Stardust and the Consciousness of Stars

by Gregory Sams



Galaxy ngc1232b.

ave you ever wondered why your spirits are lifted on a sunny day and not in a hot bright room, or paused to consider that the energy of your life is itself the recycled light of the Sun? Have you spent more of your life

thinking about suntans, sunglasses, and sun block than about the nature of the star in your movie: the movie of Life? As you read these words, the energy that moves your eyes and the energy with which you comprehend their meaning is the light of our Sun being expressed through a new medium: you.

Is there any reason why we cannot consider whether that which brings us the light of life might be conscious of life itself? Scientists who may argue over whether or not consciousness is an illusion will agree that it is one of the greatest mysteries of our existence. This, even though it is consciousness that is seeking to understand itself. So how can we be sure that nothing else experiences this mysterious experience that we cannot understand? We cannot be sure; we simply perpetuate a well-entrenched religious tradition. Scientific thought seems not to entertain the idea, dismissing it out of habit.

Sun Seen As a God

The default mode for humanity was always to see our Sun as a conscious entity with divine status. This was the case across the globe, regardless of which culture or century you choose to visit, until Christianity and the Roman Empire combined in the fourth century. It was not science that made us look on Sun worship as primitive and ignorant, but the Roman Church which took a very dim view of anybody who disagreed.

So unlike the ancients, we now view the Sun as some dumb ball of hot gas that just happens to provide us with the light of life. But science has discovered a great deal about this hot ball of plasma (it's not actually gas) and its stellar siblings and other stars turn simple hydrogen and helium into all the elements that constitute us and the world around us, from carbon and oxygen, to iron and gold. They are the transmutation engines of the cosmos. By weight, 93 percent of the matter in your body was once stardust.

We know that stars turn matter itself into the energy of light, agent of the electromagnetic force. Light informs us of the world around us and brings it energy. Light is the catalyst in photosynthesis, when the atoms of air and water molecules are rearranged into the basic building blocks of the entire vegetable world, on the land and in the sea. During this, the energy of Sun's light is stored in plants and their seeds, transferring to us when we eat those basic foods, or another animal that ate them. This is the energy that powers life and consciousness.

We are stardust, powered by starlight.
This much we know.

Makeup of the Sun

Unlike the ancients, we know that stars are complex and interconnected balls of plasma. Our Sun has seven distinct layers, all performing different functions, with some of them rotating around each other at different speeds. Its powerful corona, an invisible energy field, occupies more space than the Sun itself and is thought to manage various solar features including sunspots, solar flares, coronal filaments, and coronal mass ejections. We identify



connecting the corona to the Earth, and NASA recently discovered a magnetic portal the diameter of Earth that connects the Sun's corona to our planet, through which tons of high-energy particles pass at eight-minute intervals. We know that the solar wind spinning off the Sun's corona twists into a giant electromagnetic bubble, the heliosphere, which embraces and protects the solar system as it travels through the galaxy at nearly 500,000 miles per hour. Scientists rank the Sun's corona as its most mysterious feature. Perhaps it is as great a mystery as human consciousness.

Unlike the ancients, we know that all those stars in the night sky are related to

our Sun. We see that most stars live as couples, called "binary systems" by astronomers, and that they are not scattered randomly but live in communities called "stellar clusters." Every star sends its own unique signature note out into space, and is connected to other stars via electromagnetic fields that criss-cross the galaxy.

Galactic Connection

Electromagnetic fields have now been discovered spanning deep space, connecting galaxy to galaxy. We humans use the photons expressed through electromagnetism in virtually all the technology involving information transfer, from smart phones to wi-fi, optic cables to MRI scans. Light is the medium of sight. Our cells use photons to communicate with each other and photons are expressed by neurons in our brains. We find plants communicating with photons as well. It does not seem far-fetched to consider that the photons of these little-understood electromagnetic fields linking stars and galaxies are there for the same purpose: exchange of information.

Perhaps, if scientists abandoned that old religious taboo against considering consciousness in anything other than us or things like us, they would not need fixes like "dark matter" to explain why galaxies refuse to behave like accidental mechanical systems. NASA describes dark matter as the name given to the solution for a problem that has not yet been solved.

Perhaps the reason galaxies don't fall apart is because they are not stupid balls of gas, but a joined-up community of intelligent super-beings. Just a thought.

It is not that the Sun's behavior absolutely proves that it, or other stars, are conscious beings, just that from an unbiased viewpoint, scientific or otherwise, this seems the most likely option. It is the default option we always held until it was burned from our culture, literally, by a jealous Church. Now, with the data at hand and burning at the stake out of vogue, let us reconsider this idea with an open mind.

Stellar Cosciousness

Unlike us, the ancients gave great importance to the influence of stars and planets upon the course of our lives. Perhaps they knew something that would bring added value to what we now know of the cosmos. Stellar consciousness does change everything. And from the personal perspective, can there be anything more important to our spiritual health than recognizing who stars in the movie of life? Ω

In the 1960s, Gregory Sams co-pioneered



natural and organic foods in the UK, later introducing Vegeburger to the culture. He then spent some years spreading the news

of chaos theory and is now the author of two books: Uncommon Sense: The State Is Out of Date (chaOs worKs, 1998) and Sun of gOd: Discover the Self-Organizing Consciousness that Underlies Everything (Red Wheel/ Weiser, 2009). Both are available from Amazon and selected booksellers.

In the Light of a Conscious Sun

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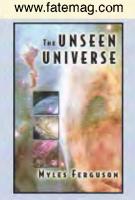
Earth is the only planet not named after a god.

The Unseen Universe

Myles Ferguson has traveled to the outskirts of known consciousness and to the edges of our universe. He shares his lifetime of discoveries in this book:

- Out-of-body journeys
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- Time travel
- Past-life memories
- Many other paranormal experiences None of this is uncommon. It is a normal part of our lives, and opens our minds and hearts to the ever-

expanding universe.



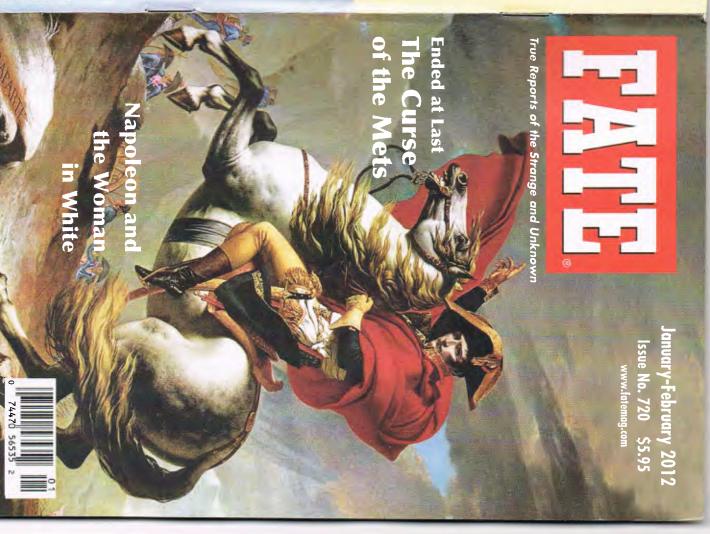
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