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would call an etheric grid, a system of power lines which govern the structure of its being. If you look at any country, on an etheric level, you can see a sight comparable to an x-ray photograph of the human body. You can see the inner etheric pattern of the country. So a pilgrimage in any country becomes, in a sense, a journey of self-exploration, of awareness, of your country's higher being. It is also a journey of self-discovery, as the Master has just said, because you are an integral part of your country. Depending on your point of consciousness you will be attracted to an appropriate centre of power in your country. That is why people are attracted to differing places of power within a certain country.

Q: It was mentioned that the forthcoming Earth changes would make some power centres disappear. Could you explain what was meant by that please?

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ZT: This planet is approaching a time in its evolutionary cycle when it will change dramatically, rather like a snake throwing off its old skin. Every so many thousands of years, no matter whether Humanity is in incarnation on the Earth or not, this planet goes through a metamorphic change as part of its natural cycle. As your physical body replaces itself every seven years, so does the planet's body. This is essential for the planet in order to preserve the creative, the reproductive nature of its being. So at its appointed time the planet goes through a cycle of transformation. This involves movement of the planet's landmasses, movement of the waters, and the restructuring of the matter of the Earth.

Now, in that Humanity lives on the Earth, it is affected by and, indeed, affects this process. For example, if Humanity were to explode nuclear weapons of a significant size upon the Earth, the surface of the Earth would be dramatically affected. Therefore the need for the soil to be both cleansed and renewed would be accelerated and the planet would respond to this threat to its fertility. Please understand that the Earth is not an insentient, powerless being. The Lord of this planet, that being who you know as Mother Earth, the Goddess, is a great planetary being, possessing profound wisdom and power. By the invocation of a single word she can transform the whole nature of her being. Ultimately, although she has released partial dominion to Humanity, she controls the planet and the nature of what manifests on its surface. Nature is her nature. She allows Humanity to mistreat her being at this time as part of Humanity's evolutionary lesson, but at any time she can

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take back the authority that she has extended to Humanity, the more so if the very safety of the planet is threatened.

Anyone looking with an aware eye can see that the planet needs to be revitalised, regenerated, made new. If Humanity continues to abuse the environment in the way that it is now doing then the day will soon arrive when it will be difficult, not just for Humanity, but for all lifeforms, to sustain life. So be aware that this moment of rebirth is coming. The timing and the nature of the changes are known only to God. Whilst Humanity can, and will influence these changes, it can not and will not prevent their happening. The test for Humanity lies in its acceptance of the Earth changes as a natural and necessary happening, as an event which it has chosen to experience.

Q: If just one in one hundred people were aware and would direct their energies to the healing of the planet, would this be enough to save the world?

ZT: You must understand that there are two cycles of evolution that are in operation at this time - Humanity and the Earth. The Earth's cycle would take place whether Humanity lived on its surface or not. It is a natural cycle which affects all the planets in our solar system. Humanity's cycle is peculiar to Humanity and is part of an ongoing evolutionary process on many levels of existence, in many Ages, which is designed to lead Humanity back to God consciousness, to merging with the Source of its creation. At this time in history the Earth's and Humanity's destinies interlock.

Now you talk of the concept of a small percentage of Humanity changing and of this changing the world and its destiny. Just one person on the Earth, by uplifting their point of consciousness, their soul note, will change the whole consciousness of Humanity. As you uplift your being, so you uplift the whole Human Race. Every least sacrifice made helps to transform the whole Human Race. But the human cycle is separate from the Earth's cycle. Whilst Humanity's behaviour in thought, word and deed modifies the nature of the Earth's cycle, it cannot prevent it from taking place. You cannot stop a natural process from taking place, unless you are a God, of course! You cannot stop the process of birth and death, and so it is with the Earth. So do not think of the events that are to come in terms of desirable or undesirable, as something that can be invoked or avoided. Rather, just as a woman cannot stop her own menstrual flow, so you cannot stop the menstrual flow of the Earth.

You are eternal beings of creation. You are not limited by this Earth or by your physical body. They are the tests which you have to face at this time. You are not of the Earth or of the body, for you are divine, you are gods in the making. Recognise your birthright. Become attached to that which is divine and is eternal, become non-attached to that which is of the Earth and is mortal, and in that you truly do that then you will be able to understand and release, in the twinkling of an eye, all that appears as darkness. The suffering that you perceive is the suffering that Humanity has created. Your God does not create suffering. Humanity suffers through its own ignorance, through its own lack of understanding of the true relationship of the human spirit with the human form. For those who truly recognise the divinity of both the form and the spirit there is Heaven on Earth, which is your birthright.

## QUESTIONS AND ANSWERS

Q: I find it very hard to be non-attached to what I call environmental issues, because I feel it threatens human existence on the planet. For example, we know that certain countries are cutting down their rain forests. Should I be non-attached to the plight of the rain forests and not fight to preserve them? It seems to me that non-attachment can be a recipe for inaction.

ZT: Obviously it is a fact that the rain forests are being destroyed by Humanity's ignorance and avarice. Everyone knows that trees are being cut down and that this will affect the environment, but you also have to be aware that in the eternal scheme of things Nature will correct this temporary imbalance. The Goddess will take action to preserve her being and to restore balance to her Kingdoms. Humanity is just scratching the surface in the timescale of the Earth's evolutionary pattern. For example, are you aware of all the destruction caused by the civilisation of Atlantis? No! So recognise that the Earth, like your own physical body, has amazing powers of regeneration. So Humanity's pollution of the environment today is not a fatal disease, simply a passing illness.

Nevertheless, it is important that those of you who feel strongly about right relationship with the planet and about exercising right stewardship should work to the highest of your consciousness and ability to bring about public awareness of this situation and to change governmental

attitudes. It is both right and proper that you should care, but you should take care not to become attached to the fruits of your actions. If you fight a long battle and then lose, do not feel that you have failed and become despondent. Do not let it affect other aspects of your life. Recognise that the Divine Plan supersedes your desires, no matter how pure is your motivation. All that you can do is to work from the highest of your being and to always act with probity. Everything that you do is part of your learning experience. That is why you are here. Finally, remember that nothing is ever lost. Every effort that you make, every least sacrifice that you make, uplifts the consciousness of Humanity and goes on your karmic record.

Q: So even if a rain forest is lost, Humanity can still gain in consciousness?

ZT: Yes.

Q: But surely the destruction of the rain forests is not part of God's Plan? Surely it is Humanity that is causing the destruction and God is just the observer of that. God is just allowing Humanity to do it.

ZT: If you accept that you are an aspect of God in physical manifestation, that God's energy impels every molecule of matter around you, that God's Will manifests on the Earth, then you must also accept that within the Divine Plan provision has been made for certain aspects of Nature to be sacrificed in order to further the evolution of human consciousness. Finally, please remember that life is not real. Nothing ever dies. Nothing is ever lost.

Q: So Humanity is allowed to make mistakes so that it can learn both from the mistakes and the consequences of those mistakes?

ZT: Yes, that is correct. It could be said, for example, that God does not want Humanity to fight wars. As each war that Humanity fights becomes more and more horrific, so many people pray to God to stop wars. Now you might suppose that such a prayer, from a sincere person, would be reason enough for God to intervene and stop a war, but God does not. Why should this be so? Firstly, because Humanity would still continue to create the political climate in which war was the only solution and, secondly, because the death and sacrifice of every war provides Humanity with a great learning experience. Remember that no-one really dies in any battle, because the spirit never dies, and that the 'death' experience is a great vehicle for raising human

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consciousness, both for those who partake of it and for those who observe it.

Q: Can you tell us when the Christ Consciousness will return to Earth and usher in the New Age of Aquarius?

ZT: When any human being is born there are really only two beings who know of the timing of that birth and they are the soul to be born and its Creator. Now many great beings have a profound knowledge of the plan for human evolution. There can therefore be many understandings, many interpretations, as to the timing of an event as significant as the return of the Christ Energy. However, such an event is not controlled by any earthly clock or calendar. Therefore, truly, no being knows the exact timing of such an event. What I can say, however, is that those of you who are open to the Christ Energy will sense a great shift of energy when that event does indeed occur. It will not be an instantaneous thing. The change will manifest over a period of one or two years, but people will suddenly become aware of a great shift in human emphasis, what I will call a relieving of pressure. It is rather like someone who has been seriously ill for a long time suddenly becoming aware that the healing process has begun and that their body is on the mend. So I believe that most people will not be aware of the Christ Energy until some time after its birth.

Q: The Master spoke about lightness and darkness and the existence of positive and negative forces. Would you say that by following the light we are creating a positive force and that by following the darkness we are creating a negative force? Or is it the case that darkness is a complete absence of any force?

ZT: When I use terms such as light and darkness I am being allegorical. I use them in the sense of flowing with Divine Will as being light, and flowing against Divine Will as being darkness. The energy of creation is there for all to use. It is how you use that energy that creates, allegorically, light and darkness. Now there are some people who talk about the forces of darkness, about Satan and the Devil, about fallen angels and black magicians, as being forces that God fights against. Let us understand that these forces are all part of God's Plan. They are not outside of God's Love, God's Energy and God's Will. They exist in order to test Humanity, firstly, by presenting you with an alternative path so that you might have a choice to make between 'good' and 'evil

and, secondly, so that you can learn from reacting to them. Do you want to run away from evil or destroy it? Do you want to overpower evil or transmute it? Again, what is important is your reaction to it.

Now there are beings and forces that are called upon to play testing roles. You have all played such roles yourself. There has to be a Judas in order to test a Jesus. Do you think that the soul of Judas, when it was choosing its destiny before birth, was very keen to play that role! So one should never judge evil. One can only shine one's own light in the face of evil, always with the purpose of transforming, never of destroying. Understand that there are beings who use God's energy negatively, that is by opposing God's Will, but that that too is part of God's Will. The saturnic or satanic forces, the testing side of life, are only part of this present cycle. They are not a permanent facet of human evolution. The time will soon come when they will no longer exist.

Q: Will that be in the Golden Age?

ZT: Yes, but they will return again in a later cycle! I wish you to see clearly that in any aspect of life, be it good or bad, what is always being tested is your attitude towards it.

Q: In the East people seem to be taught and prepared for dying, but in the West it is considered a traumatic and a terrible thing. How can we teach people to die and to pass over into the spirit world in a serene way?

ZT: I think it would be true to say that there is just as much fear of death in the East as there is in the West. There may be a different attitude towards death but the fear of death is quite universal. Why should this be so? Because, ultimately, an understanding of death is based entirely on one's point of soul consciousness. Certainly, here in the West, death is regarded as an unfortunate event, rather like an illness, and so one's children and friends are pushed away from it, because it might even be contagious! Death is regarded as being unnatural and so people must be shielded from it. The Master has just said that you only understand the purpose of death if you understand the purpose of life. If you think that this life is your only existence, then you obviously fear its ending. Whereas if you think of death as a beginning, then what is there to fear? You look forward to the event with eager anticipation.

So how you face death, especially your own death, is a very unique and personal thing. All that any individual can do is to be open to the

i → concepts of who and what you are. That is why you find it so difficult to serve, especially to serve those in need, those who have not yet walked the spiritual path as far as you have. The lesson of this school of life called Earth is sacrificial service. When you deny your birthright by refusing to serve you are denying your very purpose for being here, you are cutting off the flow of the Universe to you, for as you serve others, so others serve you, as you express your divinity, so the Divine expresses itself to you.

Finally, remember, that as you walk your path in life, the Universe is walking it with you, for you are never alone. Your every thought, word and deed is watched and noted by beings on many different levels of life, who are watching with interest this experiment in human evolution. There are those who say that the experiment will never work, that Humanity will never be prepared to sacrifice itself for the whole, but there are others who believe that such a transformation is possible. Such beings hold the vision that one day a race of Humanity will walk the face of this Earth who will regard the country as being of more importance than the individual, the race as being of more importance than the country, the planet as being of more importance than the race.

i | Such a race of Humanity will have gained the consciousness to recognise that by sacrificing to the whole they have in reality lost nothing but have gained the Holy Grail - the presence of God in their own beings. They will know that it is that very God-presence in them that will raise them to levels as yet undiscovered, that will enable them to achieve that which they had previously thought to be impossible. Your task, today, is to allow the Holy Grail to fill your cup, and to join that select band of Masters who have evolved beyond the need for physical incarnation, who now stand above the Earth and who serve not just the Human Race, not just this planet and this solar system, but the whole Cosmos.

## QUESTIONS AND ANSWERS

Q: The Master spoke about our possessions returning to the Lord of this Earth and, earlier on, he mentioned the Lord of this solar system. Does this mean that there is a hierarchy of Lords or Gods? Could you explain this to me?

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ZT: The Lord or God of this Earth, sometimes known as the Goddess, because she is 'feminine' or 'negative' in energy as opposed to the 'masculine' or 'positive' Lord of this solar system, that Being Whom you call God, is responsible for the matter of this Earth. Through her devic and elemental kingdoms she controls all aspects of physical matter. She has, however, temporarily given Humanity dominion over her kingdoms. So Humanity can create with the matter of this Earth as it so wishes. At any time, though, she can restore her control over her servants and impose her own will, her own order.

Now each of the planets in your solar system has a Solar Lord who rules over it. All these Lords can be considered as being 'negative' in energy with respect to the 'positive' energy of the Lord or God of this solar system, that Being Whom you call God. This God is the God which Christianity refers to as 'Our Father in Heaven'. All the Solar Lords pay homage to the Lord of the Solar System, your God, Whose spirit dwells in the sun and Whose body is this solar system in which you dwell and of which you are a part.

In terms of cosmic evolution our God is not particularly high up in the cosmic scale of things! There are many Gods greater in presence and power than Him, for example, the God of Sirius. There are Gods greater than the God of Sirius, and so it goes on and on, beyond our comprehension. Ultimately, or so one is led to believe, one comes to the Source of all Life, Infinite Spirit, the supreme God, to use our terminology, Who is beyond our understanding and consciousness. So when I use the word God, I use it to conform to your understanding of God, but there are many levels of Gods, on levels of being beyond our comprehension. Finally, let us not forget that you are all gods too! All the molecules of consciousness within your physical body look to you as their god. You can impose your will on your body and can do with it as you wish. It is your soul consciousness that determines the consciousness of your body. All the beings in your body look to you for their example. You are 'God' to them. How often do you consider that fact? Be aware that as you purify your body and raise your point of consciousness so you are uplifting all the beings inside you as well! What a divine responsibility!

Q: I made a commitment to service several years ago, but I don't seem to have been used very much. What is the waiting all about? Aren't I needed?

the God-impulse in your lives. So many of you have lost contact with the source of divinity in your beings.

Q: Can somebody take over the karma of somebody else?

ZT: Yes, that is quite possible, but it is usually only done by a Master who can see clearly that the person concerned has learned their lesson, understands the nature of the actions that created the karma in the first place, and who recognises that to take on the remaining karma will allow that person to walk more quickly along their path of divine evolution.

Q: So it would only be an older soul taking on the karma of a younger soul?

ZT: Yes, that is correct. A younger soul would not knowingly take on the karma of an older soul. The transmutation of karma is only done by Masters, not by ordinary souls, because it is only they who can see the akashic record of the person concerned and understand the path that their soul is walking.

Q: Do great masters like Jesus also transmute the karma of the world?

ZT: Yes. When great Masters come into physical incarnation they nearly always transmute portions of human karma in order to relieve the pressure of the collective human karmic debt.

Q: So is that what Christians imply when they say that Jesus did take away the sins of the world?

ZT: Yes, I believe so.

Q: But whatever he took away, Humanity must have more karma. Did he replace it in the last two thousand years. So it must be an on-going process of removing the sins of the world!

ZT: Although you jest, would it surprise you to know that there are great beings in existence who do just that?

Q: Do you feel that Sai Baba is one of these? It has been said that he is capable of transmuting individual karma?

ZT: Understand that all great Masters have the power to do this. They can transform and transmute another's karma by the energy of their being. Because they are omnipresent and omniscient they are aware of all aspects of life, at all times, on all planes of being. They do this out of

their great love for Humanity, to help it along its evolutionary path. In true service they do this expecting no reward, no thanks, no praise. It is indeed the case that very often the greatest service goes unnoticed, the greatest Master passes unobserved. It is only the aware eye that notices such things.

Q: Did the human race evolve out of animals and do humans incarnate as animals?

ZT: According to my understanding, the Animal Kingdom had been present on the physical plane of Earth, and had been evolving for aeons of time, before it was decided to place the Race of Humanity in this school of life called Earth, so that it could pursue its own unique evolutionary cycle. What then took place was that the spirit of Humanity was placed in the most suitable animal life form for its evolutionary purposes. So it was in that amazing union of Mother Earth and Father Sun, or Spirit, that the Human Race was born. Obviously, a process of physical evolution then took place, as the spiritual beings inside evolved the most suitable life form. The same process takes place when your spirit enters into your mother's womb and begins to form its physical body after conception has occurred. So, over many incarnations, the human physical form developed and evolved from its original animal form. Humanity never evolved from the Animal Kingdom. Humanity, as a species, is both individual and unique, and comes from a solar system far from this planet, whereas the Animal Kingdom belongs to a group soul and is very much a creation of this Earth and is empowered by the Lord of the planet, that being who you call the Goddess, or Mother Earth.

To the second part of your question, do humans incarnate as animals, the answer is yes, but only on very rare occasions. To my understanding, it is only done when a very special lesson needs to be learned. So it should not be seen as a punishment or as a sliding down the evolutionary ladder, a return to whence Humanity came, because, as I have just said, Humanity did not evolve out of the Animals. I know of one such incarnation where the soul of a very selfish being chose to incarnate as a cow for one life in order to appreciate what it is to lead a life of total service, which is the life of a cow. In this way a little balance could be returned to the soul patterns of that being. On another level, as you evolve and grow to become one with your Creator, so you yourself become omnipresent through union with the Creator of all Life. This means that you become aware of the life experiences of all

Evolution

life forms, because you are those life forms. So you are all the animals and see life through their eyes, so to speak.

\* Q: So if I understand you correctly, what you are saying is that if we seek and follow this divine guidance, which is within us, we will go to become one with our Creator and that our lives will automatically align with the Will of our Creator, so that we will always create positively and only have positive karma?

~ ZT: I couldn't have summed it up better myself! If you will all, every day, make the effort, perhaps only for a few minutes throughout the day, to align yourself with the divine guidance that flows through you, you will be amazed at how easy your life will become. Now that is to say that there will not be tests and problems, that you will not be challenged, because you will, but that the attitude that you will have towards the solution of those problems will be radically changed.

Q: The Masters are always saying that the whole purpose of life is service, is to serve Humanity, is to serve the planet. The trouble is, Tao, that I am so busy leading my life and raising my family that I don't seem to have time for service. Does that mean that my life is being wasted?

• ZT: You must recognise that there are many levels and many forms of service. Everyone does not serve in the same way, to the same degree. Not everyone can be teachers, healers, counsellors, rulers and so on, and serve in a formal position. Each one of you is a unique spirit being and will be called upon to serve according to your soul note in your destiny in life. Remember, though, that one of the greatest forms of service is simply example, is the example of your soul and physical being, is the example of your own personal lifestyle. If you are leading a balanced and harmonious life then the note that you sound, the energy that you exude, will touch everyone that comes into your aura every minute of the day. You can walk into a room of conflict and pour out troubled waters just by your very presence. You are aware how the whole energy of a room changes when a true Master walks into it, and it is the same for all powerful souls, souls of aged evolution, only to a lesser degree.

Your thoughts, words and deeds are most powerful and by creating positively and harmoniously on all levels of life you serve not just the people around you but the whole world, for you are in the world and the world is in you. Moreover, you never know who is watching you.

example and the effect that your demonstration is having on them. If you greet everyone you meet each day with a smile, with a loving thought, with a positive affirmation, then you are being of the highest service. So recognise that service exists not just on the physical but on the mental, the emotional and the spiritual levels as well. There are as many forms of service as there are people. Each day your Creator will present you with innumerable opportunities for service. The only choice that you have is in the degree and the quality of your service, for you are all born to serve. That is the inherent nature of Humanity. Finally, be aware that it is not until you have demonstrated your ability to serve in the small things of life that your Creator will ask you concerning the larger and more important tasks.

are fed and clothed before myself, for I know that all my needs will be met by my Creator. If I serve God, in the form of all Its Creations, then God will serve me.'

It is a fact that few people in the world today believe in, let alone trust, the saying in the Bible 'Seek you first the things of the spirit and all else will be added unto you'. The implication behind this saying is that if you serve God, then God will serve you. If you hand over your life to God, then God will look after all your material needs, but note that I say needs, not greeds. Now I know that there are many people today who go out and work hard in the world in order to create a financially secure position in life, believing that only then will they be able to be of service to the world, to share some of their wealth and experience with the world. But often such people have to make great sacrifices in both their family and social relationships, in their own personal lifestyle and in the way in which they relate to the three Kingdoms of Matter, in order to accumulate such wealth. They are constantly beset with financial concerns and worries, for they believe that if they fail then both they and their families are doomed. You can walk this path if you so wish, but recognise that there is another path. If you serve the Creator of all Life and all of Its creations, then all of your needs, financial and otherwise, will automatically be met. Your Creator will take care of you on every level of life, just as a parent looks after its child.

At this time, therefore, I invite all of you to examine your lifestyle most closely, how you lead your life each day, how often you actually say 'Not my will, but Thy will be done, O Lord'. Now, obviously, as you are the person who is judging your lifestyle, it is difficult to remain unbiased because your conditioned mind will tend to support the way of life to which you have become accustomed. It is difficult to overcome the habits of a lifetime, but it can be done. One of the best ways of doing this is to establish the role of what I will call 'the observer' in your mind, an independent eye that simply observes your lifestyle each day. This observer does not judge, does not praise or condemn, but simply observes the effects of your lifestyle, not just on yourself but on all those around you. Gradually you will find that you and that observer become one and that from that truthful observation of your life the need for change will become readily apparent. It is then up to you whether or not you change your lifestyle in your image or in God's image.

If you are to change in God's image, then there must be times set aside when you try to establish union with God, when you try to bring

God into your physical being. If you cannot find the time in the day in order to commune with your Creator, then of what is the purpose of life? If you cannot find the time in the day in order to unite with the Source of all Life, then of what is the purpose of living? You have only to look around the world today to see millions of examples of people who are living their lives in total ignorance of their Creator, people who have cut themselves off from the Divine Source within, people who base their lives on the pursuit of pleasure and who consequently suffer from the heavy burdens of desire, anger, greed, delusion, pride and jealousy. Nevertheless, amongst these millions, there will always be the few who will stand forth by their very demonstration of service to their Creator. They are points of light in a world of darkness.

Remember that the greater the purity of your being in thought, word and deed, the greater your ability to be of service. Remember, also, that the greater the simplicity of your lifestyle, the greater your ability to be of service. Be aware that your possessions can sometimes end up by possessing you. I can tell you that no matter what karmic debts you have created, either in this life or in past lives, all of them can be transmuted by spiritual service at this most critical time in the Earth's evolution. Indeed, this, the ending of the Age, is the supreme moment for the transmutation of karma. That is precisely why so many souls are here in incarnation on the Earth at this time. Recognise that you are the midwives of the New Age, for not only are you giving birth to and educating the children of the New Age but also by your thoughts, words and deeds you are sowing the seeds that will flower into the New Age. Therefore remember that your own demonstration is of paramount importance, for it is the note that you sound, the point of consciousness that you ground, that is influencing all those who are searching around at this chaotic time for meaning and purpose to their lives.

The greatest lesson you can demonstrate at this time is to be in the World but not of the World. It is to show that you can live in the material world and yet not be controlled by that world. It is to reject all the materialistic values of western society today and yet to show that you can still lead a happy and fulfilled life, a life with meaning and purpose. It is to recognise the temporality of all earthly things and the eternal nature of the human soul. It is to recognise the One Divine Source that creates, empowers and controls all things. It is to recognise that a Divine Plan exists for all Creation, a Plan that does not know failure. It is not in the nature of the Divine to fail! So although, to the unevolved, it would appear that you are making a great sacrifice by



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You must also recognise that earthly status does not necessarily reflect soul status. The leader of a country, or of a government, is not necessarily a great soul. You should realise that a country gets the leader that its consciousness deserves. If a leader is too evolved for his or her country, if his or her policies are too spiritual, then they will be rejected by the electorate or else suffer the fate of the Master Jesus. Too much soul, too much spiritual consciousness, can be very threatening to an unevolved soul who is, of course, the antithesis of an evolved soul.

Q: On many occasions both you and the Masters talk about 'The Truth'. Would you care to define exactly what it is that you mean by this?

ZT: Yes, but recognise that I am going to have to give you a very simplistic answer. Firstly, be aware that when I talk of God, I talk of our God, the God that created us, the God of our solar system, not the Being that I call Infinite Spirit, the God of the Universe, which is Being beyond our comprehension. Our Creator, Whose spirit dwells in the sun, absorbs energy from Infinite Spirit, just as we, in turn, absorb energy from our Creator. I call that energy divine love, the impulse of Divinity, which is, of course, very different from human love. So our Creator absorbs the impulse of Divinity from the Source of all Creation and reflects that Divinity through Its own creations. It is this reflection which we call, which we know as, Truth.

**GOD**

**TRUTH**

Now this Truth is not infinite, is not absolute. It has its limitations because it is a reflection of the Source, it is not the Source. In a similar fashion, you who receive and recognise the impulse of your Creator can only understand and demonstrate a reflection of Its Truth. Therefore you can only ever see an aspect of Truth, never the majesty of Infinite Truth. So each of you, as individuals, absorbs the divine energy of your Creator and, according to your soul note, your soul purity, grounds and manifests a point of consciousness, an aspect of Truth. Therefore, although there is only one Truth, there are as many aspects of it as there are people, for you are all unique beings, having walked different paths to arrive at this moment in time or, perhaps, should say, at this moment in consciousness. That is why we are always saying that what is truth for one person is not necessarily truth for another.

Now the Truth of Infinite Spirit manifests through Its Laws sometimes known as the Cosmic Laws or the Natural Laws. The Laws touch and control every aspect of life on every plane of existence

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from the great solar lords right down to the least evolved soul. So the degree to which you both accept and reflect these great Cosmic Laws directly affects your understanding of what is Truth. Let us recognise, therefore, that at your present point of consciousness you can only understand or come to terms with an aspect of Truth. Now for some it may be a high or pure aspect of Truth, for others it may be a low or adulterated aspect of Truth. Nevertheless, you are all on the road to discover Infinite Truth through the aspect of truth of your Creator. Each day, as you encounter the world in which you live, as you experience the drama of life, you are being offered the opportunity to discover what is truth for you, and this truth will eventually lead you to the Truth of the Infinite, to the impulse of all life, Infinite Spirit.

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## A CHRIST-MASS MESSAGE

It is the time of the Christ-Mass and I choose to celebrate it with you today, rather than on December 25th, because this is the day of the winter solstice and is, therefore, a far more universal day. Why should this be so? It is because today is the day when the whole Earth touched by the grounding of the Christ Energy. As such, it is a day that does not belong to any one religion or creed. It is that moment in time when the cosmic forces flow down onto the Earth to commemorate the birth of the Christ Energy aeons of time ago. Over successive years I have spoken to you about the true meaning and significance of the Christ-Mass story. I have said that the story should be regarded as a parable and have explained that the Nativity Story, as it is described in the Bible, refers to events that happened long before the birth of the Master Jesus almost two thousand years ago. Furthermore, I have pointed out that the Christ Energy touches every single human being regardless of race, colour, religion or creed.

In your world today the Christian celebration of the birth of the Christ-Mass has, for the most part, become irreligious, yet the anniversary of the birth of the Christ should be one of the holiest days in the Christian calendar. But look at how Christians today have turned this holy day into a holiday. The essence of any holy day is that it is a day that belongs to and is devoted to the Godhead. It is a day in which every human being should make special effort both to contact and align themselves with the Source of all Life. It is a day in which every man and woman should seek to fulfil the will of that Source. The essence of a holiday, on the other hand, is that it is a day devoted to the self, to the pursuit of pleasure, even if that pleasure is obtained giving pleasure to others. So recognise that the way in which many people choose to celebrate the Christ-Mass today is simply a reflection of the materialistic thinking that is present in the World at this time. So I want to talk to you about the nature of holiness, of that which is whole or holy, and to lead you all into an understanding of the wholeness

holiness of the Christ Energy and of how It touches every single human being.

If one studies Christian theology, one cannot but help form the impression that Christians believe that Humanity did not deserve to have God send down His only begotten son in order to save Humanity from its self-destructiveness and to point the way to its path of redemption. Christians generally believe that Humanity was not worthy of that great sacrifice and that they should go down on their knees and give thanks for the sacrifice that God made. However we, from our side of life, can see nothing more natural than that the Christ Consciousness should descend into physical incarnation on the Earth. For whereas Humanity has created separation between itself and the Godhead, we see no such separation.

So to us, therefore, it was almost inevitable that the Godhead would send down a part of Itself to redeem another part of Itself that had gone astray or, to put it another way, that one part of the Body of God would try to heal another part of the Body of God. For we are all living organisms in the Body of the one God in Whom we all live, move and have our being. Although we are all unique, individualised cells of divine consciousness, yet we are still part of that one Body and, above all, are all bound by the limitations, by the laws, of that Body. So we, from our viewpoint, can see very clearly that the essence of wholeness, or holiness, is that which represents and looks to the whole in every aspect of life, which sees no separation between Humanity and God and, likewise, in every action that Humanity and God makes. For since we are living with and dwelling in God, everything is a part of that God. As such, all actions should be motivated and empowered by God and the fruits of those actions dedicated back to God.

If you look more closely at the celebration of Christ-Mass today, you will see just how the original Christian traditions have become distorted. How the giving of gifts was originally the sharing of wisdom with those who desired and sought it and how, even on the physical level, gifts were only given, as symbols, to the poor who needed them. Christ-Mass was never intended to be a reason for people giving to those who already had more than enough, to add to their material and karmic burdens. It is just the same with all the food and the drink which today are consumed in such abundance. In the days of old food and drink were given only to the poor, to those people who did not have the money to buy food and drink. Those people who normally had an adequate supply of food and drink usually fasted and took no

\* i in order to produce all their consumer items, without a thought for the many sacrifices of the Vegetable and the Mineral Kingdoms. Above all they fail to recognise the great distraction that this materialism presents how it obscures the very purpose and meaning of life.

→ So at this time I would ask you to consider very carefully just what material possessions you really need for your life. Be aware of how simply you can live, and of how simple are your needs as opposed to your greeds. Remember also, at this time of the Christ-Mass, when you in the Western World, who already have so much, acquire even more that there are so many people on the planet who have so very little and that they have so very little often because you have so very much. Are you aware just how much of the precious mineral resources of the Earth are directed into armaments, into both individual and national violence, into the protection of vested interests, into the suppressing rather than the granting of the basic rights and freedoms which are the birthright of every human being? So think carefully about how you use the energy of this planet. It is not limitless. I would also ask you to remember the spirit in which the Christ Energy was sent down to Earth one of sacrificial service, in order to heal and transform this planet which is in such disharmony because of Humanity's erroneous behaviour.

I wonder if you realise the implication behind the simple statement that this Earth is an actual part, an organ, of the Body of our Creator. So everything within that Body, our Solar System, both on the physical and the higher levels of life, is part of our God and is, therefore, imbued with Its Divinity. This means that all things, all beings, are one in that Body. Therefore recognise that you are as one with every other human being, as one with the Kingdoms of this Earth, as one with the Kingdoms that surround this Earth on the higher planes of life. If you recognise that fact then you will truly understand the nature and purpose of sacrificial service.

- So let your Christ-Mass celebration be a celebration of that oneness.
- Begin by releasing your greeds and by living within your need. Remember the example of the great Masters who have made the physical incarnations a living sacrifice. They have always led and advocated the most simple of lives. Even though they possessed powers of manifestation beyond human understanding today and could create for themselves whatever they desired on the physical plane of life, yet they chose not to do so. Their powers, when used, were always for the service of others, never for themselves. That is the true nature

service. Similarly, the powers that even now flow through you as individuals should not be used for your own benefit. They are given to you in a sacred trust for the service of all Humanity. You are simply instruments that channel divine energy. Your powers should not be used for self-aggrandisement and the accumulation of material possessions. They should be shared with the whole body of God manifest.

So now is the time to take a serious look at the traditions and customs that have been established around the celebration of the Christ-Mass. Resolve in your own hearts to make it a holy day, not a holiday, a day that is dedicated and devoted to God, not to the pursuit of pleasure, and to let your thoughts, words and deeds demonstrate that dedication, not just for the day but for the days and months to come. If you can do that, then, truly, you will become Christed. You will become one with the Source of all Life.

It is difficult, I know, in your world today, to lead a life based on the principle of sacrificial service, for it would appear that money and possessions are synonymous with power and security and that those who live in the affluent Western World have a happier life than those who live in many of the Third World countries. But I would ask you to remember that a high standard of living is not the same thing as a high standard of life, a life based on spiritual values. Of course there is a high standard of living here in the Western World, but a high standard of living is merely an opportunity for a high standard of service. To whom God has given much, much is expected – and of the Western World, in particular, much is expected in service to the rest of the World. Your talents are not given to you by God just to further your own country, your own race. They are given for service to the whole planet. That was the message of the Christ – service to the One God, regardless of the cost. That was the demonstration of the Master Jesus and the reason why he said 'I and my Father are One'.

At this time there is a great darkness on the face of the Earth, a darkness that touches many people, but, as always, I would ask you to remember that light will always banish the darkness. It will banish the darkness in your own being and, above all, it will banish the darkness in all those with whom you come in contact. When you sit and listen to the wisdom of a great Master you can feel the light of their being. You are touched by their vibration and so are inspired to go forth and to shine your own light, to sound your own note. This, above all else, is what is needed on the Earth at this time. The people of consciousness and