

I believe in God but no creed.

I believe the body to be but host to an immortal soul.

I believe in the survival of personality.

I believe in progress from plane to plane.

I believe the earth to be but a school for the soul.

I believe the understanding of natural law to be the aim of life on earth.

I believe the road to understanding lies through suffering.

I believe in re-incarnation till all truisms are—altruism is—understood.

I believe we are guided on our road by discarnate personalities.

I believe the reward of understanding is the joy found in serving others.

UNFOLD
HORIZON

"Oh, the heart of a friend
Is a place sweet and rare
To love, to enrich, to enjoy.
Respond, if you will,
To its charm and its thrill
While forgetting
the cares that annoy
Yes, the heart of a friend
Is the one thing I prize,
As life lengthens
and twilight descends.
The last thing I ask,
As I finish my task,
Is to live
in the heart of my friend."

RULES OF FORTEAN SCEPTICISM

JEROME

Jerry Clark gave five rules for the Fortean sceptic.

1. DON'T ASSUME THAT THE EXPERTS ARE NEVER WRONG. They are human and make mistakes too. And experts out of their field are amateurs.
2. DON'T BELIEVE EVERY STORY YOU HEAR.
3. DON'T GET EMOTIONALLY INVOLVED IN PROVING OR DISPROVING A CASE. Some people get emotionally involved and begin to care more about saving face than facts.
4. DON'T HESITATE TO CRITICIZE A FINDING. There's a difference between one who doubts and one who denies.
5. DON'T KNOWINGLY PERPETUATE ERRORS. The worst thing you could do is knowing pass on errors. There are genuine mysteries that may have quite ordinary solutions.



"INFO Journal", Arlington, Virginia, No 40, March/April 1982, page 23.

"THE VOICE OF UNIVERSARIUS", JUNE 1982

TEN COMMANDMENTS OF HUMAN RELATIONS

1. Speak to people. There is nothing as nice as a cheerful word of greeting.
2. Smile at people. It takes 72 muscles to frown — only 14 to smile.
3. Call people by name. The sweetest music to anyone's ears is the sound of their own name.
4. Be friendly and helpful. If you would have friends, be friendly.
5. Be cordial. Speak and act as if everything you do is a genuine pleasure.
6. Be genuinely interested in people. You can like everybody if you try.
7. Be generous with praise cautious with criticism.
8. Be considerate of the feelings of others. It will be appreciated.
9. Be thoughtful of the opinions of others. There are 3 sides to a controversy — yours, the other fellow's, and the right one.
10. Be alert to give service. What counts most in life is what we can do for others.

PEACE IN THE WORLD'S GREAT RELIGIONS

CHRISTIANITY. "Blessed are the peacemakers, for they shall be called the children of God."

CONFUCIANISM.Seek to be in harmony with all your neighbours ... live in peace with your brethren."

BUDDHISM. "There is no happiness greater than peace."

HINDUISM. Without meditation where is peace? Without peace where is happiness?"

ISLAM "God will guide men to peace. If they will heed Him, He will lead them from the darkness of war to the light of peace."

TAOISM. "The wise esteem peace and quiet above all else."

SIKHISM "Only in the Name of the Lord do we find our peace."

JUDAISM "When a man's ways please the Lord he maketh even his enemies to be at peace with him."

JAINISM. "All men should live in peace with their fellows. This is the Lord's desire."

ZOROASTRIANISM. "I will sacrifice to peace, whose breath is friendly."

BAHA'I "War is death while peace is life."

SHINTO "Let the earth be free from trouble and men live at peace under the protection of the Divine."

31

The Great Invocation

From the point of Light
within the Mind of God
Let light stream forth into
the minds of men.
Let Light descend on Earth.

From the point of Love
within the Heart of God
Let love stream forth into
the hearts of men.
May Christ return to Earth.

From the centre where the
Will of God is known
Let purpose guide the little
wills of men —
The purpose which the
Masters know and
serve.

From the centre which we
call the race of men
Let the Plan of Love and
Light work out.
And may it seal the door
where evil dwells.

Let Light and Love and
Power restore the Plan
on Earth.

COMMONPLACE

"A commonplace life," we say, and we sigh.
But why should we sigh as we say?

The commonplace sun in the commonplace sky
Makes up the commonplace day.

The moon and the stars are commonplace things,
And the flower that blooms, and the bird that sings;

But dark were the world, and sad our lot,
If the flowers failed, and the sun shone not.

And God, who studies each separate soul,
Out of commonplace lives makes His beautiful whole.

"The Voice of Universalities"
Susan Coolidge
FEBRUARY 1988

The Prayer of St. Francis of Assisi

Lord, make me an instrument of Thy peace...
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.
O Divine Master, grant that I may not so much
seek to be consoled as to console;
to be understood as to understand;
to be loved as to love;
for it is in giving that we receive;
it is in pardoning that we are pardoned;
and it is in dying
that we are born to eternal life.

An Experience

There's a Sun at the centre of every one
A glorious radiant Sun
Of creative light the seed of life
From which we each become.

This Sun at the centre of every one
With its lovely golden hood
Is our link with God and all that's good
If we only understood.

This Sun at the centre of every one
Is the source of our strength and power.
To observe its force is to know our course
Which life and work enflower.

J. D. L.

PLANETARY COMMANDMENTS

It is time for you to relate to all that is and to be in harmony with all.

1. Revere the God force in all things.
2. Honor the Universe and all created matter in it.
3. Honor and respect *all* lifeforms—not just human—here and beyond Earth.
4. Honor your physical planet.
5. Honor the space around your planet and beyond.
6. Put no destructive devices in space.

Virginia Essene: "Cosmic Revelations" (1987)

OPTIMISM

**Talk happiness. The world is sad enough
Without your woes. No path is wholly rough;
Look for the places that are smooth and clear,
And speak of those, to rest the weary ear
Of Earth, so hurt by one continuous strain
Of human discontent and grief and pain.**

**Talk faith. The world is better off without
Your uttered ignorance and morbid doubt.
If you have faith in God, or man, or self,
Say so. If not, push back upon the shelf
Of silence all your thoughts, till faith shall come:
No one will grieve because your lips are dumb.**

Talk health. The dreary, never-changing tale
Of mortal maladies is worn and stale.
You cannot charm, or interest, or please
By harping on that minor chord, disease.
Say you are well, or all is well with you,
And God shall hear your words and make them true.

ELLA WHEELER WILCOX

THE YOUNG AT HEART

Youth is not a time of life -
 it is a state of mind, a temper
 of the will, a quality of the
 imagination, a vigor of the emo-
 tions, a freshness of the deep
 springs of life. Nobody grows
 old merely by living a number of
 years; people grow old by de-
 serting their ideals. Years
 wrinkle the skin, but to give up
 enthusiasm wrinkles the soul.
 Whether 60 or 16, there is in
 every human heart the lure of
 wonder, the undaunted challenge
 of events, the unfailling child-
 like appetite for what's next,
 AND THE JOY OF THE GAME OF LIVING.
 We are as young as our self-con-
 fidence, as old as our fear; as
 young as our desire, as old as
 our despair.

Author: Unknown.

"Love is the act of extending or increasing the well-being of other forms of life and decreasing their misery".

**Yada
Through Mark Probert
California
26 July 1963**

"THE VOICE OF UNIVERSARIUS", JUNE 1986

"The Voice of Universarius", June 1986

"COORDINATE POINT, DECEMBER 1979

A PERSIAN ROSARY

By Mirza Ahmad Sohrab

1. Love and serve humanity. 2. Praise every soul. If you cannot praise him, let him pass out of your life. 3. Dare, dare and then — dare more. 4. Do not imitate. Be original. Be inventive. Be yourself. Know yourself. Stand on your own ground. Do not lean on the borrowed staffs of others. Think your own thoughts. 5. There is no saint without a past. There is no sinner without a future. 6. See God and good in every face. All the perfections and virtues of the Deity are hidden in you. Reveal them. The Saviour also is in you. Let his grace emancipate you. 7. Be cheerful. Be courteous. Be a dynamo of irrepressible happiness. Assist everyone. Let your life be like unto a rose; though silent it speaks in the language of fragrance. You are a trinity of body, mind and soul. The food of the soul is Divine Love. Therefore, feed your soul on Divine Love — so that the body and the mind be invigorated. 8. Be deaf and dumb concerning the faults of others. Do not listen to gossip. Silence the tale-bearer with virtuous conversation. 9. Stop the circulation of the poisonous germs of religious fanaticism through your veins and arteries and those of your children. Never argue with any soul concerning his religious beliefs. Religious controversies lead to hatred and separation. Religion is Love and Fellowship not theological dogmas and creeds. When you have Love and Sympathy in your heart for your fellowmen, you have the highest type of religion, no matter by what name you may call yourself. Rest assured that the emancipation of the world is through the Nameless God of Love and in Nameless Religion of Love. 10. Develop the qualities of essential goodness. Every soul is endowed with the attributes of intrinsic beauty. Discover those attributes and hold them before the world. 11. Religion is a personal relation between man and his maker. For God's sake, do not interfere with it, do not organize it, neither try to reduce it to so many statements. Organization, in whatever form, is the death-knell of religion. Do not preach this. Practice and teach it. Let no one dictate to you regarding what you should or what you should not believe and do in your spiritual life. The ultimate authority is the Authority of the Spirit within you and not that of any man, dead or alive. The Unerring Witness is standing in the centre of your being — all powerful mighty and supreme! His is the final testimony. His is the court of last appeal. 12. God's love is in you and for you. Share it with others through association. Do not court separation from the creatures, but unite with them in love. To know yourself through your fellowmen is to know God. 13. Have courage. Realize your divine origin. You are the ray of the Sun of Immortal Bliss. You and the Father are one. The deathless, radiant Self is in you. Reverence your Celestial station. No harm will ever come to you. God's perfect image and likeness you are, abiding in the fort of his Protection. Association with all the people will lead to spiritual unfoldment and not to the deterioration of the soul. Live above the world of faith and infidelity; religion and atheism; orthodoxy and Liberalism, truth and error; angel and devil; and you will be living with, and in God. . . . **THE GOD OF ABSOLUTE GOOD, the GOD OF ABSOLUTE BEAUTY, THE GOD OF ABSOLUTE PERFECTION.** 14. In religion there is no compulsion. The path to spiritual unfoldment is not by restrictions and constraints; not anathema and excommunication, but by constant progress from world to world, from star to star, from constellation to constellation, forever and without end. 15. The light of lights is in your heart. Uncover it, and let it shine for the illumination of mankind. Do not expect a favor from friend or foe, and you shall never be disappointed. 16. Overcome malice, envy, personal spite and prejudice, and you are the master of Destiny. 17. Do not condemn a single soul. In condemning him, you are condemning yourself. Never for an instant forget that he is also the child of God. Upon the great sea of spirit, there is room for every sail. In the limitless sky of truth there is room for every wing. 18. Do not murder the character of a soul, under the guise of religion, either by bitter blame or faint praise. Spiritual murder is worse than the taking of a man's life. Have a sin covering eye. See only the beautiful, the lovely, the noble. 19. Be gentle. Be lenient. Be forgiving. Be generous. Be merciful. Be wakeful. Be thoughtful. Be frank. Be positive. Soar in the atmosphere of freedom. Walk in your chosen path and let no criticism disturb you in the least. This is the way to success, to happiness, to health, to prosperity, to glory. Let me walk in it during the days of my life!

SEARCH" MAGAZINE, AMHERST, WISCONSIN
FALL 1983, PAGE 10

Jim Goure's EFFECTIVE PRAYER

1. I release all of my past, negatives, fears, human relationships, inner self, future, human desires and judging to the Light.
2. I am a Light being.
3. I radiate the Light from my Light center throughout my being.
4. I radiate the Light from my Light center to everyone.
5. I radiate the Light from my Light center to everything.
6. I am in a bubble of Light and only Light can come to me and only Light can be here.
7. Thank you God for everything, for everyone and for me.

Repeating this prayer builds Divine Energy, says Jim Goure, founder of United Research at Black Mountain, N.C. As a result, the violent energy associated with earth changes' cataclysms can be moderated or toned down, resulting in a gradual release or transformation of energy; thereby, eliminating disaster. Currently, United Research's purpose is to "basically pray effectively for planet Earth every day as often as we can. We are trying to get to 24 hours a day," says Goure. He also says United Research conducts educational and research programs such as studying the effects of music and colored light rays in healing. As of yet, however, Goure says, "I haven't had enough time to see whether it is going to be effective or not." Goure can be reached at United Research, P.O. Box 1146, Black Mountain, N.C. 28711.

ROSARIO PERSA

por Mirsa Ahmad Sohrab

1. Ama y sirve a la humanidad
2. Ensalza a todas las almas. Si no puedes ensalzarlas, déjalas salir de tu vida.
3. Atrévete, atrévete y luego -atrévete más.
4. No imites. Sé original. Sé inventivo. Sé tú mismo. Conócete a ti mismo. Permanece en tu propio terreno. No te apoyes en las muletas prestadas de los demás. Ten tus propios pensamientos.
5. No hay santo sin pasado. No hay pecador sin futuro.
6. Ve a Dios y la bondad en cada rostro. Todas las perfecciones y virtudes de la Deidad están ocultas en ti. Revélalas. El Salvador también está en ti.
Deja que su gracia te emancipe.
7. Sé alegre. Sé cortés. Sé una dinamo de alegría inextinguible. Asiste a todo el mundo. Deja que tu vida sea como una rosa; ésta habla en silencio el idioma de la fragancia. Eres una trinidad de cuerpo, mente y alma. El alimento del alma es el Amor Divino. Por consiguiente, alimenta tu alma en el Amor Divino, para que el cuerpo y la mente se revigoricen.
8. Sé sordo y mudo respecto a las faltas de los demás. No escuches los chismorreos. Silencia al cuentista con una conversación virtuosa.
9. Detén la circulación de los gérmenes venenosos del fanatismo religioso que atraviesa tus venas y arterias, y las de tus hijos. No discutas nunca con otras almas respecto a sus creencias religiosas. Las controversias religiosas conducen a la enemistad y la separación. La religión es Amor y Confraternidad, no los credos y los dogmas teológicos. Cuando tienes Amor y Simpatía en tu corazón, por tus semejantes, posees el tipo de religión más elevado, sin importar con qué nombre puedas llamarla. Ten la seguridad de que la emancipación del mundo está en el Dios Sin-nombre del Amor y en la Religión Sin-nombre del Amor.
10. Desarrolla las cualidades de una bondad esencial. Cada alma está dotada con los atributos de la belleza intrínseca. Descubre dichos atributos y disfrútalos ante el mundo.
11. La religión es una relación personal entre el hombre y su creador. Por consideración hacia Dios, né la interfieras, no la organices, ni intentes reducirla a tantas afirmaciones como hay. La organización, de cualquier forma que sea, es el tañido fúnebre de la religión. No prediques la religión. Prácticala y enséñala. No dejes que nadie te dicte acerca de lo que deberías creer o no creer, y sobre lo que deberías hacer en tu vida espiritual. La autoridad última es la Autoridad del Espíritu que está dentro de ti, y no la de cualquier hombre, vivo o muerto. El Testigo Infalible está permanentemente en el centro de tu ser -de manera todopoderosa y suprema!. Él es el testimonio final. Él es el tribunal de apelación última.
12. El amor de Dios está en ti y para ti. Compártelo con los demás por medio de la asociación. No te separes de las criaturas, únete con ellas en el amor. Conocerte a ti mismo, a través de tus semejantes, es conocer a Dios.
13. Ten valentía. Conciénciate de tu origen divino. Eres un rayo del Sol de la Gloria Inmortal. Tú y el Padre sois uno. El Yo radiante e inmortal está en ti. Honra tu situación celestial. No te sucederá ningún daño. Eres la perfecta imagen de Dios, semejante a Él, si permaneces bajo la fuerza de su Protección. La asociación con todos los demás te conducirá a la apertura espiritual, y no al deterioro del alma. Vive por encima del mundo de la fe y la infidelidad, de la religión y el ateísmo, de la ortodoxia y el Liberalismo, de la verdad y el error, de lo angélico y lo demoníaco; y estarás viviendo con Dios y en Él... EL DIOS DE LA BONDAD ABSOLUTA, el DIOS DE LA BELLEZA ABSOLUTA, EL DIOS DE LA PERFECCIÓN ABSOLUTA.

14. En religión no puede haber coacción. El camino hacia la apertura espiritual no se realiza por la fuerza y las restricciones, ni con el anatema y la excomuniación, sino mediante el constante progreso de mundo en mundo, de estrella en estrella, de constelación en constelación, para siempre y sin final.
15. La luz de las luces está en tu corazón. Descúbrela, y déjala brillar para la iluminación de la humanidad. No esperes favores de amigos o enemigos, y nunca te sentirás desilusionado.
16. Vence la malicia, la envidia, el odio y el prejuicio personal, y serás el dueño del Destino.
17. No condenes ni a una sola alma. Al condenarla, te condenas a ti mismo. No olvides ni un solo instante que él es también hijo de Dios. En el gran océano del espíritu, hay lugar para cada embarcación. En el ilimitado cielo de la verdad hay sitio para todas las alas.
18. No destruyas el carácter de un alma a base de la apariencia religiosa, del amargo reproche o del ensalzamiento desalentador. Matar espiritualmente es peor que acabar con la vida de un hombre. Conserva una visión a cubierto de pecado. Ve únicamente lo hermoso, lo amable y lo noble.
19. Sé agradable. Sé benigno. Perdona. Sé generoso. Sé misericordioso. Sé alerta. Sé concienzudo. Sé franco. Sé positivo. Sube a la atmósfera de la libertad. Camina por el sendero que has escogido, y no dejes que las críticas te molesten lo más mínimo. Éste es el camino hacia el éxito, hacia la felicidad, hacia la salud, hacia la prosperidad y la gloria. Permíteme caminar por él durante los días de mi vida!

Traducción del Inglés: ANTONIO MOYA CERPA

20 de Noviembre de 1.987.

Decide to network

**Use every letter you write
Every conversation you have
Every meeting you attend**

**To express your fundamental beliefs and dreams
Affirm to others the vision of the world you want**

Network through thought

Network through love

Network through the spirit

You are the center of a network

You are a center of the world

You are a free, immensely powerful source of life and goodness

Affirm it

Spread it

Radiate it

Think day and night about it

And you will see a miracle happen.

the greatness of your own life

**In a world of big powers, media, and monopolies
But of four and a half billion individuals**

Networking is the new freedom

the new democracy

a new form of happiness

Robert Muller

"The Voice of Universarius", Taylor, Arizona, May 1986

September 24th, 1971

Miss Janet Gregory
34a Barnsdale Road
London W9 3LL, England
Gran Bretaña

Dear Miss Gregory,

have on the table your suggestive letter, written into a very fine English. Of course, clear, evident connection between religious apparitions and UFO contacts cases. The question of the truth concerning the comprehensive universe, the whole cosmic problematic, is an immensely complex matter. On the other hand our planetary variety ecological media and geographical, racial, hysterical, cultural differences among the races, the nations, the religions, are equally profoundly remarkable. Therefore any one's intent in order to understand the universal truth surely must be of a comparable complexity. I think this is precisely the cause of such a baffling proliferation and variety of cosmic superior powers (CSP) localizations, and, and this portion comes carefully adapted to mental & social characteristics of the receiver people. Furthermore, I believe the CSP lack deliberately itself, in order to grate into other elements "outside" the true doctrine give us the pure truth, but they throw it to our face mixed with lies, contradictions and ambiguities, for they offer to us the truth (a special, actually tangled web of truth), but never the evidence, in order to preserve in circumstances of the world the peace of choosing and human free will. For this reason the claims of contacts are not so convincing and so ridiculous, impossible. Most contactees says the honest truth, but the truth which they have received, a truth a little less honest. So the content of contactees words must be meticulously analyzed and sieved for separating the wheat from the weed. No doubt such a filtered, sophisticated contactees' "truth" contains an astonishing amount of real, actual, and genuine concerning the nature, structure and laws of the universe. The difference with the "accounts" released by the alleged entities from the planet Uranus, is that the "truth" of the existent universes and anti-universes is infinite, and on they all "God" is God, and "possibilities". In the future, when ufologists compile the whole information from the past, the contact-claimants who have brought to us messages of such a high degree, will surely be regarded as the most highly regarded and deeply significative. The messages of such a high degree, are logic headings, by different subjects, after a scrupulous study and screening. The messages probably come from many different classes of CSP, but it is highly degree, some kind of a very complex, and sophisticated interplanetary confederation when they work on Earth business, showing that extraterrestrials take action upon our planet under a firm, coherent and central authority, but in order their activities with a showy, roughneck. The christian apparitions are only one of the messages among the multiple, polyvalent manifestation of contact-affairs, which was designed in order to have an influence on European and Latin American between apparitional and "contact" phenomena. There does not exist an actual difference between apparitions and "contact" phenomena. Which of them do you prefer, Miss Gracovsky? With my best wishes.

July 20th, 1971

Mr. John Simpson
111 Warringah Road
Narraweena, Sydney
N.S.W. 2099
Australia

[illegible]

Excerpts from the book... "RAMTHA"

Edited by Steven Lee Weinberg, Ph.D.

SOVEREIGNTY, INC.

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"For ages you have been taught that God is outside of you, somewhere in the fathoms of space. Many of you have believed this and accepted it as a truth. But I am here to tell you that God, the principal cause of all life, has never been outside of you—it is you. It is the wonderful thought processes, the supreme intelligence that lies silent and ever-present within man.

"You have been taught that you are born only to live in a moment of time, to grow old, and then die. Because you have believed this to be true, it has indeed become the reality of your life upon this plane. But I am here to help you realize that you are indeed an ongoing, immortal essence who has been living billions of years."

God in Man

"Man has always looked outside of himself to find answers and reasons for his fate and his destiny. It has always been more comforting to blame the silent stars, or the rule of kings, or the 'will of God,' than to look within to the creator of all realities. It has always been easier to seek out priests and prophets and seers for guidance than to believe that oneself is wise enough to be the giver of it.

"As long as you look outside of yourself for reasons and answers, you will never hear the voice within you—the giver of all truth and the creator of all that is. You will always be at the hands of superstitious beliefs and outrageous reasonings that blind you to the awesome power and infinite understanding that you truly possess."

Love of Self

"There is no greater love in life than the love of self. There is no greater love. For it is from that embrace of self that freedom exists. And it is from that freedom that joy is born. And it is from that birth that God is seen, known and embraced. The greatest, deepest, most meaningful love is the love of the pure and innocent self, the magnificent creature that sits within the walls of flesh, that moves and contemplates, creates, allows and is.

"When you love who you are, however you are, then you will know this magnificent essence that I love—that is behind all of the faces and within all things. Then you will love as God loves. Then it is easy to love. Then it is easy to forgive. Then it is easy to see God in all life.

"There is no greater purpose in life than to live for the love and fulfillment of self. And that can only be achieved by partici-

pating in this life and doing those things which bring you happiness—regardless of what they are! For who shall say it is wrong, or that it is not good for you? God would never say that, for he will be every direction you turn and the result of everything you experience. And don't ask others what they think. What would they know of joy when their lives have been burdened by the same limitations that have plagued yours!"

Good and Evil

"There is no such thing as evil. There is only the platform of life that allows man the option to create from his thinking whatever he chooses. That is the only reality there is. In that reality, God allows the illusion of evil to be created through superstition, dogmatic beliefs, and the very limited, cloistered attitudes of mankind. And through the continuous observation, judgment, and expectancy of evil, it does indeed exist in one's reality—but only in his reality, for as he believes, so his kingdom is.

"Man, not God, judges man. And man, in his creativity, has devised the balance of good and evil to take from his brothers their freedom of expression. The fear of punishment for not being in line with religious dogma or the laws of governments has been the sword that has ruled and controlled nations for ages. And if ever there were what you call in your terms an "evil" thing, it is that which takes away the freedom of an entity to express the God within him. And each time that is done to another, it is also being done to self—and more profoundly so. For whatever judgment or limitation you place upon another, it becomes a law within your own consciousness; and by that law, so shall you be limited, and so shall you judge yourself.

"Everything that you have ever done, however beautiful or vile you have determined it to be, you have done simply for the sake of knowing. You were pressed by your soul and your passions to do it, in order to learn. Only by doing it did you realize and ascertain its value, and thus gain from it. That is neither evil nor is it wicked; that is what it takes to become God."

Purpose in Life

"Everyone thinks that they must have an excuse for their existence. 'Ah, master,' they say unto me, 'what is my destiny here, my purpose in this life? I know there is a reason I am supposed to be here.' So I tell them, 'Life!' and they are most perplexed and unhappy, for they are waiting to hear of a very elaborate plan where they will rise above a great mount and be draped in gold,

with birds singing around their head, and they shall be the salvation of humanity.

"You know, living has become such an overlooked and unappreciated experience, that everyone looks for something other than life to do. But your greatest accomplishment in life will be living through it. That is, perhaps, not precisely the understanding that you are wanting to hear, but, I assure you, when you come close to dying you will appreciate that answer."

Worship

"As long as you serve or worship or devote yourselves to anything outside of yourselves, you will never express the sublime beauty that you are, nor will you ever become truly free. The only way to peace and happiness and fulfillment in your life is to worship and love yourself—for that is loving God—and to love yourself greater than anyone else, for that is what will give you the love and steadfastness to embrace the whole of humanity."

Awakening to Understanding

"There are many upon your plane who are questioning their lives and why they are slaves to the hypocrisy of government, of dogma, of society, and where in turn they lead. They are beginning to love themselves and others enough to see beyond the film of limited consciousness and to rise above it.

"They are awakening to the understanding that there is an essence that lies within them and within all people that is gentle and loving and wise. They are beginning to realize that all of the prophecies, and all of the tales, and all of the fears that have governed mankind for so long, have not manifested. They are questioning who they are and why, if they are to love God, must they be frightened of him.

"Consciousness on this plane is changing. The limitations of understanding which have caused man to be a beastly creature, generation after generation after generation, are being lifted to permit man to be the sublime God-essence that he is.

"These times are the greatest of all times in your recorded history. Soon, a magnificent kingdom will emerge here, and civilizations will come forth that you had not even the slightest notion existed. And a new wind will blow. And love, peace, and joy in being will grace this blessed place, the Emerald of your universe and the home of God." ■

21 MAR. 1986

RULES FOR BEING HUMAN



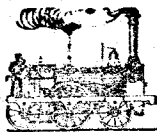
1. You will receive a body. You may like it or hate it, but it will be yours for the entire period this time around.
2. You will learn lessons. You are enrolled in a full-time informal school called life. Each day in this school you will have the opportunity to learn lessons. You may like the lessons or think them irrelevant and stupid.
3. There are not mistakes, only lessons. Growth is a process of trial and error and experimentation. The failed experiments are as much a part of the process as the experiments that ultimately work.
4. A lesson is repeated until learned. A lesson will be presented to you in various forms until you have learned it. When you have learned it, you can then go on to the next lesson.
5. Learning lessons does not end. There is no part of life that does not contain its lessons. If you are alive, there are lessons to be learned.
6. "There" is no better place than "here." When your "there" becomes a "here," you will simply obtain another "there" that will, again, look better than "here."
7. Others are merely a mirror of you. You cannot love or hate something about another person unless it reflects to you something you love or hate about yourself.
8. What you make of your life is up to you. You have all the tools and resources you need. What you do with them is up to you. The choice is yours.
9. Your answers lie inside you. The answers to life's questions lie inside you. All you need to do is look, listen and trust.
10. You will forget all this.
11. You can remember anytime you want to.

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refrigerator in
Toronto**

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Peace!

Are You Ready For Cosmic Awareness And The New Age?



Are you among the millions who need threats of punishment, hell and damnation to keep you on the spiritual path? If so, you are not ready for Cosmic Awareness.

Are you among the millions who see devils and evil forces behind every rock, tree, face, sign, song, concept or change? If so, you are not ready for Cosmic Awareness.

Are you among the millions who use your ideals and beliefs, your spirituality to judge, compare, condemn and evaluate your neighbors and associates? If so, you are not ready for Cosmic Awareness.

Are you among the millions who would martyr yourself, your loved ones, your children's happiness and welfare, your nations' people to sacrifice and suffer in a present life in hopes of gaining some reward in a future life? If so, you are not ready for Cosmic Awareness.

Are you among the millions who need a personality cult, with some personality, a deity or teacher to idolize, bow down to, to hang your soul upon in hopes of being blessed for your submissive groveling? If so, you are not ready for Cosmic Awareness.

Are you among the millions who seek security through systems and teachings that ask you to believe without question an activity, book, method or personality who claims by its own authority and that of its followers to be the only answer, the only truth, the final word of wisdom? If so, you are not ready for Cosmic Awareness.

Are you among the millions who would condemn, hurt, or kill your fellow humans if they threatened your beliefs, which teach you not to condemn, hurt or kill your fellow humans? If so, you are not ready for Cosmic Awareness.

Are you among the millions who seek reassurance for your beliefs and attempt to avoid any information that leads to questioning or doubting your beliefs? If so, you are not ready for Cosmic Awareness.

If You Still Think You Are Ready For Cosmic Awareness, Read On:

Are you among the few who can question your own most cherished beliefs? If so, you are ready for Cosmic Awareness.

Are you among the few who can listen to beliefs and ideas of others which are in conflict with your own, not to find fault with these, but to examine for any possible value to yourself? If so, you are ready for Cosmic Awareness.

Are you among the few who can conceive of the possibility of a Universe which is itself a living, conscious Being that is aware of all of its parts, loves them all, and whose parts may change but never die? If so, then you are ready for Cosmic Awareness.

Are you among the few who can imagine your soul to be a cell in the body of that Universal Being? A soul or cell that is the image of the Universal Creator, even as your own cells contain the DNA coded image of yourself? If so, you are ready for Cosmic Awareness.

Are you among the few who can conceive of the possibility that the biblical story of the Garden of Eden might be a story of your own birth and consciousness? That the Garden of Eden was the womb, Adam the conscious mind, Eve the sub-conscious, their expulsion from the garden being your birth into this earth; the serpent, being the Kundalini energies, the tree of knowledge as the rational (rationed) consciousness based only on the fruit of the five external senses, with the tree of wisdom representing the entire holy (whole or cosmic) consciousness? If so, you are ready for Cosmic Awareness.

Are you among the few who can conceive of the possibility that the Christ, is actually a level of consciousness, a Cosmic Consciousness, Crystal Clear born of virgin purity, that spoke through the man Jesus, to tell the people the Way, Truth and Light through the Crystal Consciousness to the Kingdom of Heaven within oneself? If so, you are ready for Cosmic Awareness.

Are you among the few who look beyond the teacher of the message to the message itself, to study its value in your life? If so, you are ready for Cosmic Awareness.

Are you among the few who could read the messages from Cosmic Awareness and neither believe nor disbelieve, but use them to stimulate your thoughts and launch your own consciousness toward search and discovery for yourself? If so, you are ready for Cosmic Awareness.

Are you among the few who can conceive of surrendering yourself to die into a universal consciousness, to live in this world but be not of it, knowing yourself to be a Universal Being expressing through the physical body but not being trapped in it or owing your conscious existence to it; are you capable of seeing the body as your carriage, while being aware that you as driver of the carriage may come and go from it if you desire? If so, you are ready for Cosmic Awareness.

If you are among those millions who are not ready for Cosmic Awareness, it would waste your time to read on; but if you are among the few who are ready for Cosmic Awareness, indeed this message is for you. Read on:

Cosmic Awareness Comes, Like A Thief In The Night, To Bring The Ancient And True Religion To Earth To Establish A New Age, A New World, A New Millennium

While there can only be one Universal Truth, there are thousands and thousands of organized religions and spiritual cults upon this earth. Each claiming and sincerely believing itself to be the truest and best of all possible religions. Each has some special piece of evidence to use as proof of its authority and claims. These claims are based on any or several of the following kinds of evidence: (Examples showing the absurdity of using such evidence as proof, follows each.)

1. Proof from Authority: "It must be so, our leaders says it's so."
2. Proof from a group of Authorities: "They all say so, it must be so."
3. Proof from Antiquity: "It was written in 10,000 B.C. so it must be true."
4. Proof from Circumstance: "I asked for a sign and the dog barked, it must be so."
5. Proof from Friends: "All my friends do it, it must be o.k."
6. Proof from Phenomena: "He gave me a drink of something and it cured my pain, he must be the messiah."
7. Proof from Self-Proclamation: "I wouldn't say it if it were not so."
8. Proof from Feeling: "It hurts so much it must be helping."
9. Proof from Investment: "Everybody's paying so much for it, it must be valid."
10. Proof from Confusion: "I can't understand it, so I'll have to believe in it."
11. Proof from Popularity: "Everyone says the world is flat, except you, Columbus."
12. Proof from Mis-interpreted Evidence: "For many years now it has turned cold after the leaves have fallen from the trees, we must fasten the leaves more securely to keep the weather warm."
13. Proof from Charisma: "Look at that face, the smile, those eyes, the hair and mustache, how can you not be devoted to him? Heil Hitler!"
14. Proof from Inner Guidance: "A voice in my head said to steal was O.K. so I stole it."
15. Proof from Credentials: "The sign said 'Honest John's Used Cars, so I assumed . . .'"

MYSTIC POEM BY RUMI



I died as a stone and I became a flower.

I died as a flower and I became an animal.

I died as an animal and I became a human being.

So why should I be afraid of death ?.

Did I at anytime become worse or less through death ?.

Someday I'm going to die as a human being.

And I will be an Angel of a dream , a light being.

But my way goes forward.

Everything but God disappears.

I will be such which nobody has heard of ,

Which nobody has seen.

I will be a star with all stars

The star that lightens life and death.

THE 23rd PSALM FOR BUSY PEOPLE

The Lord is my Pacesetter, I shall not rush.
He makes me to stop and rest for quiet intervals.
He provides me with images of stillness, which restore my serenity.

He leads me in ways of efficiency, through calmness of mind,
and his guidance is peace.

Even though I have a great many things to accomplish,
I will not fret, for His Presence is here.

His calmness, His all-importance will keep me in balance.
He prepares refreshment and renewal in the midst of my activity.

By anointing my mind with His oils of tranquillity,
my cup of joyous energy overflows.

Surely harmony and effectiveness shall be the fruits of my hours,

For I shall walk in the place of my Lord
And dwell in His house forever.

November 1st, 1989



Our very dear Sonia,

Mariluz (Mary + Light (being this the very substance of God)) and this Loyolian friend give to you our hearty thanks for your astonishingly warm, heartfelt welcome in the imperial capital of Music. You dulcify the somehow hard beauty of Vienna. We are afraid you are a human being. Mariluz and Ignacio have become surprised by the Sonian balanced and matured attitudes facing life and your smooth, tender method of engineering the complex affair of friendship. That is, you are a glowing jewel of flesh. You desperately need an exponential broadening of the most meritocratic self-esteem. You are, you know, you feel it, an outsider. Thanks God. Because your coefficient of spiritual energy is an Everest in a world of materialistic plains. You have a beautiful soul that heighten your environment. We have been enriched by your etherial touch. We should like to permeate our élan vital by the Sonian style. If we are friends of Sonia, we are friends of God.

The Light and Truth be your home.

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