

mother bird devotes herself to raising her brood, but when she feels that they are mature and ready to fly, she pushes them out of the nest, she forces them to learn to fly, and once they can fly they are not allowed back into the nest. The same is true of human evolution as well. There comes a time when we must all stand on our own two feet and fly, fly so that we can discover our own potential and divinity.

Q: Will you please tell us about the spiritual significance of AIDS? What is the purpose of such a disease?

ZT: The purpose of any disease, especially one which can lead to death, is to teach the soul being some important lesson and to transmute karma. Be aware that, basically, all illness is nothing more than karmic settlement. The purpose of diseases such as AIDS and cancer is to get the being who is ill to bring about a transformation of their being through thought, word and deed. If they do not transform themselves then, in all probability, they will die. Either path will prove to be a meaningful learning experience and much karma will have been transmuted as well. So the bottom line of AIDS, as they say, is to transform yourself or die. Overcome a blockage in yourself by purifying your being or sacrifice yourself to the illness. Either way you will transmute karma that created your illness.

Now many people think that they cannot cure themselves of AIDS or cancer. This is not so. Any disease can be cured if the person has the consciousness to do it, if they can remove the psychological blockage that is causing the disease. So at this time, the ending of the cycle, when Humanity is called upon to transmute its karma before the new cycle begins, there is an increase in the numbers catching such diseases. I have to tell you, as well, that there is another disease coming, one more virulent than AIDS, that will rapidly increase the number of people facing such tests.

Q: One of the things which I find so terribly difficult to understand is why all these terrible things are happening today, why all the horrible murders, the child abuse and the rapes, why they are happening to apparently innocent people, and yet you say that no-one is innocent that everything has a reason for happening, don't you?

ZT: If you accept the principle of karma, then you must also accept the fact that you carry your karma forward to future lives if you do not settle your account, if you do not balance out the energy created by your actions in this life. So in any life you are transmuting the karma of your

actions in this life and, when the opportunity presents itself, the karma of your actions in past lives as well. Every action sets in motion a reaction. That is the Law. Now it is stupid to generalise but, very roughly, in these times in which you live, I would say that as much as 75% of the significant events that take place in your life are the result of the need for karmic settlement of actions in past lives. The remaining 25% is due to what has been created in this life.

Q: But does this apply to some poor young girl who is raped? Is she settling karma as well?

ZT: Yes. It is difficult to accept, I know, but you are all magnetic, karmic beings. You attract aspects of life unto yourselves by the very nature of your being on an inner and an outer level, for the outer but reflects the inner. You attract unto yourselves the lessons that you want to learn, the karma that you want to repay. Nothing, no person, no thing, can come into your aura if you are strong, and by that I mean strong spiritually not physically. Both things and people can only get into your aura if you are weak or you allow them to. So do you understand that the person who is raped is only being raped because of some aspect of their being that is attracting that lesson to them. They are attracting the rape to them, not by being deliberately provocative but by their inner energies. No matter what anyone may say outwardly, remember that you are magnetic beings. You attract the nature of your being unto yourselves. Someone who is strong in their spiritual or inner knowingness can pass through the greatest evil and will not be touched by it.

Q: So if we have done something in the past that we are ashamed of, something that we feel guilty about, but something for which we feel genuinely sorry, is there anyway that we can eradicate our karma whilst we are living now?

ZT: Shame and guilt are wasted emotions and do nothing but drag the soul down. Accept what you have done and learn from the experience and awareness of it. Recognise that your Creator will always forgive you for what you have done. In fact God has already forgiven you, before you even repent. What is not taking place is that you have not forgiven yourselves. So it is in the forgiveness of yourselves for what you have done that there comes karmic settlement. You can and will transmute the karma for anything that you have done, at any time, in any life. The greatest transmuter of karma is service. An act of great

to feel love for one's country, but much more difficult to feel love for a country that is ideologically or politically opposed to you.

As you begin to investigate the reality of love you will discover that the essence of love is universal rather than individual, that it is an energy that includes rather than excludes, that embraces all forms of life, that links you to the Creator of all Life. Love, therefore, can best be defined as the power of your Creator in physical manifestation and in as much as you align yourself with that power, or energy, then you are 'in love'. Now, of course, aspects of that energy do manifest in individual relationships such as those that exist between a man and a woman, a man and an animal, a woman and a garden, a child and a toy, and so on, but in essence they are all one and the same thing namely, the divine energy of your Creator flowing through His creations. So love can be seen as a universal force which touches, empowers and unites every aspect of Creation.

How, therefore, is it possible to become separated from this universal energy of love that flows to everything and everybody from the Source of all Life? Only by placing one's self above the Source, by following a path of self-interest, of self-seeking. When love becomes personal rather than universal then it becomes selfish, it becomes self-centred and ceases to be love. You can see very clearly in your world today how self-centred love leads to suffering. If you love your husband or your wife because of what they do for you, because of what they mean to you, if they then stop doing or meaning what you want, what happens to that love? If you love your children because of the needs that they fulfil in you, when those children grow up and leave you, do you not feel that you have lost their love, whereas the truth of the matter is probably that they are no longer fulfilling your needs. Be aware that love is best expressed through service to the Source of all Love, your Creator and His creations, and that it is when you are serving the world, no matter what the aspect may be, your family, your country or the planet as a whole, as opposed to serving your self, that you truly experience love.

Now you will have noticed that the love about which I have been talking has nothing whatsoever to do with the sexual love which has become such an obsession in your world today. Sexual love is, for the most part, selfish, self-seeking and self-centred. You love someone on a sexual level because of what that person gives to you, because of what that person means to you, rather than for what you can give to that person. As I said earlier, do you not find it difficult to love someone who dislikes you and yet to whom, perhaps, you can be most

service? Why should I say this? Because in that a person dislikes you, what they are disliking in you are the flaws in their own being, the lessons which they have still to learn and which you, by your loving demonstration and energy, can bring forward into their physical consciousness.

I want you to see very clearly, therefore, that the true nature of love is demonstrated only when there is no self-interest. It is only when you are serving others that you can truly be said to be 'in love' and the very nature of that love is that it expects no reward. When great Masters, such as the Master Jesus, incarnate on the Earth, they are not in the least concerned about whether Humanity accepts or rejects them, about whether Humanity worships or ignores them. They are simply not concerned with either the individual or the collective response of Humanity. They come only to fulfil the Will of their Creator and it is because they fulfil that Will to the highest of their physical and spiritual beings that they are able to manifest such a powerful and universal form of love. The being that serves the Source regardless of personal cost, regardless of the reward, is the being that is truly empowered by love for they are in love with the Source of all Life.

Now you may think that I am talking of a very idealistic form of love. I am indeed talking of what is, for you, the supreme form of love, but recognise that there can be many reflections or facets of it. Every human being manifests the power of love according to his or her point of consciousness and this love will be a reflection, a unique reflection, of that greater love. As your consciousness grows, so does your awareness of the true nature of love. My purpose in talking to you, therefore, is to ask you to look more closely at the nature of your own love through your relationships with your husband or wife, your family or your children, and to compare that love with the ideal of love that I have just talked about.

So examine your love to discover if it is self-centred and based on self-interest, to see if it grows out of your needs rather than universal needs. If you do this, then, gradually, you will begin to develop a far deeper and richer understanding of love. You will understand the love that can lead a man or a woman to lay down their life for another because of the love that they feel for that being. You will understand that they sacrifice their life not for some mental ideal but because of their love for the Source of all Life that is manifesting in that person. Slowly you will become aware of the fact that what you actually love in

I would also advise that before you meet these friends again that you need to resolve the aspect in your own being that feels resistance to being of service. Remember that the sooner you fulfil this service to them to the highest of your ability, and discharge your karmic debt, the sooner you will be released to move on to other things. Until you can complete the little tasks that your Creator asks you to perform you cannot expect to be given bigger ones. Finally, is it not often the case that the tasks that you put off, because you hate doing them, when you actually do them, to the highest of your abilities, can produce an unexpected reward!

Q: On several occasions the Masters have said that we are gods in the making and that, by implication, the Earth is a school or training ground for gods. Can you tell me, if you know, what, exactly, we will be gods of?

ZT: Why does it matter?

Q: Just curiosity! I would like to know what job I am trained for when I leave this school of life, that's all.

ZT: The question that you are really asking is 'What is the purpose of Creation?', but (how can any of us, with our limited points of consciousness, even begin to understand the nature and the purpose of Divinity) So my answer, inevitably, will only reflect my understanding and what I have been told by souls who have walked further along the path than myself.

In essence, Infinite Spirit created the Universe in physical form so that It might know of Itself. Now this might seem a strange thing to say of a Being Who is both omnipotent, omniscient and omnipresent, but remember that the inherent nature of Creation is to express Itself. Similarly, your God, the Lord of this Solar System, created the Race of Humanity, in His own image, because of the innermost urging of His Divine Being to express Himself, just as Humanity, in turn, creates or reproduces itself. The inherent nature of the Human Race is to express its creativity in thought, word and deed, just as its Creator has done. Why should this be so? Why does a flower grow and reproduce itself. Because that process is inherent in the seed of the flower. The force of God in motion compels it to fulfil its evolutionary cycle and to manifest the nature of its flower being when all the environmental conditions are appropriate. It is just the same with Humanity. You are impelled to

follow your own evolutionary cycle although, of course, it is a cycle that is very different to the flower's.

Now it is not for you to know of that evolutionary cycle. Even though I, on my plane of life, may witness and understand aspects of the cycle which you do not, nevertheless, I too do not know of the design or purpose of our Creator's Plan. I can only describe the purpose of your being by way of an analogy. The totality of Humanity can be compared to a great being of light and power, rather like your Sun. But that being has dissolved itself into millions and millions of individualised atoms, or spiritual microcosms, which have been released to experience the different planes of life in the universe in order to learn and grow in consciousness. These individualised atoms possess in their seeds all the inherent qualities of the great being from which they came. Their aim, therefore, is to discover the reality of the seed in them, which is their own divinity, and to journey back to the Source of all Life from whence they came and to merge with it.

ii I would like you to understand that Creation is not the material form that you believe it to be, for the very essence of Creation is energy in form. Furthermore, if you take your concept of God's power and multiply it by a factor of one million, then you are only just beginning to approach an understanding of the true nature of that divine energy. For at the centre of Creation is peace and quietness. I can only compare it to you going into space where there is no sound, only total stillness, and yet inherent in that stillness is an incredible energy, is an energy that creates and impels all things, that inspires total devotion and love, that embraces and knows every aspect of Its creations.

So the centre of Creation is actually a place of complete tranquillity. Compare this with your own lives. How hard it is for you to be still. Even now your physical bodies are restless and are shuffling around in response to your brains as they dart hither and thither directed by some impulse, by some thought form. How rarely do you yourselves know inner peace and tranquillity. How rarely do you yourselves make contact with the centre of your own being, that point of stillness which knows all things and can answer all questions. You have all forgotten your divine heritage, the fact that when you were placed upon this plane of Earth you were given that divine link to your Creator, of mind to Universal Mind and of spirit to Universal Spirit.

Now many people have attempted to define the nature of God and His creations, but I would like you to see clearly that all the attempts by the religions of the world, by the gurus and by the priests, are but human attempts, founded on intellect and reasoning, to explain a cosmic reality. So why do they all feel the need to do it? Because Humanity both individually and collectively, needs a point of reference to which to relate outside of its own being. Since birth you have been taught by your parents and by your teachers always to seek outwardly in order to obtain an understanding of life. So if you want to know about God and His purpose you feel that it is only right and proper that you should go to your priest or to your guru and that they will reveal the answer to you. But I would like you to understand that this belief is illusory, for knowledge such as this is not held by any one person, no matter what they might claim.

So to whom can you turn in order to find the answers to your questions? There can only be one answer - to the God force that lies within each and every one of you, to the divine force of spirit which links you both one to another and to the great Infinite Spirit. Have you not yet recognised that the Human Race is one race, is one body, is one

mind and is one spirit? You are all linked together and what one person knows is automatically known to the rest of Humanity, what one person grounds and manifests in spiritual consciousness automatically becomes part of all human consciousness. You are all linked through a great universal consciousness. So here is the true nature of wholeness, or holiness, which can be defined as the universal consciousness that knows and embraces all things, all beings. Recognise that it is not this universal consciousness that compares and judges, that creates division between race, colour, creed and form, but your conditioned brains, your little egos. So I would like you to recognise that they cannot possibly lead you into an understanding of wholeness, for you cannot know of wholeness from a point of separation from the whole. You can only know of wholeness, of that which is most holy and most sacred, from that part of your being which is whole or holy, your spirit.

So now we come to the question - how are you to contact this source of wholeness or holiness? How can you become one with this great universal stream of consciousness? The answer is, of course, through the stillness of meditation. Now let us understand clearly that meditation is not an act of thought. If you enter into meditation in order to achieve something, no matter whether it be to seek God, to raise your consciousness or to attain inner peace, if you enter into meditation by following some set form of meditation, either the following of a ritual or the chanting of a mantra, then see clearly that that is the creation of your brain, that that is the same source that is leading your physical bodies into activity rather than passivity. Recognise that any response from that source is based on the conditioning of your present life and comes from the fragmented self that knows only of division and separation. Meditation, therefore, is the act of entering into the stillness of your being, into the stillness of the creative Source of all Life. Recognise that it requires no conscious effort. It requires no long periods of ritualistic techniques or chanting. It is an automatic function of your being in the stillness of your being. It can happen to you at any moment of the day. It can happen to you no matter whether you are sitting in a temple or walking in the countryside. It can happen to you any time that you become one with the Source of all Life through that link of mind to Universal Mind.

I would like you to understand that the power to create is a unique power and belongs only to the Source of Creation, to your Creator. Human beings cannot create. They can only create from that which has already been created. Even when they invent something they are only

or similar energies. Therefore as you would wish that only the highest and the purest energies should come to you, so you should send out only the highest and the purest energies, for what you send out you will receive back.

Now you will notice that I have very carefully left any reference to God out of the Law of Karma. This is because the Law of Karma, the Law of Action and Reaction, stands above, is more omnipotent than, even your Creator, your own Solar Lord. The Natural Laws stand above all the Solar Lords. They govern the existence and the creativity not only of the many thousands of Solar Lords or Gods that exist within your visible universe but also of Those that dwell on the other levels of creation. So your God, Whose spirit dwells in the sun, is subject to the Law of Karma just as much as you are, even if the nature of Its Karma is very different to yours.

Once you have understood that the basis of the Law of Karma is action and reaction, then you will begin to appreciate that every time you create a ripple in the cosmic energy pool or, as you call it, the universe, that that ripple will then automatically affect every other vibration in the cosmic energy pool and, consequently, will also affect you yourself, for you, too, are part of that pool. Many people, of course, choose to believe that they are living in isolation from each other, that they are separate from the Godhead and from the physical world around them. It is the wise soul who recognises that all Humanity is indeed part of the one great whole, that every human being can be considered as an individual cell in the cosmic brain of your Creator. There is, truly, no separation except where Humanity chooses to create it, except where Humanity chooses to live it. So one of the great lessons of physical life is to rise above this apparent separation, to see that it is apparent and to learn that truly you are one with your Creator, not just in your physical but also in your spiritual being. There is no separation in this physical world between you and your God. This world is your God. Your God is this world. You are living in and are an actual part of your God just as an aspect of your God is living in and is an actual part of you. So the greater is to be found within the smaller which is contained within the greater. **MAN = A HOLOGRAM OF YOU**

I hope that you are now beginning to see that the Law of Karma transcends all human affairs. It controls everything that manifests not only on the physical but also on the other planes of life. However, what is of particular significance to you who dwell on the physical plane of life, this unique school of learning established for you by your Creator,

is the fact that everything that manifests on this planet is simply the creation of the Law of Karma in physical manifestation, as opposed to spiritual manifestation. Your physical world, therefore, is karma made manifest. You, not the spiritual you but the physical you, are a creation of karma. Your body is your karma. Your life is your karma. Your death is your karma. Everything that exists on the physical plane of life is a result of the Law of Karma made manifest. Every happening that occurs to you is as a result of the Law of Karma seeking to balance out either your actions in this life or your actions in past lives. Karma creates your physical body. Karma creates your destiny. Karma creates your death.

I hope you now understand that everything, and I mean everything, that is created on this Earth is as a direct result of human karma, both individual and collective. You created the physical body in which you now live. You, and the rest of Humanity, helped to create the nature of the world in which you are now living. If you are able to understand that fact, and to see clearly that the nature of your actions determines the nature of the Universe's reactions, then you will also see that there is no such thing as divine punishment. For your Creator is subject to the same Laws that you are. Worldly reactions, therefore, do not originate with your Creator. Your destiny is entirely independent of your Creator, except in the one case when your Creator chooses to intervene and to moderate your karma by taking on your karmic account itself. But, for the most part, God is the observer of your karmic patterns. God does not intervene or interfere. God allows you to sow and to reap through both your past and present actions, to observe and to experience the reactions they attract and from that point of understanding to grow in spiritual knowledge of the oneness of all life.

The more you respond to the Will of God and create in Its image the more you create what I will call positive karma. Conversely, the more you oppose the Will of God and create in your own image the more you create what I will call negative karma. Throughout your many lives, therefore, rather like when you save or withdraw money from a bank account, you build up a bank account of either positive or negative karma depending on the nature of your past actions. This account can be used and can be drawn upon both in your present life and in your lives to come. So if you come back into physical incarnation with a bank account full of good karma, this will entitle you to a relatively smooth and happy life in circumstances which will provide few tests. However, ultimately, when you have used up the positive balance in

your account you will once more have to face the challenges and tests of this school of life called Earth, and will have to handle new situations which will promote growth and learning. Your karmic bank account will then either go into a surplus or a deficit.

Recognise that you cannot avoid the Law of Karma just as your Creator cannot avoid the Law of Karma. Everything that you do creates a karmic response. Therefore you must accept responsibility for everything that happens to you for you have created it. Realise that God plays no part in this karmic account, that the Law of Karma stands above even your Creator, and is a universal, a cosmic Law that touches and controls all things. Now as you get wiser, as you evolve your soul note and raise your point of consciousness, so you gain the ability to take on other people's karma, to accept the responsibility for their actions, and to transmute their karma through your own actions and so reduce their karmic debts. Great souls such as the Master Jesus are very capable of doing this. Recognise, however, that all karma has to be faced and transmuted and accounted for. It cannot be dissolved or placed aside and ignored. For every action there will always be a reaction. The Law of Karma demands that someone has to be responsible for maintaining and restoring balance in the Universe. Beings such as the great Masters do incarnate onto the physical plane of Earth in order to transmute and remove some of the karma that Humanity has created. They do this in order to help Humanity to progress further along its spiritual path by reducing Humanity's karmic burden. They make that sacrifice out of love for Humanity even though they know that Humanity will create new karma and will in time restore the burden which they have removed by their sacrifice.

It is a wise person who recognises that Science and Religion are both seeking the same thing no matter whether it be called Truth, the Knowledge of the Universe, or God. The Natural Laws of the Universe are the same as Humanity's Laws of Science only expressed on a higher, more holistic level. Let me give you a simple analogy. A farmer has a field in which he grows vegetables year after year without nourishing the soil with compost. If he does not replace that which he takes out of the soil each year, gradually his crop will become less and less as the soil becomes more and more barren. After five years his field will produce very little. Then what does the farmer say? Does he say that the fact that his field has become barren is the punishment of God for his sins or does he recognise that he is to blame? Only the ignorant blame God, or rather their concept of God, for the adversities

of life. Those who are wise know full well that it is their actions, in this case the use of the field, that brings about the karmic reactions. It was the farmer not God that created the barrenness, that destroyed the fertility of the soil. It was neither a divine punishment nor an act of blind fate that was visited upon him.

It is a hard fact to accept but ignorance of the Law is no excuse for breaking the Law of Karma and for avoiding the karmic reaction to one's actions. You will reap what you have sown even if you are ignorant of the reality of what you have done, as was the farmer. So it is the unevolved soul, out of ignorance, that always blames outside forces for all the misfortunes of life, that does not consider the possibility that they alone are the cause of all their misfortunes. Such people attribute all trials and tribulations either to other people or else to beings on other levels of life, even to God Itself. It is the unevolved soul who accuses either God or life of being unfair and unjust. It is the evolved soul who recognises that the Law of Karma cannot be anything but fair and just and is responsible for holding all creation in perfect balance.

I hope that you are now beginning to understand that you create the nature of your physical life, which is based solely on your karmic account. Recognise that everything in your life is attributable either to what you have earned or to what you have to pay back in order to balance your karmic account. You create your physical body according to your karmic account. You enter into your human relationships, your family, your marriage, your children, your work, your creativity, even your spirituality, according to your karmic account. Your physical life is nothing but the Law of Karma made manifest. Karma determines the lessons you have to learn. So it can be seen that you, through both your past and your present actions, create your own lessons. In this school of life called Earth you are your own teachers.

If you truly understand the Law of Karma then you must recognise that you are responsible for the state of the world in which you now live. You cannot blame anyone else for the situation in which you now find yourselves. You cannot blame anyone else for the tests that you are now having to face in this life. You should therefore face all the challenges and the tests of life with equanimity. Instead of saying that you are suffering unjustly, that you don't deserve to be in this situation, say rather that this is the situation that you have consciously chosen to be in, because it presents you with the best learning experience and with the best opportunity of settling your karmic account.

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ZT: Avatars are aspects of your Solar Lord or God that have descended into physical manifestation. An Avatar is a perfect aspect of your Creator incarnating on the physical plane of Earth so that Humanity can actually witness divine perfection and can begin to understand a little of the true nature and power of its Creator. In one sense an Avatar can be regarded as an attempt to do the impossible, namely, to manifest the formlessness of God into form. An Avatar usually incarnates on the Earth for a very specific purpose and very often does not appear in the public eye at all.

The role of an Avatar is twofold. Firstly, to restore divine qualities amongst Humanity and to redefine the codes of morality, righteousness and justice, usually after a period of great human degradation. Secondly, to bring about a sudden transformation in human understanding and consciousness and to prepare Humanity for changes on the material or psychological planes of Earth that are about to manifest. Avatars serve as safe harbours in a world threatened by storms. They are a point of permanence in a world of continual impermanence. They normally reside on the divine plane itself and their physical incarnation on the plane of Earth can only be regarded as an act of great sacrifice.

Q: It would seem that many channels are receiving messages from beings that say they come from the constellation of the Pleiades. Is this the case and, if so, of what significance are their messages?

ZT: As has been said on several occasions the Human Race does not belong to this planetary system. It originally came from Sirius in the constellation that you call Canis Major. In its innumerable incarnations on that planet - and we are now going back beyond physical time as you know it - it shared its evolutionary path with the beings who now inhabit the Pleiades. They were, so to speak, Humanity's spiritual brothers and sisters. However, with the changing of the zodiacal cycle on Sirius, aeons of time ago, because they had reached a higher point of consciousness than Humanity, so they transferred their evolutionary path to the Pleiades, whereas Humanity, with cosmic lessons still to learn, was directed to this very special school of life called Earth, to learn the lesson of self-sacrifice, the lesson that it had failed to learn on Sirius.

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So nothing would be more natural than that your spiritual brothers and sisters should continue to take an interest in your evolutionary progress and that they would want to assist you at this most critical time in your evolutionary cycle. So they share of their wisdom and

knowledge in many ways, always, of course, being mindful of the necessity not to interfere with your evolutionary pattern and not to transgress against the Law of Karma. I should also say that at this time many other planetary beings are drawing close to the Earth to aid in its great moment of transformation and transmutation. The present situation can be compared to one branch of the family offering their help to another branch of the family in a time of crisis. *

Now some psychic people are feeling the presence of these planetary beings on the higher levels of life as they send their thought impulses down to Humanity, and this is probably the source of the messages that are being received by various channels. However, I should make it very clear that their purpose in any such action is not to take away Humanity's free choice but is, rather, to help Humanity to make the right choice. Nevertheless, having said all of that, I would advise you always to exercise discretion and discrimination when confronted by such 'channellings', for not all of the sources are what they profess to be. We do have mischievous spirits on our side of life too, who will happily assume a false identity in order to get attraction and recognition!

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DARK FORCES

THE LAST CHANNELLING

It is not without significance that you are gathered here this morning under the zodiacal sign of Aquarius, symbolised by the Phoenix, and that I am talking to you in the Phoenix Room, so named because of the beautiful stained glass window behind me which depicts that mythical bird. For thousands of years the Phoenix has been a symbol of resurrection. The legend relates that at regular intervals the Phoenix renewed itself by placing itself willingly on a self-made funeral pyre and that out of the ashes emerged a new and more splendid bird. The Phoenix, therefore, not only marks the ending of one life and the beginning of the next, but is also a symbol of transfiguration into a new cycle, into a new point of consciousness. The old has to die so that the new may come forth.

For almost two cycles, twenty years, I and a small band of Masters have used this instrument for the purpose of teaching and disseminating our spiritual wisdom and knowledge to all those who have heard and responded to the note that we have sounded. It can truly be said that through the medium of the books and the audio tapes our words have touched almost every country in the world and have been translated into several languages. Nevertheless, the time has now come to end this process. Why should this be so? I will give you two reasons.

Firstly, because if the teacher is always present then the pupil will never learn to walk alone and to take their own initiative, to truly live by what they have learned. If one knows that one can always return and ask the teacher then, inevitably, one becomes accustomed to relying on this form of support. This, to varying degrees, tends to take away the initiative and free will of the individual concerned. So much wisdom and so much knowledge has come through this instrument and yet so much has been ignored. So now is the time for all those who feel in harmony with our note to listen to it, to absorb it and, above all, to practise it. Now is the time to assimilate everything that has been given to you and for this instrument, in particular, to produce the last book in

the trilogy that we wish to be published and to send it forth for all to see and read.

Secondly, for as long as I and this instrument are separate in identity, and for as long as you and I are separate in identity too for that matter, then we cannot become one, and the whole purpose of taking incarnation on the planet is to become one with the Source. So for you and this instrument to become one with me, there must be no separate identity, no division into the speaker and the listener, the physical and the non-physical planes of life. We must both merge with the Source of all Life and so speak with one voice, act as one being, both now and forever. We must all become one with the Godhead and so become the Godhead. We must all lose our sense of individuality in order to achieve totality.

In the more recent teachings that have gone forth we have spoken to you of the great changes that are to come. We have also said that the most precious thing which you have at this moment, and one which you waste so freely, is time. Though you be the greatest king in your world, though you be the richest man in your world, you cannot buy time. Yet time for you is running out. Now on one level, as beings of infinite spirit, for you there is no such thing as time. You all come from timelessness. You all return to timelessness. You are not limited by time. But the Earth and your physical bodies are, and the time of great change both for the Earth and for your physical bodies is fast approaching. You cannot buy extra time. You have to use the time that is available to you with wisdom and understanding. You must begin to practise now the union with God of which we have spoken, so that it becomes a natural part of your being, so that in times of crisis and great need there is no separation between you and the Godhead, so that you act as one with the Source of all Life and automatically fulfil Its Will. No longer is there time available for intellectual discussion and theorizing. Now is the time, above all else, for right action based on right knowledge, which comes from union with the Creator of all Life. You must dedicate your lives to God. You must devote your actions to God. You must at all times seek God. You must at all times promote God. You must become God-centred beings in a God-centred world.

The whole purpose of I and the other Masters sharing our wisdom and knowledge with you has always been to lead you into a greater understanding of yourselves and of your own divine relationship with God. It has always been to show you that what is important in your life is not the world but God, that the world is but a manifestation of God, a

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