

his "mind" or his subconsciousness had been "implanted," somehow, into the body of an "Israeli General," during the war between Israel and Egypt in October 1973. Pat obtained impressions from the UFOLK that he had lived several lifetimes as a Jewish military officer, fighting Romans, and other enemies of Israel.

Although Pat is puzzled by these impressions, he now wonders if these impressions are connected with his compulsion to buy and wear a large belt buckle which features a "star of David." Now, he also wonders if these impressions, or memories, are connected with a (precognitive?) feeling, which occurred in 1973: a "vision" while watching a TV news program, that Israeli military forces would move toward Cairo, only to be stopped by USA paratrooper forces. Pat said that his "vision" was confirmed in a conversation with a young man, wearing a USA Army jacket with an 82nd Airborne "patch," who worked as a temporary crew member on the well. Then, Pat began to doubt the claim of the young man, because no mention was made in the public news about the USA military forces in Egypt during October of 1973.

Pat is puzzled about the significance of these impressions about possible past lifes; these impressions are not consistent with his childhood training. However, he accepts the possibility that he may have received "instructions," in 1967, to begin plans for digging the well; he describes his efforts in digging the well to be similar to the compulsive behavior of the hero in the movie, Close Encounters of the Third Kind. Pat is puzzled by the impressions, or memory, of a message from the UFOLK that they would "bring the water" if he would dig the well; however, he knows that the well exists, and he knows that several neighbors and companies have tried, without success, to drill other wells in nearby locations.

What can be concluded from the experiences of Pat McGuire? What are his impressions of UFOLK who steal a cow and who monitor his life and well and irrigation system? Pat is puzzled by these strange experiences, but he is aware of several changes in his life:

- 1) After 1973, he experienced anxiety whenever he tried to hunt in thick timber; now, after hypnotic time regression procedures, he again enjoys hunting trips to Western Wyoming.
- 2) He recognizes the possibility that the "flying saucer", which picked up one of his cows, could have picked up a cow unobserved on the other side of the ridge. He interprets this experience as an indication that "they" wished to be observed. Now, he no longer holds the view that animal mutilations are performed by humans; he believes that UFOLK are "in charge."
- 3) Pat no longer fears the presence of UFOLK; the monitoring of the well and irrigation activities seems to be a benign,



or neutral, rather than a hostile, activity.

4) Pat does not know how to interpret the impressions of "past life" experiences; however, they are vivid impressions. He can accept the possibility that "past lives" impressions are "fantasies" or that they are "real." In either event, his attitudes are those of a person who cares about other humans, especially children, and he now believes that UFOLK are "governors" of humankind.

### Significance of UFO Contact

What can be concluded from the investigations of UFO abductees and contactees?

If one listens to these persons as they describe their initial memories or impressions of abductions, then one can conclude that these persons view themselves as <u>captives</u>. Most of these persons are frightened; sometimes these persons are frantic and almost hysterical as they describe their abductors, and as they "relive" the abduction experienced during hypnotic regression sessions (Sprinkle, 1977).

If one watches these persons during their daily activities, one often sees them as obsessive - compulsive (or creative!) in their behavior. Contactees often act as if they were collaborators: working with unseen demons who push, nag. cajole, and/or encourage the contactees to complete a project or mission. Some contactees feel obliged to move to another area; some begin reading about ancient civilizations; some receive impressions or messages of scientific theories and devices; some receive impressions or messages of "future" events.

If one observes UFO contactees over a span of years, then one could offer another hypothesis: these persons are changing from Planetary Persons to Cosmic Citizens (Sprinkle, 1979a). These individuals seem to exhibit a caring concern for all humankind, as if they are experiencing compassion for all other persons, not only their immediate family and friends. They seem to have developed many of the characteristics which have been described as "Cosmic Consciousness" (Sprinkle, 1976b).

Objections. Of course, there are many objections by skeptical investigators about these claims, and impressions, which arise during hypnotic time regression procedures. Experienced investigators, e.g., Lawson (1979), and Hendry (1979), raise questions about the uses of hypnosis in evaluating UFO abduction claims. There seems to be little objective "proof" to substantiate the claims of UFO contactees. But there is a tentative hypothesis which can be explored about the difference between UFO "observers" and UFO "witnesses."

Hypothesis of UFO Witnesses. Experienced investigators are in a position to consider one specific hypothesis about UFO contactees: UFO



"observers" who become "witnesses" increase their opportunities to develop successful lives. In other words, the hypothesis can be stated as follows: those persons who claim UFO encounters, but who refuse to "go public", may experience personal difficulties in developing successful lives; those persons who claim UFO encounters, and who become "witnesses" or who are willing to "go public", may risk social ridicule but their personal lives will be enhanced. (if the reader/listener has seen the movie, "Oh, God," starring John Denver and George Burns, then he/she is aware of the model or paradigm: Hero/Heroine experiences a series of strange, and bothersome, "coincidences" or psychic manifestations; Hero/Heroine is reluctant to become a "witness" or to tell other people about the experiences; the manifestations continue. Then, Hero/Heroine decides to follow the urge and give the "message" to the public or to the rest of the world. The twofold message is simple: God exists; be kind to one another. Hero/Heroine experiences social ridicule, but gains spiritual maturity and a sense of personal satisfaction in completing the task or mission!)

As an example, here is a letter written on January 10, 1980, to a woman, Peggy, who is frightened and puzzled about her UFO experiences and her feeling that she is being monitored by UFOLK. The letter is written by Ms. Ann Canary of Denver, Colorado. Fourteen years ago, Ms. Canary experienced an UFO encounter, including abduction; bodily examination; out-of-the-body experience; and near-death experience. For 12 years, she lived in fear of ridicule and rejection by family and friends. After hypnotic regression procedures to assist her in recalling and integrating her memories of her UFO experiences, she has become more open in discussing her experiences, and she is more willing to share her beliefs about the significance of UFO contact: the merging of "science" and "spirituality."

Now, she sees herself as a "Cosmic Citizen" who is dedicated to the welfare of all humankind, and she feels an affinity to all existence. She is concerned about the current crises in Earth's political, economic, and military conflicts' however, she is optimistic about the scientific and spiritual development which can emerge. She writes to Peggy as follows:

January 10, 1980

Dear Peggy,

I received your letter yesterday and will try to write you what words I can that may help you or a least give you some reassurance and comfort. I did receive a letter with your name and address and request for me to correspond with you from Leo several days ago--but I had company with me until January 6 so had no privacy for letter writing. Sorry for the delay in getting with you.

First, I would suggest that you get a loose leaf notebook and try to keep a record of your feelings and experiences. Keep it next to your



bed and record as much of your experience(s) as you can remember. It may prove very helpful in future months in trying to find your own explanation for what has been happening to you.

I am not clear as to what you mean when you write, "zapped my mind." Could you explain further. Is this a telepathic communication, or do you feel that you are being monitored physically in some way? I ask this question for I have found that they work in each individual in a different way. With some individuals they seem to pursue biological knowledge. With others they are more interested in your mental capabilities (thoughts or knowledge in a particular area they are concerned with communicating with you about—like law enforcement on Earth, or how you feel about being a teacher, engineer, etc.)

With others they appear to be interested in what motivates you or your morality or ethical conduct towards others. Your inner spiritual awareness, open mindedness, and conduct within yourself towards your surroundings.

I am not sure that I can tell you what they want or why they seem to be paying attention to you at this time in your life. This is one of the major questions we all have to try to deal with—why?

I am not positive that they are from space--but they could be. I have often wondered if they are not multi-dimensional and are here to study and learn about our world. I believe they are from space, but I have no proof; and they certainly do not respond to the known laws of physics or science as we know it. Their communication with me has been thru various dreams and telepathic means.

I feel that what they wanted from me was for me to become aware of the reality of our living Universe. They do on occasion check on me or monitor me in some way. I can usually feel their presence and hear a slight ringing when they are looking me over. They seem to check on the progress we make here—and after they establish contact with you they can always locate you.

Peggy, don't be afraid of them. In the first place-those that I have had contact with in the past may have appeared to have been "cold" in their dealings with me-but basically they are very intelligent and clinical in their approach to us. They do not understand human emotional reactions and I think that this is one reason they have not made themselves public or obvious beyond doubt to this planet.

I believe, like I stated above, that they keep coming back to monitor and check up on my progress. To see how I am progressing with the knowledge that has come my way and that I have been receptive to as a result of my experience with them several years ago. Peggy, I do not have solid answers for you—but you can rest assured that you are not alone. There are many of us—and each of us has experienced something unique that has changed our concepts about our Universe, our Planet, ourselves.



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Try to pray often and meditate within yourself. Keep an attitude of peace if at all possible. You may have an opportunity to learn and grow as a human being that could prove to be most worthwhile and very rare. There are many questions to be answered and it appears that each one of us is given only a small part of the puzzle.

So, keep faith with yourself. You and you alone know what has happened. You may not be able to prove it (none of us can at this point in time), but the important thing is that you believe in yourself, and what you have experienced. There are some books that you might try to find and read. At the close of this letter I'll send you some suggested titles and the names of the authors.

Try to learn all that you can--and keep an open mind. I would suggest that you be careful in so far as who you share your experiences with. Keep a diary and stay open for the possibilities for learning and growth.

I believe that what they want from all of us is to assist us in our individual growth as far as our selves and others we come into contact with—as well as learning about Earth and its civilization. They are (I hope and believe) trying to help this planet evolve into a higher state of awareness. We are too backward in our beliefs and we must change or face the strong probability of destroying ourselves and our world.

I do hope that some of what I have written to you will be appropriate and helpful. It is always easier to sit and talk with another person face to face but I guess we will have to try to help each other thru letters. If you wish to write further questions to me I'll try to help you in any way that I can. I am not going to have all of the answers—but I may be able to give you some ideas and some insight in so far as what I have learned these past 14 years.

Thank you for your letter and keep your courage up. Peggy, you are not alone with all of this. There are many many people with questions and desiring explanations re their experiences and all of us just do what we can to help each other and make our lives as SANE as possible in the process. Your own reality and understanding will be affected by all of this so as I said before—get in touch with yourself and stay open within so that you can learn from all of this.

Love and Peace,

(Signed) Ann

Here is another example of an UFO contactee, Ida M. Kannenberg, who has described her 1940 UFO experience, and who has shown the courage and willingness to share the "messages" which she receives from her UFO mentor, Hweig. In a letter dated February 21, 1980, she writes as follows:





Feb. 21, 1980

Dear Leo.

Hweig has read along with me your proposed paper on contactees and abductees. He is particularly intrigued by the phrase "captive collaborators."

"You are exactly that", he says, "But only because you want to be. Each of you has sometime in his or her life asked to be of benefit to his fellow-man, to be of some service to the world. So we give you the opportunity to be just that! Where else, how else, could you quiet, little, unobtrusive people find a way to be of so great a benefit to your people and to your world? Where else the opportunity? Who else would give you the years of encouragement, the tedious years & years of guided development, the constant attendance and monitoring and direction of your intent?

"We offer opportunities no one else could possibly do, as we have great and mighty colleagues to call upon, personalities of many natures other than what you call "human," forces and powers you never dreamed of. We give you opportunity, direction, and developed capacities to do just what you have prayed & begged to do - help your own people, save your own world from destruction and terror."

Thus speaketh Hweig.

(Signed) Ida

#### Summary and Conclusions

This paper has summarized a survey of more than 200 persons who claim to have experienced some kind of psychic impressions which are related to UFO encounters. Also, a list of approximately 50 persons was presented, with a brief summary of their UFO experiences which were explored through hypnotic time regression procedures. These persons described impressions, or recalled memories, of apparent abduction and examination by alien beings or UFOLK.

The paper has explored briefly the general hypotheses that UFO contactees view themselves as "captives" or "collaborators" or as "Cosmic Citizens." The writer suggests that UFO investigators continue to work with UFO contactees so that they can give consideration to the specific hypotheses that UFO contactees improve their personal lives when they decide to "go public" or to become more open and honest about their UFO encounters.

I wish to thank those persons who have given permission for their names to be used in this paper; I commend them for their cooperation and their courage.



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