negative Polarity

RA: *The negative polarity depends more heavily upon the illusory separation between the self and all other mind/body/spirit complexes. (B4,204)*

(2) Positive Polarity

RA: *The positive polarity attempts to see through the illusion to the Creator in each mind/body/spirit complex, but for the greater part is concerned with behaviors and thoughts directed toward other-selves in order to be of service. This attitude, in itself, is full of the stuff of your 3rd density illusion. (B4,204)*

CHANGING PATHS

DON: I assume that an entity on either path can decide to change paths at any time, the path changing being more difficult the farther along the path the change is made. Is this correct?

RA: *This is incorrect. The further an entity has polarized, the more easily this entity may change polarity, for the more power and awareness the entity will have. (B1,181)*

CHOOSING IN MORE SUBTLE SITUATIONS

DON: The average life span dropped due to the intensification of a lack of service to others? Is this correct?

RA: *This is in part correct. (B1,197)*

RA: *By the end of the 2nd cycle the law of Responsibility had become effective. Entities had discovered many ways to indicate bellicose nature, not only as tribes or nations but also in relationships. Barter had given away to the concept of money. The concept of ownership had won ascendancy over the concept of non-ownership. Each entity then was offered many more subtle ways of demonstrating either service toward others or service toward self through manipulation of others. (B1,197)*

THE LAW OF ONE
Study Guide V.2

With Quotes from **A COURSE IN MIRACLES**

CHAPTER VII

**UNDERLYING
ONENESS**

1. THE LAW OF ONE

RA: *THE LAW OF ONE SIMPLY STATES THAT ALL THINGS ARE ONE, THAT ALL BEINGS ARE ONE. (B1,92)*

RA: *You are every thing, every being, every emotion, every situation. You are unity. You are infinity. You are love/light, light/love. You are. This is the Law of One. (B1,67)*

THERE IS NO RIGHT OR WRONG - ONLY LOVE

RA: *In truth there is no right or wrong. There is no polarity for all will be reconciled at some point in your dance through the mind/body/spirit complex with which you amuse yourself. This is chosen instead of understanding the complete unity of thought that binds all things together. (B1,67)*

RA: *The Law of One, although beyond all words, may be approximated by saying that all things are one, there is no polarity, no right or wrong, no disharmony, but only one identity. All is one, and that one is love/light, light/love, the Infinite Creator. (B1,85)*

- ACIM:**
1. What is meaningless is neither good nor bad. Why, then, should a meaningless world upset you? (W;L#12)
 2. The world is an illusion. Those who chose to come to it are seeking for a place where they can be illusions, and avoid their own reality. (W;L#155)

2. THE MYSTERY OF INFINITY

GRASP INFINITY THROUGH MYSTERY

RA: *The mystery and unknown quality of the occurrences we are allowed to offer have the hoped for intention of making your peoples grasp infinity, and then and only then, can the gateway be opened to the Law of One. (B1,99)*

RA: *The entity which reaches intelligent infinity most often will perceive this experience as one of unspeakable profundity. It is not unusual for the entity to immediately desire the cessation of the incarnation. However, the desire to communicate or use this experience to aid others is extremely strong. (B2,51)*

THE INFINITE UNIVERSE

RA: *The universe is infinite. This has yet to be proven or disproven, but we can assure you that there is no end to your selves, of your journey of seeking or your perceptions of the creations.*

That which is infinite cannot be many, for many-ness is a finite concept. In an infinite Creator there is only unity. (B1,66-67)

CLOUDED IN MYSTERY

DON: The concept of intelligent infinity is that it expands outward from all locations everywhere. It expands outward uniformly from every point everywhere at the velocity of light. Is this correct?

RA: *This concept is incorrect as is any concept of intelligent infinity. Yet the concept is correct in the context of one particular Logos, or Love, or focus of this Creator. The one undifferentiated intelligent infinity, unpolarized, full and whole, is the macrocosm of the mystery-clad being. (B2,10-11)*

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CHAPTER VIII

HELP IN EVOLVING

1. HEALING

THE MOST BASIC REQUIREMENT

RA: *HEALING OCCURS WHEN A MIND/BODY/SPIRIT COMPLEX REALIZES DEEP WITHIN ITSELF, THE LAW OF ONE; THAT IS, THAT THERE IS NO DISHARMONY, NO IMPERFECTION; THAT ALL IS COMPLETE AND WHOLE AND PERFECT. (B1,86)*

RA: *Then the intelligent infinity within this mind/body/spirit complex re-forms the illusion of the body, mind or spirit to a form congruent with the Law of One. The healer acts as energizer or catalyst for this completely individual process. (B1,86)*

FORGIVENESS STOPS KARMA

DON: You stated that forgiveness is the eradicator of karma. This includes forgiveness not only of other selves but also forgiveness of self as well. Is this correct?

RA: *You are correct. Forgiveness of other-self is forgiveness of self. (B1,173)*

DON: Would you define karma?

RA: *Our understanding of karma is that which may be called inertia. Those actions which are put into motion will continue. The stoppage of the inertia of action may be called forgiveness. (B2,51)*

TWO BASIC REQUIREMENTS FOR HEALING

I.) FORGIVENESS OF OTHERS AND FORGIVENESS OF SELF

RA: *You may observe the thoughts of anger becoming those cells of the physical bodily complex going out of control to become what you call cancer. (B2,81)*

DON: Are you saying that cancer is quite easily healed mentally and once the entity forgives the other-self at whom he is angry, the cancer will disappear?

RA: *This is partially correct. The other portion of healing has to do with forgiveness of self.*

II.) A GREATLY HEIGHTENED SENSE OF RESPECT FOR THE SELF

RA: *Another part of healing has to do with demonstrating a greatly heightened respect for the self. This may conveniently be expressed by taking care in dietary matters. This is quite frequently a part of the healing and forgiving process. (B2,82-83)*

RA: *Information on dietary matters is not to be understood literally but as a link or psychological nudge for the body and the mind and the spirit. Thus it is the care and respect for the self that is the true thing of importance. (B2,83)*

THE ROLE OF ENERGY IN HEALING

THE PATH OF THE ENERGY IN HEALING

DON: Once the healer has become properly balanced and unblocked with respect to energy centers, it is possible for him to act in some way as a collector and focuser of light, collecting light through the left hand and emitting it through the right. (B3,113)

RA: *You are correct but we suggest a few adjustments. The energy brought in by the outstretched hand circulates through the various energy centers to the base of the spine, turning at the red energy center (root chakra) towards a spiral at the yellow energy center and then passing through the green energy center - this then continuing for the 3rd spiral through the blue energy center and being sent from there through the gateway back to intelligent infinity. It is from the green center that the healing prana moves into the polarized healing right hand and from there to the one to be healed. (B3,113-114)*

THE ONE AND ONLY TRUE DESCRIPTION OF HEALING

RA: *The crystallized healer is a channel for intelligent energy which offers an opportunity to an entity that it might heal itself. In no case is there any other description of healing. This is also true of the more conventional healers of your culture and if these healers could but fully realize that they are responsible only for offering the opportunity of healing, and not for the healing, many of these entities would feel an enormous load of misconceived responsibility fall from them. (B3,116)*

CONVENTIONAL METHODS OF HEALING

SHOULD YOU SEE A DOCTOR?

DON: Assume that a bodily distortion (sickness) occurs within a particular entity who then has a choice of seeking allopathic aid or experiencing the catalyst of the distortion (sickness) and not seeking correction of the distortion (ie, doesn't see a doctor). Can you comment? (B3,101)

RA: *If the entity is polarized towards service-to-others, analysis properly proceeds along the lines of consideration of which path offers the most opportunity for service-to-others. For the negatively polarized entities the opposite is the case.*

FOR THE UNPOLARIZED ENTITY THE CONSIDERATIONS ARE RANDOM AND MOST LIKELY IN THE DIRECTION OF DISTORTION TOWARDS COMFORT.(B3,101)

TAKING MEDICINE

RA: *The mechanical concept of the body has created the continuing proliferation of distortions toward what you call ill-health due to the strong chemicals used to control and hide bodily distortions. (B3,101)*

AN EXAMPLE INVOLVING CARLA'S KIDNEY PROBLEM

THE SPIRITUAL HEALING NEEDED RE-ENFORCEMENT

DON: Carla would like for me to ask if there is any problem with her kidneys?

RA: *This query is more complex than its brevity certifies. The physical complex renal system of this instrument is much damaged. The time/space equivalent which rules the body complex is without flaw. There was a serious question, due to psychic attack, whether the spiritual healing would endure.*

THE SPIRITUAL HEALING HAS ENDURED BUT IT HAS THE NEED TO BE RE-ENFORCED BY AFFIRMATION OF THE ASCENDANCY OF THE SPIRITUAL OVER THE APPARENT OR VISIBLE. (B4,25)

TAKING MEDICINE WEAKENED THE HEALING

RA: *When this instrument began ingesting substances (medicine) designed to heal in a physical sense the renal complex, this instrument (Carla) was ceasing the affirmation of healing. Due to this the healing was weakened.*

This is of some profound distortion and it would be well for the instrument to absorb these concepts. We ask your forgiveness for offering information which may abridge free will, but the dedication of the instrument is such that it would persevere regardless of its condition, if possible. Thusly we offer this information that it may persevere with a fuller distortion towards comfort.(B4,25)

A SPIRITUAL HEALER WAS THE CATALYST

DON: What was the experience that caused the healing of the time/space kidney?

RA: *This experience was the healing of self by self with the catalyst of the spiritual healer whom you call Pachita. (B4,25)*

A PHYSICAL TECHNIQUE: FASTING PURGES THE MIND OF TOXIC THOUGHT-FORMS

RA: *Those entities in need of purging the self of a poison-thought form or emotion complex do well to follow a program of careful fasting until the destructive thought-form has been purged analogously with the by-products of ridding the physical vehicle of excess material. See the value not to the body complex but see the body used as a link for the mind and spirit. (B2,83)*

RA: *The discipline or denial of the unwanted portion as an appropriate part of the self is taken through the tree of mind down through the trunk to subconscious levels where the connection is made and thus the body, mind, and spirit, then in unison, express denial of the excess or unwanted spiritual or mental material as part of the entity. All then falls away. (B2,91)*

DON: Would this be analogous then to the entity consciously programming this release and using fasting as the method of communication to itself?

RA: *This is not only correct but may be taken further. The self, if conscious to a great enough extent of the workings of this catalyst and the techniques of programming, may through concentration of the will and the faculty of faith alone cause reprogramming without the analogy of the fasting, the diet, or other analogous body complex disciplines. (B2,91)*

A MENTAL TECHNIQUE: FOCUSED ATTENTION

THERE IS ONLY ONE TECHNIQUE OF PROGRAMMING

DON: You said that if the self understands sufficiently the workings of the catalyst and the techniques of programming, it may cause reprogramming through concentration of the will and the faculty of faith alone, without fasting, diet or other analogous bodily complex disciplines. What are the techniques of programming which the Higher Self uses? (B2,98)

RA: *There is but one technique for this growing or nurturing of will and faith, and that is the focusing of attention. The attention span of those you call children is considered short. The spiritual attention span of most of your peoples is that of the child.*

Thus it is a matter of wishing to become able to collect one's attention and hold it upon the desired programming. This, when continued, strengthens the will. The entire activity can only occur when there exists faith that an outcome of this discipline is possible. (B2,98)

YOU CAN INCREASE YOUR ATTENTION SPAN THROUGH VISUALIZATION

DON: What are some exercises for increasing the attention span?

RA: *The visualization of a shape and color which is of personal inspirational quality to the mediator is the heart of the religious aspects of this sort of visualization. The visualization of simple shapes and colors which have no innate inspirational quality to the entity form the basis for what you may call your magical traditions. Whether you imagine the rose or a circle is not important. However, it is suggested that one or the other path be chosen in order to exercise this faculty. (B2,98)*

HEALING OCCURS FIRST IN THE ETHERIC BODY

RA: *Healing is first done in the time/space portion (metaphysical part) of the mind/body/spirit complex, then is adopted by the form-making or etheric body, and finally is given to the space/time physical illusion for use in the activated yellow-ray mind/body/spirit complex.*

IT IS THE ADOPTION OF THE CONFIGURATION WHICH YOU CALL HEALTH BY THE ETHERIC BODY IN TIME/SPACE WHICH IS THE KEY TO WHAT YOU CALL HEALTH, NOT ANY EVENT WHICH OCCURS IN SPACE/TIME. (B3,118)

IF YOU WANT THE SICKNESS, AT ANY LEVEL, IT STAYS

RA: *If the entity, at any level, desires to remain in the configuration which seems to need healing (for example, sickness), it will do so. (B3,115)*

RA: *An entity may not consciously seek healing and yet subconsciously be aware of the need to experience the new set of distortions which result from healing. Similarly an entity may consciously desire healing greatly, but within the being, at some level, find some cause which makes the illness seem appropriate. (B3,118)*

ACIM: Suppose that what you ask of the Holy Spirit is what you really want, but you are still afraid of it. [Then] your attainment of it would no longer be what you want. An individual may ask for physical healing because he is afraid of bodily harm. At the same time, if he were healed physically, the threat to his thought system might be considerably more fearful to him than its physical expression. (163.5)

2. CATALYSTS

THE PURPOSE OF CATALYSTS

RA: *All catalysts are designed to offer experience. In your density this experience may be loved and accepted or controlled. These are the two paths. When neither path is chosen, the catalyst fails in its design and the entity proceeds until (some) catalyst strikes it which causes it to form a bias toward acceptance and love or separation and control. (B2,110)*

RA: *The purpose of incarnative existence is evolution of mind, body and spirit. In order to do this it is not strictly necessary to have catalyst. However, without catalyst the desire to evolve and the faith in the process do not normally manifest and thus evolution occurs not. (B3,29)*

CATALYSTS → LESSONS

PAIN AS CATALYST

RA: *The experience of pain is most common among your entities. The pain may be physical, but more often it is of the mental or emotional complex. In some few cases the pain is of the spiritual complex. This creates a potential for learning. The lessons to be learned almost always include patience, tolerance, and the ability for the light touch.*

Very often the catalyst for emotional pain will result in the opposite, in a bitterness and impatience. In these cases there will be additional catalyst provided to offer the unmanifested self more opportunities to

DISCOVER THE SELF AS ALL-SUFFICIENT CREATOR CONTAINING ALL THAT IS AND FULL OF JOY. (B2,52)

SICKNESS AS CATALYST

DON: Do contagious diseases play any part in this process with respect to the unmanifested self?

RA: *Contagious diseases are those entities of 2nd density which offer an opportunity for this type of catalyst. If this catalyst is unneeded, then these 2nd density creatures, as you would call them, do not have an effect. (B2,52)*

RA: *Among your entities a large percentage of all progression has as catalyst, trauma. (B2,55)*

THE PROGRESSION OF CATALYST: FROM MENTAL TO PHYSICAL

RA: *A catalyst not used fully by the mind and spirit is given to the body. (B3,75)*

RA: CATALYST IS OFFERED TO THE ENTITY. IF IT IS NOT USED BY THE MIND COMPLEX, IT WILL THEN FILTER THROUGH THE BODY COMPLEX AND MANIFEST AS SOME FORM OF PHYSICAL DISTORTION. THE MORE EFFICIENT THE USE OF CATALYST, THE LESS PHYSICAL DISTORTION TO BE FOUND. (B3,124)

RA: *On some 3rd density planetary spheres catalyst has been used more efficiently. In the case of your sphere there is much inefficient use of catalyst, and therefore much physical distortion. (B3,124)*

RA: *(At first people had longer lifetimes) Eventually catalysts were not being properly assimilated. Therefore lifetimes needed to be shorter. (B4,15)*

IS CATALYST NECESSARY ONLY IF THERE IS AT LEAST A PARTIAL BLOCKAGE OF ONE ENERGY CENTER?

RA: *This is not correct. While it is a primary priority to activate or unblock each energy center, it is also a primary priority to begin to refine the balances between the energies so that each tone of the chord of total vibratory beingness resonates in clarity, tone and harmony with each other energy center. Each energy may be activated without the beauty that is possible through the appreciation of what you call the deeper personality or soul identity. (B3,26)*

DON: As an analogy for activating the energy centers, anybody can pull out each string on a 7 stringed musical instrument and release them, producing 7 notes. But that doesn't necessarily produce music. A musician's hands can make music. Is this correct?

RA: *This is correct.*

IN THE BALANCED INDIVIDUAL THE ENERGY LIES WAITING FOR THE HAND OF THE CREATOR TO PLUCK HARMONY. (B3,27)

PHYSICAL CATALYSTS ARE LESS FREQUENT IN NEGATIVE POLARIZATION

RA: *Distortions of the bodily or mental complex are found in beings which have need of experiences which aid in polarization. It is more likely for positively oriented individuals to be experiencing distortions within the physical complex due to the lack of consuming interest in the self and the emphasis in service to others. In the negatively oriented individual the physical body is likely to be more carefully tended and the mind disciplined against physical distortion. (B3,124)*

IF YOU RESPOND AT ALL TO THE CATALYST, YOU'RE STILL USING IT

RA: *The catalyst of experience works in order for the learn/teachings of this density to occur. However, if there is seen in the being a response, even if it is simply observed, the entity is still using the catalyst for learn/teaching. (B2,94)*

RA: *The end result is that the catalyst is no longer needed. Thus the density is no longer needed. This is not indifference or objectivity, but a finely tuned compassion and love which sees all things as love. This seeing elicits no response due to catalytic reactions. Thus the entity is now able to become co-Creator of experiential occurrences. This is the truer balance. (B2,94)*

RANDOM CATALYSTS OCCUR IN UNPOLARIZED ENTITIES

RA: *In an unpolarized entity, catalyst of the physical distortion nature will be generated at random. The hopeful result, as you say, is the choice of polarity. Often this choice is not made but the catalyst continues to be generated. (B3,124)*

DON: Until an entity becomes consciously aware of the evolutionary process, the Logos or intelligent energy creates the potentials for an entity to gain the experience necessary for polarization. Is this correct? (B4,155)

RA: *That is correct.*

3. SPIRITUAL GROWTH FOR POSITIVE ENTITIES

FEEDING THE HUNGRY

DON: Many people try to help those who are in need, giving them food if there is hunger as there is now in the African nations, by bringing them medicine when needed. This is creating a vibration that is in harmony with green-ray (love) or 4th density but it is not balanced with the understanding of 5th density that these entities are experiencing catalysts and *a more balanced administration of the needs of the hungry would be to provide them with the learning necessary to reach the state of awareness of 4th density than it would be to minister to their physical needs at this time. Is this correct?* (B2,96)

RA: *This is incorrect.*

TO A MIND/BODY/SPIRIT COMPLEX WHICH IS STARVING, THE APPROPRIATE RESPONSE IS THE FEEDING OF THE BODY.

You may extrapolate from this. On the other hand, you are correct in your assumption that the green ray response is not as refined as that which has been imbued with wisdom. The wisdom enables the entity to appreciate its contributions to the planetary consciousness by the quality of its being without regard to activity or behavior which expects results on the physical planes. (B2,96)

THE IMPORTANCE OF RELATIONSHIPS

Green ray energy is the energy radiated by the heart center or chakra. Penetrating through the veil of forgetfulness is begun by activation of green ray energy. The greatest opportunities for this kind of experience are found in your relationships with others.

RA: *By far the most vivid and even extravagant opportunities for piercing the veil are a result of the interaction of polarized entities. (B4,77)*

PARENT CHILD RELATIONSHIP

DON: What type of parent child relationship would aid in the activation of the energy centers from red to violet? (B2,99)

RA: *The appropriate teach/learning device of parent to child is the open-hearted being-ness of the parent and the total acceptance of the being-ness of the child. (B2,99)*

RA: *There are two things that are especially important in this relationship other than the basic acceptance of the child. Firstly, the experience of whatever means the parent uses to worship and give thanksgiving to the One Infinite Creator should, if possible, be shared with the child entity on a daily basis. Second, the compassion of the parent to child may well be tempered by the understanding that the child entity may well learn the biases of service-to-others or service-to-self from the parental other-self. This is the reason that some discipline is appropriate. (B2,99)*

LOVE THAT DEMANDS NO RETURN

DON: By what process would two polarized entities attempt to penetrate the veil?

RA: *The penetration of the veil has its roots in the gestation of green-ray activity, that all compassionate love which demands no return. (B4,78)*

RA: *If this path is followed the higher energy centers shall be activated and crystallized until the adept is born. Within the adept is the potential for dismantling the veil to some extent that all may be seen again as one. The other self is the primary catalyst in this particular path to the piercing of the veil. (B4,78)*

RA: *The awareness of all as Creator is that which opens the green-ray center. (B4,82)*

GIVING SUPPORT IN DIFFICULT TIMES

DON: Can you give suggestions regarding the instrument's upcoming hospital experience?

RA: *We may make one suggestion and leave the remainder with the Creator. It is well for each to realize its self as the Creator. Thusly each may support each including the support of self by humble love of self as Creator. (B3,188)*

BEING TRULY HELPFUL

Do not offer service where none is wanted.

RA: **RELINQUISH YOUR DESIRE TO SERVE WHERE NO SERVICE IS REQUESTED.** (B3,134)

RA: SERVICE IS ONLY POSSIBLE TO THE EXTENT IT IS REQUESTED. (B4,129)

ACIM: I am here only to be truly helpful. (28.4)

CAN YOU HELP ANOTHER REACH 4TH DENSITY?

DON: Is there some way to help an entity reach 4th density level in these last days?

RA: *It is impossible to help another being directly. It is only possible to make catalyst available in whatever form, the most important being the radiation of realization of oneness with the Creator from the self, less important being information such as we share with you. We cannot offer short cuts to enlightenment. Enlightenment is of the moment, an opening to intelligent infinity. It can only be accomplished by the self, for the self. Another self cannot teach enlightenment, but only teach/learn information, inspiration, or a sharing of love, of mystery, of the unknown that makes the other-self reach out and begin the seeking process. (B1,161-162)*

HOW TO HANDLE YOUR EXPERIENCES

RA: *The proper role of the entity in this density is to experience all things desired, and then to analyze, understand and*

ACCEPT ALL EXPERIENCES, DISTILLING FROM THEM THE LOVE/LIGHT WITHIN THEM. THAT WHICH IS NOT NEEDED FALLS AWAY. (B1,169-170)

RA: *We suggest that you attempt to become aware of the other-self as self. Become aware of the intelligent energy expressed in nature and expressed in self to be shared when appropriate. (B1,171)*

HATONN: You are to serve your fellow man, and, therefore, it is necessary that you prepare yourself for this service. This is done in meditation. We cannot overemphasize the importance of meditation. (B1,30)

HATONN: Meditate upon the complete unity of yourself and all that you see, especially in difficult circumstances. For insofar as you love and feel at one with those things that are difficult for you, to that extent will they be alleviated. Even if the universe for those around you remains disharmonious and difficult, if your mind is stayed on the unity of the Creator, your own universe will become harmonious. (B1,32)

POSITIVE ENTITIES NEED TO LOVE AND ACCEPT ANGER

RA: Anger is one of many things to be accepted and loved as part of self (for positive entities) or controlled as a part of self (for negative entities) if the entity is to do work. (B2,109)

3 DIFFERENT WAYS TO USE ANGER

How do positive and negative entities use anger without getting cancer (or some other illness) as a result?

POLARIZED USE BY A POSITIVE ENTITY DOES NOT CAUSE SICKNESS

RA: The entity polarizing positively perceives the anger. This entity, if using this catalyst mentally, blesses and loves this anger in itself. It then intensifies this anger consciously in mind alone until the folly of this red-ray energy is perceived not as folly in itself but as energy subject to spiritual entropy due to the randomness of the energy being used.

Positive orientation then provides the will and faith to continue this mentally intense experience of letting the anger be understood, accepted and integrated with the mind/body/spirit complex. The other self which is the object of anger is thus transformed into an object of acceptance, understanding, and accommodation, all being reintegrated using the great energy which anger began. (B2,108)

DON: The positively oriented entity, rather than attempting expression of emotion, would balance the emotion. Is this correct?

RA: This is correct. (B2,109)

POLARIZED USE BY A NEGATIVE ENTITY DOES NOT CAUSE SICKNESS

RA: The negatively oriented [entity] will use this anger in a similarly conscious fashion, refusing to accept the undirected or random energy of anger and instead, through will and faith, funneling this energy into a practical means of venting the negative aspect of this emotion so as to obtain control over the other-self, or otherwise control the situation causing anger. (B2,108)

UNPOLARIZED USE HAS A POTENTIAL FOR SICKNESS

RA: *Control is the key to negatively polarized use of catalyst. Acceptance is the key to positively polarized use of catalyst. Between these polarities lies the potential for this random and undirected energy creating the cancerous growth of tissue. (B2,108)*

UNLEARNED LESSONS WILL BE REPEATED

RA: *If one opportunity is missed, another will appear until the student of the life experience grasps that a lesson is being offered and undertakes to learn it. (B2,46)*

ACIM: Trials are but lessons that you failed to learn presented once again, so where you made a faulty choice before you can now make a better one, and thus escape all pain that what you chose before has brought you. (666.3)

SERVICE TO OTHERS AND LIGHT-STRENGTH

RA: *There is a turning point, a fulcrum which swings as a mind/body/spirit complex tunes its will to service. If this will and desire is for service-to-others, the corresponding polarity will be activated. In the circumstances of this group there are three such wills acting as one with the instrument in the central position of fidelity to service. This is as it must be for the balance of the working and the continuance of the contact. Our vibratory complex is one-pointed in these workings and our will to serve is also of some degree of purity. This has attracted the attention of the polar opposite which you experience. (B3,165)*

RA: WE MAY NOTE THAT SUCH A CONFIGURATION OF FREE WILL, ONE-POINTED IN SERVICE-TO-OTHERS, ALSO HAS THE POTENTIAL FOR THE ALERTING OF A GREAT MASS OF LIGHT STRENGTH. THIS POSITIVE LIGHT STRENGTH, HOWEVER, OPERATES ALSO UNDER FREE WILL AND MUST BE INVOKED. WE COULD NOT SPEAK TO THIS AND SHALL NOT GUIDE YOU,

for the nature of this contact is such that the purity of your free will must, above all things, be preserved. (B3,165)

RA: *Those who are upon the service-to-others path may call upon the light strength in direct proportion to the strength and purity of their will to serve. (B3,170)*

MUCH MORE PROGRESS CAN BE MADE HERE THAN IN BETWEEN INCARNATIONS

DON: Is it correct that entities can accelerate their growth much more while in the 3rd density than in between incarnations of this density?

RA: *This is correct. (The reason is that one can work within the framework of the two primal distortions of the Law of One) In 3rd density each entity is free to accept, reject or ignore others about him. Yet here there are many who practice the ways of love.*

If, in addition to this, an entity chooses to accept responsibility for each moment of experience, then this empowers his progress. (B1,113)

THE HEART OF THE MATTER

DON: Is there anything of importance for spiritual growth on the service-to-others path other than knowledge of self, disciplines of personality and strengthening the will?

RA: *This is technique. This is not the heart. Let us remember that we are all one. This is the great learning/teaching. In this unity lies love. In this unity lies light. This is the fundamental teaching of all planes of existence in materialization: unity, love, light and joy. The 2nd ranking lessons are in meditation and service. (B3,16)*

WHAT ARE SOME EXERCISES TO PERFORM?

EXERCISE 1:

RA: REALIZE THAT THE MOMENT CONTAINS LOVE.
THAT IS THE LESSON OF THIS DENSITY.
CONSCIOUSLY SEE THAT LOVE IN AWARENESS
AND IN UNDERSTANDING DISTORTIONS. (B1,114)

EXERCISE 2:

RA: THE UNIVERSE IS ONE BEING.
WHEN YOU VIEW ANOTHER,
SEE THE CREATOR.

EXERCISE 3:

RA: GAZE WITHIN A MIRROR.
SEE THE CREATOR.

EXERCISE 4:

RA: GAZE AT THE CREATION, WHICH LIES ABOUT THE
MIND, BODY, AND SPIRIT OF EACH ENTITY.
SEE THE CREATOR.

The foundation for these exercises is meditation, contemplation or prayer. With this attitude these exercises can be processed. Without it, the data will not sink down into the roots of the tree mind, thus enabling and ennobling the body and touching the spirit. (B1,114)

THE MYSTERY OF THE ONE

RA: *Gaze at the stunning mystery of the One Infinite Creator. Behold the glory, the majesty, the mystery and the peace of oneness. Let no consideration of bird or beast, darkness or light, shape or shadow keep any which seeks from the central consideration of unity. (B4,194)*

RA: *(Yet) no source which is of the 3rd density will resolve all paradoxes or bring all into unity. (B4,194)*

THE BEST SERVICE

DON: What are some of the "best ways" for being of service to others?

RA: THE BEST WAY OF SERVICE TO OTHERS IS THE CONSTANT ATTEMPT TO SEEK TO SHARE THE LOVE OF THE CREATOR AS IT IS KNOWN TO THE INNER SELF. THIS INVOLVES SELF KNOWLEDGE AND THE ABILITY TO OPEN THE SELF TO THE OTHER WITHOUT HESITATION. THIS INVOLVES RADIATING THAT WHICH IS THE ESSENCE, OR THE HEART, OF THE MIND/BODY/SPIRIT COMPLEX. (B1,166-167)

DON: What is the greatest service that our population could perform individually?

RA: *There is but one service. The Law is One. The offering of self to Creator is the greatest service, the fountainhead. (B1,143)*

HOW CAN WE GROW MORE INTO THE LAW OF ONE?

RA: *The proper role of the entity in this density is to experience all things desired, and then to analyze, understand and*

ACCEPT ALL EXPERIENCES, DISTILLING FROM THEM THE LOVE/LIGHT WITHIN THEM. THAT WHICH IS NOT NEEDED FALLS AWAY.
(B1,169-170)

RA: *We suggest that you attempt to become aware of the other-self as self. Become aware of the intelligent energy expressed in nature and expressed in self to be shared when appropriate. (B1,171)*

WHY IS THERE MALE AND FEMALE?

DON: Bisexual reproduction begins in 2nd density. What is the idea behind this?

RA: *The 2nd density is one in which the groundwork is being laid for 3rd density work. The mechanism of reproduction capitulates into a vast potential in 3rd density for service to other-self and to self; this being not only through energy transfer, but also by the various services performed due to the close contact of those who are, shall we say, magnetically attracted, one to the other, these entities having the opportunities for many types of service which would be unavailable to the independent entity. (B2,28)*

DON: So, the basic reason for having bisexual reproduction was to increase the opportunity of the experience of the One Creator? Is that correct?

RA: *That is not merely correct but is the key to that which occurs in all densities. (B2,28)*

MOST DO NOT GROW MUCH

RA: *The greater preponderance of your entities find themselves in what may be considered a perpetual childhood. (B1,188)*

DEFENSIVE ACTION

DON: Even 4th density positive has the concept of defensive action, but above the level of 4th density the concept of defensive action is not in use. The concept of defensive action and offensive action is very much in use in our present density. If an entity is polarized strongly enough in his thought in a positive sense, defensive action is not going to be necessary for him because the opportunity to apply defensive action will never originate for him. Is that correct? (B2,47)

RA: *This is unknowable. An entity able to program experiences may choose the number and the intensity of the lessons to be learned. It is possible that an extremely positively oriented entity might program for itself situations testing the ability of the self to refrain from defensive action even to the point of physical death of self or other-self. This is an intensive lesson and it is not known what entities have programmed. We may, if we desire, read this programming. However, this is an infringement and we choose not to do so. (B2,47)*

ACIM: Safety is the complete relinquishment of attack. No compromise is possible in this. (100.1)

In my defenselessness my safety lies. (W:L#172)

THE ROLE OF LIGHT, THE "UPWARD" SPIRALLING LIGHT

RA: *The term "upward spiraling light" is an indication, not of your up and down concept, but an indication of the concept of that which reaches toward the source of love and light. (B3,61)*

DON: I assume that from all points in space light radiates in our illusion in a 360 degree solid angle and this scoop shape with the pyramid is like a focusing mechanism. Is this correct?

RA: *This is precisely correct. (B3,61)*

STATEMENT: The adept sees or visualizes the light moving downward from the crown chakra down to the feet. Ra has stated that the Creator enters from the feet and moves upward, that this spiraling light enters from the feet and moves upward. (B3,170)

RA: *The upward spiraling light developed in its path by the will, and ultimately reaching a high place of mating with the inward fire of the One Creator, still is only preparation for the work upon the mind/body/spirit which may be done by the adept. (B3,172)*

DESIRE, WILL AND POLARITY ARE THE KEYS

DON: Desire and will are the (important) factors in this process. Is this correct?

RA: *We would add one other quality. In the magical personality desire, will and polarity are the keys. (B3,172)*

THE PROBLEM WITH THE EVANGELIST'S METHODS

DON: Many so-called evangelists have great desire and very great will, and possibly great polarity. But it seems that in many cases there is a lack of awareness that creates a less than effective working in the magical sense. Is this correct? (B3,172)

RA: *You are partially correct.*

In examining the polarity of a service-to-others working, the free will must be seen as paramount. Those entities you speak of are attempting to generate positive changes in consciousness while abridging free will. This causes the blockage of the magical nature of the working except in those cases wherein an entity freely desires to accept the working of the evangelist. (B3,172)

THE ADEPT

RA: *THE ADEPT IS ONE WHICH HAS FREED ITSELF MORE AND MORE FROM THE CONSTRAINTS OF THE THOUGHTS, OPINIONS AND BONDS OF OTHER SELVES.*

Whether this is done for service to others or for service to self, it is a necessary part of the awakening of the adept. This freedom is seen by those not free as what you would call evil or black. (B4,50)

RA: *In service-to-others there is an association with the heart of all other selves and a disassociation from the illusory husks which prevent the adept (or anyone else) from correctly perceiving the self and other-selves as one. (B4,51)*

DON: The positively or negatively polarized adept is building a potential to draw directly on the spirit for power. Is this correct?

RA: *It would be more proper to say that the adept is calling directly through the spirit to the universe for its power, for the spirit is a shuttle. (B4,51)*

DREAMS AS A TOOL FOR SPIRITUAL GROWTH

UNCONSCIOUS MIND DOESN'T USE WORDS

RA: *The nature of the unconscious is of the nature of concept rather than word. (B4,97)*

CLUES FOR REMOVING BLOCKS

DON: You have stated that dreaming, if made available to the conscious mind, will aid greatly in polarization. Could you say how it does this?

RA: *Dreaming is an activity of communication through the veil of (between) the unconscious mind and the conscious mind. In one who is blocked at two of the three lower energy centers the dreaming will aid polarization because there will be a repetition of recent catalyst, as well as deeper blockages, thereby giving the waking mind clues to the nature of theses blockages. (B4,97)*

DON: In remembering dreams, an individual can find specific clues to current energy center blockages and may, thereby, reduce or eliminate those blockages, Is this correct?

RA: *That is correct. (B4,99)*

THE ADEPT'S MOST USEFUL TOOL IF THE HELP OF GUIDES IS REQUESTED

RA: *As a mind/body/spirit consciously chooses the path of the adept and, with each energy center balanced (at least) to a minimum degree, begins to open the indigo-ray center the so-called dreaming becomes the most efficient tool for polarization. If it is known by the adept that work may be done in consciousness while the so-called conscious mind rests, this adept may call upon those who guide it, and most of all, the magical personality which is the Higher Self as it moves into the sleeping mode of consciousness. (B4,98)*

DIRECT HEALING IN THE DREAM STATE

RA: *The activity of dreaming is an activity in which there is made a finely wrought and excellently fashioned bridge from conscious to unconscious. In this state the various distortions...are healed. Continued lack of this possibility can cause seriously distorted mind/body/spirit complexes. (B4,99)*

DON: This portion of sleep has been called REM. Is this correct? (B4,100)

RA: *Yes.*

PIERCING THE VEIL: GREEN-RAY ENERGY

RA: *By far the most vivid and even extravagant opportunities for piercing the veil are a result of the interaction of polarized entities. (B4,77)*

DON: By what process would two polarized entities attempt to penetrate the veil?

RA: *The penetration of the veil has its roots in the gestation of green-ray activity, that all compassionate love which demands no return. If this path is followed the higher energy centers shall be activated and crystallized until the adept is born. Within the adept is the potential for dismantling the veil to some extent that all may be seen again as one. The other self is the primary catalyst in this particular path to the piercing of the veil. (B4,78)*

RA: *The awareness of all as Creator is that which opens the green-ray center. (B4,82)*

REALIZATION OF THE ONE

RA: *The seeker seeks the One.*

THE ONE IS TO BE SOUGHT BY THE BALANCED AND SELF-ACCEPTING SELF WHO IS AWARE BOTH OF ITS APPARENT DISTORTIONS AND ITS TOTAL PERFECTION.

Resting in this balanced awareness, the entity then opens the self to the universe which it is. The light energy of all things may then be attracted by this intense seeking, and wherever the inner seeking meets the attracted cosmic prana, the realization of the One takes place.

The purpose of clearing each energy center is to allow that meeting place to occur at the indigo ray vibration, thus making contact with intelligent infinity and dissolving all illusions. Service to others is automatic. (B3,51)

RA: *The contact with intelligent infinity is most likely to produce an unspeakable joy in the entity experiencing such contact. (B4,53)*

THREE TYPES OF MEDITATION

DON: In meditation is it best to leave the mind as blank as possible and let it run down or is it better to focus on some object for concentration? (B2,126)

RA: *Each type is useful for a particular reason. (B2,127)*

DON: Is a vertical positioning of the spine useful or helpful in the meditative procedure?

RA: *It is somewhat helpful. (B3,119)*

I. KUNDALINI MEDITATION

RA: *The lower energy pole (root chakra) will draw the universal energy into itself from the cosmos. Then it will move upward to be met and reacted to by the positive spiraling energy moving downward from within. The measure of an entity's level of ray activity is the locus where the south pole outer energy has been met by the inner spiraling positive energy. As the entity grows more polarized this locus will move upward. Your peoples call this kundalini. It is the meeting place of cosmic and inner vibratory understanding. (B2,125)*

RA: *The metaphor of the coiled serpent being called upwards is very appropriate. We are attempting then, as entities of any true color of this octave, to move the meeting place of inner and outer natures further upward along the energy centers. One method of approach is this:*

Seat within ones self of those experiences which are attracted to the entity through the south pole (root chakra).

EACH EXPERIENCE WILL NEED TO BE OBSERVED, EXPERIENCED,
BALANCED, ACCEPTED AND SEATED WITHIN THE INDIVIDUAL.

As the individual grows in self-acceptance and awareness of catalyst, the location of the comfortable seating of these experiences will rise to the new true color entity.

The experience, whatever it may be, will be seated in red ray and considered as to its survival content, etc. Each experience will be sequentially understood by the seeker in terms of survival, then in terms of personal identity, then in terms of social relations, then in terms of universal love, then in terms of how the experience may be linked to universal energies, and finally in terms of the sacramental nature of each experience. Meanwhile the Creator lies within.

In the north pole the crown is already on the head and the entity is potentially a god. The energy is brought into being by the humble and trusting acceptance of this energy through meditation and contemplation of the self and the Creator. Where these energies meet is where the serpent will have achieved its height. (B2,125-126)

II. MEDITATE BY QUIETING THE MIND

RA: *The passive meditation involving clearing the mind, the emptying of the mental jumble, is useful for those who wish to achieve an inner silence as a base from which to listen to the Creator. (B2,127)*

III. MEDITATE USING VISUALIZATIONS (THE TOOL OF THE ADEPT)

RA: *The other type of meditation which may be called visualization has a different goal. It is the tool of the adept.*

Those who learn to hold visual images in mind are developing an inner concentrative power that can transcend boredom and discomfort. When the ability has become crystallized, one can effect planetary consciousness.

Only those wishing to pursue the conscious raising of planetary consciousness will find visualization particularly satisfying. (B2,127)

RA: *The key is first silence, and secondly, singleness of thought. Thusly a visualization which can be held steady to the inward eye for several of your minutes will signal the adept's increase in singleness of thought. This is done for the purpose of transmuting planetary harvestability. (B2,130)*

IV. THE IMPORTANCE OF ATTENTION SPAN

RA: *There is but one technique for this growing or nurturing of will and faith, and that is the focusing of attention. The attention span of those you call children is considered short. The spiritual attention span of most of your peoples is that of the child. Thus it is a matter of wishing to become able to collect one's attention and hold it upon the desired programming. This, when continued, strengthens the will. The entire activity can only occur when there exists faith that an outcome of this discipline is possible. (B2,98)*

DON: Can you mention some exercises for helping to increase the attention span?

RA: *Such exercises are common among the many mystical traditions of your entities. The visualization of a shape and color which is of personal inspirational quality to the meditator is the heart of what you would call the religious aspects of this sort of visualization. (B2,98)*

RA: *The visualization of simple shapes and colors which have no innate inspirational quality to the entity form the basis for what you may call your magical traditions. (B2,98)*

DON: What should (someone not sensitive to geometrical forms) use?

RA: *In the less sensitized individual the choosing of personally inspirational images is appropriate whether this inspiration be the rose which is of perfect beauty, the cross which is perfect sacrifice, the Buddha which is the All-being in One, or whatever else may inspire the individual. (B2,99)*

V. THE MOST POWERFUL CONNECTION

RA: *When the positive adept touches intelligent infinity from within, this is the most powerful of connections. The adepts become living channels for love and light and are able to channel this radiance directly into the planetary web of energy nexi (or focal points). The ritual will always end in praise and thanksgiving and the release of this energy into the planetary whole. (B2,131)*

WORKING WITH LIGHT

LOVE/LIGHT AND LIGHT/LOVE

DON: Is there any difference between light/love and love/light?

RA: *There is the same difference as between teach/learning and learn/teaching. Love/light is the enabler, the power, the energy giver. Light/love is the manifestation which occurs when light has been impressed with love. (B1,148)*

THE 3 SPIRALS OF LIGHT ENERGY

- (1) The fundamental spiral which is used for study and healing
- (2) The spiral to the apex which is used for building.
- (3) The spiral spreading from the apex which is used for energizing (B3,57)

DEVELOPING LIGHT IN THE MIND/BODY/SPIRIT

RA: *Note the great way of the development of light in the microcosmic mind/body/spirit. It is assumed that an adept will have its energy centers functioning smoothly and in a balanced manner to its best effort before a magical working. All magical working are based upon evocation and/or invocation. The first invocation of any magical working is that invocation of the magical personality. Begin the invocation of this magical personality by the motion of putting on something. Since you do not have an item of apparel, the gesture which you have made is appropriate. The 2nd evocation is the evocation of the great cross of life. This is an extension of the magical personality to become the Creator. All invocations are drawn through the indigo ray center. (B3,170-171)*

DISCIPLINES OF THE MIND: IT MUST BE KNOWN TO ITSELF

RA: *This is the most demanding part. (B1,84)*

THE PRE-REQUISITE FOR MENTAL WORK = MENTAL SILENCE

RA: *The pre-requisite of the mental work is the ability to retain silence of self at a steady state. The mind must be opened like a door. The key is silence. (B1,87)*

THE DISCIPLINES OF THE MIND

THE 1ST MENTAL DISCIPLINE = BALANCE YOUR POLARITIES

RA: *The polarity of your dimension must be internalized. Where you find patience, find the corresponding impatience and vice versa.*

Each thought has an opposite. Identify both those things which you approve and those which you disapprove within yourself, and then balancing each and every positive and negative charge with its equal.

The mind contains all things. Therefore you must discover the completeness within yourself. (B1,87)

THE 2ND MENTAL DISCIPLINE = ACCEPT THE COMPLETENESS WITHIN YOUR CONSCIOUSNESS.

RA: *Accept the completeness within your consciousness. It is not for a being of polarity in the physical consciousness to pick and choose among attributes, thus building the roles that cause blockages and confusions in the already distorted mind complex. Each acceptance smoothes part of the many distortions that the faculty you call judgment engenders. (B1,87-88)*

THE 3RD MENTAL DISCIPLINE = SEE THE COMPLETENESS IN ALL OTHER ENTITIES

RA: *This is like the 1st discipline but with the emphasis on your gaze outward toward the fellow entities that you meet. (how you see your brother). In each entity there exists completeness. Thus the ability to understand each balance is necessary. When you view patience, you are responsible for mirroring in your mental understandings, patience/impatience, and vice versa. (B1,88)*

THE 4TH MENTAL DISCIPLINE

RA: *This one is the acceptance of the other-self polarities. (B1,88)*

THE 5TH MENTAL DISCIPLINE

RA: *This involves observing the geographical and geometrical relationships and ratios of the mind, the other mind, the mass mind and the infinite mind. (B1,88)*

THE DISCIPLINES OF THE BODY

BALANCE LOVE AND WISDOM

RA: *In the streamings reaching your planet at this time, these understandings and disciplines have to do with the balance between love and wisdom in the use of the body in its natural functions. (B1,84)*

DON: In the healing exercises concerning the body, what do you mean by the disciplines of the body in the balance between love and wisdom?

RA: *There are natural bodily functions having to do with the other-self, ie, touching, loving, the sexual life, craving company to combat bodily loneliness. Observe the love of self and the love of other-self versus the wisdom regarding the use of natural functions.*

There are many fantasies and stray thoughts which may be examined in this balancing process. (B3,74-75)

UNDERSTAND BOTH POLARITIES

RA: *It is necessary to know your body well. How the emotions affect different parts of the body. Understand and accept the bodily polarity. The body is a creature of the mind's creation. It has its biases. The biological bias must be first completely understood, and then allow the opposite bias to find full expression in understanding. The simplest example is that each biological male is female, and vice versa. (B1,88)*

TRANSMUTE NATURAL FUNCTIONS TO SACREDNESS

RA: *Imagine the body. Imagine the more dense aspects of the body. Proceed from there to the very finest knowledge of energy pathways which revolve and cause the body to be energized.*

Understand that all natural functions of the body have all aspects from dense to fine, and can be transmuted to what you may call sacramental. (B1,85).

THE DISCIPLINES OF THE SPIRIT

CONTACT INTELLIGENT INFINITY

RA: *In this area the first two disciplines are connected through the attainment of contact with intelligent infinity. (B1,85)*

INTEGRATE

RA: *Consider a magnet. It has two poles. One reaches up. The other down.*

THE FUNCTION OF SPIRIT IS TO INTEGRATE THE UP-REACHING YEARNING OF THE MIND/BODY ENERGY WITH THE DOWN-POURING AND STREAMING OF INFINITE INTELLIGENCE. (B1,85)

The spiritual complex embodies fields of force and consciousness which are the least distorted of your mind/body/spirit complex. This is the longest and most subtle part of your learn/teach.

IT IS THE WORK OF WIND AND FIRE. THE SPIRITUAL BODY ENERGY FIELD IS A PATHWAY OR CHANNEL.

When body and mind are receptive and open, then the spirit can become a functioning shuttle or communicator from the entity's individual energy/will upwards, and from the streamings of the creative fire and wind downwards. (B1,89)

THE DISCIPLINES OF THE PERSONALITY (perhaps an overview of the above?)

DON: The disciplines of the personality are the paramount work of any who have become consciously aware of the process of evolution. Is this correct?

RA: *Quite. The heart of the discipline of the personality is threefold.*

- (1) One, know your self.
- (2) Two, accept your self.
- (3) Three, become the Creator.

The 3rd step, when accomplished, renders one the most humble servant of all, transparent in personality and completely able to know and accept other-selves.

To become the Creator is to become all that there is.

THEN THERE IS NO PERSONALITY IN THE SENSE WITH WHICH THE ADEPT BEGINS ITS LEARN/TEACHING.

As the consciousness of the indigo ray becomes more crystalline, more work may be done; more may be expressed from intelligent infinity. (B3,181-182)

REMEMBER WHO YOU REALLY ARE

RA: EACH ENTITY IS THE CREATOR. (B3,192)

RA: The entity, as it becomes more and more conscious of itself, gradually comes to the turning point at which it determines to seek either in service to others or in service to self. The seeker becomes the adept when it has balanced with minimal adequacy the appropriate energy centers, red, orange, yellow, and blue with the addition of green for the positive, thus moving into indigo work. The adept then begins to do less of the preliminary or outer work, having to do with function, and begins to effect the inner work which has to do with being.

AS THE ADEPT BECOMES A MORE AND MORE CONSCIOUSLY
CRYSTALLIZED ENTITY IT GRADUALLY MANIFESTS MORE AND MORE OF
THAT WHICH IT ALWAYS HAS BEEN SINCE BEFORE TIME; THAT IS, THE
ONE INFINITE CREATOR. (B3,192-193)

4. HOW TO WIN THE GAME

RA: *Consider the example of a man who sees all the poker hands. He then knows the game. It is but child's play to gamble, for there is no risk. In time/space and in the true color green density, the hands of all are open to the eye.*

The thoughts, the feelings, the troubles, all these may be seen. There is no deception and no desire for deception. Thus much may be accomplished in harmony but the mind/body/spirit gains little polarity from the interaction.

In a lifetime the cards are love, dislike, limitation, unhappiness, pleasure, etc. They are dealt and re-dealt continuously. You may, during this incarnation begin to know your own cards. You may begin to find the love within you.

You may begin to balance your pleasure, your limitations, etc. However your only indication of other-selves cards is to look into the eyes. You cannot remember your hand, their hands, perhaps even the rules of the game.

This game can be won only by those who lose their cards in the melting influence of love; it can only be won by those who lay their pleasures, their limitations, their all upon the table face up and say inwardly: "All, all of you players, each other-self, whatever your hand, I love you."

This is the game: to know, to accept, to forgive, to balance, and to open the self in love. *This cannot be done without the forgetting, for it would carry no weight in the life of the mind/body/spirit being-ness totality. (B2,133)*

5. POLARITY

WITHOUT POLARITY NOTHING HAPPENS

DON: It seems there is an extreme potential in this polarization the same as there is in electricity. We have a positive and negative pole. The more you build the charge on either of these, the more the potential difference and the greater the ability to do work in the physical (plane). Is this a correct analogy? (B1,182)

RA: *This is precisely correct.*

TO HAVE POLARITY, YOU MUST BUILD UP A CHARGE

DON: If we have no polarity in electricity, we have no action. If we have no polarity in consciousness, we also have no action or experience. Is this correct?

RA: *This is correct. The thing that is missing without polarity is the (electrical) charge. The charge is provided by the individualized entity using the in-pourings and in-streaminings of energy by the choices of free will. (B1,185)*

DON: To make an analogy, when polarization in the atmosphere occurs to create thunderstorms, lightning, and much activity, this more vivid experience could be likened to the polarization in consciousness which creates the more vivid experience. Is this correct? (B4,165)

RA: *Given a disclaimer about the conditions producing the storm, we agree with this analogy.*

SWITCHING BACK FROM NEGATIVE ORIENTATION TO POSITIVE

RA: *The entity which incarnates into negative space/time will not find it possible to maintain any significant positive polarity as negativity, when pure, is a type of gravity well, shall we say, pulling all into it. Thus the entity, while remembering its learned and preferred polarity, must needs make use of the catalyst given and recapitulate the lessons of service to self in order to build up enough polarity in order to cause the potential to occur for reversal of polarization. (B3,154)*

RELATION BETWEEN HARVESTABILITY AND DEGREE OF POLARIZATION

DON: Is it possible to increase polarization without increasing harvestability?

FOR THE 4TH DENSITY HARVEST (3RD TO 4TH)

RA: *In the 3rd density an increase in the serving of others or the serving of self will almost inevitably increase the ability of an entity to enjoy a higher intensity of light. Thus it is almost impossible to polarize without increasing harvestability in 3rd density. (B3,156)*

FOR THE 5TH DENSITY HARVEST (4TH TO 5TH)

RA: *In the 5th density harvest, polarization has very little to do with harvestability. (B3,156)*

THE LAW OF ONE
Study Guide V.2

With Quotes from **A COURSE IN MIRACLES**

CHAPTER IX

ENERGY SYSTEMS

1. THE 7 MAJOR CHAKRAS

1. ROOT CHAKRA (RED)

Your first reaction to any physical experience will come from this chakra since it is the lowest center in the physical body and is related to survival.

RA: *The first energy transfer is red ray. It is a random transfer having to do only with your reproductive system. (B2,30)*

RA: *Once it is balanced and unblocked, much is open to the seeker. (B2,128)*

2. SEXUAL CHAKRA (ORANGE)

Certain rays of energy are emitted from each chakra. The ray emanating from the sexual chakra is called the orange ray.

RA: *Power over individuals may be seen to be the orange ray. (B2,128)*

3. POWER CHAKRA (YELLOW)

BELIEF IN INFERIOR PEOPLES

When the primary energy comes from the sexual or the power chakra, and it is not balanced by energy from the heart chakra, the need to subjugate other groups of people arises. The other groups are seen as inferior. Religious, cultural and racial prejudice are examples. An extreme example is genocide of the peoples seen as inferior.

RA: *The yellow ray concerns the entity in relation to groups or societies. It is at the heart of hostile actions in which one group feels the necessity and the right of dominating other groups and bending their wills to the wills of the masters. (B2,38)*

INSATIABLE DESIRE

If the yellow or orange ray is the primary one being exchanged in your sexual relationships, they will usually be characterized by blockage and insatiable hunger due to the blockage.

RA: *When two selves are of this pattern, one entity experiences the pleasure of humiliation and slavery and bondage, the other experiencing the pleasure of mastery and control over another entity. In this way a sexual energy transfer of a negative polarity is experienced. (B2,39)*

DON: What is the simplest entity having both orange and yellow ray energy centers?

RA: *Those having animal and vegetative natures which find the necessity for reproduction by bisexual techniques or who find it necessary to depend in some way upon other selves for survival and growth. (B2,89)*

4. HEART CHAKRA (GREEN) THE GREEN RAY = RAY OF COMPASSION & ALL FORGIVING LOVE (B2,92)

THE TURNING POINT

RA: *With the green ray transfer of energy you come to the great turning point sexually as well in other modes of experience. The green ray may be turned outward, the entity then giving rather than receiving. (B2,39)*

GREEN-RAY ACTIVITY IS THAT ALL-COMPASSIONATE LOVE WHICH DEMANDS NO RETURN. (B4,77)

POSSIBLE REVERSALS

RA: *The green ray activation is always vulnerable to the yellow or orange ray of possession. Fear of possession, desire for possession, fear of being possessed, desire to be possessed: these are the distortions which will cause the deactivation of green ray energy transfer. (B2,43)*

FIRST STEP BEYOND GREEN RAY = FREEDOM & ACCEPTANCE

RA: *The first giving beyond green ray is the giving of acceptance or freedom, thus allowing the recipient of blue ray energy transfer the opportunity of feeling accepted, thus freeing that other-self to express itself to the giver of the ray. (B2,39)*

5. THROAT CHAKRA (BLUE) BLUE-RAY = FIRST RAY OF RADIATION OF SELF REGARDLESS OF ANY ACTIONS OF ANOTHER

RA: *Once the green ray has been achieved, the ability to enter blue ray is immediate and is only awaiting the efforts of the individual. (B2,43)*

RA: *The blue ray entity is a co-Creator. (B2,92)*

6. INNER EYE CHAKRA (INDIGO)

RA: *THE INDIGO RAY IS OPENED ONLY THROUGH CONSIDERABLE DISCIPLINE AND PRACTICE LARGELY HAVING TO DO WITH ACCEPTANCE OF SELF, NOT ONLY AS THE POLARIZED AND BALANCED SELF BUT AS THE CREATOR, AS AN ENTITY OF INFINITE WORTH. THIS WILL BEGIN TO ACTIVATE THE INDIGO RAY. (B2,43)*

RA: *The indigo-ray energy center is fed, as are all energy centers, by experience - but far more than the others is fed by what we have called the disciplines of the personality. (B3,160)*

RA: THE INDIGO RAY IS THE RAY OF AWARENESS OF THE CREATOR AS SELF.

RA: *Thus one whose indigo ray vibrations have been activated can offer the energy transfer of Creator to Creator. (B2,40)*

RA: *The indigo ray, though precious, is that ray worked upon only by the adept, as you would call it. It is the gateway to intelligent infinity bringing intelligent energy through. This is the energy center worked on in those teachings considered hidden and occult, for this ray is that which is infinite in possibilities. Those who heal, teach and work for the Creator in any way which may be seen to be both radiant and balanced are those of the indigo ray. (B2,77)*

DON: When there's a feeling in the crown chakra in meditation, what is happening? (B3,31)

RA: *The entity is experiencing in-streamings at that energy center to be used either:*

- (1) for the unblocking of this center
- (2) for its tuning to match the harmonics of its other energy centers
- (3) or to activate the gateway to intelligent infinity. (B3,32)

7. CROWN CHAKRA (VIOLET)

RA: *No ray; it pertains to the degree of balance among the other chakras (B1,144-145)*

RA: *The energy ingress ends with indigo (inner eye chakra). The violet ray is a thermometer or indicator of the whole. (B3,31)*

2. ROTATION AND CRYSTALLIZATION OF CHAKRAS

DO CHAKRAS ROTATE OR CRYSTALLIZE?

RA: In the first 3 energy centers a full unblocking of this energy will create speeds of rotation. As the entity develops the higher energy centers, however, these centers will then begin to express their nature by forming crystal structures.. This is the higher or more balanced form of activation. (B3,9)

THE CRYSTALLINE STRUCTURE OF THE VARIOUS CHAKRAS

1. **RED ENERGY CENTER** - It has the shape of a spoked wheel.
2. **ORANGE ENERGY CENTER** - It has a flower shape containing three petals.
3. **YELLOW ENERGY CENTER** - Rounded in shape, many faceted as a star
4. **GREEN ENERGY CENTER** - Lotus-shape, the number of points dependent on upon the strength of this center
5. **BLUE ENERGY CENTER** - Capable of having perhaps 100 facets and capable of great flashing brilliance
6. **INDIGO ENERGY CENTER** - Usually the basic triangular or 3 petaled shape
7. **VIOLET ENERGY CENTER** - The least variable. Has 1000 petals. (B3,10)

CLEARING ENERGY BLOCKS

RA: The indigo center is the most important for the work of the adept. However, it cannot, no matter how crystallized, correct to any extent, whatsoever imbalances or blockages in other energy centers. They must be cleared seriatim (one after the other) from red upwards. (B3,180)

THE USE OF ENERGY CENTERS BY POSITIVE AND NEGATIVE ENTITIES

RA: *The negative will use the 3 lower centers for separation from and control over others by sexual means, by personal assertion, and by action in your societies. The positively oriented entity will be transmuting strong red-ray energy into green-ray energy transfers and into radiation in blue and indigo. Also it will be transmuting self-hood and place in society into situations in which the entity may merge with and serve others; and finally radiate unto others without expecting any transfer in return. (B3,29)*

CRYSTALLIZATION

RA: *It is well to remember that the chakras or energy centers can be functioning properly without crystallization. (B4,83)*

DON: Would they be equivalent in electrical circuitry to a completed circuit, red through green, with a high resistance, where the total quantity of energy transferred is small?

RA: *The uncrystallized, lower centers cannot deliver the higher voltage. The crystallized centers may become quite remarkable in their high voltage characteristics. (B4,83)*

3. SEXUAL ENERGY TRANSFERS

SEXUAL ENERGY TRANSFERS BEFORE THE VEILING

RA: *Before the veiling each activity was a transfer. There were some (sexual) transfers of strength. Most were rather attenuated in strength due to the lack of veiling. (B4.73)*

RA: *In the 3rd density entities are attempting to learn the ways of love. If it [is impossible to not see] that all are one being, it becomes much more difficult for the undisciplined personality to choose one mate and, thereby, initiate itself into a program of service. It is much more likely that the sexual energy will be dissipated more randomly without either great joy or great sorrow. Therefore the green-ray transfer occurred almost without exception in sexual energy transfer prior to veiling but it was weakened and without significant crystallization. (B4,73)*

RA: *Before the veiling sexual intercourse was that of two entities possessed of green-ray capability.*

THE AWARENESS OF ALL AS THE CREATOR IS
THAT WHICH OPENS THE GREEN RAY CENTER.

Thus there was no possibility of blockage due to the sure knowledge of each by each that each was the Creator. The energy transfers were weak due to the ease with which such transfers could take place. (B4,82-83)

RA: *Before the veiling process there was a near total lack of the use of this sexual energy transfer beyond green ray. There was, in 3rd density, little purpose to be seen in the more intensive relationships that occur in the mating process, since each other-self was seen to be the Creator and no other-self seemed to be more the Creator than another. (B4,102)*

SEXUAL ENERGY TRANSFERS AFTER THE VEILING

RA: *After the veiling it became infinitely more difficult to achieve green-ray energy transfer due to the great areas of unknowing concerning the body complex and its manifestations (referring to blocks?). However, also due to the great shadowing of the manifestations of the body from the conscious mind complex, when such energy transfer was experienced it was likelier to provide catalyst which caused a bonding of self with other-self in a properly polarized condition. (B4,102)*

RA: *After veiling, sexual energy transfers and blockages are far more efficient in crystallizing those who seek the green-ray energy center. (B4,73)*

POLARIZATION PRODUCES SEXUAL ENERGY TRANSFER

PART OF THE SEXUAL ENERGY TRANSFERRED IS METAPHYSICAL ENERGY

RA: *The energies transferred during sexual activity are not, properly speaking, of space/time. There is a great component of what you might call metaphysical energy transferred. (B4,85)*

RA: *Sexual energy is a form of vibratory bridge between space/time and time/space. (B4,112)*

SEXUAL EXPRESSION STARTS WITH DIFFERENCE & MOVES TOWARD ONENESS

DON: Could you define sexual energy transfer?

RA: *Energy transfer implies the release of potential energies across, shall we say, a potentiated space. The sexual energy transfers occur due to the polarization of two mind/body/spirit complexes, each of which have some potential difference one to the other. (B2,31)*

THE MAGNETIC ATTRACTION

Sometimes two people feel a strong attraction for each other. This usually seems wonderful to us, and we may identify it with love; we may even feel like we are falling in love - but it is not about love. The attraction occurs because there is a good balance between the male/female polarity of the man and the female/male polarity of the woman. Being balanced allows the polarities to exert a strong attraction on each other. When they are out of balance, they are not in a sufficiently stable state for this to occur. If the man and woman allow a relationship to occur, a very healing energy exchange can occur between them. In other words the effective purpose of this magnetic attraction is to bring the two people into a highly empowered state in which healing of highly resistant problems can occur.

THE ATTRACTION REQUIRES A BALANCE OF MALE-FEMALE POLARITIES

RA: *In your bisexual natures there is that which is of polarity. This polarity is variable according to the male/female polarity of each entity. Thus you may see the magnetism which two entities with the appropriate balance, male/female versus female/male polarity, meeting and thus feeling the attraction which polarized forces will exert, one upon the other. (B2,34)*

THE ATTRACTION DOES NOT REQUIRE AN ACT OF WILL

RA: *This is the strength of the bisexual mechanism: it does not take an act of will to decide to feel attraction for one who is oppositely polarized sexually. It will occur in an inevitable sense, giving the free flow of energy a proper avenue. (B2,34)*

THE ATTRACTION CAN BE BLOCKED

RA: *This avenue may be blocked by some distortion toward a belief/condition stating to the entity that this attraction is not desired. (B2,34)*

THE MECHANISM WORKS VERY SIMPLY

RA: *The basic mechanism functions as simply as would, shall we say, the magnet and a piece of iron. (B2,34)*

THE DIFFERENCE BETWEEN MALE AND FEMALE ENERGIES

RA: *The male stores physical energy, the female stores mental and mental/emotional energy. In 3rd density sexual energy transfer, the male offers physical energy. The female is, thereby refreshed, having far less physical vitality. The female offers inspiration, healing and blessing to the male which by nature is less vital in this area. (B4,112)*

RA: *In energy transfer the female is able to potentiate that which may be within the conscious mind of the male so that it may feel inspirited. (B4,159)*

RA: IN A MORE GENERAL SENSE, THAT WHICH REACHES MAY BE SEEN AS A MALE PRINCIPLE. THAT WHICH AWAITS THE REACHING MAY BE SEEN AS A FEMALE PRINCIPLE. (B4,159)

THE ROOT CAUSE OF BLOCKAGES OF SEXUAL ENERGY TRANSFERS

DON: Before the veiling sexual energy transfer was always possible, but it is not always possible after the veiling. What is the primary source of the blockages? (B4,109)

RA: *The root cause of blockage is the lack of the ability to see the other-self as the Creator, or to phrase it differently, the lack of love. (B4,110)*

TYPES OF BLOCKS

DON: Can you speak on the various types of blockages that occur in our sexual reproductive complex?

1ST AND 2ND CHAKRAS: YELLOW AND ORANGE RAYS

(a) ONLY ONE VIBRATES IN THIS COLOR

RA: *In the orange-ray-attempts and yellow-ray-attempts to have sexual intercourse, a blockage will be created if only one entity vibrates in this area and that entity will have a never ending appetite for this activity. What these vibratory levels are seeking is green ray activity. (B2,30-31)*

(b) TREATING SELF OR OTHER AS OBJECT

RA: *There is the possibility of orange or yellow ray energy transfer but this will be negatively polarized with one being seen as object rather than other-self and the other seeing itself as plunderer or master of the situation. (B2,30-31)*

4TH CHAKRA: GREEN RAY:

(a) FEAR OF OR DESIRE FOR POSSESSING OR BEING POSSESSED

RA: *In green ray there are two possibilities. Firstly, if both vibrate in green ray, there will be a mutually strengthening energy transfer. The female draws the energy from the roots of the being-ness through the energy centers. The male finds in its energy transfer an inspiration which satisfies and feeds the spirit portion of the mind/body/spirit complex. (B2,30-31)*

RA: *This energy transfer will be blocked only if one or both entities have fear of possession or of being possessed, of desiring possession or desiring being possessed. (B2,30-31)*

(b) NOT OFFERING UNIVERSAL LOVE

RA: *The other green ray possibility is when only one of the two entities offers*

green ray energy, the other not offering universal love energy. This results in a blockage of the one not offering the green ray energy and increases frustration or appetite. (B2,30-31)

5TH CHAKRA: BLUE RAY (RARE)

RA: *The blue ray energy transfer is somewhat rare among your peoples at this time but is of great aid due to energy transfers involved in becoming able to express without reservation or fear. (B2,30-31)*

6TH CHAKRA: INDIGO RAY (EXTREMELY RARE)

RA: *The indigo ray transfer is extremely rare among your peoples. This is the sacramental portion of the body complex whereby contact may be made through violet ray with intelligent infinity. No blockages may occur at these later two levels. (B2,30-31)*

CAN ONE TELL WHICH RAY IS PRESENT IN THE ENERGY TRANSFER?

DON: Is there any way to tell which ray the transfer was for an individual after the experience? (B4,87)

RA: *There is only a subjective yardstick. (B4,87).*

GREEN: RAY TRANSFER: IS LOVE MADE WHOLE?

RA: *If the energies have flowed so that love is made whole, green-ray transfer has taken place. (B4,87)*

BLUE RAY TRANSFER: IS COMMUNICATION EASIER?

RA: *If greater ease in communication and greater sight has been experienced, the energy has been refined to the blue-ray energy center. (B4,87)*

INDIGO RAY TRANSFER: THE GATEWAY TO INTELLIGENT INFINITY OPENS.
IS WILL AND FAITH STIMULATED?

RA: *If the polarized entities find that the faculties of will and faith have been stimulated, not for a brief while but for a greater duration of what you call time, you may perceive the indigo-ray transfer. (B4,87)*

VIOLET RAY TRANSFER: THE VEIL IS LIFTED

RA: *We may not speak of the violet-ray transfer except to note that it is an opening to the gateway to intelligent infinity. Indeed, the indigo-ray transfer is also this but the veil has not been lifted. (B4,87)*

SEXUAL ENERGY TRANSFER ALWAYS OCCURS IF BOTH HEART CHAKRAS ARE ACTIVE

People can have sexual intercourse without having a transfer of sexual energy between them. However, if the heart centers of both are open, there is always a transfer of sexual energy between them at such times.

RA: Sexual energy transfer takes place upon a non-magical level by all those entities which vibrate green-ray active. (B3,176)

FOR A “BLUE-GREEN” COUPLE, THE BLUE RAY IS AVAILABLE TO THE OTHER IN MATING

RA: Once green-ray energy transfer has been achieved by two mind/body/spirits in mating, the further rays are available without both entities having the necessity to progress equally. Thus a blue ray vibrating entity or indigo ray vibrating entity with the green ray other-self can serve as catalyst for the learn/teaching of the other-self. Until the other-self reaches green ray, such energy transfer through the rays is not possible. (B2,40)

DEDICATION TO CREATOR LEADS TO HIGH SEXUAL MAGIC

REFINING THE ENERGY TRANSFER

RA: It is possible, in the case of a being who dedicates itself to the service of the One Infinite Creator, to refine this energy transfer. (B3,176)

DOUBLE THE EFFECT

RA: When the other self also dedicates itself in service to the One Infinite Creator, the transfer is doubled. There are refinements from this point onward leading to the realm of high sexual magic. (B3,176)

THE GREAT KEY = UNCONDITIONAL LOVE

RA: The great key to blue, indigo, and, finally, that great capitol of the column of sexual energy transfer, violet energy transfers, is the metaphysical bond or distortion which has the name among your peoples of unconditional love. (B4,86-87)

RA: IN THE BLUE RAY ENERGY TRANSFER THE QUALITY OF THIS LOVE IS REFINED IN THE FIRE OF HONEST COMMUNICATION AND CLARITY; (B4,86-87)

RA: This normally takes a substantial amount of time to accomplish. This is one method of crystallizing the blue-ray center. (B4,86-87)

TANTRA YOGA

RA: The energy transfer does not leap between green and green energy centers but is the sharing of the energies of each from red ray upwards. It is most efficient when both entities have orgasm simultaneously.

However, it functions as transfer if either has the orgasm and indeed, in the case of the physically expressed love between a mated pair which does not result in orgasm, there is nevertheless a considerable amount of energy transferred...as long as both entities are aware of the potential difference and release its strength to each other by desire of the will in a mental dedication. You may see this practice in what you may call other than Christian religious distortion systems of the Law of One. (B4,84)

DON: Could you give an example?

RA: We preface this example with the reminder that each system is quite distorted and its teachings always half-lost. However, one such system is that called the Tantric Yoga. (B4,84)

SACRAMENTAL SEXUALITY

ACTIVATE THE INDIGO RAY

RA: Activation of indigo ray vibration is the beginning of the sacramental nature of your bisexual reproductive act. It is unique in bearing the allness, the wholeness, the unity in its offering to the other self. (B2,40)

RA: The male principle must reach and penetrate, in a symbolically sexual fashion, the inner secrets of the feminine principle before sanctified sexuality, which is related to the feminine principle of mind, can be used. (B4,161)

SEE THIS AS THE CREATOR EXPERIENCING ITSELF

RA: *You may see this activity, as all experiential activities, as the Creator experiencing Itself. (B2,31)*

DON: Could this be the primal mechanism for the Creator to experience Itself?

RA: *This is not a proper term. It is one appropriate way. The bisexual knowing of the Creator by Itself has the potential for two advantages.*

Firstly, in the green ray activated being there is the potential for a direct and simple analogue of what you may call joy, the spiritual or metaphysical nature which exists in intelligent infinity. This is a great aid to comprehension of a truer nature of being-ness. The other potential advantage is having a sacramental understanding or connection with the gateway to intelligent infinity, for with appropriate preparation, experience of intelligent infinity may be obtained. (B2,31-32)

RA: After the veiling it was far more likely that higher energy transfers would be sought by the mated pair of mind/body/spirit complexes, thus allowing the Creator to know Itself with great beauty, solemnity and wonder. Intelligent infinity having been reached by this sacramental use of this function, each entity gained greatly in polarization and ability to serve. (B4,102)

COMPLETE FUSION

DON: Can you expand what "complete fusion nature" means?

RA: *The entire creation is of the One Creator. Thus the division of sexual activity into simply that of the bodily complex is an artificial division, all things thusly being seen as sexual equally, the mind, the body and the spirit; all of which are part of the polarity of the entity.*

THUS SEXUAL FUSION MAY BE SEEN, WITH OR WITHOUT WHAT YOU CALL SEXUAL INTERCOURSE, TO BE THE COMPLETE MELDING OF THE MIND, THE BODY, AND THE SPIRIT IN WHAT FEELS TO BE A CONSTANT ORGASM OF JOY AND DELIGHT IN THE OTHER'S BEING-NESS. (B2,41-42)

WHITE MAGIC

RA: *The heart of white magic is the experience of the joy of union with the Creator. This joy will necessarily radiate through the life experience of the positive adept. It is for this reason that sexual magic is not restricted solely to the negatively oriented polarizing adepts but when most carefully used has its place in high magic as it, when correctly pursued, joins body, mind and spirit with the One Infinite Creator. (B3,161)*

HOMOSEXUALITY

RA: *If an entity has had roughly 65% of its incarnations in the sexual/biological body complex, the opposite polarity to its present body complex, this entity is vulnerable to infringement in your urban areas and may become what you call homosexual. (B2,35)*

PRESENT DAY MARRIAGE VERSUS MATED RELATIONSHIPS

RA: *As your peoples became open to the concepts of hostility and war and greed of ownership, these ideas filtered down the tree of mind into body complex expressions, sexuality being an example. (B2,37)*

DON: Is the entire population infected in some way?

RA: *There is some contamination of the sexual, this showing mostly in your own culture as the various predispositions to adversary relationships, or, as you call them, marriages, rather than the free giving one to another in the love and light of the Infinite Creator. (B2,37)*

DON: Did the Logoi plan, before the veiling, to create a system of random sexual activity?

RA: *It was the intention of the original Logoi that entities mate with one another in any fashion which caused a greater polarization. It was determined after much observation that polarization increased many fold if the mating were not indiscriminate. Consequently Logoi preserved a bias toward the mated relationship which is more characteristic of more disciplined personalities and of the higher densities. The free will of each entity, however, was always paramount and only a bias could be offered. (B4,88)*

SEXUAL ENERGY IN 4TH DENSITY

RA: *In 4th density the choice has been made and the veil has been lifted. In positive polarities true sharing is almost universal. In negative polarities true blockage is almost universal; the conqueror obtains orgasm, the conquered almost never. (B4,111)*

4. THE SEVEN ENERGY BODIES

3RD DENSITY ENTITIES HAVE 7 ENERGY BODIES

DON: In our esoteric literature numerous bodies are listed, namely, the physical, etheric, emotional, and astral. Is this the right number?

1. THE RED-RAY BODY

RA: *This is your chemical body but it's not your physical body that wears clothes. It is the unconstructed material of the body, the elemental body without form. (B2,114)*

2. THE ORANGE-RAY BODY

RA: *This is the physical body complex. It is still not the body you inhabit, but rather the body formed without self-awareness, the body in the womb before the spirit/mind complex enters. This body may live without the inhabitation of the mind and spirit complexes, but seldom does so. (B2,114)*

3. THE YELLOW-RAY BODY

RA: *This is your physical vehicle which you know of at this time and in which you experience catalyst.*

4. THE GREEN-RAY BODY

RA: *This is a lighter body packed more densely with life. It is the body that is seen in seance. Some call it the astral body. Others have called it the etheric body, but this is not correct in the sense that the etheric body is that body of gateway wherein intelligent energy is able to mold the mind/body/spirit complex. (B2,115)*

5. THE BLUE-RAY BODY OR LIGHTBODY

RA: *The light body or blue-ray body may be called the devachnic body. (B2,115)*

RA: *There is always some difficulty in penetrating blue primary energy for it requires that which your people have in great paucity (ie, scarcity); that is, honesty. Blue ray is the ray of free communication with self and with other-self. (B2,121)*

6. THE INDIGO-RAY BODY

RA: *This is what we choose to call the etheric body. It is the gateway body. You may only see this body as that of light as it may mold itself as it desires. (B2,115)*

RA: *This is the first body that activates itself upon death. It is the "form-maker". This body remains until understanding has been gained by the mind/body/spirit complex. Then a body of another ray (eg. green) is activated. (B2.116)*

RA: *This indigo body, being intelligent energy, is able to offer the newly dead a soul perspective and a place from which to view the experience most recently manifested. (B2,117)*

7. THE VIOLET-RAY BODY

RA: *You may call this the Buddha body or that body which is complete. Within it lies a sense of wholeness which is extremely close to unity with all that there is. (B2,115)*

RA: *This may be seen to be manifested by a sense of the consecrate or hallowed nature of everyday creations and activities. (B2,121)*

THE EARTH ALSO HAS SEVEN ENERGY BODIES

RA: *You must see the Earth as being 7 Earths. There is red, orange, yellow, and there will soon be a completed green color vibratory locus for 4th density entities which they will call Earth. During the 4th density experience, the 3rd density sphere is not useful for habitation because the early 4th density entity will not know precisely how to remain undetectable by 3rd density. Thus in 4th density the red, orange and green energy nexi (centers) of your planet will be activated while the yellow is in potentiation along with blue and indigo. (B3,86)*

5. THE POWER OF CRYSTALS, PYRAMIDS AND SOUNDS

USING CRYSTALS

RA: *There are crystals that work on the energies coming into the spiritual body; there are crystals which work on the distortions from spirit to mind and those which balance the distortions between the mind and body. Without the relative crystallization of the healer working with the crystal, the crystal will not be properly charged. The other ingredient is the proper alignment with the energy fields of the planet. (B1,72)*

DON: Can intelligent energy be tapped and brought into the physical illusion by working through the crystalline structure?

RA: *This is correct only in so far as the crystalline physical structure is charged by a correspondingly crystallized or regularized or balanced mind/body/spirit complex. (B2,21)*

RA: *The uses of the crystal include the uses for healing, for power, and even for the development of lifeforms. We feel it is unwise to offer instruction (on how to do this) at this time as your peoples have shown a tendency to use peaceful sources of power for disharmonious reasons. (B2,23) - But some info is given on (B3,43)*

USING A SMALL PYRAMID SHAPE

THE PYRAMID SHAPE CATCHES PRANA

RA: *The pyramid shape is a collector which draws the in-streaming energy from the bottom or base, and allows this energy to spiral upward in a line with the apex. The energy is not Earth energy, but is light energy which is omni-present. (B3,55)*

RA: *The pyramid shape is an arrangement for the centralization of the spiraling upward light energy. The magnetic fields of an individual are affected by this spiraling energy. Certain shapes intensify the spiraling prana, the allpresent, primal distortion of the One Infinite Creator. Vaulted and conical shapes (like your tepees) also intensify spiralling light. Your caves, being rounded, are places of power due to this shaping. (B3,39)*

SIT ABOVE THE PYRAMID FOR NO MORE THAN 30 MINUTES PER DAY

RA: *The small pyramid shape, placed beneath a portion of the body complex may energize the body complex.*

This should be done for brief periods only, not to exceed 30 of your minutes. (B3,46)

DON: Would the pyramid shape be placed beneath the bed? (B3,48)

RA: *That is correct. It may be placed directly beneath the cushion (ie, pillow) upon which the body complex rests. We again caution that the 3rd spiral of upward lining light, that which is emitted from the apex of this shape, is most deleterious to an entity in overdose and should not be used over-long. (B3,48)*

DON: If I used a wire frame that was 4 pieces of wire joined at the apex running down to the base, and the pyramid were totally open, this would do the same thing to the spiralling light. Is this correct? (B3,55)

RA: *This is correct, but there are many metals not recommended. Expensive metals are best or wood or plastic. (B3,55)*

MAKE APEX ANGLE NO GREATER THAN 70 DEGREES

DON: The dangerous pyramid shape would be a 4 sided pyramid that was large enough to create the King's chamber effect. Is this correct?

RA: *That is correct with the additional understanding that the 76 degree apex angle is that characteristic of the powerful shape. (B3,50)*

DON: What angle less than 76 degrees would not produce this dangerous effect?

RA: *Any angle less than 70 degrees. (B3,50)*

THE DIMENSIONS

DON: You mean the sum of the 4 base sides should be 1.16 of the height of the pyramid? (B3,48-49)

RA: *That is correct... The most appropriate size for use beneath the head is an overall height small enough to make placing it under the cushion of the head a comfortable thing. (B3,120)*

RA: *The Giza pyramid offers an excellent model. be sure the pyramid is so small that there is no entity small enough to crawl inside it. (B3,121)*

THE PYRAMID AMPLIFIES THE 2ND SPIRAL OF LIGHT

DON: There are many people who are now bending metal by mentally requesting that it happen. What's happening?

RA: *As this 2nd spiral of light ends at the apex, the light there may be likened to a laser beam in the metaphysical sense and when intelligently directed may cause the bending (of iron) not only in the pyramid. This is possible through indigo contact with intelligent energy. (B3,56)*

WHAT ARE THE EFFECTS OF THIS RADIATION OF ENERGY?

RA: *The vibration offered by the energizing spiral of the pyramid is such that each cell, both in space/time and time/space, is charged as if hooked to your electricity. The keenness of mind, the physical and sexual energy of the body, and the attunement of will of spirit are all touched by this energizing influence. It is possible to overcharge a battery and this is the cause of our cautioning any who use such pyramidal energies to remove the pyramid after a charge has been received. (B3,120)*

RA: *There is no application for direct healing. In most cases it is most helpful in alleviating weariness and in the stimulation of physical or sexual activity. (B3,122)*

THE RADIATION PRODUCED IS MUCH LIKE THE SUN'S RAYS

DON: Is this spiraling light energy somehow connected to the indigo energy center?

RA: *This is incorrect. This energy moves within the field of the physical complex and irradiates each cell of the space/time body, and as this is done it also irradiates the time/space equivalent which is closely aligned with the space/time yellow ray body. This is not a function of the etheric body or of free will. This is a radiation much like your sun's rays. Thus it should be used with care. Any sudden feeling of weariness would be a sure sign that the entity had been over-radiated. (B3,121)*

SOUNDS OF POWER

DON: Rituals that have been used previously are effective because these words have built a bias in consciousness. Is that correct?

RA: *This is, to a great extent, correct. The exception is the sounding of some of what you call your Hebrew and some of what you call your Sanskrit vowels. These sound vibration complexes have power before time and space and represent configurations of light which built all there is. (B3,183)*

DON: Why do these sounds have this property?

RA: *In the case of Hebrew that entity known as Yahweh aided this knowledge through impression upon the material of genetic coding which became language. In the case of Sanskrit the sound vibrations are pure due to lack of previous alphabet or letter-naming. (B3,184)*

RA: *Of paramount importance is the magical personality. With the appropriate emotional will, polarity and purity, work may be done with or without the proper sound vibration complexes. However, there is no need for the blunt instrument when the scalpel is available. (B3,183)*

THE LAW OF ONE
Study Guide V.2

With Quotes from **A COURSE IN MIRACLES**

CHAPTER X

OTHER PLANETS

1. THE SIRUS SYSTEM - AN EXAMPLE OF BALANCE

THESE 3RD DENSITY ENTITIES EVOLVED FROM TREES

DON: I was wondering if the social memory complex from the Sirius star evolved from trees?

RA: *This approaches correctness.*

Those 2nd density vegetation forms which graduated into 3rd density upon the planet bearing the name of Dog were close to the tree as you know it. (B2,72)

THEY MUST MEDITATE UPON HOSTILE ACTIONS

DON: Since bellicose (fighting, warlike, etc) actions is impossible with vegetation, would they not have the advantage going, into 3rd density from the 2nd, of not carrying a racial memory of war and therefore develop a more harmonious nature and accelerate their evolution? (B2,72)

RA: *This is correct.*

However, to become balanced and to begin to polarize properly it is then necessary to investigate movements of all kinds, especially those that are bellicose. (B2,72)

DON: Would their investigations of bellicose actions be primarily of the type that they extracted from Charlie Hixon's memory rather than warfare among themselves?

RA: *This is correct.*

Entities of this heritage would find it nearly impossible to fight. Indeed, their studies of movements of all kinds is their form of meditation due to the fact that their activity is upon a level you would call meditation and this must be balanced, just as your entities need constant moments of meditation to balance your activities. (B2,72-73)

THEY MOVED WITHOUT MOVING THEIR LEGS

DON: We are told by Charlie Hixon that these entities moved without moving their legs. Is this a direct function of the mind somehow connected to the planet's magnetic action?

RA: *This is largely correct. It is an electromagnetic phenomenon which is controlled by thought impulses of a weak electrical nature. (B2,73)*

DON: Was their craft visible to us and made of 3rd density material like this chair?

RA: *This is correct.*

2. THE CONFEDERATION

THE CONFEDERATION SERVES THE CREATOR

RA: *I am one of the members of the Confederation of planets in the Service of the Infinite Creator. It contains those from your own planet who have attained dimensions beyond your third. It contains planetary entities from within your solar system and planetary entities from other solar systems. It represents approximately 500 planetary consciousnesses, all allied in service according to the Law of One. They are available to you through your thought. (B1,94)*

HOW MANY ON THIS PLANET CALL FOR YOUR SERVICES?

RA: *I am called personally by 352,000. (B1,97)*

WHAT IS THE RESULT OF APPLYING THE LAW OF SQUARES TO THIS?

RA: *The number is approximately meaningless in that there are many, many digits. It, however, constitutes a great calling which we of all creation feel and hear as if our own entities were distorted towards a great and overwhelming sorrow. It demands our service. (B1,97)*

DON: If the Confederation landed on Earth, they would be taken as gods, breaking the Law of Free Will and thus reducing their polarization of service to all.

[Ra did not disagree with this] (B1,150)

WHY THE CONFEDERATION WAS FORMED?

RA: *THE DESIRE TO SERVE BEGINS, IN THE DIMENSION OF LOVE OR UNDERSTANDING (4TH DENSITY), TO BE AN OVERWHELMING GOAL OF THE SOCIAL MEMORY COMPLEX. (B1,155)*

THOUGHT WARS

RA: *[In a thought war] the negative become depleted through failure to manipulate, and the positive become depleted through failure to accept what is given. (B1,214)*

DON: What is meant by "failure to accept what was given"?

RA: *The most accepting and loving energy would be to so love those who wished to manipulate that those entities were surrounded and engulfed, transformed by positive energies. This, however, being a battle of equals, the Confederation is aware that it cannot, on equal footing, allow itself to be manipulated in order to remain purely positive, for then though pure it would not be of any consequence, having been placed by the so-called powers of darkness under the heel, as you may say.*

Thus those who deal with this thought-war must be defensive rather than accepting in order to preserve their useful service to others. Thus they cannot fully accept what the Orion group wishes to give, that being enslavement.

Thus some polarity is lost due to this friction, and both sides must then regroup. (B1,214)

RA: *This is the most difficult work of the Confederation. Only four planetary entities at any one time are asked to partake in this conflict. (B1,214)*

DON: What density are these 4 planetary entities?

RA: *4th density. The 4th density is the only density besides your own which, lacking the wisdom to refrain from battle, sees the necessity of battle. (B1,214)*

3. UFOs

UFOS FROM THE CONFEDERATION

RA: *The crafts you call UFOs have not been used by us in your present space/time memory complex. (B1,94)*

DO ANY OF THE CONFEDERATION MEMBERS COME HERE IN SPACE CRAFT?

RA: *We must state that this information is unimportant. If you will understand this, the information may be offered. Each planetary entity wishing to appear within your 3rd dimension of space/time distortion must request permission to break quarantine, as you would call it. At present there are 7 which are operating with craft in your density. Their purpose is very simple: to allow those entities of your planet to become aware of infinity which is often best expressed to the uninformed as the mysterious unknown. (B1,95)*
Any request is laid before the Council of Saturn.

WHO ARE THE MEMBERS OF THE COUNCIL OF SATURN?

RA: *They are representatives from the Confederation and also those from those vibratory levels of your inner planes bearing responsibility for your 3rd density. The names are not important because there are no names. The name concept is not part of the Council. If names are requested, we will attempt them. However not all have chosen names. To back up this council, there are twenty four entities which offer services as requested and are called the Guardians. (B1,98)*

RA: *The Council has not allowed the breaking of quarantine in the time/space continuum. But permission has been granted to appear in thought form capacity for those who have eyes to see. However, there is a certain amount of landing taking place. Some are the entities known to you as the group of Orion. (B1,99)*

UFOS FROM ORION

RA: *Many UFOs seen in your skies are of the Orion group. They send out messages. Some are received by those who are oriented toward service to others.*

THESE MESSAGES THEN ARE ALTERED TO BE
ACCEPTABLE TO THOSE (POSITIVE) ENTITIES
WHILE WARNING OF DIFFICULTIES AHEAD.

This is the most that self-serving entities can do when faced with those who wish to serve others. (B1,124)

RA: *The contacts which the Orion group finds most helpful to their cause are those contacts made with entities (people on Earth) whose orientation is towards service to self. (B1,124)*

WHY DON'T THE ORION UFOs LAND IN MASS ON EARTH?

DON: Does it work better for those of Orion to work behind the scenes to get recruits who follow the Orion Crusaders of their own free will, or is it just as good for the Orion group to land on our planet and demonstrate remarkable powers and get people like that? (B1,151)

RA: *Working behind the scenes is better for the Orion group in that it does not infringe upon the Law of One by landing. A mass landing would create a loss of polarization [of the Orion group] due to the infringement upon the free will of the planet. However, it would be a gamble. If the planet were conquered and became part of the Empire, the free will could then be re-established. This is restrained in action due to the desire of the Orion group to progress towards the One Creator. This desire to progress inhibits the group from breaking the Law of Confusion. (B1,151)*

IN WHICH DENSITIES DO BEINGS NEED SPACESHIPS?

3RD DENSITY ENTITIES

RA: *For the most part those coming from distant points do not need craft as you know them. The question requires understanding you do not possess. We shall attempt to state what can be stated. There are a few 3rd density entities (for example, those from Sirius) who have learned how to use craft to travel between star systems while experiencing the limitations you now understand, namely very long flight times. (B3,7)*

4TH, 5TH AND 6TH DENSITY ENTITIES

RA: *4th, 5th and 6th density entities use one of two other means.*

(1) One type of craft can arrive without any time lapse at all, using a slingshot gravatic light effect. (B3,7)

(2) The other type is a type of experience (rather than a craft).

These entities have learned the necessary disciplines enabling them to view the universe as one being and, therefore, are able to proceed from one location to another by thought alone, materializing the necessary craft, if you will, to enclose the light body of the entity. (B3,7)

6TH DENSITY ENTITIES

RA: *In 6th density there are virtually no entities which any longer use outer technology for travel or communication. (B3,13)*

DO "CLOSE ENCOUNTERS" OCCUR?

RA: *They have occurred. We may note that in a universe of unending unity the concept of a "Close Encounter" is humorous, for are not all encounters of a nature of self with self? Therefore, how can any encounter be less than very, very close? (B3,19)*

HOW DID RA CONSTRUCT HIS SPACECRAFT?

DON: When you came to this planet in craft 18,000 and 11,000 years ago, these craft have been called bell craft and looked somewhat like a bell. Is this correct? - The were photographed by George Adamski(?). (B3,153)

RA: *This is correct.*

DON: Were these constructed in time/space or in space/time?

RA: *We ask your persistent patience, for our answer must be complex. A construct of thought was formed in time/space. This portion of time/space is that which approaches the speed of light. In time/space, at this approach, the conditions are such that time becomes infinite and mass ceases so that one which is able to skim the, shall we say, boundary of this time/space is able to become placed where it will (in space/time I suppose). When we were where we wished to be we then clothed the construct of light with that which would appear as the crystal bell. This was formed through the boundary into space/time. Thus there were two constructs, the time/space or immaterial construct, and the space/time or materialized construct. (B3,153)*

THE LAW OF ONE

Study Guide V.2

With Quotes from **A COURSE IN MIRACLES**

CHAPTER XI

MISCELLANEOUS TOPICS

MENTAL ILLNESS

We now experience green ray vibration

DON: Does the fact that the basic vibration that we experience now is green true color or 4th density account for the fact that there are many mental effects on metal objects, such as bending metal with the mind?

RA: *This is not only correct but may be taken further. The great number of entities with the so-called mental diseases is due to the effect of this green ray true color upon the mental configurations of those unready mentally to face the self for the first time. (B2,83)*

CHANGING SOCIETY

RA: *Those most active in attempting to remake or alter the society are those working from feelings of being correct personally or of having answers which will put power in a more correct configuration. These interactions most often concentrate upon the 2nd and 3rd energy centers. (B2,53)*

RA: *There are some few whose desires to aid society are of a green ray nature or above. These entities, however, are few due to the understanding of 4th ray that*

universal love freely given is more to be desired than principalities or even the rearrangement of peoples or political structures. (B2,53)

RA: *At the present space/time the conditions of well-meant and unintentional slavery are so numerous that it beggars our ability to enumerate them. (B4,76)*

ACIM: The sense of threat the world encourages is so much deeper, and so far beyond the frenzy and intensity of which you can conceive, that you have no idea of all the devastation it has wrought. You are its slave. You know not what you do in fear of it. (W;L#153, p.284)

DEATH

RA: *THE ONLY NEED AT DEATH IS THE RELEASING OF THAT ENTITY FROM ITS BODY BY THOSE AROUND IT AND THE PRAISING OF THE PROCESS BY THOSE WHO GRIEVE. BY THESE MEANS MAY THE ONE WHO HAS EXPERIENCED PHYSICAL DEATH BE AIDED, NOT BY CAREFUL AND REPEATED RITUALS. (B3,9)*

RA: *Natural death is most harmonious; the death by murder is confused and the entity needs some time/space in which to get its bearings. (B3,143)*

RA: *Death by suicide causes the necessity for much healing work and the making of a dedication to the 3rd density for the renewed opportunity of learning the lessons set by the Higher Self. (B3,143)*

THE MIND, BODY, AND SPIRIT

THE MIND/BODY/SPIRIT COMPLEX

RA: *The term "mind/body/spirit" should be used to refer to those entities dwelling in 3rd density prior to the veiling process. The term "mind/body/spirit complex" refers to those entities dwelling in 3rd density after the veiling process. (B4,109)*

THE MIND

RA: *The body is the material experienced in space/time or time/space. The mind reflects the in-pourings of the spirit and up-pourings of the body complex. It contains feelings and thoughts. Moving further down the tree of mind we see the intuition which is more in tune with the total being-ness complex. Moving down to the roots of mind we find the progression of consciousness which gradually turns from the personal to the racial memory, to the cosmic influences, and thus becomes a direct contractor of that shuttle we call the spirit complex.*

THE SPIRIT

RA: *This spirit complex is the channel whereby the in-pourings from all the various universal, planetary and personal in-pourings may be funneled into the roots of consciousness and whereby consciousness can be funneled to the gateway of intelligent infinity. (B2,25)*

THE BODY

RA: *What is important is the balanced blending of the energy centers in such a way that intelligent energy is able to channel itself with minimal distortion. The mind/body/spirit complex is not a machine. It is rather what you might call a tone poem. (B3,25)*

RA: *The body is the creature of the mind and is the instrument of manifestation for the fruits of mind and spirit. (B4,57)*

NUCLEAR ENERGY

BOTH POSITIVE AND NEGATIVE ENTITIES WERE INVOLVED

DON:How did we learn about nuclear energy? Was it mixed with both positive and negative orientation? (B1,120)

RA: *That is correct. The entities responsible for the gathering of the scientists were of mixed orientation. The scientists who developed nuclear energy were overwhelmingly positive in their orientation. The scientists who followed their work were of mixed orientation, including one extremely negative entity who is still on Earth. (B1,121)*

THE REINTEGRATION OF SOULS IS NEEDED IN A NUCLEAR EXPLOSION

RA: *The use of intelligent energy transforming matter into energy is of such a nature among these weapons that the transition from space/time 3rd density to time/space 3rd density, or what you call your heaven-worlds is interrupted in many cases. There is a need for re-integration of souls when these nuclear devices are used in your space/time continuum. This is a service we may perform. (B1,219)*

RA: *Those who were destroyed, not by radiation, but by the trauma of energy release, found a disarrangement of that unique vibratory complex you have called the spirit complex, without possibility of re-integration. This would be a loss to the Creator and we were given permission, not to stop the events, but to ensure the survival of the disembodied mind/body/spirit complex. (B1,219)*

MESSAGES FROM MICHAEL

RA: *There are some distortions in the descriptions of the one known as Michael; however, these distortions have to do primarily with the fact that these entities are not a social memory complex, but rather a group of mind/body/spirit complexes dedicated to service. These entities work together, but are not completely unified; thus they do not completely see each others thoughts, feelings and motives. However, their desire to serve is the 4th dimensional type of desire, thus melding them into what you might call a brotherhood. [Reference was made to a book, "Road in the Sky" by George Hunt and the mention of the elder race] (B1,147)*

THE URANTIA BOOK

DON: Who transmitted the Urantia Book?

RA: *This was given by a series of discarnate entities of your own Earth planes, the so-called inner planes. This material was not passed by the Council. (B1,141)*

ATLANTIS

RA: *They were able to use intelligent infinity in an informative manner. They used intelligent energy as well, manipulating greatly the natural influxes of the indigo or pineal ray from divine or infinite energy. Thus, they were able to create life forms. This they began to do instead of healing and perfecting their own mind/body/spirit complexes, turning their distortions toward what you may call negative. About 11,000 years ago 40% of them died in the first war. About 10,821 years ago in your illusion the 2nd war, the most devastating one, caused earth-changing configurations and the larger part of Atlantis was no more. Some escaped to Tibet, Peru, and Turkey. (B1,115)*

RIGHT BRAIN/LEFT BRAIN

RA: *It may seem that the rational or analytical mind might have more of a probability of pursuing the negative orientation. However, this same ability to structure abstract concepts and to analyze experimental data may be the key to rapid positive polarization. Those whose analytical capacities are predominant have somewhat more to work with in polarizing. The function of intuition is to inform intelligence. As you may see, these two types of brain structure need to be balanced in order that the net sum of experiential catalyst will be polarization and illumination; for without the acceptance by the rational mind of the worth of the intuitive faculty, the creative aspects which aid in illumination will be stifled. (B2,124)*

TRUE COLOR

RA: *Each of the true color densities has the 7 energy centers and each entity contains all this in potentiation. The activation, while in yellow ray, of violet-ray intelligent infinity is a passport to the next octave of experience. (B2,122)*

DON: We have a device for color therapy. Can you tell me something about it?

RA: *It is a variably useful tool. The variableness of this device is due to the lack of true colors used, and secondly, to the extreme variation in sensitivity to vibration among your peoples. (B2,45)*

DON: I would think you could achieve a true color by passing light through a crystal of that particular color. Is this correct?

RA: *This would be one way of approaching accuracy in color. (B2,45)*

TIME/SPACE AND SPACE/TIME

IN CARNATION TAKES YOU FROM TIME/SPACE TO SPACE/TIME

RA: *The incarnative process involves being incarnated from time/space to space/time. (B3,145)*

DON: As an entity goes through the death process in 3rd density it finds itself in time/space. Would you describe that. (B3,158)

IN TIME/SPACE, TIME IS MORE FLEXIBLE

IN SPACE/TIME, SPACE IS MORE FLEXIBLE

RA: *In space/time the spatial orientation of material causes a tangible framework for illusion. In time/space the inequity is upon the shoulders of what you call time. This property renders entities and experiences intangible in a relative sense.*

In your framework each particle or core vibration moves at a velocity which approaches what you call the speed of light from the direction of superluminal velocities. In these metaphysical planes there is a great deal of what you call time which is used to review and re-review the learn/teachings of a prior, as you would call it, space/time incarnation.

The extreme fluidity of these regions makes it possible for much to be penetrated which must needs be absorbed before the process of healing of an entity may be accomplished. Each entity is located in a somewhat immobile state much as you are located in space/time in a somewhat immobile state in time (ie, it's not that time is immobile but that the flow of time is unchangeable and lacking in mobility). Depending upon this time/space locus there will be certain helpers which assist in this healing process. The process involves seeing in full the experience, seeing it against the backdrop of the mind/body/spirit complex

total experience, forgiving the self of all mis-steps as regards the missed guideposts during the incarnation and, finally, the careful assessment of the next necessities for learning. This is done entirely by the Higher Self until an entity has become conscious in space/time of the process and means of spiritual evolution at which time the entity will consciously take part in all decisions. (B3,157)

RA: *In space/time it is not possible to determine the course of events beyond the incarnation but only to correct present imbalances. In time/space, on the other hand, it is not possible to correct any unbalanced actions but rather to perceive the imbalances and thusly forgive the self for that which is. The advantage of time/space is that of the fluidity of the overview. The advantage of space/time is that, working in a darkness with a tiny candle, one may correct the imbalances. (B3,158)*

TIME/SPACE HAS ITS OWN STRUCTURE AND LAWS

RA: *Time/space is no more homogeneous than space/time. It is as complex and complete a system of illusions, dances and patterns as is space/time and has as structured a system of what you may call natural laws. (B3,152)*

DON: Are the processes that we are talking about processes that occur on many planets in our Milky Way Galaxy, or do they occur on all planets, or what percentage?

RA: *These processes occur upon all planets which have given birth to sub-Logoi such as yourselves. (B3,158)*

THERE'S A TIME/SPACE FOR EACH SPACE/TIME

DON: The Higher Self is reluctant to enter the negative time/space because then it has to incarnate in negative space/time. Can you explain this? (B3,151)

RA: *In time/space, which is precisely as much of your self as is space/time, all times are simultaneous just as, in your geography, your cities and villages are all functioning, bustling and alive with entities going about their business all at once. So it is in time/space with the self. Each time/space is an analog of a particular sort or vibration of space/time.*

When a negative time/space is entered by an entity the next experience will be that of the appropriate space/time (ie, a negative space/time). This is done by the form-making body of a mind/body/spirit complex which places the entity in the proper time/space for incarnation. (B3,151)

THE SIGNIFICATOR

RA: *The Significator of the Spirit is that living entity which either radiates or absorbs the love and the light of the One Infinite Creator and either radiates it to others or absorbs it for the self. (B4,52)*

THE ARCHETYPICAL MIND

RA: *The archetypical mind may be defined as that mind which is peculiar to the Logos of this planetary sphere. Thusly, unlike the great cosmic all-mind, it contains material which it pleased the Logos to offer as refinements to the great cosmic being-ness. The archetypical mind, then, is that which contains all facets which may effect mind or experience. (B3,179)*

RA: *The Magician was named as a significant archetype. It represents not a portion of the deep subconscious but the conscious mind and more especially the will. The archetype called by some the High Priestess, then, is the corresponding intuitive or subconscious faculty. (B3,179)*